



ईशा

2023

विवेकानंद कॉलेज
(दिल्ली विश्वविद्यालय)

MESSAGE FROM THE PRINCIPAL'S DESK



“Education is the kindling of a flame, not the filling of a vessel” – Socrates

The Vivekananda College magazine, ISHA has been providing a creative platform for the students of the college to unleash their imagination for the past fifty years or so. A few years ago, the college took a decision to publish the magazine online, in keeping with our efforts at sustainability and digitalisation. Since its inception, the e-magazine has been an expression of creativity and artistic excellence. This year too, the college magazine brings an array of expressions by inspired and talented minds in celebrating their intellectual and artistic excellence. The various mode of expressions and diverse concerns area paean to the multitude of linguistic and cultural diversities of our country. ISHA echoes the spirit of togetherness and team work that unites our efforts towards a common goal.

This year, the theme of ISHA has been inspired by India’s presidency of G-20 in 2023. The presidency is a recognition of the value of our country’s prized knowledge systems and spirituality. It demonstrates the significance that our great country’s rich culture, history and traditions hold for the entire world. It also showcases how, amidst an array of global challenges, the country blooms in a new era of peaceful coexistence and shared global growth, while being in harmony with nature at the same time. Most significantly, it celebrates a spirit of togetherness by considering the entire planet to be “one family, one home and one future”. The themes taken up in ISHA 2023 tie in closely with the themes of India’s presidency of G-20. The magazine offers samples of our rich cultural heritage, history and traditions. It also celebrates a spirit of togetherness and team work.

I thank the Convenor of the Publication Committee and the teacher and student editorial board for providing hours of joyous and fruitful reading and learning through this magazine. And I hope that ISHA shall continue to demonstratethe spark of inspiration that propels our students into the future. I am sure that our students shall make the college proud and also the nation. Best wishes!

Dr. Hina Nandrajog
Officiating Principal

MESSAGE FROM THE CHIEF EDITORIAL'S DESK



I am delighted to introduce the online version of Vivekananda College's magazine ISHA for the year 2023.

India is currently leading the G20, an intergovernmental forum that consists of 19 countries and the European Union. The Indian G20 Presidency's theme is "Vasudhaiva Kutumbakam" or One Earth, One Family, One Future, the 'World is One Family'. These themes set the tone and have given India an opportunity to embark on an ambitious journey. Throughout its presidency, India has organized numerous activities and events across the country, creating a space for collective action and reclaiming India's rightful place on the world stage.

Towards this endeavor, the publication committee members decided to feature G20 as the central theme in this year's Isha magazine to highlight the imaginative and proficient skills of India's youth. This magazine is an attempt to bring out the creative literary brilliance of our students. Students from all academic disciplines have contributed articles, poems, and artwork to the magazine. The teachers and student editorial board members have edited, developed, and compiled the works submitted to develop this e-magazine thus demonstrating a commitment to collaboration and inclusivity that mirrors the values of the G20. The students have embodied the values of hope, harmony and peace through their creativity.

I express my gratitude to our patron, Dr. Hina Nandrajog, Principal, Vivekananda College for their guidance and encouragement. I wish to record my thanks to the administrative department and the faculty members for their invaluable support throughout the editorial process.

Happy Reading!

Dr. Nalini Gandhi Kapoor
Convenor, Publication Committee

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Photo by Mr. Amit Kumar, Click 'O' Mania society

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SIMARDEEP
KAUR
BA(H), II YEAR



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EDITORIAL



Mr. Yumnam Rocky

I am immensely glad to be a part of the editorial board of Isha, the E- magazine of Vivekananda college, University of Delhi. The magazine has been offering a platform for creative and talented minds in ushering their inspired and artistic endeavours. It has been pivotal in savouring their talents to bloom naturally and scents their creative impulses.

The English section of ISHA this year, is a cologne of various flavours. The section shelters various mode of artistic expressions and embraces an array of concerns such as women empowerment, role of nature and its importance in our lives etc. And most interestingly, this section is inscribed with positivity which can encourage the readers in their artistic and creative ambitions.

In concurring with what Caroline Gordon once said, “a well composed book is a magic carpet on which we are wafted to a world that we cannot enter in any other way”, this section of the magazine opens a door to a world of wonders and ecstasies. The various forms of writings espouse the liberative impetus of imaginations and the reflections of everyday realities. And it is this conglomeration of imagination with the reflection on lives that ushers the creative outpourings and inspiring expressions, thereby marking a unique tradition of the magazine. I hope, the magazine continues to inspire and bestow the readers a new aesthetic pleasure as always.

Wish you a happy reading.

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VASUDHAIVA KUTUMBAKAM

“All differences in this world are of degree, and not of kind, because oneness is the secret of everything”.~ Swami Vivekananda

Vasudhaiva Kutumbakam is an ancient Sanskrit phrase which translates to, “the world is one family” and has become increasingly relevant in today’s globalized world. It is a philosophical concept which conveys the message of unity, peace, inclusivity and harmony among all people regardless of nationality, ethnicity, or other differences. It suggests that we are all connected and that the world is one large family where everyone is a part of it.

The concept of Vasudhaiva Kutumbakam is deeply rooted in Indian culture and is often seen in the practice of Hinduism and other religions. It is believed that everyone is equal and should be treated with respect, no matter their race, gender, religion, or other differences. This concept also encourages empathy and understanding for those who

are different from us. In a world of growing divisions and conflicts, understanding and acceptance of other cultures and beliefs is essential to our progress as a species.

It can be seen in many aspects of life and culture, from the way countries interact on an international level to the way individuals interact with each other in their daily lives. On an international level, global cooperation is a key part of Vasudhaiva Kutumbakam. Countries often work together to tackle issues such as climate change, poverty, and diseases, as well as to promote peace and stability. This cooperation is based on the principle that all countries are connected and share a common interest in achieving a better future.

The concept of Vasudhaiva Kutumbakam is also an important reminder of our global responsibility. By recognizing our interconnectedness, we can strive to create a better world for all.

SRISHTI PANDEY
BA (P) II YEAR

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MOTHER NATURE

Often I marvel at Mother Nature and its
unique adventures

It is in stock for us.

I have to say Mother Nature is the boss.
Everyone has DNA- like life experience
Sometimes it can be monotonously intense.

But Mother Nature is supreme
And Mother Nature is extreme
Often I ponder on why Mother
Nature is sporadically insane with jealousy
Committing unspeakable atrocities.
Tornados, earthquake and volcanic eruptions
It showers, making its necessary modifications.
Tidal waves are its trademark of destruction
of natural and artificial creations

LAXMI KACHARI

BA (P) II YEAR

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ONE EARTH, ONE FAMILY, ONE FUTURE – INDIA’S BIG STEP

"India is the One land that all men desire to see, and having seen once, by even a glimpse, would not give that glimpse for all the shows of all the rest of the globe" – Mark Twain.

Our country’s history goes 9000 years back and even during the early modern period in the 16th century during the proto-industrialization period India became the biggest economy and manufacturing power, with a nominal GDP that valued a quarter of world GDP, superior to that of Europe. This year, India being world’s fifth largest economy is hosting the eighteenth meeting of the “Group of Twenty”. The interesting part being the theme of the G20 summit as it consists of all the historic and diversifying components. The G20 logo draws inspiration from the vibrant colors of our national flag each of which exhibits various

attributes of our country as strength and courage, peace and truth, fertility and auspiciousness of the land.

The Earth reflects India’s pro-planet approach to life, one in perfect harmony with nature and the strong persona of Unity in Diversity. The logo also shows the word ‘Bharat’ written beautifully in Hindi with a texture of Devanagari script which shows the incomparable parts from the history of India. The descriptive part of the logo being the Lotus shows growth amid challenges.

The G20 Presidency also paves the way for a futuristic, prosperous, inclusive and developed society, distinguished by a human-centric approach at its core. This year brings our country to set the pioneer for environmentally sustainable and responsible choices, both at the level of individual lifestyles as well as national development.

PALAK JOSHI
BA (P) II YEAR

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THE WORLD IS OUR HOME

Vasudhaiva Kutumbakam,
Where everyone is part of one family,
Where love and compassion binds us,
No matter how different we may be.

The world is our home,
No borders, no walls,
We are all united,
In spite of our flaws.

One for all and all for one,
We stand together as one.
No matter the race,
No matter the faith,

We are all part of one earth,
Our destiny is to live in peace.

Let us keep the spirit alive,
Let us work together to survive,
And make the world a better place,
Vasudhaiva Kutumbakam!

SRISHTI PANDEY

BA (P) II YEAR

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ONE EARTH, ONE FAMILY, ONE FUTURE

As the sun begins to set over the lush green hills, a quiet murmur can be heard in the nearby trees, a small rabbit emerges, sniffing the air before running back into the bushes. This is just one of many unnoticed moments that take place in the natural world every day, hidden from the eyes of most humans. For many people, the natural world is nothing more than background scenery to their daily lives. They may pass by forests and rivers without a second thought, their attention focused on the screens of their smartphones or the latest news headlines. However, if one takes the time to stop and observe the natural world, they will find a fascinating and complex system that functions in accordance with its own rules and rhythms. Consider the delicate balance of predator and prey. Every day countless

animals are born, grow and die in the never ending of life and death. Predators hunt their prey in order to control the population and stop overgrazing. It's a dance that has been going on for a million of years, yet it is typically ignored by humans.

Every person, every plant, every animal, and every microbe on this planet is a part of the same ecosystem. We all share the same air, same water, and same land. Yet, despite this interconnectedness, we continue to act as if we're separate. We continue to prioritize our individual wants and needs over the needs of the collective. We continue to destroy that very planet that sustains us, all in the name of progress and profit. We can't just talk about the idea of "One Earth, One Family, One Future" without taking concrete steps towards making it reality.

SHRUTI MANCHANDA
BA (P) II YEAR

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TODAY

"Today" my friend is a gift, a precious thing
A chance to smile, a chance to sing.

Today is a moment to feel.
To find some joy and let our pain heal.

Today is to cherish each and every sight.
To hug our loved ones close and tight.

Today is to do all that you've wondered about.
To flush down all the sorrows you've bundled.

Today is the day to be wide awake.
To say cheers to all the opportunities we are going to take.

TAMANNA RAWAT
BA (P) II YEAR

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HEALING 'ONE EARTH', HARMONY WITHIN 'ONE FAMILY', HOPE FOR 'ONE FUTURE'

The need today is that the benefits of development are universal and all-inclusive. We have to extend the benefits of development to all human beings with compassion and solidarity. Global development is not possible without women's participation. We have to maintain priority on women led development even in our G-20 agenda. Without peace and security, our future generations will not be able to take advantage of economic growth or technological innovation. The G-20 has to convey a strong message in favor of peace and harmony. All these priorities are fully embodied in the theme of India's G-20 Chairmanship – One Earth, One Family, One Future.

The Group of Twenty (G20) is the leading forum comprising 19 countries and the European Union to deliberate over the most

critical issues of the economy and globally. The G20 plays a significant role in making the global architecture stronger as well as governance on all the crucial international economic problems. India's G20 priorities are noteworthy and stress upon green development, climate finance, and LIFE (Lifestyle for Environment); accelerated, inclusive and resilient growth; accelerating progress on Sustainable Development Goals (SDGs); technological transformation and digital public infrastructure; multilateral institutions for the 21st century; and women-led development.

Indian Nobel Laureate Rabindranath

Tagore once said, "You can't cross the sea merely by standing and staring at the water." It symbolizes the courage to take the right actions in the right directions.

KHUSHI UPADHYAY
BSC (H), II YEAR

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TRAIL

Standing in the forest, staring down the trail.

The sunlight peeping in, through small bits

And flays.

A little flower blossoming.

Right beside the path:

Looks lonely, confused and lost. As if drowning in the dark. A slithery cobra artfully. Winding up
on tree.

A bird in it's grasp. Struggling to be free. A certain group of rabbits. Flitting across the ground. A
sudden gust of wind, And a rustling sound.
Soaking in the nature, Inhaling it's sight.

Wish to know it's dark ness and it's deepest spite. Longing for adventure.

Along with deepening fright. There is ticking in my veins. And rush of adrenaline.

The wish to know the unknown, The wish to push the line. To know the wild ferocious,

To cross threshold of time.

The desire of heart are countless. Potential is finite.

The stings holding back are strong. Small is the life.

Choose your world wisely. It's time to end the strife.

SNEHAL
BA (H), III YEAR

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G20 SUMMIT 2023

It was the month of December of the year 2022 when I got to know that India had been given the G-20 presidency for 2023. Being an Indian, I was quite pleased and delighted to learn about it. I was ecstatic about it.

G-20 is a group of twenty most advanced economies of the world. It basically means Group of Twenty, and right here Argentina, Australia, Brazil, Canada, China, France, Germany, India, Indonesia, Italy, Japan, the Republic of Korea, Mexico, Russia, Saudi Arabia, South Africa, Turkey, the United Kingdom, and the United States are the members. This summit will serve as a forum for leaders to discuss and plan solutions to a variety of problems, such as global trade, economic development, and climate change.

We can attract our friendly nation for trade and other purposes through the presidency. This event is not only a central government event. We, Indians arranged this event. The G-20 provides us with a wonderful chance to showcase our 'Atithi Devo Bhava' heritage. G-20-related activities would not

be restricted to Delhi or other limited locations. Each of our states has unique traits, distinct history, unique culture, legacy, vibe, and friendliness. This love is showcased in Malayalam (Kerala) as - EllavarkkumSwagatham!

The G-20 logo features the lotus, which stands for hope. The lotus blooms despite the challenging conditions. The brilliant colors of India's national flag—Saffron, White, Green, and Blue—inspire the G-20 logo. The word "Bharat" is inscribed in Devanagari script beneath the G-20 logo. We have a chance to promote our country as a democracy role model during this G-20 year- a nation with the goal of promoting equality and prosperity.

According to Rabindranath Tagore, "Where the mind is without fear, and the head is held high, and knowledge is free - an India that is a heaven of freedom"; the subject of India's G-20 Presidency, "Vasudhaiva Kutumbakam," or "One Earth One Family One Future," is closely related to life.

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"India's G-20 Presidency belongs to the entire nation, and is a rare chance to demonstrate India's capabilities to the entire globe," said Mr. Modi, our Prime Minister. Prime Minister of India emphasized that interest and attraction to India is currently felt on a global scale, which enhances the potential of India's G-20 Presidency.

In conclusion, the G20 Summit 2023 is a vital international forum that will unite leaders from the biggest economies to address the most pressing global issues and pinpoint viable solutions. Also, I would like to point out that the G20 India 2023 summit will undoubtedly make a positive impact on the world's future and the well-being of society.

AASHNA VIRESH
BA (P), II YEAR

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WHERE HAVE YOU GONE MY SPARROWS?

A little delicate bird

Is it a mystery to find

You once?

Where have you gone?

Some say you vanished

Each morning in my balcony

birds flew and sung melodies

But my ears were searching for your voice

Some say you left the place

Is it really a mystery?

Your melodious voice

Desperate to hear once

Oh! my childhood friend

I used to come to courtyard

to feed you grain once

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Thou who used to take away my loneliness

When both my parents worked

I have never felt alone

Where have you gone

my little sparrows?

We humans snatched

Your shelters like home and

have built a net of wires

Yes those electric wires

Is it our fault that you departed?

I heard from beings

That you have stopped the visits

In our palaces like home daily

gone so far and away

Somewhere in the mountains

Have you made your shelter there?

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In those raw houses
Perhaps you may breathe freely and freshly,
Plants and greenery
My eyes are tired searching here and there

My entire childhood
has been devoted
Playing and listening to your melodies
But as I grew up you departed
You left and moved

I look towards the sky remembering you
My eyes are searching for you
trying to see shadow of yours
My blurred tired eyes
Searching for you

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I made a small house for you
In it planted some flowers for you
My ears are waiting to listen to your melody
And eyes are searching you daily
I am waiting for you

It is the sad story because of our lifestyles the little birds have to suffer. I'm worried because the sparrows were so close to me since my childhood how they are declining in numbers is a serious matter of concern. In Delhi we are unable to spot at least a single sparrow and that's why my urge to all will be to plant a tree or flowers on every festivals and birthdays and try to gift plants to near and dears so that we can save the species if they are still alive.

MANPREET KAUR
BA (P) III YEAR

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INDIA'S G20 PRESIDENCY

We all are very much aware of the biggest inter-governmental organization that has no parallel forum in the world. It is the only organization where the developed and developing countries equally participate and perform their roles. There is no discriminatory advantage received by any of the participants here. This information would be enough to guess the name of such a wonderful organization that is G20; as it's very much clear by the name that it has 20 participating countries in it namely – Argentina, Australia, Brazil, Canada, China, EU, France, Germany, India, Indonesia, Italy, Japan, Mexico, Russia, Saudi Arabia, South Africa, South Korea, Turkey, UK, USA.

It was formed in 1999 in the backdrop of the financial crisis of the late 1990s that hit East Asia and Southeast Asia in particular. Its aim is to secure global stability.

It gives its contributions at a tremendous level, as it contributes 90 percent of the

Global GDP, 80 percent of the Global Trade, and constitutes two-third of the total world's population.

Its presidency is headed by Troika – previous, current, and upcoming presidencies that are Indonesia, India, and Italy respectively. Basically, it has two tracks – Finance and Sherpa Track which are led by Finance Ministers along with Central Bank Governors and personal emissaries of the leaders respectively. Several international and regional organizations are invited and participate here.

The logo, theme, and website of India's G20 presidency reflects the country's message and overarching priorities to the world. The logo draws inspiration from the vibrant colors of the Indian National Flag. It juxtaposes planet Earth with lotus, India's national flower that reflects growth amid challenges. The Earth reflects that one is in perfect harmony with nature. Below the G20

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logo is 'Bharat' written in the Devanagari script.

The theme of India's G20 presidency – 'Vasudhaiva Kutumbakam' or 'One Earth, One Family, One Future' is drawn from the ancient Sanskrit text of the Maha Upanishad. Essentially the theme affirms the value of all life – human, animal, plant, and microorganisms. The theme also spotlights LIFE – Lifestyle For Environment.

According to Subramanyam Jaishankar (Minister of External Affairs), priorities of

upcoming Summit are women empowerment, digital publication, health, agriculture, education, culture, tourism, climate, financing, global food security, circular economy, energy security, green hydrogen, disaster risk reduction and resilience and the most important fight against economic crime and multilateral reforms.

However, I would like to conclude with the key playing tweet of our honorable Prime Minister that is '*Our agenda will be inclusive, decisive, and action oriented.*'

ANANYA KUMARI
BA (P) II YEAR

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HOPE

When a strong emotion
shivers and shatters
Ceaseless pain
the untold turmoil it gathers

Deprived of sensation
Soul plans to surrender
but the immortal hope
questions the terror

My fragile heart
let me assure you with consoling warmth
of the love you promised yourself
of the endurance that desires justice

Slowly open your tear soaked eyes
and assemble the spirit to the skies
For all the love you shower
To the divinity, eternal power

Power gifts gratefulness
for the gifts of divine nature
moon shining in every phase

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birds winning in every race

Water flowing through every failure
little ones smiling, the ultimate saviour
Bring tears of hope, to the deep heart core
And hope stays, it does
forever more.

DIVYA SRIVASTAVA
BA (H), II YEAR

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SAVE NATURE

Flowers are found
When we go round
And stay near nature
For seeking pleasure
You are not disappointed
As beautiful scenery is facilitated
Colorful flowers are in abundance
To provide natural glance
Let us seek closeness
To bring freshness
From this crowded life
As it is considered to be torn strife
You may love watching
And reaching
To some kind of answers
That shall never be offered
Nature is our ultimate saver

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As we owe and shall hank for ever

Let us not destroy

But use it as a means to enjoy

SONALI
BA (P) II YEAR

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LET'S LIVE, LET'S LOVE

All the Plants on earth will die

Only Timber will remain!

All the glaciers will melt

Only moraine will remain!

Human will burry

Humanity will remain!

That's the power of us!

Us my dear, we are

Living a life clear

Till the day of resurrection,

Let's live with Peacewhere birds sing a song and

clear water falls from cascade

Let's live with Love

where faith exists,

where promises are real

Let's live together, Let's love together

MEHAK MALIK

BA (P), II YEAR

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THE WORLD IS ONE FAMILY

Vasudhaiva Kutumbakam is an ancient Sanskrit phrase that translates to “the world is one family”. This concept of unity in diversity is deeply rooted in Indian philosophy and has been celebrated for centuries as a way of life. The idea that all living beings are interconnected and interdependent is not just a philosophical concept but also a practical approach to life that has shaped the Indian society.

The idea behind Vasudhaiva Kutumbakam is that we should all treat each other with respect and love; regardless of our culture, ethnic, or religious differences. We should see ourselves as part of one global family and strive to work together towards a common goal of peace and prosperity.

The concept of Vasudhaiva Kutumbakam is a reflection of the Indian way of life that has been embraced by people of different cultures and backgrounds around the world. This ancient wisdom has become even more relevant today, as the world is becoming

increasingly divided and polarized. In a world where borders, ideologies, and religion are dividing people, the idea of Vasudhaiva Kutumbakam provides a much-needed perspective on our interconnectedness.

The concept of Vasudhaiva Kutumbakam has been embraced by many great leaders and thinkers throughout history. Mahatma Gandhi, for example, saw it as a way to promote non-violence and peaceful coexistence between different communities. He once said, *"If we are to teach real peace in this world, and if we are to carry on a real war against war, we shall have to begin with the children."*

In conclusion, the concept of Vasudhaiva Kutumbakam offers a powerful vision for unity in diversity. It reminds us that we are all members of one global family and that we need to work together to create a better world for all.

VANSHITA KAKKAR

BA (P), II YEAR

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HOPE

Oh, little hope please come close

I've been in the dark for so long

What is feels to be alive

Let's forget about the afterlife

The happiness, I please

Is that a really big greed?

Why am I silent?

Or is it a clue?

Angels were quiet

When I was gray and blue

Oh, little hope please come close

Am I broken?

Or is it my sorrow talking?

I saw branches of trees

Felt the wind blowing away the leaves

Birds singing an ethereal tune

Forever Silence that I knew

At the end of the day

Do I wanna stay?

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भारत 2023 INDIA

Oh, little hope please come close

But I asked my heart, how do you feel?

Instead of telling, you sank deep

In the darkness's tight grip

Never felt relieved

Whom should I tell?

The pain I feel

Oh, little hope please come close

It's within me, it's invisible

But why it became unbearable?

So, that it leaves me numb

But is it a matter to be concerned?

Being alone even in the crowd

Why is it so rigid for me to shout?

Oh, little hope please come close

I am lost even with a map

Am I not part of the quest?

Why am I laying like a corpse?

Feeling cramped even with the rose

Am I not worthy at all?

Of the bliss I thought

KOMAL JOSHI

BA (H), I YEAR

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TOWARDS A SUSTAINABLE AND EQUITABLE FUTURE

The concept of "One Earth, One Family, One Future" is based on the idea that we are all connected as a global community, sharing one planet, and that our actions have a profound impact on each other and on the future of our planet. It is a call to action for us to work together as one human family to create a sustainable and equitable future for all. As we look around the world today, we see many challenges facing humanity.

Climate change, economic inequality, political polarization, and social injustice are just a few of the issues that threaten the wellbeing of our planet and its inhabitants. These challenges are complex and interconnected, and they cannot be solved by any one country or individual acting alone. The idea of "One Earth, One Family, One Future" recognizes that we are all in this together, and that we must work together to create a better future for ourselves and future generations.

This requires a fundamental shift in how we think about our relationship with each other and with the planet. We must move away from a narrow, individualistic view of the world and towards a more holistic, interconnected perspective.

At its core, the concept of "One Earth, One Family, One Future" is about unity. It is about recognizing that we are all part of the same human family, and that we must work together to create a world that is just, sustainable, and peaceful. It is about breaking down the barriers that divide us – whether they are based on race, nationality, religion, or any factor – and coming together as one global community.

Creating a sustainable future for all requires us to take actions on multiple fronts. We must address the root causes of climate change by reducing our greenhouse gas emissions and transitioning to a low-carbon economy.

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We must work to eradicate poverty and promote economic development in a way that is sustainable and equitable. We must ensure that all people have access to clean water, nutritious food, and basic healthcare. And we must promote social justice and human rights for all, regardless of race, gender, or other characteristics.

This is a daunting task, but it is one that can achieve if we work together as one human family. It requires us to transcend our differences and come together in a spirit of collaboration, compassion, and respect.

It requires us to recognize that our actions today will have a profound impact on the future of our planet and its inhabitants.

In conclusion, the idea of “One Earth, One Family, One future” is a powerful call to action for us to come together as one global community and work towards a sustainable and equitable future for all. It is a reminder that we are all connected, and that our actions have a profound impact on each other and on the planet.

PRABHNOOR KAUR

BA (P), II YEAR

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HANDS TO HOLD

Shivering all the way in winter path,
Amidst all hands in you I found the warmth
Like the waves always return to the sea,
Wherever I wander it's you I see

Deepest Darkest hours lost in depth,
Covering my face as if it conceals my mistakes Again your hands found me to share warmth,
Revealing my countenance shining with scars

Ended up in the wrong side,
Every night and day you were there
Standing by me, choosing me
Holding hands I ended up in the night side

Now I see me in your eyes,
Flow admirable you made me in visions.

AADHILA PARVEEN

B.A. (P) I YEAR

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REPHRASING A FAIRYTALE BY GIVING IT A FEMINIST PERSPECTIVE

Rapunzel, a princess of a small kingdom, was stolen by Mother Gothel, a scheming character. She locks her in a high tower where she is raised all alone with no link to outside world as she's told that the world outside is dangerous and full of hateful people. One day, a prince calls out to Rapunzel like he had seen the witch do to climb up using her hair. She let down her hair and up climbed the prince. She loved hearing his stories and he was really kind. They both fall in love with each other and devise a plan to escape.

However, why need a man to help you when you yourself are enough to create the best life for yourself? Let's rewind and give our own twist to the story. Rapunzel refuses the help of the prince and decides to escape all by herself. She chops off her hair and makes a rope to get down. She goes to the city to create a life of her own where she had the freedom that she had

been dreaming for all this while. She starts working in a hair salon. Eventually, she is able to start her own chain of hair salons and earns a name of her own. One day, the very same prince comes to her salon for a haircut. He is so surprised to see her transform herself into a completely different person who was now so independent, determined and renowned for her work. The prince tells her that he's proud of her and Rapunzel waves her hair and says, "you made me realise that I have the potential in me to escape and now I'm here giving you a haircut, so it's even, right?" The prince laughs and says, "can I have the haircut that you think will suit me?" Rapunzel nods and does her magic. I'd like to end my presentation with a message for all the gracious females here, "you all have the power to be the main characters in your own stories and create the magic that you wish to create in your lives."

SUHANI GROVER
B.A (H) I YEAR

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DREAMS

A toast to us, the dreamers.
Not the ones, who stay in slumber,
taking pleasure in dreary visions;
But the ones who stay awake
'cause the dreams we see in the day,
So promising, they take our breath away.

These desires of a land unknown
and the reality of this land so lone,
pull us apart, one half each.
And yet we go on, thus turning to seekers.
Our minds ablaze, never still.

We search for answers, because we know We're the children of fire, and fire alone.

A toast to us.

A toast to the seekers.

MAAHI HANSDA

BA (H) I YEAR

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THE PRINCESS AND THE PEA – RETOLD

Once upon a time, in a faraway land, lived a royal family atop the hill. In the midst of beautiful trees and flowers, the prince sighed wistfully as he looked at the beauty around him. He had been feeling rather miserable lately because, you see, the prince was a hopeless romantic, so much so that his parents worried over him. Playing on his flute and singing all day, he wasted away his days and his parents prayed fervently for a perfect maiden to come by soon but so far their plans had been futile.

Although, very soon, their prayers would be answered when along came a rumbling storm. The wind howled and blew over the palace. All of a sudden, a loud knock resounded through the halls. Startled, the king ordered the servants to go check who it was and they returned quickly, saying “It is a young girl, your majesty. She claims to be a princess and seeks shelter.” The king, just and wise, ordered him yet again to let her in and welcome her warmly while the prince’s heart pounded in anticipation. Could it

finally be the one they had been searching for?

But alas, their expectations shattered upon first glance. There stood a girl, drenched from head to toe. Her matted auburn hair and freckles has far from the Prince’s expectations. But she bowed politely and said, “I am the princess of the Southern Isles, Your Majesty, I thank you for your kindness and generosity.” Overcoming her initial shock, the queen urged her to come with and get dressed warmly.

Afterwards, they commenced dinner where the king asked how she got stranded here. “I had been on my voyage to the West when all of a sudden this storm broke out, but not to worry, Your Grace, I shall set out in the morning when the weather clears.” “Surely not alone, my dear?”, asked the queen horrified. “Why, yes”, replied the princess, “I am travelling all over the world and doing so alone to find my strengths and see the wonders before I marry who my parents wish for.” “Everyone fell silent, and the king

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then spoke that he would see to it that her every need is met and wished her well, to which the princess thanked profusely. The prince had been quietly observing throughout, intrigued by this peculiar yet courteous girl.

When it came to bedtime, the queen showed the princess her room, which, upon entering had a tower of mattresses stacked. She climbed up regardless and laid down. Now, this was a test every princess went through there. A pea had been placed under the layers of fluffy blankets and if the princess got a comfortable sleep, she was not a true one in the eyes of the king and queen, who were now peeking through the curtains, but to their dismay, the moment the Princess laid down, the pea exploded and left the parents bewildered.

They shook their heads in sorrow and went away to spend yet another night in worry. Now, the prince had walked barefoot to her room, determined to talk to this mysterious stranger. He knocked on the door and the princess asked, “May I help you, sire?”

“Yes, I wish to be informed of the sirens, for royal security purposes, of course.” The princess eyed him curiously but let him in and so began a night of storytelling of swash buckling with pirates, sweet melodies of deadly sirens and it turned into a discussion of their experiences. “Why do you wish to be married so badly, Your Majesty?”

The prince thought for a while and said “I wish to spend my life with the fairest maiden known to anyone whose sweet voice blends with my lute.” “But what about herself as a person?” The prince was confused and asked, “I don't understand?” “Is beauty all that matters to you?” He looked at her blankly and asked, “What else is there?” The princess was taken aback and replied, “Definitely how she is as a person, her ambitions, her company.

Do you wish to spend your time with a complete stranger all your life?” He could feel his face getting warmer from the embarrassment. “Do not waste your life pining after something imaginable and unattainable, sire, explorer it, make it

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worthwhile to reminisce later”, finished the princess with a smile. The prince saw her in a new light here she was, talking perfect sense. He took her hands and exclaimed, “I have decided!” He took her to the garden where the king and queen were taking their early morning stroll and said, “Father, Mother! I no longer wish to wither away at the palace, I wish to travel the world and see all of the wonders with her!”

The parents did not need to hear more and exclaiming loudly, embraced their son, finally happy that he would be no longer wistful and start afresh. And so, they thanked the fair lady graciously and saw them off. After numerous adventures at the seas and new kingdoms, they came back and had a grand wedding, after which they ruled together and lived happily ever after

DEVISHI SUTRADHAR
BA (H) ENGLISH I YEAR

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THE ATTIC

“Alex!” Mom screamed from down below. This was bad. This was very VERY bad. He might as well make the attic his permanent residence. He was not getting out any time soon for he valued his life. Thank You very much!

The attic was filled with dust bunnies and he could see dirt swirling through the air when he turned on the antique bulb. There were many boxes and old furniture covered with sheets which failed to prevent years of dirt from getting through and depositing on the surface. Alex began exploring these little ‘blast from the past’s, opening boxes and going through old books and toys and trinkets. In one of the boxes, he even discovered Mom and Dad’s wedding dress and suit.

Eventually, he came across a small relatively cleaner looking Cigar Box. It had Golden Engravings on it and looked oddly endearing amongst all the rest of the weathered objects present within this attic.

He opened the box to reveal a polaroid image of his dad at his wedding. The only problem with that little picture was the lady who stood by his dad in a wedding gown. That was not his mom, and Dad had never been married before mom (as far as he knew). “Did dad leave some random lady at the alter?” Alex thought with a smirk on his face as he went in to grab the picture.

As soon as his fingers brushed the Polaroid, he saw a flash. A flash of that wedding day happening right in front of his eyes. His shocked fingers dropped the image and the box, and the vision vanished. He was frozen on the spot, staring at the dropped items. Eventually, curiosity got the better of him. He took a deep breath and picked the photo back up. The vision graced his sights again.

It was a beautiful sunny day in a beautifully verdant garden and the priest was speaking. The bride and groom were gazing lovingly into each other’s eyes. That’s when he subconsciously noticed the odd stare coming from one of the bridesmaids.

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Mom! What was happening?! Why was she attending Dad's wedding?! She looked absolutely miserable and angry.

Alex was about to walk forward to investigate further when his attention was drawn towards the priest loudly questioning, "Do you, John, take Lauren to be your lawfully wedded wife?"

"I do", replied a much younger version of his father.

Turning towards the bride, the priest asked, "And do you, Laura, take John to be your lawfully wedded husband?"

"I...", she hesitated. The whole audience held their breath in anticipation. Then all of a sudden, she turned directly towards Alex, locked eyes with him as blood dripped GUSHED from her split skull and said, "I never thought my own best friend would do this to me."

Alexander screamed, tried to backstep but fell down and the photo slipped from his fingers. He scrambled away from it.

"ALEX!" his mother's scream came from quite nearby.

Alex turned his head.

His mother had found him.

OLIVIA SARKAR
BA (P), II YEAR

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THE ROAD NOT TAKEN

They say where there is a will, there is a way, but I say that is the eulogy of poets that romanticize death and the philosophy of atheists who refuse a refuge in any temple. You can create mountains out of your will, raise blizzards out of snow, crack the earth to its very core, hold fire in your hand yet leave behind no charred skin, but the paths you create out of your will can be drenched with the ichor of a despair so strong that no matter how many steps you take you will always return to the starting line.

A lot of times, when we face the two roads of our life we do not get a choice to take the road not taken, we do not get a choice to leave our footprints on a land not yet defiled by humanity, we are hardly given a chance to blossom into a fruit that will be sweeter than nectar before our budding flower is snatched from the branch. Indeed where there is a will there will always be a way, but how much of yourself would you have to destroy and create again to be accepted?

They say where there is a will there is a way but they do not tell you of the museums that house ancient dreams, of photographs that now travel with the wind as ashes, of forgotten smiles that were once the reason for someone's existence. They do not tell you that 'will' alone will not shelter you from skies that seem impossible to reach, from dreams that weave like the softest cloth but pierce your body with shards of glass when broken. No one tells you how fragile and nimble your will is, or how you are even more tender.

So yes, your will can create ways that are beyond your understanding but it will never caution you of how high you are supposed to fly. It will not warn you of Icarus' tale, it will not hold your hand and provide you tender love, because where there is a will there is a way, but the way is not a creation of your choice rather an emergency medical supply.

PRIYA JAIN
BA (H) II YEAR
(WINNER ENTRY)

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“WHERE THERE IS A WILL, THERE IS A WAY”

We often heard our ancestors saying the phrase “where there is a will, there is a way”, which is absolutely true. If we don’t want to do something we will find some excuses to not do it, and if we want to do anything, some of us will even cross the limits to achieve it. There is an event of my friend which fits this phrase.

Kirti was in third class, when her class teacher made her sit with Raj, the most boorish boy. Kirti didn’t talk much with Raj, but his behavior towards her was worsening day by day. Somehow, she was managing. But, later he became intolerable. He threw her bag in the dustbin in the teacher’s absence, pushed her from the seat and much more. When she complained about the same to her class teacher, Raju was rusticated.

But it was just the beginning. Many of her classmates started hating her after this. Raju’s friends started teasing her in every possible way to take revenge for his rustication.

During the games period, they hid her bag in the washroom, stole others’ notebooks and put it in her bag, forcing a pure vegetarian girl to eat beef. She complained about this to her parents, but her parents wanted her to deal with her problems on her own from a very young age, they were always there for guidance. Kirti complained to her class teacher but the teacher never punished those kids, instead she told her to adjust. The days were terribly horrific for the little girl.

One day, during the games period, Kirti was looking at everyone playing with their friends or talking, when a ball hit her she turned backward and saw Lalit, Raju’s best friend along with him and others mocked her. Lalit walked towards her and slapped her in front of everyone present there. The sound of the slap was so loud that all the eyes turned towards them. PT teacher came towards them, Kirti wanted to shout out loud but she couldn’t.

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She ran towards the washroom and locked herself. Many of her classmates, seniors, juniors and teachers came to coax her. After a while, she came out and went back to her class, weeping her tears. Her eyes were as red as burning coal. As she entered the class, she saw Lalit and Rohit being scolded by the Teacher Incharge. They were called to the Principal's room as well as their parents were called immediately. As soon as they were leaving the class, they glared at Kirti, as if they were about to eat her. Kirti wiped her tears in front of them with full confidence and gave them a smile as if she was saying, "you can't do anything now, it's the end". Kirti could win over such a horrific phase at such a young age just because of her will power to stay in the same school and spend the entire school life confidently without being ragged, why do others lose their will power just after a small hurdle?

Manjhi, the mountain mass, carved the mountain alone, just because he had a will. A will to make a short route ignoring what people were saying; Kalpana Chawla, the first Indian female astronaut to go the space, at the time when female education was not given importance; the will power of Indians to get freedom from the British empire, like them we can see such examples of daily people achieving their dream when there is a strong will power. From a newborn to an old person, people consciously or unconsciously work on the principle of "where there is a will, there is a way".

MAHI
BA (P) II YEAR
(PRIZED ENTRY)

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FRENCH

La Rubrique française

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BA(P) Première année



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11. Pourquoi faire du yoga?
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Prisha MADHOK

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Mahi

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L'Éditorial



La rencontre et la coopération entre les pays est d'une importance primordiale surtout dans le contexte actuel où l'Inde a assumé la présidence du sommet de G20 pour la première fois. L'Inde est un pays qui manifeste les valeurs du multiculturalisme en raison de diverses cultures, diverses religions, diverses communautés etc. qui coexistent dans le même pays mais tout en retenant leur identité unique

Le slogan du sommet de G20 cette année est
« Vasudhaiva Kutumbakam » ou « Le monde est une seule famille ».

On se comprend mieux à l'encontre d'une autre culture et d'une autre langue. Donc l'idée, c'est de parler une nouvelle languemais tout en comprenant sa culture. Ou bien, apprendre sur une nouvelle culture mais tout cela en réfléchissant sur la nôtre.

Cette année, l'expérience comme rédactrice était enrichissante. En soutenant bien l'idée qu'une nouvelle langue nous donne recours aux outils pour s'exprimer d'une autre façon et donne ainsi une vivacité nouvelle aux idées autrefois banales, je tiens à féliciter les nouveaux apprenants de cette langue qui utilise déjà cette langue pour s'exprimer, pour décrire leur quotidien, leurs sentiments où les mots sont essentiellement les leurs. C'est eux qui les avaient choisis.

En espérant que leurs efforts seront appréciés !

Bonne lecture et bon amusement !

Kanika KUMAR
Rédactrice en chef (Français)

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Le sommet du G20 2023

G20 ou Groupe de Vingt (Group of twenty) a été fondé en 1999. C'est une coopération internationale qui fonctionne pour gestion d'économie mondiale, développement durable, etc. Il a dix-neuf pays et Union européenne, en total 20. Les pays sont Argentine, Australie, Brésil, Canada, Chine, France, Allemagne, Inde, Indonésie, Italie, Japon, Mexique, Russie, Arabie Saoudite, Afrique du Sud, Corée du Sud, Turquie, Royaume-Uni, États-Unis et Union européenne. G20 représente 85% de PIB mondial et deux tiers de la population mondiale.

Les objectifs de G20 :

- Parvenir à la durabilité et à la stabilité économique mondiale.
- Pour réduire les risques et éviter les crises financières en futur.
- Créer une nouvelle structure financière internationale.

Pour la première fois notre pays L'Inde va convoquer G20 Sommet à Delhi en 2023. C'est la 18ème réunion. Cette année, le sommet du G20 a pour thème « Vasudhaiva Kutumbakam » ou une terre, une famille, un avenir. Il y a 6 agendas importants du sommet:

- Développement vert, financement climatique et LiFE
- Croissance accélérée, inclusive et résiliente
- Accélérer les progrès sur les ODD
- Transformation technologique et infrastructure publique numérique
- Des institutions multilatérales pour le 21e siècle
- Développement dirigé par les femmes

-Ritu TOMAR
BA (P) Troisième année

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Ma petite ville

Dans la ville où j'habite
Il y a beaucoup à faire
Il y a beaucoup à voir
C'est une ville qui est claire
C'est une ville simple
Une ville calme et tranquille
J'aime où j'habite
J'aime bien ma petite ville

Dans la ville où j'habite
Il y a beaucoup à faire
Il y a beaucoup à voir
C'est une ville qui est claire
C'est une ville sympa
Une ville calme et tranquille
J'aime où j'habite
J'aime bien ma petite ville

Dans la grande place, il y a un marché
Et en face de l'église il y a un musée
À côté de la gare se trouve la mairie.
Et près de la piscine il y a une pharmacie

En face du parc il y a une librairie
Et juste à côté, il y a une boulangerie
Il y a aussi un centre commercial
Et en face, il y a l'hôpital

Dans la ville où j'habite
Il y a beaucoup à faire
Il y a beaucoup à voir
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En face du parc il y a une librairie
Et juste à côté, il y a une boulangerie
Il y a aussi un centre commercial
Et en face, il y a l'hôpital

- Nisha GROWER
BA(P) Troisième année

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L'amour de ma vie «l'eau»

Oh ! L'eau, Tu es la soif de ma vie
Sans toi, ma vie est impossible
Peux-tu devenir mon compagnon?
Tu as le cœur clair
Et je ne te décevrai jamais
Je ne peux pas vivre sans toi, mon eau
J'espère
Quand ma vie s'achève
Qu'elle se termine avec ta goutte
Tu es le premier amour de ma vie,
Veux-tu être mon compagnon, s'il te plaît?

Chaque jour des centaines de litres d'eau sont consommés. Ce chiffre très élevé
risque de créer une pénurie de cette ressource précieuse.
Nous devrions économiser l'eau parce sans l'eau il n'y aura point de vie ...

- Manpreet KAUR
BA(P) Troisième année

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Le petit écureuil

C'est un beau matin, le petit écureuil se réveille. Il a beaucoup d'énergie. Il sort de sa maison. <<Ah! Quel beau matin !>>, dit-il. Il court et monte un mur d'un grand bâtiment. À la fenêtre du premier étage, elle trouve beaucoup de noix. Il est très content. Il cueille des noix avec ses petites mains. Il commence à manger à une telle vitesse comme si elle est en compétition. Bientôt son petit ventre est plein. Il monte sur la terrasse. Il y joue avec un autre écureuil.

Le lendemain, il revient à la fenêtre du premier étage. Encore, il trouve de la nourriture. Après en manger, elle va au parc, monte aux arbres et joue beaucoup. Puis, elle est fatiguée. Il trouve quelque chose à manger dans le parc. Son ventre est plein. Elle revient dans sa maison et s'endort.

- Mahi

BA(P) Troisième année

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« L'importance du yoga et la santé mentale »

Comme on sait déjà que yoga est très important pour notre corps et notre santé mentale. Si nous faisons du yoga tous les jours, cela nous rend actifs pendant toute la journée. À cause de la pollution et de mal bouffe, la santé des gens est en grand danger. Cela entraîne de graves maladies. Comme chaque personne travaille de nos jours, les gens sont très occupés dans leurs vies professionnelle et personnelle, ils n'ont pas le temps de faire de l'exercice, du yoga, de la méditation. Cela risque d'augmenter la pression mentale et provoquer une dépression chez les gens. C'est pourquoi faire du yoga devient essentiel pour tout le monde. Il est très bénéfique pour notre santé physique comme il rend notre corps plus fort et actif et améliore le système respiratoire. Si nous faisons du yoga régulièrement puis nous ne devenons pas malades si facilement, aussi nous pouvons faire notre travail et étudier plus activement. Faire du yoga régulièrement peut aider à améliorer notre concentration. Il aide à améliorer notre flexibilité, notre force et notre équilibre. Il aide également à réduire le stress, l'anxiété et la dépression. Le yoga peut même aider à améliorer la qualité de notre sommeil. Le yoga a tellement d'avantages qu'il serait impossible de les énumérer ici. Si vous cherchez un moyen d'améliorer votre santé physique et mentale, il n'y a pas de meilleur moyen que la pratique du yoga.

-Varinder KAUR
BA (P) Troisième année

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« Vouloir, c'est pouvoir »

En 2013, nous sommes allés pour gravir notre dernier sommet le Mont Everest. Quand nous progressions sur notre route, nous avons remarqué beaucoup de cadavres. En le voyant, mon courage se diminuait immédiatement. C'était très effrayant. Nous avons vu beaucoup de gens qui se battaient pour leur vie à cause du manque de l'oxygène. Il y avait de la neige partout. Le Sherpa de mon équipe m'a suggéré « ça suffit. Arriver jusqu'à ici... C'est une grande réussite déjà ». Beaucoup de gens m'ont dit d'arrêter. Nous avons dû attendre à cet endroit pour quelques minutes. J'ai vu que l'oxygène que j'avais, s'affichait la lumière rouge. Cela signifiait que j'avais moins d'oxygène. Les gens ont essayé de me convaincre « ça suffit ». Mais pour moi, ce n'était pas suffisant. Le sommet a été tout près de nous. Puis, j'ai décidé que j'allais continuer, je n'arrêterais pas. Je n'arrêterais que le moment où j'hisserais le drapeau de l'Inde sur le sommet. Je suis Anurima Sinha, une femme et une handicapée qui a touché le sommet du Mont Everest. Je suis une fille comme les autres, mais je crois, si vous décidez de toucher le ciel, personne ne pouvait vous arrêter. C'est vous qui décidez votre destin.

Anurima Sinha a rapporté beaucoup de pris en sport. À cause d'un incident effrayant, elle a été handicapée. Mais cela ne lui empêchait pas. C'est une histoire inspirante pour les gens qui se font des barrières. Rien ne peut vous empêcher, que vous-même

-Ritu TOMAR
BA (P) Troisième année

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L'éducation des filles en 2023

Dès 2023, l'éducation des filles sera probablement plus accessible et équitable que jamais. Les gouvernements du monde reconnaît de plus en plus l'importance de l'éducation des filles et investit de plus en plus dans les initiatives visant à assurer l'accès d'une fille à une éducation de qualité.

Cela comprend l'accès à une éducation gratuite à faible coût, à des bourses d'études et à des investissements dans les infrastructures. La technologie améliore l'accès à l'éducation. En outre, il est probable que l'accent sera davantage mis sur la formation des filles avec les compétences et les connaissances dont elles ont besoin pour réussir au 21ème siècle, comme l'intelligence artificielle et les matières liées aux STEM. Enfin, il est probable que l'accent sera davantage mis sur la fourniture aux filles du soutien et des ressources dont elles ont besoin pour rester à l'école et terminer leurs études.

- Kajal YADAV
BA (P) Troisième année

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La modernisation

La modernisation désigne le processus de mise à jour ou d'amélioration de quelque chose pour le rendre plus actuel ou plus pertinent aux besoins et aux normes contemporains. En général, la modernisation consiste à adopter de nouvelles technologies, de nouveaux processus et de nouvelles idées pour remplacer les anciens. Cela peut s'appliquer à un large éventail de domaines, comme l'industrie, l'infrastructure, l'éducation, le gouvernement et la culture.

Dans le contexte de la société, la modernisation est souvent associée à la croissance économique, à l'urbanisation et à l'essor de la culture de consommation. Elle peut entraîner des changements importants dans la façon dont les gens vivent, travaillent et interagissent les uns avec les autres. Par exemple, la révolution industrielle du XIXe siècle a provoqué une vague de modernisation qui a transformé les sociétés agricoles traditionnelles en sociétés urbanisées et industrielles. Ces derniers temps, la modernisation a été stimulée par le rythme rapide des changements technologiques et l'interconnexion croissante du monde grâce aux réseaux numériques. Cela a donné lieu à de nouvelles formes de communication, de commerce et de divertissement, ainsi qu'à de nouveaux défis comme la cybercriminalité, la polarisation sociale et l'érosion de la vie privée. Par conséquent, la modernisation est un processus complexe et continu qui exige un examen attentif de ses implications sociales, économiques et éthiques.

-Sneha

BA (P) Troisième année

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« La diversité culturelle »

Le média nous montre qu'il y a beaucoup de riots à cause de cultures,
Ces riots blessent la nature.

Il nous montre que les peuples se battent,
Mais il ne révèle pas que les peuples parlent.

Le média ne nous montre pas l'amitié entre les peuples ; ils comprennent aussi.
Quand on voyage on s'amuse bien les différents repas.
Aussi quand on travaille ou étudie avec une personne ;
Ce sont toujours les vibrations qui se résonnent
Aux matches d'IPL, on joue contre les autres états,
Les autres cultures,
Mais aux matches avec les différent pays, étant l'indien est notre nature unique,
notre identité unique
Et on dit, que les gens s'affrontent

Tout le monde dit, « respectez les autres cultures, ils sont humains comme vous »
Mais personne ne dit « soyez amis avec les autres »
Parce que la culture est des autres, mais la différence c'est la nôtre !

Ainsi il faut apprécier les différences, cela rend le monde plus intéressant !

-Anshi SAXENA
BA (P) Deuxième année

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Pourquoi faire du yoga?

« Un esprit sain réside dans un corps sain. » Le yoga et la santé mentale sont indépendants. Mais les deux sont une partie importante dans notre vie. Le yoga et la méditation sont pratiqués depuis longtemps dans notre culture indienne.

Le yoga a de nombreux avantages qui améliorent notre mode de vie et notre santé mentale. Le yoga consiste à respirer profondément et à faire des exercices qui détendent notre corps. Le yoga améliore notre concentration. Le yoga rend notre corps plus fort, actif et flexible. Il calme notre esprit et procure une relaxation mentale. Il améliore les problèmes respiratoires et digestifs. Il augmente l'énergie, réduit le stress, la colère et améliore la posture. Il apporte le bonheur dans notre vie et nous donne de la joie.

La santé mentale et la santé physique sont associées. La santé mentale signifie quand une personne va bien et peut faire face au stress normal et aux problèmes de la vie.

Le yoga aide à gérer le stress, réduit la dépression et la colère. Il augmente notre qualité de sommeil. Il améliore notre mémoire, attention et notre conscience. Il améliore notre paix mentale et apporte de la satisfaction. Il garde notre esprit actif et jeune. La méditation améliore notre humeur.

La santé mentale est très essentielle pour maintenir des relations. La connexion entre corps-esprit doit être bien développée pour créer une vie paisible. Donc, le yoga et la méditation crée une vie heureuse mentalement et physiquement saine. Nous devrions nous sensibiliser à la santé mentale car c'est le besoin d'une heure !

-Prisha MADHOK
BA (P) Troisième année

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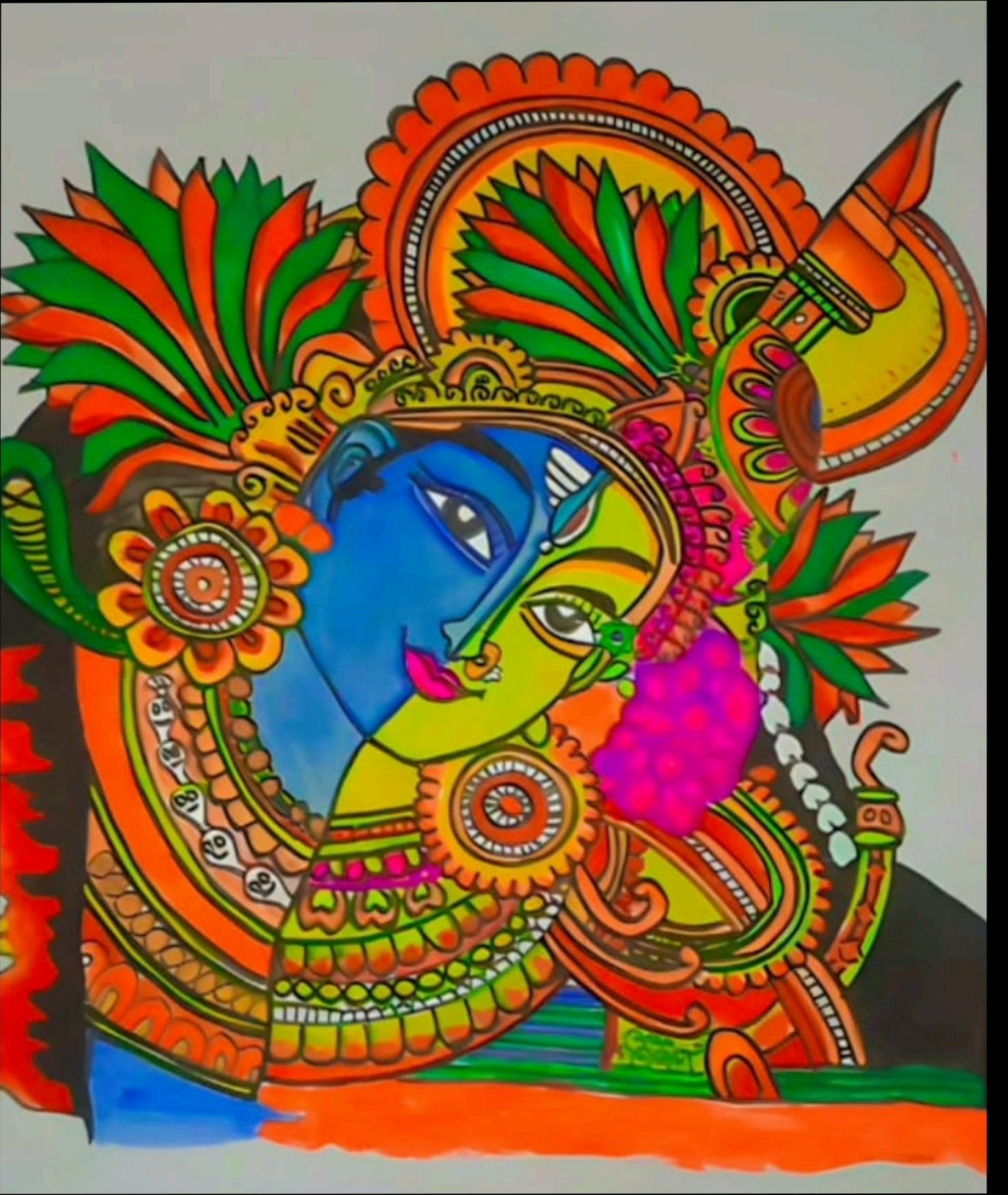
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- Mahi
BA(P) Troisième année

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हिन्दी विभाग

वामीका
द्वितीया वर्ष
बीए प्रोग्राम



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संपादकीय



• समाज एक गहरी व्यापक और विस्तृत संकल्पना है जिसे किसी निश्चित परिधि में बांधकर आँका नहीं जा सकता यह मैं से पर को आत्मसात करने की प्रक्रिया है जिसमें विरुद्धों का सामंजस्य किया जाता है यह समन्वय ही किसी जाति के टिकाऊपन की नींव होती है भारतीय संस्कृति में निहित विविधता में एकता इसी सामंजस्य के मंत्र से संचालित है इसलिए आज भी अटूट है और युगों-युगों तक संपूर्ण धरा पर अपनी खुशबू बिखेरती रहेगी। कुछ बात है कि हस्ती, मिटती नहीं हमारी। ये कुछ बात आपसी सौहार्द और प्रेम ही तो है जिससे कोई परस्पर जुड़ता है और आगे चलकर सहनशीलता, त्याग और समर्पण की आंच संबंधों को परिपक्व और अटूट बनाती है। सभी को साथ लेकर चलना और सबका कल्याण करना, भारतीय संस्कृति का मूल है भारतीय कल्याण मंत्र में सर्वहित सुखाय की यही भावना निहित है - सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः। सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभागभवेत् | ये सर्वस्व का भाव सम्पूर्ण विश्व को अपना कुटुंब मानता है। श्री राम का आदर्श चरित्र, श्री कृष्ण की गीता में निहित आत्मा और परमात्मा का संबंध, कर्मयोग, ज्ञानयोग, और भक्तियोग के शाश्वत नियम को, महात्मा बुद्ध और भगवान महावीर जी के सत्य-अहिंसा को किसी देश और काल से बाँधा नहीं जा सकता। ये सम्पूर्ण धरा की सुख शांति के मंत्र हैं। सृष्टि का कण - कण ईश्वर की निर्मिती है और हम सब उनकी संतान हैं। इसलिए सारी धरा से हमारा अटूट संबंध है। किसी का भी सुख और दुख सभी को किसी न किसी रूप से प्रभावित करता है। इसलिए भारतीय संस्कृति में सकल वसुधा को अपना कुटुंब माना गया है - अयं निजः परो वेति गणना लघु चेतसाम् | उदारचरितानां तु वसुधैव कुटुम्बकम् | अर्थात् : यह मेरा है, यह उसका है ; ऐसी सोच संकुचित चित्त वाले व्यक्तियों की होती है; इसके विपरीत उदारचरित वाले लोगों के लिए तो यह सम्पूर्ण धरती ही एक परिवार जैसी होती है।

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विश्व स्तरीय सुख और शांति बनी रहे इसके लिए मजबूत संगठनों की आवश्यकता होती है इस दृष्टि से अंतर्राष्ट्रीय दूरसंचार संघ, लीग ऑफ नेशंस संयुक्त राष्ट्र, विश्व स्वास्थ्य संगठन और नाटो जैसे संगठनों का गठन संधि द्वारा या अंतरराष्ट्रीय कानून द्वारा शासित एक उपकरण के रूप में किया गया। गुप ऑफ ट्वेंटी (G20) भी अंतरराष्ट्रीय सहयोग का प्रमुख मंच है। इन संगठनों और मंचों से वैश्विक संबंधों को बल मिलने के साथ-साथ विस्तार भी मिलता है जिससे एक निश्चित उद्देश्य तक पहुँचा जा सकता है।

यह अत्यंत हर्ष का विषय है कि 17 वें जी-20 शिखर सम्मेलन का आयोजन 15 और 16 जुलाई 2023 को दिल्ली (भारत) में प्रधानमंत्री श्री नरेंद्र मोदी की अध्यक्षता में संपन्न होगा। जी20 सम्मेलन में प्रतिनिधि के तौर पर 19 देशों के प्रतिनिधि और एक यूरोपीय संघ शामिल होगा, भारत का G20 अध्यक्षता का विषय - "वसुधैव कुटुम्बकम्" या "एक पृथ्वी · एक कुटुंब · एक भविष्य" - महा उपनिषद के प्राचीन संस्कृत पाठ से लिया गया है। अनिवार्य रूप से, यह विषय सभी प्रकार के जीवन मूल्यों - मानव, पशु, पौधे और सूक्ष्मजीव - और पृथ्वी एवं व्यापक ब्रह्मांड में उनके परस्पर संबंधों की पुष्टि करता है।

यह विषय व्यक्तिगत और राष्ट्रीय विकास दोनों ही स्तरों पर पर्यावरण की दृष्टि से वैश्विक स्तर पर परिवर्तनकारी कार्यों के परिणामस्वरूप एक स्वच्छ, हरे-भरे और उज्ज्वल भविष्य का निर्माण करता है साथ ही यह विषय सामाजिक और व्यक्तिगत उत्पादन और उपभोग विकल्पों पर भी प्रकाश डालता है। जिससे विश्व स्तर पर सुधारात्मक कार्रवाई की जा सके ताकि मानवता को विजयनी बनाया जा

सके।

विश्वबंधुत्व की भावना को धारण कर महाविद्यालय की वार्षिक पत्रिका "ईशा" 2023 को आपके समक्ष प्रस्तुत करते हुए आनंद का अनुभव हो रहा है। छात्र संपादकों का स्नेह और आभार। छात्राओं की सृजनात्मकता और रचनात्मकता प्रशंसनीय है। यदि सद्भावनाएं होंगी और निरंतर अभ्यास जारी रहेगा तो अभिव्यक्ति मँझती चली जाएगी, संभावनाएं बनती चली जाएंगी और एक दिन आपकी रचनाएं विश्वस्तरीय होंगी।

शुभकामनाओं सहित !

शक्ति के विद्युत्कण जो व्यस्त
विकल बिखरे हैं, हो निरुपाय;
समन्वय उसका करे समस्त।
विजयिनी मानवता हो जाये।

डॉ. मीना पाण्डेय

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कक्षा की शुरूआत हुई
रीत वही पुरानी थी
शिष्यों की समझ से परे बात
जो शिक्षक को समझनी थी

संस्कृत का एक दोहा पढ़ा
एक क्लिष्ट सा शब्द आया था
या शब्द वो सरल ही था
पर क्लिष्ट उसे बनाया था

शिक्षक पूछे पूछो अब
जो समझने में आया कष्ट है
ऐसे दोहे से क्यों डरते हो
जो दोहा बिलकुल स्पष्ट है

बच्चे बोले प्रिय गुरु
वसुधैव कुटुम्बकम् का क्या अर्थ है
क्यों बोले सब समझो इसको
नहीं तो जीवन तुम्हारा व्यर्थ है

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गुरु मुस्काये बोले समझो उसको
जो अब मैं समझता हूँ
महत्व, अर्थ इन शब्दों का
मैं तुमको बतलाता हूँ

ये कुछ शब्दों का जोड़
ये कुछ शब्दों का मेल है
इनको समझो तो विश्व आकाश बने
न समझो तो ये जेल है

वसुधैव कहते पृथ्वी जैसे
और कुटुम्बकम बड़ा परिवार हैं
ये सिर्फ़ दो शब्द नहीं
ये संपूर्ण विश्व का सार हैं

दो शब्दों में संसार समाये
उन शब्दों का मोल समझे हम
जो विश्व को एक सूत्र में बांधे
वो शब्द है वसुधैव कुटुम्बकम्

स्तुति कौशिक
बी. ए. प्रो.
तृतीय वर्ष

वसुधैव कुटुम्बकम्

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दिल्ली विश्वविद्यालय

दिल्ली विश्वविद्यालय के शताब्दी वर्ष में आप सभी का हार्दिक अभिनंदन है। ये महज एक संजोग बना कि “आज़ादी का अमृत महोत्सव” और “दिल्ली विश्वविद्यालय का शताब्दी उत्सव” हम एक साथ मना रहे हैं। इस शताब्दी उत्सव में शिक्षक, कर्मचारी व विद्यार्थियों में एक नई उमंग और उत्साह का संचार हो रहा है। इसी विषय पर मैं दिल्ली विश्वविद्यालय की गरिमा पर कुछ कहना चाहती हूँ।

ये है दिल्ली का दिल, दिल्ली विश्वविद्यालय ॥
१९२२ में आये श्री हरी सिंह गौड़ के साथ,
२०२२ में है हम प्रोफेसर योगेश सिंह के साथ,
४ महाविद्यालयों से शुरु और आज ८० हो गए,
१० दशक बीते, कुनबा बढ़ा और बढ़ता ही जायेगा,
ये है दिल्ली का दिल, दिल्ली विश्वविद्यालय ॥
जी हाँ ये है कुनबा दिल्ली विश्वविद्यालय का
ये है भारत का केंद्रीय विश्वविद्यालय
शिक्षा का कोई क्षेत्र अछूता न रहा
कला, विज्ञान या हो अर्थ- वाणिज्य
डिप्लोमा, स्नातक, स्नातकोत्तर या हो शोध कार्य
सभी स्तर पर शिक्षा उपलब्ध है यहाँ
फीस है कम और रियायते है ज्यादा
ये है दिल्ली का दिल, दिल्ली विश्वविद्यालय ॥
सभ्यता, संस्कृति, कलाकृति, पुष्प प्रदर्शनी,
अंतर्ध्वनी, प्रतियोगिता, या हो पुरस्कार समारोह
सबकी झलक मिलती है यहाँ

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कितने ही विभाग, महाविद्यालय, पाठ्यक्रम शुरू हुए यहाँ
कोई वर्ष खाली न गया मुफ्तशिक्षा का विकल्प भी है यहाँ
ये है दिल्ली का दिल, दिल्ली विश्वविद्यालय ॥
देश के या परदेश के सभी लोगों का स्वागत है यहाँ
जाति, रंग, लिंग, उम्र का कोई भेद नहीं यहाँ
VC से लेकर छात्रों तक सभी का योगदान हैं
शैक्षिक हो या गैर शैक्षिक कर्मचारी विकास में सहभागी रहे है
ये है दिल्ली का दिल, दिल्ली विश्वविद्यालय ॥

ये केवल विश्वविद्यालय ही नहीं, इस काफिले की जीवन - रेखा है।
कुछ तो छात्र से शोधार्थी, शिक्षक, प्रधानाचार्य
और फिर सेवानिवृत्ति तक का सफर तय कर गये हैं
बनेंगी नई योजनाएं, होंगे अनेक कार्यक्रम
ये है दिल्ली का दिल, दिल्ली विश्वविद्यालय ॥
शताब्दी वर्ष है यह साथियों, आओ मिलकर करे ये प्रण
यूँ ही जाने कितनी शताब्दी आएंगी
गिरने न देंगे इसका स्तर, पहुंचायेंगे नई बुलंदियों पर
उपकुलपति के साथ मिलकर , विश्व मे लहरायेंगे परचम
ये है दिल्ली का दिल, दिल्ली विश्वविद्यालय ॥

वीना शर्मा
विभाग -पुस्तकालय

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राष्ट्र

राष्ट्र शब्द का सामान्य अर्थ - राष्ट्र ऐसे लोगों का समूह है जो जाति, धर्म, भाषा, रीति-रिवाज, इतिहास आदि के कारण आपस में जुड़े हुए है, जिनके पास अपनी निश्चित मातृभूमि है, जो राजनीतिक रूप से स्वतंत्र है या जो स्वतंत्र होने के लिए उत्सुक है। परंतु वास्तव में क्या हम सच में राष्ट्र शब्द के अर्थ को समझ पाएं हैं?

मेरे अनुसार तो हम आज भी राष्ट्र शब्द के सही मायने नहीं समझ पाएं हैं , अगर समझ पाते तो आज भी जातियों के आधार पर ऊंच - नीच जैसी बातों को महत्व नहीं देते , धर्म के नाम पर लोगों में अंधविश्वास जैसी चीजों को बढ़ावा न देते, मज़हब के नाम पर लोगों को न बांटते परंतु जब हम हर मुश्किल घड़ी में एक-जुट हो जाते हैं तब क्यों किसी जाति , धर्म का नहीं सोचते ? फिर क्यों हम रोज़मर्रा की जिन्दगी में इन बातों को भूल जाते हैं ।

राष्ट्र सिर्फ़ कहने से राष्ट्र नहीं बनता। एक संपूर्ण राष्ट्र वही होता है जहां हर इंसान एक दूसरे के प्रति इंसानियत तथा एकता का भाव रखे, जहां धर्म और मज़हब के नाम पर लोगों में भेद न किया जाए।

मैं आशा करती हूं कि जैसे राष्ट्र की कल्पना मैं करती हूं वह कल्पना बहुत जल्द ही वास्तविकता में बदल जाएगी तथा हर व्यक्ति राष्ट्र के प्रति अपने दायित्वों को समझेगा।



इंकार डोगरा
बी. ए. हिंदी (विशेष)
तृतीय वर्ष

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जहाँ चाह है वहाँ राह है

दुनिया बोलेगी पर
तू चलते जा
मुश्किलें तो बहुत आएंगी
तुझे कमजोर दिखाएंगी
तेरी चाह तुझे राह दिखाएगी
तेरी मेहनत तुझे आसमान तक पहुंचाएगी

तेरी जिंदगी का एक मक़सद है
उसे सिद्ध कर
कभी-कभी कुछ चीजें तुझे सताएगी
कभी-कभी रुलाएंगी
तेरी चाह तुझे राह दिखाएंगी
तेरी मेहनत तुझे आसमान तक पहुंचाएगी

हम सब इस दुनिया का हिस्सा है,
जो लगता एक नाटक का किस्सा है
इस दौरान यह जिंदगी हमें बहुत कुछ सिखाएगी
कौन असली है और कौन नकली है यह भी
बताएगी
तेरी चाह तुझे राह दिखाएंगी
तेरी मेहनत तुझे आसमान तक पहुंचाएगी

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हर दिन एक जैसा नहीं होगा
कभी हंसी तो कभी गम होगा
यही चीजें तो हमें मजबूत इंसान बनाएंगी
और हमें अपनों की अहमियत बताएंगी
तेरी चाह तुझे राह दिखाएंगी
तेरी मेहनत तुझे आसमान तक पहुंचाएगी

तू गिर , फिर संभल
फिर गिर , फिर संभल
इसी प्रलय से ही तो तुझे मेहनत करनी आएगी
और तेरी इच्छा शक्ति तुझे तेरी मंज़िल के और करीब
ले जाएगी
तेरी चाह तूझे राह दिखाएंगी
तेरी मेहनत तुझे आसमान तक पहुंचाएगी

अपनी सच्चाई से तू कर्म करते जा
जीतेगा तू सारा जहां
फिर खुशी तेरे चेहरे पर ही आएगी
जब गर्व से तेरे सिर पर फक्र और जीत की टोपी लहर
आएगी
तेरी चाह तुझे राह दिखाएंगी
तेरी मेहनत तुझे आसमान तक पहुंचाएगी



इशिता सचदेवा
बी.कॉम प्रो.
तृतीय वर्ष

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आत्म विश्वास

जहाँ चाह है, वहाँ राह है" कहने को कुछ शब्दों से बना वाक्य है किंतु इसी पंक्ति में सारा संसार समाहित है जब एक व्यक्ति अपने मन में कोई चाहत रखता है कि उसे कुछ चाहिए तभी मेहनत करने पर वह उसे प्राप्त कर पाता है ,लेकिन अगर कोई कुछ करना ही नहीं चाहेगा तो वह सिर्फ सोचने पर कुछ भी प्राप्त नहीं कर सकता है । जब कोई कुछ भी सपना देखता है तब उसे साकार करने के लिए अगर कुछ सबसे ज़्यादा ज़रूरी होता है तो वह होता है उस सपने की चाहत दिल से होना नहीं तो मात्र कहने से कुछ नहीं होता और मेहनत करने से भी ज़्यादा ज़रूरी है कि दिल से उसकी चाहत रखना ।

उदाहरण के लिए एक सच्ची कहानी को बताती हूँ :- माइकल जार्डन कौन इन्हे नहीं जानता विश्व के सबसे प्रसिद्ध व सबसे सफल बास्केटबॉल के खिलाड़ी है कहते हैं ना जब कोई सफल हो जाता है तब लोग केवल यही देखते हैं कि वह सफल है कोई यह नहीं देखता कि उसके भूतकाल में उसने इस सफलता को प्राप्त करने के लिए कितनी मेहनत की है जब माइकल जॉर्डन छोटे थे तब बहुत गरीब थे तब एक बार उनके पिता ने उन्हें कहा जाओ \$100 कमा कर दिखाओ इस सफ़ेद पुराने टी-शर्ट को बेचकर जो कि इतनी पुरानी और गंदी थी जो डर पहले तो डर गए किंतु फिर उन्होंने कोशिश की और उस टी-शर्ट पर मिकी माउस का चित्र बनाकर एक अमीर बच्चों के स्कूल के सामने बैठकर एक बच्चे को वह टीशर्ट पसंद आ गई और बेइज्जत करने लगा फिर उसके पिता ने उसे वह टीशर्ट \$100 में खरीद ली अपने पिता के पास आए और उन्हें सब बता या फिर उनके पिता ने उन्हें एक और गंदी सफ़ेद टी-शर्ट दी और कहा जाओ इस टीशर्ट को \$200 में बेच कर दिखाओ इस पर माइकल जॉर्डन ने जरा सी भी नहीं की और सोचने लगे तभी उन्हें पता चला कि एक प्रसिद्ध अभिनेत्री आई है जो जन ने उस टी-शर्ट पर उनके ऑटोग्राफ मांगा बच्चे को देख अभिनेत्री को दया आ गई और उसने उस टीशर्ट पर ऑटोग्राफ दे दिया जिसके बाद जोडन टीशर्ट को लेकर एक जगह खड़े हो गए और चिल्लाने लगे \$2000 की अभिनेत्री की ऑटोग्राफ वाली टी-शर्ट सुनते ही लोगों की भीड़ जमा हो गई और वह टीशर्ट \$20000 में बिकी जब जॉर्डन घर आए तब उन्होंने सब कुछ अपने पिता को बताया इस पर उनके पिता ने कहा देखा बेटा जिस टी-शर्ट कि तुम कह रहे थे कि \$10 में भी नहीं बिकेगी उसे तुमने ही \$20000 में बेच कर दिखा दिया इससे यही सिद्ध होता है कि जहाँ चाह है वहाँ राह है जो जार्डन चाह और राह अपने आप सामने आ गई।

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यह तो हो गया एक उदाहरण इसके अलावा भी पूरी दुनिया में आज जो भी लोग कुछ भी प्राप्त करते हैं उसके पीछे का मूल कारण यही है पूरी दुनिया इसी के सहारे जी रही है सोचिए जिसने बल्ब का आविष्कार किया वह 100 बार असफल हुआ फिर भी उसने हार नहीं मानी क्योंकि वह सच्चे मन से इस पूरी दुनिया में उजाला फैलाना चाहते थे उनकी चाहत सच्ची व दृढ़ थी इसलिए वह सफल हो गए और आज उनकी वजह से ही हर घर में उजाला है ऐसा है और जितने भी लोग हैं जिन लोगों ने भिन्न-भिन्न प्रकार के आविष्कार किए यदि वह रुक गए होते तो आज यह दुनिया वैसी नहीं होती जैसी आज है अगर भारत की बात करें कुछ साल पहले ही जब पाकिस्तान ने हमारे पूरी कैंप को तहस-नहस कर दिया था जब भारत के जवान उस हादसे का बदला लेने जा रहे थे तब उनके रास्ते में हजारों मुश्किलें आए किंतु उन्होंने हार नहीं मानी और अंत में अपने लक्ष्य को प्राप्त किया और भारत का सम्मान बढ़ाया भारत के प्रसिद्ध बल्लेबाज विराट कोहली की क्रिकेट की इतनी चाहत थी कि उनके पिताजी के देहांत के तुरंत बाद भी व क्रिकेट खेलने गए क्योंकि बहुत बड़ी बात है शायद इसलिए वह पूरे भारत के ही नहीं बल्कि पूरे विश्व के सबसे उत्तम खिलाड़ी है भारत की ऐसी महिला जिनके पैर ट्रेन की पटरी पर कट गए जिनके जिंदा रहने की भी आशा कम थी उन्होंने नकली पैर लगाकर पूरे विश्व की सबसे ऊंचे पहाड़ की चढ़ाई पूरी की माउंट एवरेस्ट यह कैसे मुमकिन हुआ क्योंकि उन्होंने ठान लिया था कि जब सब उनके जीवन को बेकार मान रहे थे तब उन्हें कुछ ऐसा करना है जिस किसी ने भी ना की हो कभी भी परिणाम स्वरूप अपाहिज महिला जिसने माउंट एवरेस्ट पहाड़ की चढ़ाई पूरी करें

अगर महिलाओं की बात करें तो आप सब जानते हैं कि कहीं पर भी महिलाओं का जीवन कठिनाइयों से भरा हुआ फिर भी कुछ ऐसी महिलाएं हैं जिन्होंने इस सत्य को सत्य करके दिखाया है कि जहां चाह है वहां राह है। मुनीबा मजारी एक पाकिस्तान की महिला जो साधारण तरीके से अपना जीवन यापन कर रही थी उनका निकाह भी हो गया था किंतु एक हादसे ने सब कुछ बदल दिया था 1 दिन उनका एक्सीडेंट हो गया और अब वह कभी भी अपने पैरों पर चल नहीं सकती किंतु यदि आज आप गूगल पर लिखेंगे मुनीबा माझी तो उनका पूरा पेज खुल जाएगा सोचने वाली बात है कि हादसे से लेकर गूगल पेज तक की यात्रा उन्होंने कैसे तय की क्योंकि तब वह बिल्कुल अकेली थी यही होती है चाहत की ताकत जो अपने आप रहा बनाती जाती है जेके रॉलिंग जिनके पास एक वक्त सिर्फ कुछ कहानियां और उनकी गरीबी उनके पास थी किंतु उन्हें कहानियां लिखने का इतना जुनून था कि आज अपने देश की तेल भी सबसे अमीर महिला हैं।

इन सभी उदाहरणों को सुनने के बाद यही लगता है कि अगर हम जीवन में कुछ भी करने का ठान ले तो हम वह सब चीजें कर सकते हैं जिसे हम सोचते हैं कि यह करना हमारे लिए कठिन है।

क्षमा तिवारी
बी कॉम प्रो.
तृतीय वर्ष

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योग के महत्व और मानसिक स्वास्थ्य

योग एक ऐसी मुद्रा है जो हर उम्र के व्यक्ति के लिए लाभदायक है। योग के महत्व इतने प्रच्छन्न हैं कि इसकी तुलना किसी ओर से की नहीं जा सकती। योग के द्वारा लोगों की कई बीमारियों को रोकथाम हुआ है। योग के नियमित अभ्यास से हम जीवन के बीतते पहलू को सही ढंग से व्यतीत कर पाते हैं। हमारे भीतर साकारात्मक विचार उत्पन्न होते हैं। अच्छी सोच से अच्छे विचार आते हैं जिसे नियमित उपयोग में लाने से हमारा संपूर्ण वातावरण अच्छा होता है। योग के महत्व की शाखाएं नियमित बढ़ती जा रही हैं योग को समझने के पश्चात लोग अपने स्वास्थ्य को लेकर जागरुक होते जा रहे हैं।

योग से मानसिक तनाव कम होता है। योग को करने से हमारे स्वास्थ्य से संबंधित जुड़ी सभी परेशानियों का निवारण होता है और उन सभी परेशानियों को समाप्त करने के लिए आपके जीवन में योग आवश्यक होता है योग के नियमित अभ्यास में, शरीर में लचीलापन आता है। योग से हमारी कार्य करने की क्षमता में वृद्धि होती है और शरीर में रक्त प्रवाह सही प्रकार से होता है सही ढंग से रक्त प्रवाह होने से कई तरह की बीमारियों से मुक्ति मिलती है। योग से अस्थमा, मधुमेह, मोटापा आदि जैसे विकार के लिए रोकथाम के आसन भी है।

योग मानसिक स्वास्थ्य को लेकर काफी सकारात्मक विचार उत्पन्न करता है, यह तय है कि अगर हम नियमित रूप से योग करते हैं तो हमारा स्वास्थ्य अच्छा होगा हमारा स्वास्थ्य प्रणाली का तरीका सुधरेगा, प्रणायाम करने से मन को शांति मिलती है। मन में विचारों का उत्पन्न होना, मन शांत होना स्वभाव में बदलाव लाता है। मनुष्य का आचरण बदलता है एक व्यक्ति को देखकर कि यदि इस व्यक्ति को योग से इतना फायदा है तो क्यों ना मैं भी योग करना प्रारंभ करूं जिससे मुझ में भी परिवर्तन आ सके तो ऐसे ही जागरुकता फैलती है तो सभी लोग धीरे-धीरे इसे अपने दिनचर्या में अपनाते हैं। जिससे आसपास का वातावरण भी शांतिमय हो जाता है। सभी लोगों के भीतर सकारात्मकता फैलती है।

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योग का असर बहुत धीरे-धीरे होता है, परन्तु नियमित करने से इसका असर हमारे ऊपर जरूर दिखाई पड़ता है। योग एक ऐसा माध्यम है, जिसे हम रोज़ाना करके अपने को बिना कुछ किए भी स्वस्थ बना सकते हैं। हमे इसमें अधिक पैसे खर्च करने की जरूरत नहीं पड़ती है। हमारी आयु लम्बी होती है। शरीर में शक्ति का प्रवाह होता है। शरीर में मौजूद रोगाणुओं को योग नष्ट करता है। योग के इतने महत्व है कि हम उसका बखान करते करते थक जाएंगे। हम केवल यही कहेंगे कि -

योग करो..... रोज़ करो

मैंने भी इसके महत्व को जानकर योग को नियमित रूप से करना शुरू किया है इसे करने से ही मेरे विचारों में परिवर्तन आया है। पहले मेरा मन कभी भी स्थिर नहीं रहता था छोटी-छोटी बातों पर चिल्लाना, गुस्सा करना, बेमतलब की लड़ाई करना जैसी अनेक चीजों ने मुझे किशोरावस्था के आते-आते घेर लिया था। लेकिन जब मैंने योग को नियमित रूप से करना शुरू किया तो, मेरा मन शांत रहने लगा और मेरे अंदर सकारात्मक विचार आने लगे। ऊपर से शरीर में लचीलापन एवं ऊर्जा की वृद्धि हुई। इससे मेरे मन में स्थिरता बड़ी से बड़ी मुश्किलों का सहज ढंग से निवारण करना शुरू किया। योग केवल खुद के लिए बल्कि दूसरों के लिए भी सकारात्मक वातावरण पैदा करता है। इसे करने से मोटापे जैसा विकार भी कम हुआ। मेरी मानसिक शक्ति का विकास हुआ। कोई भी कार्य करने में स्फूर्ति पैदा हुई।

आसन करने में लचीलापन आने लगा। मेरा मानना है कि यह सभी को के लिए' लाभदायक है इसे सबको करना चाहिए।

योग ही जीवन का रास्ता और लोगों की आस्था."

रोगों को करना हो खत्म तो योग को करे प्रारंभ "

चाँदनी मेहतो
बी .ए हिंदी(विशेष)
द्वितीया वर्ष

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जिंदगी

खर्चे कम नहीं होते, आमदनी मगर बढ़ रही हैं
जिंदगी इक कश्मकश हैं, खुद से लड़ रही हैं।

कभी रेंगते, कभी सरकते ओर कभी भागम भाग
पर कैसी भी हो हालात, जिंदगी आगे बढ़ रही हैं।

नींद में अधूरे ख्वाब भी आकर बस यही कहते है,
बेटा उठ और काम पे निकल, धूप सर चढ़ रही हैं।।

श्रावणी सिंह
बी.ए. हिंदी (विशेष)
तृतीय वर्ष

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काला दिन

इस देश को बचाने वालों ने
अपना जीवन गवाया था !
एक बार ऐसा दिन भी आया था!
14 फरवरी को काला दिन याद
करके आज भी रूह काँप जाती है !
क्या हाल किया उन लोगों का,
जिन की वजह से हम लोगो पर एक आंच तक नहीं आती
है!
जो हमारे घर के बच्चे फौज में चले जाते हैं,
कोई जिंदा तो कोई तिरंगे में लिपटकर आते हैं !
एक सैनिक ने बोला था :-
"या तो जिंदा आऊंगा या तिरंगे में लिपटकर आऊंगा पर मैं
आऊंगा जरूर
बस इसलिए मुझे तो भारतीय सेना पर गुरुर है !
चलिये फिर हम उन्हें याद करते हैं उनके लिए हम भी कुछ
करते हैं !
अगर वो सरहद पर हैं तो ,
हम मानवता की अच्छाई के लिए कुछ करते हैं!

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आखिर क्यों?

आखिर क्यों ?
मेरी खामोशी को
मेरी कमज़ोरी समझ लिया जाता है !
आखिर क्यों ?
हमारे जज़्बातो को दबा दिया जाता है !
आखिर क्यों ?
परंपराओं का बोझ
हम पर थोपा जाता है !
आखिर क्यों ?
आगे बढ़ने से पहले
हमें रोक दिया जाता है !
आखिर क्यों ?
उड़ने से पहले हमारे पंखों को काट दिया जाता है !
आखिर क्यों ?
सपनों को पूरा करने से पहले
उन्हें दफना दिया जाता है! आखिर क्यों ?
हमें किसी गलत बात पर
लड़ने नहीं दिया जाता है !
आखिर क्यों ?
बचपन से ही हमें
अलग परिवेश में डाला जाता है ! आखिर क्यों ?
हमें तेंज बोलने से
रोक दिया जाता है !

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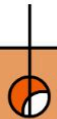


भारत 2023 INDIA

आखिरी क्यों ?
हर बार लड़कों से
हमें कम आँका जाता है ! आखिरी क्यों ?
हर बार हमें एहसास दिलाया जाता है कि हम लड़कियां हैं !
आखिर क्यों ?
हमें जीने नहीं दिया जाता है !
हमें भी जीने का अधिकार है !
हमें भी आसमान में उड़ने का अधिकार है !
हमें भी अपने सपने पूरे करने का अधिकार है !
हमें भी अपने हक के लिए लड़ने का अधिकार है!

मत रोको ,मत टोको !
हमको भी जीने दो,
हमको भी लड़ने दो !

हम भी इस देश की नारी हैं !!
हम भी इस देश की नारी हैं !!



शिवानी
तृतीय वर्ष
हिंदी विशेष

वसुधैव कुटुम्बकम्

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बेटियां

पापा की परी से न जाने कब एक ज़िम्मेदार बहू बन जाती हैं बेटियां...

वह थोड़े से काम से घबरानेवाली

आज पूरे घर को अकेले संभाल लेती है ।

हर चीज़ पर अपना अधिकार जताने वाली बेटी

आज ससुराल में सब कुछ चुप-चाप सह लेती है,

जो बेटी कभी एक खरोंच लग जाने पर रो जाया करती थी,

आज वही बेटी एक बहू के रूप में

हर दर्द मुस्कुराकर सह जाती है।

सच ही कहा जाता है ,

की बेटी से बहू तक के सफ़र में बहुत बदल जाती हैं बेटियाँ ..।

रिया
हिंदी विशेष
द्वितीया वर्ष

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हिन्दी

हिन्दी मेरा अस्तित्व है ,
हिन्दी मेरा गौरव है।
हिन्दी मेरा मान है ,
हिन्दी मेरा सम्मान है ॥

हिन्दी एक ऐसी भाषा है ,
जिससे हमारा जन्मान्तर नाता है।
तोड़ने से भी ना टूटे यह नाता ,
इतनी प्रिय हमें अपनी यह भाषा ॥

तनु बैसोया
हिंदी विशेष
तृतीय वर्ष

वसुधैव कुटुम्बकम्

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लाल धब्बा

उस सफ़ेद स्कर्ट पर लगा लाल धब्बा
क्या कुछ कह जाता है ?
कोई मानता केवल दाग
कोई कहता देवता का दिया
हुआ औरत को उपकार
कोई उस धब्बे को देख कर उड़ाता मज़ाक।
कोई बिल्कुल करना ही नहीं चाहता इस विषय में बात।
कहते बुज़ुर्ग हमारे भला यह भी है कोई समाज में कहने वाली
बात?
ऐ मूर्ख लड़की तू क्यों करती अपनी मर्यादा पार
पर वो नादान अबतक उस समाज को यह ना समझा पाई।
यह कोई जिल्लत की नहीं बल्कि औरत होने का है एक
आर्शीवाद
इस लाल दाग से ही बढ़ता परिवार
इस लाल धब्बे में बसी ना जाने कितने नवजात की जान।
पर उस धब्बे को अशुभ करार कर दिया जाता।
क्यों उससे अपने ही ईश्वर अल्लाह और जीसस क्राइस्ट से
मिलने से भी वंचित किया जाता।
क्यों समाज में ये छोटा महत्वपूर्ण किस्सा ज़्यादातर उठाया
नहीं जाता ।

ऋतु राजमी
बी.ए.हिंदी (विशेष)
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हिंदी का महत्व

संस्कृत की कोख से जन्मी
इस भारत की भवानी है
गर्व है इस मिट्टी पर
यहाँ हिंदी हमने जानी है

भारतेन्दु जिसके जनक रहे
और कोई नहीं वो है हिंदी
मात्राएं जहां वजन देती
और मोल रखती है बिंदी

यहां ग्रन्थ , पुराण मौजूद है
प्राचीन इतिहास समाया है
इन सबको हम तक लाने का
हिंदी ने भार उठाया है

न जाने कहाँ से जान पाते
बलिदान झाँसी की रानी का
न जाने क्या विषय होता
नानी , दादी की कहानियों का

वसुधैव कुटुम्बकम्

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हिंदी भाषा से लिखी गयी
स्वर्णिम कथायें उन तलवारों की
साक्षी बनी कई जीतों की
और गवाह रही जो हारों की

कौन कहता है हिंदुस्तान तक
है सिर्फ हिंदी का सफ़र
वो हिंदी कैसे समा जाये इतने में
जिसमें खुद ही इतने व्यंजन,स्वर

जो राजभाषा है उस हिंदी को
अन्तर्राष्ट्रीय की संज्ञा दिलानी है
गर्व है इस मिट्टी पर
यहाँ हिंदी हमने जानी है



स्तुति कौशिक
बी कॉम प्रो
तृतीय वर्ष.

वयुधैव कुटुम्बकम्

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सम्पादकीयम्

संस्कृत भाषा अस्माकं देशस्य प्राचीनतमा भाषा अस्ति। प्राचीनकाले सर्वे एव भारतीयाः

संस्कृतभाषाया एव व्यवहारं कुर्वन्ति स्म।

कालान्तरे विविधाः प्रान्तीयाः भाषाः प्रचलिताः अभवन्, किन्तु संस्कृतस्य महत्त्वम् अद्यापि अक्षुण्णं वर्तते।

सर्वे प्राचीनग्रन्थाः चत्वारो वेदाश्च संस्कृतभाषायामेव सन्ति।

संस्कृतभाषा भारतराष्ट्रस्य एकतायाः आधारः अस्ति।

संस्कृतभाषायाः यत्स्वरूपम् अद्य प्राप्यते, तदेव अद्यतः सहस्रवर्षपूर्वम् अपि आसीत्।

संस्कृतभाषायाः स्वरूपं पूर्णरूपेण वैज्ञानिक अस्ति।

अस्य व्याकरणं पूर्णतः तर्कसम्मतं सुनिश्चितं च अस्ति। आचार्य- दण्डिना सम्यगेवोक्तम्

भाषासु मुख्या मधुरा दिव्या गीर्वाणभारती।"

अधुनाऽपि सङ्गणकस्य कृते संस्कृतभाषा अति उपयुक्ता अस्ति।

संस्कृतभाषैव भारतस्य प्राणभूता भाषा अस्ति। राष्ट्रस्य ऐक्यं च साधयति।

भारतीयगौरवस्य रक्षणाय एतस्याः प्रसारः सर्वैरेव कर्तव्यः।

अतः एस्मात् कारणात् अस्माभिः छात्राभिः विविधैः लेखनकार्यैः प्रयासः कृतवन्ताः।

सम्पादनकर्त्री

डॉ कामिनी तनेजा

संस्कृत विभागः

वयुधैव कुटुम्बकम्

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महात्मा गांधी

महात्मा गांधी एकः महापुरुषः आसीत्। सः भारताय अजीवत्। भारताय एव च प्राणान् अत्यजत्। अस्य पूर्णं नाम मोहनदास कर्मचंद गांधी अस्ति। अस्य जन्म १८६९ तमे ख्रीस्ताब्दे अक्टूबर - मासस्य द्वितीयायां तिथौ पोरबंदर नाम्नि स्थाने अभवत्। तस्य पितुः नाम कर्मचंद गांधी मातुश्च पुतलीबाई आसीत्। तस्य पत्नी कस्तूरबा धार्मिका पतिव्रतानारी आसीत्।

बाल्यकालादेव एकः सरलः बालकः आसीत्। सः सदा सत्यम् वदति स्म। सः आचार्याणां प्रियः आसीत्। उच्चशिक्षायैः सः आंग्लदेशमगच्छत। स विदेशगमनसमये मातुः आज्ञया सः संकल्पितवान् यत् अहम् मद्यं न सेविष्ये, मांसस्पर्शमपि न करिष्यामि एवं सदा ब्रह्मचर्यं आचरिष्यामि। स्वदेशमागत्य सः देशस्य सेवायाम् संलग्नः अभवत्। अस्य ईश्वरे दृढः विश्वासः आसीत्। सः आंग्लशासकानां विरोधे सत्याग्रहांदोलनम् प्रावर्तयत। तस्य श्रद्धा अहिंसायाम् आसीत्। तस्य सर्वः समयाः, सर्वः शक्तिः, सर्वः धनम् च देशाय एवासीत्।

छवि
बी. ए. संस्कृत (विशेष)
तृतीय वर्ष

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पुरः पुरः प्रगच्छ रे

प्रगाय मातृवन्दनम्।

स्व-जन्म भूमि रक्षणे

प्रयच्छ वीर! जीवनम् ॥

शिरः कुरु समुन्नतम्

तवास्तु मा क्वचिद् भयम्।

पुरः पुरः प्रगच्छ रे

रणे धृतिः सुकौशलम्

प्रगाय मातृवन्दनम् ॥

प्रवर्धताम् मनोवलम्

सुनिश्चितः जयस्तव

कुरु स्वधर्मपालनम् ॥

पुरः पुरः प्रगच्छ रे

प्रगाय मातृवन्दन ॥

अविशका

बी. ए. संस्कृत (विशेष)

द्वितीय वर्ष

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लुब्धः शृगालः

कश्चन व्याधः आसीत् । सः एकदा मृगयार्थं वनं गतवान् । बहुकालानन्तरं सः एकं वराहं दृष्टवान् । तं लक्ष्यीकृत्य सः बाणप्रयोगं कृतवान् । वराहस्य शरीरे महान् व्रणः जातः । व्रणितः वराहः कोपेन व्याधस्य उपरि आक्रमणं कृतवान् । स्वीयाभिः तीक्ष्णाभिः दंष्ट्राभिः तस्य शरीरं विदीर्णवान् । तेन व्याधः मृतः । बाणप्रहारवेदनया वराहः अपि मृतः ।

तस्मिन् एव वने कश्चन शृगालः आसीत् । सः अतीव लुब्धः । सः शृगालः आहारान्वेषणं कुर्वन् तत्र एव आगतवान् । व्याधस्य वराहस्य च मृतं शरीरं सः दृष्टवान् । तत् दृष्ट्वा सः चिन्तितवान् 'अद्य मम दैवम् अनुकूलम् अस्ति । यथेष्टम् आहारः विनायासं लब्धः । एषः आहारः बहुदिनानां कृते पर्याप्तः भविष्यति । अतः प्रतिदिनम् अपि किञ्चिदेव खादामि' इति । -

अनन्तरं सः व्याधस्य शरीरं परिशीलितवान् । तस्य शरीरस्य पार्श्वे चापः पतितः आसीत् । चापे चर्मनिर्मिता रज्जुः बद्धा आसीत् । तत् दृष्ट्वा शृगालः 'अद्य एतां चर्मणः रज्जुं खादामि । अन्यत् सर्वं पश्चात् खादामि' इति चिन्तितवान् । चापस्य एकां कोटिं मुखे स्थापयित्वा सः दन्तैः रज्जुं जग्धवान् । परन्तु रज्जुः भग्ना तदा चापस्य कोटिः शृगालस्य मस्तकं विदीर्य बहिः आगता । शृगालः तया वेदनया तत्क्षणे एव मृतः अभवत् ।

साक्षी गुप्ता
बी. ए. संस्कृत विशेष
तृतीय वर्ष

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भारत 2023 INDIA

धन्यं भारतवर्षं

धन्यं भारतवर्षं धन्यम् ।
पुण्यं भारतवर्षं पुण्यम् ॥

यस्य संस्कृतिः तोषदायिनी,
पापनाशिनी पुण्यवाहिनी ।

यत्र पुण्यदा गङ्गा याति,
सिन्धु-नर्मदा सदा विभाति ।

सरस्वती च धन्या-धन्या,
यमुना कृष्णा मान्या मान्या ।

शृणुमो यत्र च वेदं पुण्यम् ॥

धन्यं भारतवर्षं धन्यम्,
पुण्यं भारतवर्षं पुण्यम् ॥

यत्र पर्वताः रम्याः रम्याः,
ऋषयो मुनयो धन्याः धन्याः ।

कैलासश्च हिमराजश्च,
विन्ध्य-सतपुड़ा-हिमाद्रिश्च ।

अरावली पर्वतमाला च,
स्वर्ण-सुमेरु-हर्करश्च ।

गौरी गर्ग
बी. ए. संस्कृत (विशेष)
तृतीय वर्ष

वसुधैव कुटुम्बकम्

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संस्कृतभाषाया उपयोगिता , महत्त्वं लाभाश्च

संस्कृतभाषा विश्वस्य सर्वासु भाषासु प्राचीनतमा सर्वोत्तमसाहित्यसंयुक्ता चास्ति ।। संस्कृतभाषाया उपयोगिता एतस्मात् कारणाद् वर्तते यद् एषैव सा भाषाऽस्ति यतः सर्वासा भारतीयानाम् आर्यभाषाणाम् उत्पत्तिर्बभूव । सर्वासामेतासां भाषाणाम् इयं जननी । सर्वभाषाणां । मूलरूपज्ञानाय एतस्या आवश्यकता भवति । प्राचीने समये एषैव भाषा सर्वसाधारणा आसीत् , सर्वे जनाः संस्कृतभाषाम् एव वदन्ति स्म । अतः ईसवीयसंवत्सरात्पूर्व प्रायः समग्रमपि साहित्यं संस्कृतभाषायामेव उपलभ्यते । संस्कृतभाषायाः सर्वे जनाः प्रयोगं कुर्वन्ति स्म , इति तु निरुक्तमहाभाष्यादिग्रन्थेभ्यः सर्वथा सिद्धमेव । आधुनिक भाषाविज्ञानमपि एतदेव सनिश्चयं प्रमाणयति ।

तत्साहित्यम्

संस्कृतभाषायामेव विश्वसाहित्यस्य सर्वप्राचीनग्रन्थाः चत्वारो वेदाः सन्ति , येषां महत्त्वमद्यापि सर्वोपरि वर्तते । वेदेषु मनुष्याणां कर्तव्याकर्तव्यस्य सम्यक्तया निर्धारणं वर्तते । वेदानां । व्याख्यानभूता ब्राह्मणग्रन्थाः सन्ति । तदनन्तरम् अध्यात्मविषयप्रतिपादिका उपनिषदः सन्ति , यासां । महिमा पाश्चात्त्यैरपि निः संकोचं गीयते । ततश्च भारतगौरवभूताः षड्दर्शनग्रन्थाः सन्ति , ये । विश्वसाहित्येऽद्यापि सर्वमान्याः सन्ति । ततश्च श्रौतसूत्राणां , गृह्यसूत्राणां , धर्मसूत्राणां , वेदस्य व्याख्यानभूतानां षडङ्गानां च गणना भवति । महर्षिवाल्मीकिकृतवाल्मीकीयरामायणस्य , महर्षिव्यासकृतमहाभारतस्य च रचना विश्वसाहित्येऽपूर्णं घटना आसीत् । सर्वप्रथमं विशदस्य कवित्वस्य , प्रकृतिसौन्दर्यस्य , नीतिशास्त्रस्य , अध्यात्मविद्यायाः तत्र दर्शनं भवति । तदनन्तरं । कौटिल्यसदृशाः अर्थशास्त्रकाराः भासकालिदासाश्चघोषभवभूतिदण्डिसुबन्धुबाणजयदेवप्रभृतयो । महाकवयो नाट्यकाराश्च पुरतः समायान्ति , येषां जन्मलाभेन न केवलं भारतभूमिरेव , अपितु समस्तं विश्वमेतद् धन्यमस्ति । एतेषां कविवराणां गुणगणस्य वनि महाविद्वांसोऽपि असमर्थाः सन्ति , का गणना साधारणानां जनानाम् । भगवद्गीता , पुराणानि , स्मृतिग्रन्थाः अन्यद्विषयकं च सर्व साहित्यं संस्कृतस्य माहात्म्यमेवोद्घोषयति ।

उपसंहारः

संस्कृतभाषैव भारतस्य प्राणभूता भाषाऽस्ति । एषैव समस्तं भारतवर्षभेकसूत्रे बध्नाति । भारतीयगौरवस्य रक्षणाय एतस्याः प्रचार प्रसारश्च सर्वव कर्तव्यः ।

मनीषा गौतम

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कालिदासः

पुरा कवीनां गणना प्रसंगे कनिष्ठिकधिष्ठितः कालिदासः । अद्यापि तत्तुल्यकवेरभावात् अनामिका सापवती बभूव ॥ को न जानाति महाविद्या महाकवि कालिदासस्य नाम । महाकविकालिदासस्य नाम न केवलं भारते अपितु सर्वस्मिन् विश्वे प्रसिद्धम महाकविकालिदासः सर्वकविषु सर्वोत्कृष्टोस्ति । अयं हि कविशिरोमणि कविकुलगुरुः महाकवि इति नाम्ना सुप्रसिद्धः अस्ति । आगलवासिनः त भारतस्य शेक्सपीयर इति कथयते । प्राचीन काले एषः राष्ट्रकविरुच्यते एषः कपिसम्राट कदा कुत्र : चामवत् इति स्पष्ट वक्तुं न शक्यते । अर्थ महाराजस्थ विक्रमादित्यस्य नवरत्नेषु आसीत् अस्य विषये एका जनश्रुतिः सर्वत्र प्रचलिता यत्, प्रारम्भिकावस्थानां का लिदासःमुखः जउ. बुद्धिरासीत् छलेन तस्य विवाहः एकया विदुष्या राजकन्यया सह अभवत् स्वपत्नीकृत अपमानात् स गृहात् निरगच्छता ततश्च भगवत्या सरस्वत्या उपासन्या प्रसादात् विधा निष्णातो महापण्डितोऽभवत् कालिदासेन अभिज्ञानशाकुन्तलम विक्रमोर्वशीयम मालविकाग्निमित्रम् च इति त्रीणि नाटकानि रघुवंशम्, कुमारसंभवम् च इति द्वे महाकाव्ये ऋतु संघर मेघदूतम् च इति द्वे खण्डकाव्यं विराचितानि अभिज्ञानशाकुन्तलम् कवूः सर्वश्रेष्ठम् नाटकम् अस्ति यथा च कथ्यते काव्येषु नाटकं रम्यं तत्र रम्या शकुन्तला अलंकारा -णं मधुरः समन्वयः अस्य काव्येषु दृश्यते । उपमा सौष्ठवे तु कालिदासः सर्वश्रेष्ठः आई।

यथा - वागर्थाविव संपृक्तौ वागर्थप्रतिपत्तये जगतः पितरौ वन्दे पार्वती परमेश्वरौ ॥

महाकविकालिदासस्य भाषा शैली प्रसादगुणविशिष्ट सरला हृदयहारिणी वैदर्मी चास्ति। तस्य कं प्रकृतिचित्रणमपि सर्वथा मनोहारि अस्ति। तस्य काव्येषु विविधाः सूक्तयाः प्राप्यन्तेसतां हि सन्देहपदेषु वस्तुषु अन्तकरण प्रवृत्तयः अस्य कीर्तिरक्षुण्णा । अतः यशः शरीरैणास सदा सदैव अजरामरश्च वर्तते। कालिदासो गिरां सार कालिदासः सरस्वती।

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बसंत पंचमी

माघमासस्य शुक्लपक्षस्य पञ्चम्यां तिथौ ऋतुराजवसन्तस्य आगमनसूचना भवति। वसंतपंचमी श्रीपञ्चमी नाम्ना अपि ज्ञायते। अस्मिन् समये प्रकृतेः सौन्दर्यं चरमोत्कर्षम प्राप्नोति। सर्वत्र रमणीयतायाः दर्शनम् भवति। वृक्षेषु नूतनकिसलयरागः राजते। क्षेत्रेषु सर्षपपुष्पाणां सुषमा पीतिमा च मनोहारिणी दृश्यते। आम्रेषु मञ्जरीं परितः भ्रमंतः भ्रमराः दृश्यन्ते। कोकिलानां मधुरस्वरः चित्तम् आकर्षति। वसंतोत्सवे शीतकालस्य अनन्तरं परम्परया सौन्दर्यस्य पूजनं क्रियते। विविधैः पुष्पैः, नवान्नैः, फलैः च ऋतुराजस्य वसन्तस्य स्वागतं भवति। एषः उत्सवः सौन्दर्यस्य रमणीयतायाः पुष्पाणां, किसलयनां मधुरागमनस्य च उत्सवः अस्ति।

छवि

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परीक्षा

परीक्षा प्रत्येकस्य छात्रस्य प्रत्येकस्याः छात्रायाः च जीवनस्य अभिन्नः भागः अस्ति । इच्छा अस्ति वा न, परीक्षा तु लेखनीया एव ।

बहुभ्यः छात्रेभ्यः छात्राभ्यः च परीक्षा न रोचते । केचन तु परीक्षायाः बिभ्यति । नैकेभ्यः परीक्षायै करणीयः अभ्यासः न रोचते । अतः एव बहवः छात्राः अप्रसन्नमनसा परीक्षां लिखन्ति । अनेन तेषां परीक्षायां नैकाः समस्याः जायन्ते ।

सत्यम् अस्ति यत् परीक्षा छात्राणां लाभाय अस्ति । परीक्षा छात्रस्य/छात्रायाः बुद्धिं मापयति । अतः परीक्षा महत्त्वपूर्णा अस्ति ।

दशमकक्षायाः द्वादशकक्षायाश्च विविधाः परीक्षाः जीवनाय भविष्याय च महत्त्वपूर्णाः सन्ति । परं प्रत्येकपरीक्षा सम्पूर्णनिश्चयेन सङ्कल्पेन च लेखनीया ।

परीक्षाम् उत्तमेन प्रकारेण लेखितुं, प्रथमं तु अभ्यासः उत्तमः भवेत् । परिक्षासमये च अवधानं विचलितं मा भवेत् । अकापट्यं सत्यवादित्वं च परीक्षासफलतायै प्रधाने स्तः ।

अन्ते, कस्मिन् अपि कार्ये सफलता प्राप्तुं परिश्रमः कर्तव्यः । अतः परीक्षा भवेत्, वा अन्यं कार्यं वयं सर्वम् उचितम् एव कुर्याम ।

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शेषस्वनितम्

पादैर्महीरुहो धत्ते खाद्यं स्वं निम्नवर्तिभिः । तथा दुर्नीतिजं वित्तं भुङ्क्ते ना शिखरे स्थितः ॥ ९ ॥

शासी विरोधिनश्चैते यदा स्युर्नीतिरागिणः ।

अधःस्थः कर्मचारी स्यात्तदा साधुः प्रभोर्भयात् ॥ १० ॥

असहिष्णुत्वमादत्ते हिंसां प्राणिस्वभावजाम् । स्नेहोऽधिकुरुते हिंसां यदि सा स्यान्मनुष्यता ॥ ११ ॥

वपुषा वचसा वाऽपि कर्मणाऽन्यं न पीडय । अदृष्टः कोऽपि सन्तुष्टो मङ्गलं ते विधास्यति ॥ १२ ॥

आतपेन तरुस्तप्तः प्रीणाति च्छायया परम् । सज्जनः सहते दुःखं सेवते त्वन्यदुःखिनः ॥ १३ ॥

ज्ञानं सदसतोर्लोकं निवारयति कापथात् ।

तदभावे तु विद्यावानपि नार्हति सत्पदम् ॥ १४ ॥

प्रायशः कपटाचारो ददाति विभवं बहु । परन्तु कूटजं वित्तं भवे भावं विकारयेत् ॥ १५ ॥

असत्प्रवृत्तिरेधेत धनं चेदधिकं भवेत् ।

न्यायेन यद्धनं लब्धं स्थिरधीस्तुष्य तावता ॥ १६ ॥

धनैरन्नैश्च सम्मानैः किमात्मा परिपुष्यते ? ।

तानि सर्वाणि सम्भूय रुन्ध्युः किं प्रेयसि स्पृहाम्

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संस्कृत भाषाया महत्त्वम्

संस्कृतम् जगतः अतिप्राचीना समृद्धा शास्त्रीया च भाषा वर्तते । संस्कृतम् भारतस्य जगतः च भाषासु प्राचीनतमा । संस्कृता वाक्, भारती, सुरभारती, अमरभारती, अमरवाणी, सुरवाणी, गीर्वाणवाणी, गीर्वाणी, देववाणी, देवभाषा, दैवीवाक् इत्यादिभिः नामभिः एतद्भाषा प्रसिद्धा ।

भारतीयभाषासु बाहुल्येन संस्कृतशब्दाः उपयुक्ताः । संस्कृतात् एव अधिका भारतीयभाषा उद्भूताः । तावदेव भारत-युरोपीय भाषावर्गीयाः अनेकाः भाषाः संस्कृतप्रभावं संस्कृतशब्दप्राचुर्यं च प्रदर्शयन्ति ।

व्याकरणेन सुसंस्कृता भाषा जनानां संस्कारप्रदायिनी भवति । अष्टाध्यायी इति नाम्नि महर्षिपाणिनेः विरचना जगतः सर्वासां भाषाणाम् व्याकरणग्रन्थेषु अन्यतमा, वैयाकरणानां भाषाविदां भाषाविज्ञानिनां च प्रेरणास्थानं इवास्ति ।

संस्कृतवाङ्मयं विश्ववाङ्मये स्वस्य अद्वितीयं स्थानम् अलङ्करोति ।

संस्कृतस्य प्राचीनतमग्रन्थाः वेदाः सन्ति । वेद-शास्त्र-पुराण-इतिहास काव्य-नाटक-दर्शनादिभिः अनन्तवाङ्मयरूपेण विलसन्ती अस्ति एषा देववाक् । न केवलं धर्म-अर्थ-काम-मोक्षात्मकाः चतुर्विधपुरुषार्थहेतुभूताः विषयाः अस्याः साहित्यस्य शोभां वर्धयन्ति अपितु धार्मिक-नैतिक-आध्यात्मिक-लौकिक-पारलौकिकविषयैः अपि सुसम्पन्ना इयं देववाणी ।

शारदा
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परोपकार पर संस्कृत निबंध

‘अष्टादश पुराणेषु व्यासस्य वचनद्वयम्।

परोपकारः पुण्याय पापाय परपीडनम्।’

महर्षि व्यासेन इत्युक्तं यत् हे मानवाः यदि यूयं पुण्यं वाञ्छय तर्हि परोपकारं कुरुत, यदि पापं वाञ्छय तर्हि परान् पीडयत। अतः परोपकारः श्रेष्ठः पुण्यमार्गोऽस्ति।

अस्मिन् संसारे द्विविधाः मनुष्याः सन्ति-सज्जनाः दुर्जनानां तु परपीडनाय, परविनाशाय च अस्ति।

सन्तः स्वभावतः एव धर्मबुद्धयः सन्ति। समृद्धिभिः ते अनुद्धताः सन्ति। यथा वृक्षाः स्वयमातपे निष्ठिन्ति, अन्यस्य छायां कुर्वन्ति, तेषां फलानि अपि परार्थाय सन्ति तथा सज्जनानां सम्पत्तिरपि परार्थाय अस्ति।

यथा नद्यः परोपकाराय वहन्ति, गावश्च परोपकाराय दुहन्ति, सूर्यचन्द्रमसौ अपि परेभ्यः एव प्रकाशते तथा सज्जनानां जीवनमपि परोपकाराय एव अस्ति। उदारा पृथ्वी आतप, अतिवृष्टि च सहते परं परोपकाराय अन्नम् उत्पादयति, मेघाः अपि वर्षन्ति। एवं प्रकृतेः बहूनि वस्तूनि परोपकारं कुर्वन्ति। परोपकारिणः परेषां दुःखमात्मीय दुःखं मन्यमानाः तद्विनाशाय प्रयतन्ते। ते सदैव निर्धनेभ्यः धनम् वस्त्रहीनेभ्यो वस्त्रम् बुभुक्षितेभ्यः भोजनम् तथा दरिद्रेभ्यो दानं ददाति। किं बहुना सज्जनानां विभूतयः परोपकाराय भवन्ति। दुर्जनानां जीवनं केवलं स्वसुखाय वर्तते। तेषां दानमपि स्ववृद्धयर्थमस्ति, परोपकारश्च ख्यातिप्राप्तये, उच्चपदप्राप्तये अस्ति। मन्दिरेभ्यो, संस्थाभ्यः च दत्तं दानं व्यवसायवृद्धयाशया अस्ति। ते न सज्जनाः खलु। सज्जनाः परोपकार रहस्य जानन्तो निष्कामाः, उपकारिणः सन्ति। अतः सर्व मानवाः यथाशक्ति धनेन, अन्नेन, वस्त्रेण निर्धनानां, बुभुक्षितानां सहायतां कुर्वन्तु। अनेन परोपकारेण ते लोके यशः कीर्ति च लप्स्यन्ते तथा अनेन पुण्यमार्गेण परत्र सद्गतिं लप्स्यन्ते। परोपकारं विना मनुष्यस्य जीवनं सुखपूर्णं न भवति। अतः सर्वे मानवैः परोपकारः अवश्यमेव कर्तव्यः।

ऑचल झा

बी. ए. संस्कृत (विशेष)

तृतीय वर्ष

वसुधैव कुटुम्बकम्

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कः किम् कर्तुम् न शक्तः

अन्धः किमपि न द्रष्टुम् शक्तः
पंगुः क्वापि न चलितुम् शक्तः।
मूकः किमपि न वक्तुम् शक्तः
बधिरः श्रोतुम् भवत्यशक्तः॥

मूढः बोद्धुम् न भवति शक्तः
न चापि भीरुः योद्धुम् शक्तः।
शयने रोगी भावत्यशक्तः
दीनः किमपि न दातुम् शक्तः॥

वृद्धः न भारं वोढुम् शक्तः
ईर्ष्युः कमपि न सोढुम् शक्तः।
नैव धावितुम् स्थूलः शक्तः
लोभी शान्त्या स्वपितुमशक्तः॥

अलसः मूर्खः निद्रायुक्तः
कार्यम् किमपि न कर्तुम् शक्तः।
सदैव मिथ्याचरणे शक्तः
स सत्यं द्रष्टुम् शक्तः॥

अनु पांचाल
बी. ए. संस्कृत (विशेष)
द्वितीय वर्ष

वसुधैव कुटुम्बकम्

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स्त्रीशिक्षाया आवश्यकता। (स्त्रीशिक्षा)

शिक्षा मनुष्ये कर्तव्य ज्ञानमादयति शिक्षण जनाः शुभं कर्म कुर्वन्ति, अशुभं च परित्यजन्ति । शिक्षिता एक जना देशसेवां राष्ट्ररक्षां राष्ट्रसंचालन पठन पाठन विज्ञानोन्नति व कुर्वन्ति यथापुर शिक्षाका महती आवश्यकता वर्तते।

स्त्रीणां कृते शिक्षामा महती आवश्यकता एतस्मात् कारणात् वर्तते यत् ता एवं समये प्राप्त मातरो भवन्ति। यथा मातरो भवन्ति तथैव सन्ततिर्भवति। यदि मातरोऽशिक्षिताः विद्याशून्य कर्तव्यज्ञानहीनाश्च सन्ति, तर्हि पुत्राः पुत्र्यश्च तथैवाविद्याग्रस्ताः कुशलतारहिताश्च भविष्यन्ति। यदि नार्यः शिक्षिता सन्ति, तर्हि ता, स्वपुत्राणां पालनं रक्षणं शिक्षणादिकं च सम्यक्तया करिष्यन्ति एवं तासां सन्ततिः विधायुक्त हृष्ट पुष्टा सद्गुणोपेता च भविष्यति। अतएव महानिर्वाण-

कन्याऽप्येवं लालनीया, शिक्षणीया प्रयत्नतः ॥ १ ॥

विवाह संजाते कन्या गृहस्थानं प्रविशन्ति यदि पुरुषो विद्वान् स्त्री च विद्याशून्या भवति तर्हि तयोः दाम्पत्यजीवन सुखकर न भवति विद्याया अभावात् स्त्री स्वकीयं कर्तव्यं न जानाति अतएव बहवो रोगा व्याधयश्च तत्र स्थानं कुर्वन्ति । अतः स्त्रीणामपि शिक्षा पुत्राणां शिक्षावदेव आवश्यको वर्तते। स्त्रियो मातृशक्तेः प्रतीकभूता सन्ति, अवस्तासां सदा सम्मानः करणीयः। यस्मिन् देशे समाजे च स्त्रीणामादरो भवति, स देशः समाजश्चो प्रति प्राप्तः। उक्तं मनुना

'यत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवताः ॥ २ ॥

बालिकानां शिक्षा वालकैः सहैव स्यात् पृथग वा इत्येष विषयः साम्प्रतं यद् विवादास्पदमेवास्ति। स्त्रीशिक्षाया भारते प्रथमं बहुविरोधोऽभवत् । साम्प्रतं स समाप्तप्राय एक स्त्रीशिक्षायाः काश्चन हानयोऽपि दृश्यन्ते, तासां परिमार्जन कर्तव्यम्। शिक्षिताः स्वि प्रायोऽधिकं सुकुमार्यो भवन्ति। तासां चेतो गृहकर्मसम्पादनं न तथा संलग्नं भवति यथा खिलाने आमोद प्रमोदे च रमते एतास्वदयः परिमार्जनीयाः स्त्रीणां सा शिक्षाऽद्यत्वे विशेषतो लाभा विद्यते, यथा ताः गृहकर्मप्रवीणाः कुलाङ्गनाः सत्यः पतिव्रताः साध्व्यो विदुष्यो मातरश्च भवन्ति। यथा ता देशस्य समाजस्य च कल्याणसम्पादने प्रवृत्ता भवन्ति, सैव शिक्षा हितकरी वर्तते।

देशस्य समाजस्य चोयै श्रीवृद्धये च स्वशिक्षाऽत्यावश्यको वर्तते।

विधि भरद्वाज
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तृतीय वर्ष

वसुधैव कुटुम्बकम्

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सर्वेभ्यः शिक्षिकाभ्यः शिक्षकेभ्यः च समर्पितम्

किम् अस्ति तत् पदम्

यः लभते इह सम्मानम्

किम् अस्ति तत् पदम्

यः करोति देशानाम् निर्माणम्

किम् अस्ति तत् पदम्

यम् कुर्वन्ति सर्वे प्रणामम्

किम् अस्ति तत् पदम्

यस्य छायायाः प्राप्तम् ज्ञानम्

किम् अस्ति तत् पदम्

यः रचयति चरित्र जनानाम्

'गुरू' अस्ति अस्य पदस्य नाम

सर्वेषाम् गुरूणाम् मम शतं शत प्रणामः ॥

नंदिनी

बी. ए. संस्कृत (विशेष)

द्वितीय वर्ष

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राष्ट्रियैकता

विविध धर्म-भाषावलम्बिनां जनानां वासस्थानं राष्ट्रं भवति । परन्तु धर्म-भाषा-वैविध्येऽपि एकस्मिन् राष्ट्रे वसन्तः जनाः अभिन्ना एव भवन्ति । यथा एकस्मिन् गृहे वसन्तः बहवः जनाः पृथक् वस्त्राभूषणानि धारयन्ति पृथगेव चिन्तयन्ति च परं मूलतः ते एकस्यैव गृहस्यैव अङ्गानि भवन्ति, अतः अभिन्नाः एव तिष्ठन्ति ।

एवमेव वयं स्वराष्ट्रे वसन्तः पृथक् भाषा भाषिणः, पृथक् धर्मावलम्बिनः, पृथक् विचारानुयायिनः सन्तः अपि अभिन्नाः एव यतो हि भारतम् अस्माकं राष्ट्रं वयं च अस्य राष्ट्रस्य नागरिकाः । राष्ट्रं यदि सुरक्षितम् अस्ति तर्हि वयमपि निस्सन्देहं सुरक्षिताः । राष्ट्रं यदि विकसितम् तर्हि अस्माकमपि विकासः सुनिश्चितः एव ।

अतः अस्माकं सर्वेषां भारतीयानाम् इदं प्रथमं कर्तव्यम् अस्ति यद् राष्ट्रियैक्यस्य वाधकानि तत्त्वानि निवारयेम राष्ट्रियाम् एकतां च पोषयेम एतेनैव राष्ट्रस्य अस्माकं सर्वेषां व समुन्नतिः समृद्धिश्च सुनिश्चिता ।

भारत देशः एकः विशालः देशः अस्ति । अत्र विभिन्नानां धर्माणां जनाः स्नेहभावन वसन्ति । उत्तरदिशायां स्थितात् जम्मू-कश्मीरात् कन्याकुमारीपर्यन्तं भारत देशे अनेके प्रान्ताः सन्ति । तत्र विविधाः भाषाः भाषन्ते । जनाः विविधानि वेषानि धारयन्ति । प्रत्येकस्य प्रान्तस्य विशेषता अस्ति । प्रान्तेषु विविधाः उत्सवाः मन्यन्ते । यथा महाराष्ट्र प्रदेशे जनाः गणेशोत्सवं मानयन्ति तथा बिहारप्रदेशे जनैः 'छट्पूजा' मन्यते । किन्तु यदि महाराष्ट्रे कोऽपि बिहारी वसति, तदा सोऽपि गणपति उत्सवं मानयति । तथा पंजाबे वसन् मराठीजनः अपि 'वैशाखी' उत्सवं मानयति । एवं विविधतायामपि एकता' एषा भारतीय संस्कृतेः विशेषता अस्ति ।

प्रियंका गिरी
बी. ए. संस्कृत (विशेष)
द्वितीय वर्ष

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DEPARTMENT



Palak Malhotra
BA (Eng+French)
2nd Year

REPORTS

DEPARTMENT OF APPLIED PSYCHOLOGY

The Department of Applied Psychology is presently running with seven faculty members. Dr Anita Kant superannuated in the month of May 2022. The department also got its first Professors, with Dr. Vanta Sondhi and Dr. Salma Seth being promoted as Professors. Dr. Shivantika Sharad and Dr. Sunil Kumar Verma were promoted as Associate Professors.

- A talk was organized on 1st October 2022 by Dr. Tushar Singh, Banaras Hindu University on “Mindfulness based Strategies for Carrier Success”.
- This year the department launched Departmental Counseling Cell “Convo-care”, under the guidance of Dr. Arpana Beniwal. The cell has organized a number of activities from time to time.
 - “World Mental Health Day” was celebrated in the college along with students from different disciplines, where an activity on “Love and Kindness” and “Self- talk activity” were held.
 - Besides these, workshops were also held to create awareness about mental health issues and emotional well- being in the college.
 - The cell conducted a Workshop on “Over thinking” by the College Counselor Ms. Mala Vohra.
- Dr. Shivantika Sharad completed a course from Conscious Coaching Revolution LLC USA and is now a Conscious Parenting Method Certified Coach. She was invited to deliver a talk on “Mental Health in Youth” by the Chisem Foundation (mental health initiative by the Central Tibetan Administration mental health desk). She conducted a workshop on counselling skills at Ramanujan College. This year doctoral degree was awarded to her first Ph.D student Ms. Mayanglambam Omega Chanu.
- Shivantika and Dr. Sunil are currently serving as Guest Associate Editors of Frontiers in Pain Research. The faculty of the department has been actively involved in teaching, research and publications. The details are given below.

Books/Chapters/Articles published:

- Dr. Vanita Sondhi has published three international papers:

- Hameed, S & Sondhi, V (2022). Management of Celiac Disease: The Role of Significant Others. *The International Journal of Indian Psychology*, 10 (3) ISSN 2348-5396 (Online) | ISSN: 2349-3429 (Print)
- Sondhi, V (2022). Rethinking the History of Modern Psychology A Book Review of 'Psychology in Modern India: Historical, Methodological, and Future Perspectives' (Girishwar Misra, Nilanjana Sanyal and Sonali De - Eds.), *Psychological Studies*, <https://doi.org/10.1007/s12646-022-00685-4>
- Mishra, R & Sondhi, V. (2022). Conceptualizing Resilience among Adolescents who are orphaned and Living in Institutional Care in India. *Residential Treatment for Children and Youth*, DOI: 10.1080/0886571X.2022.2097153
- Dr. Salma Seth published one book and one research paper:
 - Seth,S; Chhadha,N.K. & Bhatia,H.(2022).*Qualitative Methods: A Practical Journey into Research India*. Friends Publication.
 - Seth, S. and Agarwal A. (2022) Women in search of self-expression. *International Journal of Educational and Management Studies*. 12(4), 238-244
- Dr. Shivantika Sharad has published two research papers:
 - Co-author with Sorokowski, P., Kowal, M, Sternberg, R.J. et al. (2023). Modernization, collectivism, and gender equality predict love experiences in 45 countries. *Scientific Reports*, 13(1)
 - Singh, T., Mittal, S. Sharad, S. et. al. (2022). The silver lining behind the dark cloud: Exploring the psycho-social factors impacting successful adaptation during the COVID-19 pandemic. *Journal of Pacific Rim Psychology*, 16 (04), 1-18
- Dr. Sunil Verma has published two research papers and three book chapters:
 - Bhanot, D., Verma, S.K. (2022). The development and initial validation of the multidimensional socio political empowerment (SPE) scale for Indian stigmatized group. *Current Psychology*

- Singh,T; Mittal,S; Sharad, S; Bhanot,D; Dash, S; Verma,R; Kaur,H; Marwah,U; Arya,Y.K. Verma S.K; Jaiswal, A; Bharti B.K.(2022). The silver lining behind the dark cloud: Exploring the psycho-social factors impacting successful adaptation during the COVID-19 pandemic, Journal of Pacific Rim Psychology 16, 18344909221102207
- Ghosh,D; Raj,S; Singh,T; Verma S.K; Arya, Y.K.(2022). Implementing Mindfulness Based Cognitive Therapy on Dynamics of Suicidal Behavior: Understanding the Efficacy and Challenges in Colin R. Martin; Victor R. Reedy,P; Vinood B. Patel (Ed.) Handbook of Cognitive Behavioral Therapy by Disorder. Elsevier London
- Ghosh,D; Bhattacharya, S. Raj,S; Singh,T; Verma S.K; Arya, Y.K.(2022). Application of mindfulness based cognitive therapy on suicidal behavior: A case study in Colin R. Martin; Victor R. Reedy,P; Vinood B. Patel (Ed.) Handbook of Cognitive Behavioral Therapy by Disorder. Elsevier London

**-Dr. Sunil Verma
(Teacher-in-Charge)**

DEPARTMENT OF COMMERCE

The Department of Commerce organized a series of activities during the year that gave its students an opportunity to demonstrate their potential and utilize their abilities to the fullest:

- “Teacher’s Day” celebrations were held in collaboration with IBS ICFAI Business School on 5th September 2022. It was organized on the college campus and was attended by students of all courses.
- A career counseling session was held in collaboration with ICAI Institute on 6th September 2022 for students of B.Com. II and III years.
- A knowledge-sharing program on “Career after Graduation” was organized for final-year students in collaboration with IBS ICFAI Business School on 9th September 2022.
- A lecture series on “GST” was conducted for B.Com. students from September to November 2022 by Dr. K.M. Bansal, Associate Professor, B.R. Ambedkar College, DU.
- A lecture series on “Digital Marketing” was conducted for B.Com. students from September to November 2022 by Ms. Vichandana Bothra, Visiting Faculty, Amity University, Noida.
- A knowledge-sharing program on “Work & Stress Management” was organized in collaboration with IBS ICFAI Business School on 23rd November 2023.

**-Dr. Ranjeeta Phukan
(Teacher-in-charge)**



Department of Commerce, Vivekananda College in collaboration with IED group of Institution doing a small 2 or 3 hours Best Teachers Day Message activity in front of college campus.

We will putting a banner for students, and the students will write a message for teacher community (without mention any teacher name) and the best 3 message will be given an award.

* No message don't forget to write your name, course and contact number.



Work and Stress MGT

21 November 12:21 PM 184 characters

Register For Student Knowledge Sharing Program On "Work and Stress Management",
NOVEMBER 23rd, 2022 (11:00 AM)

DEPARTMENT OF COMPUTER SCIENCE

The Department of Computer Science was established in the year 2008. Currently, the department has three faculty members- Ms. Isha Gupta, Dr. Avaneesh Anand Singh, and Dr. Renu Garg (TIC).

- The Department of Computer Science, in collaboration with INFORMATICA – the IT society, organized a “Movie Screening and Quiz Competition” as part of “Azadi Ka Amrit Mahotsav” celebrations on Independence Day. The event was held on 12th August 2022 and the theme of this event was “India First, Always First”.
- Ms. Isha Gupta completed a fifteen-day online National Refresher Course on “Back-end, Front-end Web design & Development and App development using Flutter & Big Data Analytics” which was jointly organized by the University of Delhi and Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, DU under PMMMNMTT of the Ministry of Education. It was held from 27th October to 11th November 2022. Her paper received excellent paper award by the Korea Multimedia Society during a special session held at the Spring Conference on 13th May 2022.

Books/Chapters/Articles published:

- Dr. Isha Gupta has published three international papers:
 - Gupta, I. Chatterjee and N. Gupta, “Sentiment analysis of COVID-19 Tweets” 2022 1ST INTERNATIONAL CONFERENCE ON INFORMATICS (ICI), 2022 Organized by Jaypee Institute of Information Technology, Noida, India, Pg: 229-231, 978-1-6654-3722-6(ISBN) (IEEE Conference, April 14-16, 2022)
 - Gupta, I. Chatterjee and N. Gupta, “Latent Semantic Analysis based Real-World Application of Topic Modelling: A Review Study”, 2022 Second International Conference on Artificial Intelligence and Smart Energy (ICAIS), pp. 1142-1149. (IEEE Conference, 23-25th Feb 2022).

**-Dr. Renu Garg
(Teacher-in-Charge)**



VIVEKANANDA COLLEGE

UNIVERSITY OF DELHI
(NAAC ACCREDITED 'A' GRADE)



**INFORMATICA - THE IT SOCIETY &
DEPARTMENT OF COMPUTER SCIENCE
AZADI KA AMRIT MAHOTSAV**

Presents

**MOVIE SCREENING
&
QUIZ COMPETITION**

Come participate and tickle your brain

**OFFICIATING PRINCIPAL
DR. HINA NANDRAJOG**



**SOCIETY CONVENER
DR. RENU GARG**

Date 12 August , 2022

Time 5 P.M

 [informatica_vnc](#)
 informaticclub2021@gmail.com

FOR MORE QUERY CONTACT:

*Mitushi Sharma :- 701180106
Parul Valecha:- 9717495159*

DEPARTMENT OF ECONOMICS

The Department of Economics consists of four faculty members: Mr. Gagan Pahwa, Mr. Amit Kumar, Ms. Vandana Rathore (TIC) and Ms. Vishakha Jain. The department works towards holistic development of students and following achievements could be seen in the year 2022-23:

- Students of B.A (P) have completed various internships and acquired skill sets. Following is the list of students who have completed internships. Divyanshi Tomar (B.A. (P) Third year) has completed her internship in Icourse Technologies Pvt. Ltd. Following students of B.A. (P) Second year have successfully completed internships: Prachi Mittal (NEX GEN), Vridhi Mahajan (GoodSpace) and Aashi Tyagi (TECH Miraculous).

Books/Chapters/Articles published:

Ms. Vishakha Jain has published one book chapter in a book and one research paper:

- ‘Deep Learning Technologies for the Sustainable Development Goals Issues and Solutions in the Post-COVID Era’ (2023) published by Springer Nature (Scopus Indexed).
- ‘Understanding the reasons of diarrhoea among children in India: Cross Sectional study using National Family health survey’ (2023) in Journal of Re attach Therapy and Developmental diversities (Scopus Indexed).

**Ms. Vandana Rathore
(Teacher-in-Charge)**



DEPARTMENT OF ENGLISH

The Department of English conducted the following events during the academic year 2022-23:

- As part of the week-long Independence Day celebrations of the college, CreatEng- English Literary Society of the college organized a talent showcase titled “Expressions of Freedom” for the students of B.A. (H.) English and English Elective on 16 August 2022. It was held in Sharda Hall from 10 a.m. to 11 a.m. More than 100 students and teachers attended the event.
- The Department held a panel discussion on the “Relevance of English in National Education Policy 2020: through the Lens of Higher Education” on 19 October 2022 on Google meet. It was held with an aim to encourage one to think about how English can be considered independently of its colonial birth and contribute positively to nation building.
- Prof. Anil Aneja, Head of the Department, Department of English, University of Delhi delivered the keynote address. Prof. Nandini Sahu, Professor of English, IGNOU was also a panellist. Dr. Mini M. Abraham, Assistant Professor, Department of English, Bharata Mata College, Kochi moderated the discussion. Faculty and students of English across colleges of University of Delhi attended the panel discussion.
- A group of students, headed by Mr Yumnam Rocky and Dr Vivek Gupta visited Akshara Theatre, New Delhi to attend the performance of a play titled “Not So Mahabharat” on 14 October 2022. The performance was followed by an enriching interactive session with the actors and the production team.

Books/Chapters/Articles/Translations published:

- Prof. Hina Nandrajog published following papers/translations:
 - Prof. Hina Nandrajog and Prem Kumari Srivastava, edited *Amrita Pritam: The Writer Provocateur*. Taylor & Francis, 2023.
 - Prof. Hina Nandrajog translated “Lost Paradise”, *The Silence that Speaks: Short Stories by Indian Muslim Women*. Ed. Haris Qadeer. Delhi: Oxford University Press, 2022, p.202-204. ISBN-1: 0190132612 ISBN-13: 978-0190132613 (translation of “Gwachi Jannat”, a Punjabi short story by Rubina Shabnam).

- Dr. Jyotika Elhance has published following papers/translations:
 - She translated “My Share of Happiness” [“Mere Hisse ki Chandni”]. By Tasneem Khan, The Silence that Speaks: Short Stories by Indian Muslim Women. Ed. by Haris Qadeer
 - “A Recalibration of Traditional Pedagogy through Technology during Covid-19 Times” in Dogo Rangsang Research Journal (UGC Care Approved, Group I, Peer Reviewed, Bilingual and Referred Journal) Vol. 13, Issue. 2, No. 04, February: 2023
 - “Digital Innovations and Initiatives: Mapping India's Growth Story” in Dogo Rangsang Research Journal (UGC Care Approved, Group I, Peer Reviewed, Bilingual and Referred Journal) Vol. 13, Issue. 2, No. 05, February: 2023
- Dr. Nalini Gandhi Kapoor has published following papers:
 - Her article titled “The Nature of Love and Marriage - A Study of Kalidasa's Abhijnana sakuntalam” was published in International Research Journal of Management Sociology & Humanities. An Internationally Indexed Peer Reviewed & Referred Journal of Volume - 14, Issue - 1 Jan , 2023
- Dr. Chaandreyi Mukherjee has published following papers:
 - “Aftertaste.” in The Bombay Literary Magazine. Issue 53. 14 December 2022. Web. <https://bombaylitmag.com/aftertaste/>
 - “Perumal Murugan’s “Shit” and the Interrogation of Race, Class, Caste, And Gender.” Feminism in India. 7 July 2022. Web <https://feminisminindia.com/2022/07/07/book-review-the-othering-of-smell-inperumal-murugans-shit/>

Paper Presented in National/International Seminars/Conferences/Panel Discussion:

- Prof. Hina Nandrajog presented “Divided by Script, United by Translation: Punjabi Stories on the Partition of Punjab in 1947”, ‘Punjab: Past, Present, Future’, Punjab Research Group Conference, (Oxford, UK) 29 October, 2022.
- Prof. Hina Nandrajog presented “Cultural Texts and Contexts: Diversity of the Ramayana”, The 3rd IAFOR International Conference on Arts & Humanities (IICAH2023), Hawaii, USA, 05-08 January 2023.

- Professor Hina Nandrajog participated in “Routledge: Writer in Context” session in the Litfest organised by Translation and Translation Studies Centre, Indraprastha College, University of Delhi, 9-10th February 2023.
- Dr. Jyotika Elhance presented a paper titled “Technology Today: The Saviour and The Enabler in The Times of Covid-19” organised by Guru Ram Dass College of Education, on 4th February 2023.
- Dr. Jyotika Elhance presented a paper titled “Desolation of Muted Gender Trapped in Domestic Spaces: A Study of Women’s Plight in the fiction of Tasneem Khan” in the International Conference on “Revolution in the New Millennium-Innovation, Ethics and Sustainability: A Multidisciplinary Approach” organised by Vivekananda College, University of Delhi, on 2nd and 3rd February 2023.
- Participation in FDP/Refresher Courses/Workshops/Webinars/Seminars/Conferences:
- Dr. Nalini Gandhi Kapoor completed the one week online Faculty Development Programme on “WE TOO WERE THERE: Recapitulating the Role of Women in India’s Freedom Struggle” organised by Ram Lal Anand College in collaboration with Mahatma Hansraj Faculty Development Centre (MHRFDC), Hansraj College from 8th July to 14th July 2022.
- Dr. Sophia Pde completed an online two-week interdisciplinary refresher course “Advance Research Methodology” from 22nd November to 6th December 2022 organised by Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Ministry of Education, Pandit Madan Mohan Malviya National Mission of Teachers and Teaching.
- Dr. Anchala Paliwal and Dr Chaandreyi Mukherjee attended the international conference on “English Studies in India: Centenary Perspectives” organised by the Department of English, University of Delhi as part of the centenary celebration of the university, from 28th February to 2nd March 2023.
- Dr. Chaandreyi Mukherjee chaired Technical Session 6: “Rethinking Pop Fandom Cultures for the Two-Day National Students” seminar on Mediated Displays: The Future of Text After Web 2.0 organised by Jesus and Mary College, University of Delhi on 28 October 2022.

- Mr. Yumnam Rocky participated in a UGC-Sponsored workshop on “NEP-2020- Changing Roles of Teachers” organised by Centre for Professional Development in Higher Education, Human Resource Development Centre, University of Delhi on 9th September 2022.
- Mr. Yumnam Rocky participated in a UGC-Sponsored workshop on “NEP-2020- Implementation Plan: Strategic Action Plan and Goals on the Theme, Research Innovations and Ranking” organised by Centre for Professional Development in Higher Education, Human Resource Development Centre, University of Delhi on 31st August 2022.
- Mr. Yumnam Rocky completed one week FDP on “Academic Research Writing” from 5th to 11th September organised by Teaching Learning Centre, Ramanujan College University of Delhi under the aegis of Ministry of Education Pandit Madan Mohan Malaviya National Mission of Teachers and Teaching.
- Mr Yumnam Rocky attended one day national webinar on “Information Literary Skills” organised by Vivekananda College Library”, University of Delhi, on 17th August 2022.

**- Dr. Jyotika Elhance
(Teacher-in-Charge)**

DEPARTMENT OF ENVIRONMENTAL SCIENCES

- Department of Environmental Sciences has organized a workshop on dated 10th November 2022 with the help of eco prabandhan and MCD East Delhi. Ms. Pooja Khandelwal, Eco Prabandhan has discussed and demonstrated the need and method of waste segregation and management. The College faculty, admin staff, gardener, sweeper, and students from the eco-club have participated in this workshop.
- Department of Environmental Sciences has organized an awareness session on soil conservation under “save soil movement” on 6th May 2022. Mr. Ritwick from Isha foundation has discussed the issues with the help of PPT and videos. Many students and faculty members have participated in this programme.
- Department of Environmental Sciences has also conducted an Environmental audit and Energy audit with the help of EHS alliance on dated 7th March 2023.

**-Dr. Seema Sharma
(Teacher-in charge)**



Environment Audit:



Green Audit:



Energy Audit:



DEPARTMENT OF FOOD TECHNOLOGY AND HOME SCIENCE

Student Enrichment Activities/Workshops/Webinars/Seminars:

- On 2nd August 2022, the FT & H. Sc. Department organized its first lecture series on “Genes and Blood Group: Introduction to Genetics”. The teacher coordinator for the event was Dr. Sukhneet Suri.
- On 8th August 2022, the FT & H. Sc. Department organized its second lecture series on “Mendelian Genetics: Biological Principles”. The teacher coordinator for the event was Dr. Sukhneet Suri.
- As part of Independence Day (Azadi Ka Amrit Mahotsav) celebrations, the activities organized from 13th August to 15th August 2022 under the guidance of Dr. Sukhneet Suri and Dr. Arushi Jain were : Tricolour Recipe activity and Har Ghar Tiranga activity
- On 22nd August 2022, the FT & H. Sc. Department organized its third lecture series on “Genetic Disorders”. The teacher coordinator for the event was Dr. Sukhneet Suri.
- On 26th August 2022, the FT & H. Sc. Department organized a one-day seminar on “Carbohydrate Biochemistry: A Brief Perspective”. The teacher coordinators for the event were Dr. Sukhneet Suri and Dr. Arushi Jain.
- The department organized two mentoring sessions for the students on 27th August 2022 and 20th January 2023.
- On 25th August 2022, a national webinar on the theme “Millets: The Super Crop” was organized in the light of “International Year of Millets – 2023”. Dr. Sukhneet Suri and Dr. Arushi Jain were in the organising committee.
- During Poshan Maah i.e. September 2022, the department organized a “National Level Recipe Contest: Create a Food Product using Millets”. Dr. Sukhneet Suri was the Convenor and Dr. Arushi Jain was the teacher coordinator for the event.
- On 6th September 2022, the department organized its fourth lecture series on “Biotechnology- Basic Concepts”. The teacher coordinators for the event were Dr. Sukhneet Suri and Dr. Arushi Jain.

- On 9th September 2022, a one-day seminar on “Understanding Biochemical Pathways of Carbohydrate Metabolism” was organized. Dr. Sukhneet Suri was the Convenor and Dr. Arushi Jain was the teacher coordinator for the event.
- On 10th September 2022, the department organized its fifth lecture series on “Advanced Biotechnology- Scope in Agriculture and Human Health”.
- On 12th September 2022, ‘lecture series 1 Chemistry’ on “Biomolecules: Structure and Classification” was organized.
- On 16th September 2022, the ‘lecture series 2 Chemistry’ on “Anomers and Epimers – Oxidation Reduction of Sugars” was organized. The Convenor for the event was Dr. Sukhneet Suri.
- On 20th September 2022, ‘lecture series 3 Chemistry’ on “Formation of Disaccharides and Polysaccharides; Composition of Lipids and Storage Lipids” was organized. The Convenor for the event was Dr. Sukhneet Suri.
- On 22nd September 2022, 'a lecture series 4 Chemistry' on “Amino Acids- Structure, Classification and Ninhydrin Test” was organized. The Convenor for the event was Dr. Sukhneet Suri.
- On 24th September 2022, the department organized the sixth lecture series “Cell and various organelles as it is a part of the life sciences”. The Convenor for the event was Dr. Sukhneet Suri.
- On 26th September 2022, the department organized a one-day student seminar on the “Importance of Physical Sciences in daily life”. The Convenor for the event was Dr. Sukhneet Suri.
- On 28th September 2022, the department organized a one-day student seminar on “Nucleic Acids and Polymers”. The Convenor for the event was Dr. Sukhneet Suri.
- On 11th October 2022, the department organized ‘lecture series 5 Chemistry’ on “Biodegradable polymers, the chemistry of dye structure, and application of Azodyes”. The Convenor for the event was Dr. Sukhneet Suri.
- On 14th October 2022, the department organized a Quiz Contest on “Millets for Food and Nutrition Security”. The Convenor for the event was Dr. Sukhneet Suri and the teacher coordinators were Ms. Richa Dhir and Dr. Arushi Jain.

- On 21st October 2022, the students of B.A. (Prog.) fifth semester, Food Technology, organized a bakery sale trial within the college premises. The teacher coordinators were Dr. Sukhneet Suri and Dr. Arushi Jain.
- On 6th December 2022, the Department organized a “Millet Bazaar activity”. The Patron for the event was Dr. Sukhneet Suri and the teacher coordinator was Dr. Charu Arora.
- On 23rd January 2023, the Department showcased a documentary on “Babies”. The Patron for the event was Dr. Sukhneet Suri and the teacher coordinator was Ms. Ridhi Sood.
- On 7th February 2023, the Department organized a Department Fresher’s Party for the students of first year- Batch of 2022. The teacher coordinator for the event was Dr. Arushi Jain.

Field Trips/Collaborative Activities/Extension and Outreach Activities:

- Twenty-eight students of B.Sc. (H.) Home Science and B.A. Program Food Technology Semester II participated in the “World Food Safety Day” celebrations on 7th June 2022. The program was jointly organized by the Centre for Quality and Food Safety, Guru Gobind Singh Indraprastha University, Manav Rachna International Institute of Research and Studies, IEST, CPRTTF, NITCON and EAT RIGHT (FSSAI). Dr. Sukhneet Suri and Dr. Arushi Jain facilitated the field visit.
- As part of the collaboration (MoU) of Vivekananda College with the Institute of Industrial Development (MSME), fifteen students of B.Sc. (H.) Home Science and B.A. Program Food Technology participated in the Workshop on “PradhanMantri Formalization of Food Microenterprises (PMFME)” on 5th August 2022 at Indira Gandhi National Centre of Arts.
- Fourteen students of B.Sc. (H.) Home Science participated in the National Workshop on “Qualitative Analysis of Carbohydrates” held on 8th September 2022, organized by the Department of Biochemistry, Institute of Home Economics.
- Fifteen students of B.Sc. (H.) Home Science participated in the workshop “Role of Life Sciences in Home Sciences” held on 15th September 2022, organized by the Department of Home Science, Lakshmibai College.
- Twenty-eight students of B.Sc. (H.) Home Science participated in a workshop “Role of Life Sciences in Home Sciences” held on 1st October 2022, organized by the Department of Home Science, Lakshmibai College.

- Fourteen students of B.Sc. (H.) Home Science participated in the workshop on “Quantitative analysis of carbohydrates” held on 21st October 2022, organized by the Biochemistry Department of the Institute of Home Economics.
- Seventy-four students of B.A. (P.) Food Technology and B.Sc. (H.) Home Science visited the Global Millet (Shree Anna) Conference/Exhibition on 18th March 2023 organized under the guidance of Hon’ble Prime Minister of India Narendra Modi Ji. It was held at IARI Campus. The field visit was facilitated by Dr. Suri, Dr. Jain, Dr. Sarika Tyagi and Dr. Charu Arora.

Teacher’s Achievements: Awards and Honours:

- Dr. Sukhneet Suri received “Food Safety Mentor” award at the “World Food Safety Day” celebrations held on 7th June 2022. The program was jointly organized by the Centre for Quality and Food Safety, Guru Gobind Singh Indraprastha University, Manav Rachna International Institute of Research and Studies, IEST, CPRTTF, NITCON and EAT RIGHT (FSSAI).
- Dr. Sukhneet Suri was appointed as NEP Core Committee Member by the Head, Department of Home Science, University of Delhi for: B.A. (P) Food Technology and Food and Nutrition – B. Sc. Hons and B. Sc. Pass courses.
- Dr. Sukhneet Suri was appointed as Member, Faculty of Sciences, University of Delhi w.e.f. 16th September 2022 for a period of three years.
- Dr. Sukhneet Suri was the Chairperson at the “Young India Nutrition Contest” - a National Level Competition organized by the Council for Promotion, Research, and Trade in Traditional Foods (CPRTTF) during the Poshan Maah Celebrations held in September 2022.

Books/Chapters/Articles published:

- Suri, S., Jain, A., & Lohia, M. (2022). Determination of quality of green chili sauce served by street food vendors (SFVs) in Delhi (India). Current Nutrition and Food Science, 18. 502-506.

- Singh, S., Suri, S., & Singh, R. (2022). Potential and unrealized future possibilities of browntop millet in the food sector. *Frontiers in Sustainable Food Systems*, 6:974126.doi: 10.3389/fsufs.2022.974126.
- Rohatgi S, Suri S. and Kumar P., **भारतकीस्वास्थ्य नीतियाँ औरकार्यक्रम : पिछलेसातदशक (1950-2021)**, *BhartiyaSamaj Shastra Samiksha*, Volume 2, Number 9, 2022 <https://sagebhasha.com/Journal/TOC?JournalId=1>

Participation in Workshops/FDPs/Seminars/Conferences:

- Dr. Sukhneet Suri was the Resource Person (speaker) during “World Food Safety Day” celebrations organized by the Centre for Quality and Food Safety, Guru Gobind Singh Indraprastha University and Manav Rachna International Institute of Research and Studies held on 7th June 2022.
- Dr. Sukhneet Suri participated in the NEP Implementation Pathway Services (NIPS) ALAP - Academic Leadership Alignment Programme organised by BSM, RFRF, and AICTE from 13th to 14th September 2022.
- Dr. Sukhneet Suri was the Resource Person (Speaker) for the VAC Course-Ayurveda and Nutrition Workshop 2 “Practical Pedagogy and Assignments” organized by the Coordination Committee for Value Added Courses, University of Delhi held on 10th November 2022.
- Dr. Sukhneet Suri was the speaker of “Nutrigenomics for Precision Nutrition - Scope, Ethics and Challenges” at the national conference “Futuristic Strategies for Sustainment of Troops in Different Terrain” held from 7th to 9th December 2022.
- Dr. Arushi Jain participated in a one-day national webinar on “Information Literacy Skills” organized by the Library and IQAC of Vivekananda College on 17th August 2022.
- Dr. Arushi Jain participated in a FDP on the VAC Course “Ayurveda and Nutrition” held on 20th October 2022 organized by the Value Addition Courses Committee, University of Delhi in collaboration with Mahatma Hansraj Faculty Development Centre.
- Mr. Suresh Kumar (Lab Assistant) and Mr. Praveen Kumar Kataria (Lab Attendant) successfully completed a one-week Training Programme for Laboratory and Technical Officials held from 16th January to 21st January 2023 organised by the University Science Instrumentation Centre, University of Delhi.

Student's Achievements:

- Ms. Vidhi Bindal was the co-author of the anthology “Warmth of Words” by The Wordings.
- Ms. Tannu Gupta participated in “Water Quiz 2.0” organized by Jal Shakti Abhiyaan.
- Ms. Shivani Maurya participated in “Swacch Bharat Quiz” organized by the Centre for High Technology.
- Ms. Sakshi Singh completed an online course on “Smart English Basics for Professionals” organized by Great Learning Academy.
- Ms. Aarchi Arora participated in a quiz on “PM Kalyan Garib Anna Yojana” organized by MyGov.
- Ms. Aarchi Arora: - Co-author of the anthology “Fragments Journey” by The Wordings.
- Ms. Chhaya Jha was selected as a Social Media Marketing Specialist Intern at Younity.in.
- Ms. Kahish Gupta participated in a quiz on “Swachh Bharat Mission Grameen Phase II” organized by the Department of Drinking Water and Sanitation and MyGov.
- Ms. Shivani Maurya participated in a quiz on “Lifestyle for Environment” organized by NCERT.

Department's Achievements:

- Students participated during Workshop on PradhanMantri Formalization of Food Microenterprises (PMFME) – MoU between IID and Vivekananda College
- Bakery Sale Trial Stall conducted by Students of Food Technology and Home Science.
- Tricolour recipes developed by students.
- National Webinar held on “Millets – the Super Crop”.
- Millet Bazar – an initiative to popularize the consumption of millets among youth.
- “Food Safety Mentor” award was conferred to Dr. Sukhneet Suri.
- Students participated during World Food Safety Day Celebrations held at IP University.
- Dr. Suri was a Resource Person during Panel Discussion – “World Food Safety Day” celebrations.

- Prof. Sukhneet Suri
(Teacher-in charge)



DEPARTMENT OF FRENCH

- Students of the Department of French of our college actively participated in a social project called “Josuman French Enrichment Program”. Under this project, students studying French language in various colleges of University of Delhi taught at MCD primary schools of East Delhi zone. This opportunity was offered by the Department of Germanic and Romance Studies, University of Delhi.
- Mehak Malik, Srishti Pandey, Vridhi Mahajan, Khushbu, Saloni Choudhary, Bhavya Shaw of B.A. (P.) Second year and Yashika Sharma, Pragya Yadav, Smriti Singh, Nisha Grower, Payal Pal, Vanshita Sharma, Varinder Kaur, Tashab Solanki of B. A. (P.) Third year participated in this project and taught French language as an activity subject to their Grade 5 students from July 2022 till March 2023. The objective of this curriculum was to enrich young minds from the economically weaker community sections with interest in learning new subjects, to reduce rate of drop-outs by these children from their schools and to give them new hope of being a global and responsible student.
- Ms. Kanika Kumar completed a national refresher course on “Basic IT tools, Advanced spreadsheet tools and Statistical software package with SPSS” and “Statistics with ‘R’, Financial database and analysis software” which was jointly organized by the University of Delhi and Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, DU under PMMMNMTT of the Ministry of Education. It was held from 27th October to 11th November 2022.

- Ms. Kanika Kumar
(Teacher-in-charge)



हिंदी विभाग

- हिंदी विभाग के लिए सत्र 2022- 23 विभिन्न गतिविधियों और उपलब्धियों से भरा रहा. विभाग के साथी बिना किसी अपेक्षित वेकेशन के लगातार शिक्षण संबंधी प्रक्रियाओं और चुनौतियों से जुड़े रहे, इस तथ्य के बावजूद कि लगभग तीन साल से हिंदी विभाग में दो टीचर्स की जगह रिक्त है और उनके कार्यभार को भी बाकी टीचर्स साझा कर रहे हैं. डॉ. सरोज कुमारी ने फैकल्टी रिसर्च प्रोग्राम, दिल्ली विश्वविद्यालय के तहत रिसर्च प्रोजेक्ट पूरा किया. इसके अलावा उनकी विभिन्न राष्ट्रीय, अंतरराष्ट्रीय शोध जर्नल में स्त्री कथाकारों और दलित लेखकों पर सिलसिलेवार कई शोध- आलेख और पुस्तकें प्रकाशित हुईं. 'कामकाजी महिलाओं का संघर्ष' और 'स्त्री कवि कौमुदी' उनकी संपादित पुस्तकें हैं, इस वर्ष वे दिल्ली विश्वविद्यालय में हिंदी ऑनर्स के अस्मिता मूलक विमर्श के पाठ्यक्रम निर्माण समिति की सदस्य भी रहीं. हिंदी विभाग के लिए ये बड़े गर्व की बात है कि डॉ. सरोज ने इस साल प्रोफेसर की उपाधि हासिल की.
- डॉ. योजना कालिया ने इस साल अपनी भाषिक चौहद्दी को बड़ा करते हुए उन्होंने दिल्ली विश्वविद्यालय से पंजाबी भाषाकी पढ़ाई शुरू की और उसमें अपना दखल शुरू किया. उन्होंने 'भाषा का प्रश्न और 21वीं सदी का भारत' नामक अंतरराष्ट्रीय संगोष्ठी में शोध आलेख प्रस्तुत किया. डॉ. योजना का 'आधी आबादी और आधा हिस्सा' शीर्षक शोध आलेख 'कामकाजी महिलाओं का संघर्ष' नामक पुस्तक में प्रकाशित हुआ. इसके अलावा भी उनके कई शोध आलेख विभिन्न शोध जर्नल में प्रकाशित हुए हैं. डॉ. योजना पिछले 12 वर्षों से कॉलेज की बहुभाषी दीवार पत्रिका 'कस्तूरी' का लगातार संपादन, सञ्चालन कर रही हैं और

ये यात्रा अनवरत जारी है. इस साल दिल्ली विश्वविद्यालय ने डॉ. योजना को एक पीएचडी शोधार्थी का शोध निर्देशक बनाकर सम्मानित किया है.

- डॉ. बबिता ने कम्युनिकेशन, क्रिएटिव राइटिंग एंड पर्सनालिटी डेवलपमेंट पर एफडीपी किया. इन्होंने दिल्ली विश्वविद्यालय द्वारा आयोजित क्रिएटिव राइटिंग की 7 दिवसीय कार्यशाला भी की है. इसके अलावा वे विवेकानंद जयंती के मौके पर कॉलेज में आयोजित 'निबंध और पोस्टर निर्माण प्रतियोगिता' की संयोजिका भी रहीं.

इसके अलावा हिंदी विभाग के साथियों ने कई विभिन्न विषयों पर व्याख्यान- सत्र, प्रतियोगिताएं आयोजित की.

DEPARTMENT OF HISTORY

- Dr. Yuthika Mishra and Dr. Sandhya Sharma were awarded professorship and it was big achievement for the department and college.
- The Department of History of our college organized Alka Rani Memorial Lecture every year in loving memory of Alka Rani whose untimely death came as a shock. The lecture was made a part of Delhi University Centenary Celebration this year. One-day national seminar on “Celebrating Some Great Historians of India: Personal and Professional Memories” was organized on 23rd September 2022. Eight eminent historians from Jawaharlal Nehru University, Ambedkar University, Delhi University, Jamia Millia Islamia and Aligarh Muslim University, Aligarh were invited. The prominent names were Prof. Salil Mishra, Prof. Anirudh Deshpande, Prof. Ranjeeta Datta, Prof. Partho Datta, Prof. Mohammad Sajjad, Prof. Vishwa Mohan Jha, Dr. Pankaj Kumar Jha and Dr Rohma Javed Rashid. In spite of exceptionally heavy rains when daily life was badly affected, six of the invited speakers managed to come. Around 115 students attended the whole day - long seminar as the speakers could engage the students. All the teachers of the department and from the college attended the event. The speakers covered the life and times of their teachers who had died in the recent past. It really turned to be a meaningful seminar and a real tribute to Alka Rani.
- The department organized a trip within Delhi for B.A. (H.) students on 7th February 2023. They visited Qutb Complex, Hauz Khas Village and Humayun Tomb. It was an educational trip as they learnt about the forms of architecture under Delhi Sultans. Around 120 students were escorted by five teachers of the department.
- An educational trip was planned and organized by Tulsi Chauhan without mediation of any travel agency and Sandhya Sharma, the Teacher-in- charge extended support. A group of 31 students escorted by Tulsi Chauhan, Dr. Shahnaz Begum and Dr. Sandhya Sharma left Delhi in the evening of 17th March 2023 and came back in the morning of 22nd March 2023. The students visited Sajaan Garh Fort, Kumbhal Garh Fort, Ranak Pur Jain Temple, Haldighati, and Nathdwara, the historical Srinath Ji Temple. The group visited the Eklingi Temple in Kailash Pura which had legitimized the kingship of the Guhila kings in the initial phase in the process of State Formation in Mewar. All of us enjoyed boating in Fateh Sagar Lake. Saheliyon ki Baadi and Moti Maghrib were fabulous places which the students enjoyed. The

visits to the City Palace, Jagadish Temple, Lake Pichhola and Karni Mata Temple were the destinations on the last day. We has four days and we spent enough time to at all sites we visited. The students learnt a lot about the Mewar State and the Rajput Culture. They also enjoyed a DJ Night in spite of whole day long travel. We arranged a lavish dinner at Khamma Ghani for the students. It proved to be an educational cum excursion trip.

- Dr. Swati Ranjan Choudhary presented a paper “Krishi aur Sambaddh Gatividhiyon ke Madhyam se Mahila Sashaktikaran” in two-day International Conference on “Revolution in the new Millennium - Innovation, Ethics and Sustainability: A multidisciplinary Approach” from 2nd February to 3rd February 2023 organized by Vivekananda College, University of Delhi.
- Dr. Shahnaz Begum published five papers in UGC Care listed journals.

**- Prof. Sandhya Sharma
(Teacher-in-charge)**



DEPARTMENT OF MATHEMATICS

- MATHLETICO, the Mathematics Society, Department of Mathematics of our college organized an Intra-college Quiz Competition to celebrate “Independence Day” as part of “Azadi Ka Amrit Mahotsav” celebrations on 8th August 2022 in room no-9. Approximately 30 students attended the program. 10 teams registered for the competition out of which 9 teams enthusiastically participated. The program was conducted under the guidance of Mrs. Anju Nagpal, the TIC of the department. The teacher coordinator was Mrs. Preeti Chhachhia and the student coordinator was Ms. Gungun Pandey.
- “Teacher’s Day” was celebrated by the students of the Department of Mathematics on 5th September 2022 to express their gratitude for the immense contribution put forth by their teachers towards their development.
- MATHLETICO also organized a webinar on “Preparing for Placements” for the students on 24th September 2022 at 10 a.m. In this webinar, the keynote speakers were Ms. Nidhi Nagpal, a Senior HR business partner in Amazon and Ms. Arushi Nagpal, a Senior Strategy Consultant at Deloitte. The teacher coordinator was Dr. Ritika Nagpal. A total of 86 students attended the webinar.
- On 29th September 2022, the Department of Mathematics, Vivekananda College organized a trip to Agra fort and Taj Mahal. The bus started from the college at 7 a.m. with around 50 students and four teachers including the TIC Mrs. Anju Nagpal.
- The Department of Mathematics, Vivekananda College organized an intra-college “Expository Article Writing Competition” on 9th November 2022 in Sharda Hall to commemorate the completion of 100 years of the University of Delhi. Approximately 80 students attended the program. 6 students were selected for the final presentation. The teacher coordinator was Dr. Shivani Dubey and the student coordinator was Ms. Simran Kapoor. The judges were our honorable and experienced teachers- Dr Sandhya Jain, Mrs. Preeti Chhachhia and Dr. Ritika Nagpal. The winner was Ms. Anubha Nagar, a student of B.Sc (Hons.) Mathematics Third year.

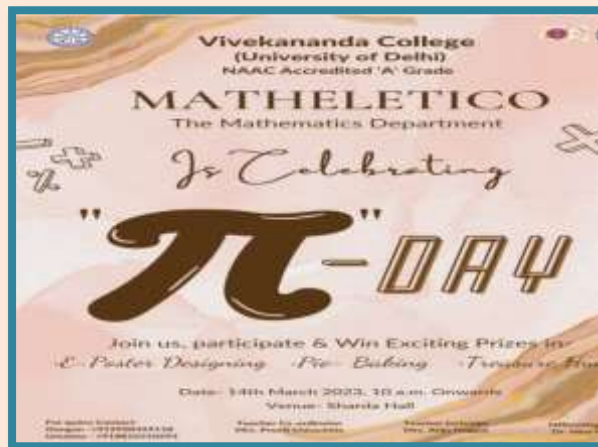
- The Department of Mathematics of Vivekananda College organized a memorable event to welcome the freshers on 18th January 2023. The teacher coordinator Dr. Ritika Nagpal and the student coordinator Ms. Gungun Pandey made all the arrangements. Ms. Kajal Aggarwal was declared “The Miss Fresher 2023”.
- To celebrate the subject of Mathematics in the gaming world, MATHLETICO, the Department of Mathematics of our college organized “Sudoku” competition in which students of different courses participated. The teacher coordinator was Mr. Arabind Kumar. The top three winners from the final round were: Ishika Jain (B.Com. Hons.) Third year won the first prize, Aashi Singal (B.Com. Hons.) First year won the second prize, Ayushi Verma (B.Com. Prog.) Second year won the third prize.
- “Pi Day Celebration” was organized by MATHLETICO on 14th March 2023 at 10 a.m. in Sharda Hall. The teacher coordinator was Ms. Preeti Chhachhia. 31 students participated in three different competitions and approximately 60 students attended the program. Three inter-college competitions were held in different categories and the winners in respective categories are as follows:
 - “E- Poster making competition”- Khushi Upadhyay, B. Sc. (Hons) Maths Second year, Vivekananda College won the first prize. Khushi Tyagi, B.A Prog, Shayma Prasad Mukherji College (SPMC) won the second prize.
 - “Pie-baking Competition”- Pushpa Kumari, B. Sc. (Hons) Maths, Second year, Vivekananda College won the first prize.
 - “Treasure Hunt Competition”- Pushpa Kumari, B. Sc. (Hons) Maths, Second year, Vivekananda College won the first prize. Sejal Kesarwani, B.Sc (Hons) Maths Secod year, Vivekananda College won the second prize. Jyoti Kashyap, B. Sc. (Hons) Third year, Vivekananda College won the third prize.

Books/articles/papers published:

- Dr. Sandhya Jain has published the following paper:
 Sandhya Jain and Pankaj Jain, Hausdorff and Dunkl–Hausdorff operators in Lebesgue spaces for monotone functions and monotone weights Positivity 27(2022)

- Dr. Ritika Nagpal has the published following paper:
Ritika Nagpal, Shibesh Kumar Jas Pacif, Abhishek Parida, Reconstructing cosmic evolution with a density parametrization Mod. Phys. Lett. A3718(2022)

- Mrs. Anju Nagpal
TIC, Dept. of Mathematics



संगीत विभाग

- गत वर्षों की भांति इस वर्ष भी संगीत विभाग द्वारा विभागाध्यक्षा डॉ. नीता माथुर एवं डॉ. दीपा वाष्ण्य के निर्देशन में विभिन्न कार्यक्रमों का आयोजन छात्राओं द्वारा किया गया। “आज़ादी के अमृत महोत्सव” में “हर करम अपना करेंगे ऐ वतन तेरे लिए” शीर्षक संगीत कार्यक्रम में सुप्रसिद्ध गायिका डॉ. नूपुर सिंह द्वारा (13 अगस्त, 2022) देश भक्ति गीतों की मनमोहक प्रस्तुति दी गई जिसमें उनके साथ साथ छात्राओं ने भी सामूहिक गायन करके इस आयोजन में चार चांद लगा दिए।
- विभाग द्वारा 'शास्त्रीय एवं उपशास्त्रीय संगीत में वर्षा ऋतु का स्वरूप' विषय पर एक ऑनलाइन वेबिनार का आयोजन (25 अगस्त, 2022) हुआ जिसके अन्तर्गत आकाशवाणी एवं दूरदर्शन कलाकार डॉ. मल्लिका बॅनर्जी ने वर्षा ऋतु से सम्बंधित रागों और गायन शैलियों की सोदाहरण प्रस्तुति दी। इस कार्यक्रम में बड़ी संख्या में छात्राओं की प्रतिभागिता रही।
- वसंत ऋतु का आह्वान करते हुए 'वसंतोत्सव' समारोह (7 फरवरी, 2023) के अन्तर्गत सरस्वती वंदना और वसंत ऋतु से जुड़ी रचनाओं की मधुर प्रस्तुति वंदना, संजना, दिया, डिंपल, दिव्या, मानसी, पल्लवी ने दी। इस अवसर पर प्राचार्या डॉ. हिना नंदराजोग, डॉ. नीता माथुर, डॉ. दीपा वाष्ण्य, डॉ. कामिनी तनेजा, अनिता बखशी एवं डॉ. नलिनी गांधी ने भी वसंतोत्सव से संबंध अपने विचार व्यक्त किए। विद्यालय की पूर्व छात्रा गीतिका मिश्रा ने कथक शास्त्रीय नृत्य की मोहक प्रस्तुति दी।
- 'शास्त्रीय संगीत में ब्रजभाषा का योगदान' विषय पर डॉ. नीता माथुर की वार्ता आकाशवाणी, दिल्ली (16 जुलाई, 2022) पर प्रसारित हुई।
- डॉ. माथुर की पुस्तक 'शास्त्रीय संगीत के सूर्य' का विमोचन इंडिया हैबीटेट सेंटर, नई दिल्ली (4 अक्टूबर 2022) में हुआ।

- संगीत के अखिल भारतीय कार्यक्रम आकाशवाणी, दिल्ली पर आपके शास्त्रीय गायन की प्रस्तुति का राष्ट्रीय प्रसारण (12 नवंबर, 2022) हुआ।
- आपने स्वामी हरिदास संगीत सम्मेलन, मुम्बई (19 अक्टूबर, 2022) अपने शास्त्रीय, गायन की प्रस्तुति दी इसके अतिरिक्त इंडिया हैबीटेट सेंटर में आपके शास्त्रीय गायन (22 नवंबर, 2022) का कार्यक्रम हुआ जिसकी सराहना श्रोताओं ने की। इसी वर्ष आकाशवाणी दिल्ली ने आपको स्वर परीक्षा बोर्ड में जूरी सदस्य के रूप में आमंत्रित किया, जो कि गौरव की बात है।
- संगीत विभाग, माता सुन्दरी कालिज द्वारा आयोजित शैक्षणिक सत्र में अतिथि वक्ता (17 फरवरी, 2023) के रूप में आपने "वसंत और होली गान" से सम्बद्ध गान परम्पराएँ विषय पर व्याख्यान प्रस्तुति दी।
- यूजीसी केयर वार्षिक पत्रिका 'स्तोम' में डॉ. नीता माथुर का लेख "वैष्णव रास परम्परा एवं भारतीय संगीत" प्रकाशित हुआ।
- डॉ. नीता माथुर एवं डॉ. दीपा वाष्ण्य ने संगीत एवं ललित कला संकाय, दिल्ली विश्वविधालय में आयोजित सेमिनार (23-24 फरवरी 2023) में भाग लिया।

- डॉ. नीता माथुर
विभागाध्यक्षा, संगीत विभाग



DEPARTMENT OF POLITICAL SCIENCE

The Department of Political Science organized many successful events this year and has tried to provide a wide range of platforms to its students so that they can learn and grow to be better versions of themselves. The department gave its best in an attempt to make the teaching-learning journey more fruitful and more joyful for the students. The department organized following activities:

- Independence Day Celebration - The department celebrated Independence Day by organizing an online inter-college Reels-making competition on the theme “The Idea of India”. It was held on 12th August 2022 from 11 a.m. onwards. 23 students from different colleges participated in this competition. The certificates were distributed to winners on 28th August 2022.
- Career counseling is one of the best practices of the Department of Political Science. The Department organized many lectures related to career counseling under the series “Pathways of Future”. This year as well the department organized a career counselling event “Legal Eagles: Careers in Law”. One of the most reputed lawyers in India, Mr. Vaibhav Chaddha (Advocate in High Court) delivered the lecture on 12th September 2022 at noon in the Sharda Hall.
- The department had also organized a counseling session on mental health “Mending Relationships”. The renowned Neurologist, Dr. Siddharth (IHBAS) conducted this session on 15th September 2022 at 11 a.m. in the Sharda Hall.
- The department celebrated its annual event –“अपराजिता2022” on 30th November 2022 at 11 a.m. in the Sharda Hall. The department organized an inter-college speech competition on the topic- “Role of Constitution: an instrument of women empowerment”. 38 participants from various universities and colleges participated in this event.
- The department also celebrated “National Voters Day” on 25th January 2023. It was organized in room no. 9 of the college at 11 am. The Department organized a quiz competition as part of the celebration. 68 students from various colleges of Delhi University participated in this competition.

- The department organized a Public Lecture by Prof. Prerna Malhotra (Department of English, University of Delhi). The topic of the lecture was “बातभारतकीनारीकी”. This event took place on 1st February 2023 at 11:00 a.m. in Sharda Hall.
- An educational trip to Lohagarh farm was organized by the department on 28th February 2023. The college provided the Department with a bus facility. 48 students along with 5 teachers were there. The main objective behind this trip was to understand the cultural diversity of India. Students were very happy with the experience.
- The Ddepartment celebrated “अपराजिता2023” on 4th March 2023. The department organized an open-ended debate and discussion on the theme- “Daughters of India”. Students from various departments participated in this event. The event was covered and telecasted by Sansad TV (https://youtu.be/_pKyc51Wq_Q) on International Women's Day (8th March).

**- Dr. Muskan
(Teacher-in-charge)**





संस्कृत विभाग वार्षिक रिपोर्ट

- डॉ. दिलीप कुमार जायसवाल द्वारा NCERT, दिल्ली द्वारा “एक भारत श्रेष्ठ भारत” योजना के अंतर्गत 11जुलाई से 15 जुलाई 2022 के मध्य संस्कृत भाषा शिक्षण सामग्री निर्माण की कार्यशाला में भाग लिया गया।
- संस्कृत(आनर्स) तृतीय वर्ष की छात्रा मानसी सिंह ने 5 सितम्बर, 2022 को देशबन्धु कॉलेज द्वारा आयोजित श्लोक-गायन प्रतियोगिता में तृतीय स्थान प्राप्त किया।
- संस्कृत विभाग ने संस्कृत भारती के संयुक्त तत्वाधान में दस-दिवसीय संस्कृत संभाषण शिविर का आयोजन 20 सितम्बर से 30 सितम्बर, 2022 तक विभागाध्यक्षा डॉ. धनपति देवी कश्यप के कुशल नेतृत्व में किया , इस संभाषण शिविर में 45 छात्राओं ने भाग लिया।
- विवेकानंद महाविद्यालय एवं शिक्षा संस्कृति उत्थान न्यास के संयुक्त तत्वाधान में “पंचकोश की अवधारणा :चरित्र निर्माण एवं व्यक्तित्व का समग्र विकास” पर एक दिवसीय कार्यशाला का 11 फरवरी,2023 का आयोजन किया गया। इस कार्यशाला का सफल निर्देशन महाविद्यालय की प्राचार्या डॉ हिना नंदराजोग के द्वारा किया गया। मुख्य अतिथि के रूप में उपस्थित राष्ट्रीय संयोजक श्री संजय स्वामी ने तथा विषय संयोजक डॉ इन्द्रजीत सिंह ने छात्रों का सुन्दर पथप्रदर्शन किया। साथ ही साथ कार्यशाला को सुव्यवस्थित गति प्रदान करने के उद्देश्य से तथा लाभदायक बनाने को आधार बनाकर कार्यक्रम की संयोजिका डॉ कामिनी तनेजा के द्वारा बहुविध प्रशंसनीय प्रयास किए गए। समापन समारोह में संस्कृत विभागाध्यक्षा डॉ. धनपति देवी कश्यप के कर्णप्रिय भजन प्रस्तुत किया और अपने बहुमूल्य विचार रखें।



VIVEKANANDA COLLEGE LIBRARY

The Libraries are an essential part of the institution which plays a crucial role in shaping the society. As gateways to knowledge and culture, libraries play a fundamental role in educating society. Despite digital resources, the libraries themselves are still relevant, within the college as well as outside (Public library for the society). In colleges these are the central hub: quiet, peaceful spaces helping in studies and to conduct research. They are sanctuaries for people for varied purposes – authors doing research, to parents fostering a love of reading in young children. Libraries are still relevant as these:-

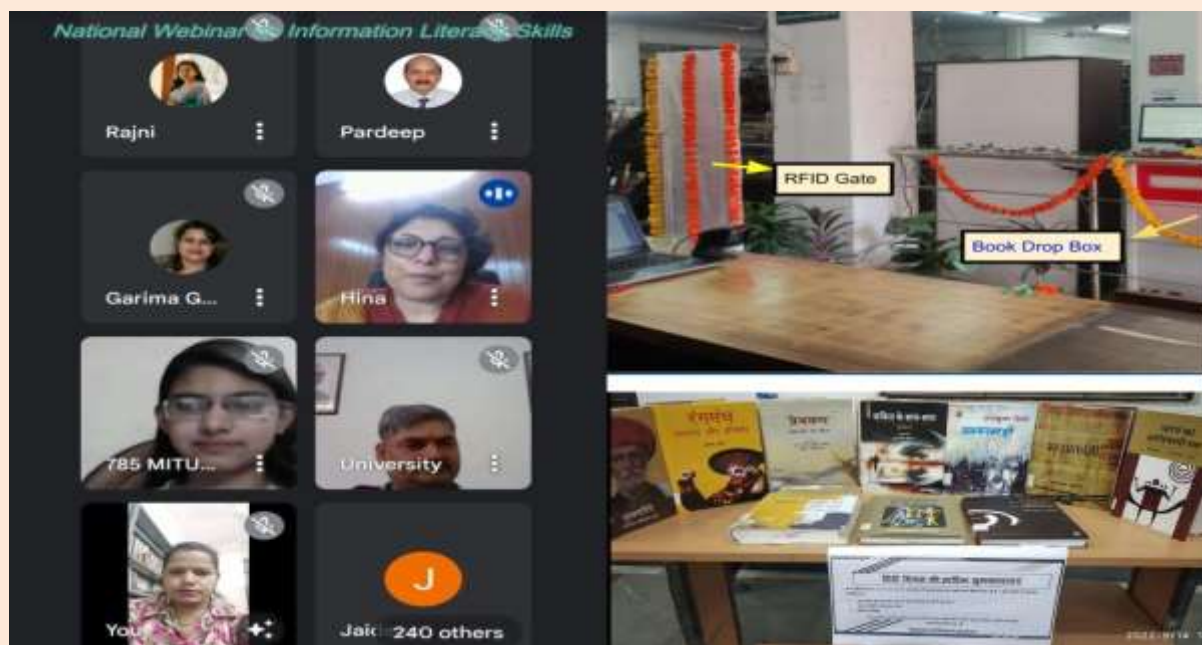
- Promote Education by providing print and digital resources to support learning and research.
- Preserve Culture and History by guarding the cultural heritage of society. They provide access to historical, literary, artistic and scientific materials that help people understand the past and the present.
- Provide free access to the information and resources, regardless of people's backgrounds, income levels or social status. They help to promote equity by reducing the digital divide and ensuring equal access to the knowledge for all people.
- Promote lifelong learning as these offer spaces to attend workshops, participate in group discussions and engage in other learning activities to enrich the lives of the people.
- Provide spaces to foster community building, for people to come together to learn, socialize and participate in cultural events.

Overall the library is an important institution playing a vital role in the intellectual, social and cultural development of people at all stages of life. The College library caters to the academic community of the college. It stimulates the students to obtain, evaluate and recognize knowledge and to familiarize themselves with the trends of knowledge for further education.

Our college library also tries to remain as relevant to them as a public library to society. It is a well-equipped and well-managed library. It is a mirror that reflects the culture and activity of this institute and measures up the standards of the college. It is providing various online information

services to their patrons. All the patrons are bulk registered for the e-resources, e-books, e-databases and e-articles (NList for undergraduate, postgraduate students & faculty) and remote access to DU e-resources (for faculty and postgraduate students only). The new entrants to the college are given membership of the library to access library print collection. Other than interactive college website many other web 2.0 tools are to facilitate innovative information services.

Library has reopened all its services after a long gap (Covid and repair work in the library). The repair work is still in process but we strive to facilitate as many services as possible. Reading hall on two floors is accessible to students and also the books on three stack areas. College students from NSS, hindi department and computer science were a big help in reorganizing the library. They contribute their valuable time in resetting the library. Library celebrated Hindi Diwas on 14.09.2022 by exhibiting hindi books to promote hindi language. In honor of Goddess saraswati 'Basant Panchmi' was also celebrated by the Library.



The library continued all the previous services. The major achievement of the library this year is implementation of RFID. It is a technology which helps in the security of the library collection as well as in stock verification. Radio Frequency Identification (RFID) technology removes the chances of stealing books from the library. Library checks-out books through biometrics along with RFID, which led to elimination of the redundant process of readers' tickets. RFID also helps in stock verification and in rectification of mis-shelved books. All the library books have been

tagged and newly acquired books are tagged simultaneously during their technical processing. A book drop (Self check-in) facility has also been installed in the library to lessen the time taken in returning the books.

A one day national webinar, titled “Information literacy and skills’ was organized by the Library under the aegis of Internal Quality Assurance Cell (IQAC) and in collaboration with “Indian Library Association’ (ILA) to celebrate ‘Azadi Ka Amrut Mahotsav’ and Centenary Year of University of Delhi” on 17th August 2022 virtually via Google meet. More than 350 participants attended the webinar. The chief guest of the event was Dr. Rajesh Singh, University Librarian (DULS), Dr. Pardeep Rai (Sr.Vice President ILA and librarian Maitreyi College) was Guest of Honor.

Library started a new information service “e-Vartalaap”. Here library staff is available online every Friday 10.45am to 11.45am to answer the queries of the users through Google meet.

Professionally, the librarian Dr. (Ms.) Rajni Jindal attended six seminars/workshops, organized one national level webinar, published five papers, one book chapter and four units for school of open learning (SOL) library science courses. She was also the Resource person for the in-service training program for School Librarians organized by SCERT. Mr. C P Singh and Mr. Sudhir Gidh have been promoted as Library Assistant.

“But I loved the library simply because it was a library. I love libraries. I like reading, but I love libraries. Being surrounded by books makes me feel safe, the way some people need trees or mountains around them to feel secure. Not me – nature’s not what I cling to. I cling to books.” –

Emily Wing Smith

**-Dr. Rajni Jindal
(Librarian)**

COMMITTEE



REPORTS

Simardeep Kaur
BA English Honours
2nd Year

ACADEMIC DEVELOPMENT & CAREER ORIENTATION COURSES COMMITTEE

- ADCC Committee conducted a meeting to decide on courses to be run in college.
- A lecture was organised by the committee on “Rashtriya Shiksha Neeti -2020 ke Sandarbh me Subhash Chandra Bose ki Pransan gikta” in association with Bharatiya Shikshan Mandal, Delhi Prant. on 29th August 2022 from 11 a.m. to 12:30 p.m. on the auspicious occasion of the Research Paper Writing Competition “Subhash-Swaraj-Sarkar”. The lecture commenced with welcome of guests by Dr. Saroj Kumari, the Convenor of ADCC Committee.
- A meeting of the ADCC Committee was held on 21st Sep 2022 in virtual mode. The following members were present: Dr.SarojKumari(Convenor), Mrs. Laxmi(Member), Dr.Vivek Gupta(Member), Ms. Kanika Kumar(Co-ordinator, Part-time German Course). The following decisions were taken regarding German Language courses-
 - For a Certificate Course in German Language, we require a minimum 25 students to run the course.
 - Students of our regular courses of our college will pay fee of Rs 10,000 and students of SOL , IGNOU and non- collegiate will pay fee of Rs. 13,000
 - In case of cancellation of admission to the course, a student can do so up to 10 days from the Date of commencement of the course after deducting an amount of Rs. 500 as cancellation charges.



**Dr. Saroj Kumari
(Convenor)**

ALUMNI COMMITTEE

The Alumni Committee along with other committees of the college constantly collects the data of college alumnus and acts as an interface for interaction between alumni and current students by organizing Alumni-Meet every year. The Alumni Committee of Vivekananda College, University of Delhi, organized Alumnae Meet - 2022 on 5th November 2022.

The entire college campus façades were decorated with colors of hospitality & enthusiasm by Student Volunteers. The event witnessed a great warmth from the auspicious presence of more than 400 guests & hosts.

The event was inaugurated with lamp lighting by Chief Guest Dr. Subhash Dhingra and Officiating Principal Dr. Hina Nandrajog along with committee members, followed by a melodious Welcome Song presented by students of Classical Music Society of College “Dhwani”. The Alumni from diverse fields enriched the occasion with their valuable life experiences elaborating on their success stories. An energetic Folk-Dance performance by students of Folk Dance Society of the college enthralled the entire atmosphere.

The vote of thanks was delivered by committee member Dr. Babita Kumari. The event culminated with a note of jubilant, nostalgic & longing vibes. The lunch organized by the committee was enjoyed by all. We extend our gratitude & thanks to our college, its alumnae committee members & student volunteers for organizing such a fabulous and successful meet.

The event was covered by the students of The Photography Society of college, “Click ‘o’ Mania”.

The Alumni committee members are Dr. Saroj Kumari (Convenor), Dr. Babita Kumari , Dr. Smriti Suman , Dr. Ritika Nagpal, student co-ordinator is Ms. Umaima and student volunteers are Tarana, Riya, Pooja Rai, Ekta Sharma, Ritika, Atika, Nisha, Ilamnaz, Bhawna, Hansika.

Dr. Saroj Kumari
(Convenor)



AMBEDKAR AND SOCIAL JUSTICE COMMITTEE

Ambedkar and the Social Justice Committee of Vivekananda College organised a lecture via online mode on 5th December 2022. The topic was “Aazadi ka Amrit Mahotsav and women empowerment”. Dr.Chayanika Uniyal and Professor Sanjeev Chandan joined the event as speakers.

Dr. Hina Nandrajog (Off. Principal), other esteemed professors and many students were present in the event. The event ended successfully with vote of thanks by Dr.Saroj Kumari and Mrs. Poonam Gupta (Convener).

On the occasion of International Women’s Day, Ambedkar and the Social Justice Committee of Vivekananda College successfully organised the International Kavi Sammelan on 28th February 2023. The poets who recited were from inter-state and international universities.

Professor Suraj Bharjatya from Japan and Anuradha Os from Bazpur were the highlight of the event. Many other famous and talented poets and poetess recited during the event. Dr. Hina Nandrajog (Off. Principal) appreciated the event and we hope to have many more events like this in future. The event ended with a vote of thanks by Dr.Saroj Kumari and Mrs. Poonam Gupta.

Mrs. Poonam Gupta
(Convener)



ARCHIVES COMMITTEE

Swami Vivekananda: “Arise, Awake and Stop not till the Goal is Reached”

Vivekananda College was established in 1970 with grants from the UGC and Delhi Administration. The objective was to make higher education available to young women from the trans-Yamuna area.

The journey of the college began from a school building in Gandhi Nagar with a group of 300 students and 25 teachers. Today, it has more than 2000 students and more than 100 teachers. Some of the undergraduate courses of study offered to the first batch of students were B.A. (Honors) in Hindi, Sanskrit and History. These were also offered as subjects in B.A. (Pass) along with English, Economics, Mathematics and Political Science.

As the number of students and faculty burgeoned, the college shifted to its new campus in the early 1976 at Vivek Vihar, Delhi. The foundation stone for the college building in its new campus was laid by Prof. S. Nurul Hasan on 26th October 1976. The building was dedicated by Swami Ranganatha Nanda of the Ramakrishna Mission in 1979. The founder Principal, Dr. Raj Wadhwa and the first Chairperson of the governing body of the college, Mr. Katariya, struck a trailblazing path and left a rich legacy that subsequent heads of institutions built on.

Once the college shifted to its new location in the early 1980s, the number of courses was further augmented. Apart from offering programs in Discipline courses, Language courses, Foundation courses, inter-disciplinary courses, the college offers three UGC approved add-on certificate/diploma courses namely ‘Hindi Patrakarita’, ‘Translation’, and ‘Proficiency in Spoken English’.





CANTEEN COMMITTEE

The college has a large canteen to meet the day to day requirements of students as well as college staff. The canteen is very clean, has aesthetic ambiance and nice furniture. The canteen is being properly managed through a contractor to meet the catering services.

Practically zero waste is being generated in the canteen. College also has a plant to convert bio-degradable waste into manure.

**Dr. Meenakshi
(Convenor)**

COUNSELING CELL

This year the main goals of the Counseling Cell the college was to create awareness about mental health, to accept oneself, to work on different mental health issues, give one to one counseling sessions, to provide a comfortable space for students to talk freely. Various experiential activities were conducted with the guidance of Dr. Salma Seth, Convenor, and Ms. Mala Vohra Khanna, Clinical Psychologist along with the Student Coordinator, Yashika. Even the events like 'World Mental Health Day' was celebrated in the college along with students from different disciplines where an activity on "Love and Kindness" was organized for the students which involved picking up a dare from a bowl of chits and they had to carry it out there only. For example, one student had the dare to call her loved one and say "I love you". Another student picked up a dare to buy a coffee/tea for anyone present there. Another task was to write a positive message/quote for the other students as their well-wishers.

"Self-talk activity" was conducted where students were shown mirrors and then asked to write under the sections "I am...", "I am grateful for..." and "My biggest fear...". This was done to make these students know better about themselves. Another activity was "Self- love/care" where students were asked to write down how they dealt with the physical, emotional, spiritual and social domains of self-care. This was done to make the students aware about the new ways to deal with such common pressures. Besides these activities, workshops were also held to create awareness about mental health issues and emotional well-being. Workshop on "Over thinking: How to Handle It" where our resource person Ms. Mala started by explaining the term 'over thinking' as well as its detrimental effects and how to cope with it. After conducting a short activity she suggested some effective solutions to overcome over-thinking. Another workshop conducted was on the topic, "Trauma" where Ms. Mala Vohra Khanna first gave an introduction of the topic and then proceeded with the physical, emotional and psychological responses. She then, also, explained the reasons behind this and its effects.

Future plans are made to promote physical, emotional and psychological well-being of students where topics such as stress, grief, nutritional health and other mental health issues would be taken up in workshops and activities.

**Dr. Salma Seth
(Convenor)**



FEE CONCESSION AND STUDENT AID FUND

The main objective of the Committee is to recommend concession in fee and fee waiver to the students who belong to economically weaker sections and also to students who have met with any causality making it difficult for them to continue their studies due to financial constraints. The students fill fee concession forms, which are scrutinized by this committee to filter the deserving students. This committee also makes a decision regarding the Scholarship given to meritorious students.

- The committee has approved full fee waiver of 22 students who belong to economically weaker sections of society based on their incapability to pay the fees from the “Student Aid Fund” of the College.
- The decision regarding fee concession and student aid fund is under process.

Dr. Pawan Gupta
(Convenor)

GANDHI STUDY CIRCLE COMMITTEE

Gandhi Study Circle of the college under the convenorship of Ms. Anita Bakshi from Department of Mathematics and with the support of the committee members namely, Dr. Deepa Varshney, Department of Music, Dr. Dilip Kumar Jaiswal, Department of Sanskrit, Mr. Amit Kumar, Department of English along with student coordinators of the committee organized the following set of events and programmes in the academic year 2022-23:

- “Essay Writing Competition” on the theme: Gandhi and his Global Relevance, held on 2nd September 2022 in the college premises.
- Participation in “Sadbhavana Sammelan” organized by Harijan Sevak Sangh at Gandhi Ashram, Kingsway Camp, New Delhi, on 24th September 2022.
- “Educational Trip to Gandhi Smriti and Darshan Samiti”, Tees January Marg, New Delhi on 14th October 2022.
- Part of “2-Day National Student’s Seminar” on “Decolonizing the Self: Issues and Perspectives held on 4th November 2022”.
- “Poster-Making Competition” on the theme: Mahatma Gandhi’s Contribution to Indian Freedom Struggle, held on 15th February 2023 in the college premises.

On 2nd September, 2022, Gandhi Study Circle organized an intra-college an Essay-Writing Competition on the theme “Gandhi and his Global Relevance (Gandhi AurUnkiVaishvikPrasangikta)”. 19 students registered for the competition out of which 8 had participated. The event was held in room no. G-3 of the New Building Section of the college at 10 am in the presence of the committee members. The topic for the competition was given on the spot. The participants were allowed to write either in Hindi or English. The time limit for the competition was 45 minutes. The result for the same was declared the following day in the presence of the officiating Principal, Dr.Hina Nandrajog. Ms. Kanika Singh, a student of B.Sc. (H) Mathematics, 3rd Year, bagged the first position, Ms. Aliya Shahjahan from BA Programme, 3rd Year was declared second and Ms. Anjali from BA Hons. Hindi, 3rd Year, got the third position, respectively. All the three winners were given cash prizes and certificates from the head of the institution.

In the month of September 2022, teachers and students from Gandhi Study Circle along with one non-teaching staff member from the college participated in “Sadbhavana Sammelan”

organized by Harijan Sevak Sangh to commemorate the 90th anniversary of the founding of Harijan Sevak Sangh by Mahatma Gandhi in 1932 at Gandhi Ashram, Kingsway Camp, New Delhi. Hon'ble Vice President of India, H. E. Shri Jagdeep Dhankar was the chief guest at the event alongside Prof .Dr. Shankar Kumar Sanyal, President, Harijan Sevak Sangh. Eight students from the college, two faculty members, namely Dr. Dilip Kumar Jaiswal and Mr. Amit Kumar, and one non-teaching staff member, Mr. Udayveer Singh, were present at the programme.

In the month of October 2022, Gandhi Study Circle organized an “Educational trip to Gandhi Smriti and Darshan Samiti”, Tees January Marg, New Delhi comprising 51 college students and the committee members. Gandhi Smriti, formerly known as Birla House, is a museum dedicated to Mahatma Gandhi where he spent the last 144 days of his life before his assassination on 30th January, 1948 at the same location. The bus carrying the enthusiasts reached the venue at 12 noon where they were greeted and divided into two groups of 25 students each by the two tour guides. The students were first taken to the Martyr's Column, the spot where Mahatma Gandhi was shot dead. Then the students were taken to the prayer area where Gandhiji would offer his daily prayers. The area and its walls were painted with stories from Mahatma's life which appeared like a motion picture on Gandhi's life. The students were then directed to the multimedia section of the museum which was prepared and designed from the funds of the Indian Government in 2005. The audio-visual technologies used to portray Gandhi's life and his teachings left an indelible mark on the psyche of the students. Later, the students were headed towards the library which showcased the books of authors Gandhiji would read and his personal belongings. The trip was very successful in many respects as the students took away many lessons home from Gandhi's life and struggles and were left in awe of this great soul who ever walked on this earth. Students were also provided refreshment on the way.

Gandhi Study Circle was also part of organizing a two-day National Students Seminar on “Decolonizing the Self: Issues and Perspectives” which was organized by the Vivekananda College under the aegis of DU Centenary Celebrations. On the second day (4th November 2022) of the seminar, Professor Salil Misra delivered a keynote address on “Gandhi's Hind Swaraj: A Framework of Decolonization”. The session was chaired by Dr.Dilip Kumar Jaiswal. Professor Misra argued how Gandhi's Hind Swaraj was a tool to counter British imperial policies in India and elsewhere, and an attempt to create an indigenous resistance framework

on native lines to mobilize the masses. After the tea-break, the participants presented their papers and the session ended with a vote of thanks to the keynote speaker.

On 15th Februar 2023, a “*Poster-making Competition*” was organized by Gandhi Study Circle in the foyer area of the Big Auditorium. The theme for the said event was Mahatma Gandhi’s Contribution to Indian Freedom Struggle (Mahatma Gandhi ka Swadhinta Andolan me Yogdan). The judge for the event was Mr. Amit Kumar, Assistant Professor, Department of Economics, Vivekananda College. There were twelve registered entries out of which eight students took part in the competition. The participants were read out instructions before the event and were given the topic on the spot. The competition started at 11:00 am and lasted till 12:00 pm. After the submission of entries, Mr. Amit Kumar (Eco) judged the three winners who were namely, Ms. Aayushi Rajwar, first, from BA Hons. English, 3rd Year; Ms. Ayushi Verma, second, from B. Com Prog.2nd Year, and Ms. Aditi Bajpai, third, from B. Sc. (H). Mathematics 2nd Year, respectively. The following day, the winners were awarded certificates and cash prizes each in the office of the Principal with the committee members present and were encouraged to take part in more such activities organized by the college in future. Also, the student coordinators for the said event—Ms. Ekta Sharma from Department of Political Science and Ms. Umaima from Department of Mathematics—were handed out certificates for coordinating the event.

In addition, the committee held regular meetings to discuss and plan out activities for the students.

Ms. Anita Bakshi
(Convenor)





GARDEN COMMITTEE

Our college has been privileged for having a sprawling 5506.27 sq. meters of open landscape as Gardens. These gardens are an integral part of our college systems. In addition to strategic plantation of trees and plants, colourful birds, butterflies, bees are the jewels of our gardens. Approximately 400 trees and plants belonging to 40 species can be seen in College gardens. To be specific, College has tried to create addendums to our gardens, not only with the object of beautification but also value additions in true sense of environmentally concerned organizations. Some of the highlights are:

- **Herbal Gardens**

Mother nature's blessings in the form of some medicinal plants are maintained in our herbal gardens. Snake plants, Cardamom, Indian Winter Cherry, Aloe Vera, Cyperus Rotundas, Asparagus are some of them.

- **Compost Pit**

The garden wastes are converted into compost, and used in the gardens. The College has a compost pit which turns these wastes into nourishments over a period of time. Additionally, a modern composting machine for turning waste into compost is also operational.

- **Green House**

For proper upkeep of indoor plants, the College has also got a Green House of approximate 400 square feet. It shelters varieties of Crotons, Dry cyenia plants.

- **Nursery**

The latest addition to our College is the Nursery. It has flower beds and planters like Roses, Hibiscus, Ficus Panda ready to be planted at different locations.

- **Garden Tool Room**

Regular maintenance of the gardens requires various tools and equipment, their storage, repairs, replacements are done as per need. A proper room is provided to their storage and all norms of DoPT are adhered for repairs, maintenance and new purchases of tools and equipment. Recently all pipelines of the Gardens were replaced.

Composition of Committee

The garden related work is handled by a Committee of teachers comprising of Dr.Shubhashri Bose (Convenor), Dr. Amit (Hindi), Dr.Omvir Singh and Dr.Uday Singh Meena. Support from the College office for garden related administrative functions are efficiently handled by Mr.

Naresh and Mr. Shravan. The College gardeners are; on Permanent rolls - Mr. Ram Charit, (Near to Sports Ground), Mr. Praduman, Mr. MangalDass and Outsourced – Mr. Dharampal, Mr. Lallan. A team of student volunteers are Ms. Ekta Sharma, Ms Sakshi, Ms. Priya, Ms. Shreya, Ms. Monika and Ms. Yennie.

Student Related Activities

For imbibing and inculcating a feeling connecting to nature, the committee organised a PPT competition on “Bio-Diversity In India” in March 2022, speech competition in September 2022 in addition to the annual Vriksharopan – during monsoons with the saplings provided to us by the Garden Committee of the University, plantations of flowering plants are done in November. A Garden Décor Making Competition was also held in February.

Awards

Our College gardens were honoured with a certificate and trophy as the best institutional gardens by Indraprastha Horticulture Society at Annual Indraprastha Flower Show 2023.



**Dr. Shubhaashri Bose
(Convenor)**

INTERNAL COMPLAINTS COMMITTEE (ICC)

The Internal Complaints Committee against Sexual Harassment of Vivekananda College, NAAC “A” Accredited, University of Delhi organised a workshop on Gender Sensitisation and Responsible Behaviour at Workplace entitled “Sexual Harassment Awareness Training: Empowering Women” in its effort to generate awareness amongst women students about identifying and reporting incidents of sexual misconduct and empowering them through corrective information. The ICC invited Dr. Chandrika Gulati, Convenor/Presiding Officer of ICC and Associate Professor at Deshbandhu College and Dr.Surabhi Gulati, Teacher Coordinator, ICC and Associate Professor at Deshbandhu College as resource persons to conduct the workshop for students and staff (Teaching and Non-Teaching) of Vivekananda College on 31st January 2023, Tuesday at 10:30 a.m. Deshbandhu College also brought 9 student coordinators: Tanisha, Nikhil, Yuvraj, Mohd. Ayaan, Biswajit, Parnavi, Sneha, Swati and Saumya Singh. The Teacher Coordinators for the event were Mrs. Vinay Trehan (Convenor), Dr.Muskaan and Mr. Arunabha Bose. The student coordinator was Ms. Aateka Javed. The workshop was attended by 132 students.

Mrs. Vinay Trehan
(Convenor)



INTERNAL QUALITY ASSURANCE CELL (IQAC)

- On the Occasion of the Centenary Celebrations of University of Delhi and “AzadikaAmritMahotsav”, Vivekananda College library under the aegis of IQAC and in collaboration with “Indian Library Association” (ILA) organized an Online One-day National Seminar on “Information Literacy Skills” on 17th August 2022. The Chief Guest was Dr. Rajesh Singh (University Librarian, University of Delhi) and Guest of Honor was Dr.Pardeep Rai (Sr. Vice President (ILA) & Librarian (Prof.) Maitreyi College, University of Delhi). The event began with the address and welcome note of Dr.Rajni Jindal(College Librarian). There were three sessions on the following themes: Information Literacy & Search Strategies; Open Access Scholarly Resources & Basic Plagiarism Ethics and Government initiatives for e-resources and their Access.
- Online lecture on “Use of Official Language Hindi: Challenges and Solutions”: On 15th September 2022, an online lecture was organized by IQAC on the topic “Use of Official Language Hindi: Challenges and Solutions”. The program was coordinated by Dr.Meena Pandey (Assistant Professor, Department of Hindi) and Ms. Sheena Lama (Assistant Professor, Department of English). It was organized to promote the implementation of the official language Hindi, discuss the problems we face regarding its use and the possible solutions for the same. Prof. Kumud Sharma (Professor, Department of Hindi, University of Delhi and Officiating Director, Hindi Medium Implementation, University of Delhi) was invited as the speaker to grace the event.
- INFORMATICA – The IT society in collaboration with IQAC of the college organized a speaker session on the occasion of National Unity Day (31st September 2022). Theme for which was “Career Opportunities in Information Technology”.
- A Workshop on “Orientation to Placement” was organized on 8th November 2022 by the Internal Quality Assurance Cell (IQAC) of Vivekananda College in collaboration with Catch A Cloud and HuntOver4U to orient students about placements. The speaker of the session was Ms. Anju Sharma, Founder-



Huntover4u. The session was very interactive and emphasis was made to make students aware about various placement opportunities available for graduate students. A detailed discussion was done by the speaker with students about their doubts, interests in various fields and their future plans. 36 students attended this workshop. The session was ended with vote of thanks by IQAC Convenor-Dr.Vanita Sondhi. The event was coordinated by Dr.Shafaq Zareen.



- College of Business, University of Buraimi, Oman in collaboration with Internal Quality Assurance Cell, Vivekananda College, organized an International Workshop on "Qualitative Research, NVIVO and Publishing in High indexed Journals" on 24th – 26th November, 2022. During this workshop different aspects of qualitative research and publication in high indexed journals were discussed. A total of 270 participants from 14 countries participated in this workshop. The resource person's team was spearheaded by Dr.Sumit Narula. Dr.Sumit is the Editor in Chief, Journal of Content, Community and Communication, a Scopus indexed journal. He is also Brand Ambassador for Asia Pacific of Emerald Publishing. In the three days of the workshop series different aspects of qualitative research along with the prominent software like N-Vivo and tools to detect fake and predatory journals were discussed.

Dr. Vanita Sondhi
(Convenor)

MENTORING PROGRAM COMMITTEE

The following initiatives have been taken by the Mentoring committee for the students:

- The committee in association with the department of Applied Psychology organized a lecture on “Mindfulness based strategies for Career Success” on 1st October 2022 in Sharda Hall. Dr. Tushar Singh, assistant Professor, Banaras Hindu University, Varanasi. The workshop was well attended by students as well as faculty members.
- In collaboration with Mentor W an interactive session for students was held on 10th November 2022 in the Sharda hall. The topic of the session was “Building personal and professional life”, and the mentors for the session were Ms. Geeta Jain and Ms. Indrani Maitra.
- The committee has also created a google form for feedback from students about mentoring received, which has been given to the admin to be circulated via whatsapp amongst student groups.
- All departments have sent their updated mentor-mentee list. Few individual teachers and some departments have also submitted their mentoring report for the last semester.

Dr. Arpana Beniwal
(Convener)

NSS ASSISTANCE (NATIONAL SERVICE SCHEME)

“It is privileged to serve mankind, for this is the worship of god, god is here, in all these human souls” living upto the values of Swami Vivekananda NSS Vivekananda unit has taken up many initiatives to make the little contribution towards making this world a better place.

“Education through Service” is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. Very appropriately, the motto of NSS is “NOT ME, BUT YOU”. An NSS volunteer places the “community” before “self”.

NSS aims at developing the qualities among the volunteers.

We have organized as well as volunteered various events such as Corona Vaccination Camp, Blood Donation drive with Lions Club, Tiranga Yatra from Main University, Tiranga Yatra with DTU, Nehru Yuva festival, cleanliness drive at college, did Nukkad natak on acid attack with women's of India, Cloth donation drive, old age home visit, went to Aadi Mahotsav, Collaboration with NSUT for plough run as well as cleanliness drive, five-day program for primary caregiver at swabhiman parisar, inauguration of hockey stadium, holi festival at swabhiman parisar, constitution day etc.

Dr. Shubhashri Bose

(Convener)

PLACEMENT AND CAREER COUNSELLING CELL

- The Placement and Career Counselling Cell of Vivekananda College as part of the year-long DU Centenary Celebration organised an online workshop “Resume Writing: Structuring Professional Profiles” on 25th September 2022, Sunday at 10 a.m. through Google Meet <https://meet.google.com/kmk-tpem-jkj>. The session was conducted by Mr. Arunabha Bose, Assistant Professor of English, Vivekananda College.
- The Placement and Career counselling cell of Vivekananda College organized a webinar on 11th October 2022, Tuesday at 12 p.m. in the Sharada Hall. The topic for the workshop was “Learning skills of personal branding and cracking placements”. The workshop was conducted by Dr. Abdul Qadir, an experienced Professor at JAIPURIA Institute of Management. The event was coordinated by Ms. Preeti Sharma. The workshop was designed to equip students about placement opportunities available after graduation.
- The Placement and Career counselling cell of Vivekananda College organised a workshop on 12th October 2022, Wednesday at 12 p.m. in the Sharada Hall. The topic for the workshop was “How to Prepare for Aptitude Test”. The workshop was conducted by Mr. Praveen Chandra, an experienced faculty member at TIME (Triumphant Institute of Management Studies). The event was coordinated by Mr. Shekhar. The workshop was designed to equip students about prospective career prospects available to them after graduation.
- The Placement and Career Counselling Cell of Vivekananda College organised a seminar on “Mass Communication and Media Studies: Eligibility and Prospects” as part of the DU Centenary Celebrations on 20th October 2022, Thursday at 12 p.m. in the small auditorium in the physical mode. The seminar was addressed by Dr. Anugyan Nag, Assistant Professor at Mass Communication Research Centre, Jamia Millia Islamia University.
- The Placement Cell and Career Counselling Cell of Vivekananda College in collaboration with Max Healthcare organized a seminar on “Guidance for Healthcare Industry Opportunities” on 27th January 2023 in Sharda Hall. The seminar focused on the demands and career prospectus as well as on the course offered by Max Healthcare. The program commenced at 10 a.m. with a welcome address to our guest speaker Mr. Tarun and a brief description about Max healthcare and Max health education.

- The Placement and Career Counselling Cell of Vivekananda College organised a Seminar on “Strengthening Resume through Certificate Courses” on 7th February 2023 from 11 a.m. to 12 p.m. in the Small Auditorium. It was conducted by Ms. Vishakha Jain, Assistant Professor at Department of Economics, Vivekananda College. The seminar, emphasized on the importance of certification courses to boost the resume.
- The Placement and Career Counselling Cell of Vivekananda College organised a Seminar titled “Peer Mentorship Session on First Step Towards Building A Career” on 7th February 2023 in the Small Auditorium. The Seminar was conducted by Ms. Medha Sharma. The seminar emphasized the required skill set for the corporate world - technical, analytical and soft skills.
- The Placement and Career Counselling Cell of Vivekananda College organised a Seminar titled “Starting Your Journey as a Writer” on 7th February 2023 in the Small Auditorium. The Interactive session focussed on Marketable Skills such as Content Writing and was conducted by Ms. Muskan Khanna and Ms. Mahi.
- The Placement and Career Counselling Cell of Vivekananda College organised a Resume Writing Workshop “Resume Writing: Structuring Professional Profiles” in the Offline Mode on 8th February 2023 from 10 a.m. to 12 p.m. in Sharada Hall. The Workshop was conducted by Mr. Arunabha Bose. Students registered prior to the Workshop and mailed their Resumes to the Resource Person after successfully completing the Workshop

Dr. Veena Jain
(Convenor)



PUBLICATION COMMITTEE

The Publication Committee of Vivekananda College has the following faculty members Dr. Meena Pandey, Dr. Kamini Taneja, Mr. Yumnam Rocky, Ms. Kanika Kumar as members and Dr. Nalini Gandhi Kapoor as the Convenor. The committee primarily works in providing an academic platform for the students to showcase their artistic and creative talents. Every year, the committee has been publishing an online E-magazine titled ISHA. The theme of the magazine this year is “Vasudhaiva Kutumbakam” or “One Earth. One Family. One Future”. The aim of the editorial team of the magazine is to provide the best content to the readers in the best shape, making it possible for them to read and imagine. It also works in preparing and publishing the annual report of the college.

The names for the student editorial board are as follows:

- For English
 - Priya Jain, B.A(H) English, II Year
 - Jaza Mahajan, B.A(H) English, II Year
 - Aradhna Maurya, B.A(H) English, II Year
 - Akansha, B.A(P), II Year
 - Kirti Gupta, B.A(P), III Year
- For French
 - Manya, B.A(P) II Year
 - Olivia Sarkar, B.A(P), II Year
 - Ritu Tomar, B.A(P), II Year
 - Mehak Malik, B.A(P), II Year
- For Hindi
 - Neha, B.A(H) Hindi, II Year
 - Chandni Mehto, B.A(H) Hindi, II Year
 - Jhankar Dogra, B.A(H) Hindi, III Year
 - Shikha, B.A(H) Hindi, III Year
 - Shivani Tomar, B.A(H) Hindi, III Year
- For Sanskrit
 - Anu, B.A(H) Sanskrit, II Year
 - Priyanka, B.A(H) Sanskrit, II Year
 - Nandini, B.A(H) Sanskrit, II Year

- Sakshi, B.A(H) Sanskrit, III Year

The committee also organized activities with an objective to enhance competitive spirits in their artistic expressions. A creative writing competition was organized on 11th November, 2022. The themes of the competition were Cultural Diversity: Challenges and Opportunities, Importance of Yoga and Mental Health, Role of Women in Nation Building, “Where there is a Will, There is a Way” And the winners of the competition are - Priya Jain, BA (H) II year and Kshma Tiwari, BA (P) III year won the first position. Vidhi Bhardwaj, BA (H) III year and Prisha Madhok, BA (P) III year won the second position and Mahi, BA (P) III year won the thirs position. A consolation prize was awarded to Anshi Saxena, BA (P) II year.

**Dr. Nalini Gandhi Kapoor
(Convenor)**

PUBLICATION COMMITTEE
(under the aegis of IQAC)
VIVEKANANDA COLLEGE
UNIVERSITY OF DELHI
(NAAC ACCREDITED GRADE 'A')

Organises
Creative Writing Competition

THEMES:

- CULTURAL DIVERSITY : CHALLENGES AND OPPORTUNITIES
- IMPORTANCE OF YOGA & MENTAL HEALTH
- ROLE OF WOMEN IN NATION BUILDING
- WHERE THERE IS A WILL, THERE IS A WAY

INSTRUCTIONS:

1. Creative article(500-1000 words) / poem(200 words) on any one of the themes mentioned above may be written in the language of your choice: English, French, Hindi, or Sanskrit.
2. The duration of the competition is 1 hour.
3. Handwriting must be neat and clean. The sheets will be provided by college.
4. Plagiarism is not allowed.

11 November 2022 12 p.m. Onwards Room G3

PATRON: Dr. Uma Nandakogil
CONVENOR: Dr. Nalini G. Kapoor
IQAC CONVENOR: Dr. Ananta Sordilli
TEACHER CO-ORDINATORS: Dr. Manasi Prasad, Dr. Kanishk Taneja, Ms. Karishma Sharma



RESULT ANALYSIS COMMITTEE

The Committee analysed the result of May/June Examination 2021 of First year, Second year and Third year batches. The Table below shows the number of students obtaining: Distinction (equal to or more than 75%), First Division (equal to or more than 60% and less than 50%), Second Division (equal to or more than 50%, but less than 60%), Third Division (equal to or more than 50%, but less than 60%)*.

*The table of result analysis is enclosed at the end of the Annual Report.

SOCIAL OUTREACH AND COMMUNITY DEVELOPMENT COMMITTEE

The Social Outreach and Community Development Committee (SOCDC), Vivekananda College has partnered with Slum Swaraj Foundation (SSF) and Delhi Legal State Authority (DLSA). This committee focuses on bringing awareness among the children, open avenues of opportunities along with self-development and reduce inter-generational academic poverty by conducting regular educational camps for the slum children in Jhilmil Colony. The committee is also spreading awareness about social and legal issues and develop appropriate social values as well as responsibilities in all sections of society. The activities of this session:-

- On 25th July, 2022, a “Karkardooma Court Visit”, Shadhara District, Delhi was organised for the students of Vivekananda college. Students visited the family court, Civil Court, E-Court and Mahila Court. Students had a conversation with LD, Secretary, DLSA / Legal Service Advocate.
- A “Donation Drive” of stationery items such as books, pencils, colors, erasers and notebooks was held from 24th August 2022 to 31st August 2022. The collected items were later distributed in the Jhilmil camp.
- In collaboration with Unnat Bharat Abhiyan, VNC SSF volunteers conducted “Survey in Patparganj Slum” on 31st August 2022. Our 16 student volunteers and 2 faculty members (Dr. Gargi Sengupta and Mr. Jaspertap Singh) visited the area.
- After the pandemic on 2nd September 2022, the volunteers visited the Jhilmil Camp and conducted offline classes again from Monday to Saturday.

- On 16th September 2022, SOCDC, in association with Rajiv Gandhi National Institute of Intellectual Property Management Nagpur, Ministry of Commerce and Industry, GOI and Intellectual Property Rights Training, organized an online workshop on “Intellectual Property Rights – Patent And Designs Filing” for students and faculty members.
- On 21st October 2022, VNC SSF volunteers celebrated “Diwali” with the children of Jhilmil colony. Following activities were conducted-painting of diyas, singing and dancing.
- On 14th November 2022, “Children's day” was celebrated in the Jhilmil Camp with a cake cutting.
- SOCDC Volunteers in association with BHARAT SOKA GAKKAI (BSG) conducted an “Exhibition on the theme SEEDS OF HOPE & ACTION” in Vivekananda College on 12th and 13th January, 2023.
- On 25th January 2023, “Republic day” was celebration in the Jhilmil Camp.
- A seminar was organized on “Rights of the Acid Attack Victims and Services”, in collaboration with District Election Officer, District Shahdara on 1st February 2023 to create awareness regarding laws and acid attack services.
- During the Annual College fest 10th February 2023, volunteers set up a “Game stall” to collect some funds for the camp.
- In collaboration with District Election Officer, District Shahdara and under the banner of LEAP, an “Add-on Course” of 10 hours on “Legal Awareness” has been started on 21st February 2023. The session is still going on.

**Dr. Sandhya Jain
(Convenor)**



SPORTS COMMITTEE

The Sports Committee, Vivekananda College (DU), has following members- Dr Ranjeeta Phukan – Convenor, Mr Gagan Pahwa – Member, Mr Arabind Kumar – Member, Mr Jaspertap Singh – Member. Following are the activities/programs done by Sports committee from April, 2022 to March, 2023.

Programs Organized by Sports Committee-

- The Sports committee of Vivekananda College, University of Delhi in collaboration with NSS, Vivekananda College celebrated International Yoga Day on 21st June, 2022 at 8 a.m. in Vivekananda College garden. Yoga Team of Vivekananda College conducted following events to celebrate International Yoga Day- 21st, June 2022. Event started with introduction to Yoga – A way to Healthy Lifestyle and Wellness. Yogasan- Targeting five common lifestyle physical problems were performed. Various postures were part of skill display. Yoga students also explained and performed the correct yogasan and related health benefits. Approx. 100 students and college staff members participated in the event. The event concluded with the speech of Officiating Principal – Dr. Hina Nandrajog. She expressed her gratitude to students for conducting the event and also expressed her pleasure on the progress of yoga students. Refreshment to all the participants was served after the event.



- National Sports Day celebration was held on 29th August, 2022 at 11 a.m. on Hockey Turf, Vivekananda College. The National Sports Day is celebrated on 29th August, on the birth anniversary of hockey player Major Dhyan Chand. This day marks the birthday of Major Dhyan Chand Singh, the hockey player who won gold medals in Olympics for India in the years 1928, 1932 and 1936. All sports students were addressed by the sports committee and emphasized the importance of sports and fitness in daily life. Yoga students gave a small performance showcasing their skill and art. Yogasan- Targeting five common lifestyle physical problems were performed.



- An Inter College Yoga Competition was held on 21st September 2022 at 9 a.m. in Sharda Hall, Vivekananda College. An Inter College event was organized in which 8 teams from various Universities of Delhi Colleges participated. Mr. Rahul Kumar was invited to be the external judge for the event. Following were the positions of the teams-

1. Vivekananda College – First Prize
2. Shyama Prasad Mukhrjee College – Second Prize
3. PGDAV (Evening) – Third Prize



- Run for Unity week Celebrations, 25th-31st October, 2022 at 11 am in ITI Lawns , ITI Vivek Vihar, Delhi-110095. 25 College Sports students from all disciplines (Yoga, Hockey, Athletics, Basketball, Kabaddi) participated in the event. College students ran a 2 km run along with students of ITI- Vivek Vihar at ITI lawns. The event was addressed by the Principal, ITI Vivek Vihar and participants were addressed on the importance of National Unity.



- Inauguration of Vivekananda College Hockey Turf was organised on 4th November, 2022 at 10 a.m. on Hockey Turf, Vivekananda College: On the occasion of inauguration of the newly laid Hockey Turf, the Sports Committee organized a



friendly hockey match between Vivekananda College hockey team and East Delhi girl's hockey club. Players were addressed by Deputy Chief Minister of Delhi- Sh. Manish Sisodia Ji and Speaker of Delhi Vidhan Sabha Mr Ram Niwas Goel Ji . After the match all hockey players were distributed caps as token of appreciation and refreshment by the Sports Committee, Vivekananda College.

- Run for Nation: to mark the Birth Anniversary of Bharat Ratan Late Sh Atal Bihari Bajpai was organised on 25th December 2022 at 7 a.m. at Gate No-1, Vivekananda College by Toppers Education Society in collaboration and support form Vivekananda College. 40 sports students from various sports participated in the run. All the participants were distributed T-Shirts, certificates and refreshments after the event.



Students Participation in various University Sports events:

- 2 students won silver medal in 100 meters and shot put event in an InterCollege event organized at CWG stadium on 23rd March 2023.
- College Sprint Team won Gold medal in 4*100 meter event in an Inter College event organized at CWG stadium on 23rd March 2023.
- The College Kabaddi Team won Gold Medal in an Inter College event organized at Noida Stadium on 24th March 2023.
- 10 students participated in University Hockey Team trials for north zone intervarsity tournament and 2 students – Diya and Khushi Panwar were selected in the University of Delhi women Hockey Team.
- 2 students participated in University Swimming Team trials for the north zone intervarsity tournament.
- 12 students participated in University Athletics Team trials for the north zone intervarsity tournament.
- The College Handball Team participated in the Inter College women Handball competition on 6th February 2023 held at Rugby Ground, University of Delhi.



Facilities Provided/Recommended by Sports committee:

- An Athletics Training Academy –“Multi Trainer Academy” is running since August, 2022 where all sports students are getting fitness training and special training is given to college athletics students.
- Hockey Turf was made functional with 12 students coming regularly for practice from 7:30 am to 9:30 am.
- A space was earmarked for yoga practice and 25 students are coming regularly for morning practice from 8am to 9am. Yoga Society “SOHO” gets constant support from the Sports Committee for all their requirements.
- College Hockey Team sports dress, Hockey goalkeeper kit, College Kabaddi Team sports dress, College Athletics sports dress was provided to all respective teams.
- After practice diet for sports students was regularized from the month of March, 2022. A supplementary diet menu with each sports student getting energy drinks and seasonal fruits is given to replenish the necessary nutrition.
- Among the existing sports students, the Sports Committee has identified 12 elite sports students as per their performance in the last six months. These 12 elite performers are given an extra protein diet 4 times a week.
- Sports room facility with lockers and changing rooms was made functional from March, 2022.

Recommendation of sports students for Annual Sports Awards for the year 2022-23.

- Recommendation for the scholarship (newly introduced) best sports person for the year 2022-23:

S. No	Name	College Roll no	Course/Program	Sport	Recommendation
1	Manisha Sharma	2020241	BA (P)-3 rd year	Kabaddi+Athletics	Best sports person of the year

- Recommendation for cash prize of Rs 1500/- per student for exemplary performance in Athletics and Kabaddi tournament for the year 2022-23.

S. No	Name	College Roll no	Course/Program	Sport	Recommendation
1	Isha Singh Pradhan	2021723	BA(Hons) Polsc	Kabaddi+ Athlectis	1500/-
2	Vaishali	20201046	BA (P)	Kabaddi+ Athlectis	1500/-
3	Tarana Khan	2021646	BA(Hons) Hindi	Kabaddi+ Athlectis	1500/-
4.	Kaushiki	2022047	BA (P)	Kabaddi+ Athlectis	1500/-
5	Muskan	2021729	BA(Hons) Polsc	Kabaddi+ Athlectis	1500/-

- Recommendation for S. Neela Scholarship prize of 1100/- for the year 2022-23.

S. No	Name	College Roll no	Course/Program	Sport	Recommendation
1	MehakBaid	20201059	BA (P)	Yoga	1100/-

- Recommendation for cash prize of 1100/- for winning gold medal in Inter College Kabaddi Tournament (24/03/2023) the year 2022-23.

S. No	Name	College Roll no	Course/Program	Sport	Recommendation
1	Sneha	2022097	BA (P)	Kabaddi	1100/-
2	Priyanka Kothari	2022430	BA(Hons) Hindi	Kabaddi	1100/-
3	Deepali	2021857	BA (P)	Kabaddi	1100/-
4	Deepali Sharma	2021175	BA (P)	Kabaddi	1100/-
5	Ruchi Yadav	2021632	BA(Hons) Hindi	Kabaddi	1100/-

- Recommendation for cash prize of 1100/- for taking initiative to make a college team (Handball & Basketball) and participating in Inter College and Inter State tournament for the year 2022-23.

S. No	Name	College Roll no	Course/Program	Sport	Recommendation
1	Ranu Singh	2021298	B.Com (P)	Handball	1100/-
2	Vanshika Sharma	2021508	B.Com (H)	Basketball	1100/-

- Recommendation for cash prize of Rs 1100/- per student for selection in University of Delhi women Hockey team for the year 2022-23.

S. No	Name	College Roll no	Course/Program	Sport	Recommendation
1	Diya	2021229	B.Com (P)	Hockey	1100/-
2	Khushi Panwar	2022501	BA(Hons) Polsc	Hockey	1100/-

STUDENTS' UNION ADVISORY COMMITTEE

- After the terrible onslaught of the pandemic, the Students' Union Advisory Committee organised its first offline event with the reopening of the college. "Women's Day" was organised on 8 March 2022 on the open stage. Umaima, Priyanshi and Mitushi were the student coordinators for the same. Stalls were also put up by the DM's Office, Shahdara, across the college. The event was a success, with performances by various cultural societies including speeches, poetry, music and energetic dances. At the end, Ms. PranjalPatil, DM Shahdara, also addressed the students.
- As part of the Azaadi ka Amrit Mahotsav, the Students' Union Advisory Committee, Vivekananda College, University of Delhi organized "Independence Day" on 15 August 2022 from 10 a.m. onwards on Google Meet platform with the link <https://meet.google.com/tst-svxn-cov>. The event was also streamed live on Youtube with the link <https://youtu.be/k-AaanNPG3o>. The event was hosted by Dr. Chaandreyi Mukherjee, Assistant Professor, Department of English and was anchored by Gaurangi and Mehak, students of Eco Club. Many cultural societies showcased their performances and a video capturing all the activities held during Independence Week 2022 in College was created by Clickomania, the Photograpahy Society and was played for the audience.
- The Committee also facilitated an entertaining "Teachers' Day" celebrations on 5th September 2022 in the Sharda Hall where students expressed their gratitude for their beloved teachers.
- The Committee organised "Hunar" – the Intra College Talent Competition for the first year students in the offline mode. After the first (quiz) round on 12 December 2022, seventeen students were selected for the second (talent) round. The talent round took place on 20 December 2022 in the Sharda Hall where students showcased their versatility through dancing, singing, playing musical instruments, painting, mehendi desgining etc. The event was anchored by Sana Ubaid, student of Department of English, and was judged by Mrs Seema Taneja, Dr. AnjanaKumari and Dr. Chaandreyi Mukherjee. A total of 14 students were selected for the final (situational) round which was held on 6 January 2023 in the Sharda Hall. The event was coordinated by Dr. Chaandreyi Mukherjee, anchored by Divyanshi, student of Elective English, and judged by Dr. Meena Pandey, Dr. Anchala Paliwal, and Dr. Shivani Dubey. Many first year

students also showcased their performances as fillers and greatly entertained the audience. Neelakshi was awarded Miss Hunar 2022-23.

- As part of the Azaadi ka Amrit Mahotsav, the Committee organized “Republic Day” on 26 January 2023. The students of the cultural societies of the college came together to infuse a spirit of patriotism through various activities and performances. The program was greatly appreciated by everybody.
- The Committee organised “Pallavi – the Annual Cultural Festival” on 12 and 13 January 2023. The theme of the event was ‘Adbhut Bharat’ and all the cultural societies of the college organised inter-college competitions. It was a truly joyous occasion for students and teachers.
- The Committee organised a “Freshers & Fete” on 10 February 2023. The event was coordinated by Dr. Chaandreyi Mukherjee (teacher-coordinator) and Umaima and Mitushi (student coordinators). It was anchored by Bhavika and Diksha. Stalls belonging to young entrepreneurs of the college were set up throughout the campus. Cultural program was held on the open stage where many students performed dance, music, poetry etc. The Committee also coordinated with the Garden Committee who felicitated gardeners and individuals involved for keeping the college campus beautiful and green.

**Mrs. Seema Taneja
(Convenor)**



VIDYA VISTAR SCHEME (V2 SCHEME) AND NEP

A National Seminar “United Colours of Languages and NEP 2020” was successfully organized jointly by Vidya Vistar Committee and NEP committee of Vivekananda College in collaboration with Government Model College, Deithor, Assam on 27th April 2022. Shri Atul Kothari ji was the Hon'ble Chief Guest. Prof Jyoti Prasad Saikia (Hon. Vice Chancellor), Prof. Balram Pani , Prof Ratnabali were the Guest of Honour. Dr Kumud Khanna (Director, Retd. Institute of Home Economics, DU), Prof Vimal Rarh ((Joint Diirector GAD-TLC), Prof Rajeev RR (International Centre for Free and Open Source Software), Dr. Saguna Diwan (Scientist, Inovation Protection Unit, CSIR) were the key invited speakers. Oral paper presentations were also made by several faculty members and scholars.



VIVEKANANDA COMMITTEE

“Swami Vivekananda Jayanti” was celebrated with great enthusiasm on 12th January 2023 at 10 a.m. onwards in the Sharda Hall of Vivekananda College. The event started with invocation and Vedic hymns by the students. Dr. Neeta Mathur, convenor of Vivekananda committee welcomes the guest and spoke on Swamiji's association with music and fine arts. Swami Nityadipanandaji, a senior monk from Rama Krishna Mission was the guest speaker on this occasion. Swamiji presented a lecture on Vivekananda ji's life and philosophy.

The program also included Vivekananda passages, a photo exhibition and a power point presentation on the life and teachings of Swami Vivekananda ji. This program concluded with an impressive short play on Swamiji's life by the students of Buniyad Society of College. Shelly Khare and Kaumudi anchored the program and Ekta Sharma and NavtikaSaksena were student coordinators. The programme was coordinated by teacher coordinators Dr. Vivek Gupta and Ms. Preeti Chhachhia under the guidance of committee convenor, Dr. Neeta Mathur .In the end, Dr. Vivek Gupta gave vote of thanks.

**Dr. Neeta Mathur
(Convenor)**



WEBSITE COMMITTEE

The website committee launched the new website of the college in online mode. Chief Guest of the event was Prof. Balram Pani (Dean of College, University of Delhi). He launched the website through Google Meet at 12:30 p.m. (<https://meet.google.com/eca-miwu-piy>).

Having a strong online presence is essential for any institution in the digital age. The committee worked arduously to get a new website made. It took a lot of effort to conceptualize and visualize the same. An updated website was jointly envisaged very carefully with clearly organized information, including all the directives and mandatory requirements given by the UGC and the University of Delhi. A detailed framework kept in accordance with the NAAC metrics was developed. From the selection of appropriate images, the organization of relevant information in each tab, highlighting the advancements and achievements of the college, giving due representation to student activities, seeking required, verified information, and the final layout of the website - the dedication and perseverance of our committee has made this day possible.

The website has been designed with our young, tech-savvy generation in mind. Great care was taken to ensure that the site is user-friendly, easy to navigate, and provides all the information quickly that our students need to make informed decisions about the college and its facilities etc.

One of the key features of our new website is its responsive design. This means that the site is optimized for viewing on a wide range of devices, including desktops, laptops, tablets, and smartphones. This will enable everyone to access our website from wherever they are, whenever they want, using whichever device is convenient for them. Maintaining a dynamic website means that the committee will continue to add and revamp information on a routine basis. In addition to these features, our new website also includes a range of other enhancements, such as faster load times, streamlined information, and more detailed information about the college and activities.

We believe that these improvements will help to provide a better experience for all, serve its purposes, and continue to evolve to keep pace with the changing times.

Dr. Rajni Jindal
(Convenor)



WOMEN'S DEVELOPMENT CELL

The Women Development Cell of Vivekananda College, University of Delhi, organized an inter-college competition, "Who Run the World 2.0" on 14th October 2022 under the aegis of Delhi University Centenary Celebrations. The competition was conducted from 11:00 a.m. onwards in Sharda Hall, Vivekananda College. The theme for this competition was to celebrate inspiring women of the Indian society. The event unfolded the creative and confident side of the participants as they dressed up and enacted the diverse personalities of women like Jeejabai, Rani Laxmi Bai, Draupadi, Medusa, and many more. The sufferings, strengths, valour, intellect, achievements, sentiments, etc., of the chosen real and fictional women were addressed by the performers through extraordinary concepts. The participants were given three minutes each to present themselves on the stage, and the top three winners received cash prizes of Rs. 2000/-, Rs. 1500/-, and Rs. 1000/-, respectively. The competition was anchored by Shaily Khare and Deepti Pandey, students of Vivekananda College and organised by the WDC - Convenor, Women's Development Cell, Dr. Sandhya Sharma, and members – Dr. Anchala Paliwal, Dr. Chaandreyi Mukherjee and Dr. Shikha Garg. Dr. Rachna Bimal, Professor, Department of Hindi, Satyawati College, University of Delhi and Ms. Priya Sharma, Assistant Professor, Department of Political Science, Vivekananda College, University of Delhi, were the judges for the competition. Students and teachers of Vivekananda College attended the event enthusiastically. As the scores were collated, Dr. Rachna Bimal addressed the audience with her insights on the theme and remarks for the performers. The competition was an enthralling experience for the performers as well as the audience. The following participants were announced as the top three winners.

**-Prof. Sandhya Sharma
(Convenor)**



WORKLOAD & TIMETABLE COMMITTEE

The Workload and Time-Table Committee facilitates implementation of the curricula of various courses prescribed by University of Delhi. Since Covid period, all the semesters commenced at different intervals and it was a challenge for the Committee to supervise workload of all the Departments and ensure balanced time-tables. All the Committee members made all possible efforts to synchronize the overlapping schedules of examination and teaching.

The most challenging job was to comprehend the modalities of NEP which was to be implemented for 1st Semester students. Dr. Hina Nandrajog, the Officiating Principal, Dr. Ratish Kumar Jha from Sanskrit Department and Devender Kumar along with the Convener, Dr. Sandhya Sharma and other members from the Commerce Department were the brains behind analyzing and comprehending the complexities of the NEP Structure. The Committee explained the structure and courses as per the given Credit scores in various meetings with the teachers-in-charge and the Staff Council convened for this purpose. After the commencement of the Semester 1, google forms were circulated to seek options for Skill Enhancement Courses and Value Addition Courses. The critical aspect was to fix multiple slots for B.A.(P) having major and minor options and for Generic Elective and Skill Enhancement Courses. The members also attended guidance and counseling sessions for implementing the NEP. The Workload & Time-tables submitted by all the departments were cross-checked by the Committee. The NEP schedule was successfully implemented after rigorous exercise during 2022-23.

**-Prof. Sandhya Sharma
(Convener)**

CULTURAL SOCIETIES/CLUBS

ART AND CRAFT SOCIETY (KALAKRITI)

The Art & Craft society Conducted & Organized following events under the guidance of Dr. Shahnaz Begum.

- “Decoration for Pride jashan (30th June 2022)”: Kalakriti: The Art and Craft society collaborated with Ehsaas for the Pride parade that was held on 30th June, 2022. The team decorated the hall and face painting was also done by members of kalakriti.
- “Organized Abstract Art Competition (8th August 2022)”: On the occasion of Independence Day, the society organised Abstract Art Competition. The Competition was held under the guidance of Dr Shahnaz Begum.
- “Decoration for Teacher's Day (5th September 2022)”: The members of society decorated the sharda hall for the celebration of Teacher's Day.
- “Decoration and Face Painting for Prabha Event (23 September 2022)”: The Members of society decorated for the event and also created Rangoli in front of Sharda Hall. A face painting stall was also set up by the society members. The work was done under the guidance of Dr Shahnaz Begum.
- “Set up Face Painting Stall in Meraki Event (13th October 2022)”: A face painting stall was set up by the members of the society in the Meraki event organised by Convocare society. The work was done under the guidance of Dr Shahnaz Begum.
- “Conducted Lippan Art Workshop (19th October 2022)”: A Lippan Art Workshop was organised by the society. It is a beautiful artform created with Mud and mirrors. It was conducted under the guidance of Dr Shahnaz Begum.
- “Stall in Diwali Carnival (20th October 2022)”: Kalakriti– The Art and Craft Society held up a stall of acrylic tattoo designing and face painting in Lingaya’s Lalita Devi Institute of Management and Science.
- “Organized Folk Art Competition (27th October 2022)”: On the occasion of National Unity Day, the kalakriti society organised a folk-art competition. The theme of the competition was the integrity and culture of India. The event became successful under the guidance of the society convener Dr. Shahnaz Begum. The winners of competition were Vamika, Aayushi and Simardeep.

- “Conducted Phad Painting Workshop (29th October 2022)”: A Phad Painting Workshop was organised by the society. It is a beautiful traditional art form from Rajasthan. It was conducted under the guidance of Dr Shahnaz Begum.
- “Created Rangoli for hockey court inauguration (4th November 2022)”: The members of Kalakriti Society created rangoli for the inauguration event of hockey court under the guidance of Dr Shahnaz Begum.
- “Created Rangoli for Alumni Meet (5th November 2022)”: A beautiful Rangoli was created by the members of Kalakriti Society created rangoli for the alumni Meet under the guidance of Dr Shahnaz Begum.
- “Held Kala-ethos - The art and craft Exhibition (5th November 2022)”: The members of society held exhibitions in the college. Many different types of art such as canvas painting, tote bags, hand created jewellery, etc were showcased by the members. It was conducted under the guidance of Dr Shahnaz Begum.
- “Decoration for Spicy Macy Event (7th November 2022)”: Vivekananda College, DU had presented a Gurbani Recital in Spic Macay in which the members of Kalakriti Society had created Rangoli under the guidance of Society Convener Dr. Shahnaz Begum.
- “Participated in Cultural Day (15th November 2022)”: The Kalakriti society set up a face painting stall, doodle painting board and showcased their artworks in the cultural Day celebration. Decoration of the open stage was also done. It was done under the guidance of Dr Shahnaz Begum.
- “Conducted Orientation (17th December 2022)”: An orientation session was held for freshers to introduce them about the society and its work.
- “Decoration for Annual Fest- Pallavi (12th January 2023)”: Kalakriti the Art and Craft Society of Vivekananda College, DU put on a beautiful decoration for the Pallavi Fest 2023. This decoration was created by the society members under the guidance of Dr. Shahnaz Begum.
- “Organized Mehendi Competition (12th January 2023)”: The society organized Mehendi Competition under the annual fest Pallavi. It was conducted under the guidance of Dr. Shahnaz Begum. Various students from different colleges showed their enthusiasm in this competition and created beautiful mehendi designs. The winners of competition were Illma, Swasti and Mitushi.
- “Organized Rangoli Making Competition (12th January 2023)”: The society organized a beautiful rangoli designing competition on the theme Adbhut Bharat under the Pallavi Fest.

This competition was coordinated by the society members under the guidance of Dr. Shahnaz Begum. The winners of competition were Lipika, Jayant and Riddhi.

- “Organized Painting Competition (13th January 2023)”: The society organized a painting competition on the theme Adbhut Bharat under the Pallavi Fest. This competition was coordinated by the society members under the guidance of Dr. Shahnaz Begum. There were 14 participants from different colleges in the competition. The winners of competition were Nancy, Kriti and Sapna.
- “Conducted Auditions (1st February 2023)”: The society conducted its auditions under the guidance of Dr Shahnaz Begum. Freshers created beautiful painting and craft work in the auditions.
- Ayushi Verma and Karishma won third position in face painting competition Organized by Delhi Technological University, Rohini.
- Simardeep Kaur, Jaza Mahajan, Tejaswi Chaudhary and Aastha Rajput won 1st position in Graffiti Competition organized by Kalandi College in their Annua Fest.
- “Created Rangoli for Click o mania workshop (17th February 2023)”: The members of society created beautiful photography themed rangoli for the workshop organised by photography society of the college.
- “Created Rangoli for DLSA event (21st February 2023)”: The members of society created beautiful Rangoli under the guidance of Dr Shahnaz Begum for the DLSA event organised in the college.
- “Decoration at Swabhiman Parisar (7th March 2023)”: The members of kalakriti society did decoration and created rangoli at Swabhiman Parisar for an event. Certificates, Medals and stipend were also provided to students.
- The members of society created rangoli on theme “vasudev kutumbakam” under the guidance of Dr Shahnaz Begum for the G-20 Summit organised in the college.
- Ayushi Verma, the member of Kalakriti society attended a 3-day workshop on Drawing and painting from 21st march to 23rd March 2023 organized by Culture council, University of Delhi and hosted by Sidharth, Zen artist and sculptor.

Dr. Shahnaz Begum
(Teacher Coordinator)

CREATIVE WRITING SOCIETY (EHSAAS)

- The Creative Writing Club, Ehsaas of Vivekananda College organised a creative writing competition called “Prompting Patriotism” on 8th August 2022, Monday at 11:00 a.m. in Room No. G5 in the college premises. The competition was an Inter-College Competition and 16 students registered for the event through the registration link. Ms. Ekta Sharma and Ms. Jahanvi Wadhwa were the student coordinators. Mr. Arunabha Bose was the Teacher Coordinator for the event.
- The Creative Writing Club, Ehsaas organised a “Registration and Orientation Programme” to enlist newly admitted First Year Students on 15th November 2022 at 12:00 p.m. Ms. Ekta Sharma and Ms. Palak Bhatia were the student coordinators.
- The Creative Writing Club, Ehsaas of Vivekananda College, University of Delhi organised a Graffiti Competition, “Adbhut Bharat” on 12th January 2023, Thursday at 12:30 p.m. as part of the College’s Annual Cultural Festival, Pallavi 2023. Participants were given 4 Topics on the spot and one and a half hour from the time of commencement to complete their artwork. Participants were adjudged based on the visual impact, originality and thematic adherence of their artwork. The artwork was displayed outside the walls of the College Staffroom. The internal judge for the event was Dr. Rupalee Verma, Associate Professor of History at Vivekananda College and the External Judge was Dr. Rachna Sethi, Associate Professor of English at Rajdhani College, University of Delhi. The winners for the event were: Shikha from Daulat Ram College (First Prize), Ritik Sharma from Bhim Rao Ambedkar College (Second Prize) and UmmeKulsum from Vivekananda College (Third Prize). Ms. Ekta Sharma and Ms. JhanviWadhwa were the student coordinators for the event. Dr. Ratish Chandra Jha, Dr. Omvir Singh and Mr. Arunabha Bose were the Teacher Coordinators.

**Mr. Arunabha Bose
(Teacher Coordinator)**



DEBATING SOCIETY (ÉNNOIA)

- The Debating Society of Vivekananda College, University of Delhi, organised an “Inter College Turncoat Debate Competition” conducted on 26th September 2022 from 10:00 a.m. onwards at Sharda Hall in Vivekananda College. As part of Azaadi ka Amrut Mahotsav, the topic was "Developing Nations Need Strong Dictatorship" in which participants had to present their views both for and against the topic as per the format of the Turncoat. More than 55 participants had registered and for the competition, 22 students from colleges across University of Delhi were selected. This was a completely new and exciting format where the students had two minutes to frame their points. Then, they were required to speak one minute for and one minute against the motion. The competition was anchored by Nidhi Manuja and Hemayushi Gupta, members of Énnoia. Ms. Deborisha Dutta, Assistant Professor, Faculty of Law, The NorthCap University, Gurgaon and Mr. Abhishek Bhaskar, Assistant Professor, Department of English, Vivekananda College, University of Delhi were the judges of the event
- Shaily Khare and Deepti Pandey, members of Énnoia, anchored the “Who Run the World 2.0” competition organised by the WDC on 14th October 2022
- Énnoia organised “Auditions 2022” to include new students to the society on 24th November 2022. Six students were selected on the basis of their performance and welcomed into the team
- Énnoia held an extempore debate competition on the theme “Wonders of India/अद्भुतभारत” as a part of Pallavi, the Annual Fest of the college. The competition was held on 13th January, 2023, at the Sharda Hall. The event received enthusiastic participation from various colleges. As per the rules of extempore, teams of two were shown the topic on the spot and were given 5 minutes to prepare and 4 minutes (2 minutes each) to deliver. The student coordinators for the event were Hemayushi and Garima and the anchors were Nidhi and Deepti. The event was judged by Dr. Anchala Paliwal, Assistant Professor, Department of English, Vivekananda College and Ms. Sheena Lama, Assistant Professor, Department of English, Lakshmibai College.
- Diksha, member of Énnoia, co-anchored the “Freshers and Fete” on 10th February 2023

- A voting procedure to democratically elect the next two student coordinators for the year 2023-2024 was performed on 13th January 2023. Nidhi Manuja and Deepti Pandey were elected as the student coordinators of Énnoia for 2023-2024
- Nidhi Manuja, student coordinator of Énnoia, participated as the delegate from Vivekananda College in Lok Sabha in the Inter-College Model United Nations 2023 hosted by Hindu College, University of Delhi

**Dr. Chaandreyi Mukherjee
(Teacher Coordinator)**



ENACTUS SOCIETY

Enactus Vivekananda believes in providing opportunities and platforms to students with an entrepreneurial mindset. These young entrepreneurs with their brilliant and musing ideas come together to make an impact on society. Enactus VNC offers an astonishing experience and opens doors to success. From the development of soft skills like communication, confidence, research to professional skills like marketing, strategist, and finance. Our team took various activities to contribute in the same manner with activities like

- A carnival “PRABHA” under Project Kiran - A ray of hope, for promoting young college student entrepreneurs and underprivileged women entrepreneurs was organised by Enactus Vivekananda College on 23rd September, 2022 with the aim to provide opportunities to young entrepreneurs from different colleges/ universities and women from Jhilmil and Mandawali areas so that they can showcase their talent and motivate other upcoming entrepreneurs
- On the 13th October, 2022, Enactus Vivekananda College set up its “Gaming Stalls” on account of World Mental Health Day and acted as an energiser to the event organised by the ‘Convocare’, Mental Health Society of Vivekananda College. The main attraction of our stall was the quote chart that aimed to promote the mental wellbeing of the students by providing affirmations
- On the 12th January, 2023 Enactus Vivekananda College set up its “Tote Bag Stall” under our new project, Project Tarakki at "Pallavi", the Annual College Fest of Vivekananda College, Delhi University. These tote bags were purchased from a small-scale vendor so as to promote them to step outside from their regular platform for the same. To the surprise, there was enthusiasm among the college individual to buy the tote bags because of their beneficial trending demand.
- Inter- college competition named “THINK TANK, a round table discussion” held by team Enactus of Institute of Home Economics (IHE), DU on 19th -20th January 2023, on the occasion of their annual fest MELANGE '23 where in, interested participants got an opportunity to talk through reality on sustainability. Two students from Enactus VNC participated in the competition and secured first and second positions
- On the 29th January and 1st February, 2023, Enactus Vivekananda College set up its ‘First ever stall’ in other colleges under our eminent projects, Project Tarakki and Project Kiran

at 'ChetnaAarohan', the annual cultural fest event organised by the Cultural association of Dr. Bhim Rao Ambedkar College, Delhi University. Our stall featured ethically sourced products from local beneficiaries. These products included sustainable and economical Tote bags, thoughtfully designed Teracotta products and scrunchies.



Dr. Sandhya Jain (Convenor)

Dr. Shafaq Zareen (Faculty Coordinator)

FASHION SOCIETY (ALLURING DAZZLERS)

- On 22nd June 2022, the members of Alluring Dazzlers performed on the theme-“Pride” to show support for the LGBTQ+ community in Sharda Hall.
- The members showcased walks, dressed as teachers, on “Teacher’s Day”.
- In the annual carnival “Prabha” organised on 24th September 2022 by Enactus-Entrepreneurship society of our college, the members of Alluring Dazzlers showcased their different walk formations on the college ground,
- On the occasion of “Cultural Day”, held on 17th November 2022, members of our society performed to depict their extravagant makeup skills and walks.
- An event “Semblance” was organised by Alluring Dazzlers on 13th January 2023 under the annual festival of Vivekananda College “Pallavi”. The competition took place in an offline mode where fashion societies from different colleges were invited to perform on various themes on the open stage.
- The members of Alluring Dazzlers also participated in the annual festival “Feria 2023” of Institute of Home Economics, DU on 10th February,
- 2023 and performed on the theme “Importance of River Ganga”. Our society student coordinator Ishika was interviewed by various news channels and her picture was also featured on the @du.today official instagram handle.
- A “photoshoot” was held from 24th- 28th February 2023 in collaboration with Click ‘O’ Mania - The Photography society of Vivekananda College and Alluring Dazzlers in which each Alluring society model’s portfolio was shot for upcoming events organized by different colleges.
- The members of Alluring dazzlers participated in the annual festival “Sabrang’2023” of Deshbandhu College, DU held on 11th February 2023 and Performed on the same theme “Importance of River Ganga”. Our society members’ (Neha, Sohani and Alina) picture was also featured in the Hindustan Times newspaper.



INDIAN CLASSICAL DANCE SOCIETY (NRITYAM)

- Nrityam has organized Natraja- solo classical online dance competition under the annual festival of Vivekananda college "Pallavi." The competition took place in online mode on Google meet platform.
- Nrityam celebrated teachers' day in offline mode at open stage (organized by student coordinators of different societies) and in big Auditorium in (the event organized by DM shahdara) . The event was witnessed by Officials, Teachers and students of the college. O richiraiya was performed depicting social issues faced by women followed by a short expressions on poem showing women empowerment.
- Nrityam performed in mashup in the Bijlimahotsav in collaboration with Vivacious: Western Dance society and Thirkan: Folk dance society.
- Members of Nrityam gave a short performance celebrating India's Independence in Sharda hall in the event organised by NSS Vivekananda College.
- Independence day was celebrated in online mode on 15th August 2022. Members of nrityam gave tribute to indispensable workers, soldiers and essential workers.
- Nrityam celebrated teachers' day in offline mode in Sharda hall. The event was witnessed by many teachers in different departments and the principal. The performance was commenced by Guru vandana followed by a bengali song Asatoma Satgamaya .
- Members of Nrityam performed at Prabha an intercollege festival organised by Enactus VNC. Nrityam's first performance was purely technical in which two indian classical dance forms Kathak and Bharatnatyam were showcased followed by Ai Giri Nandini which was done in collaboration with Vivacious the Western dance society of VNC. The last performance by Nrityam was on O Rangrez which was thoroughly enjoyed and appreciated by the audience.
- 4 members performed on Mental Health day organised by Convocare (Department Of Applied Psychology). The performance was an initiative to make Mental health a priority and condemn the stigmas associated with mental health.
- Semi classical dance workshop was organized by Nrityam for DU's Centenary Celebrations. It was 1 day workshop. A total of 12 students including the members of Nrityam took part.
- Members of Nrityam have performed Saraswati Vandana at the hockey ground inauguration event in the college.

- Nrityam performed for cultural day to promote classical and semi-classical dance and to motivate everyone to join the society at the open stage of the college. A total of 11 members of Nrityam gave their contribution to make the event successful.
- Nrityam has organized an orientation program to provide a glimpse and introduction of the society to the first year students.
- A member of nrityam has performed a semi classical dance on the constitutional day at the NSS event.
- A solo performance was given on the occasion of voter awareness campaign held at Vivekananda School, Anand Vihar for election commission which was conducted by District Election Officer, Shahdara.
- A solo performance was given on the occasion of voter awareness campaign held at Guru Ram Dass College, Shahdara for election commission which was conducted by District Election Officer, Shahdara.
- Members of Nrityam gave a performance on the occasion of voter awareness campaign at Delhi Technological University, Rohini with 5 different forms i.e. Kathak, Bharatnatyam, odissi, sattriya, Mohiniyattam. It was conducted by District Election officer, District North.
- Two students from the Nrityam had performed in the MsHunar cultural event. One of them performed Saraswati Vandana in the event and second gave a semi classical performance on a song (Dhadak title track). Both of them have enlighten the event by their graceful performances.
- Nrityam has organized Natraja- solo classical dance competition under the annual festival of Vivekananda college “Pallavi.” The competition took place in an offline mode on the open stage of the college.
- On the occasion of 13th National Voter’s Day Celebrations held at Govt. boys Sr.sec school, Janta Flat, GTB Enclave, NandNagri for election commission, two group performance were given, one was on chhaptilak and another was on patriotic mashup.
- A member of nrityam has given a classical dance performance on the occasion on republic day at hindi department event “Trianga – Tera MaanAsmaan.
- Members of Nrityam gave a performance on the retirement Ceremony of MCD Employees at Municipal Corporation of Delhi Office, Patparganj, New Delhi. It was conducted by Municipal Corporation of Delhi Shahdara. Nrityam gave three classical performances, Solo on Shivtandav, Duet on Tarana and group on ChhapTilak.

IT SOCIETY (INFORMATICA)

Informatica , the technical society of Vivekananda College, was established on 26th February 2021 and provides new opportunities to the students in the field of Information technology by organizing different events and workshops.

The Society is coordinated by Dr. Renu Garg, Assistant Professor, Dept. of Computer Science with the help of following students:- Mitushi Sharma, Kirti Gupta, Kashish, Srishti, Nishtha, Sneha, Wajeeha, Apoorva, Tamanna, Manya, Shivani, Dhanya, Vedanshi, Mahek, Niharika and Disha. The Society organized various events during the period of July 2022 to March 2023.



Informatica – the “It Society” of the college organized an inter-college reel making competition on the occasion of Pallavi and the theme was about creating reels for supporting multimedia. The session was conducted in Computer lab. In order to mark the annual fest, the IT society decided to come up with this topic on 12th January 2022 at 2:30 p.m. The judges appreciated the creativity of students and enlightened them how to showcase their talent by making use of social media and Information Technology.



The IT society in collaboration with the Department of Computer Science organized a “Movie screening and Quiz Competition” under the “Azadi Ka Amrit Mahotsav” on the occasion of Independence Day. The event was held on 12th August, 2022. Theme for which was “Nation first, Always first”.

INFORMATICA – The IT society in collaboration with IQAC of the college organized a speaker Session on the occasion of National Unity Day. Theme for which was Career Opportunities in Information Technology. The session was conducted in Sharda Hall on 31st October 2022 at 01:30 p.m.



The team INFORMATICA hopes that it will continue to provide a platform for students to showcase their technical skills.

QUIZ SOCIETY (SINAV)

- Objective of the event

Quizzes are intended to encourage fun learning methods while also enhancing general knowledge. With practicing quizzes students can do critical thinking and get into habit of innovative learning. These quizzes integrate the game mechanics into the learning process, they help students understand the weaker areas. Quizzes help students identify what they know and what they don't know.

- Brief information about the event

On the occasion of Annual Fest “Pallavi 23” the Quiz Society of Vivekananda College organised an inter-college quiz competition on 12th January 2023. Overall, 113 students from various colleges of Delhi University participated in the competition. The competition was written objective type test comprising 50 MCQ questions, each question carrying one marks. It was ensured that there were no malpractices during the competition. Aatika and Mehak, student coordinators worked hard to ensure the competition a success. Teacher convenor, Dr. Anjana Kumari encouraged students to participate in events like this in future. The college also arranged refreshments for all the participants, student coordinators and teachers on duty. All the activities of the event were well coordinated by the team. The winners of the competition were as follows: Vikas Kumar, Motilal Nehru College won the first position, Surbhi Saini , Vivekananda College won the second position, Priyanshi Choudhary, Vivekananda College and Akriti, Vivekananda College won the third position. All the winners were awarded by the society convenor, Dr. Anjana Kumari.

Dr. Anjana Kumari
(Convenor)



PHOTOGRAPHY SOCIETY (CLICK 'O' MANIA)

- “Women’s Day”- On this day, students of Vivekananda College, DU, celebrated International Women’s Day on 8th March 2022 in high spirits. While other college societies performed plays and dances on the theme of women empowerment, team Click ‘O’ Mania put up two display boards for the same. The whole team joined hands to make a display board of photos with encouraging captions portraying feminine strength and struggles. Another display board had three thought provoking pictures, inviting captions from the audience to be written on post-chits. The caption writing activity received an overwhelming response from college students. The society not only put up these boards but also covered the whole event by taking photos and videos of the same. This was the first successful offline event of the society after two years of the society operating online due to Covid-19.



- “Pride Event”- On 30th June 2022, a ‘Pride’ event was organised at Vivekananda College. ‘Pride’ month is about acceptance, equality, celebrating the work of LGBTQ+ people, education in LGBTQ+ history and raising awareness of issues affecting the LGBTQ+ community. Click ‘O’ Mania had the privilege of covering this event. The entire day was very colourful, vibrant and free spirited. Several engaging activities were also setup including face paintings, poem recitals, songs and dance performances. A joint initiative of all the students helped many people to embrace their sexual identity.



- “Tiranga Yatra” And “India Through Your Lens” on Aazadi Ka Amrit Mahotsav

On the occasion of 75 years of India’s Independence, an online Inter College Photography Competition was conducted called “India through your lens” on 16th August 2022. The themes for the competition were Mystic India: Reflection Photography; Unique India: Surrealist Photography and Flavours of India: Flatley Photography. Out of the 27 entries received, 3 winners were chosen. Apart from this, Click ‘O’ Mania also covered and participated in the TirangaYatraorganized by University of Delhi at North Campus. The society also set up a display board showcasing the photographs clicked by the members of the society. The objective of the aforementioned board was to portray the different shades of India.



- “Prabha”- Click ‘O’ Mania was the media coverage partner for the event Prabha organised by Enactus on 23rd September 2022, VNC under Project Kiran. The fest was organised to promote small businesses. Click ‘o’ Mania took pictures of the performances during the event. The society also put up a stall of its own that sold plants with a wide variety to choose from.





- “Teacher’s Day”: ‘If you are planning for a year, sow rice; if you are planning for a decade, plant a tree and if you are planning for a lifetime, educate people’. To celebrate the wisdom imparted by teachers, students of Vivekananda College, University of Delhi conducted a fun interactive program for all the teachers on 5 September 2022. The program began with a Guru Vandana acknowledging the importance of Guru in our life and showering a thankful attitude towards our teachers. In the next hour, we took our teachers through their own lifelong journey in a skit. Later, the teachers shared their life lessons and learnings through games organised by students. We later concluded the program with drum beats and voices echoing in the teacher's voices. The whole event was covered by Click ‘O’ Mania.





- “Meraki”: On the 14th of October 2022, Convocare—the Mental Health Society of Vivekananda College, DU organised “Meraki” on the account of World Mental Health Day. Meraki means to do something with your soul, creativity and love. Team Click ‘O’ Mania covered the entire event and acted as an energiser to the event.



- “Unity Parade”: A Unity Parade was organised by the NSS of Vivekananda College on 31st October 2022: a call for strength, a show of togetherness, and a show of unity of all religions. The parade encircled the campus chanting slogans and holding banners. A play by Buniyaad, the Nukkad Natak Society of Vivekananda College, was also organised to celebrate unity in diversity. Slogans like “*H se hindu M se musulmaan, Joddengetoh ban jayegahindustan*” were chanted. The event was covered by team Click ‘O’ Mania. The society also lauded the efforts of the students participating.

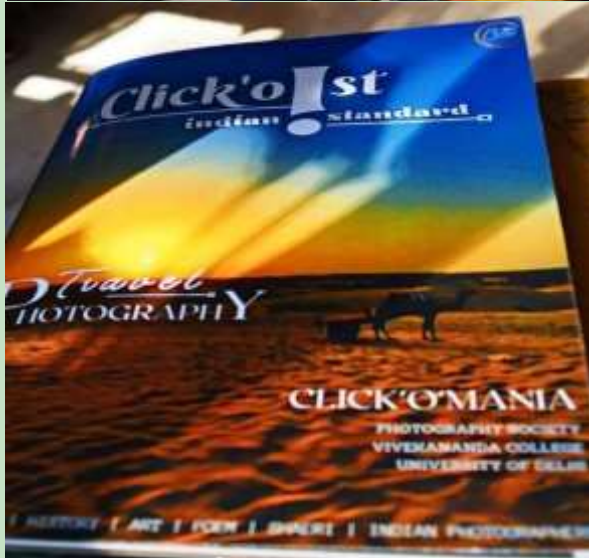


- “National Seminar” and “Hockey turf inauguration”: The National Seminar was organised on 3rd November 2022 to celebrate DU Centenary Year and the Hockey ground of the Vivekananda College, DU was also inaugurated on the same day. Mr. Manish Sisodia was the Chief Guest for the event. Many cultural competitions like debates and poem recitation competitions were organised. Click ‘O’ Mania photographed the entire event efficiently.



- “Alumni Meet”- On 5th November, 2022, Alumnae meet was organised by the college in the Sharda Hall. The coverage of the event was done by the team of Click ‘O’ Mania.

- “Cultural Day”- On 15th November 2022, all college societies came together to showcase their talents. This was a way of introducing their respective societies to The first year students. Click ‘O’ Mania set up a photography exhibition displaying its own photos and showcased its first edition of the travel magazine. Click ‘O’ Mania also covered the cultural day event marked by performances from all college societies.



- “Launch of Click ‘O’ Ist”- Click ‘O’ Mania, The Photography Society of Vivekananda College printed its very first Travel magazine on 6th December 2022, Click ‘O’ Ist, recently. The travel magazine is an amalgamation of photos of places from across India complemented with *shayari*, poems, quotes, and historical anecdotes. It’s an original Click ‘O’ Mania creation which is like a travel portal coupled with a tour guide-like experience that shares with you all the untold narratives. This travel magazine is very personal—it is like a memoir of all the places visited by the photographers of Click ‘O’ Mania. It exposes their favourite parts of their trips, their hideaways and their outlook of the world. The content writers upon witnessing those expressive photographs had thousand stories and interpretations welling up inside of them, just waiting to be penned down. Using an amalgamation of self-written poems, *shayari*, song lyrics and quotes, the content team illustrated the untold history of different parts of India and the photographer's standpoint while covering them. The graphic designers, then, skilfully sewed together the photos and the tales behind them into this work of art.



- “Gurbani recital”- On the eve of Guru Nanak Singh Ji’s birthday (7th November 2022), Spic Macay society for preservation of the Indian culture organised a Gurbani recital. The event coverage was done by team Click ‘O’ Mania.



- “Pallavi 2023”- Vivekananda College’s Annual Fest, Pallavi, was organised on 12th and 13th January. Apart from covering the whole event, Click 'O' Mania organised a thrilling event for the participants called “ODYSSEY - The Photography Bingo”. In this, the participants were required to not only decode the riddles correctly but also capture the answers efficiently through photographs. Team Click ‘O’ Mania also put up a photo exhibition displaying the cultural diversity and richness of India. This was in line with Pallavi’s theme of “*Adbhut Bharat*”.



- “Annual Fete”- On 10th February 2023, “Annual Fete” was organized in the college premises. On this occasion, the society also organised a photography exhibition ‘YaadonkiMehfil’. The members collected their best portrayals of nostalgia and a space of meanings filled with photographs, captions and nostalgic memories was created soon enough. The society also set up a bookmark booth where several original Click-O-Mania creations were sold. The event ended with high spirits and provided everyone with ample of memories.



- “Folk Dance Event”- On 16th February 2023, the Hindi Department of Vivekananda College, DU organised it's Folk-Dance Event in collaboration with Thirkan, the Folk Dance Society of the college. Click ‘O’ Mania photographed the event skilfully.



- “Photography Workshop”- Click ‘O’ Mania organized a “Photography Workshop” on 17th February 2023 in collaboration with UDAAN (Unfolding Drama and Acts for the Nation)—a socio-cultural organization for the youth. The speakers for the day were namely, Dr.Gagan Gera and Mr. Ayush. Both speakers taught the basics of photography like exposure settings (ISO, Shutter speed and aperture), and demonstrated how to experiment with photography to get the best results. A competition for all the audience members was later organised on the theme ‘Nature’ and ‘Nation’. All attendees were given certificates at the end of the event.





- “Alluring Photoshoot”- Click ‘O’ Mania, The Photography Society of Vivekananda College, in collaboration with the fashion society ‘Alluring Dazzlers’ conducted a three-day photoshoot from 23rd to 28th February 2023. Each day photographers were assigned to models who were given the artistic freedom to experiment and showcase their photography expertise. It was also conducted with hopes of providing new photographers of the society a learning opportunity and some on-field experience. The shoot was a massive success with each photographer bringing out their personal best and discovering new meanings to photography. The shoot has served as a great learning opportunity and was a beneficial collaboration for both societies.

**Mr. Amit Kumar
(Teacher Coordinator)**

SPICMACAY

Spic Macay committee of Vivekananda College organized a concert of “Gurbani Recital” by Dr. Alankar Singh (Ustad Bismillah Khan Yuvapuraskar awardee) on 7th November, 2022 in the Sharda Hall of College.

Dr. Alankar Singh ji was accompanied on the tabla by Shri Narinder Pal Singh and Shri Sandip Singh on Dilruba. Dr. Alankar enthralled the audience with his mesmerizing vocal recital of Gurubani kirtan consisting of traditional Ragas and Raginis. The program was attended by a large number of students as well as teachers.

Dr. Shahnaz Begum was the teacher coordinator of this event.

Dr. Neeta Mathur
(Teacher Coordinator)



THIRKAN

- Two members of Thirkan performed in the Pride Day event held in Vivekananda College on 30th June 22. The performers were: Treepti and Chanchal.
- Thirkan also performed in the “UjwalBharat UjwalBhavishya” event held in Vivekananda College on 27th July 2022 where VIPs were also invited. The performers were : Treepti, Navneeta, Kumud, Kanisha, Shruti, Khushi, Prachi, Ananya, Chanchal, Tanshi and Tanu.
- We gave a performance in the event “Prabha” held in Vivekananda College organised by Enactus, VNC on 23rd September 2022.
The performers were : Treepti, Navneeta, Khushi, Kumud, Supriya, Tanshi, Vani, Tanu
- We conducted a Workshop on folk dance in sharda hall on 21st October 2022. We showed and taught many dance forms to the participants.
- We showcase our society by giving various folk dance performance in “Cultural day” event held in Vivekananda College on 15th November 2022.
The performers were : Kumud, Aarti, Tanu, Tanshi, Kavita, Supriya, Garima, Vani, Bhawana, Khushi Tyagi, Chanchal
- On the occasion of Rani Laxmi Bai Jayanti held in Vivekananda College on 18th November 2022, two members from our society performed that day. The performers were : Garima and Arpita
- We performed In Janki Devi Memorial College cultural fest on 11th January 2023.
The performers were : Yishi, Anushka, Manashi, Diya, Aanchal, Kavita, Garima, Aarti
- On 13th January 2023, we organized “Bawraa- group folk dance competition” on the occasion of Pallavi 2023, Cultural fest of Vivekananda College on 13th January 2023.
The performers were: Yishi, Anushka, Manashi, Diya, Aanchal, Kavita, Garima, Aarti.
- The members of Thirkan performed at the “13th National Voters Day” event on 25th January 2023. The performers were: Supriya, Tanu, Kavita, Garima, Purvika.
- We performed in “Aarohan-group folk dance competition” organised by “Chetna-Cultural fest of Bhim Rao Ambedkar College on 2nd February 2022. The performers were :
Treepti, Kumud, Tanshi, Supriya, Tanu, Shruti, Bhoomika, Yishi, Chanchal, Sandhaya
- Participated in dance talent hunt competition which was organized by commerce

department of Zakir Hussain College evening on 16th February 2023. The performers were ::Treetpi,Kumud,Tanshi,Supriya ,Tanu,Shruti,Bhoomika,Vani ,Khushi,Navneeta

- We performed in “Engifest 23- Group folk dance competition” organized by DTU on 17 February 2023 one of the biggest cultural celebrations in India. The performers were : Treetpi, Kumud, Tanshi, Supriya , Jyoti, Shefali, Bhoomika, Khushi, Navneeta, Arpita
- We also celebrated teacher’s day by giving a retro dance performance in our Vivekananda College on 5 September 2022. The performers were : Treetpi,Kumud,Prachi,Tanshi,Aarti,Chanchal,Kanisha,Khushi,Tanush

THE INDIAN MUSIC SOCIETY

The Indian Music Society, Dhvani enthusiastically participated in the all college events and functions throughout the year (2022-2023) Society also organized various competitions, workshops, programmes, lectures under the expert guidance of Convenor Dr..DeepaVarshney and Co-Convener Dr. Dilip Jaiswal.

- On 21th April 2022, 52th annual day and 49th Sports Day our students presented a beautiful Vandana and Vedic Mantra.
- Dhvani organized an inter college event “Monsoon Special Geet Competition” on 30th August in Sharda Hall.
- Society members presented VandeMatram, National Anthem and patriotic songs on the occasion of Independence Day in online mode on 15th August 2022.
- Our head co-ordinator participated in Inter-college Sanskrit Mantra Gayan Pratiyogita organized by Deshbandhu College on 5th September 2022. Mansi Raj secured 3rd position.
- Music society students performed Sufi song in the Prabha under project Kiran on 23rd September 2022.
- On 30th June, 2022 society participated in “Pride Jashan Parade” held in solidarity with LGBTQ community, through musical presentation. Venue of this event was Sharda Hall.
- On the occasion of National Student Seminar held on 3rd and 4th November 2022 , the society presented Vandana, RavindraSangeet and Gandhi-bhajan .

- On the occasion of the opening of Hockey Playground on 4th November 2022, the society presented welcome-song.
- On the occasion of Alumnae Meet, on 5th November 2022, the society presented Saraswati-Vandana.
- The society organized Educational Trip to Bangla Sahib Gurudwara on 17th November 2022. Dr. Deepa, Dr. Dilip, Mr. Amit accompanied students in this trip.
- Dhvani has organized an Inter-college Music Competition on Sufi and Folk (Group) on 12th January 2023 as a part of Pallavi Fest.
- Society members performed Unity song “Sangachhdhvam” on the occasion of Workshop titled ‘Panchkoshki Avdharana : CharitaNirmane vam vyaktitva ka Samgra Vikas’ on 11th February 2023.
- On the Occasion of an Inter-generational Bonding Melaorganized by Ministry of Social Justice, Government of India on 7th March 2022, our students presented Ganesh Vandana and Holi-song.

Apart of these activities our students performed on different events and programmes like National Voter’s Day, Meraki Event, Cultural Day, Basantotsava, Udaan organized by Photography Society. Our students also participated in all the Departmental events during the year. The office-bearers of Indian Music Society, Head Co-ordinators Mansi Raj and Divya Srivastava and core members Pallavi Singh, Vanshika and Vandana Kaushal played their important roles for successfully organizing these events.

Dr. Deepa Varshney
(Teacher Coordinator)



FINANCIAO

The Finance and Investment Cell of Vivekananda College, Department of Commerce strives to promote financial literacy with intriguing knowledge-packed projects. We use our platform to drive awareness towards the contemporary concerns of the financial sphere and associate with students and mentors with the same interests to share our mutual enthusiasm on money matters.

FINANCIAO conducted various events during and after May 2022. All these events were in accordance with the motive of our society and were a great way to spread financial literacy among people and help those new to the finance world. The events were conducted both in offline and online modes. Let us look at the summary of all the events conducted by our team since May 2022-

- We conducted a great knowledgeable Speaker Session with Mr. Kalyan Kumar Biswal on 2nd July 2022. Kalyan sir is a full-time content creator with more than 100k followers. He is also a crypto enthusiast and a NISM-certified advisor. The session was conducted online and covered the topics of, “investing, content creation, and brand building on social media.”
- We organised a fun finance competition – “Reelistic” in the month of August. The participants were given a few finance topics and they were required to make an Instagram reel on their chosen topic. The motive of this competition was to make the participants aware of then trending finance topics in a fun and engaging way.
- Our team organised a special Speaker Session “Spill the Chai” on 14th September 2022. The esteemed speaker of our session was Mr. Anubhav Dubey. Anubhav sir is the founder and owner of Chai Sutta Bar, India’s fastest-growing chai chain. He joined us to share his journey and have a chit-chat session with the students. The session surely helped a lot of students in their financial journey.



- “FINESSE’22”- We organised our first-ever two-day event in the month of November. On the first day of the event, we conducted a speaker session with Mr. Bhanu Pathak. Bhanu sir is a public speaker and content creator with 600k+ followers. He joined us to share his insights on the topic of, “NFTs and crypto”. Along with the speaker session, we also organised a fun finance treasure hunt competition where participants had to solve finance riddles to find their treasure.



The second day of the event only consisted of a speaker session with Mr. Sarthak Ahuja. Sarthak sir is a chartered accountant with expertise in various aspects of finance and a finance content creator with 200k+ followers. He joined us to speak on the topic of stock and personal finance.



- Competition- “BULLS AND BEARS”- We organised a fun finance competition, “Bulls and Bears” on 23rd February 2023. It consisted of two rounds. The selection round was a quiz round followed by a mock stock round.

All the events mentioned above contributed a lot to the growth and development of society and its members. Through all the activities of the society, the key insights of the members are-

- Improvement in leadership and communication skills
- Group management and improved problem-solving skills
- Being updated with all the finance matters and also updating others through our social media handles
- Met great personalities from the finance world and got to know more about various matters in finance

**Mr. Devender Kumar
(Teacher Coordinator)**

ENTREPRENEURSHIP CELL

The Entrepreneurship Cell of Vivekananda College was established in 2022 to empower the skills of entrepreneurship in young minds of students of the college. To proceed on this mission, E-cell, VNC organised the following events during the year 2022-23:

- First Entrepreneur-Student Interaction session was held on the topic “Struggle Within & Without: The Journey of an Entrepreneur” on 20th April 2022 at 11:30 a.m. in Sharda Hall, Vivekananda College. The speakers were Ms. Monica Gupta (Digital Strategist, Eminent Achiever award in Integrated Marketing Communication) and Ms. Aakriti (Entrepreneur, Owner of the brand BOGATCHI).

Summary of the interactive session: Ms Monica started the session by narrating her journey on being an entrepreneur. She explained the importance of focus, passion and discipline in the life of an entrepreneur. Ms Aakriti explained her business to students and how to do the planning for any business was her main focus of the talk.

- Second Entrepreneur-Student Interaction session was held on the topic “Entrepreneur Interaction Session” on 2nd September, 2022 at 1:00 p.m. in Sharda Hall, Vivekananda College. The speaker for the session was Mr Shubham Maheshwari (Owner ‘Being Chef’).

Summary of Interactive Session: Mr. Shubham Maheshwari talked about his journey from Mechanical Engineer to an entrepreneur. He also talked about the different revenue streams and investments. Around 100 students participated in the event. The speech was followed by a Q&A round.

- Workshop on the topic “Generating Business Idea” was held on 27nd September 2022 at 10:00 a.m. in Room No.-F-2. The workshop was conducted by Prof. SK Palhan, Founder Director of Great Lakes Institute of Management and Dr.. S. Lakshmi Devi, Founder Principal -Shaheed Rajguru College of Applied Sciences for Women.

Summary of the workshop: The esteemed invitees conducted the session guiding the students on how to generate business ideas. Various brain teaser activities such as puzzles, riddles and logic games were conducted to enhance student problem solving and critical thinking skills. Students were also given wasteful items to create a useful product. Around 30 students participated in the event.

Mrs. Radhika Srinivasan
(Convener)

कस्तूरी रपोर्ट

कस्तूरीदीवारपत्रिकानेअपनेबारहवर्षोंकीयात्राकोहरपलएकचुनौतीकीतरहअनुभवकियाहैक्योंकिउमकेजिसपड़ावपरछात्राएंहमारेपासआतींहैं,वोसमयउनकेभीतरबहुतकुछनवनिर्मितहोरहाहोताहै।उनकाहृदयकिसीअनंतगगनमेंउन्हेंउढ़ालेनाचाहताहै,परसामाजिकमर्यादाएंउन्हेंधैर्यकापाठपढ़ानेकीचेष्टाकरतेहैं।परिणामएकअलगतरहकासंघर्षउनकेजीवनकाअभिन्नअंगबनजाताहै।उसीसंघर्षकोशब्ददेनीकीकोशिशहैकस्तूरी।इसदीवारपत्रिकाकेमाध्यमसेरचनात्मकलेखनकाप्रयासतोछात्राएंकरतींहीहैं,साथहीसाथसंपादक,संचालक,और साज-सज्जा जैसे व्यावहारिक अनुभवों का लाभ भी उठातीं हैं। समय समयपरकार्यशाला,प्रतियोगिताऔरवक्तव्यआयोजितकरउनकीरुचिऔरकलाकोमांजनेकाप्रयासभीकियाजाताहै।मशीनीकरणकेइसदौरमेंजबपुस्तकेंभीऑनलाइनमिलरहींहैं,तबकस्तूरीअपनेअथकप्रयासोंसेशब्दोंकीखुशबूबचाकररखनेकेलिएसंकल्पबद्धहै।

यहवर्षकस्तूरीकेलिएविशेषांकोंकावर्षरहा,जिसमेंछात्राओंनेविभाजनकीत्रासदीसेजुड़ेचित्रोंकेआधारपरउसव्यथाकोदीवारपरअंकितकिया।अगलाअंकअध्यापकोंकोसमर्पितकियागया।तत्पश्चात भक्ति परंपरा को आधार बना कर अंक आया और अंतिमअंकमातृभाषाकोसमर्पितरहा।

योजनाकालिया

(संचालककस्तूरीदीवारपत्रिका)

International Conference- on “Revolution in the new millennium- innovation, Ethics and Sustainability: A Multidisciplinary Approach”

2nd and 3rd February 2023

The International Conference on “Revolution in the new millennium-innovation, Ethics and Sustainability: A Multidisciplinary Approach” was organized by Vivekananda College, University of Delhi. It was organized on 2nd and 3rd February 2023, virtually (GoogleMeet) with the objective of bringing researchers, practitioners, academicians, industrialists, and professionals together in a multi-disciplinary approach and to provide a platform for them to meet and interact in fruitful debates and facilitate mutual understanding.

The inaugural session of the conference was begun at 9:30 a.m. with the welcome address by Dr Hina Nandrajog (Officiating Principal, Vivekananda College, and University of Delhi). It was followed by the introduction of the theme of the conference by Dr. Ranjeeta Pukhan, Associate Professor, Department of Commerce, Vivekandana College, University of Delhi, followed by the addresses of Honourable Chief Guest, Professor Ganga Prasad Prasain, Vice Chancellor, Tripura Central University and Guest of Honour, Professor Kaup Mohamed, Dean and Managing Director, London, American City College, UAE. The keynote speaker of the session was Professor Ajay Kumar Singh, Head and Dean, Department of Commerce, Faculty of Commerce and Business, University of Delhi. And the vote of thanks of the inaugural session was given by Dr. Anchala Paliwal, Department of English, University of Delhi.

The inaugural session was followed by plenary session 1, from 12:00 p.m. to 1:00 p.m.. The keynote speakers of these sessions were professor Ajanta Borgohain Rajkonwar Vice Chancellor, Assam Women’s University, Jorhat, Assam AND Professor Paresh Shah, Professor and Principal, Rai School of Management Studies, Rai University, Ahmedabad, Gujarat.

The plenary session 2 of the conference began from 2:00 p.m. and the keynote address of this session was given by Professor Anil Mehta, Professor, School of Legal Studies, Banasthali University, Rajasthan and Professor Daya Shankar Tiwary, Professor, Department of Sanskrit, University of Delhi. The session was moderated by Mr Yumnam Rocky, Assistant Professor, Department of English, and University of Delhi.

The Technical session 1 on Day 2 of the conference was chaired by Dr Astha Gupta, Assistant professor, Department of Economics and Decision Science, western Illinois University. And it was moderated by Ms. Yugmita Kesh. A total of nine papers were presented in the first technical session.

The technical session 2 on the same day was chaired by Dr. Keshav Raj Panthee, lecturer, Koteshwor Multiple College, Kathmandu. It was moderated by Ms. Priyanshi Bhatnagar. A total of ten papers were presented in this session. It was followed by the valedictory session of the conference. The valedictory speech was given by Professor Jolly Sahni, Director, Jubilation Office (Happiness Office) and Associate Director, Priince Sultan University, Saudi Arabia. It was followed by an enriching discussion on various perspectives, followed by the vote of thanks of the conference and it was delivered by Dr. Ranjeeta Pukhan, Associate Professor, Department of Commerce, Vivekandanda College.



STUDENT'S CANVAS



POSTER CREDITS:-
AKANSHA
BA(P) II Year



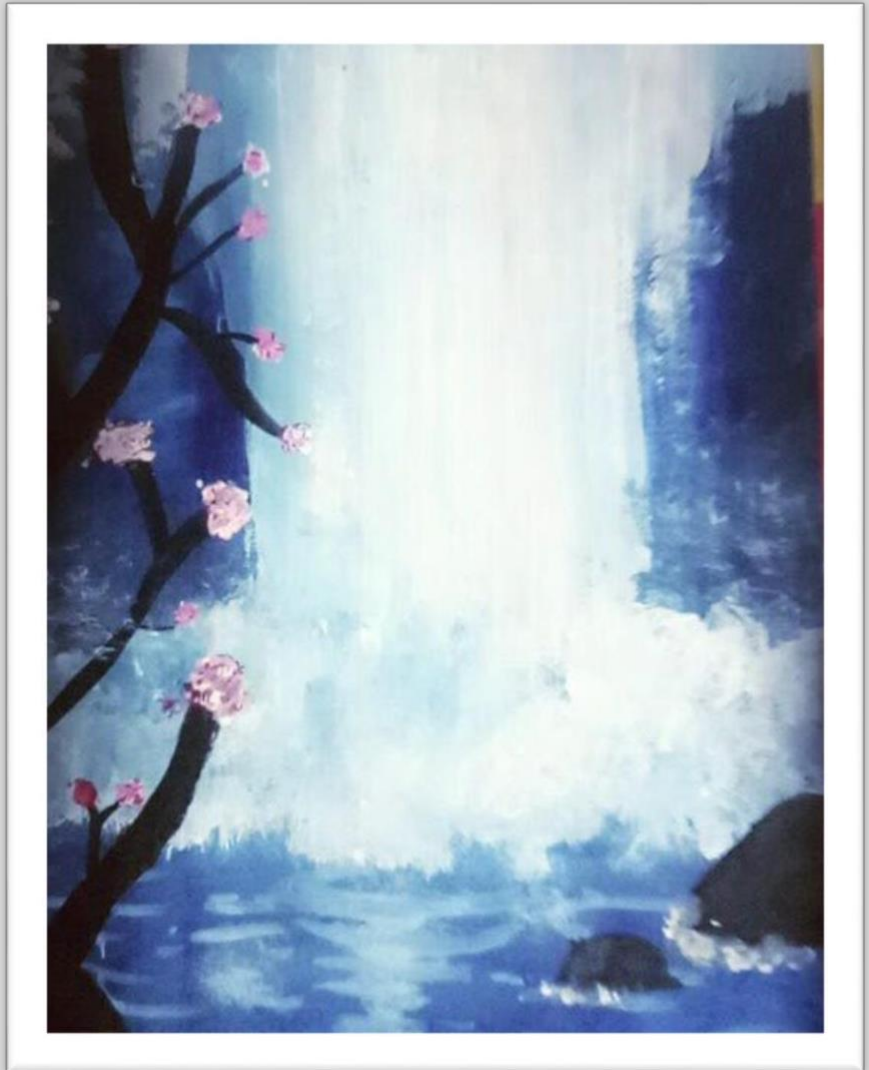
TANISHKA GAUR

BA.(P) II Year



SIMARDEEP KAUR

English (H) II Year

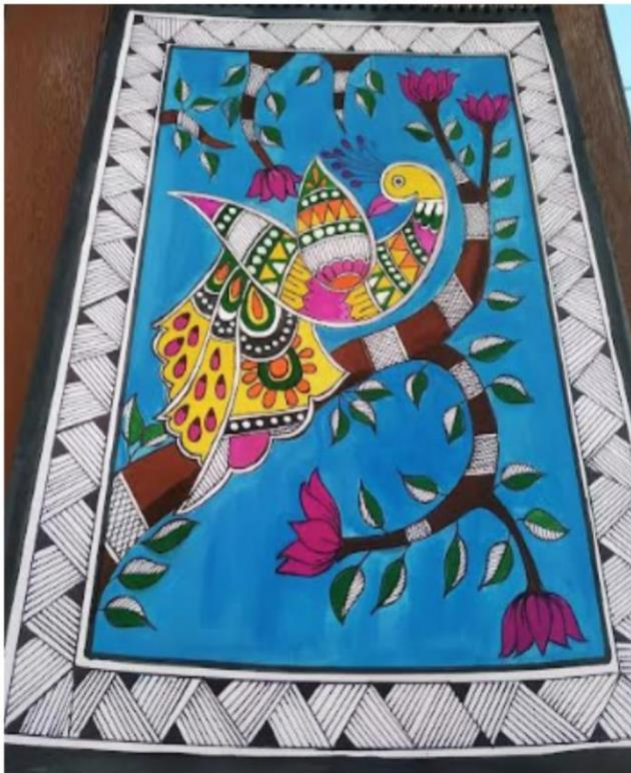


PALAK MALHOTRA

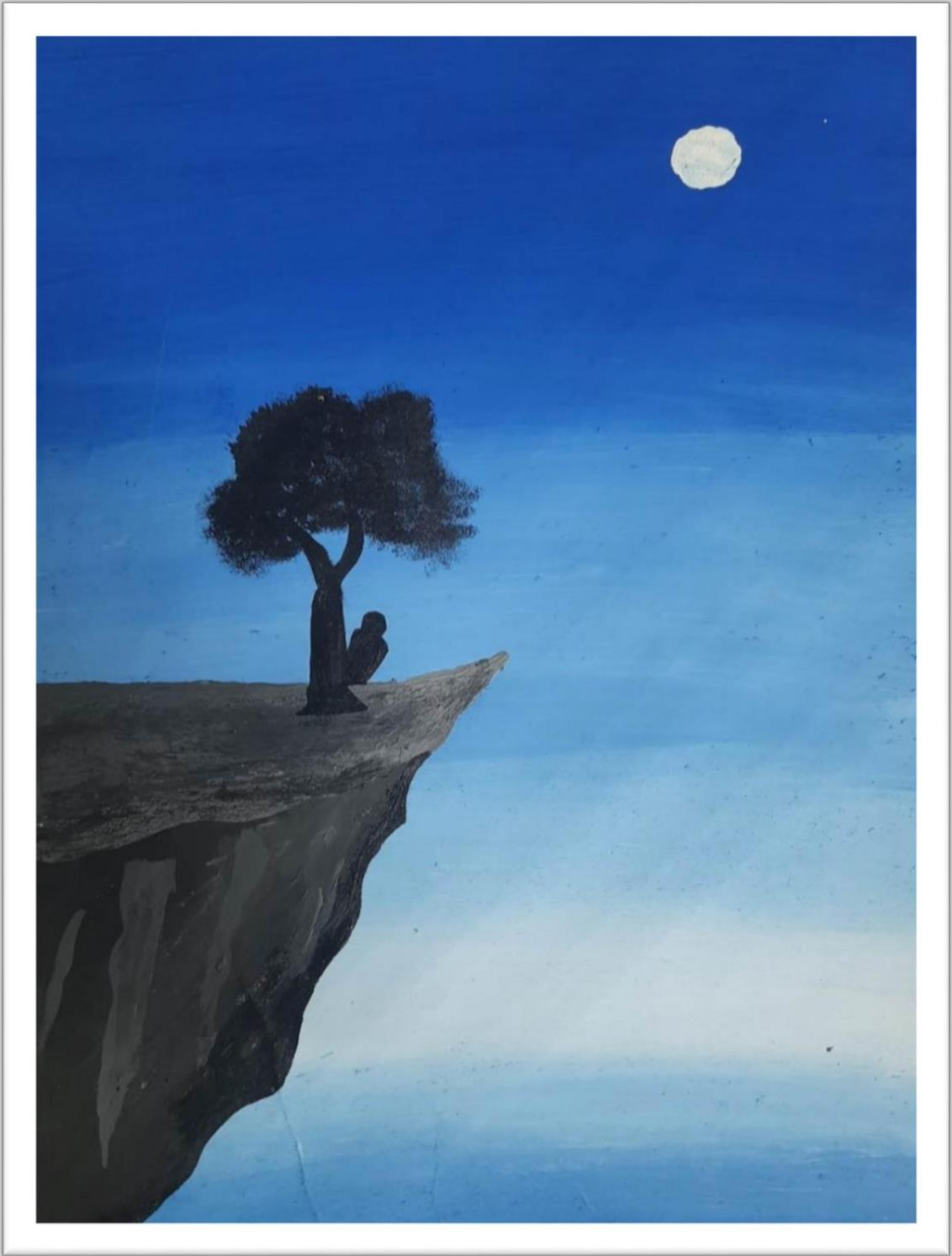
BA.(P) II Year



AKANSHA
BA.(P) II Year



PALLAVI SHARMA
BA.(P) II Year



KIRTI GUPTA

BA.(P) III Year



RESHMA_AHIRWAR

BA.(P) II Year



KIRTI GUPTA

BA.(P) III Year

The symbol used by mathematicians to represent the ratio of a circle's Circumference to its diameter.



Introduced by **William Jones** in 1706



π

= 3.141592920

3/14

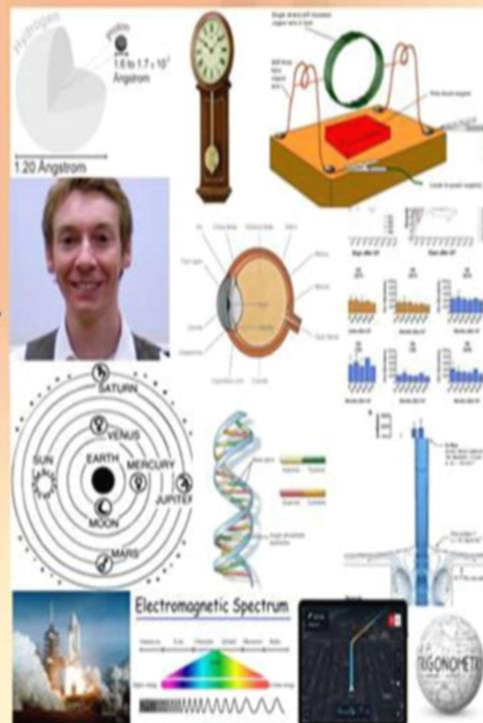
Pi Day



Symbol was later made popular by Swiss mathematician **Leonhard Euler** around 1737.

Uses

- NASA uses a maximum of 15 digits in its calculations for sending spacecraft to other planets.
- With 39 digits, you would be able to calculate the circumference of the known universe to within the width of a single hydrogen atom, according to mathematician **James Grime**.
- π itself is incredibly useful because it relates to the circle and so is found in many formulae in fields such as trigonometry.
- It can help scientists to understand objects and phenomena in nature which contain circular shapes.



Importance of π in our day-to-day life:

- Solve problems for electrical applications.
- Trak population dynamics
- Studying the structure of the eye.
- Trying to understand structure/function of DNA.
- Behavior of fluid ripples.
- Designing pendulum for clocks.
- Calculate areas of the skin of the aircraft.
- Signal processing and spectrum analysis.
- Navigation.
- Solving mathematical problems.

π



By: **Khushi Upadhyay**

Maths(H) {2nd Year}



GARIMA SINGH
English(H) II Year

India's G20 Presidency will work to promote the universal sense of one-ness.

Emerging role of वसुधैव कुटुम्बकम् in Education and skill development

- Improving Enrolment in primary schools
- Advancement of universal knowledge and IPR
- Development of quality standards
- Enhancing quality of education and vocational training

Today we do not need to fight for our survival - our era need not be one of war Indeed, it must not be one!

PM NARENDRA MODI

By: Tanishka Rajput
B.Sc. Mathematics(H)
2nd Year

TANISHA RAJPUT
B.SC. Mathematics (H) II Year



RUCHI YADAV
BA. Hindi(H) II Year

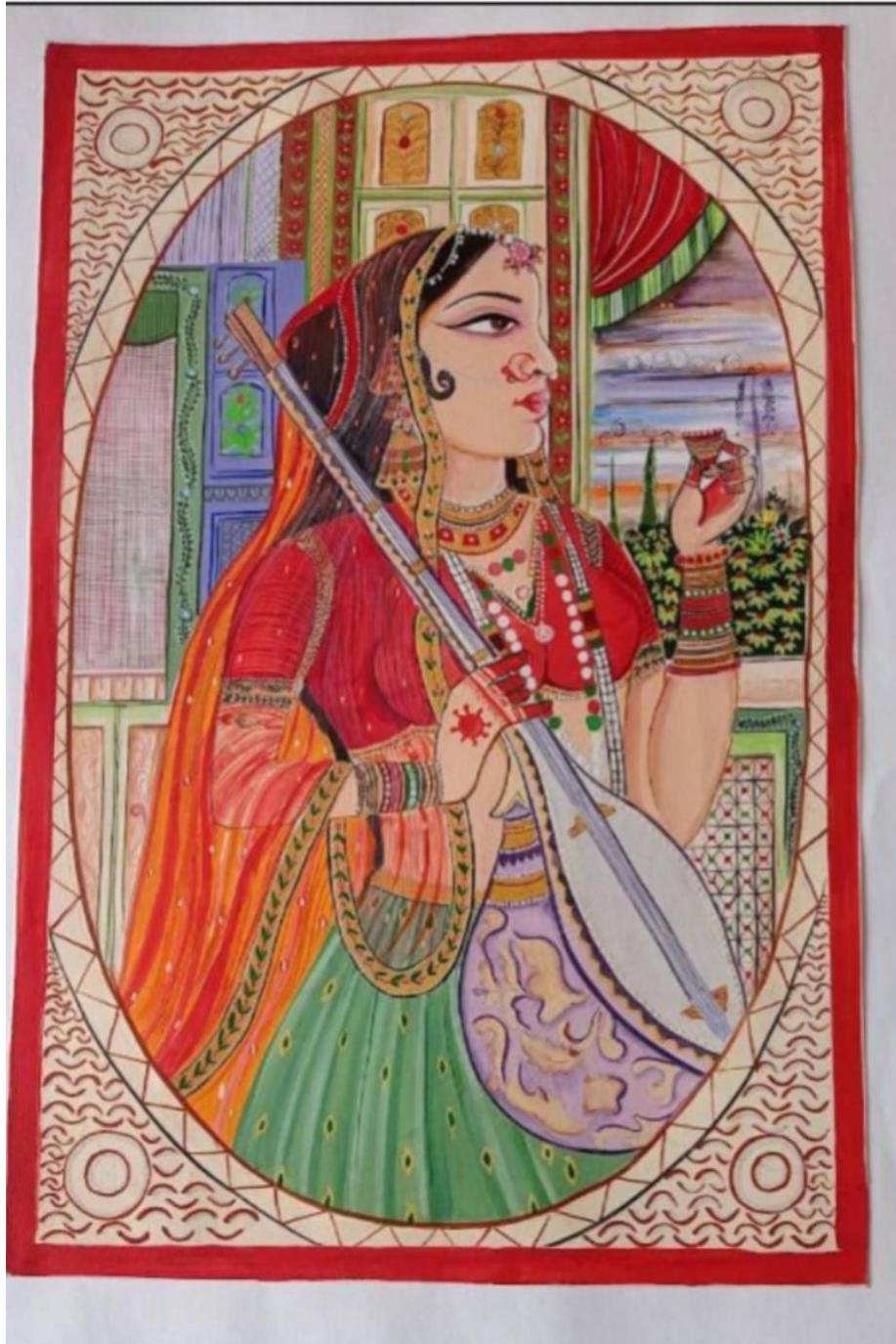


RUCHI YADAV
Hindi(H) II Year



HERN





Divya
Applied Psychology
3rd Year



Anshika Jain

Bcom hons

3rd Year



Aayushi Rajwar

Eng hons

3rd year



Jaza Mahajan

Eng hons

2nd year



Priya Kumari

BA program

2nd year

3rd year



Diksha Sharma
Applied Psychology
1st Year



Ayushi Verma
Bcom Program
2nd year

Bcom Program

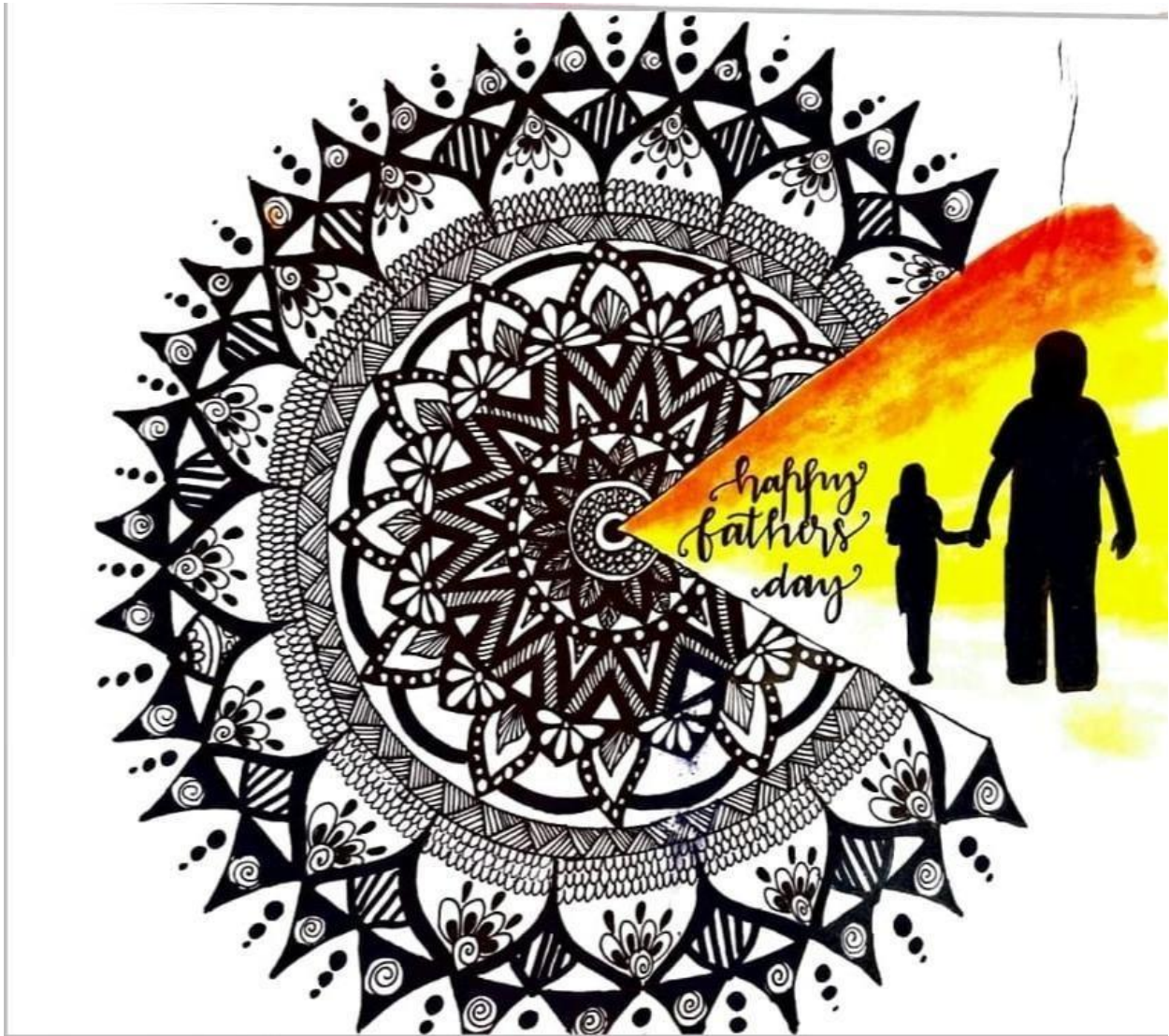
2nd year



Ayushi Verma

Bcom Program

2nd year



Ayushi Verma

Bcom Program

2nd year



Simardeep Kaur

English Hons

2nd year



Simardeep Kaur

English Hons

2nd year



Simardeep Kaur

English Hons

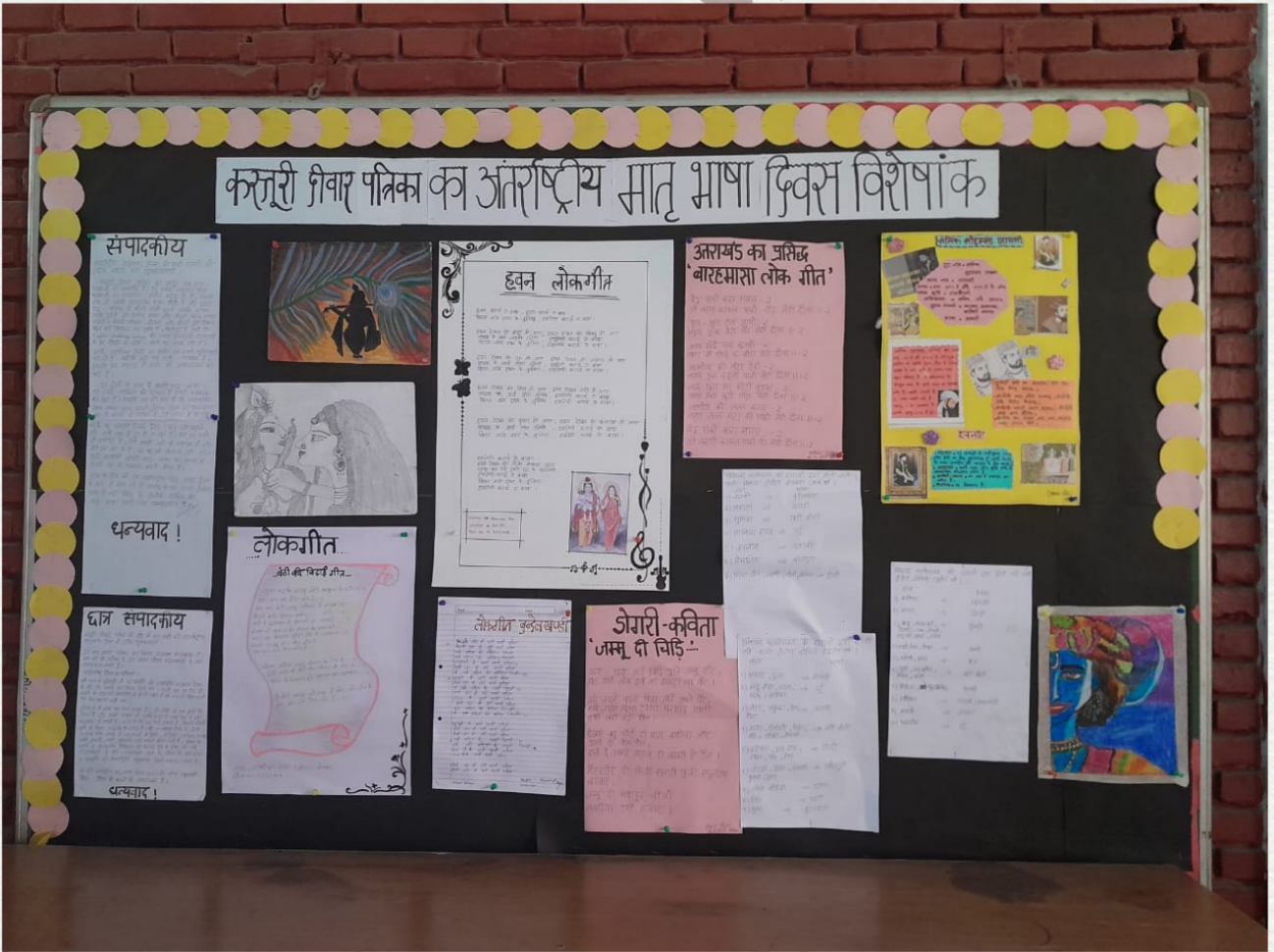
2nd year



Sonali Gupta
BA program
2nd year



कस्तूरी



दीवार पत्रिका



विवेकानंद महाविद्यालय की छात्राओं द्वारा बोली जाने वाली
क्षेत्रीय बोलियाँ (तृतीय वर्ष) -

नाम	भाषा
1) कनिष्का ⇒	गढ़वाली
2) संकार ⇒	डोंगरी
3) ऋतु, एकता वर्मा, ⇒ प्रेरणा, पलक, शिवानी, तन्वु वर्मा, तनुष्का, तानिया	हिन्दी
4) साक्षी मित्रा, शिखा ⇒	अवधी
5) प्रतीची, कृष्णा ⇒	ब्रज
6) सृष्टि, तन्वु कसौया, ⇒ सिमरन, आशी	खड़ी बोली
7) निकिता : तनुष्का BABBAR ⇒	पंजाबी
8) राधिका ⇒	पंजाबी / राजस्थानी
9) भ्रावणी ⇒	अंगिका
10) यासमीन ⇒	उर्दू

सालिक मुहम्मद जायसी



पूरा नाम → सालिक मुहम्मद जायसी

अन्य नाम → जायसी

जन्म → सन 1397 ई. और 1494 ई. के बीच

जन्म भूमि → रायबरेली

अभिभावक → सालिक राजे अरारफ़

मुख्य रचनाएँ → पद्मावत, अरबरावट, आखिरी कलाम

भाषा → अवधी



सालिक मुहम्मद जायसी का जन्म सन 1397 ई. और 1494 ई. के बीच हुआ। सालिक जी अमेठी उत्तर प्रदेश के निकट जायस के रहने वाले थे। इनका नाम बहुत प्रसिद्ध है। ये अफ़िक़ाना के निर्गुण द्वारा के ख़फी शाख का प्रतिनिधि कवि हैं। इनकी रचनाएँ में 12 ग्रंथ बताए जाते हैं परन्तु 7 ही उपलब्ध हैं। इनकी मृत्यु 1542 में हुई।



दाँटे

- सुमिराँ आदि एक भरतारू। जैहि जिउ दीन्ह कीन्ह संसारू ॥
- कीन्हैसि प्रथम जीति परकासू। कीन्हैसि तेहि पिरीत बैलासू ॥
- कीन्हैसि धारती, सररा, वतारू। कीन्हैसि बरन बरन औतारू ॥
- कीन्हैसि दिन, दिनअर, ससि, राती। कीन्हैसि गरवत, तराइन पाँती ॥

रचनाएँ

1. पद्मावत → यह जायसी की सर्वोत्कृष्ट रचना तथा हिंदी का श्रेष्ठ महाकाव्य है। इसमें बिरांडे के राजा रामसेन और पद्मावत के प्रेम गथाओं के अखण्डित सिद्धान्त वर्णित हैं।
2. अरबरावट → इसमें अरब, जीव, सृष्टि आदि के अखण्डित सिद्धान्त वर्णित हैं।
3. आखिरी - कलाम → इस ग्रंथ में कयासत का वर्णन है।
4. पित्ररेखा → यह प्रेमकाव्य है।



कानंद महाविद्यालय की छात्राओं द्वारा बोली जाने वाली विभिन्न क्षेत्रीय बोलियाँ (प्रथम वर्ष)

- | नाम | भाषा |
|---------------------------------|--------------|
| गानकी | ⇒ बुंदेलखंडी |
| गाकांक्षा | ⇒ मगधी |
| गुमिता | ⇒ खड़ी बोली |
| गामिया रावत | ⇒ उर्दू |
| जपलीन | ⇒ पंजाबी |
| रेमशिमा | ⇒ बोजपुरी |
| सेया जैन, लक्ष्मी, मीनी, नीतिका | ⇒ हिन्दी |

विवेकानंद महाविद्यालय की छात्राओं द्वारा बोली जाने वाली क्षेत्रीय बोलियाँ (द्वितीय वर्ष)

- | नाम | भाषा |
|---|--------------|
| 1) भावना, पूजा | ⇒ मैथिली |
| 2) तन्नु सैफी, तराना, सदफ, अंशिरा | ⇒ उर्दू |
| 3) नैहा, अनुष्का, रिया, रीना | ⇒ अवधी |
| 4) लान्या, हिमांशी, मेघा, रुचि, डिंकी, शैफाली | ⇒ खड़ी बोली |
| 5) करिश्मा, पूजा राय, रविता, चरु, टीना | ⇒ हिन्दी |
| 6) चाँदनी, दिव्या, हिमांशी, कुमारी, पुष्पा | ⇒ भोजपुरी |
| 7) ज्योति मौरंती | ⇒ उड़ीया |
| 8) दिशा | ⇒ पहाड़ी |
| 9) सुमन | ⇒ बुंदेलखंडी |

डोंगरी - कविता

'जम्मू दी चिड़ि'...

उड-दी - उड-दी आई चिड़ि पुजि जम्मू शौर,
खंड मीठे लोग इथे ना झगडा ना बैर ।

तवी जाइये पानी पिता तौते अपने पैर,
बावे जाइए मत्था टेकेया परशाद आली
बफी लगी बड़ी शैल ।

दिखां बहु फीट दा बाग बगीचा और
उत्तरे दी चैल पैल,
राजे दे अमर महल दी बखरी से डैल ।

मैटरडोर दी किती सवारी पूजी रघुनाथ
बाजार,

जम्मू दी मशहूर चीजां
लबदिया उथे हजार ।

लोकगीत बुन्देलखण्ड

⇒ किनक रंग म रंग कार्य मदिन
 किनक रंग म रंग कार्य मदिन
 जब मदिन की ओखिया पिरानी
 जब मदिन की ओखिया पिरानी
 रातीया के जाग कार्य मदिन।।
 ऐस रंग म रंग कार्य मदिन
 ये जब मदिन की ओखिया पिरानी - ②

⇒ नजरा के जाग कार्य मदिन
 ऐस रंग म रंग कार्य मदिन
 ये जब मदिन के पास पिरानी - ②

⇒ ऐस रंग म रंग कार्य मदिन
 रातान के जाग कार्य मदिन
 ऐस रंग म रंग कार्य मदिन
 जब मदिन की वरिया पिरानी
 ये जब मदिन की वरिया पिरानी - ③

⇒ मुसली के जाग कार्य मदिन
 ऐस रंग म रंग कार्य मदिन
 ऐस रंग म रंग कार्य मदिन
 जब मदिन के पास पिरानी - ④
 जब सारि हरिजी के पास पिरानी - ⑤
 फान प के नार्य कार्य मदिन
 फान प के नार्य कार्य मदिन

ऐस रंग म रंग कार्य मदिन
 ऐस रंग म रंग कार्य मदिन

हवन लोकगीत

हवन कराई रे बाबा , हवन कराई रे बाबा
बितल जाले हवन के जुनिया , हवनिया कराई रे बाबा ।

हवन देखन को ब्राह्म जी आरु , हवन देखन को विष्णु जी आरु
सथवा में आई लक्ष्मी रनियाँ , हवनियाँ कराई रे बाबा
बितल जाले हवन के जुनिया , हवनियाँ कराई रे बाबा ।

हवन देखन को राम जी आरु , हवन देखन को लक्ष्मण जी आरु
सथवा में आई सीता रनियाँ , हवनियाँ कराई रे बाबा
बितल जाले हवन के जुनिया , हवनियाँ कराई रे बाबा ।

हवन देखन को शिव जी आरु , हवन देखन नंदी जी आरु
सथवा में आई गौरी रनियाँ , हवनियाँ कराई रे बाबा
बितल जाले हवन के जुनिया , हवनियाँ कराई रे बाबा ।

हवन देखन को कृष्ण जी आरु , हवन देखन को बलराम जी आरु
सथवा में आई राधा रनियाँ , हवनियाँ कराई रे बाबा
बितल जाले हवन के जुनिया , हवनियाँ कराई रे बाबा ।

हवनियाँ कराई रे बाबा
हवन देखन को तीनों लोकवा आरु
शुद्ध कर देई हमरे घर के हवनियाँ ,
हवनियाँ कराई रे बाबा
बितल जाले हवन के जुनिया
हवनियाँ कराई रे बाबा ।

NAME ⇒ RIMJHIM RAI

COURSE ⇒ BA (P)

ROLL No. ⇒ 2022598



ॐ ॐ ॐ

लोकगीत.....

...बेटी की विदाई गीत...

सुना कइके जालू लैटी बालू के अँगना-2
झर-झर उरे मैना लौर है-2
मन करे फेरी जइलू अलिया पे जाइके ना
कँइरो करी जियरा कओर --- लैटी -- 1
बड़ी रे दुलखा से पौसली आ पलली --- 2
लेटवा से कम नाही तोहरा के जमली --
चह-चह चिरइयाँ छोड़ी दीहे रे चहकना -- 2
विहने परखू भीर-भीर हीत रे ...
झर-झर उरे मैना लौर है --

फरेला करेजा हमरा तोहरा के भोज के -- 2
दुखी मन से लैटी शंग दोसरा के भोज के -- 2
विधिर के विधान इहे लागल बा भूलवना -- 2

ऐ लैटी बालू करेजबा मी भीर-भीर हीत रे
झर-झर उरे मैना लौर है -- 2

नाम - आकांक्षा रंजन (बी.ए. प्रोग्राम)
रोल नं. - 2022009



घात्र संपादकीय

कस्तूरी दीवार पत्रिका की ओर से आप सभी को अंतराष्ट्रीय मातृभाषा दिवस की हार्दिक शुभकामनाएं ।

इस बार हमारी पत्रिका का विषय मातृभाषा से संबंधित है । इस बार की पत्रिका के द्वारा हमारा उद्देश्य मातृभाषाओं के प्रति जागरूकता लाना है ।

मातृभाषा दिवस का इतिहास :-

वर्ष 1999 में यूनेस्को ने 21 फरवरी को अंतराष्ट्रीय मातृभाषा दिवस के तौर पर मनाने का फैसला किया था । पहली बार इस दिन को मनाने की शुरुआत बांग्लादेश ने की थी । बाद में वर्ष 2000 से विश्व भर में यह दिन मनाया जाने लगा ।

दुनिया भर में भाषा एक ऐसा साधन है, जो लोगों को एक दूसरे से जोड़ता है और उनकी संस्कृति को प्रदर्शित करता है । एक देश में कई मातृभाषा हो सकती हैं । भारत में ही 122 ऐसी भाषाएं हैं, जिनकी बोलने वालों की संख्या 10 हजार से ज्यादा है । वहीं 29 भाषाएं ऐसी हैं, जिन्हें 10 लाख लोग बोलते हैं । भाषाओं में हिंदी, अंग्रेजी, बांग्ला, पंजाबी, अरबी, जापानी, रूसी, पुर्तगाली आदि भाषाएं बोलੀ जाती हैं । विश्व में भाषाई व सांस्कृतिक विविधता को बढ़ावा देने के लिए और कई मातृभाषाओं के प्रति जागरूकता लाने के उद्देश्य से प्रति साल 21 फरवरी को अंतराष्ट्रीय मातृभाषा दिवस मनाया जाता है ।

इस वर्ष अंतराष्ट्रीय मातृभाषा दिवस 2023 की थीम 'बहुभाषी शिक्षा - शिक्षा को बदलने की आवश्यकता है' ।

धन्यवाद !

संपादकीय

अंतर्राष्ट्रीय मातृभाषा दिवस की सभी पाठकों की हार्दिक बधाई एवं शुभकामनाएं।

कस्तूरी दीवार पत्रिका का प्रस्तुत अंक मातृ-भाषाओं को समर्पित है। हर व्यक्ति लगभग तीन भाषाओं का सामान्यतः प्रयोग करता ही है, जिसमें एक तो उसकी सामाजिक भाषा होती है और दूसरी घर-परिवार में बोली जाने वाली उसकी अथवा उसके पूर्वजों की क्षेत्रीय भाषा और तीसरी विश्व भाषा अंग्रेजी। जिसको सीखना, बोलना और बोलते हुए दिखना बहुत बड़ी विवशता बन चुकी है, विवशता है तभी तो English Speaking Course की तमाम दुनावदारी राजधानी के हर चौराहे के कोने-कोने पर चमक रही है।

इसके अतिरिक्त हिन्दी का प्रयोग हम अपनी सुविधानुसार कर रहे हैं। क्योंकि यही एक भाषा-माध्यम है, जिससे हम समाज में स्वयं को अभिव्यक्त कर पाते हैं।

इन दोनों से ऊपर है हमारी मातृ-भाषा। यह हमारे व्यक्तित्व की पहचान है हमारे अस्तित्व का मूल है। यद्यपि यह भी सच है कि तथाकथित सभ्य समाज आज अपनी क्षेत्रीय बोली को सार्वजनिक रूप से बोलने से कतरना है, उसे लगता है कि ऐसा

करके वह असभ्य दिखाई देगा। परंतु यही प्रवृत्ति हमें अपने आप से दूर ले जा रही है। जैसे हम अपने-से शक्तिवादी हैं, जैसे अपनी जड़ों से नाराज हैं और जैसे हम जहाँ के हैं, वहाँ का हमें होना ही नहीं चाहिए। प्यारे साथियों अपनी मातृ-भाषा का सम्मान अपनी माँ के सम्मान करने जैसा है।

आज के दिन को हम अंतर्राष्ट्रीय मातृ-भाषा दिवस के रूप में मना रहे हैं अर्थात् केवल अपनी क्षेत्रीय भाषा ही नहीं विश्व के प्रत्येक व्यक्ति की मातृ-भाषा हमारे लिए सम्माननीय है।

मेजना साहिबा

धन्यवाद !

करजरी गीवार पत्रिका का आंतराष्ट्रीय सातृ भाषा दिवस विशेषांक

संपादकीय

संपादकीय लेख... (Text describing the editorial process and the magazine's commitment to quality and diversity.)



धन्यवाद!

लोकगीत

...केठी की विरही गीत...

लोकगीत... (A collection of folk songs and their lyrics, presented in a decorative frame.)

हवन लोकगीत

हवन लोकगीत... (A collection of folk songs related to the 'Havan' festival, including lyrics and a small illustration of a deity.)

आरार्य5 का प्रसिद्ध 'वारहमिशा लोक गीत'

आरार्य5 का प्रसिद्ध 'वारहमिशा लोक गीत'... (A collection of folk songs from the Araryas, including lyrics and a small illustration of a deity.)

विभिन्न लोकगीतों का संग्रह... (A collage of various folk songs from different regions, featuring small illustrations and text.)

द्वितीय संपादकीय

द्वितीय संपादकीय... (A second editorial piece, discussing the magazine's progress and future plans.)

धन्यवाद!

लोकगीत बुद्धवचण

लोकगीत बुद्धवचण... (A collection of folk songs inspired by the teachings of Buddha, including lyrics and a small illustration.)

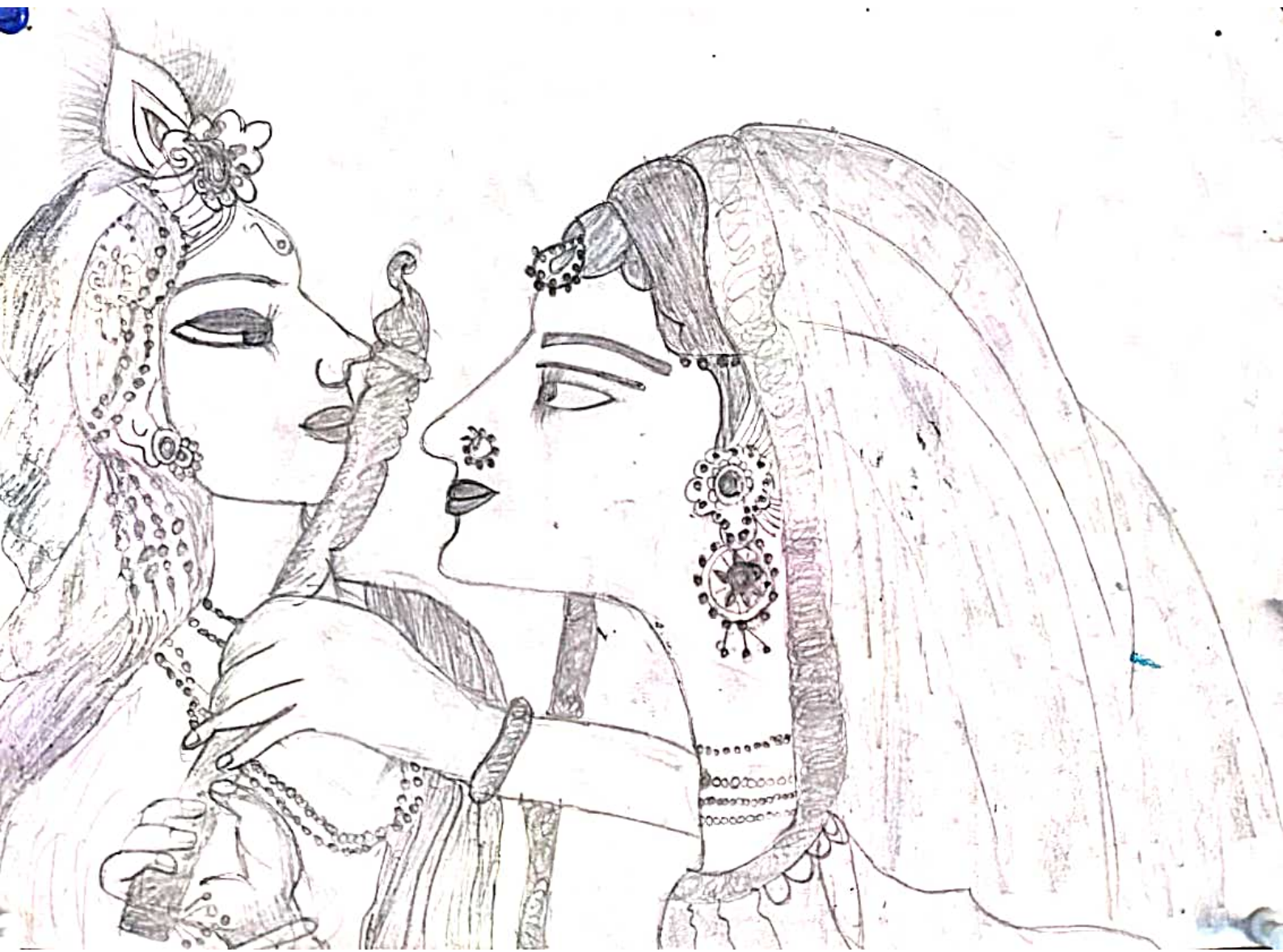
ओगरी-कविता 'जसू' की विधि

ओगरी-कविता 'जसू' की विधि... (A collection of Ogari poetry, including the 'Jasu' method, with lyrics and a small illustration.)

विभिन्न लोकगीतों का संग्रह... (A collection of various folk songs, including lyrics and a small illustration.)

1. लोकगीत	...
2. लोकगीत	...
3. लोकगीत	...
4. लोकगीत	...
5. लोकगीत	...
6. लोकगीत	...
7. लोकगीत	...
8. लोकगीत	...
9. लोकगीत	...
10. लोकगीत	...





अतरायंड का प्रसिद्ध 'बारहमासा लोक गीत'

बैडु पाकौ बारा मास्या - २

औ नरण काफल पाकौ चैत मेरी दैला ॥-२

भुण - भुण दीन आयौ - २

नरण पूजा तेरी मैत मेरी दैला ॥-२

आप खाँदै पन सुपारी - २

नरण में पीलूँ द बीडि मेरी दैला ॥-२

अल्मीडा की नंदा देवी - २

नरण फुल दहूनी पाती मेरी दैला ॥-२

त्यार खुटा मा कांटी बुडया - २

नरणा मेरी खुटी पीड़ा मेरी दैला ॥-२

अल्मीडा को लल्ल बजार - २

नरण लल्ल मटा की सीढ़ी मेरी दैला ॥-

बैडु पाकौ बारा मास्या - २

औ नरणी काफल पाकौ चैत मेरी दैला ॥-३



करगुरी गीवार पत्रिका का आंतराष्ट्रीय सातू भाषा दिवस विशेषांक

संपादकीय

संस्कृत भाषा का विकास और प्रचार के लिए सातू भाषा दिवस का आयोजन किया गया है। इस अवसर पर सातू भाषा के विकास और प्रचार के लिए सातू भाषा दिवस का आयोजन किया गया है।

सातू भाषा का विकास और प्रचार के लिए सातू भाषा दिवस का आयोजन किया गया है। इस अवसर पर सातू भाषा के विकास और प्रचार के लिए सातू भाषा दिवस का आयोजन किया गया है।



धन्यवाद!

धन्यवाद!

लोकगीत

...देवी की विराई गीत...

लोकगीत

हवन लोकगीत

हवन लोकगीत

हवन लोकगीत



अठारहवाँ का प्रतिष्ठ 'बादलमारा लोक गीत'

अठारहवाँ का प्रतिष्ठ 'बादलमारा लोक गीत'

सिद्धि सोहनर जयमल

सिद्धि सोहनर जयमल

लोकगीत बुनैलखण्ड

लोकगीत बुनैलखण्ड

ओगरी-कविता 'जम् दी चिड़ि'

ओगरी-कविता 'जम् दी चिड़ि'

जम् दी चिड़ि

1	...
2	...
3	...
4	...
5	...
6	...
7	...
8	...
9	...
10	...



धन्यवाद!

धन्यवाद!

कन्नूरी विचार पत्रिका का आंतराष्ट्रीय मातृ भाषा दिवस विशेषांक

संपादकीय

आंतराष्ट्रीय मातृ भाषा दिवस की अवसर पर हमारे पत्रिका के माध्यम से हमारे पाठकों को मातृ भाषा के महत्व के बारे में जानकारी देना हमारा उद्देश्य है। मातृ भाषा हमारे जीवन का आधार है। यह हमारे व्यक्तित्व को आकार देती है और हमारे समाज को एकता देती है। हमें अपनी मातृ भाषा को संभालना और उसे हमारे जीवन का हिस्सा बनाना चाहिए।

हमारे पत्रिका के माध्यम से हमारे पाठकों को मातृ भाषा के महत्व के बारे में जानकारी देना हमारा उद्देश्य है। मातृ भाषा हमारे जीवन का आधार है। यह हमारे व्यक्तित्व को आकार देती है और हमारे समाज को एकता देती है। हमें अपनी मातृ भाषा को संभालना और उसे हमारे जीवन का हिस्सा बनाना चाहिए।



धन्यवाद !

लोकगीत

...वेदी की विराई गीत...

जुगलपति के जगलपति गीत...
 जगलपति के जगलपति गीत...
 जगलपति के जगलपति गीत...

द्वेषन लोकगीत

द्वेषन गीतों में अक्सर एक व्यक्ति के दुःख, शोक या अपमान को व्यक्त किया जाता है। इन गीतों में अक्सर एक व्यक्ति के दुःख, शोक या अपमान को व्यक्त किया जाता है। इन गीतों में अक्सर एक व्यक्ति के दुःख, शोक या अपमान को व्यक्त किया जाता है।

द्वेषन गीतों में अक्सर एक व्यक्ति के दुःख, शोक या अपमान को व्यक्त किया जाता है। इन गीतों में अक्सर एक व्यक्ति के दुःख, शोक या अपमान को व्यक्त किया जाता है। इन गीतों में अक्सर एक व्यक्ति के दुःख, शोक या अपमान को व्यक्त किया जाता है।



अंतराखंड का प्रसिद्ध 'बाहदमासा लोक गीत'

वेदु पाणी बगल मरुत - 2
 ओ नरगल बाबल बगल ओ नरगल बाबल - 2
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सिक्किम लोकगीत, प्रारण

सिक्किम लोकगीतों का संग्रह। इसमें सिक्किम के विभिन्न भागों के लोकगीतों का संग्रह है।

सिक्किम लोकगीतों का संग्रह। इसमें सिक्किम के विभिन्न भागों के लोकगीतों का संग्रह है।

लोकगीत बुद्धवखण्ड

लोकगीत बुद्धवखण्ड का संग्रह। इसमें बुद्धवखण्ड के विभिन्न भागों के लोकगीतों का संग्रह है।

लोकगीत बुद्धवखण्ड का संग्रह। इसमें बुद्धवखण्ड के विभिन्न भागों के लोकगीतों का संग्रह है।

ओगरी-कविता 'जम्मू की चिड़ि'

उपरी - उपरी ऊर्दी चिड़ि मुनि जम्मू चिड़ि,
 सैद गौरी लीम डी वा शम्डी ना बँत ।
 तम जारु पाणी पिना तौरु जने पेंत,
 बने जारु मरुत डैरुत परसाद अरुत
 तम लीम बँतु रीत ।
 टिको बडु लोटु दा बगल बगल ओट
 उनो दा नरुत नरुत,
 सारे न अगल महल दो वरुत रें डेल ।
 मँटरुत री सिंगी सगरी पूनी ररुतान
 बगल,
 जम्मू की मरुत नरुत
 लकीया उधु हवार ।

सिक्किम लोकगीतों का संग्रह। इसमें सिक्किम के विभिन्न भागों के लोकगीतों का संग्रह है।

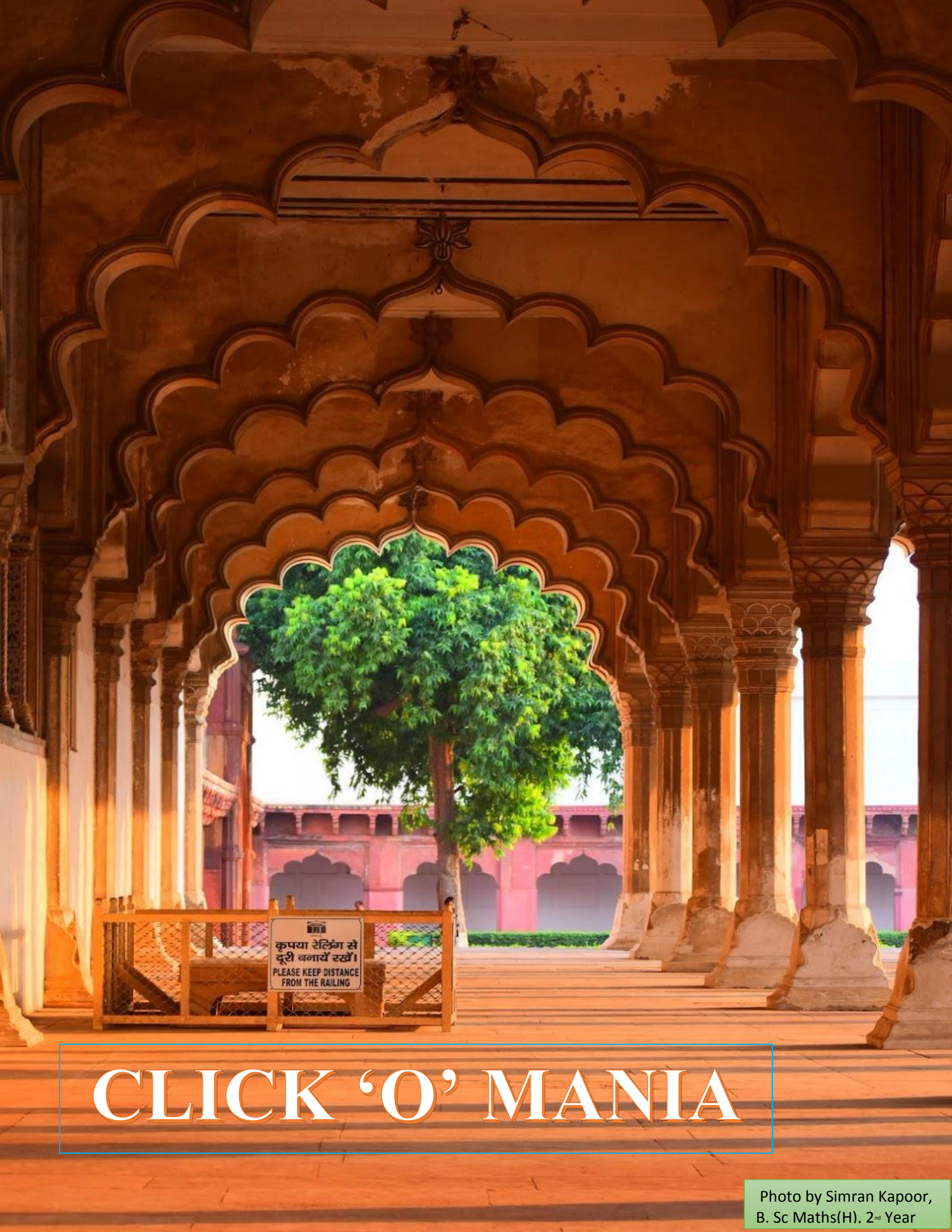
सिक्किम लोकगीतों का संग्रह। इसमें सिक्किम के विभिन्न भागों के लोकगीतों का संग्रह है।

सिक्किम लोकगीतों का संग्रह। इसमें सिक्किम के विभिन्न भागों के लोकगीतों का संग्रह है।

सिक्किम लोकगीतों का संग्रह। इसमें सिक्किम के विभिन्न भागों के लोकगीतों का संग्रह है।



धन्यवाद !



CLICK 'O' MANIA

Photo by Simran Kapoor,
B. Sc Maths(H), 2nd Year

Click 'O' Mania Collections: Year 2022-2023



Photo by Umaima, B. Sc Maths (H), 3rd Year

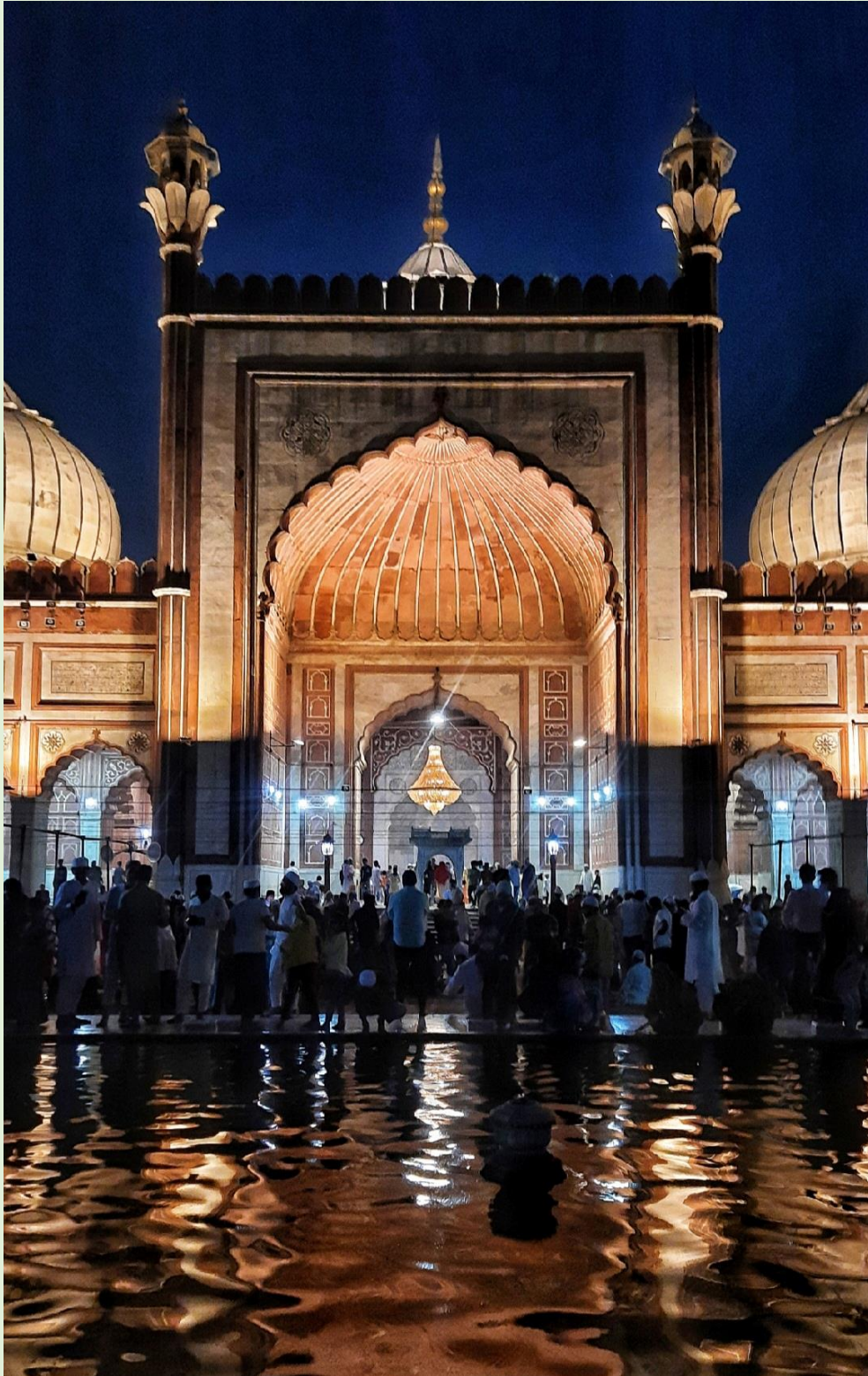


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Photo by Vanshika Madan, BA (P), 3rd Year



Photo by Umaima, B.Sc Maths (H), 3rd Year



Photo by Juveria Javed, BA Eng (H), 2nd Year



Photo by Garima Singh, BCom(H), 2nd Year



Photo by Kopal Srivastav, BA Applied Psychology (H), 2nd Year



Photo by Umaima, B. Sc Maths (H), 3rd Year



Photo by Parul Valecha, BA (P), 3rd Year



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(2022-2023)



KIRTI GUPTA
BA(P), III YEAR