


<b>Title</b>	Prof	<b>First Name</b>	Vanita	<b>Last Name</b>	Sondhi	<b>Photograph</b>
<b>Designation</b>	Professor					
<b>Address (Campus)</b>	Vivekananda College, Vivek Vihar, Delhi 95					
<b>(Residence)</b>	E-86 Greater Kailash 1, New Delhi 48					
<b>Phone No. (Office)</b>	2215 0100					
<b>(Residence)</b>						
<b>Mobile</b>						
<b>Fax</b>						
<b>Email</b>	<a href="mailto:vanitasondhi@vivekanand.du.ac.in">vanitasondhi@vivekanand.du.ac.in</a>					
<b>Web-Page</b>						
<b>Educational Qualifications</b>	PhD in Psychology					
<b>Degree</b>	<b>Institution</b>				<b>Year</b>	
B. A. (H) Psychology	I.P college (University of Delhi)			1985		
M.A. (Psychology)	I.P college (University of Delhi)			1987		
M.Phil. (Psychology)	University of Delhi			1989		
PhD	University of Delhi			2006		
<b>Career Profile</b>						
<b>Designation</b>					<b>Duration</b>	
Assistant Professor					31-07-1991 to 31-12-2005	
Associate Professor					01-01-2006 to 27-5-2021	
Professor					28-5-2021 onwards	
<b>Administrative Assignments</b>						
<p>I have served as the Teacher-in-Charge of the Department of Applied Psychology in my college multiple times, contributing to the academic and administrative growth of the department. I have been an active member of several college committees, including the IQAC (convenor), Social Outreach and Community Development (convenor), Grievance Redressal Committee (convenor), International Peace Conference Committee (convenor), Purchase, Academic Development, Admission, Time Table, Discipline, Garden, Lakshank, Placement Cell, Union Advisory, Women's Development Cell, and Canteen and Refreshment, among others. Additionally, I have held the position of Public Information Officer (PIO) of the college and have also been a member of the Governing Body.</p>						
<b>Subjects Taught</b>						

I have been teaching various courses at the undergraduate level such as social psychology, general psychology, research methods & statistics, consumer psychology, communication, clinical psychology/ understanding psychological disorders, VAC and practical work related to these courses.

**Research Guidance:**

- Ph.D. Supervision, Resilience among orphaned youth in institutional care (Awarded 2022, University of Delhi:)
- Ph.D. Supervision, University of Delhi: Interplay between globalization and identity (Awarded 2022, University of Delhi:)
- Ph.D. Supervision, Amity University: Buddha's *Lotus Sutra* and dynamics of human flourishing (Awarded 2022, University of Delhi:)

**Publications profile:**

Journal articles (Scopus)

Hameed, S. and Sondhi, V. (2023). Lived Experiences of Children with Celiac Disease. *Journal of Indian Association for Child and Adolescent Mental Health*, 20 (4) 314–322. (Scopus) <https://journals.sagepub.com/doi/10.1177/09731342241277425>

Hameed, S. and Sondhi, V. (2023). Experiences and difficulties for primary caretakers of children with celiac disease — A qualitative study. *Indian Journal of Gastroenterology*, 42, 791–799. <https://doi.org/10.1007/s12664-023-01413-0> (Scopus)

Kapoor, B. & Sondhi, V. (2023). Exploring the Understanding of Globalization: A Qualitative Study of the Urban, Educated, Middle-Class, Young Indians. *Culture & Psychology*, Vol. 0(0) 1–20, DOI: 10.1177/1354067X231185719 <https://journals.sagepub.com/doi/abs/10.1177/1354067X231185719> (Scopus)

Sondhi, V. (2022). Rethinking the History of Modern Psychology-A Book Review of 'Psychology in Modern India: Historical, Methodological, and Future Perspectives' (Girishwar Misra, Nilanjana Sanyal and Sonali De - Eds.), *Psychological Studies*, DOI: <https://doi.org/10.1007/s12646-022-00685-4> (Scopus)

Mishra, R. & Sondhi, V. (2022). Conceptualizing Resilience among Adolescents Who are Orphaned and Living in Institutional Care in India. *Residential Treatment for Children & Youth*, 40(1), 44–66. DOI: [10.1080/0886571X.2022.2097153](https://doi.org/10.1080/0886571X.2022.2097153) (Scopus)

Mishra, R. & Sondhi, V. (2021). Theorizing Pathways to Resilience among Orphaned Adolescents in Institutional Care in India. *Children and Youth Services Review*, 124, 105972 ) (Scopus) Journallink <https://www.journals.elsevier.com/children-and-youth-services-review>, Article link- <https://www.sciencedirect.com/science/article/abs/pii/S0190740921000517>,

Mishra, R. & Sondhi, V. (2018): Fostering Resilience among Orphaned Adolescents through Institutional Care in India. *Residential Treatment for Children & Youth (online)*, 1-24, (Scopus)

Link to journal <https://www.tandfonline.com/toc/wrtc20/current>

Link to article

<https://www.tandfonline.com/doi/abs/10.1080/0886571X.2018.1535286?journalCode=wrtc20>

Print ISSN: 0886-571X Online ISSN: 1541-0358

Sondhi, V. & Gupta, A. (2007). The quality of suggested memories - *International journal of Psychology*, 42 (2), 116-123. (Scopus)  
<https://www.tandfonline.com/doi/abs/10.1080/00207590600605316?journalCode=pjip20>

#### Book Chapters

- Sondhi, V., & Mishra, R. C. (2019). Applied cognition. In G. Misra (Ed.), *6th ICSSR Survey: Cognitive and affective processes* (pp. 111–203). Oxford University Press. ISBN-13: 9780199499663.
- Gupta, A., & Sondhi, V. (2009). Eyewitness identification: Psycho-legal issues. In A. Begum (Ed.), *Eyewitness memory and investigative interviewing* (pp. 110–133). The ICFAI University Press. ISBN: 978-81-314-2286-1.
- Sondhi, V. (2022). Issues in media psychology. In *Psychology and Media (BPCG-174)*, Block 2, Unit 4 (pp. 84–102). IGNOU. ISBN: 978-93-5568-3600-1. Retrieved from <http://egyankosh.ac.in/handle/123456789/79427>
- Sondhi, V. (2022). Stereotyping in media: Gender, politics, and ethnicity. In *Psychology and Media (BPCG-174)*, Block 4, Unit 8 (pp. 185–207). IGNOU. ISBN: 978-93-5568-3600-1. Retrieved from <http://egyankosh.ac.in/handle/123456789/79428>
- Dhawan, D., Mathur, A., & Sondhi, V. (2024). The influence of Buddha’s Lotus Sutra in enhancing positive psychological constructs among Indian young adults. In S. Katevarapu, A. P. Singh, P. Tiwari, A. Varshney, P. Lanka, A. Pradhan, N. Panwar, & K. S. Wangnue (Eds.), *Health psychology in integrative health care: Conference proceedings* (pp. 53–60). Routledge. ISBN: 978-1-032-98046-1 (hbk), 978-1-032-98049-2 (pbk), 978-1-003-59680-6 (ebk).

#### **Conference organization/Presentations (in the last three years):**

- FDP on MS tools with Hansraj college-(2021), (Organizing member as Convenor of IQAC)
- National Conference on ‘Aging in the Digital Era’ in collaboration with NISD (2024), (Convenor)

#### **Research Projects (Major Grants/Research Collaboration)**

Co-Principal Investigator in the DU Minor project titled "Exploring Psychosocial Stressors, Coping Strategies, and Mental Toughness in Delhi University Sport Students" (2013 to 2015)

#### **Awards and Distinctions:**

- Dr. Banerjee Prize for being the best candidate in M.A. Philosophy and Psychology, University of Delhi, 1987
- Shashi Kala Singh Gold Medal for being the best candidate in M.A. Psychology, University of Delhi, 1987

- Award for Outstanding Performance in Orientation Course, Orientation Course, Jamia Millia Islamia, 2001

**Other Activities.** As part of my academic responsibilities, I contributed to the development and implementation of various psychology curricula. I have been appointed as Applied Psychology Course Coordinator for NEP syllabus (2023 onwards) and have been the member of the curriculum development committee for several NEP papers. I also contributed to the development of earlier syllabi including the LOCF Psychology syllabus (2018-19) and CBCS Psychology courses (2015). I also developed four MOOCs in December 2017 for UGC e-PG Pathshala under the subject of Criminology, offered by National Law University, Delhi. The modules titled "Introduction to Criminal Investigation" (Module IDs 12-15) focus on Criminal Psychology, Criminal Investigation, and Forensic Psychology.