

CHAIRPERSON'S MESSAGE



I am really delighted to see Vivekananda College's relentless commitment towards excellence in academic endeavours, and *ISHA* magazine is a manifestation of this commitment. The college magazine is a litmus test for the kind of education that has been imparted to the student because in it we see the knowledge and creativity that has been cultivated. I am glad that the publication committee of Vivekananda College has conceptualized the annual magazine around the concept of Viksit Bharat@2047. Viksit Bharat is a holistic programme that takes into account arts, science and technology, economics and governance – the very disciplines that form the core of the Indian educational system.

Viksit Bharat is an idea whose time has come. India has a population of about 1.4 billion, of which about 50 percent are under the age of 25 years. This programme has the potential to harness the human resource of India and transform the country into a completely developed nation by its centenary year of independence. I firmly believe *ISHA* magazine has provided the necessary space for the students to finalpower their dreams towards good governance, economic growth, social progress, and environmental sustainability of the nation. And I hope the ideas and visions articulated in this magazine will go on to shape India as a great nation. I also take this opportunity to congratulate the Officiating Principal, Dr. Hina Nandrajog; the Publication Convenor, Dr. Nalini G. Kapoor, the faculty members of the Publication Committee, and the students for their concerted effort in bringing out this annual issue. I wish *ISHA* the very best in its endeavour for the positive expansion of the human mind.

Prof. Neera Agnimitra Chairperson, Governing Body

PRINCIPAL'S MESSAGE



"The infinite future is before you, and you must always remember that each word, thought, and deed, lays up a store for you..."

Swami Vivekananda

I am truly delighted that the Publication Committee of Vivekananda College has conceptualized the annual magazine ISHA under the theme of Viksit Bharat@2047. Viksit Bharat is a visionary plan of the Indian government to develop India into a modern, developed nation by the year 2047. This vision resonates with the intellectual climate of the times Swami Vivekananda lived in, which was to make India a modern nation so that the people were fit for freedom and self-rule. The dominant spirit of Swami Vivekananda's times was to develop Indian languages and literature, reform Indian society by eradicating its flaws, and to integrate the women of India in the process of nation-building.

The commonality between the vision of Swami Vivekananda and Viksit Bharat does not merely dwell only in the idea of development and modernization, but also on the emphasis on the role that the youth has in the health and wealth of a nation. Swami Vivekananda is a youth icon and his birth anniversary is celebrated as National Youth Day in India. He believed that a young generation of self-disciplined and self-reliant youth can develop their abilities and potential and achieve greatness in a year compared to what an unruly group of people can achieve in a century. This is echoed in his famous quote, "Arise! Awake! And stop not till the goal is reached."

Likewise, Viksit Bharat is branded as the Voice of Youth. It is a platform that gives voice to the youth to determine for themselves their vision of what India should be and lay out the steps to make India a developed state. I firmly believe that the students of Vivekananda College embrace this vision.

The college's annual magazine ISHA has always been a platform for freedom of expression and creativity. I believe that the magazine has provided the students with the necessary space to share their ideas and visions for a developed India. It is important for women to think independently so that they break away from the traditions that subordinate them and control their subjectivity. The real nature of women can only be realized if their dreams and aspirations are given space for expression and they are given the opportunity to act upon them. Viksit Bharat will be incomplete without the progress of women because they constitute half of India's population, and giving them equal opportunities would transform the nation and catapult it on the highway to civilizational progress. I believe the students have sown the foundational seeds of developed India in their articles, poems, stories and other forms of art.

I congratulate the Editorial Board of the magazine and invite all teachers and students to embark on a delightful journey through the pages of ISHA.

> Dr. Hina Nandrajog Officiating Principal

CHIEF EDITOR'S MESSAGE



I am delighted to introduce the online version of Vivekananda College magazine ISHA for the year 2024. By aligning with Prime Minister Modi's vision of Viksit Bharat@2047, the E-magazine "ISHA" for the academic year 2024 aims to inspire and inform its readers about the collective journey towards India's prosperity, while also celebrating the nation's rich heritage and diverse achievements. Viksit Bharat @2047 represents India's ambitious vision for the year 2047, marking a century since its independence. In these transformative decades, India aspires to emerge as a global leader, a beacon of progress, and a model of inclusive development. With innovation as its engine, unity as its strength, and sustainability as its guiding principle, Viksit Bharat@2047 aims to inspire and inform its readers about the collective journey towards India's prosperity, while also celebrating the nation's rich heritage and diverse achievements. As we march forward with determination and resilience, let us build a future where India's potential knows no bounds, and where the spirit of Viksit Bharat illuminates the path to prosperity for generations to come.

This magazine showcases the exceptional literary talents of our students. Students from all academic disciplines are encouraged to unleash their creativity and contribute original articles, poems, artwork, anecdotes, memorable experiences, self-composed poems, short stories, posters, and cartoon strips for the college magazine, exploring the theme and venturing beyond its boundaries. As a result they were inspired to think positively. The teachers and student editorial board members have edited, developed, and compiled the works submitted to develop this e-magazine.

With each brushstroke or verse, they create, A universe anew, they innovate. In colors bold or words so wise, Their boundless creativity forever flies.

So let us cherish each unique voice, In their creativity, we rejoice. For in their dreams, we find our own, In students' creativity, a world is shown.

The aim of the editorial team of the magazine is to provide the best content to the readers in the best shape, making it possible for them to read and imagine. Happy Reading!

-Dr. Nalini G. Kapoor Convenor, Publication Committee

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Photo by Mr. Amit Kumar (Click 'O' Mania Society)

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SIMARDEEP KAUR BA(H) III YEAR

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EDITORIAL



MS. KARISHMA POPLI



DR. BONIFACE GAIGUILUNG KAMEI

Greetings, esteemed readers,

As we embark on another exhilarating journey with ISHA magazine, it fills me with immense joy to welcome you to the gateway of inspiration and creativity. Over the years, ISHA has remained a beacon of enlightenment, nurturing the literary and artistic expression, fostering a culture of creativity and innovation and facilitating the intellectual discourse of our academic community.

This year, as we set our sights on Viksit Bharat 2047, the editorial board of ISHA magazine is thrilled to unveil a tapestry of visionary ideas, compelling insights and reflections, articulating a promising vision of our country. In the ever-evolving landscape of our nation, we find ourselves at a pivotal juncture, where dreams intertwine with reality and aspirations soar to new heights. The essence of Viksit Bharat lies in our collective pursuit for a transformative and harmonious nation, where every individual is empowered to unleash their full potential. The role and collaborative endeavors of academia are critical in shaping a progressive discourse. The eclectic content penned between the covers of ISHA epitomizes the collective spirit and aspiration of our educational community towards the quest and pursuance of our envisioned future.

Through the lens of literature and art, ISHA magazine celebrates the spirit of innovation, progression, resilience, and inclusivity that defines the trajectory of our journey towards 2047. Our English section serves as a kaleidoscope of diverse perspectives, encapsulating the myriad facets of our society and echoing the voices of change. From poignant tales of perseverance to stirring verses of hope, each contribution resonates with the ethos of a nation on the cusp of greatness.

Through the curated collection of the magazine, we aim to ignite conversations, sparks innovative ideas and catalyze positive action in realizing a transformative future. Let us embrace the challenges of today with the unwavering belief that tomorrow holds boundless opportunities for growth and transformation. As we navigate through the pages of ISHA, in the spirit of camaraderie and empowerment let us join hands to shape the destiny of Viksit Bharat, where every dream finds its wings and every voice is heard.

Welcome, dear esteemed readers, we invite you to experience the evocative power of words and art, igniting imagination that transcends limitations and inspire thoughtful dialogue.

DREAMS OF TOMORROW: SCI-FI, FANTASY, INNOVATION, AND PROGRESS

In the words of Prime Minister Narendra Modi, the vision for India is 'Viksit Bharat 2047', a developed and prosperous nation by the year 2047. This vision is not just a dream, but a roadmap for the future, a blueprint for progress that intertwines the threads of science fiction, fantasy, innovation, and progress. Science fiction and fantasy are more than just genres of literature or film. They are the playgrounds of the mind, where the laws of physics can be bent, and the impossible made possible. They allow us to envision a future unbound by the constraints of today, a future where teleportation is commonplace, where AI coexists with humans, and where interstellar travel is as easy as a drive to the supermarket. In the context of 'Viksit Bharat 2047', these genres serve as the creative sparks that ignite the flame of progress. They inspire us to dream of a future where India is not just a participant in the global technological race but a leader, setting the pace for others to follow.

Innovation is the bridge between the world of dreams and the world of reality. It is the process of turning the fantastical ideas of sci-fi into tangible technologies that drive progress. In the journey towards 'Viksit Bharat 2047', innovation is the vehicle that will carry us forward. India is already making strides in this direction. The country is becoming a hotbed for tech startups, with young entrepreneurs developing innovative solutions to some of the world's most pressing problems. From affordable healthcare technologies to sustainable farming practices, Indian innovators are making their mark on the world stage. In the realm of sci-fi technologies, India is making significant strides in like Quantum Computing, areas Artificial Intelligence (AI), Machine Learning (ML), and Space Technology. Quantum computing, with its potential to perform complex calculations at unimaginable speeds, could revolutionize fields like cryptography, material science, and AI. AI and ML, integral parts of our daily lives, could play a crucial role in sectors like healthcare, agriculture, and education.

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Space technology, once the exclusive domain of sci-fi, is now a booming industry, with India demonstrating its prowess through missions like Mangalyaan and Chandrayaan. Progress is the realization of our dreams of tomorrow. It is the manifestation of our sci-fi fantasies and the fruit of our innovative endeavours. As we move towards 'Viksit Bharat 2047', every step of progress brings us closer to our vision. But progress is not just about technological advancements. It is also about social and environmental development. It is about ensuring that the benefits of technology reach every corner of the country, from the bustling cities to the remote villages.

It is about creating a society where everyone has access to quality education, healthcare, and opportunities for growth. India could lead the way in the development and deployment of technologies like advanced solar panels, high-capacity batteries, and even fusion power. These could help India achieve its climate goals and ensure a sustainable future for all its citizens. As we journey towards 2047, let us keep this spirit alive, for it is this spirit that will guide us to our destination - a developed and prosperous India. Let us dream, innovate, and progress together, for the future of India is in our hands.

> KANIKA KHURANA BA (P) I YEAR



AN INITIATIVE TO MAKE INDIA A 'VISHWAGURU'

Along with the youngest skilled workforce, Our prime minister Shri Narendra Modi Ji Made some goals for its next 25-year course.

The goal to make India a developed country On completion of its hundred years, A nation with one of the largest economy And a youth with better careers.

This period will be referred to as 'AMRIT KAAL' With a focus on working age population, The demographic dividend will benefit India By increasing skilled youth participation.

Survey 2018 states- 'INDIA MUST GET RICH, BEFORE IT GETS OLD' but, Survey 2047 will say- 'A COUNTRY OF DOLLAR 30 BILLION ECONOMY WITH A STRONG HOLD'

Our prime minister has shown us a vision, Now it's our duty to make it true. He has provided us a clear roadmap With the PANCH PRAN- as a holistic view.

Panch Pran in yogic and sanskrit termsMeans the five vital forces of lifeBut with the Panch Pran as our goal,They serve as our reminders to thrive.

The first goal - DEVELOPED INDIA As an economic powerhouse of the world, With the third largest economy by 2023 and A remarkable title of 'Golden Bird.' "Freedom from all thoughts of slavery" Comes as our second target to achieve, Where people can express and impress And their actions make the world believe.

[']Proud Heritage' is our third goal Reminding us to take pride in our roots Representing incredible diversity in cultures, Colours, languages, and religious groups.

Unity, Harmony and Solidarity are the next Pran With state and centre speaking in one voice, Showing the spirit of cooperative federalism And resolving their issues by their own choice.

'Sense of Duty' among the citizensIs the last, but not the least, goal,As the idea of becoming a developed countryCan only be achieved as a whole.

Let's help India unleash its potential, By being the responsible citizen, To make it a prosperous nation, With a workforce full of ambition.

Each and every step is counted In the way to achieve the success As 'success is not just about racing the goal, It's about who we become in the process.'

> AYUSHI VERMA B.COM (P) III YEAR

GREEN INDIA: VIKSIT BHARAT'S JOURNEY TOWARDS SUSTAINABLE DEVELOPMENT

In the wake of the "Viksit Bharat 2047" initiative, India stands at the forefront of green sustainable development, embodying a vision that intertwines progress with environmental stewardship. From the bustling streets of Delhi to the serene backwaters of Kerala, the country is abuzz with initiatives that harmonize growth with sustainability, paving the way for a greener and more vibrant future.

Viksit Bharat 2047 is an opportunity to experience a nation on the path to a sustainable future. It's a chance to be a part of the solution, to learn, and to be inspired by India's commitment to a greener tomorrow. India, a land of vibrant culture and breathtaking landscapes, faces a critical challenge: balancing economic growth with environmental sustainability. While the nation surges forward, the need to conserve its precious ecosystems and reconnect with nature becomes even more important.

India's rich history boasts a deep respect for nature. From the reverence for rivers in Hinduism to the animistic beliefs of tribal communities, the concept of living in harmony with the environment is woven into the very fabric of Indian culture. Traditional practices like worshipping trees and celebrating festivals like harvest thanksgiving reflect this age-old connection. However, rapid development has taken a toll. Pollution, deforestation, and climate change threaten India's natural heritage. Here's where the wisdom of the past can guide the future. Sustainable practices like rainwater harvesting and organic farming, already part of India's traditional knowledge, can be revived and modernized. Fortunately, with Viksit Bharat 2047 ambitious vision to transform the nation on its way, a "Green India" is not just a dream.

Several initiatives are being underway:

- Eight National Missions under the National Action Plan on Climate Change (NAPCC) are promoting environmental conservation. "Green India Mission", one among them, aims to increase forest cover and combat climate change.
- Renewable energy sources are being actively pursued to reduce dependence on fossil fuels. Already the world's fourth largest producer of renewable energy, India has set ambitious targets for the future. By 2030, our nation aims for 50% of the electricity to come from non-fossil fuels, a five-fold increase from its current share. This shift is reflected in the staggering growth of solar and wind power. Solar capacity has exploded from a humble 2.6 GW in 2014 to a colossal 72.3 GW in 2023, making India a global leader in the sector.

Wind power, too, has witnessed a remarkable rise.

- Smart city initiative, an urban renewal and retrofitting program, is incorporating green spaces and sustainable infrastructure. The mission was planned to include 100 cities, with the deadline for completion of the projects set between 2019 and 2023. As of September 2023, 6188 out of total 7960 tendered projects have been completed.
- Viksit Bharat 2047 also promotes sustainable travel so that 'wheels don't cost the earth'. As part of green transportation, a robust network of electric vehicles (EVs) is transforming public transportation. Tourists can explore cities in eco-friendly taxis, buses, and even rickshaws. Additionally, a wellmaintained cycling infrastructure encourages exploration on two wheels.

This reduces carbon footprint but allows visitors to discover hidden gems.

 Minimizing Waste: Overstuffed landfills are becoming a thing of the past. The initiative promotes responsible waste management. Biodegradable packaging, waste segregation systems, and awareness campaigns will ensure "people leave only footprints, not litter".

Even the Union Budget 2024 emphasizes 'Green Growth' by unveiling а comprehensive plan to achieve India's Net Zero target by 2070. The budget allocates resources to boost the green energy sector like focusing on offshore wind energy potential, setting up coal gasification and liquefaction capacity, and mandating phased blending of compressed biogas in transport and domestic gas. Additionally, it promotes eco-friendly alternatives like biodegradable polymers and biopharmaceuticals. Importantly, the budget

is strengthening the Electric Vehicle ecosystem through manufacturing and charging infrastructure support, positioning India as a leader in sustainable mobility. Initiatives like these aligns with global environmental goals and are expected to drive innovation, create employment opportunities, fostering a sustainable and prosperous future.

As future leaders, the onus lies on us, the youth, to champion this cause of fueling development with sustainability. We can and should:

- Advocate for environmental policies and hold authorities accountable.
- Embrace eco-friendly lifestyles by reducing waste, conserving water, and opting for sustainable products.
- Spread awareness through social media campaigns and community engagement.

Building a Green India requires a collective effort. By rediscovering our cultural respect for nature, adopting sustainable practices, promoting, and adhering to government initiatives and taking individual responsibility, we can forge a future where development and environmental well-being coexist. Let's pledge to make "Green India" not just a slogan, but a reality. "In the symphony of progress, let us ensure that the melody of environmental stewardship remains ever-present, guiding our nation to greater heights."

> MS. KARISHMA POPLI ASSISTANT PROFESSOR (DEPARTMENT OF ENGLISH)

AYUSHI PATEL BA (H) II YEAR

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IN EVERY FIELD, A SLOGAN RINGS

In every field, a slogan rings, "Developed India" our anthem sings. It's our duty, one and all, To empower women, heed the call.

For youth, jobs we must secure, Fulfill our duties, of that be sure. Forge ahead, build a nation grand, Hold firm, with our farmer's hand.

Transform villages into cities bright, Erase the lines of caste's divide. India, a global leader to be, United as one, in harmony.

Together, let's strive, let's advance, Towards a nation of true expanse. In every heart, let this refrain, A developed India, we shall attain.

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KAJAL BA (P) II YEAR

ROSE

For the love of a rose watching her slowly bloom and seeing her petals unfold, getting drunk on her perfume.

Seeing her dance, her leaves all wet with dew; and quivering with a new romancethe wind, he loved her too.

For longing for her on nights that go on and on; her face is all a blur, like a memory kept too long.

For the love of a rose bleeding against her thorns swearing each night to let her go, then loving her more by dawn.

For loving is, letting go.

DIVYA SRIVASTAVA BA (H) II YEAR

ACCEPTING THE BEAUTY OF VIKSIT BHARAT: A HOPE FOR A PROSPEROUS INDIA

Amidst the confusion and cacophony of our modern society, there is a dream which quietly beckons to a calm, prosperous, and peaceful environment. It is an image that depicts a Bharat which is not just developed, but thriving in all manner of ways. This ultimate vision is 'VIKSIT Bharat' which does not just mean development of physical and economic infrastructure, but also overall social and personal growth of the nation and its people.

VIKSIT Bharat entails a concept of sustainable growth, which does not compromise the environment or come at the expense of future generations. It sees cities full of life, but yet with healthy green spaces and clean air. It dreams of flourishing industries that run on renewable energy sources, and communities that own the means of accessing education and healthcare.

However, Empowered India is not all about monetary value, but it is also about human growth. It salutes diversity, building a nation where each one can develop and use their gifts to the benefit of everyone. It treasures traditions and cultivates innovation. understanding that the future is born at the intersecting point of history and modernity. A Special highlight of Artificial Intelligence in Bharat is its insistence on inclusiveness and equality. It is a society which is devoid of gender, caste, religion or socio-economic barriers that prevent the furtherance of progress. It operates to set up a country in which individuals feel esteemed, cherished, and enabled to reach their full capacity. The journey the VIKSIT Bharat it is not void of uncertainty. It demands undivided loyalty, visionary management skills, and unquenchable desire to succeed in all facets of society.

It obliges a change of attitude - from the pursuit of immediate welfare to the desire to have a sustainable way of living, from being focused on individual advancement to the whole country welfare. Now, with each obstacle comes a chance and the dream of New India is a lamp that helps us in shining a way to a better future. It stirs the freedom at heart to dream high, work harder andnever lose sight of the limitless possibilities of a great country.

While we start this road of VIKSIT Bharat, let us keep in mind that the yesteryear and the culture of the present day is a continuous path of evolution. It needs one to be flexible persistent in overcoming the hurdles, and able to learn from both defeats and successes. However, the greatest prerequisite is Faith, Faith in the intrinsic power and resilience of our country, Faith in the achievements of collective action and Faith in the power of a unified Britiock to lasting change.

Amidst nations' tapestry, Sanatile Bharat blossoms to become the upcoming masterpiece - a proof of the resilient of people in its land and the infinite possibilities of its future. As we move every step forward, let's be brave, emphatic, and never flinch from the dream of a Bharat that is not only developed but also full flaring in every sense of the word.

> TIYA GEHLOT BA(P) III YEAR

TIME

Time goes, everyone knows who tries to catch, who wants to match, pace with hour, be on top of the tower. the masses forgo the flow and stop the show even though they know this won't make them glow.

but not all let that happen, some exist who follow the flow, who be their own captain, to make themselves grow.

> GUNGUN VASHISHTH B.COM(H) II YEAR

MAKING INDIA A GOLDEN BIRD

Making India Golden Bird again Because to obtain freedom people suffered so much pain Today, dream of development is shown to people Which is not impossible

> In that dream we imagine A nation reaching new Heights Technology and development Guiding us through the nights

Education is the key to success Allowing mind to flourish With knowledge youth is bless They work on dreams to accomplish

> Green land and clean air Liveable and green It's a commitment to nature Soon it will be seen

Harmony and impartiality In every heart and soul It's our sturdiness As we work towards our goal Soon it will be seen Harmony and impartiality In every heart and soul It's our sturdiness As we work towards our goal

So let's come together, join our hands And make this vision true Viksit Bharat @2047 A future we can see where dreams become reality for me and you.

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NEELAKSHI BA (P) II YEAR



KHUSHI SINGHAL BA (H) III YEAR

COLOURFUL JOURNEYS: A TRIP TO THE ETHEREAL

In the ceaselessly changing kaleidoscope of homeland, India shines as a constellation of toughness, diversity, and endless prospective. And if there lies in the midst of our busy routine a dream – 'a dream what reaches the uncommon and carries us to the time where Bharat thrives in its very essence'. While the Viksit Bharat idea is definite in its destination, it is also a perilous journey of transformation, empowerment, and togetherness.

VIKSIT Bharat, when seen as a whole, is the puddle made of threads of viable studies, social justice and cultural diversity. This vision places cities embosomed with the masterpieces of industrialization, but furnished with the enduring intelligence of our heritage. The picture is of the village that is thriving based on everybody's selfownership and people who are the stewards of the environment by their nature. The main distinguishing feature that marks out VIKSIT Bharat is its firm stand on the issues of equality and inclusiveness. A better society is one in which the poor are lifted, the whisperers of the voiceless are heard, and every infant's dream is empowered. It aims at offering an equal chance to those who never had one; building a society where there are no privileges or social disparities.

However, Samarpit Bharat is not a faraway Utopia, but it is the one that is waiting to be announced. It is the address of the citizens' responsibilities that is the call for the implication of equal attitudes such as sustainable development, technology, and communication. It makes us think about our connection with nature in a different way, and it pulls from within us emotions such as empathy and compassion, and it drives us to achieve our best selves. In the light of the marvelous goal of 'Empowered Bharat', we should lead our campaign using the virtues of honesty, humility, and sacrifice. Alas, we are set on a path which has its share of difficulties along with the capacity for development and revitalization. Come on, then, let us learn from each other's differences and let imagination serve as a vanguard for an even more diverse and inclusive tomorrow. While Viksit Bharat waits in the middle, as a nation there is a promise of a sunrise where possibilities appear and at sunset when there are stories of hope and resilience. This is an adventure of uncovering, of embarking, and of perseverance and ascent. And as we sail the path to such the brightening future, we move bravely with the power of our hearts, strength of our souls, and a deep respect for the earth we live in. Yet in that about us changing the future of our country, we not only fulfill what we mean to be as a nation but give life to a story of progress, prosperity and compassion to our children yet to come.

> PALAK MALHOTRA BA (P) III YEAR

O INDIA

O India, cradle of ancient years, Awake, arise from sorrow's tears. Like a phoenix from the ashes rise, Embrace the dawn with radiant skies.

Nations yearn for your guiding light, To break the chains and end their plight. Mother, why do you slumber so deep? Rise up, awaken from your sleep!

The future calls with a resounding cry, With triumphs, glories, stretching high. Wake, O Mother, from your rest, Once empress, rise to your best.

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RASHI SACHDEVA BA(H) III YEAR



INTIMATE CONNECTION: HUMANS AND TREES

In depths of the wintertide Tranquility homing inside Escorted by 'ambivalence' Allegorizing the tree as a human May not being lush or leafy yet ancient Shady throughout despite being resilient now Might not be swaying as reed but graceful as swan For others May not be in solitary yet solus in majestic ones portraying the state of being weathered however a noble Currently enigmatic but will soon be a rustling too...!

> RASHIKA GARG B.COM(P) I YEAR

CHOOSE YOURSELF THIS TIME

"If your compassion doesn't include yourself, it is incomplete." -Gautam buddha

Empathy is the ability to understand and share someone's emotions. Self-empathy is the ability to understand your emotions. In today's world, such types of people do exist who always think about others before themselves. Nothing is wrong with attitude that but every so often they forget their own needs and solely reflect on other's wishes. Empathy and compassion are a great pair of good deeds; however, one must include oneself in the same too. If a person is being deprived of honor, how can they serve others with the same? Honoring and loving yourself is the first step towards gaining the love and respect of others. Sometimes, people do not know that they are being used. They have been conditioned to believe that the way they are being treated is normal. This can happen due to low self-esteem and erroneous belief that they don't deserve to be treated any better.

Maybe they are overly trusting humans or being too eager to please others. Nevertheless, we can stop it from happening. We can put ourselves first and the world function customarily; perhaps contentedly. All we need to do is follow certain steps in life so that our world doesn't feel lagging. We can start by making our needs a priority. It is never a waste of time, especially when you have neglected your needs all your life. We should acknowledge that a certain amount of selfishness is healthy and it reminds us to take care of ourselves and therefore makes it possible to take care of others as well. We should prioritize our health and make sure that we have sufficient time to relax. We should also give ourselves time to unwind even if chores go undone. We should stop the invasion of our boundary.
It's okay to say "No" when people want too much from you. Setting your personal boundaries is equally necessary. Since we know ourselves the most, so we must do what's right for us. We should learn to listen to our inner voice before acting. Apart from these things; meditation, gratitude, and a healthy diet are as important as any other.We need to remember, "If we truly love ourselves, we would never harm another."

> GUNGUN VASHISHTH B. COM(H) II YEAR

PONDERING PI

Boundless infinity, vast and free, In a number pi, limitless expanse we see.

Ratio of 22/7, a recognition to use, An irrational in 3.14, can be reduced.

In a geometrical world that we've designed, Within its embrace, wonders we find.

Like areas and volumes of different shapes, In squares and cubes respectively, we grasp.

In the realm where pi and fractal meet, Infinite beauty, patterns so sweet.

With pi-like numbers, a mesmerizing dance, Fractals emerge, captivating at first glance.

From mathematical theories to GPS systems, There exists a constant number with no repetition.

> SAKSHI GARG BA (P) I YEAR

GREEN PARADISE

In India's green embrace, I find my peace Where trees and flowers bloom, my heart does cease To race with worries of the world outside In this haven, nature's harmony resides

The air is pure, the water's clear The earth is fertile, without a speck of fear The creatures here, they dance and play In perfect harmony, each and every day

The trees swayed gently in the breeze Their leaves rustling softly, like the sea The flowers bloom in vibrant hues A kaleidoscope of colour, for all to muse

The birds sing sweet melodies Their songs so pure, they bring tears to my eyes The bees buzz, the butterflies flit In this green paradise, all is fit

In Green India, I find my home Where nature's beauty, forever does roam I'll stay here, in this place of peace

Where harmony with nature, forever does increase.

SIMARDEEP KAUR BA (H) III YEAR

SEX EDUCATION IN INDIA

Many times, the society– in the form of parents, teachers and even politicians– has opposed the introduction of sex education in Indian schools for they fear that such information will corrupt their youth.

There is a lack of a comprehensive curriculum in Indian schools that goes into the details of what constitutes sex education. And this is where the issue lies.

Sex education is mostly only provided in response to sexual violence. It has taken the form of a reaction, rather than the integral part of our education as it should have been. And it's not that the kids can not learn these things by themselves through the internet, but what the internet fails to provide is a framework, a safe space to explore and discuss for young adults who don't know right from wrong. Pornography is the first and primary tool to learn about sex for youngsters and is definitely not ideal, because pornography is more often than not nonconsensual in nature and focuses mainly on male pleasure which leads to sexist attitudes around sexual relationships.

This leads to youngsters- who are still figuring themselves out, who don't know how to handle their relationships when things go bad and who don't know how to put out safe boundariesgetting manipulated, exploited and abused because they don't understand consent and healthy relationships. Even young tweens- kids who are not yet teens-suffer from the lack of sex education and the stigmatization around sex as a concept. Not knowing even the correct terms used for private body parts results in children not being treated seriously when they report being 'touched uncomfortably' by someone is very concerning. Thus, it is important that even children at least know to use the correct terms when talking about private body parts, because the correct terms hold weight and have a serious impact. Sex education can also help children identify inappropriate behaviors faster and more accurately, giving them protection from crimes like child sexual abuse

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The lack of such essential education during one's schooling years also encourages an unhealthy attitude towards sex in adulthood wherein gender-based violence and nonconsensual encounters are common. This also creates an inherent imbalance in who can ask for and seek sexual pleasure.

So, instead of treating sex like it's an inherently bad thing, we should create a more sex positive education system wherein one can explore their sexuality freely and learn the value of consent, negotiation and effective communication, for these things are an essential part of one's life which they should understand and open up to.Sex is, after all, neither good nor bad. It just is. To conclude, in my vision of a VIKSIT BHARAT, India is a country where expressing one's sexuality and talking about sex is not a taboo. For it is only when individuals are able to communicate their individuality freely without being sanctioned or censored does a country become progressive.

> SNEHA BA (P) I YEAR

COLOUR OF TOGETHERNESS

In a world so big and wide, People from all walks of life reside. Different faces, different races, A beautiful mix of all the places.

We celebrate diversity, With open hearts, we see, That together we are strong, In unity, we all belong.

No matter where we're from, We can all come together as one. With respect and understanding, We build a world that's outstanding.

Let's embrace each other's ways, Learn from one another, always. For in our differences we find, A richness that's one of a kind.

> SONALI GAUTAM BA (P) III YEAR



SIMARDEEP KAUR BA(H) III YEAR

BELOVED INDIA

Beloved India, Are you a place? Or the celestial music of solace An infinite circle of patriotism Why are you so great?

For uneven social stratification False dreams and aspirations For poverty and inequality For injustice and illiteracy

NO, not just that.

Vasudhaiva Kutumbakam Whole world is a family Rich culture and civilisation Here's the story of our country

A place of devoted souls Carrying love, never falling apart Intense fire of hope Concealed at the core of hearts

We are the residents of that country Where there is system in chaos First country, first attempt And we made it to Mars

India flows in the tears of them Who see the rising Indian flag They fight, win, show courage in companionship They celebrate India through their glory in championship The precious land of diversity Land of colours and festivity Where art never regresses Where the Indus valley was pinnacle of progresses

The land of oldest written Rigveda From point to zero to navigation to calendar From dance, singing, instruments and all arts To spirituality, astronomy, literature And the constitution of natural laws

There is beauty of unity in diversity Beauty in the life of certainty The land of golden ocean Where the cuisine is temper of traditions

Which never invaded any country That history is India Where the dreams shine in the eyes of youth That inspiration is India

Where a soldier begs to pluck his veins Making it a sitar which plays raag Bharat And spreads the euphony afar.

A country which is not just a country But a mother A little more kind, A little more human Beloved, our MOTHER INDIA.

> DIVYA SRIVASTAVA BA (H) III YEAR

HEROES OF INDEPENDENCE

"A Journey of Self Discovery"

In a land adorned with colors so bright, Where unity resides and hearts ignite, Lies a flame of love, burning ever strong, Indian patriotism, a timeless song.

Brave souls fought, their spirits unwavering, For Mother India, their devotion unchanging, From Lahore to Kolkata, Delhi to Mumbai, The echo of Independence, resounding high.

Sacrifices made, lives laid down with pride, For the tricolor flag, so boldly they ride, Every drop of bloodshed, an unwritten ode, To the heroes who paved the path to freedom's abode.

Through fields of saffron, white and green,
A proud nation's flag ardently seen,
Symbolic threads, woven with pride,
Our Indian heritage, we'll never hide.

In art and literature, a vibrant tale, Indian patriotism, the artists unveil, With ink and brush, they speak their heart, Love for the nation, a boundless art.

Today, the flame of patriotism still burns, In the hearts of every Indian, it churns, To uphold freedom, to protect our land, Unite as one, hand in hand.

> SIMARDEEP KAUR BA (H) III YEAR

A TALE OF OUR LAND

In the land, we stand today As free as a bird, was once a land of horror and chaos

Freedom's struggle did ignite, The love of motherland Together we stand as a band To set the nation proud and free

From Gandhi to Netaji and Bhagat Singh The Rani of Jhansi and the Nightingale of India The shining stars of the past, left their marks on every heart

> A journey vast and deep Of sacrifices, losses, and grief As the tricolor unfurled Marked triumph over defeat

In the land, we stand today From struggles of the past, To hopes for future days

United we stand today and, United we stand tomorrow.

> JAZA MAHAJAN BA (H) III YEAR

INCREDIBLE INDIA - A TAPESTRY OF DIVERSITY AND HARMONY

Miracle India, a country of history and old stories. Where diversity is so rich like it has never been before. A masterpiece adorned with strands as delicate and pleasing as these. Each color, each hue, makes a beautiful tale.

These will range from those of the highest peaks to those that are constantly kissed by the sun such as the plains.

Ancient sites where history whispers about the past. Temples and mosques juxtaposed with each other, they are in parallel. As one, we break out of discord, in the peace of togetherness.

> The narrow busy streets in lively markets. The rhythm of life runs into the night calmly. Tongues farewell languages, languages farewell tones. A musical concert, a unique stamp to their town.

From the golden sands of Rajasthan to the green emerald of Kerala.
A picture of nature, which is original and unique.
Tigers sound in the guts of the wild.
However, just like the child, the river flows free and wild.
Fairytale memories everywhere reveal themselves.

Over the ages, they serenely glide by making the time echo. It is the magnificence of the Taj Mahal that cannot be described but must be experienced; its ethereal appearance speaks for itself. Walking to the beat of the rhythms of dance, having a nice free flow. The music of the incredible India, the song that touches the string of sweetness. Here, when every heart discovers its own pace. An embrace of a place where unity nourishes the existence of different identities. Harmony shines through its testament to genuine honesty.

So we have to respect the grand status of this treasure. The essence of manifestation is about walking your talk and holding your hands together. Just like in the spectacular Incredible India, we find. An intricate design made of hearts that are never separated.

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JUVERIA JAVED KHAN BA (H) III YEAR

THE WORLD IS BEAUTIFUL

The birds are not chirping anymore, The clouds are no longer blue, It is not raining anymore All the happiness that makes me go Fades away The tension in my mind Does not let me express my feelings Does not let me attain what I want Does not let me do what I want to do I am becoming the part of the phrase "Just go with flow"

Is it me? But wait!

What is in my heart that continuously Cheers me up to not give up That reminds me of how I reach here today That asks me, are your problems bigger than others? Then, I see the world through my heart and Not with my mind. It is beautiful Yes, it is beautiful with the Chirping Birds The Rain And

with my Happiness.

MEHAK MALIK BA (P) III YEAR

MEET ME THERE

From the steps I took I need a look back, My foot was flawless Everybody cared and I was careless. Free from fake smiles, Dancing, laughing a thousand miles. I looked up with the need to grow up Like them, I envisioned to level up, Meet me there, I have things to share. Things you did weren't foolish or childish, Those were glimpses you are gonna miss. Meet me there, Where you were free. I need a ticket back,

> In a moving world I am moving back, To the times of gold. Be there with that pretty smile, I will shorten myself, To be that little, To be that 'laugh'. Meet me there, Under the sunlight. I don't know where, But I wish for a life, As bright as then.

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AADHILA PARVEEN BA (P) II YEAR

NOBODY KNOWS

Nobody knows what destiny has hidden in its womb for you Life, death, mystery-no clue to construe Nobody knows what ceases to exist when life starts dying in a single snap all relations and motivations shatters to which we forever keep trying The cycle comes to its completion, but something remains incomplete

Maybe they call it aspirations, dreams and bonds that keep us close to our kin Nobody knows what sets one apart from the mundane, The bird caged in the cosmic dilemma escapes the chain and finally, liberation is granted from the burdens of pain The soul imprisoned in the mortal body gets its freedom not knowing that it is the temporary emancipation.

Nobody knows when reality got confined in the memories, The life that had faded away again got revived Maybe in someone's hope, some object and some habits, it has disguised The soul that is immortal transcends leaving the mortal body behind

Giving pain of longing to those who are alive They try to console themselves telling their mind a lie That it is the rule, that who is born is going to die, Which is not enough as the heart which suffers the immeasurable pain still cries In the agony, in the separation where anguish resides

> Nobody knows how to release the pain of partition Slowly, year by year the body comes from the state of denial, Accepting the loss that has trembled the soul from inside Knowing that the oceans of tears have already dried.

Thus the life's ephemerality is disclosed in someone's liberation, someone's suffering and someone's woes In the end, we're left with memories to hold, In the vast tapestry of life, each thread unfolds.

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> AYUSHI PATEL BA (H) II YEAR

LOVING DILLI IS LIKE LOVING A CAT

I don't have too many fond memories of Dilli, all I seem to remember from my twenty something years of life is the sun acting like my unpaid coach, determined to drain all my energy until I become a soggy cloth with an expression that can scare even the grim reaper away. Dilli is much too packed, and rowdy for my taste, It is the 'noise' in white noise, for all you can remember after a day of dragging your feet over its sights is too many cars honking with splashes of red and blue and white, not a single opening granted, not a single destination met.

Born and brought up on its soil I feel the smoke in my veins some days On the others, my eyes acquire the grainy filter that the new generation deliberately adds to their edited images.

Dilli feels like the wrong chutney packed with my samosas in a frenzy of customers.

But then, on days when the sun is being nice, for the sun too becomes a cat in Dilli, a feline creature at whose mercy we are meant to serve as butlers; On days like these, Dilli too blossoms like a flower that was kept suppressed under the thumb of a dictator, it breaks into a revolution of a history that runs deeper than the distance my legs can travel when I'm out on a walk, trying to trace my fingertips on the cracks and crevices of an old Dilli fort. Dilli too becomes the object of my serenades, I suddenly see culture that is painted on random walls one finds while gazing out of buses, autos and rickshaws; even the doors seem to carry stories that ancestors carried to heaven with their bruised but resilient souls. I ravish the food that my mother plates,

> a meal balanced by her love and my culture, a meal that tastes like home, a home that will stay with me no matter where I wander.

> > Dilli becomes the frozen lake where even the cold breaths visible during our one month of winter are prized like brand new toys in the hands of a child starved for attention, And I start to recall how despite my memories not being too fond they are still shots in time that forever crown Dilli a corner in my heart, a space protected with shatterproof glass.

For in hate sometimes you discover the deepest love. For what is life but an endless pile of coincidences repeated until it imitates the appearance of a forever.

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PRIYA JAIN BA (H) III YEAR

MERA DESH MERI AZADI

From humiliating shackles of oppression to ultimate freedom of expression We know we have come a long way From dark pit of ignorance to an enlightened voice of resonance We know we have encountered several days

> The bitter domination of the outsiders Led us to the violent outcomes Giving our blood, sweat and tears in the name of "Azadi" We tried to heal our wounds with remedy

From unison of peasants, students, women, and soldiers to the great fight for patriot holders

We know we have taken numerous vows From "Inqilab Zindabad" to "Satyameva Jayate" We know we faced many foes

> However, when I now see it flying in the enormous free sky, The saffron, white, and green

The wind of independence finally touches my face And that's when I know "It was indeed worth it"

> RIYA SAIKIA BA (H) II YEAR

VIKSIT BHARAT@2024

India is a beautiful land with a variety of wildlife and rich cultural diversity. It is the best example of 'Unity in Diversity'. The history of India and its independence is an epic in the liberation struggle and a test of fate. A very popular and now I think I would rather say an old statement that 'India is a developing nation' would likely to be changed in the next few years. YES.. I said right the dream statement of India being called as the Developed Nation will definitely be reaching our ears soon.

In the Interim Budget 2024, Our honorable finance minister Mrs Nirmala Sitaraman mentioned about PM Narendra Modi's vision for VIKSIT Bharat by 2047. The term VIKSIT Bharat signifies 'Developed Nation'. It represents the government's vision to transform the country into a developed entity by its 100th independence in 2047.

The vision of VIKSIT Bharat is that of a prosperous Bharat in harmony with modern

infrastructure and nature and giving opportunities for all citizens to reach their potential.

The four pillars of VIKSIT Bharat are Yuva[youth], Garib [poor], Mahila [women], and Kisan [farmers]. The mission envisions economic growth, sustainable development goals. Improvements in the ease of living and doing business enhanced infrastructure and bolstered social welfare initiatives. It also focuses on the emergence of a 'physical' future where rapidly advancing technology reshapes the physical world, reshaping the lifestyles and global competitions for shared resources like space, oceans etc. Fortunately we are living in the Amritkal phase of India; India has been transformed on many fronts and is ready to take off. Modern India is also a litmus test for two middle-of-the-road ideologies. The reality is that India is a thriving society with a growing internal dynamic and a environment to preserve India's biodiversity and natural resources.

So, therefore, 75th Republic Day is the dawn of a new era where every citizen aims towards VIKSIT BHARAT.

Lastly I would like to conclude that development without nationalism is just like a ship without its compass (aimless) as our former Prime Minister Sri Atal Bihari Vajpayee. He once said that India is just not only a piece of land but a living entity. It is the land of reminisce and a land of salutation. It is the land of sacrifices. Every river of this land is our Ganga, every particle of this soil is our Shiva.

If we live, it is for India and if we die, it is for India and even after our death if someone listens carefully to the flowing Ganga river carrying our ashes then only one voice will be heard that is 'BHARAT MATA KI JAY'.

> ANANYA KUMARI BA (P) III YEAR

JUST REMIND YOURSELF

When everything is going wrong, And you are struggling to carry on, Just remind yourself you matter. When you fight with hurdles, when no one seems to care, And you are falling into despair, Just remind yourself you matter.

> When the pain in your head is insane, And you're trying hard to stay sane, Just remind yourself you matter.

When something starts wracking you, And you feel acid dripping down your throat, Just remind yourself that– You are the foundation, you are the uplifter You are the curse, you are the blessing You are the coarse, you are the queen of grace You are the desolation, you are the empress of dream You are wicked, you are divine You are the shackle, you are the liberty You are the architect of change, so Just remind yourself; you are the change. You are the maker and only you are the destroyer. Just remember, YOU MATTER.

> KOPAL SHARMA B. COM (P) II YEAR

THE PANCHI

Once there was a little girl named Bella. She was the eldest child in the family and was loved and adored by her family. She was treated like a princess and loved being the centre of attention. Bella also loved to make friends, and she was the favorite among her circle of friends, and this made her very happy. Being loved and pampered, she developed a sensitive personality. She never imagined that a time would come when this love would disappear and she would crave for it.

As Bella grew up into a young woman, the love she used to get from her family faded. The love and the adoration that the family showed came with expectations. Her eversmiling face was now stained with crystal tears as the appreciation from her parents changed into comparison with others. When she wanted a backbone to stand firm, what she received was a broken skeleton. Clouds of dismay enclosed her slowly. Bella, who used to be a happy camper and felicitous, was now a quiet girl with lots of thunder inside her. She stopped making friends; stopped sharing stories or talking about her life, and unexpectedly, adulthood made her an onlooker.

But Bella always remembered a saying—"A person who has a beautiful soul always has a sight that sees beauty in others." So, she appreciated the little things, the beauty of everything, and she wanted people to see the beauty in her too. Bella used to look at the sky and the birds. She was very fond of the birds and clouds as she had always wanted to be free like a bird that flew high among the clouds and sang happily.

She had even nicknamed herself as 'Panchi.' Bella did not simply want to like birds, she liked their spirit. Young baby birds never take off to the sky in their first attempt to fly.

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They try, fail, and fall multiple times on the ground. But their spirit will never break, and they keep trying without thinking about failure or death from the fall. Bella too cultivated this spirit within her, no matter how hard the times got, how harshly the people treated her or betrayed her, she continued to make herself happy and rise like dawn every day with the hope of success and spreading love to the people and the world around.

This is because a PANCHI NEVER STOPS.

KOPAL SHARMA B.COM (P) II YEAR

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MY HEART IN VILLAGE

In the village, fairs arise once more, Some lost in love, some strolling alone, Gleams scatter in every direction, As joy's waves begin to flow.

This Spring brings immense delight, Mother's kitchen brims with scent, father's crops thrive, Sunlight dances, moonlight gleams, Stars announce a jubilation.

A new bride adorns the home shrine, Every day a festival, every night Diwali's glow, Love courses like the Ganga in hearts, God dwells in every abode.

> Earth's aroma woos my soul, It calls, urging me to merge and dwell.

Autumn and monsoon rains, all seasons echo within me, No longer drifting in urban haze, I return to my birthplace.

> The bustle, the modern urban pace, Could not treasure my simple grace.

This weather, this serenity, each sensation, each pulse in rhyme, The east wind beckons, the east wind calls to me.

This weather, this tranquility, every sensation, every heartbeat rhymes, The east wind appeals to me, the east wind calls to me.

> ASHA SINGH BA(H) III YEAR

VISIONS OF VIKSIT BHARAT@2047



RELIEF...

And now , the cyclone of your memories don't shatter me down. That nostalgiac feeling don't gift me tears now. All I could remember is , When I met you I met my love language, & the life lessons My favourite person taught me. And then I realized that the war between my my heart & my mind Is no more.

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MONIKA SINGH B.COM (P) II YEAR

ETHICS AND CULTURE

Our society has a significant influence on us, affecting us in both positive and negative ways. It particularly influences our cognition which determines how we behave. But apart from society, we also learn from ethics and culture. Ethics is important for rightful conduct and culture for self-identification and representation. Ethics and culture teach us the importance of cultivating values like empathy, sympathy, compassion, and kindness. These values are not difficult to cultivate, all we need is an act of kindness. And an illustration through a short story will be insightful. This story is about two siblings who became inspirational figures for children as they demonstrated essential human values through their acts of random kindness.

Once upon a time, two siblings lived with their parents in Rajasthan. The elder of the siblings was a girl, and the boy was younger. The sister and brother were kind-hearted and softspoken in their demeanor. They were also very empathetic and sympathetic towards the people around them. One day, on the way to their school, they came across a young child who was very poor and hungry. The girl approached the poor child and offered her tiffin. This act of kindness greatly influenced her brother and taught him the values of empathy, charity, and sacrifice. And so one winter, the younger brother went to a park to play with his friends. There he noticed an old man who was sitting on the bench and shivering uncontrollably. The sight of the old man drew the boy's sense of empathy and sympathy. The boy ran back home and asked his mother for a blanket to give to the old man. What the boy did was emulate his sister, which not only made them happy but also the people they extended their help.

When the siblings grew up and became college students, they routinely organized food and clothes donation drives every weekend, thus cultivating good human values. This was how the two siblings became an inspiration for each other first, and then for the people around them, as the students' community started following their footsteps, and took part in charity campaigns and drives for the poor and needy. In these activities, they learned the values of empathy, sympathy, and compassion towards society. And these values are essential characteristics of Indian culture and society.

> KHUSHI SINGHAL B.A (H) III YEAR

INCREDIBLE INDIA: CULTURE AND TRADITIONS

Jagged hills stand witness to valour's embrace, Mewar's, etched in time and space. Blades whispering anthems of kings who defied, Against tyranny's tide, their banners they tied. Sun bleeds crimson on armour ablaze, A symphony of courage in a fiery maze. Each fallen warrior, a song in the sand, Their spirit is eternal, forever in command. From Chittorgarh's defiance to Kumbhalgarh's night, Mewar's legacy, a beacon of light. So let the drums thunder, let trumpets resound, Mewar's warriors, forever crowned.

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SHATAKSHI SINGH B.A (H) II YEAR

EMBRACING DARKNESS: THE STORY TELLER'S JOURNEY TO LIGHT

In a small village nestled between the rolling hills, there lived a man named Thomas. Thomas was not blind from birth, it was after a tragic accident that he became blind and started believing that he had been cursed by the disability of blindness for his entire life. Now that he could not see the colors of the sunrise or the smiles of his loved ones, he often felt lonely and misunderstood.

Through his blindness, Thomas discovered his remarkable talent for storytelling when he started working for an NGO that had been established for blind people. His words painted vivid pictures in the minds of those who listened, transporting them to distant lands and enchanting them with tales of adventure and romance. Yet, even as others marveled at his gift of storytelling, Thomas remained convinced that he was cursed by fate.

One day, a traveler who was passing through the village heard of Thomas's storytelling skill. He asked him to narrate one of his tales. With a heavy heart, Thomas obliged, weaving a tale of a world filled with beauty and wonder, yet his voice was tinged with sadness and longing. When Thomas finished his story, the traveler was moved to tears. "You have a gift, Thomas," the traveler said. "Your words have the power to touch hearts and change lives. But you must learn to see the beauty in your own life, despite your blindness."

Thomas was taken aback by the traveler's words. Could it be possible that he had been wrong all along? Could there be beauty and blessings hidden within his darkness?

Determined to find out, Thomas began to explore the world around him in new ways. He listened to the songs of the birds, felt the warmth of the sun on his skin, and savored the taste of freshly picked fruit. Slowly but surely, he began to see the world in a different light. With each passing day, Thomas' stories grew more vibrant, infused with a newfound sense of gratitude and wonder.

In the end, Thomas realized that he was not unlucky or cursed at all, he was actually blessed in ways he had never imagined. He had the gift of storytelling, the ability to touch hearts and inspire minds, and that, he realized, was the greatest blessing of all. And from that day onwards, Thomas embraced his blindness not as a curse, but as a unique and precious part of who he was.



PRETTY LITTLE MESS

Detached from this society She lives in her own universe. A universe where people embrace the beauty of heart, A universe where people hear the silent noises. She becomes light in her darkest phases, And she belongs to a world of listeners and healers. While sitting under trees and observing every small thing happening around her, she finds ecstasy. She finds beauty in everything Which seems to be reflection of incredible beauty within her. Every night she cries And every morning she takes a deep breath & smiles towards her problems Like she is threatening them "Are you ready to witness your defeat at my hands". Lost in her books, she found a place where she fits in, Talking about the sky, rivers, wind & flowers. Adversity profounds her resilience Her eyes & smile reminds me of blooming flowers & Her aura reminds me of her proactive approach to life. To this society, She is so close still far Just like a moon & star.

> MONIKA SINGH B.COM (P) II YEAR

RAY OF HOPE

Sung melodious verses with the winter monsoon, I've written whispering weaves after hearing Gale's call. I praised the quick response of calm streams, And scribbled their gratification of dry spells, Thanking God and bringing blissful spring. Lamenting Radha-Krishna's tale, Heartfully pleading of shrine's burning lamp, I dropped my tears in water form. I've narrated the untold truth, In hope of stars' procession with gentle moonlight, My hopeless heart feels delighted. I heard the chirping birds, singing sweet songs, Flight of delirious, zestful experience wooed my attention.

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ASHA SINGH BA(H) III YEAR
ANCIENT SCULPTURES TELL OF INDIA'S CULTURE AND HERITAGE

Sculptures were the favoured medium of artistic expression on the Indian subcontinent. Indian buildings were profusely adorned with it and indeed are often inseparable from it. The subject matter of Indian sculpture was almost invariably abstracted from human forms that were used to instruct people in the truths of the Hindu, Buddhist, or Jain religions. Ancient Indian sculpture is an integral part of Indian art and culture.

Ancient Indian sculptures were relatively simple and they date back to the days of the Indus Valley Civilization of the 2nd and 3rd millennium BC. The rich intricate sculptures of this civilization mainly emphasised on the works of stone terra cotta and bronze. Starting from Indus Valley Civilization to the various rulers who ruled India, different sculptures portray different history of their own. The terra-cotta sculpture and the seals show two clear and distinct stylistic trends. The sculptures are sensuous and the seals are linear and abstract. Full and refined modelling is a fragmentary torso from Harappa. A jaunty bronze dancing girl with head tilted upward is also from Mohenjo-daro. There is also a headless figure of a male dancer from Harappa whose shoulders twisted in a circular movement. The bearded figure from Mohenjo-daro wearing a robe decorated with a pattern made of trefoil motifs is another well known sculpture.

The earliest traces of civilization have been found in the Indus Valley. Surprisingly, they indicate the presence of a very sophisticated urban civilization. General Cunningham and Rakhal Das Bannerjee first conducted excavations in the ancient cities of Harappa and Mohenjo-daro, both now in Pakistan. More centers of this civilization came to light in later excavations in Gujarat, Rajasthan, Uttar Pradesh and Punjab. Since the area of the Indus Valley Civilization was so large, excavations have yielded a large number of sculptures. Based on their medium, sculptures could be divided into three categories:

- 1. Metal sculptures,
- 2. Stone sculptures,
- 3. Terracotta sculptures.

Indus Valley Civilization stone sculptures are comparatively few in number. Eleven were excavated at Mohenjo-daro and two at Harappa. They are made of alabaster, steatite, limestone, sandstone, and greystone. The terracotta sculptures include human and animal figurines and toys. The metal sculptures of the Indus Valley Civilization are artistic and have been made using sophisticated techniques. Apart from the figurines, the excavations also yielded seals, coins, jewellery and toys which opened a window into the environs and everyday life of the inhabitants. Indian sculpture art has been favored as one of the important mediums of artistic expression. This also includes architecture and a bit of painting as well.

The Indian sculptures turned out to be a medium of depicting the lifestyle and culture of an area, and most importantly of the people residing there. The figure of Gautama Buddha conveying his first message in the deer park at Sarnath. He lectured the Four Noble Truths, the center way, and the Eightfold Path. In the sculpture, he is situated in Padmasana with his right hand turning the Dharmachakra, laying on a Triratna image, flanked on one or the other side by a deer.

India boosts a diverse sculpture tradition spanning millennia. From the ancient terracotta figurines of the Indus Valley civilisation to the iconic lion capital of Ashoka from the Mauryan period and the intricate carvings of Chola temples. Indian culture represents a rich cultural tapestry.

India has a rich and diverse tradition of sculpture that spans thousands of years reflecting the country's culturous, religious, artistic features.

> PRATIKSHA UPADHYAY BA(P) II YEAR

YOU CAN CALL ME ARROGANT

Yes I am You can call me egoistic Yes I am You can call I have an attitude Yes I have You can call me crazy Yes I am You can call I am too much Yes I am You can call I disrespect everybody Yes I do You can call me sensitive Yes I am too much You can call me selfish Yes I am I accept accept accept

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VAISHNAVI DUBEY BA(H) III YEAR

WHEN THE SUN LEAVES THE HORIZON

When the sun leaves the horizon, With warm colours from the palette of autumn, With the few drops collected on the green leaves of the hills, With the songs of finches and great hornbills

Take me to that place, Where that thing of beauty resides with grace, And hold harmony with perfect notes, Like a chamber enchanting someone's heart with a perfect cast.

Venturing to such a place, Is a dream that I once had. Being locked in the four walls of a concrete jungle Made me realise that we are just a boy in which the soul dangles.

Take me to that place Where that thing of beauty resided with grace, And if my soul condemns believing the doings of those earthmovers,

Tell my heart that i was a sweet dream so that I can go there in my sleep., forever...

SANJANA RAWAT BA(P) I YEAR

VIVEKANANDA COLLEGE: A TAPESTRY OF INTRODUCTION

Amidst the vibrant heart of Delhi, ensconced within the lively rhythm of bustling streets and the harmonious chaos of urban existence, resides an oasis of enlightenment and personal development: Vivekananda College. As I gaze back upon the tapestry of the past decade spent within its hallowed halls, a kaleidoscope of emotions dances within my soul, weaving intricate patterns of vivid memories upon the canvas of academia.

Vibrant Ecosystem

The moment you grace the threshold of our esteemed college campus, you're enveloped in an effusion of vivacious energy. The verdant embrace of lush greenery, meticulously tended gardens, and the gentle symphony of leaves rustling in the breeze converge to create an ecosystem that enlivens our pursuit of knowledge. Blooms of vibrant flowers, resplendent in their hues, mirror the kaleidoscope of ideas blossoming within these hallowed walls. It's as though nature herself orchestrates a symphony of inspiration, urging us ever upward towards the boundless expanse of the heavens.

Passionate Girl Students

Oh, behold the pulsating rhythm of Vivekananda College! Within our halls, our esteemed female students transcend the role of mere learners; they emerge as radiant torchbearers of resilience and ambition. With dreams aglow in their eyes, they grace each dawn with unwavering determination. Their laughter dances like celestial harmonies, echoing through the corridors, knitting together a fabric of hope and camaraderie.

In their graceful stride, they effortlessly balance the weight of textbooks and the soaring heights of their aspirations, proving unequivocally that strength recognizes no bounds of gender. These blossoming young women are not merely students; they stand as masterful architects, crafting the intricate blueprints of their own destinies with each step they take. **Never-Giving-Up Attitude of Administration**

Behind the scenes, an unsung hero orchestrates the college's rhythm—the administration. Tireless and unwavering, they navigate bureaucratic mazes, ensuring that the college sails smoothly. Challenges arise, but they stand firm, their resolve unyielding. Their mantra? "Obstacles are stepping stones".They transform setbacks into opportunities, and their tenacity fuels our collective journey.

Knowledgeable and Caring Teaching Faculty

Our professors are more than instructors they are mentors, illuminating student minds with wisdom. Their lectures transcend textbooks, weaving anecdotes, and realworld experiences. They ignite curiosity, sparking flames of inquiry. Till late, one can find them in their offices patiently answering student questions, nurturing their intellect. Their dedication is a beacon, guiding each and every student through the labyrinth of academia.

Our very own Sustainability Leader

At the helm of our scholarly vessel stands the illustrious Dr. Hina Nandrajog, a beacon of eco-consciousness and visionary leadership. Much akin to a gallant captain guiding a ship through uncharted waters, she inspires us to transcend the mundane and reach for the stars. Her visionary gaze stretches far beyond the confines of the classroom, embracing the noble causes of sustainability and ecological mindfulness.

With grace and determination, she leads by example, championing green initiatives and sowing the seeds of transformative change. A testament to her unwavering dedication to environmental stewardship lies in her innovative management of old, lifeless tree wood logs within our campus. Through her ingenious approach, she breathes new life into forgotten resources, embodying the ethos of sustainability in action. In the sacred precincts of Vivekananda College, students do not merely engage in study; they undergo a profound evolution. They acquire wisdom not only from textbooks but from the intricate weave of life's experiences itself. As I commit these reflections to paper, the truth dawns upon me: Vivekananda College transcends the label of a mere institution; it is a living, pulsating entity—a testament to the boundless capacity and resilience of the human spirit. Thus, let us raise our voices in homage to this vibrant ecosystem, to the impassioned girl students, to the unwavering administration, to the nurturing faculty, and to our eco-conscious principal. May the collective essence they embody continue to sculpt the destinies of generations, leaving indelible imprints upon the shifting sands of time.

"Arise, awake, and stop not till the goal is reached."

DR. SEEMA SHARMA ASSISTANT PROFESSOR (DEPARTMENT OF ENVIRONMENTAL STUDIES)

BEING A WOMAN

We give them different labels And have their dreams drowned. We say 'they are not capable' So we hold them down.

Slam them for the clothes they wear Taking away their freedom of choice, But blame them when they're leered Because boys will be boys.

A strong woman is whom everyone loves Until she starts standing up for herself, She is then in need of a shove Cause who will ever like a rebel?

Don't think of yourself too much You're a woman, they say Or else society will have you cursed So put your desires away.

We will define you, they say Your true self should never be unfurled. No one will ever bother to stay, If you're anything like 'other girls'. Your supporters are few So don't assume they will ever be in your club. They will lay down with you, But few will ever lift you up.

Agree to their terms without looking stricken You don't have the consent to not comply. They will clip down the wings of women But want daughters who can fly.

> Lock up your questions in a cell Don't you dare ever enquire. They will drag you through hell But don't want you breathing fire.

They will let you be independent You've got the freedom of speech. Until you sign the conjugal document Because then you're tied on a leash.

Do they think of women as genie, Conditioned to fulfil their every whim? But women will always, I'll guarantee Be much more than what you perceive.

> PUJA SARMAH BA(H) II YEAR

INCREDIBLE INDIA

India is a cradle of civilizations. It is a land filled with varied diversities, cultures and traditions. From the snow-covered peaks of the Himalayas to the sun kissed beaches in Kanyakumari of the Indian Ocean, India is a tapestry woven with wide variety of colors, languages, religions and customs.

India's history dates back into the antiquity of civilizations like the Indus Valley civilization flourishing over five millennia ago. The influence of various dynasties such as Maurya, Guptas, Mughals and British has left an indelible mark on Indian culture, architecture, and traditions. India's history of trade and conquest has led to a syncretic blend of cultures, evident in its art, literature and cuisine.

India is a linguistic kaleidoscope with over 1600 languages spoken across the country, including Hindi, Bengali, Tamil, Telugu and Urdu. Each language reflects a unique cultural heritage with its own literature, poetry, and dialects. The Indian Constitution recognizes official languages symbolizing the country's commitment to linguistic diversity and inclusivity. India is the birthplace of many religions such as Hinduism, Buddhism, Jainism and Sikhism and alongside Islam and Christianity. Religious festivals like Diwali, Eid, Holi, Christmas, Baisakhi are celebrated with happiness and unity, transcending religious boundaries. The concept of Unity in Diversity is epitomized through India's secular ethos, where people of all faiths coexist harmoniously. Indian culture is a mixture of ancient traditions and modern influences. characterized by vibrant festivals, classical arts and traditional attire. Classical dance forms like Bharatnatyam, Kathak and Odissi along with classical music traditions such as Hindustani and Carnatic showcases the country's artistic richness.

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Traditional attires like sarees, dhotis, kurtapajamas, and turbans vary from region to region, reflecting local customs and heritage. Indian cuisine is renowned worldwide for its diversity, flavors, and aromas, influenced by regional ingredients and cooking techniques. Each religion has its own food traditions and food specialties from spicy curries in the South to rich Mughlai dishes in the North. Street food culture thrives in Mumbai, Delhi and Kolkata offering a gastronomical adventure for food travelers, tourist and vloggers. India is a land of festivals with each state and community celebrating a plethora of cultural and religious events throughout the year. Festivals like Holi, Durga Pooja, Navratri and Pongal are marked by colorful rituals, music, dance and feasting. These celebrations brin with them a sense of joy, happiness, enjoyment and amusement and reinforcing the importance of culture of the nation. India's artistic tradition is reflected in its traditional crafts such as pottery, weaving, embroidery and metal work.

Each region specializes in unique craft forms such as Pashmina shawls from Kashmir, Madhubani paintings from Bihar and Tanjore art from Tamil Nadu. Artisans preserve these age-old techniques passing them down to generations thereby sustaining India's rich artistic legacy.

India's spiritual legacy encompasses a diverse spectrum of beliefs, philosophies and practices from yoga and meditation to pilgrimage and devotion. Sacred sites like Varanasi, Rishikesh, Bodh Gaya and Amritsar attract pilgrims and spiritual seekers from around the world. Ancient texts like the Vedas, Upanishads, Bhagavat Gita and Quran continue to inspire and guide seekers on the path to self-realization.

The country's history is a chronicle of conquests, migrations, and assimilations resulting in a mixture of traditions that coexist harmoniously. From the majestic forts of Rajasthan to the serene backwaters of Kerala every region boasts its own distinct customs and rituals adding to the country's cultural wealth. India's natural beauty is as diverse as its cultural heritage. From the lush valleys of Kashmir to the arid deserts of Rajasthan and from the tea plantations of Darjeeling to the pristine beaches of Goa, the country's landscapes offer a breathtaking backdrop to its rich tapestry of traditions. Wildlife sanctuaries and national parks are home to a diverse array of flora and fauna, making India a paradise for nature lovers.

One of the most enduring symbols of India's ancient history of monument and architects is Taj Mahal which was built by Shahjahan in love for his wife Mumtaz Mahal. The temples of Khajuraho with their exquisite sculptures depicting various aspects of life, are a testament to the artistic powers of the Chandola dynasty. he UNESCO World Heritage sites are renowned for their intricate carvings and erotic sculptures which provide a fascinating glimpse into ancient Indian society. Mumbai is the melting point of cultures and aspirations. The dabbawallas navigating through the lanes, the iconic Marine Drive bathed in Golden Sunlight, and the fervent crowds at the Siddhivinayak Temple are emblematic of Mumbai's spirit. In the heart of Rajasthan lies Jaipur, the Pink City, adorned with majestic forts, opulent palaces and bustling bazaars. The resplendent Amer Fort, the intricately designed Hawa Mahal and the royal city palace transport visitors to an era of grandeur and royalty. As the sun sets, the hues of traditional attire, handicrafts and delectable street food.

In the foothills of Himalayas lies Rishikesh, the yoga capital of the world where seekers embark on a quest for inner peace and enlightenment. The tranquil banks of the Ganges reverberate with the chants of mantras while the ashrams offer peace and spiritual guidance to weary souls.

India's architecture stands as a splendor to its rich heritage and cultural legacy. The timeless beauty of the Taj Mahal, the epitome of love and craftmanship, draws millions of visitors from around the globe to glance at its evergreen beauty. The intricate cravings of Khajuraho temples, the majestic ruins of Hampi and the awe-inspiring caves of Ajanta and Ellora showcases India's architecture and artistic excellence.

Furthermore, India's vibrant cultural exports, including Bollywood films, classical dance, and traditional arts have captivated audiences worldwide fostering greater appreciation and understanding of Indian culture. The popularity of yoga and meditation has transcended borders, with millions embracing these ancient practices for holistic well-being and spiritual growth.

As India continues its journey towards progress and prosperity, it remains a land of boundlessopportunities and endless possibilities. Its resilience, diversity, and timeless heritage continues to inspire and capture the world, making it truly incredible in every sense of the world.

> KATRINA DHALL BA(P) I YEAR

THE MOTHER GODDESS: CELEBRATING THE ESSENCE OF DURGA PUJO

"Durga (Devi) is synonymous with Shakti or the Divine Power that manifests, sustains and transforms the universe as the one unifying Force of Existence. Shakti is the very possibility of the Absolute's appearing as many, of God's causing this universe. God creates this world through Srishti-Shakti (creative power), preserves through Sthiti-Shakti (preservative power), and destroys through Samhara-Shakti (destructive power). Shakti and Shakta are one; the power and the one who possesses the power cannot be separated; God and Shakti are like fire and heat of fire." - Swami Siyananda.

For all Bengalis across the globe, the six days of Durga Puja is an emotion of joy, happiness, cultural interactions, festivities and spirituality. The entire year we wait for Uma and her children Lakshmi, Saraswati, Ganesh and Kartikeya to come home and fill us with happiness and love. While for the non-Bengalis the festivities are celebrated as Navratris, we pamper, love and worship our daughter Uma (the Mother Goddess) for coming home. Each day is veneration to her and her children and each day is spent waiting for the next day's happiness and excitement to seep in! For us Bengalis, Goddess Durga is a part of our family; she is the daughter who comes to meet her father for just a few days. Tradition has it that a married woman comes and visits her family with her children and is enveloped in the love that she used to feel when she was unmarried. That love even today makes her an integral part of the family. She is given gifts of beautiful dresses, good food and pampered. And the Mother Goddess is no different. She is the ever-indulgent child for whom we Bengalis would give anything to see that she keeps that ethereal glow on her face, her eyes luminous with love and affection.

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There is not one person who does not feel tears trickling down when she is set to go back! Her eves have a different look; they are compassionate and sad as if she also feels the same pain that we feel when married women apply vermilion in the parting of her hair and feed her sweets. As the conch shells blow and the drummer(dhaki) beats a sonorous beat on the dhak (drum), the white plumes adorning the dhak starts swaying rhythmically and the women start dancing rejoicing _ the empowerment of being Shakti - the absolute partner in the universal progeny and the red vermilion glows on their cheeks and forehead and hair parting.

In West Bengal and elsewhere, the idol making process starts months before to ready the supreme Goddess for the autumnal homecoming and festivities. Tradition has it that the first slab of mud is brought from the courtyard of a brothel – honoring the women who live there and the narrow lanes of Kumartuli in Kolkata come alive with artisans and idol makers giving shape to the magnificent idols of the Mother Goddess and her family.

The Kumhars or makers of the goddess create the "Chinmayi" or clay idols, which are made "Mrinmoyi" through the ritualistic practices of the priest during the five-day festivities. The feeling of Durga Puja approaching starts with the Mahalaya. Mahalaya is derived from Sanskrit words meaning "Great Abode" and signifies the goddess Durga's journey from Kailash to Earth. And the change is so perceptible. There is a smell of scented flowers in the air, the sky acquires a deep blue hue with wispy clouds and the white reeds nod their head in unison as far as the eyes can see. For a Bengali, these white reeds stretched across miles signify the approach of Uma - the mother goddess to her parents house. The heart beats a little faster in anticipation.

Like all religious festivities, Durga Puja brings together people from all walks of life, transcending barriers of caste, creed, and religion. All age groups, communities come together in all neighborhoods and participate in the festivities, fostering a sense of unity and belonging among Bengalis.

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Apart from the cultural value and spiritual value the festival carries, it brings a sense of good bonhomie amongst people. Families spend hours shopping for the perfect dresses and accessories for the five days of unlimited happiness. Splurging is the key mantra and nobody cares even if a hole is burnt in the pocket. In zamindari homes and clubs, elaborate menus are decided and worked upon. And yes, we Bengalis really do not like it when we are told that it is inauspicious to eat non-vegetarian food during the festivities. You see, the coming of the mother goddess is a signal to indulge in gastronomic delights and trust us; we do Nirjala fasting, do our obeisance and pooja with complete spiritual abandonment and then only satiate ourselves. If Uma has come home, we need to celebrate happiness. Yet we maintain the her spirituality – our offerings to the goddess are completely Satvik and as deeply loved as our fascination for biryanis!

Durga puja and the advent of the Mother Goddess ushers in the universal concept of victory of good over evil, in the annihilation of Mahishasura and restoring the balance of goodness. It ushers in the power of feminine energy, where the woman can be a fierce warrior to protect her respect, integrity and identity. Durga Puja therefore highlights the importance of respecting and honoring women, recognizing their contributions to society, and promoting gender equality. It gives the underlying message of the immense totality of a woman. This and everything combined brings out the very essence of the rich cultural festival of Bengalis and now it is happily imbibed by other communities as well, as they mix in and enjoy the festival to the hilt. "Bolo Durga Mai ki-Jai..

"Ascheybochoraabarhobe"

(We wait for your coming nextyear, our beloved Uma. Our Mother Goddess)

> DEVISHI SUTRADHAR BA (H) II YEAR

HAPPINESS: HOW TO ACHIEVE AND SUSTAIN?

Seeking happiness in external things and external to ourselves is not long-lasting. Happiness is a state of your being. You must experience it, live it! To some extent it does depend on external conditions. Like, you cannot be maintaining your inner poise while you are toiling outwardly and working hard. You cannot ignore the external causes that are keeping you away from happiness. You must address them. Maintaining inner happiness does not mean becoming sluggish and dull. It only indicates, maintaining your zeal as you strive through challenges in life.Happiness is a Choice.

If you want to be sad, that's a choice you make. There will always be issues or problems to get stuck with or hold on to. But if you structure your mind to be happy, you can sustain it.Many people have a comfortable house, a good car and a lovely family. But they are still not happy. Without inner happiness, you either worry too much or become critical. The problem is not external discomfort, but it is about not spending time the right way or not working for the purpose that you have come for. If you don't utilize your capabilities, you cannot be happy. Contributing to someone's good health, happiness and mental peace, gives you contentment.Think over, if you are critical at others, it means you are not happy. By wasting time also, you become unhappy, even if everything else is fine.Make Amends to be Happy. Make a choice that you will be happy whether you have enough or little; are healthy or otherwise; have a job of liking or not; have healthy relationships or strained ones!

There will be difficulties, difference in opinions or challenges. Unless you remember to keep yourself happy, you may be dis-heartened or in pain.For example, say, you have some pain or fever. You can be grateful that you have time to take a break or rest. You may utilize this time to do something that you have been wanting to, like reading a book. Come to a decision that you will stay happy within, no matter where you are or what you are doing! You don't have to wait for the circumstances to improve or for colleagues, relatives, people around to change. All you have to do is to maintain the Crown chakram big. (It can be achieved easily using Yoga Prana Vidya Healing) That's the key! You will automatically experience bliss. Like a lotus in dirty water, you will remain untouched with struggles around. So, learn to make your Crown big! Now!The experience of bliss helps you endure happiness, with everything going on around. You go through it calmly, as a necessity for you to develop. You perceive all that's happening around is for a reason, for something to learn from. With that understanding, your Crown chakram remains big.

Golden Rule: It states, "Do to others, what you want others to do to you". If you want to be heard, then extend similar empathy to others; If you want to be loved, then give love to those who need your love; If you want forgiveness, then start with forgiving those who wronged you; and so on. Be a role model. That will help inspire others to improve rather than through your anger, lecture or wishes.

Service: If you do not do service(for humanity) or contribute to others, then any amount of your accomplishments will not help sustain your happiness. Constant and regular service is the key! Meditate regularly: True happiness cannot be found outside Self. Spend some time in search of that lasting happiness or bliss. Practice Planetary Peace or similar meditation daily!(You can download free mobile app from Playstore or Appstore searching for the phrase "YPV Sadhana") It is like you are caged in a jail or chained. When you meditate, you are taken out of the jail on a tour and you come back.

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You may forget about this experience when you get back. After a few attempts, you may remember the experience.Real happiness or Ananda is there in the higher planes of existence. When you realize that, you pursue for that inner happiness and come out of the jail or restriction.



THE DAWN OF NEW BEGINNING

The Last Sanctuary

In the year 2047, Viksit Bharat stood at crossroads. Decades of rapid industrialization and urbanization had taken a toll on the environment. Rivers ran dry, forests vanished, and the air became thick with pollution. But hope still flickered in the hearts of a few.

Aditi, a young scientist, dedicated her life to restoring the land. She believed that nature held the key to healing the wounds inflicted by progress. Her laboratory was an oasis amidst the concrete jungle – a place where she nurtured saplings, studied ancient texts, and dreamed of a greener future.

One day, Aditi stumbled upon an old manuscript hidden in the archives. It spoke of a mythical tree, the Vriksha Jyoti, said to possess the power to rejuvenate the earth. The tree was rumored to bloom only once every century, and its radiant light could heal even the most polluted soil. Driven by curiosity and a sense of urgency, Aditi embarked on a quest to find the Vriksha Jyoti. Armed with her research and a handful of seeds, she journeyed to the remote Himalayan valleys. There, she encountered Rajat, a wise forest guardian who had guarded these lands for generations.

Rajat listened to Aditi's tale and nodded solemnly. "The Vriksha Jyoti exists," he said. "But it chooses its caretaker wisely. Only someone with a pure heart and unwavering commitment can awaken its magic."

Together, they trekked deeper into the wilderness. The air grew cleaner, and the sounds of civilization faded. Finally, they reached a hidden glade -asanctuary untouched by human hands. And there, bathed in moonlight, stood the mythical tree.

Its leaves shimmered like emeralds, and its roots delved deep into the earth. Aditi planted the seeds she carried, whispering words of gratitude. Days turned into weeks, and she tended to the saplings with unwavering devotion. Slowly, they sprouted, the tiny leaves absorbing sunlight and love.

As the years passed, Viksit Bharat changed. People began to notice the transformation. The rivers flowed once more, the skies cleared, and wildlife returned. The Vriksha Jyoti's magic spread far beyond the glade, touching every corner of the nation. Aditi became a legend, a symbol of hope. She taught children to plant trees, inspired policymakers to prioritize the environment, and danced with joy when the first snow leopard returned to the Himalayas. Viksit Bharat was no longer a dream; it was the reality. And so, in the year 2047, as the Vriksha Jyoti bloomed once more, Aditi stood beneath its radiant branches. She felt the earth's pulse, heard the whispers of the wind, and knew that she was part of something greater, a legacy of love for the planet.

Viksit Bharat, a nation reborn, not through machines or algorithms, but through the simple act of nurturing life. And Aditi? She continued her work, knowing that the journey towards environmental enchantment was never-ending.

> KHUSHI KUMARI BA (H) I YEAR



LA RUBRIQUE DU FRANÇAIS (THE FRENCH SECTION)



L'ÉDITORIAL



L'expérience en tant que rédactrice a été enrichissante et exaltante. Cette année, nous avons choisi le thème du ViksitBharat@2047. En présentant le budget intérimaire pour 2024-25 au Parlement le mois dernier, la ministre des Finances Nirmala SITHARAMAN a déclaré que le gouvernement travaille pour faire de l'Inde la troisième économie mondiale dans les prochaines années et une nation développée d'ici 2047.

Le développement économique d'une nation va de pair avec l'idée d'une nation unifiée où tous les citoyens progressent ensemble. Une nation diverse mais unifiée où toutes les religions, toutes les communautés, tous les genres, etc. sont égaux. Ce développement doit être durable, où l'on connaît nos droits ainsi que nos responsabilités. La conception du développement précède le développement actuel. Ainsi, les étudiantes saisissent cette opportunité pour s'exprimer et décrire leur vision de l'Inde en 2047. Elles peuvent aborder des thèmes tels que la diversité, l'amitié, l'unité, les fêtes, le progrès, le développement, le nationalisme, les traditions, l'innovation, l'espoir, la paix, la famille, le courage, la gentillesse, etc. Ces thèmes reflètent les valeurs sur lesquelles le futur de notre pays sera construit.

Je tiens à féliciter tous les apprenants qui partagent leurs idées et leurs sentiments.

En espérant que leurs efforts seront appréciés !

Bonne lecture et bon amusement !

-Kanika KUMAR Rédactrice (Français)

TABLE DES MATIÈRES

- Les deux combattants Jeanne d'Arc et Rani Lakshmibai (The two fighters)
- Il Unité et diversité (Unity and diversity)
- III Je ne veux pas oublier(I don't want to forget)
- IV Quelqu'un que je connaissais (Someone I Knew)
- ∨ L'amour que j'avais perdu (The Love I had Lost)
- VI Le cahier que j'ai laissé (The Notebook that I Left)
- VII Les nuages gris (The Grey Clouds)
- VIII Éclats de français (The Splendor of French)
- IX Mon histoire de douleur (My Painful Story)
- X Le monde est beau (The World is Beautiful)

Sanjana RAWAT

Katrina DHALL

Aashna VIRESH

Olivia SARKAR

Samridhi BHATT

Anshi SAXENA

Anshi SAXENA

Bhavya SHAW

Anisha SEN

Mehak MALIK

Les deux combattants





Le crédit de l'image: WIKIMEDIA

Rani Lakshmibai et Jeanne d'Arc ont fait preuve d'un leadership et de prouesses militaires exceptionnelles au cours de leurs conflits respectifs. Ils ont mené leurs troupes au combat, faisant preuve de courage, de réflexion stratégique et de détermination. Les deux femmes ont résisté à la domination étrangère dans leurs régions respectives. Rani Lakshmibai se battait contre le colonialisme britannique lors de la rébellion indienne de 1857, tandis que Jeanne d'Arc luttait contre l'occupation anglaise pendant la guerre de Cent Ans.

Rani Lakshmibai a fait preuve d'un leadership et de prouesses militaires exceptionnels lors de la rébellion indienne de 1857. Elle a mené ses troupes au combat, faisant preuve de courage et de génie stratégique dans la défense de Jhansi contre les forces britanniques. Suite à la politique de la doctrine de la déchéance des Britanniques, qui niait la prétention de son fils adoptif au trône, Rani Lakshmibai a refusé de remettre Jhansi au contrôle britannique. Au lieu de cela, elle a activement résisté à l'annexion britannique et s'est battue pour l'indépendance de son royaume. Sa stratégie militaire se caractérisait par sa capacité à s'adapter aux circonstances changeantes et à utiliser efficacement les tactiques de guérilla. Elle a eu recours à des attaques surprises, des embuscades et des retraites stratégiques pour déjouer et affaiblir les forces britanniques. Son leadership a inspiré la loyauté et le dévouement de ses partisans. Son

courage, sa détermination et sa volonté de diriger depuis le front ont galvanisé ses troupes et inculqué un sentiment d'unité et de détermination dans la lutte contre l'oppression britannique.

Rani Lakshmibai est devenue un symbole de résistance et de patriotisme en Inde, symbolisant l'esprit de liberté et d'indépendance. Son mépris contre la domination britannique et son sacrifice pour la cause de son peuple lui ont valu une admiration et un respect généralisés. Rani Lakshmibai est morte au combat alors qu'elle combattait les forces britanniques à Gwalior le 18 juin 1858. Son refus de se rendre et sa volonté de sacrifier sa vie pour son royaume et son peuple ont encore solidifié son héritage en tant que une figure puissante et inspirante de l'histoire indienne.

Jeanne d'Arc prétendait avoir reçu des visions de saints et d'anges qui, selon elle, guidaient ses actions et apportaient un soutien divin à sa mission de soutien à la couronne de France. Elle a joué un rôle central dans plusieurs campagnes militaires et a contribué à la levée du siège d'Orléans en 1429. Sa décision de s'habiller en homme pendant la bataille était très inhabituelle pour l'époque. Cela a non seulement défié les rôles traditionnels de genre, mais a également démontré sa détermination et sa volonté de défier les normes sociétales dans la poursuite de ses objectifs. Elle respirait la confiance et la conviction dans ses croyances et ses capacités. Elle a affronté sans crainte les commandants militaires, les politiciens et le clergé, insistant sur sa mission divine et refusant de reculer malgré l'opposition et le scepticisme. Même après sa capture par les Anglais et son procès pour hérésie et sorcellerie, elle resta ferme dans ses convictions.

Le refus de Jeanne de renoncer à ses visions et à ses convictions l'a finalement conduit au martyre. Elle a affronté la mort en brûlant vive avec courage et dignité, devenant ainsi un symbole de résistance, de sacrifice et d'autonomisation des femmes. Jeanne d'Arc a ensuite été canonisée comme sainte par l'Église catholique en 1920, reconnaissant son héritage durable en tant que figure puissante et inspirante de l'histoire.

Rani Lakshmibai et Jeanne d'Arc partagent des similitudes non seulement dans leurs qualités de leadership et leurs exploits militaires, mais aussi dans leur héritage durable en tant que des figures puissantes et inspirantes de l'histoire.

-Sanjana RAWAT BA Programme Première année

L'unité et la diversité



Le crédit de l'image 1: Khushi Sharma, B.A Programme Ière année

La diversité que l'on trouve en France et en Inde est une riche tapisserie qui raconte une histoire de siècles d'histoire, de culture et de tradition.

En France, la diversité se manifeste en ses habitants, ses paysages, sa cuisine et ses coutumes. Des rues animées de Paris à la campagne sereine de la Provence, chaque région offre un mélange unique de langues, de dialectes et de traditions. La société française est façonnée par une mosaïque d'ethnies, avec des influences venues d'Europe, d'Afrique, d'Asie et au-delà.

De même, l'Inde est un creuset de diversité, avec plus de 1,3 milliard de personnes appartenant à diverses ethnies, religions, langues et cultures. Des sommets enneigés de l'Himalaya aux plages ensoleillées du Kerala, la géographie de l'Inde est aussi diversifiée que ses habitants. Chaque État de l'Inde possède sa propre langue, sa cuisine et ses traditions, ce qui contribue à la mosaïque culturelle dynamique du pays.

Dans les deux pays, la diversité est non seulement célébrée, elle fait partie intégrante de la vie quotidienne. On peut le voir dans les festivals colorés qui parsèment le calendrier, la gamme alléchante de plats et la myriade de langues. Malgré les différences qui existent à l'intérieur de leurs frontières, la France et l'Inde partagent un fil conducteur commun d'unité dans la diversité, où des personnes de tous les coins se réunissent pour créer un ensemble harmonieux.

Les deux nations célèbrent leur diversité à travers des festivals, de la cuisine, des arts et de la littérature. La France met en valeur sa richesse culturelle à travers des événements tels que le festival de Cannes, le Tour de France et des délices gastronomiques tels que des croissants, du fromage et du vin. De même, la diversité de l'Inde est mise en valeur lors de festivals comme Diwali, Holi et l'Aïd, comme à travers ses délices culinaires comme le biryani, le dosa et les samossas.

De plus, la diversité dans les deux pays s'étend au-delà des aspects culturels pour englober les disparités socio-économiques, les idéologies politiques. La France est aux prises avec la question de l'immigration, de l'intégration et de la préservation des langues et des cultures régionales, tandis que l'Inde est aux prises avec les divisions de castes, les tensions linguistiques et les disparités régionales en matière de développement.

Malgré ces défis, les deux pays valorisent leur diversité comme source de force, de résilience et d'innovation. Elle enrichit leurs sociétés, favorise la créativité et contribue au dialogue culturel mondial. La France et l'Inde sont de brillants exemples de la façon dont diverses communautés peuvent coexister, prospérer et façonner un avenir commun dans un monde interconnecté. La diversité de la France est profondément enracinée dans son histoire de migrations, de conquêtes et de colonialisme. Depuis l'époque napoléonienne, la France a été un creuset d'ethnies, de langues et de religions diverses.

La diversité de l'Inde remonte à des milliers d'années, façonnées par d'anciennes civilisations, des invasions et des routes commerciales. Son histoire est marquée par la coexistence de nombreuses cultures, religions et langues indigènes.

Dans la France contemporaine, la diversité est évidente dans sa population composée de personnes d'origines ethniques diverses, notamment françaises, nord-africaines, subsahariennes, asiatiques et européennes. Cette diversité se reflète dans la cuisine, la musique, l'art et la mode. La diversité ethnique et culturelle de l'Inde est hors pair, avec plus de 2 000 groupes ethniques et plus de 1 600 langues parlées à travers le pays. Chaque région de l'Inde possède ses propres pratiques culturelles, festivals et cuisines, contribuant à la riche mosaïque de diversité du pays.

Bien qu'historiquement un pays à prédominance catholique, la France abrite aujourd'hui un large éventail de communautés religieuses, notamment l'islam, le judaïsme, le bouddhisme, l'hindouisme et le sikhisme. La liberté religieuse est inscrite dans la loi française, permettant aux individus de pratiquer librement leur foi L'Inde est réputée pour sa diversité religieuse. Les grandes religions telles que l'hindouisme, l'islam, le christianisme, le sikhisme, le bouddhisme et le jaïnisme coexistent harmonieusement. Les festivals et les célébrations religieuses font partie intégrante de la culture indienne, mettant en valeur la mosaïque vibrante des religions à travers le pays.

La langue française est une force unificatrice en France, mais le pays reconnaît également des langues régionales telles que le berton, l'occitan, le corse et l'alsacien. De plus, la France abrite des communautés d'immigrants qui parlent les langues de leur pays d'origine.

La diversité linguistique est l'une des caractéristiques déterminantes de l'Inde, chaque État ayant sa propre langue officielle. Bien que l'hindi soit la langue nationale, c'est l'anglais qui est la langue qui unissent tout le pays. Mais l'Inde abrite également de nombreuses langues régionales telles que le bengali, le télougou, le marathi, le tamoul et l'ourdou, entre autres. La diversité socio-économique en France se manifeste par des disparités de revenus, d'éducation et d'opportunités d'emploi dans les revenus, l'éducation et les opportunités d'emploi entre les différents groupes démographiques. Les efforts visant à remédier aux inégalités socioéconomiques comprennent des programmes de protection sociale et des politiques d'action positive. L'Inde est aux prises avec d'importantes disparités socio-économiques découlant de facteurs tels que les disparités de caste, de classe et régionales. Les initiatives gouvernementales visent à réduire la pauvreté, à améliorer l'accès à l'éducation et à promouvoir une croissance économique inclusive.

Malgré les efforts déployés pour promouvoir la diversité et l'inclusion, la France est confrontée à des défis tels que les discriminations, les tensions sociales et les problèmes d'intégration, notamment en ce qui concerne les communautés immigrées. Accueillir la diversité comme une source de force et de défi, avec des tensions occasionnelles qui surgissent selon des critères ethniques, religieux et linguistiques. Encourager la tolérance, la compréhension et le respect de la diversité est essentiel pour favoriser la cohésion sociale et l'unité nationale.

La France et l'Inde illustrent le kaléidoscope de la diversité, chacune offrant un aperçu unique des complexités des sociétés multiculturelles. Bien qu'ils soient confrontés à leurs défis respectifs en matière de gestion de la diversité, les deux pays font preuve de la résilience et de la richesse que la diversité apporte à leurs sociétés. Il est impératif d'accueillir la diversité comme source de force et de célébrer la richesse du multiculturalisme pour bâtir des sociétés inclusives et harmonieuses au 21e siècle.

La France est depuis longtemps un centre d'innovation artistique et de créativité, favorisant des mouvements tels que l'impressionnisme, le cubisme, le surréalisme et le romantisme. La littérature, le cinéma, la musique et la mode françaises continuent de captiver le public mondial par leur diversité et leur sophistication.

L'Inde abrite des centaines de langues et de dialectes, ce qui reflète la diversité de son paysage linguistique. La Constitution reconnaît 22 langues officielles, l'hindi et l'anglais étant les principales langues de communication au niveau national.

La France compte une importante population immigrée, notamment en provenance d'anciennes colonies d'Afrique, des Caraïbes et d'Asie, contribuant à sa mosaïque culturelle. Paris, en

particulier, est un melting-pot de cultures, avec des quartiers dynamiques représentant diverses communautés ethniques.

Certainement La France et l'Inde sont des pays incroyablement diversifiés, chacun avec sa propre richesse culturelle, géographique et historique.

La France et l'Inde. Malgré leurs différences géographiques, historiques et démographiques, les deux pays se targuent d'une diversité multiforme qui reflète des siècles de migrations, de conquêtes et d'échanges culturels.

> -Katrina DHALL BA Programme Première année

"Je ne veux pas oublier..."

Je ne veux pas oublier Mon coup de foudre Mon univers dans tes yeux La beauté de ton sourire.

Je ne veux pas oublier Le jour où j'ai porté des vêtements violets Étant sur le quai du métro Je ne pensais qu'à toi.

Je ne veux pas oublier

Les difficultés que nous nous sommes affrontées

Les souvenirs que nous avons créés

Même si la route était longue et le voyage difficile,

Nous avons gardé espoir et n'avons jamais eu peur.

Je ne veux pas oublier

Les épreuves auxquelles nous avons survécu

Les larmes qui se sont coulées

De mon cœur affligé

Nous avons toujours gardé espoir mais aujourd'hui je ne peux plus te revoir !



Le crédit de l'image: Vanshita KAKKAR, BA Programme IIIème année

-Aashna VIRESH BA Programme Troisième année

Quelqu'un que je connaissais

Quelqu'un crie un nom Un nom si familier et pourtant si hors de ma portée. J'essaie de retenir ses paroles, Mais mes doigts mouillés de mes larmes glissent petit à petit. Le bord de la falaise est tellement dangereux ; Et tenir le coup est fatiguant. Quand tout d'un coup je ressens une touche, Et oh ! Je me souviens d'elle. Le nom qu'elle prononce retient une histoire-Une histoire qui aurait pu remplir mille livres, Mais maintenant je suis trop vieux et décrépit Pour me rappeler comment ça s'est passé Et j'aimerais pouvoir dire : « Je veux me souvenir »,

> -Olivia SARKAR BA Programme Troisième année

L'amour que j'avais perdu

Je t'ai attendu, sous un vaste ciel bleu, en espérant qu'un nuage flottant me mènerait à toi.

> Je t'ai cherché, ma belle lune, mais les mille lunes sont passés, en espérant que je te trouverais.

J'ai chassé le ciel bleu, pour des longueurs indéfinies, en espérant que n'importe quel chemin me mènerait à toi!

> Personne ne l'a fait parce que tu étais toujours ici. Je n'avais jamais besoin de te trouver, tu étais toujours une partie de moi.

> > - Samridhi BHATT BA Programme Troisième année

Les nuages gris

Le début : « C'était un samedi, vers la fin de l'automne. Les nuages gris roulaient dans le ciel, sous la poussée du vent qui sifflait dans les arbres. J'étais allongé sur l'herbe, je pensais à tout et à rien quand j'entendis une voix douce, mélodieuse , celle des transgenres. Les transgenres applaudissaient dans la maison où un petit enfant est né. À la première fois, j'étais très agacée par la voix mais après quelques minuits, j'ai aussi félicité la famille pour la nouvelle membre qui était née. Mais, il y avait quelque chose que j'ai vu, et j'ai commencé à pleurer aves les autres. J'ai vu que les transgenres prendraient l'enfant avec eux, parce qu'il était comme eux, une transgenre. Les transgenres ont donné leurs bénédictions à la famille, mais pour eux, c'était très difficile pour faire leur adieu à l'enfant.

Après cette incidente, j'ai pensé trop à propos de la société où nous vivons. Est-ce que la société n'accepte pas les autres genres ? qui a décidé qu'il n'existera que le mâle et la femelle? Pourquoi on ne peut pas accepter les autres? Et comment l'enfant va grandir et vivre sans les parents? Et quand je pense de cet enfant, moi aussi, je commence à pleurer. Je pense aussi ce qui va arriver à l'enfant comment il grandira? Il ne pourra jamais reconnaître les membres de aa famille?, et j'ai aussi commencé à ressentir l'empathie pour les autres gendres. Comme nous, ils ont aussi la droit de vivre avec leur famille.

Après beaucoup des années, la famille de l'enfant a acheté une nouvelle maison, et cet enfant était comme une bénédiction et non malédiction. Et tout à coup la famille a décidé d'accepter leur enfant !

Les autres transgenres ont essayé trop de emmener leur ami avec eux, mais les membres de la famille ont fait ce que les transgenres ont fait jadis. Ils luttaient pour leur membre de la famille. J'ai essayé de leur expliquer l'importance de la famille.

Et maintenant, c'était moi, déchirées entre des deux groupes avec les points de vues très différents. Une famille qui me remerciaient et les transgenres qui voulaient emmener leur ami avec eux.

-Anshi SAXENA BA Programme Troisième année
Éclats De Français : Une Aventure Mémorable

Dans une école, je suis entrée pour enseigner le français. C'était un jour merveilleux. Les élèves avides d'apprendre, leurs yeux brillants d'éclat. Je ne veux jamais oublier ce bon moment où tout s'est commencé.

> Les mots doux du français, comme des pépites d'or, Dans leurs esprits curieux, ont trouvé un trésor. Chaque jour, une aventure, une nouvelle découverte, Je ne veux pas oublier cette joie toujours verte

Leurs sourires rayonnants, leur soif de connaissance ont rempli mes journées tantôt de peur, tantôt d'émerveillement, d'abondance.

> Même aujourd'hui dans le silence des salles, nos voix résonnent, Je ne veux pas oublier ce lien qui nous unissait.

Ainsi va l'histoire de cette aventure magique, Où le français est devenue une échappatoire dans leur journée soporifique. une flamme d'espoir que le français a brillé dans la vie de ces enfants se reflétaient dans leurs sourires

que je ne veux pas oublier.. et je ne peux pas oublier...

-Bhavya SHAW BA Programme Troisième année

Le cahier que j'ai laissé

Les cahiers sont les bons, parce qu'ils nous rappellent toutes. Et nous, les humains oublient si tôt, sans dire <<grâce à vous>>!! Je suis venue à Paris comme assistante d'anglaise, une enseignante et au début ce n'était pas si

vivante.

Je ne connaissais personne, je ne savais quoi faire, Et juste comme ça, j'ai rencontré les étrangers, que je ne veux jamais plus oublier. Ils m'ont aidé, sans me connaître, sans aucune raison, et ils m'ont beaucoup aidé...me calmer, chercher une maison...

> Leur applaudissements à la nuit m'a donné l'espoir, Et ils m'ont mis à l'aise et aidé à bien voir.

C'est pourquoi je ne veux jamais l'oublier, Je veux les dire <une grande merci>>, je veux les remercier.

Mais je ne pouvais pas le faire, étant à Paris, Alors, j'écris dans mon cahier, pour eux une note à lire et ces merveilleuses souvenirs me font une belle sourire.

> -Anshi SAXENA BA Programme Troisième année

Mon histoire de douleur

Dans les coins tranquilles de ma bibliothèque, Je suis tombée sur un fragment de mon passé, une photo en lambeaux de mon passé, dans les murmures du passé où mes peurs se sont accumulées.

Teintes fanées et tons sépia,

Ses bords se sont effilochés comme si mon bonheur s'était fané, Des moments capturés qui ont disparu depuis longtemps, Une histoire de douleur et de cris, défilée en silence. Mes souvenirs et mes cauchemars se sont habillés de façon grotesque, Je veux guérir de ce cœur affligé « Oh! Je ne veux pas oublier », ai-je avoué,

Pour célébrer le deuil et rechercher du réconfort dans la pagaille de la vie

-Anisha SEN BA Programme Troisième année

Le monde est beau

Les oiseaux ne gazouillent plus, Les nuages ne sont plus bleus, Il ne pleut plus. Le bonheur s'efface. La tension dans mon esprit, Ne me laisse pas exprimer mes sentiments Ne me laisse pas atteindre ce que je veux Ne me laisse pas faire ce que je veux faire Je deviens la partie de la phrase « Allez avec le flux »

C'est moi?

Mais attendez!

Qu'est-ce qu'il y a dans mon cœur qui continuellement Me réconfortant pour ne pas abandonner Cela me rappelle comment je suis arrivé ici aujourd'hui Je me demande si mes problèmes sont-ils plus importants que ceux des autres.. Ensuite, je vois le monde à travers mon cœur

Pas avec mon esprit.

C'est beau

Oui, c'est plus beau avec les oiseaux qui gazouillent, libres de voler n'importe où

La pluie et avec mon bonheur.

-Mehak MALIK BA Programme Troisième année





1.	राम जी की लीला	कुमकुम कुमारी
2	बलिदान	मोनी शर्मा
3	स्वर्णिम इतिहास	मोनी शर्मा
4	रघुराम का संघर्ष	अंशी मिश्रा
5	महानायक अंबेडकर	प्रिया
6	मातंगिनी हजरा	जानकी
7	हाड़ीरानी	संजु प्रिया
8	असंभव कुछ नहीं	रोशनी
9	पलकें	रोशनी
10	डरो मत	दिव्यांशी
11	12 वी फैल	सोनाली कुमारी
12	चलो सपने पूरे करें	कुमकुम कुमारी
13	जीना सीखो	शवी
14	पर्यावरण सरक्षण	साक्षी गर्ग
15	खुशहाल बेटियाँ,भविष्य देश का	प्रगति पाण्डेय

16 पिता प्रिया कश्यप 17 माँ की ममता खुशी शर्मा 18 माँ रोशनी 19 क्यों हुई आखिर बेटी पराई रिया सिंह 20 अविस्मरणीय स्मृति उर्वशी पांचाल 21 मेरी अमरनाथ की यात्रा स्नेहा परेवा 22 मैं कौन हुँ ? अनाशीरा 23 इंसाफ की जीत खुशी यादव 24 मेरा अनुभव नेहा गुप्ता 25 वैशाली सिंह की कविताएं वैशाली सिंह 26 बंद दरवाजा सरोज 27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 पार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना 33 क्यूँ मलाल करूँ ? मोनिका सिंह			
18 माँ रोशनी 19 क्यों हुई आखिर बेटी पराई रिया सिंह 20 अविस्मरणीय स्मृति उर्वशी पांचाल 21 मेरी अमरनाथ की यात्रा स्नेहा परेवा 22 मैं कौन हूँ ? अनाशीरा 23 इंसाफ की जीत खुशी यादव 24 मेरा अनुभव नेहा गुप्ता 25 वैशाली सिंह की कविताएं वैशाली सिंह 26 बंद दरवाजा सरोज 27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 यॉकलेट की दुनिया योजना	16	पिता	प्रिया कश्यप
19 क्यों हुई आखिर बेटी पराई रिया सिंह 20 अविस्मरणीय स्मृति उर्वशी पांचाल 21 मेरी अमरनाथ की यात्रा स्नेहा परेवा 22 मैं कौन हूँ ? अनाशीरा 23 इंसाफ की जीत खुशी यादव 24 मेरा अनुभव नेहा गुप्ता 25 वैशाली सिंह की कविताएं वैशाली सिंह 26 बंद दरवाजा सरोज 27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॅकलेट की दुनिया योजना	17	माँ की ममता	खुशी शर्मा
20 अविस्मरणीय स्मृति उर्वशी पांचाल 21 मेरी अमरनाथ की यात्रा स्नेहा परेवा 22 मैं कौन हूँ ? अनाशीरा 23 इंसाफ की जीत खुशी यादव 24 मेरा अनुभव नेहा गुप्ता 25 वैशाली सिंह की कविताएं वैशाली सिंह 26 बंद दरवाजा सरोज 27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	18	माँ	रोशनी
21 मेरी अमरनाथ की यात्रा स्नेहा परेवा 22 मैं कौन हूँ ? अनाशीरा 23 इंसाफ की जीत खुशी यादव 24 मेरा अनुभव नेहा गुप्ता 25 वैशाली सिंह की कविताएं वैशाली सिंह 26 बंद दरवाजा सरोज 27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	19	क्यों हुई आखिर बेटी पराई	रिया सिंह
22 मैं कौन हूँ ? अनाशीरा 23 इंसाफ की जीत खुशी यादव 24 मेरा अनुभव नेहा गुप्ता 25 वैशाली सिंह की कविताएं वैशाली सिंह 26 बंद दरवाजा सरोज 27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	20	अविस्मरणीय स्मृति	उर्वशी पांचाल
23 इंसाफ की जीत खुशी यादव 24 मेरा अनुभव नेहा गुप्ता 25 वैशाली सिंह की कविताएं वैशाली सिंह 26 बंद दरवाजा सरोज 27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	21	मेरी अमरनाथ की यात्रा	स्नेहा परेवा
24 मेरा अनुभव नेहा गुप्ता 25 वैशाली सिंह की कविताएं वैशाली सिंह 26 बंद दरवाजा सरोज 27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	22	मैं कौन हूँ ?	अनाशीरा
25 वैशाली सिंह की कविताएं वैशाली सिंह 26 बंद दरवाजा सरोज 27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	23	इंसाफ की जीत	खुशी यादव
26 बंद दरवाजा सरोज 27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	24	मेरा अनुभव	नेहा गुप्ता
27 ज़िंदगी में साहस होना आवश्यक हैं । तान्या मवी 28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	25	वैशाली सिंह की कविताएं	वैशाली सिंह
28 प्यार व करुणा की भावना सानिया मंसूरी 29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	26	बंद दरवाजा	सरोज
29 कॉलेज का दूसरा साल नीतिका 30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	27	ज़िंदगी में साहस होना आवश्यक हैं ।	तान्या मवी
30 पर्वत उपासना चौधरी 31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	28	प्यार व करुणा की भावना	सानिया मंसूरी
31 सबसे यादगार दिन हिताक्षी गुप्ता 32 चॉकलेट की दुनिया योजना	29	कॉलेज का दूसरा साल	नीतिका
32 चॉकलेट की दुनिया योजना	30	पर्वत	उपासना चौधरी
	31	सबसे यादगार दिन	हिताक्षी गुप्ता
33 क्यूँ मलाल करूँ ? मोनिका सिंह	32	चॉकलेट की दुनिया	योजना
	33	क्यूँ मलाल करूँ ?	मोनिका सिंह



भाषा भावों और विचारों की संवाहक होती है भाषा का स्वरूप निरंतर बदलता रहता है। हिन्दी भाषा ने भी सैकड़ों वर्षों की यात्रा तय की है। संस्कृत,पाली, प्राकृत, अपभ्रंश से चोला बदलती हुई हिन्दी आज अंतर्राष्ट्रीय स्तर पर प्रतिष्ठित भाषा बन गई है। हिन्दी हमारी मातृभाषा, साहित्यिक भाषा और राजकाज की भाषा है। नई शिक्षा नीति के तहत हमारे देश की सभी मातृभाषाएं अब शिक्षा प्राप्त करने का माध्यम है। देश की प्रगति और युवाओं की प्रतिभा अपनी मातृभाषाओं में शिक्षा ग्रहण करने से अधिक निखरेगी। भारत विकास की ओर तभी अग्रसर होगा। भारत की स्वतंत्रता की शताब्दी वर्ष 2047 विकसित भारत की ओर जाने का अभियान है। इसमें आर्थिक सामाजिक उन्नति के साथ विकास के विभिन्न पहलुओं को शामिल किया गया है। युवाओं की आवाज़ की गूंज इसकी विशेषता है| युवा शक्ति परिवर्तन की वाहक भी है और परिवर्तन की लाभार्थी भी है। आज हर व्यक्ति को विकसित भारत के संकल्प के साथ आगे बढ़ना होगा। "ईशा पत्रिका"विवेकानंद कॉलेज की छात्राओं के लिए रचनात्मकता का मंच है। प्रत्येक वर्ष देश से जुड़ें मुद्दे विशेष सामाजिक परिवेश समस्याएं ,आंदोलन ,इतिहास ,घटनाएं छात्राओं की रचनाओं का आधार बनती है। इस वर्ष भी विकसित भारत@2047 के अंतर्गत भारत की विविधता में एकता, नैतिकता, पर्यावरण, त्योहार ओर हमारी ऐतिहासिक विरासतें के साथ भविष्य के सपनों के मोती हमारी छात्राओं ने अपनी रचनाओं में पिरो दिए हैं।

अपनी आसान भाषा में कॉलेज की इन तरुणियों ने हिन्दी को सरल भावों में गूंथ दिया है। नई ऊर्जा के साथ "गोपाल सिंह नेपाली" के शब्दों में मैं "ईशा पत्रिका" का यह अंक आपके समक्ष रखती हूं:-

> "दो वर्तमान का सत्य सरल, सुंदर भविष्य के सपने दो, हिन्दी है भारत की बोली,तो अपने आप पनपने दो।

> > डॉ. बबिता जायसवाल



संपादकीय

भाषा संस्कृति की परिचायक होती है जो साहित्य और समाज के साथ नाभी नाल की तरह जुड़ी होती है। व्यक्तिगत रूप से मनुष्य जो व्यक्त करता है वह उसकी जीवन शैली और व्यक्तित्व का प्रतिबिंब होता है। मनुष्य की निर्मिती के पीछे पूर्वजों की एक लम्बी कड़ी है। जिससे हमारे जातीय, सांस्कृतिक और सामाजिक सारोकार जुड़े हुए हैं। इसलिए माँ, मातृभूमि और मातृभाषा का कोई विकल्प नहीं है। जिसकी कोख से हमने जन्म लिया,जिसकी माटी में हम पले बढ़े और जिस भाषा के द्वारा हमने सुख -दुख कहना सीखा । उसके बिना हम अपने सपनों का महल तैयार नहीं कर सकते। हम भारतीय हैं हमारा मन, आत्मा और बुद्धि अपनी माटी में ही पनपे हैं, पल्लवित हुए हैं और परिष्कृत हुए हैं । सालों से हम पाश्चात्य संस्कृति की चकाचौंध में अपनी भारतीय संस्कृति की गरिमा को नहीं आँक पाए हैं परिणामस्वरूप जिस द्रुत गति से और गुणवत्ता से हमारा विकास होना चाहिए वैसा नहीं हुआ। वर्तमान में विश्व गुरु भारत की छवि उस प्रखरता से उभरकर सामने नहीं आती जिस प्रखरता से वह अतीत में विद्यमान थी । व्यक्ति का जन्म वर्तमान की देन नहीं अपितु तमाम बीती सदियों का सृजन है।1.15 अरब की जनसंख्या वाले देश में क्या कारण है कि महान आविष्कारक और विचारक बस गिनती में हैं। हर बार डॉ. एम. एस. स्वामीनाथन,डॉ.जगदीशचंद्र बसु,डॉ. चंद्रशेखर वेंकट रमन,श्रीनिवास रामानुजन,डॉ. बीरबल साहनी,भास्कराचार्य,डॉ. मेघनाद साहा,डॉ. मोक्षगुंडम विश्वेश्वरैया,डॉ. राजा रामण्णा,डॉ. विक्रम साराभाई के नाम ही गिना देते है। हमारे आस-पास घर बाहर ऐसे कितने व्यक्तित्व हैं ? यह विचार करने की बात है। वर्तमान सरकार का उद्देश्य भारत को विश्वगुरु बनाना है और विकसित भारत @2047का सपना साकार करना है। इस उद्देश्य की पूर्ति के लिए हम सभी को एकजुट होकर प्रयास करने चाहिए। इसके लिए सर्वप्रथम अपने हिय के किसी भी तरह के शूल को निकाल बाहर फैंकना चाहिए और शुद्ध, ताजी और सुकून भरी हवा में साँस लेते हुए, दृढ़ संकल्प और आत्मविश्वास के साथ अपने कर्तव्य पथ पर बढ़ना चाहिए। हिन्दी साहित्य के आधुनिक काल के प्रवर्तक भारतेन्दु हरिश्चंद्र ने भी लिखा था –

> निज भाषा उन्नति अहै, सब उन्नति को मूल। बिन निज भाषा-ज्ञान के, मिटत न हिय को सूल।।

हमें अपनी सनातन संस्कृति को आत्मसात करना चाहिए।इसकी आँचल की छाँव में सबकुछ संभव हो सकेगा। हम पंचकोषीय शिक्षा को धारण कर अपने प्रभावशाली व्यक्तित्व का निर्माण करें भारतीय संस्कृति के भीतर, कुछ असंभव नहीं, सारी शक्तियाँ उसी के भीतर हैं।आइए मिलकर अपनी संस्कृति जाने,अपनी शक्ति पहचाने।

वर्ष 2024 की "ईशा" पत्रिका आप लोगों के समक्ष प्रस्तुत करते हुए, मैं अत्यंत आनंद का अनुभव कर रही हूँ क्योंकि छात्राओं की रचनाओं को पढकर उनकी जिस जागरूकता और जिम्मेदारी का अनुभव मैंने किया है , उसे देखकर एक नए सवेरे की लालिमा का आभास होता है। विकसित भारत का सपना अवश्य सच होगा। पुनः सम्पूर्ण विश्व भारत के ज्ञान और आध्यात्म का लोहा मानेगा । "ईशा" के सम्पूर्ण संपादक मण्डल का हार्दिक आभार । छात्राएं सदैव प्रसन्नचित और आत्मविश्वासी होकर देश और समाज के हित में लगें । यही आशा है । शुभकामनाओं सहित !

डॉ. मीना पाण्डेय



राम जी की लीला

जब भक्त बजाते है ताल, राम जी की कहानी सुनाते हैं, धरती गाती है गीत, मानो स्वर्ग से उतर आते है रामजी। रामजी के चरणों में भक्ति, मन में प्रेम का जादू है, जीवन को उसकी मधुरता से, रामजी की लीलाओं से, फिर से नवीनतम रंगों से सजाते हैं। जीवन के समुद्र में राह, राम नाम की बूँदै हैं, साथ-भक्ति की धारा बहती रहे प्रेम की, राह पर चलते रहें लेके श्री राम का नाम। रामजी की कथा है अनमोल, उनके चारणों में सुख शांति का आश्रय, जीवन सार्थक हो जाता है। मन में आशा हृदय में रामजी।







<mark>याद कर</mark>ते हैं आज फिर उन अमर और पवित्र आत्माओं को, जिन्होंने ना देखा अपना घर था, बस था उनका एक ही अरमान , मिटानी है गुलामी वतन से अपने और , कि खाई थी कसम सांस चैन की तब लेंगे, जब भारत मां की भूमि से गुला<mark>मी की गंध म</mark>िटा देंगे , कि <mark>पैदा</mark> होना है तो ऐसे होना जैसे हुए तात्या शूरवीर कहीं , लुटा दी जवानी जिसने दे दी अपनी जान की कुर्बानी , कि मरना हो तो ऐसे मारना जैसे मरे भगत सिंह शौर्यवान कहीं , ना भूलेगे वीरों की शहादत कभी जो खून किया कुर्बान उन्होंने, अमर रहेगी ए वीरों कुर्बानी तुम्हारी, जो लगा दी जान की बाजी अपनी मातृभूमि के सम्मान में , और युगों - युगों तक गूंजेगी गुलामी के प्रति हुंकार तुम्हारी , कि अब आजाद वतन में अपने , नहीं रहेगा कोई गुलाम , और हम सभी खाते हैं कसम, न होने देंगें क<mark>भी भ</mark>ारत मां की शान कम ।



स्वर्णिम इतिहास

<mark>भारत की</mark> इस पावन भूमि की कथा सुनाते हैं, <mark>आज</mark> फिर धूमिल हुई व्यंग्यों पर चार चांद लगाते हैं , इस पवित्र धारा के वेदों से आपका परिचय करते हैं, ऋग् ,साम ,यजुर्वेद, अथर्व इन वेदों की है खास बात, इनमें मि<mark>लेगा म</mark>हाऋषियों क<mark>ा संपूर्ण ज्ञान उप</mark>निषद ,वेदांत, समहिता , पुस्तक भी है अतिखास, प्रा<mark>चीन</mark> काल में ही भारतीय ऋ<mark>षि मुनियों</mark> को था अपर ज्ञान, अग्नि, वायु ,आदित्य ,और अंगि<mark>रा महर्षि हु</mark>ए महान , कई भाषाओं की जननी यह भारतीय भूमि है महान , संस्कृति है वेदों की वाणी पा<mark>ली और प्राकृत में</mark> मिलेगी जैन और गौत<mark>म बुद्ध</mark> की वाणी , महाभारत, रामायण ,<mark>पुराण ,हुए ग्रंथ महान,</mark> यह सनातनो की धरती है ,महान राजाओं की जननी है, महर्षियों के तप के बल से नालंदा में विद्या बहती थी , अशोक जैसे जन्मे यहां वीर महान , पोरस ने कर दिया सिकंदर को परास्त , इस पवित्र धारा में गुप्ता ,कुषाण ,मौर्य चालुक्य आदि हुए वंशज महान, इसी कारण बन पाया भारत का स्वर्णिम इतिहास , राजपूताना वंशज के थे वंशज महान , पर कुछ कर्म से आई भारतीय अखंडता में दरार , इसी कारण कर पाया गजनी प्रतापी पृथ्वीराज को परास्त, सनातनों की धरती को कर दिया खराब , फिर आया मुगलों का काल बाबर ने लोधी को कर दिया परास्त , तुर्कों के शासन को कर दिया समाप्त , फिर आया अंग्रेजी काल बना दिया सबको गुलाम,



<mark>चाहे हो हि</mark>ंदू या मुसलमान बना दिया भारतीय सभ्यता संस्कृति मिट्टी को लाचार , <mark>पर इस</mark>में भी हुए कुछ योद्धा महान जिनने नहीं सहा अत्याचार,

झांसी की रानी यूं ही नहीं बनी महान ,

लहरा दिया उसने मरते मरते भी वीरता का फरमान,

रणभूमि मे<mark>ं बन</mark> शक्ति का अ<mark>वतार अकेली न</mark>ारी कुद पड़ी उन अंग्रेजों पर ,

और किए आति बारी प्रहार यू<mark>ं ही नहीं बनी</mark> मर्दानी महान,

कैसे चुकाओगे तुम कर्ज उन<mark>का जिन्होंने</mark> वतन के खातिर कर दी अपनी जवानी बलिदान ,

हां यह बात उन शहीदों की ह<mark>ै जिन्होने कर दी</mark> जान कुर्बान ,

भगत सिंह ,सुखदेव ,राजगुरु यूं ही नहीं बने महान,

यह बात है 14 साल <mark>के उसे बालक की जो हो गया वतन पर बलि</mark>दान , यूं ही नहीं कहलाएं खुदीराम बोस महान,

<mark>यह</mark> जननी है उन वीरों की यह जननी है उन शेरों की , जो खातिर वतन <mark>के</mark> हो गए शहीद ,

बहुत कुर्बानियां के बाद हुआ है वतन आजाद ,

भारत मां के उन शेरों के खून की कुर्बानियों ने किया, इस पवित्र धारा को अंग्रेजों से आजाद |

भारत मां की जय

जय हिन्द



रघुराम का संघर्ष

यह कथा है उत्तर प्रदेश में रहने वाले एक छोटे बालक रघुराम की | खुराम के <mark>पित</mark>ाजी एक किसान और उसकी माता एक गृहणी थी। रघुराम का प्रेम हिन्दी साहित्य की और बचपन से ही था। वह हमेशा से एक बहुत ही प्रसिद्ध लेखक अथवा कवि बनना चाहता था परंतु आर्थिक स्थिति अच्छी न होने के कारण वह क<mark>भी ग</mark>ाँव से बाहर <mark>न जा सका। र</mark>घुराम ने बचपन से ही खेतो - खलियानों में सपने देखे थे। एक दिन रघुराम को गाँव छोड़कर शहर जान<mark>े का</mark> मौका मिला औ<mark>र</mark> इसका फायदा उठ<mark>ाकर रघुराम</mark> शहर चला गया । परंतु प्राथमिक शिक्षा <mark>गाँव</mark> में ही प्राप्त होने के <mark>कारण, र</mark>घुराम को शहर मे काफी तक<mark>लीफ</mark>ों का सामना करना पड़ा। शुरू<mark>आती दौर में र</mark>घुराम को रहने के लिए घर और खाने के लिए भोजन भी प्राप्<mark>त नहीं था। प</mark>रंतु अपनी कला और <mark>साहस</mark> के साथ रघुराम ने कभी ह<mark>ार नहीं मानी और वह अपने लक्ष्य की ओर एकाग्रित र</mark>हा। शुरूआती दौर में उसने अपनी रचनाओं को काफी निरितारा और बड़े तथा मशहूर लेखको तब तक पहुंचने का काफी प्रयास किया परन्तु उसे अत्यधिक नाकामियों का सामना करना पड़ा। तत् पश्चात् हार न मानते हुए उसने अपनी रचनाएँ समाजिक क्रार्यक्रमों मे दिखाना शुरू किया। धीरे - धीरे सामाजिक स्थर पर उसकी कविताएं प्रसिद्ध होने लगी तथा दर्शको को अपनी मातृभाषा में लिखित खूबसूरत रचनाएं काफी पसंद आने लगी और यही से शुरू हुआ रघुराम का अच्छा समय | लोगबाग शहरी वातावरण में इतना ढल गये कि मातभाषा का उपयोग उनके लिए उपमानजनिक लगने लगा था। उ<mark>सी</mark> दौर में जब खुराम ने दर्शकों के सामने बेहद ही खुबशूरत तरिके से उसकी मातृभाषा का उ<mark>प</mark>योग किया, यह समाज के लिए बहुत ही आनंदमय थ<mark>ा और</mark> इसने लोगो को उनकी मातृभाषा पर गर्व करना भी सिखाया । रघुराम कि रचनाए सामाजिक असंमजसें से दूर - प्रकृति, प्रेम, रिश्ते, <mark>व्यापा</mark>र, समाज अथवा पौराणिक युग के विषय पर चर्चा करती थी । रघुराम की कहानियों के द्वारा समाज को वह सब भी सीखने मिला जो शहरी शिक्षा में वे शायद कभी न सीख पाते ।



एसे ही धीरे धीरे समय के साथ, रघुराम की प्रसिद्ध का माप नही था। जिस क्रार्यक्रम में रघुराम की उपस्थित होती थी वहाँ लोगों के बैठने की जगह भी नही मिलती थी | रघुराम की रचनाए फिर स्कूल की किताबों में भी छापी जाने लगी जिससे पढने आ रहे बच्चों का रुझान उसकी मृतभाषा की ओर बढ़ाया जा सके और फिर रघुराम ने स्वरचित रचनाओ से रचित उनकी किताब समास

समाज के सामने लायी जो कि बच्चों से लेकर बढ़ो तक सबक<mark>े लिए</mark> थी । उसे ही रघुराम का जीवन अत्यंत प्रसिद्ध अथवा शुशिहाली के साथ बीतने लगा '

बालक जो कभी मात्र शहर आने के सपने देखता था वह अब एक महान हस्ति बन चुका था। लोग रघुराम की था को सुनकर हिम्म्त बांधते थे और कभी हार न मानने का संकाल संकप्ल लेते थे। रघुराम की जीवन कथा वास्तविक रूप में बहुत ही हिम्मत देने वाली है रघुराम की जीवनकथा सर्वप्रथम तो अपनी मातृभाषा से प्रेम करना सिखाती है तत् पश्चात् दर्शको तथा सुनने वालो को कभी हार न मानने का साहस देती है। रघुराम जैसे लोग ही देश का भविष्य है और भविष्य में हमेशा जीए जीत प्राप्त करते है ।

ऐसे जिएं कि जैसे आपको कल मरना है और सीखें ऐसे जैसे आपको हमेशा जीवित रहना है । -<u>महात्मा गांधी</u>





महानायक अम्बेडकर

<mark>मध्यम क</mark>द, साँवला रंग आँखों पर चश्मा किताबों से था प्यार महार जाति का था वो नाम था भिवा सकपाल ना देता कोई पढ़ने उन्हें वो ना हारे कर दृढ़निश्चय संकल्प लिए लोग जानते थे उन्हें भीमराव अम्बेडकर कक्षा के बाहर खड़े होकर पूरी की पढ़ाई लड़े जब बात लोगों के समझ ना आई माँ के थे लाडले, पिता का गुरूर आँखों में थे सपने संजोए बनना है बड़ा आदमी जरूर हर परिस्थिति स्वीकार कर संघर्ष किए नये कानून दिए अछूतों को खुद पी<mark>ड़ा</mark> को सहन कर लोगों ने अछू<mark>त स</mark>मझ कर किया तिरस्कार शायद नियति को था उनके संविधान का इंतजार ।



मातंगिनी हाजरा

मातंगिनी हाजरा भारतीय नारी थी यह बंगाल के गरीब किसान की बेटी थी अपनी जिंदगी के 62 साल इन्हें यह भी नही पता था की स्वतंत्रता आंदोलन क्या है?

तथा लोगो कै घरो में वे मेहनत मजदूरी करती थी तब कही भोजन खाती थी वह अपने घर मे अकेली थी और उनकी ज़िदंगी बहुत सीमित थी वे धीरे धीरे देश की गुलामी और हालत के बारे में जानने लगी जब वह घर से बाहर निकलती थी तो वह देखती थी अंग्रेज़ी की हुकूमत और अत्याचार को? इसी बीच गांधी जी द्वारा चलाये जा रहे आंदोलन के बारे में उनकी उत्सुक्ता .बढ़ने लगी। 1932 मे सविनय अवज्ञा आंदोलन के तहत एक विरोध यात्रा निकल रही थी और उस वक्त हाजरा को जाने क्या सुझा वह भी उस आंदोलन में शामिल हो गये उन्होंने नमक विरोधी कानून मे नमक बनाकर कानून तोड़ा तो पुलिस द्वारा उन्हें गिरफ्तार कर लिया गया तथा जब वह जेल से निकली तो उन्होंने एक चरखा ले लिया और खादी पहनने लगी और तब वह बूढ़ी गांधी के नाम से पुकारी जाने लगी

1942 मे गाँधी जी ने 'भारत छोडो' आंदोलन का ऐलान कर दिया और नारा दिया "करो या मरो" इन्होने मान लिया कि अब आज़ादी का समय आ गया है। 72 साल की उम्र में इसमे शामिल हो गई तथा लोगों जुलूस निकालना शुरू कर लिया।

इनमें ज्यादातर महिलाएँ ही थी इसमें हाजरा भी शमिल हो गई जुलूस आगे बढ़ने लगा धीरे-धीरे पुलिस ने चेतवनी दी तो लोग पीछे हटने लगे इसी समय मातंगिनी बीच से निकलकर जुलूस में आगे खड़ी हुई।

उनके हाथ में तिरंगा था, तिरंगा लहराते हुए, वाह आगे बढ़ेंगी और पुलिस ने, उनके हाथ में गोली मार दी, वे घायल हो गए, फिर भी वाह, आगे बढ़ती रही और तिरंगा दूसरे हाथ में ले लिया, दूसरे लोगों ने दूसरे हाथ में गोली मार दी और पुलिस ने उन्हें गोली मार दी। भी हाजरा आगे बढ़ती रही तब उन पुलिसवालों ने उनके सर पर गोली मारी। लेकिन तिरंगा जमीं पर गिरने नहीं दिया



उनकी मौत के बाद लोग क्रोध में आ गए सबने सोचा कि जब एक बुदी महिला इतनी हिम्मत देश के लिए दिखा सकती है, तो हम क्यों नहीं फिर लोगों ने हिम्मत नहीं दिखाई, सभी सरकारी दफ्तरों में कब्ज़ा कर लिया और वहा अपनी खुद की सरकार घोषित कर दी।

इससे पता चलता है कि अगर साहस, मेहनत, लगन, सिखने की इच्छा दणनिश्चय हो किसी मनुष्य <mark>मै तो वह बड़े</mark> से बड़े काम की भी

आसानी से कर सकता है <mark>यही चीजे ज</mark>बकि व्यक्ति के भीतर आ आ जाए तो वह नया इतिहास लिखने के लिए, एक नया भविष्य बनाने के लिए आग्रसर हो जाएगा।

उठो, जागो और तब तक नहीं रुको, जब तक कि लक्ष्य न प्राप्त हो जाए। -स्वामी विवेकानंद जी





भारत का इतिहास साहस और वीरता की गाथाओं से ओतप्रोत है । भारत में <mark>अन</mark>ेक वीरों और वीरांगनाओं ने जन्म लिया जिन्होंने अपने साहस और देश प्रेम से स्वयं को इतिहास में अमर कर दिया । भारत का राजस्थान भी वीरों की गाथाओं के लिए विश्वप्रसिद्ध है। यहां एक और तो राणासांगा, महाराणाप्रताप, मानसिंह तोमर जैसे वीरों की गाथा है तो दूसरी ओर महारानी पद्मावती जैसी जोहर कर<mark>ने का साहस</mark> करने वाली रानियों क<mark>ी गा</mark> था है । ऐ<mark>सी</mark> ही एक साहसी वीरां<mark>गना थी ह</mark>ाड़ीरानी। हाड़ीरानी बूंदी के राजा हाड़ा के <mark>राजा</mark> की पुत्री थी| हाड़ीरान<mark>ी का विव</mark>ाह सलंजूर के रावरतनसिंह से हु<mark>आ</mark> था । वह 16वीं शताब्दी का <mark>समय था जब</mark> कि शनगढ़ के राजा मानसिंह थे औरंगजेब कि शनगढ़ <mark>पर आक्रमण करने</mark> वाला था। मेवाड़ के राजा</mark> राजसिंह ने औरंगजेब को किशनगढ़ से पहले रोकने की जिम्मेदारी सलंबूर के रावरतनसिंह को सौंपी थी | विवाह के अगले ही दिन रावरतनसिंह को युद्ध पर जाना था |परंतु रावरतनसिंह अपनी पत्नी हाड़ी रानी के प्रेमवश युद्ध पर जाने से दुखी थे | रावरतनसिंह युद्ध क्षेत्र में भी अपनी पत्नी को ही याद करते रहते थे | युद्ध पर ध्यान न होने के कारण रावरतनसिंह युद्ध हार रहे थे | जब रानी हाड़ी को ज्ञात हुआ कि राजारतनसिंह पत्नी प्रेमवश युद्ध हरने वाल<mark>ा ह</mark>ै । उसी क्षण हाड़ी रानी ने अपना शीश काट कर शव राजा रतनसिंह के पास भिजवा दिया| अपनी पत्नी का कटा हुआ शीश देखकर रतनसिंह समझ गए की जिस हाड़ी रानी के प्रेम वश वे देश प्रेम को मूल समझ बैठे थे उसी हाड़ी रानी ने मातृभूमि की रक्षा के लिए अपने प्राणों का त्याग कर दिया । राजा के मन में पुनः देश प्रेम जाग उठा| तब रतनसिंह ने अपनी अंतिम श्वास तक युद्ध किया और अपनी पत्नी के बलिदान को सार्थक किया।



असंभव कुछ नहीं

अगर चाहो नदी के दो किनारे मिल भी सकते हैं, मरुस्थल में कमल के दल हज़ारों खिल भी सकते हैं। तमन्ना हो अगर दिल में इरादे हो अगर पक्के, हिलाओ तो ज़रा मन से ये पर्वत हिल भी सकते हैं। असंभव कुछ भी नहीं संभावनाएं जोड़कर रखिए, तुम्हारे हाथ से तारे ज़मी पर आ भी सकते हैं।।

पलकें

दूसरों के कहने पर, क्यों झुक जाती हो पलकें। बात-बात पर क्यों भीग जाती हो पलकें, लड़की झुका लेती है पलकों को, पर लड़के क्यों नहीं झुका लेते पलकों को। यो न भीगाओ किसी के कहने पर पलकों को, भूल जाओ तुम एक कमज़ोर लड़की हो। उस मंज़िल तक जाओ कि वापिस ना आना पड़े, फिर कभी अपनी पलकों को झुकना न पड़े।

> तब तक लड़ना मत छोड़ो जब तक अपनी तय की हुई जगह पर ना पहुँच जाओ- यही, अद्वितीय हो तुम। ज़िन्दगी में एक लक्ष्य रखो, लगातार ज्ञान प्राप्त करो, कड़ी मेहनत करो, और महान जीवन को प्राप्त करने के लिए दृढ़ रहो। -अब्दुल कलाम

> > रोशनी बी. ए (प्रो.) द्वितीय वर्ष



डरो मत

खुशी की हंसी कभी रुकी नहीं, और गम से भरे आंसू हमेशा बहे नहीं, तो डरो मत ये वक्त भी गुज़र जाएगा। छोटी सी है हम लोगों की अवधि, और दिन मैं चौबीस पल कटती है ये ज़िंदगी, रोज़ सवेरे सूरज उगता है और शाम को ढलता है, आदत हैं हमें इसकी। फिर रात चांदनी हो या अंधेरे से भरी, हमें पूरा यकीन होता हैं कि कल शुरुआत होगी एक नई, तो डरो मत ये वक्त भी गुज़र जाएगा। माना की ज़िंदगी के कई घावों में अंधेरा छा गया हैं, माना की कई उम्मीदों के दर से तुमने ठोकर खाया है, माना जीवन को समेटे हुए कई सपने टूट गए, और अपने अपने होकर भी रूठ गए।

पर हिम्मत ना हारना आशा ना तोड़ना, क्योंकि वक्त को करना हैं तुम्हें अमर। वह आज होगा या कल, पर जीवन में हैं तुम्हारे ज़रूर लिखा, तो डरो मत ये वक्त भी गुज़र जाएगा जब भी दिल घबराए, जब भी निराशा का तूफ़ान आए, तो आंख बंद अपने रंगीन बचपन को याद करना।



हर वो पल जो विटल था, और कैसे उस छोटे से बच्चे ने हौंसला ना हारा, और वो पल अपने यकीन की बुनियाद से जीता, और हार का नही सोचा, नकारात्मक सोच को हावी ना होने दिया। तो डरो मत ये वक्त भी गुज़र जायेगा, सब पहले जैसा ना हो कर, उससे बेहतर हो जायेगा बस हिम्मत ना हारना तुम, तो जिंदगी क्या पूरी कायनात तुम्हारे सपनों को पूरा करने में लग जाएगी

"डर कहीं और नहीं होता, बस आपके दिमाग में होता है"-डेल कार्नेगी.



12 वी फेल

12वी फेल, विधु विनोद चोपड़ा द्वारा निर्देशित अनुराग पाठक के उपन्यास पर आधारित है। जो आईपीएस अधिकारी मनोज कुमार शर्मा की सच्ची कहानी पर आधारित है जिसमे एक युवक जो 12वी कक्षा की परीक्षा मे असफ़ल हो गया लेकिन सामाजिक दबाव और सीमाओं के बावजूद आई पी एस अधिकारी बन जाता है।

→ कहानी :-

कहानी इसी के इर्द-गिर्द घूमती है कि मनोज कुमार शर्मा, चंबल के रहने वाले 12वी कक्षा के छात्र है। वह एक गरीब परिवार से है जहा उनके पिता को उनकी ईमानदारी के कारण कृषि विभाग से निलंबित कर दिया जाता है।

मनोज एक स्कूल में पढ़ता है जहाँ उसका प्रधानाध्यापक छात्रो को परीक्षा के दौरान नकल करने के लिए प्रोत्साहित करता है। इस बीच, एक ईमाददार और सख्त डीएसपी दुष्यंत सिंह परीक्षा के दौरान आते है और नकल प्रक्रिया को रोकते है। वह नकल को बढ़ावा देने के आरोप मे हेडमास्टर को गिरफ्तार कर लेता है एक दिन मनोज की मुलाकात फिर से उसी डीएसपी से होती है और वह उसे 'धोखा देने' का आदर्श वाक्य देता है। वह मनोज को समझाता है कि जीवन मे ईमानदारी सबसे महत्वपूर्ण चीज है। डीएसपी के शब्दों से प्रेरित होकर, मनोज एक अधिकारी बनने के अपने मिशन की शुरूआत करता है।

यह फिल्म मनोज की सफलता की यात्रा और उनके सामने आने वाली चुनौतियों को दर्शाती है।

→ पसंदीदा दृश्य :-

मुझे दिल को छू लेने वाला और भावनात्मक संवाद वह लगा, जिसमे मनोज श्रद्धा से कहते है "तुम बस एक बार हां कह दो, मैं तुम्हारे लिए एक दुनिया उलट-पुलट कर दूंगा।"



और सीन भी है जब विकास सर कहते है आईएएस बनने के बाद याद रखना कि.. "आईएएस, आईपीएस बनना बड़ी बात नही है बड़ी बात ये है कि 'जिस कुर्सी पर आप बैठेंगे उस कुर्सी से आपकी इज्जत ना हो, बल्कि आपसे उस कुर्सी कि इज्जत हो " मुझे दिन-रात पढ़ाई कर रहे मनोज का असेंबल पसंद आया, जिसमें बीच-बीच में असफलताओ और संघर्षो के फ्लैशबैक भी शामिल था। जो मार्मिक और प्रेरणादायक दोनों है। फिल्म का अंतिम दृश्य, जिसमे उनका परिवार गर्व से झूम रहा था, उनकी यात्रा का हृदयस्पर्शी अंत है

→ अनुशंसित

मैं इस फिल्म को देखने की अनुशंसा करती हूँ यह फिल्म उन लोगो को अवश्य देखनी चाहिए जिन्होने कभी असफलताओ का सामना किया है → संदेश

फिल्म दृढ़ संकल्प, अखंडता, धैर्य, कूड़ी मेहनत और शिक्षा की शक्ति का संदेश' देती हैं , साथ ही साथ चाहे कितनी ही असफलताओ का सामना करते हुए कभी हार नही मानने का संदेश देती है।

इससे पहले कि सपने सच हों आपको सपने देखने होंगे।-अब्दुल कलाम





साधारण दिखने वाले लोग ही दुनिया के सबसे अच्छे लोग होते हैं : यही वजह है कि भगवान ऐसे बहुत से लोगों का निर्माण करते हैं- अब्राहम लिंकन

अच्छे की राह पर चलो बुराई से दूर रहो, सपनों की उड़ान को भरो हर संघर्ष को अपनाओ। आसमान को छूने का सपना देखो खुद को उस दिशा में भेजो, हार नहीं मानो जीत तक पहुंचो अपनी आंखों को विश्वास देखो। धैर्य और विश्वास बनाए रखो, अपने सपनों को हकीकत में बदलो, मुश्किलें आएं तो डट के खड़े रहो, जीवन के हर पल को अनमोल बनाओ। चलो आगे बढ़ो नए उत्साह से, आपके सपनों को पूरा करो, यह जीवन है, एक अनूठा सफर, खुद को स्वीकार करो और बढ़ते चलो।



चलों सपने पूरे करें



गम जो आता है और <mark>ले जा</mark>ता है सबसे दिलो का चैन. करके सबके दिल बेचन गम, जो चाहिए नही किसी को लेकिन सबसे बढ़ा हिस्सा है जिंदगी का जो आता है बिन माँगे दिल को दुख पहुंचाने हर <mark>किसी का</mark> बस इतना ही जानते हो न की गम क्या है ? मगर यह जान लो मेरे दोस्त की गम सहने का अलग ही मज़ा है। डरो मत इस से इसके बिना जिंदगी अधूरी लगती है दोस्ती कर लो इस से जो करता हर ख्वाइश पूरी है बिन गम पाए खुशिया मिलती नही यह जिंदगी है दोस्त गम के बिना जिंदगी खिलती नहीं यह गम ही तो है. जो सिखा जाता है हमें जिंदगी जीना सच बताऊ तो जिंदगी बेरंग लगती है। इसके बिना क्यों नफरत करते है लोग इस गम को एक बार अपना कर तो देखो सुकुन मिलेगा आप सबके दिलो को ।



पर्यावरण संरक्षण

जब बिताना है जीवन इस वातावरण में, फिर क्यों लग रहे हो, इसको दूषित करने में। इधर उधर कूड़ा डालते वक्त, देखो एक बार उन पौधों की ओर, नज़र उठाकर तो देखो इस पर्यावरण की ओर पेड़ केवल फल, दवा और छाया ही नहीं देते हैं, पेड़ तो जीने का एकमात्र सहारा ऑक्सीजन देते हैं। जंगलों को काटते वक्त देखो एक बार उन जानवरों की ओर, नज़र उठाकर तो देखो इस पर्यावरण की ओर क्या जंगल काट कर सडकों को जंगल बनाना है? क्या जंगली जानवरों को सडक पर लाना है? क्यों नहीं बढ़ रहा है मानव विकास की ओर? नज़र उठाकर तो देखो इस पर्यावरण की ओर चारों ओर प्रकृति में प्रदूषण की छाया है, यह सब मानव के बुरे कर्मों की माया है। क्यों नहीं चल रहा है मानव स्वच्छता की ओर ? नज़र उठाकर तो देखो इस पर्यावरण की ओर

तीन चीजें जादा देर तक नहीं छुप सकती, सूरज, चंद्रमा और सत्य. - भगवान गौतम बुद्ध

> साक्षी गर्ग बी. ए (प्रो.) प्रथम वर्ष

खुशहाल बेटियाँ, भविष्य देश का

आज फिर पीहू की पिटाई होनी थी क्योंकि आज फिर से उसकी सफेद स्कर्ट गंदी हो गई थी, आए दिन चाची पीहू को मारती रहती थी,कभी बर्तन सफाई से न धुलने पर तो कभी कपड़े मैले करने पर, मां की मृत्यु से पहले कितनी खुशहाल जिंदगी थी पीहू की;मां ने शहर में रखकर इतने लाड़ प्यार से पाला था कि मध्यम वर्गीय परिवार में कोई कमी महसूस ही नही होने दी थी।

खैर, मां की मृत्यु ने घर के हालात बदल दिए,पीहू और भाई को दादी गांव ले आई थी,दिन भर बोलने वाली पीहू अब कुछ खामोश सी रहने लगी थी; महज 13 वर्ष की उम्र में ही उस पर जिम्मेदारी जो आ गई थी,अभी कुछ महीने पहले ही भाई को जन्म देते वक्त मां की मृत्यु मस्तिष्क रक्त स्राव (BRAIN HEMORRHAGE) के कारण हुई थी; घर में पीहू के अलावा बूढ़ी दादी,चाची और भाई थे,पापा और चाचा शहर में नौकरी करते थे तो शनिवार को ही घर आया करते थे।

पहले स्कूल छोड़ने और लेने मां आया करती थी मगर अब कभी पीहू अकेली तो कई प्रज्ञा के साथ आती थी। आज शनिवार था,पापा के आने की खुशी में पीहू उतावली थी, मगर पेट दर्द कारण कुछ चिड़चिड़ी भी थी,दिन से ही उसका मन पढ़ाई में नही लग रहा था,स्कूल से लौटते वक्त जैसे ही प्रज्ञा ने बताया कि तुम्हारी स्कर्ट में दाग लगा है,पीहू चौंक सी गई और डर के मारे घर जाने में अनबन करने लगी तथा पार्क में जाकर बैठ गई, मां के रहते हमेशा पीहू के बैग में सेनेटरी नेपकिन रहता था मगर गांव आने के बाद उसे इन दिनों पुराने कपड़े ही इस्तेमाल करने पड़ते थे। शाम को पीहू घर आई और चाची को आवाज़ देती हुई बोली-चाची मुझे पैड चाहिए,आज फिर मेरी सफेद स्कर्ट गंदी हो गई । चाची (तमतमाते हुए)- अब तेरे ऊपर कितना खर्चा और करूं| पीहू: चाची, ये आपको खर्चा लग रहा है |

चाचीैः और नहीं तो क्या, रोज़ रोज़ कहां से लाऊं मैं तेरे लिए सेनेटरी पैड| पीहू गुस्से में अपने कमरे में चली जाती है और जोर से दरवाजा पटककर लगाना चाहती है मगर कुछ सोचकर, रुक जाती है|



पीहू कपड़े बदलकर स्कर्ट पानी में डालने की वाली होती है कि तभी पापा दरवाजा खोलते हुए बोलते हैः पापाः कब से आवाज़ दे रहा हूं पीहू,तुम्हारा ध्यान किधर है|

[इसी बीच पापा की नज़र पीहू के स्कर्ट पर पड़त<mark>ी है औ</mark>र उन्हें पूरी स्थिति समझने में देर नहीं लगती]

पीहूः नहीं पापा,मैंने तो नही सुना

पापा:बेटा तुम्हारी तबि<mark>यत तो ठी</mark>क है|

पीहूः हां पापा, मुझे क्य<mark>ा होग</mark>ा|

[ऐसा बोलते ही पीहू <mark>का चेहरा सहम</mark> जाता है और वो पापा से लिपट जाती है]

पापाः क्या हु<mark>आ बेटा,ज्यादा दर्द तो नही हो रह</mark>ा|

पीहूः हां पापा,और मैं चाची को इसके बारे में बोली तो वो उल्टा मुझे ही डांटने लगी

पापाः बेटा चाची गांव से है न, इसलिए उन्हे ये सब अच्छा नही लगता| पीहू पापा को बेचारगी भरी निगाह से देखने लगती है|

पापाःपीहू कुछ और भी कहना है क्या?

पीहू : पापा आप गलत न समझो तो एक बात पूछूं |

पापाः हां बेटा,बोलो न

पीहूः पापा आज हमारा देश हर जगह प्रगति कर रहा है मगर आ<mark>ज</mark> भी इन <mark>चीजों</mark> को लेकर हमारी सोच वही की वही है|

पापाः बेटा इन सब बातों को छोड़ो और नीचे जाकर <mark>खाना</mark> खा लो,मैं तुम्हार<mark>े लिए</mark> पैड ला देता हूं|

ऐसा कहकर पापा सेनेटरी नेपकिन लेने चले जाते <mark>है</mark>|



यह कहानी लिखने के बाद मैंने इसे भाई को भेजने का सोचा,व्हाट्सएप पर कॉपी पेस्ट तक नही किया परन्तु असफल रही, मेरे मन में आज भी समाज की वो सच्चाई सामने आती है, जहां सेनेटरी नेपकिन को काली पन्नी में डालकर दिया जाता है|

[इस कहानी का उद्देश्य आज के पढ़े लिखे लोगो को तो जागरूक करना ही है साथ ही मैंने यह दर्शाने की कोशिश भी की है क<mark>ी मां के</mark> अभाव में बच्चे की जिंदगी कैसी होती है]

यह मेरी मौलिक कहान<mark>ी ह</mark>ै|

नोट- सेनेट्री नैपकिन और वेंडिंग मशीनों की जागरूकता दिल्ली के स्कूल और कॉलेजों में एक महत्वपूर्ण कदम है जो महिलाओं को उनके स्वास्थ्य की देखभाल के लिए सक्षम बनाता है। इन संस्थानों में फ्री में मिलने वाले सेनेट्री नैपकिन और वेंडिंग मशीनों का स्थापना करने से, महिलाएं अपने स्वास्थ्य का ध्यान रख सकती हैं और उन्हें पर्यावरण के प्रति भी जागरूक होने का मौका मिलता है।

सफलता एक घटिया शिक्षक है . यह लोगों में यह सोच विकसित कर देता है कि वो असफल नहीं हो सकते -बिल गेट्स

> प्रगति पाण्डेय हिन्दी (विशेष) तृतीय वर्ष लघु कथा प्रतियोगिता में प्रथम पुरस्कार विजेता इंद्रप्रस्थ महाविद्यालय

पिता

माँ से प्यार ज्यादा हैं, यह सच बात है पर पिता के प्यार में एक अलग सी बात है । पिता की तपस्या, जिसमे कभी कमी नहीं आती, पिता की मेहनत से बरकत ही आती माँ के लिए कहने को बहुत कुछ है, पर पिता के लिए कहने को शब्द बहुत कम हैं। उनकी त्यागी आँखें जो देती हैं सहारा, पिता की छाया में खुशियाँ होती हैं बहारा । पिता हैं महान जो देता हैं परिवार को आधार पिता के प्यार, स्नेह, के बिना अधूरा हैं संसार । माँ से प्यार ज्यादा हैं , यह सच बात है पर पिता के प्यार में एक अलग सी बात है ।

व्यक्ति अकेले पैदा होता है और अकेले मर जाता है;और वो अपने अच्छे और बुरे कर्मों का फल खुद ही भुगतता है; और वह अकेले ही नर्क या स्वर्ग जाता है। - चाणक्य





माँ की ममता

यूँ तो हर कोई नही होता इतना खुशनसीब, हर पल हो जिसे ममता नसीब बहुत लोग दुनियाँ में जो भटक रहे इस निस्वार्थ प्यार की चाह में हूँ मैँ बहुत नसीब वाली , जो हूँ अपनी माँ के खूब करीब माँ को खूब चाहने वाली क्योंकि मेरी माँ ही मेरा सर्वस्व है..

कोई व्यक्ति अपने कार्यों से महान होता है, अपने जन्म से नहीं। - चाणक्य



ऐसी है मेरी माँ , मैं उनकी रानी बेटी हूं वो आँख का तारा कहती हैं, मैं बनूं बुढ़ापे में उनका सहारा बस एक सहारा कहती हैं। हम भूल गए हर गलती पर उन्होंने डांटा समझाया हैं , बच जाऊं बुरी नजर से काला टीका हमेशा लगाया हैं। माँ की ममता को देखकर मौत भी आगे से हट जाती हैं, अगर माँ अपमानित होती धरती की छाती फट जाती हैं, अगर माँ अपमानित होती धरती की छाती फट जाती हैं। घर को पूरा जीवन देकर बेचारी माँ क्या पाती हैं, रुखा सूखा खा लेती है पानी पीकर सो जाती हैं। जो माँ जैसी देवी घर के मंदिर में नहीं रख सकते, वह लाखों पुण्य भले कर लें पर इंसान नहीं बन सकते। माँ जिसको भी जल देती वह पौधा वृक्ष बन जाता है , माँ के चरणों को छूकर पानी भी गंगाजल बन जाता है।

मॉ

व्यक्ति अपने विचारों से निर्मित एक प्राणी है, वह जो सोचता है वही बन जाता है। -महात्मा गाँधी

रोशनी

बी. ए (प्रो.) द्वितीय वर्ष

क्यों हुई आखिर बेटी पराई

फूल की एक नाजुक सी कली थी मां के आंचल में नाजो से पली थी आंखों में छोटे-छोटे ख्वाब थे माता-पिता भी मेरे साथ थे जाने कब हवा का झोकाआया सारे ख्वाबों को पराया बनाया झूठे हो गए वो मात<mark>ा-पिता के</mark> वादे हमेशा के लिए दू<mark>र हो गए सारे न</mark>जारे ससुराल में जाकर पता चला के क्यों रूठे थे वह सारे नजारे जरा सी चूक हई मायके में तो झट से मां ने सिख सिखाई जब इतना प्यार था मां को मुझसे तो क्यों छीन ली मुझसे मेरी पढ़ाई जब पहुंची अपनी ससुराल में तो सास ने मुझे खरी खोटी सुनाई थोड़ा सा भी ना समझा उन्होंने की अभी उनकी भी है एक बेटी पराई जब मेरा वक्त आया मां बनने का तो उन्होंने मेरी गोद से मेरी बेटी भी गिरवाई एक पल भी सोचा ना उन्होंने कि मेरी बेटी ने न ली थी अभी एक भी अंगड़ाई फिर सोचा कि यहां की है रीत पराई जो डोली में बैठकर आई अब अर्थी ही है उसकी विदाई आखिर क्यों हुई मेरी विदाई क्यों हुई हर बेटी पराई

रिया सिंह हिंदी (विशेष) प्रथम वर्ष
अविस्मरणीय स्मृति

दोस्तों के साथ बिताया हुआ समय, बहुत ही सुंदर और यादगार पल होता है। दोस्तों के साथ मेरी यात्रा का अनुभव बहुत ही अविश्वसनीय स्मृति है।

अभी पिछले महीने ही मैं अपने कॉलेज के नृत्<mark>य समि</mark>ति के सदस्यों के साथ उत्तराखंड राज्य में स्थित रुड़की गई थी। हम वहां भारतीय प्रौद्योगिक संस्थान यानी आई.आर.टी के फेस्ट में गए थे।

यात्रा की शुरुआत 12 अक्टूबर 2023 को होती हैं , जब मैं अपने परिवार के साथ सुबह 10 बजे निकल जाती हूं, मुझे रुड़की छोड़ने के बहाने उन सब की भी यात्रा हो गई। हम सबसे पहले हरिद्वार गए और वहां गंगा स्नान किया। गंगा स्नान के बाद मुझे रुड़की छोड़ कर मेरे परिवार के सदस्य घर के लिए रवाना हो गए।

वहां मैं शाम 7 बजे पहुंची और प्रवेश की प्रक्रिया पूर्ण कर हॉस्टल पहुंची, जहां मेरी पूरी टीम पहले से उपस्थित थी। सामान कमरे में सेट करके हम सभी खाना खाने गए और उसके बाद हमने पूरा कैंपस घूमा और खूब मस्ती की। थक हार कर हम वापस अपने हॉस्टल आकर सो गए।

अगले दिन नाश्ता कर, तैयार होकर हम हॉल में पहुंचे जहां प्रतियोगितायें हो रहीं थी। वहां एक से बढ़कर एक नृत्य प्रदर्शन चल रहा था। कुछ समय बाद हमारी बारी आती हैं। हमने अपने नृत्य के ज़रिए अमृत मंथन प्रस्तुत किया। नृत्य के अंत में हमें दर्शकों की बहुत ही अच्छी प्रतिक्रिया मिली, यहां तक कि लोग हर-हर महादेव के जयकारे लगाने लगे। दर्शकों की प्रतिक्रिया देख कर हम सभी को अत्यंत खुशी मिली। कुछ समय बाद परिणाम की घोषणा हुई, तब हमें पता चला हम जीत नहीं पाए, तो यह जान कर बुरा लगा और ऐसा लगा जैसे हमारी सारी मेहनत बरबाद हो गई हैं। कुछ समय बाद जब हम हॉल से बाहर आकर बैठे तब कई लोगों ने आकर हमारी प्रशंसा करी, जिससे हमें यह महसूस हुआ कि हम खाली हाथ नहीं बल्कि एक बहुत अच्छा अनुभव और लोगों की खुशियों से भरी प्रशंसा लेकर लौट रहें हैं। आखिर इतने बड़े मंच तक पहुंचना भी एक बहुत बढ़ी उपलब्धि हैं। अब हमारी मस्ती के तीन दिन बाकी थे। रोज़ एक साथ खाना खाना, तैयार होना और फेस्ट में जाना, मुझे ज़िंदगी भर याद रहेगा। वहां का यह सालाना फेस्ट जिसका नाम "थोमसो" था बहुत ही अच्छे से मनाया गया। एक से बढ़ कर एक कला को देखने का मौका मिला, जैसे अनेकों प्रकार के नृत्य, संगीत, ड्रामा, बाइक रेस और भी बहुत कुछ। वहां फिल्म जगत के कलाकार फेस्ट की शोभा बढ़ाने के लिए प्रस्तुत थे, जैसे जोनिथा गांधी, अमाल मालिक, अरमान, ऋत्विज। इन कलाकारों की संगीत का आनंद लेकर, हम वहां लगे स्टॉल पर खाना खाने जाते, खूब सारी फोटो लेते और वापस हॉस्टल में आ जाते थे। रात भर दोस्तों के साथ मस्ती करके हमारी यह यात्रा खत्म हुई और हम 16 अक्टूबर को वापिस घर लौट आए। आने का तो जैसे किसी का मन ही नहीं था, पर आखिर आना तो घर ही था। हम अपने साथ बहुत सारी सुनहरी यादों का पिटारा लेकर आए थे। आशा करती हूं की बहुत जल्द मुझे फिर से अपने दोस्तों के साथ कहीं जाने का मौका मिलेगा।

जब आप किसी काम की शुरुआत करें,तो असफलता से मत डरें और उस काम को ना छोड़ें। जो लोग इमानदारी से काम करते हैं वो सबसे प्रसन्न होते हैं। -चाणक्य

> उर्वशी पांचाल बी.ए (प्रो) द्वितीय वर्ष



मेरी अमरनाथ यात्रा

इस साल मुझे कश्मीर के एक प्रसिद्ध तीर्थ स्थल "अमरनाथ" जाने का मौका मिला। हमने नाम तो बहुत बार सुना है, किंतु जाने का कभी मौका ही नहीं मिला । ऑक्सीजन की कमी होने के कारण वहाँ 18 साल से ज़्यादा छोटे बच्चे और गर्भवती महिलाओं को यात्रा करने की अनुमति नहीं हैं।

मैंने कभी नहीं सोचा था कि मैं इतनी छोटी उम्र में, इतने बड़े तीर्थ स्थल पर जाकर दर्शन कर पाऊंगी। यह तीर्थ स्थल बहुत प्राचीन, सुंदर और पवित्र हैं। जो पहाड़ियों और प्राकृतिक सुंदरता से घिरा हुआ हैं। मेरे भाई की उम्र कम होने के कारण मेरी माँ को घर पर ही रुकना पड़ा और हमने फ़ैसला किया कि मैं और पापा ही अमरनाथ यात्रा के लिए जाएंगे। वैसे तो हमारे घर से हम दो लोग ही थे, पर मेरी बुआ और उनके बच्चों ने भी हमारे साथ आने का फ़ैसला किया। अमरनाथ की यात्रा वर्ष में केवल एक बार ही करने का मौका मिलता हैं, जो कि जुलाई के माह से सितंबर तक ही खुलता हैं। हम लोग घर से 1 जुलाई को निकले थे किंतु ज़्यादा लोग होने के कारण हमें पहले कश्मीर के सबसे पहले बेस कैंप जो कि श्रीनगर में था, वहाँ 2-3 दिन के लिए रोक लिया गया। श्रीनगर बेस कैंप में हमन<mark>े पह</mark>ले अपना पंजीकरण करवाया, जो की यात्रा के लिए बहुत ज़रूरी होता हैं। पंजीकरण कराने के बाद हमें आई-कार्ड मिले, जिसके बिना यात्रा के लिए आगे नहीं जाने देते । इस पूरी प्रक्रिया में हमें दो दिन लगे। हमारे दो दिन खराब न हों इसीलिए हमने श्रीनगर में डल झील घूमने का निर्णय लिया।

दो दिन के इंतज़ार के बाद 5 जुलाई को सुबह-सुबह हम सेना के काफिले के साथ अपनी दूसरी मंज़िल "पहलगाम" पहुँचे,जहाँ से हमें यात्रा आरंभ करनी थी। हमारी गाड़ी के आगे पीछे आर्मी की गाड़ियां थी, जिससे यात्रियों को कोई खतरा न हो। यह स्थिति हमें बिल्कुल वी.आई.पी की तरह महसूस करवा रही थी । 4-5 घंटे यात्रा करने के बाद हम पहलगाम <mark>पहुँचे। पहल</mark>गाम से 11 बजे के बाद आगे नहीं जाने देते और हमें 11 स<mark>े ज्यादा स</mark>मय हो गया था इसलिए हमें वहां रोक लिया गया। पहलगा<mark>म में हम पूरा</mark> दिन घूमें और वहां की सु<mark>ंदरता</mark> और प्रकृति का अनुभव <mark>लिया। हमने ब</mark>हुत सारी तस्वीरें लीं <mark>। और</mark> अगले दिन प्रातः 3 बजे हम शेयरिंग जीप के जरिए यात्रा के लिए निकले। फिर 15-20 मिनट बाद हम चेकिंग ऑफिस पहुंचे और जहां से यात्रा आरंभ होनी थी वहाँ पहुँचे। हमने यात्रा "चंदनवाड़ी" से आरंभ की । चेकिंग करने के बाद हमने लंगर में से चाय व ढोकला व कुछ हल्का खाया, जिससे यात्रा में कोई दिक्कत ना हो। टीका लगाने के बाद हमने यात्रा आरंभ करी और चलते गए। लगातार कुछ देर चलने के बाद हमारा पहला स्टॉप बेस कैंप था, जिसका नाम "पीसू टॉप" था। वहाँ पहुँचने के बाद हमने लंगर में से राजमा चावल, डोसा, इडली और कई चीज़ थोड़ी-थोड़ी खाई। एक घंटा आराम करने के बाद फिर हम अपनी आगे की यात्रा के लिए निकले। हमने थोड़ा ज़्यादा खाया क्योंकि हमें पीसू टॉप के <mark>ब</mark>ाद शेषनाग तक 12 कि.मी की यात्रा करनी थी। हम रुक-रुक कर धीरे-धीरे यात्रा करने लगे और आखिरकार शाम 5-6 बजे हम शेषनाग पहुंचे। शेषनाग से आगे का सफ़र थोड़ा ज़्यादा हैं इसलिए 5 बजे के बाद वहां यात्रा <mark>करने</mark> से मनही हैं, ताकि रात के समय कोई खतरा न हो। शेषनाग पहुंचते-पहुंचते मौसम काफी खराब हो चुका था और बारिश शुरू हो गई थी। इस समय तक ठंड काफी बढ़ चुकी थी, जिससे हमने अपना टेंट लेकर उसमें रहने का फ़ैसला किया। हमने सोचा तो यह था कि एक रात रुक कर अगली सुबह से यात्रा आरंभ कर देंगे, पर ऐसा नहीं हो सका।

हमने अगली सुबह उठकर देखा तो बारिश बढ़ गई थी, जिससे यात्रा पर रोक लगा दी गई थी, ताकि आगे का मौसम खराब होने के कारण यात्रियों को कोई परेशानी ना हो। लगातार तीन दिन भारी बारिश और तूफ़ान होने के कारण हम वहां फँस गए। इतने भयंकर मौसम में भी, आर्मी ने वहाँ पर रह रहे लोगों को कोई परेशानी नहीं होने दी। वहां खाने, कपड़े, दवाई आदि जैसी वस्तुओं की सभी सेवाएं उपलब्ध थीं। 3 दिन के बाद जब मौसम थोड़ा सही हुआ, तब सी.आर.पी.एफ ने यात्रा खोलने का निर्णय लिया। हमने शेषनाग से चलते हुए "पंचतरणी" की यात्रा तय की । वहाँ रात होने के कारण, हमें रात के लिए वहीं रुकना पड़ा। अगले दिन प्रातः सुबह हम लोग अमरनाथ गुफा के लिए निकले जो की पंचतरणी से बस 5 कि.मी दूर थी।

हम 10 बजे के करीब गुफा तक पहुंच गए। गुफा की एक झलक दूर से देखते ही, हमारी आँखों में आँसू आ गए। इतने दिन के इंतजार और बारिश एवं तूफान जैसी कठिनाइयों को पार करने के बाद दर्शन करने का सुकून और ख़ुशी अलग ही थी।

दर्शन करने के बाद करीब 1 बजे हमने वापस नीचे आने की उतराई आरंभ करी। 5-6 घंटे में हम बालटाल वाले रास्ते से नीचे आ गए। नीचे जाकर हमने थोड़ी देर आराम किया, फिर थोड़ी सी शॉपिंग करके हम दिल्ली की ओर निकल पड़े। अमरनाथ की सुंदर वादियों में मेरा एक सप्ताह कैसे बीत गया मुझे पता भी नहीं चला। अमरनाथ की वह सुंदरता आज भी मेरे दिल दिमाग में बसी है। वह सफ़र मेरे जीवन का सबसे खूबसूरत और हसीन लम्हों में से एक है। हमने अगली सुबह उठकर देखा तो बारिश बढ़ गई थी, जिससे यात्रा पर रोक लगा दी गई थी, ताकि आगे का मौसम खराब होने के कारण यात्रियों को कोई परेशानी ना हो। लगातार तीन दिन भारी बारिश और तूफ़ान होने के कारण हम वहां फँस गए। इतने भयंकर मौसम में भी, आर्मी ने वहाँ पर रह रहे लोगों को कोई परेशानी नहीं होने दी। वहां खाने, कपड़े, दवाई आदि जैसी वस्तुओं की सभी सेवाएं उपलब्ध थीं। 3 दिन के बाद जब मौसम थोड़ा सही हुआ, तब सी.आर.पी.एफ ने यात्रा खोलने का निर्णय लिया। हमने शेषनाग से चलते हुए "पंचतरणी" की यात्रा तय की । वहाँ रात होने के कारण, हमें रात के लिए वहीं रुकना पड़ा। अगले दिन प्रातः सुबह हम लोग अमरनाथ गुफा के लिए निकले जो की पंचतरणी से बस 5 कि.मी दूर थी।

हम 10 बजे के करीब गुफा तक पहुंच गए। गुफा की एक झलक दूर से देखते ही, हमारी आँखों में आँसू आ गए। इतने दिन के इंतजार और बारिश एवं तूफान जैसी कठिनाइयों को पार करने के बाद दर्शन करने का सुकून और खुशी अलग ही थी।

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> स्नेहा परेवा राजनीति विज्ञान(विशेष) द्वितीय वर्ष

मैं कौन हूं?

"मैं एक शहर <mark>का व्यक्ति नीर हूँ जो दुनिया का</mark> हिस्सा तो है परन्तु यह समाज उसको नकारता हैं।" यह कथा उस समाज की है, जो स्वयं को मार्ड<mark>न मानता है परन्तु जब</mark> अपनी रुढिवादी परंपराओ से जुड़ जाता है तो स्वयं ही भूल जाता <mark>है वह 'इंसान</mark>' हैं। नीर जब पैदा हुई <mark>तो</mark> उसकी माँ को उसके पैदा होने <mark>पर खेद हुआ</mark> क्योंकि नीर ना तो पुरुष था और ना ही महिला । यह बात उसकी माँ को ही पता थी परंतु इस बात <mark>से</mark> उसके <mark>परिवार वाले अवगत न थे। जैसे-जैसे</mark> नीर बड़ी होती जाती है उ<mark>सके र</mark>ोक बढ़ने लगते हैं। क्योंकि उसमे कुछ शारीरिक बदलाव होते हैं जो उसे यह सब करने पर <mark>मजबूर करते। घर में वह पुरुष की भांति रहती पर</mark>न्तु स्वयं को जब अके<mark>ला पाती तो स्त्री के आभूषण में खुद को प्रिय समझती</mark>। एक दिन नीर अकेले कमरे में श्रृंगार कर रहा होता है और अचानक उसके माता-पिता उसे देख लेते हैं। माता को सब पता होता है परंतु क्योंकि पिता इस बात से अवगत नहीं था और अपने पुत्र को पुत्री जैसे वेश में देखकर वह चौक उठता और उसपर हाथ उठा देता हैं। <mark>समय</mark> बीतता है और 18 वर्ष होने के बाद निर्णय लेता है कि वह अब अपनी पहचान नही छुपाएगा। उम्र के बढ़ते पढ़ाव ने उसके प्रश्न - मैं कौन हूँ? का जवाब मिल जाता है। वह भी इस देश का नागरीक है जिसे लोग अपनाना नहीं चाहते । वह अपनी पहचान इस समाज में मात्र "किन्नर" नहीं कहलाना चाहता है। वह समाज को बताना चाहता था वह स्वयं में पूर्ण हैं। उसमें नारी के रूप में देवी का अवतार है तो पुरुष की भाँति समझदारी व जिम्मेदारियों का भी ।



इंसाफ की जीत

नेहा नाम की एक लड़की हैं जो 18 साल की हैं वह अपने परिवार से दूर हॉस्टल में रहती है। वह एक खुले मिज़ाज की लड़की हैं यह एक ऐसी लड़की है <mark>जो जल्दी ही किसी से भी प्रभावित हो ज</mark>ाती है।

नेहा:- आज मैं बहुत खुश हूँ क्योंकि आज मैं <mark>अपने ए</mark>क प्रिय मित्र से मिलने जा रही हूँ

हितेशः- (नेहा का मित्र) आज तो मज़ा आ जाएगा आज <mark>तो ने</mark>हा आ रही हैं

राहुल (हितेश का मि<mark>त्र):- क्या</mark> बात हैं भाई आज मन ही <mark>मन</mark> इतना मुस्कुरा रहा है।

हितेशः- क्या बताऊ<mark>ं भाई आज तो</mark> पार्टी में मेरा एक दोस्<mark>त आ</mark> रहा हैं। राहुलः- अच्छा! कितने बजे आ रहा हैं तेरा दोस्त हम भी मिल लेंगे।

नेहाः- चलो अब वक्त हो गया पार्टी में जाने का।

हितेश:- अरे! आओ दोस्तों मेरी दोस्त आने वाली हैं।

राहुलः- अच्छा कौन आया ज़रा हम भी तो देखें तुम्हारा नया मित्र। नेहा(दरवाजा खट-खटाते हुए) - खट-खट-खट

हितेश:- चलो दोस्तों लगता हैं नेहा आ गई हैं।

नेहाः- हैलो हितेश।

हितेशः- हैलो नेहा! आओ-आओ बैठो इनसे मिलो यह सभी मेरे मित्र हैं। नेहाः- लेकिन तुमने तो कहा था तुम्हारे ज़्यादा मित्र नहीं आएंगे। हितेशः- अरे! तुम भी क्या बातें पकड़ कर बैठी हो आओ डांस करते हैं। नेहाः- हाँ चलो।

राहुल (ड्रिंक देते हुए) - पियो नेहा तुम्हारे लिए ही है यह।

नेहाः- नहीं-नहीं मैं यह नहीं पीती। मुझे अभी <mark>हॉस्टल</mark> भी जाना हैं फिर वहाँ की वार्डन बोलेगी।

हितेशः- कोई बात नहीं आज यहीं रुक जाना।

नेहाः- नहीं -नहीं मैं ऐसे नहीं रह सकती।

राहुल:- कोई बात नहीं रुक जाओ,क्या तुम्हें हम पर भरोसा नहीं हैं? नेहा:- चलो ठीक हैं तुम इतना कह रहे हो तो।



रात के 11:OO बजे हितेश और उसके दोस्तों ने नशे की हालत में नेहा के साथ बदतमीजी की क्योंकि नेहा भी होश में नहीं थी। अगले दिन <mark>नेहाः-</mark> अरे! यह मै<mark>ं कहां पर हूं य</mark>ह मेरे साथ क्या हुआ हैं। रात को पीने की वजह से मुझे कु<mark>छ याद नहीं श</mark>ायद हितेश को पता हो<mark>गा।</mark> हितेश:- क्या हुआ न<mark>ेहा क्यों आ</mark>वाज़ मार रही हो? नेहा:- मेरी यह हालत तुमने और तुम्हारे दोस्तों ने की है न| हितेश:- तुम इतनी <mark>सी बात को इ</mark>तना बड़ा क्यूं कर रही हो यह सब तो आम बात है | नेहाः- यह कोई आम बात नहीं है मैं तुम्हारे खिलाफ शिकायत करुंगी। हितेश:- तुम जाओ मैं तुम्हारी वीडियो सब जगह फैला दूंगा | नेहाः- तुम ऐसा नहीं कर सकते हो। हितेशः- तुम शिकायत मत करो मैं तुम्हारी वीडियो वायरल नहीं करूंगा। नेहा देर रात रास्ते में रोती हुई जा रही थी तभी उसे एक समाज सेवा महिला मिलती है सरिता जीः- बेटा क्या हुआ क्यों रो रही हो। नेहाः- कुछ नहीं बस ऐसे ही। सरिता जी:- कोई बात नहीं तुम मुझे बता सकती हो। नेहाः- मैंने आपसे कहा ना मुझे कुछ नहीं हुआ। सरिता जी:- अगर तुम मुझे नहीं बताना चाहती हो तो कोई बात नहीं। अगले दिन फिर नेहा सड़क पर रोती हुई सरिता जी को दिखती है सरिता जी:- बेटा मुझे पता हैं तुम्हारे साथ जरूर कुछ हुआ हैं जो तुम मुझे बताने से डर रही हो लेकिन तुम बिना डरे मुझ पर विश्वास कर सकती हो।



नेहाः- जब कोई बात ही नहीं है तो मैं आपको क्या बताऊं। कुछ दिन ऐसे ही बीत गए नेहा अकेले ही अपने बुरे वक्त का सामना करती रही। लेकिन अब नेहा के सबर का बांध टूट चुका था और वह अपने मन की बात बताना चाहती थी लेकिन हितेश उसे धमकी देता था कि अगर उसने किसी को यह बताया तो वह उसकी तस्वीरें इंटरनेट पर डाल देगा। अब नेहा फिर सरिता जी से मिलती हैं तो आगे देखते हैं कि क्या हुआ। सरिता जी:- हैलो बेटा कैसी हो?

सारता जा:- हला बटा कसा हा

नेहाः- हैलो आंटी मैं ठीक हूं।

सरिता जी:- बेटा पिछले कुछ दिनों में जब भी हमारी बात हुई हैं और जब भी मैंने तुम्हें कुछ पूछा हैं तो तुमने मुझे बताने से मना कर दिया हैं लेकिन आज भी मैं तुमसे वही सवाल करती हूं क्योंकि तुम भी मेरी बेटी जैसी ही हो।

नेहा जोर-जोर से रोने लगती हैं और अपने साथ हुई सारी घटनाओं के बारे में विस्तार से बतलाती हैं उसकी बातें सुनकर सरिता जी की आंखों में भी आँसू भर आए और उन्होंने नेहा को कहा कि वह डरे ना अब वह उसके साथ हैं वह उसे इंसाफ और हितेश को उसके किए की सज़ा जरूर दिलाएगी।

ऐसे ही दिन बीते गए न्यायालय में एक के बाद दूसरी तारीखेँ मिलती गई। ऐसा देखकर नेहा का विश्वास डगमगाने लगता हैं लेकिन सरिता जी उसको भरोसा दिलवाती हैं कि भगवान के घर देर हैं अंधेर नहीं। हम सच्चे हैं तो हमे इंसाफ जरूर मिलेगा।

नेहा:- आंटी मुझे ऐसा लगता हैं कि यहां हमारी बात कोई नहीं सुनेगा। सरिता जी:- नहीं बेटा ऐसा कुछ नहीं है थोड़ी दे<mark>र से</mark> ही सही लेकिन मुझे पूरा विश्वास है कि हमें इंसाफ जरूर मिलेगा?

नेहाः- आंटी हमारे पास तो इतने पैसे भी नहीं हैं कि हम बड़े से बड़े वकील कर सके। तो हमें इंसाफ कैसे मिलेगा?

सरिता जी:- बेटा! मैं तुम्हें इंसाफ जरूर दिलाऊंगी ताकि आगे से कोई भी लड़का किसी भी लड़की के साथ कुछ करने से पहले सौ बार सोचेगा।



नेहा:- आंटी कल आखिरी तारीख है हमारे केस की कल ही फैसला होगा कि मुझे इंसाफ मिलेगा या नहीं?

सरिता जी:- बेट<mark>ी भ</mark>गवान पर भरोसा रखो वह जो भी करते हैं हमारी भलाई <mark>के ल</mark>िए ही करते हैं।

आज नेहा के केस की अंतिम तारीख हैं आइए देखते हैं कि क्या नेहा के साथ इंसाफ हुआ या आज भी इस समाज में सच्चाई <mark>की</mark> जगह पैसा जीत गया1

जजः- आज की यह सुनवाई इस केस की आखिरी सुनवाई हैं। सभी सबूतो और गवाहों को मध्य नजर रखते हुए यह कोर्ट धारा 499 के तहत आरोपी को 2 साल की सज़ा सुनाती है।

सरिता जी:- बधाई हो! नेहा हम केस जीत गए। जो सालों पहले ना हो सका वह मैंने आज कर दिखाया आज मैंने अपने समाज सेविका होने का फर्ज़ अदा कर दिया।

नेहाः- आंटी यह सब आपकी वजह से ही हो पाया है लेकिन आंटी आपने ऐसा क्यों कहा हैं कि जो सालों पहले ना हो पाया वह आपने आज कर दिखाया?

सरिता जी(आंखों में आँसू लिए):- बेटी तुमने यह सवाल पूछा हैं तो मैं इसका जवाब जरूर दूंगी कुछ सालों पहले मेरे साथ भी ऐसा ही हुआ था लेकिन मैंने जब इंसाफ मांगना चाहा तो उसने अपने पैसों के दम पर केस जीत लिया और मैं वहीं की वहीं खड़ी रह गई। उसी दिन मैंने फैसला किया कि आज से मैं एक समाज सेविका बनकर ऐसी बच्चियों की मदद करूंगी जो लड़को के फरेब का शिकार हो जाती हैं। जब आज मैंने तुम्हें इंसाफ दिलाया तो मुझे ऐसा लगा कि मुझे भी इंसाफ मिल गया।

नेहा:- आंटी आज से मैं आपको अपना आदर्श मानती हूं और हमेशा आपकी तरह ही समाजसुधार के कार्य करने की कोशिश करूंगी । एक बार फिर से धन्यवाद आंटी। जैसा कि आपने देखा कि हमारे समाज की क्या हालत हो गई हैं एक लड़की जो सच्चाई पर खड़ीहैं उसे भी समाज कैसे दबाता हैं आज के समय में पैसों में इतनी ताकत हैं कि वह कुछ भी कर तथा करवा सकता हैं आज के इस दौर में सरिता जी जैसे लोग मिलना बहुत मुश्किल हैं क्योंकि हर कोई कुछ भी करने से पहले बस अपना ही फ़ायदा देखता है लेकिन आज भी हमारे समाज में कुछ-कुछ लोग सरिता जी जैसे भी मिल जाते हैं।

इस नाटक के माध्यम से मैं सभी लड़कियों को यह बताना तथा सीखाना चाहती हूँ कि वह हर किसी पर इतनी जल्दी विश्वास ना करें वरना आप भी ऐसी घटनाओं का शिकार हो सकती हैं। अपने दोस्तों, रिश्तेदारों तथा अपनी से छोटी बहनों को इस विषय पर ज्ञान दें तथा समाज को महिला सुरक्षा के प्रति जागरूक करें।





मेरा अनुभव

नमस्ते... मेरा नाम नेहा गुप्ता हैं। मैं गोपालगंज बिहार की निवासी हूं। आज मैं आपको अपने जीवन का एक अनुभव बताने आई हूं। जिस समय को पार करना मेरे लिए बेहद कठिन था। आज मैं अपने जीवन के एक ऐसे व्यक्ति के बारे में बताने वाली हूं...जिसकी वजह से मैं आज विवेकानंद महाविद्यालय (दिल्ली विश्वविद्यालय)की छात्रा हूं। मैं एक गरीब परिवा<mark>र से हूं। जब</mark> मैंने अपनी 12वीं की <mark>पढ़ाई</mark> पूरी करने के बाद और अपने सपने को साकार करने के लिए आगे की पढ़ाई के बारे में सोचती हूं। ल<mark>ेकिन सम</mark>स्या यह थी कि आगे की पढ़ा<mark>ई के</mark> लिए पैसे कहां से आए<mark>... मेरे पिता</mark>जी एक व्यापारी है, और माताजी ग्रहणी...भाई <mark>बहनों में बड़े होने के</mark> कारण सारी जिम्मे<mark>दारी को निभ</mark>ाने और अपने परिवार का नाम आगे बढ़ने की कल्पना लेकर अपनी आगे की पढ़ाई जारी करने की सोचती हूं। मैं आज जो दिल्ली विश्वविद्यालय की छात्रा हूं। यह ऐसे व्यक्ति के कारण हूं जिसने मुझे आज यह एहसास दिलाया कि मैं भी अपने सपनों को पूरा कर सकती हूं। मैं भी अपने जीवन में सफल हो सकती हूं। और अपने परिवार का नाम ऊंचा कर सकती हूं। 12वीं की परीक्षा पास करने के बाद मेरे सामने एंट्रेंस एग्जाम आया। पर समस्या यह था कि CUET एग्जाम की रजिस्ट्रेशन फीस कहां से भरे... उस समय मेरे पिताजी के पास इतने पैसे नहीं थे कि मैं अपने एग्जाम की फीस भर सकूं। फिर उसी व्यक्ति ने मुझे सहारा दिया और मैंने इस परीक्षा की सारी फीस जमा की। पर मुझे डर था कि कहीं मैं इस परीक्षा में फेल न हो जाऊं... मेरे और मेरे पूरे परिवार के साथ-साथ उस व्यक्ति की भी आशाएं टूट जाएगी। पर <mark>जब</mark> परीक्षा का परिणाम सामने आया और मैं पहले, दूसरे और तीसरे राउंड में फेल हो गई। मेरे पूरे परिवार के साथ-साथ उस व्यक्ति की भी आशाएं टूटने लगी। पर मुझे अपनी मेहनत पर पूरा विश्वास था कि मैं एग्जाम पास कर लूंगी। फिर जब राउंड का आखिरी चरण सामने आया...और मैंने खुद को हिंदी ऑनर्स विवेकानंद महाविद्यालय (दिल्ली विश्वविद्यालय) की छात्रा के रूप में पाया।

मेरे पूरे परिवार के साथ-साथ उस व्यक्ति को भी बेहद खुशी हुई। लेकिन जितनी खुशी हुई उतनी ही फिर से निराशा छा गई... क्योंकि महाविद्यालय की फीस इतनी महंगी थी। पर मेरे पिताजी ने कुछ पैसे जमा करके रखे थे मेरी आगे की पढ़ाई के लिए लेकिन जितने पैसे जमा किए थे पर इतनी पैसे काफी नहीं थे कॉलेज की फीस के लिए । मुझे उम्मीद ना थी कि मै<mark>ं कॉलेज भी</mark> जाऊंगी। और यह सब <mark>घटना</mark> देखते हुए मेरे सपने भी धीरे-धीरे टूटने लगे थे। फिर मुझे उसी व्यक्ति ने फिर से सहारा दिया मेरी कॉलेज की फीस को भरने में मेरा और मेरे पिता जी का साथ दिया। और आज मैं उसी व्यक्ति के वजह से अपने आप को पूरी तरह से विवेकानंद महाविद्यालय (दिल्ली विश्वविद्यालय) की छात्रा के रूप में खुद को पाती हूँ। आज उन्हीं के मदद और माँ -पिताजी के आशीर्वाद से मुझे इतने अच्छे विश्वविद्यालय में पढ़ने का मौका मिला। जी हां मैं अपने बड़े भैया दीपक (बुआ के बेटे)की बात कर रही हूँ। वह इस वर्तमान समय में मेरे लिए वह एक भगवान के रूप में आए हैं। मेरे भैया वर्तमान समय में वह एक कल्याण निरीक्षक मुख्यालय हाजीपुर पटना (बिहार) में स्थित है। और साथ ही साथ मेरे दीपू भैया और सचिन भाई ने मेरी पूरी मदद की है। मेरा पूरा विश्वास है कि पहले की तरह वह आगे भी मेरी हर समय मेरी सहायता करेंगे, और मैं भगवान से प्रार्थना करती हं कि मेरे बड़े भैया जैसा भाई हर बहन को मिले। और मैं अपने भैया से <mark>य</mark>ह कहना चाहती हूं कि अगर कभी आपको मेरी जरूरत पड़े तो मैं <mark>आ</mark>पकी पूरी मदद जरूर करूंगी। मैं आपकी जीवन भ<mark>र आ</mark>भारी रहूंगी। शुक्रिया मेरे जीवन में आने के लिए। शुक्रिया....



वैशाली सिंह की कविताएँ

<u>जानवर हे तो क्या हुआ</u>

तुम हाथ थाम लो इसका ये साथ अपनी अंतिम साँस तकनिभाएगा, जानवर है तो क्या हुआ प्यार इंसान से बेहतरकर दिखाएगा, तुम लाख बातें सुना लो इसको फिर भी तुम्हे ही चाहेगा, इंसान नही, जो पत्थर बन जाएगा जानवर है ,पर इंसानियत दिखाएगा ।

कृष्ण स्वरूप

मस्तक पर तिलक धरा, और साजे मोर पंख... नयनों में सागर लिए, मोह लेते है सबके मन... होठों पर है मधुर तान, जो सबको कर दे संलग्न... चरण तो मानो कमल से, जिसकी सेवा करूं, मैं उम्र भर <u>माता पिता प्रेम</u>

कभी कभी तुम्हारे शब्द, मेरे हृदय में समुद्र से घुल जाते हैं ... कभी कभी मेरे सपने, तुम्हारी आँखों में झलक जाते है... बस यही तुम्हारीआँखे, मेरी मेहनत और तुम्हारा प्रेम जता जाते हैं |

<u>स्वप्न आँखों में</u>

एक स्वर्ग पाया मैंने धरती पर,वो माता पिता के चरणों में.... दोनों ने अपना देह जलाया औलादों के खातिर.... ख्वाहिशें न है मेरी बड़ी बड़ी बस एक ख्वाब आँखों में है...



बंद दरवाज़ा

नन्दू पढ़ाई की छुट्टियों के बाद घर आई है। मानों ऐसा लग रहा है कई बरसों बाद घर वापस आई हो। बहुत खुश, खुशी की झलक साफ चहरे पर झलकती थी। आज तो वह पूरा गाँव घूमेगी.... सारी सहेलियों से मिलेगी.. सब कुछ, सब ।

काकी - अरे नन्दियात् तो बडी सुन्दर हो गई है, मोटी-गोल-मटोल बहुत फूली फली जान पड़ती है। हाँ काकी, बहुत अच्छा लगता है वहाँ, जो चाहो वो खाओ, जैसे चाहो वैसे रहो, पढ़ते भी रहो और बोर हो जाओ तो पूरा बजार अपना । अरे वाह ! खूब तरक्की करो । नंदू अब सहेलियों से मिली आज वह बीना बाजार जाएगी और खून मोमोस खाएगी। चंपा सोचते हुए बोलती है जाएंगे, खाएँगे, खरीदेंगे पर. पैसे ? अरे, वो तो मैं दे दूंगी। इतने दिनों बाद जो मिली हूँ, बताओ क्या खाना है, क्या खरीदना है?

नन्दू खूब मस्ती करके घर आती है, सारी खुशियाँ तो मैं, उसके पास, पढ़ती है, नामी कॉलेज में है, माँ-बाप का अटूट भरोसा और प्यार । नन्दू सारी खुशियाँ बटोरते घर आती है और माँ के गले लगती है, मां पता है? मैंने क्या-क्या खरीदा ? क्या-क्या खाया, कहाँ-कहाँ घूमी..... बहुत मजा आया। अरे वाह! माँ देखो तो तुम्हारी वही चप्पल, मेरे दो पैर आ जाने वाले चप्पल, हाँ हाँ हाँ। अरे! माँ देखो तो तुम्हारी चप्पल तो मेरे पैरों में बिल्कुल फिट बैठती है। नंदू हैरान है पर शायद ये वो चप्पल नहीं है दूसरी है। हां मेरी गुड़िया रानी अब मेरी बेटी बड़ी हो गई है। हाँ-हाँ एक ही तो साल हुए हैं इतने में इतनी जल्दी बड़ी.... कैसे ? तभी. शायद मैं बड़ी नहीं, माँ पतली हो गई हैं। बंद दरवाजा आज खुल गया।





मेरी कहानी सबसे अलग है, मैं तान्या मावी जो सदैव शांत, खुश और सबसे अलग रहती हूँ । मैं हमेशा सबसे प्यार से बात करने वाली , बहुत ही शांत स्वभाव की हूँ । स्कूल में भी सभी अध्यापिकाऐं यही कहती आप (तान्या) कुछ बोलते क्यों नहीं हो। परन्तु मेरा यही उत्तर होता कि मुझे लोगों से ज़्यादा बात करना तथा अपनी बात किसी के सामने रखना अच्छा नहीं लगता।

स्कूल के समाप्त होने के बाद मेरा एडमिशन दिल्ली विश्वविद्यालय के विवेकानन्द महाविद्यालय में हुआ। वहाँ पर भी दो वर्ष मेरे वही शांत और सहज स्वभाव था। जब मैं तृती∟य वर्ष में आयी तो मैं अखिल भारतीय विद्यार्थी परिषद से जुड़ी । जिससे धीरे-धीरे मेरा आत्मविश्वास बढ़ा और मेरे जीवन की डोर ने दूसरा रूख लिया । मेरे परिवार और दोस्तों ने मुझे चुनाव में खड़े होने के लिए मजबूर किया। परन्तु उस समय मुझे बहुत डर था कि में किस तरह इतने बच्चों से बात कर सकूंगी तथा अपनी बात को कैसे सबके सामने रखूँगी इस बात का भय मेरे मन में सदैव रहता था।

मैं चुनाव में खड़ी हुई । मुझे मेरी पढ़ाई और अटेंडेंस का बहुत लाभ मिला । मैंने अपनी आवाज़ को बुलन्दी से सभी के सामने रखना सीखा। मेरा जीवन इस चुनाव के कारण पूरी तरह बदल गया। मैं सबके सामने अपनी बात रखती गयी और 22 सितंबर 2023 को विजयी हुई । ये जीत सिर्फ नाम कि या चुनाव की नहीं थी अपितु मेरे आत्मविश्वास की थी ।

आज जब सब मुझे यही कहते है कि क्या तुम वही तान्या हो जो कुछ नही बोलती थी वो अध्यक्ष कैसे बन पाई। परंतु मेरे लिए यह गर्व की बात है कि मेरे परिवार और मेरे दोस्तों ने मेरा साथ दिया। चुनाव (राजनीति) एक वह विषय है जो व्यक्ति के व्यक्तित्व को उभारता है। जिसने मेरे व्यक्तिव में लोगों से किस तरह से बात करनी है यह सिखाया , मेरी आवाज़ में आत्मविश्वास पैदा किया।

सभी का यही कहना होता था कि ये कैसे करेगी, क्या बोलेगी, जीतेगी या

नहीं। परन्तु सब कुछ बदला और मुझे जीवन की वो जीत मिल गई ।

जीवन में साहस का होना आवश्यक है।





प्यार व करुणा की भावना

दयालुता एक निस्वार्थ कार्य है। जब कोई बिना कुछ उम्मीद किए दूसरों की मदद करते है तब आप दयालु होते हैं। तब आप शांतिपूर्वक व खुशहाल जीवन जीते हैं। दयालुता वाकई एक जादू है जब आप दूसरों के प्रति दयालु होते हैं तो वे अपनी समस्याओं को भूल जाते है और उनका बुरा दिन भी अच्छे दिन में परिवर्तित हो जाता है।

एक बार एक दुकानद<mark>ार ने अपने दरव</mark>ाज़े पर साइन बोर्ड लगाया, जिस पर लिखा था "पिल्ले बिक्रि के लिए " ।इस प्रकार के संदेश हमेशा छोटे बच्चों को आकर्षित करने के लिए लगाए जाते हैं थे। यह आश्चर्य नहीं था इस संदेश को देख कर एक छोटा लड़का दुकानदार के पास पहुँचा और पूछा-"आप यह पिल्ले कितने में बेच रहे हैं?" दुकानदार ने उत्तर दिया " ₹ 3<mark>0</mark> से ₹ 50 तक" छोटे बच्चे ने अपनी जेब में हाथ डाला और कुछ पैसे निकाले और बोला "मेरे पास 🕈 2 है, क्या मैं उन्हें देख सकता हुँ?" दुकानदार ने मुस्कुराते हुए छोटे बच्चे को पिल्ले दिखाए। दुकान के गलियारे में उसने पाँच प्यारे पिल्ले देखे उनमें पीछे एक पिल्ला लंगड़ा रहा था। छोटा लड़का चिल्लाया "सुस्त, लंगड़ाता हुआ पिल्ला "और पूछा उसको क्या हुआ है? दुकानदार ने उत्तर दिया पशु चिकित्सक ने जाँच की है और यह जाँच की इस पिल्ले का कूल्हा नहीं है. इसलिए यह हमेशा ऐसे ही लंगड़ाता रहेगा। छोटा बच्चा उत्साहित हो गया और बोला वही पिल्ला ह<mark>ै जो मु</mark>झे चाहिए दुकान<mark>दार ने</mark> कहा तुम उसे नही खरीद सकते यदि तुम सच में उसे चाहते हो तो मैं उसे अभी दे दूँ। छोटे लड़के ने मालिक की आँखों में घूरा और उँगली का इशारा करते हुए कहा । यह पिल्ला हर चीज के लायक है मैं इस अन्य पिल्लों जितनी इसकी पूरी कीमत चुकाऊँगा।

वास्तव में मेरे पास अभी ₹ 2 है, मैं हर माह 50 पैसे दूँगा तब तक मैं उसका भुगतान न कर दूँ। दुकानदार फिर बोला क्या तुम सच में उसे खरीदना चाहते हो वह अन्य पिल्लों की तरह खेल - कूद दौड़ नहीं कर सकेगा । वह लड़का नीचे झुका अपनी पेट ऊपर की जो दिखा वो हैरान कर देने वाला था। बुरी तरह मुड़ा हुआ अपंग पैर ब्रेस धातु से समर्थित था। वापस मालिक कि ओर देखा और बोला मैं भी ठीक से नहीं दौड़ सकता। इस पिल्ले को भी किसी ऐसे की आवश्यकता होगी जो इसे इसकी भावनाओं को समझे

शिक्षाः- करुणा एवं द<mark>यालु व्यवहार हमे</mark>शा लोगों में सर्वश्रेष्ठ <mark>बनाते हैं</mark>।

"जो बीत गई सो बात गई, जीवन एक सितारा था, माना वह बेहद प्यारा था, वह डूब गया तो डूब गया, अंबर के आनन को देखो। कितने इसके तारे टूटे, कितने इसके प्यारे छूटे, जो छूट गए फिर कहां मिले, पर बोले टूटे तारों पर, कब अंबर शोक मनाता हैं, जो बीत गई सो बात गई। -हरिवंश राय बच्चन

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कॉलेज का दूसरा साल

यूं तो हर दिन ही एक नई शुरुआत कहलाता है, फिर भी आज एक खास सफ़र की शुरुआत हुई है| कल जहां आंखो में हजारों ख्वाब लिए पहुंची थी, आज वो कॉलेज घर बन चुका है | उन अजनबियो में अपने ढूंढ लिए है मैंने| हर आता जाता चेहरा देखकर मुस्कुरा देता है अब, प्रोफेसर्स न सिर्फ नाम से,बल्कि उसके साथ साथ मेरे कारनामों से भी जानते है मुझे| कल हर कोना नया था कॉलेज का ,अब हर हिस्से में मेरी जी हुई यादों की फिल्म चलती रहती है| यूं तो हर दिन ही एक नई शुरुआत कहलाता है, फिर भी आज एक खास सफ़र की शुरुआत हुई है|

"जीवन में सफलता केलिए शिक्षा की जरूरत होती है डिग्री की नहीं। यदि हमारी आत्मा जागृत नहीं है तो कागज की डिग्री का कोई मोल नहीं है। -मुंशी प्रेमचंद





पर्वत बहुत ही खास जगह हैं। कई लोगों के लिए पहाड़ पवित्र हैं, ताज़मी है, डर हैं, आत्मा को शांति देने वाली जगह हैं। मेरे लिए पर्वत वह जगह जो प्रकृति का सबसे सुंदर, मन को मोह देने वाला रूप हैं।

जहाँ जाने से ऐसा लगता है कि दूसरी ही किसी दुनिया में आ गए हो। यहाँ लोग घूमने आते अपने परिवार के लोगो के साथ छुट्टियाँ बिताते हैं। उन्हें यहां आना और साहसिक गतिविधियाँ करना पसंद हैं। कुछ सबसे ज्यादा साहसिक गतिविधियाँ है जैसे की पैराग्लाइडिंग, रिवर राफ्टिंग, साइकिल चलाना, टेकिंग, हैंग ग्लाइडिंग और स्कीइंग हैं। जैसे पर्वत की सुंदरता और मन को मोह देने वाले दृश्य को देख कर लोगों की इसको देखने की संख्या बहती जा रही हैं दिन पे दिन जिसकी वजह से पर्वतों को काटा जा रहा है ताकि उन पर सड़क बनाई जा सके, विभिन्न प्रकार की दुकानों का प्रबंध किया जाता है जिसकी वजह से कई तरह के परिणाम सामने आए हैं जैसे की मिट्टी का कटाव और मानसून के पैटर्न में बदलाव हैं। और आने वाले समय में कई तरह के परिणाम देखने को मिल सकते हैं यदि हमने अभी सावधानी नहीं बरती तो।

पर्वत प्रकृति के उन सबसे सुंदर रुप में से एक है जनको देखकर इंसान अपने दुख, दर्दभूल कर उन में खो जाता है।

आस्था से कही बात और आस्था से किया काम दूसरों तक न पहुंचे, यह हो ही नहीं सकता। -मनु भंडारी

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सबसे यादगार दिन

यह बात है मेरे आठवीं जन्म दिन कि, हर बच्चे की तरह मैं भी अपने जन्म दिन के लिए बहुत उत्साहित थी और बचपन से ही मुझे आठ अंक बहुत अच्छा लगता था। इसके कई कारण थे जैसे की मेरा जन्मदिन 8 दिनांक को आता है, मेरे नाम में 8 अक्षर है, मेरा नाम ह से शुरू होता है जो अंग्रेजी अल्फाबेट का आठवां अक्षर है आदि। जन्म दिन से एक हफ्ते पहले मम्मी को बुखार हो गय<mark>ा और धीरे-धी</mark>रे उनकी तबीयत खराब <mark>होती</mark> चली गई बाद में पता चला कि उन्हें डेंगू था। तो फिर मम्मी को अस्पताल में भर्ती <mark>करवाया। इस बीच मुझे <mark>भी थोड़ा</mark> बुखार हो गया था। फिर आया <mark>जन्</mark>मदिन</mark> का वह दिन जिस दिन कुछ करना संभव नहीं था ,तो मैं मम्मी के साथ हॉस्पिटल के कमर<mark>े में बैठी हुई थी। डेली</mark> चेकअप के लिए डॉक्टर आई और उन्होंने मुझसे पूछा कि इतने उदास क्यों बैठे हो,फिर मैंने उन्हें बताया कि यह मेरा सबसे अहम जन्मदिन था और मैं अस्पताल में हुं। उन्होंने मुझे जन्मदिन की हार्दिक शुभकामनाएं दी और फिर चली गई। आधे घंटे बाद एक अस्पताल कर्मचारी खाकी पैकेट लेकर आया जो टॉफियों से भरा हुआ था जो उन डॉक्टर ने भेजा था। मेरी खुशी का ठिकाना नहीं था। बात सिर्फ टॉफियों की कि नहीं थी, बल्कि यह थी कि उन्होंने याद रखा। मेरा आठवां जन्मदिन बहुत धूमधाम से नहीं मनाया गया लेकिन वह मेरे जीवन का सबसे यादगार जन्मदिन है।

"बर्तन में रखा पानी हमेशा चमकता है और समुद्र का पानी हमेशा गहरे रंग का अस्पष्ट होता है। लघु सत्य के शब्द हमेशा स्पष्ट होते हैं, महान सत्य मौन रहता है। -गुरु रवींद्रनाथ टैगोर

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चॉकलेट की दुनिया

एक समय की बात है। राजू नाम का बालक अपने परिवार के साथ शहर मे रहता था। राजू को घूमना, खाने-पीने का शौकीन था। राजू स्कूल से वापस आकर अपना गृह कार्य करते करते अलग ही दुनिया मे चला जाता हैं। वहा वह देखता है कि पेड़ पर चॉक्लेट, टॉफी लटके हुए हैं। वह आगे जाता है तो उसे एक पटरी पर ट्रेन आती दिखती है, जो चॉक्लेट की बानी होती है। राजू को ऐसा लगता ह<mark>ै जैसे वो चॉक्</mark>लेट लोक मे हो। राजू ट<mark>ूेन के</mark> पास जा <mark>ही रहा होता है तभी एक अजीब सी पोशाक पहने चॉक्लेट अंकल राजू के</mark> <mark>पा</mark>स जाते है। राजू पूछ<mark>ता है आप</mark> कौन है? चॉक्लेट अंकल अपने बारे मे राजू को बताते है कि चॉक्लेट अंकल खूब सारी तरह-तरह की चॉक्लेट बनाते है, और बच्चों <mark>को खिलाते है। र</mark>ाजू पूछता है ये ट्रेन, <mark>पटरी,</mark> पेड़ आदि चीजें जो सब चॉक्लेट से बनी थी। ऐसा कैसे संभव है। चॉक्लेट अंकल राजू उस ट्रेन मे सफर कराते है, चॉक्लेट फैक्ट्री मे बनने वाली विभिन्न प्रकार की चॉक्लेट खिलाते है और अपनी इस चॉक्लेट की दुनिया के बारे मे विस्तार से बताते है। राजू वहा बहुत प्रसन्न था। वह वहां चॉक्लेट की नदी, झरना, बारिश, झूले सबका आनंद ले रहा था। कुछ समय के पश्चात् चॉक्लेट अंकल ने राजू को एक टॉफी दी जिसे खाकर राजू जमीन पर गिर गया। जब उसकी आंख खुली तो उसने अपने आप को एक कमरे मे बंद पाया, तब उसने बाहर निकलने का खूब प्रयास किया। चॉक्लेट अंकल को पुकारा किंतु उसकी आवाज़ किसी ने नहीं सुनी।

कुछ समय बाद राजू ने खिड़की से बाहर निकलने का प्रयत्न किया और सफल रहा। वह अब बस अपने घर जाना चाहता था। वह जा ही रहा था अचानक उसने चॉक्लेट अंकल को दूसरे कक्ष की ओर जाते देखा,तभी उसने चॉक्लेट अंकल का पीछा किया और देखा कि वह चॉक्लेट लोक मे अकेला बालक नही था। चॉक्लेट अंकल ने षडयंत्र रचकर बहुत सारे बच्चों को बन्दी बना कर रखा था। वह अपनी मीठी बातों व टॉफी से बच्चों को पकड़ लेते थे और फिर उनसे चॉक्लेट मे रसायनिक पदार्थ मिलवाकर बेकार चॉक्लेट बनवाते थे,जिसे खाकर बच्चो की सेहत खराब हो जाती थी। राजू ने चॉक्लेट अंकल के उस कक्ष से चल जाने के बाद उन बच्चों को आज़ाद कराने की योजना बनाने लगा। राजू रसायनिक कक्ष मे गया और वहा से एक रसायन लेकर आया,जिसे उसने चॉक्लेट से बने कक्ष के ऊपर डाल दिया। सभी बच्चे धीरे- धीरे बाहर आने लगे जैसे- जैसे रसायन के करण चॉक्लेट पिघलने लगा।

इस तरह सभी बच्चे आज़ाद होकर अपने माता- पिता के पास वापस लोट गए।सब बच्चे अत्यंत प्रसन्न थे। वहा पर सभी लोग ने राजू को चॉक्लेट लोक का राजा बना दिया। सब राजू का धन्यवाद कर रहे थे और उसने सहास, बुद्धि के गुणगान। यह सब चॉक्लेट अंकल को दूर से देख रहे थे और वह वहा से बाग गए क्योंकि लोग उनको सबक सिखाने के लिए डूढ़ रहे थे।

राजू चॉक्लेट के सिंहासन पर बैठने जा रहा था कि उसकी मां ने राजू को जोर से पुकारा और राजू पलंक गिर गया। उसका अपना टूट गया।

"जो पुण्य करता है वह देवता बन जाता है, जो पाप करता है वह पशु बन जाता है और जो प्रेम करता है वह आदमी बन जाता है।"

-गोपालदास नीरज





क्यूं मलाल करूं?

आँखें नम थी मेरी और <mark>हल</mark>्की सी मुस्कान थी चल दिया मैं ये सोचकर की मंज़िल मैने तय की है <mark>तो</mark> पीछे छूटे मुसाफिरों क<mark>ा क्या ख्या</mark>ल करूं? जो पल ज़िंदगी ने दिए उन्हें बांध लू अपने थैले में जो ना मिल सके उनका क्या मलाल करूं ? अलविदा हम राहियों को करूं नाकी वो हमसफर बनकर साथ क्यों न चल सके इस बात का सवाल करूं। मैं समझ चुका था, की भीड़ में तो सारा जमाना है, मुझे तो सबसे ऊंचे शिखर तक जाना है, अपने पंखों की ताकत को आजमाना है। उन पीछे छूटे हमरहियों को बतलाना है कि ये मंजिल मैंने तय की है तो किसी और का क्यों ख्याल करूं? बांधू थैले में अपनी खुशियाँ भला दुखों का क्यों मलाल करूं?



संस्कृत खण्ड



सम्पादकीयम्

संस्कृतभाषा भारतस्य विश्वस्य च प्राचीनतमा भाषा अस्ति । अन्यासु भाषाणां तथा पुरातनं साहित्यमद्य नोपलभ्यते यथा पुरातनं संस्कृतसाहित्यम् विश्वस्य पुरातनतमो ग्रन्थः ऋग्वेदः संस्कृतभाषयैव निबद्धः । इयमतीव वैज्ञानिकी भाषा, अस्या: पाणिनिमुनिप्रणीतं व्याकरणमतीव वैज्ञानिकं यस्य साहाय्येन अद्यापि वयं तान् पुरातनग्रन्थान् अवबोधुं शक्नुमः ।

संस्कृतमेव हि भारतम्। यदि वयं प्राचीन भारतमर्वाचीनं वापि भारतं ज्ञातुमिच्छामः तह नास्ति संस्कृतसमोऽन्य उपायः भारतीयजनस्य अद्यापि यत् चिन्तनं तस्य मूलं प्राचीन संस्कृतवाङ्मये दृश्यते । यदि च तत् चिन्तनं वयं नूतनविज्ञानाभिमुख कर्तुमिच्छामस : तर्हि तस्य मूलं पृष्ठभूमि च अविज्ञाय विच्छिन्नरूपेण कतु न शक्नुमः यदि वयमिच्छामो यत् भारतीयजनः परिवर्तनम् आत्मसात् कुर्यात् तदा तेन परिवर्तनेन आत्मरूपेण संस्कृतिमयेन संस्कृतमयेन च भाव्यम्।संस्कृतस्य शब्दाः सर्वासु भारतीयजनः परिवर्तनम् कासुचित् वैदेशिक भाषासु च प्रयुज्यन्ते । अतः यदि वयं भारतीयजनानामेकीभावं, तेषां भाषागतम् अभेदं सौमनस्यं च इच्छामः तदा संस्कृतज्ञानेनैव तत सम्भाव्यते । संस्कृतं सर्वाः भारतीयभाषाः सर्वं जनमानसं च एकसूत्रेण संयोजयति । प्राचीनभारतीयेतिहासस्य भूगोलस्य च समीचीनं चित्रं संस्कृताध्ययनं विना असम्भवम्।

संस्कृतसाहित्यम् अति समृद्धं विविधज्ञानमयं च वर्तते । अत्र वैदिकं ज्ञानमुपलभ्यते, यस्य क्वचिदपि साम्यं नास्ति। महाभारतं तु विश्वकोशरूपमस्ति। रामायणशिक्षाः दिशि दिशि प्रचरिताः । उपनिषद्भिवैदिशिकैरपि विद्वद्भिः शान्तिः प्राप्ता । कालिदासादीनां काव्यानाम् उत्कर्षस्य तु कथैव का।

चरकसुश्रुतयोरायुर्वेदः, भारद्वाजस्य विमानशास्त्रम्, कणादस्य परमाणुविज्ञानम्, गौतमस्य तर्कविद्या, शुल्बसूत्राणां ज्यामितिविज्ञानम्, आर्यभटस्य खगोलशास्त्रम् इत्येवमादीनि अनेकानि विज्ञानानि शास्त्राणि च संस्कृतभाषोपनिबद्धान्येव अद्यापि राजनीतिविषये शासनतन्त्रविषये च कौटिल्यस्य अर्थशास्त्रं मनुस्मृतिश्च मार्गप्रदर्शके स्तः

वयं भारतीयाः। अस्माभिः स्वकीयं गौरवमयं वाङ्मयमधीत्यैव तदाधारे भविष्यनिर्माणं कर्तव्यं, तदैवात्मोत्कर्षः सम्भाव्यते। स च उत्कर्षः आत्माधिष्ठितो हृदयग्राही वास्तविकोन्नतिकारी भविष्यति। यानि राष्ट्राणि स्वगौरवं न विस्मरन्ति तान्येव

सफलतायाश्चरमोत्कर्ष प्राप्नुवन्ति । सर्वे आचार्य- दण्डिना सम्यगेवोक्तम्

भाषास् मुख्या मधुरा दिव्या गीर्वाणभारती।"

अधुनाऽपि सङ्गणकस्य कृते संस्कृतभाषा अति उपयुक्ता अस्ति। संस्कृतभाषैव भारतस्य प्राणभूता भाषा अस्ति । राष्ट्रस्य ऐक्यं च साधयति । भारतीयगौरवस्य रक्षणाय एतस्याः प्रसारः सर्वैरेव कर्त्तव्यः । अतएव विवेकानंदस्य महाविद्यालयस्य छात्राभि: अध्यापिकै: यथाशक्ति स्वोद्गगारै: अभिव्यक्ते: प्रयासं कृतवान्।



<u>डॉ.कामिनी तनेजा</u>

पंडित जवाहरलाल नेहरू:

श्री जवाहरलालनेहरुः भारतस्य प्रथमप्रधानमन्त्री आसीत् । महान् देशभक्तः श्रेष्ठलेखकः पण्डितः जवहारलालनेहरुः बालैः सह सदा वार्तालापं करोति स्म । बालान् प्रति प्रीतिं दर्शयति स्म । अत एव नायकाः श्री जवाहरलालमहोदयस्य जन्मदिनं तस्य इच्छानुसारेण बालदिनम् इति आचरन्ति ।

बालगङ्गाधरतिलकमहोदयस्य श्रीमती अनिबेसेन्टमहोदयायाः च होमरुललीग् आन्दोलने जवहरलालनेहरुः अपि प्रविष्टवान् । अनन्तरं न्यायवादिवृत्तिं त्यक्त्वा पूर्णतया स्वातन्त्र्यान्दोलनकार्येषु तत्परः अभवत् । श्री मोतिलालनेहरुः अपि होमरुललीगआन्दोलने भागं स्वीकृतवान् अस्य आन्दोलनप्रवेशस्य मुख्यं कारणं जलियनवालाबागहत्याकाण्डः । १९२० तमे वर्षे श्री मोतीलालनेहरुः न्यायवादिवृत्तिं त्यक्त्वा स्वातन्त्र्यान्दोलने एव कार्यं कृतवान् । १९२० तमे वर्षे असहकारान्दोलनं विदेशिवस्त्राणां बहिष्कारः विदेशीवस्त्राणां सार्वजनिकस्थलेषु दाहनम् इत्यादिकार्यक्रमाः प्राचलन् । अनेके वीराः बन्धिताः अभवन् । श्री जवहारलालनेहरुः श्रीमोतिलालनेहरुः १९२१ तमे वर्षे लखनौकारागृहे आस्ताम् । तत्रैव तन्तुनिर्माणं पठनम् एतयोः कार्याणि अभवन् । श्रि जवहारलालनेहरुः श्रीमोतिलालनेहरुः १९२१ तमे वर्षे लखनौकारागृहे आस्ताम् । तत्रैव तन्तुनिर्माणं पठनम् एतयोः कार्याणि अभवन् । १९२२ तमे आन्दोलनं स्थगितम् अभवत् । तदा जवाहरलालनेहरुः कारावासात् बहिः आगतवान् । श्री जवहारलालनेहरुः १९२३ तमे वर्षे अलहाबादनगरसभाध्यक्षः अभवत् । श्रीमती कमलानेहरुः अपि उत्तमकार्याणि कृतवती ।

अलहाबादमहिलाकाङ्ग्रेसनायिका भूत्वा अनेक कार्याणि कृतवती । १९२४ तमे वर्षे श्रीजवाहरलालनेहरुः अखिलभारतीयकाङ्ग्रेससंस्थायाः कार्यदर्शी इति नियुक्तः । सङ्घटनाचतुरः श्री जवाहरलालनेहरुः ब्रिटन-फ्रान्सइत्यादि देशेषु सञ्चरन् तत्रत्यानां देशभक्तानां मेलनं कृतवान् । पुनः भारतम् आगत्य युवजनान् अधिकतया कार्यकरणे आकृष्टवान् । १९२८ तमे वर्षे कोलकतानगरे काङ्ग्रेस-अधिवेशनमभवत् ।



<u>अविष्का</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीया वर्ष</u>

हरित क्रांति

स्थावरं जङ्गमं चैव पशुमन्त्रैः प्रणाम्यहम्। यद्रक्षणे प्रवृत्तोऽस्मि तद्धर्मं समुपाश्रितः॥

वन्यप्राणिसुखं लब्ध्वा तृष्णां ना<mark>श</mark>य मानव। वन्यानि च प्रसूयन्ति सर्वे यत्नेन संप्रयत्नतः॥

पर्वतानां शिखरेषु नीलोत्पलमलं तथा। नदीनां च समुद्रस्य <mark>सरितः</mark> शान्तिमानवाः॥

आदित्यं च जलं वायुर्भूमिः प्रददाति <mark>नू</mark>तनम्। यत्र नैव तत्र कुर्यात् स्नेहमद्य न वर्धते॥





इतिहास: <mark>स</mark>ाहस और सहनशीलता

साहसः एकः गुणः अस्ति यः अस्मान् कठिनपरिस्थितौ अपि अग्रे गन्तुं प्रेरयति। भयान् अतिक्रम्य लक्ष्यं प्राप्तुं साहाय्यं करोति । इतिहासे अनेकानि उदाहरणानि सन्ति येषु साहसस्य महत्त्वं दृश्यते

महाभारते अर्जुनः रणक्षेत्रे भयेन कम्पते । परन्तु, भगवान् श्रीकृष्णः तान् साहसं दत्त्वा स्वकर्तव्यं कर्तुं याचते। अर्जुनः साहसं सङ्ग्रह्य युद्धे भागं गृह्णति । शूरः शिवाजी मुगलविरुद्धं युद्धं कृत्वा मराठासाम्राज्यस्य स्थापनां कृतवान् । तस्य साहसं शौर्यं च अद्यत्वे अपि जनान् प्रेरयति ।

महात्मा गान्धी अहिंसा, नॉगरिक अवज्ञा च द्वारा भारतस्य स्वातन्त्र्यं प्रति नेतवान् । तस्य साहसः, दृढनिश्चयः च अद्य अपि जनानां कृते प्रेरणादायकः अस्ति ।

क्षान्ति

सहिष्णुता एकः गुणः अस्ति यः अस्मान् परेषां प्रति धैर्यं, अवगमनं च क<mark>र्तुं सा</mark>हाय्यं करोति । अन्येषां विचाराणां म<mark>तानाम्</mark> आदरं कर्तुं अपि अस्मान् साहाय्यं करोति । इतिहासे अनेक उदाहरण

सन्ति येषु सहिष्णुतायाः महत्त्वं दृ<mark>श्य</mark>ते ।

अकबरः महान् सम्राट् आसीत् यः सर्वेषां धर्मजातीनां जनानां समानरूपेण व्यवहारं करोति स्म । तस्य सहिष्णुतायाः कारणात् मुगलसाम्राज्यं – शक्तिशालिनं समृद्धं च साम्राज्यं जातम् ।

महात्मा गान्धी अपि सहिष्णुतायाः महत्त्वं अवगच्छति स्म । सः सर्वधर्मजातीयजनानाम् एकीकरणाय कार्यं कृतवान् । अद्यत्वे अपि साहसं सहिष्णुता च द्वौ अपि महत्त्वपूर्णौ गुणौ स्तः । अस्माभिः साहसं संग्रहीतुं, कठिनपरिस्थितौ अपि अन्येषां प्रति सहिष्णुता च आवश्यकी अस्ति। एतेषां गुणानाम् — माध्यमेन वयं उत्तमसमाजस्य निर्माणं कर्तुं शक्नुमः ।

निगमन

साहसं सहिष्णुता च द्वौ गुणौ स्तः ये जीवने सफलतां प्राप्तुं साहाय्यं कुर्वन्ति । एतेषां गुणानाम् विकासाय अस्माभिः प्रयत्नः करणीयः ।



स्वातन्त्र्यनायकाः, जीवनी, स्वातन्त्र्यसेनानी, बलिदान

स्वातन्त्र्यसङ्घर्षस्य इतिहासे नामधारा अस्ति, या लहरति, स्वातन्त्र्यस्य पर्वतस्य पादः। प्रत्येकं वीर: योद्धा प्रत्येकस्य धरोहरस्य भागः भवति, यस्य कथाः स्वातन्त्र्यस्य उदाहरणम् अस्ति । तस्याः जीवनवृत्ते शौर्यस्य कथा अस्ति, या जीवितुं स्वप्राणान् त्यागयति । प्रत्येकं पदे, तेषां मार्गे, कष्टानां आश्रयेण धैर्यपूर्वकं स्थितः देशभक्तिमार्गः अस्ति। सः शौर्यस्य प्रतीकः अस्ति यः संघर्षे जीवति, स्वदेशस्य स्वतन्त्रतां च मानवतायाः उदाहरणं करोति। स्वातन्त्र्यसेनानी इति नाम्ना स्वार्थं न कृत्वा स्वदेशाय तस्य समर्पणं अतुलनीयम् । तेषां शौर्यकथाः अस्मान् स्मारयन्ति यत् स्वातन्त्र्यार्थं प्रत्येकं कष्टं सम्मुखीभवितुं शक्यते। तेषां शौर्यकथाः अस्मान् स्मारयन्ति यत् स्वातन्त्र्यार्थं प्रत्येकं कष्टं सम्मुखीभवितुं शक्यते। तेषां शौर्यकथाः अस्मान् स्मारयन्ति यत् स्वातन्त्र्यार्थं प्रत्येकं कष्टं सम्मुखीभवितुं शक्यते। तेषां त्यागः अस्माकं बहुमूल्यं धरोहरस्य निधिः अस्ति, यत् अस्मान् अत्र स्वतन्त्रतायाः वायुम् अनुभवति । ये स्वप्राणत्यागं कुर्वन्ति, येषां समर्पणं अस्माकं देशस्य समृद्धेः कुञ्जी अस्ति, तेभ्यः नमस्कारः। तेषां नामानि इतिहासस्य पृष्ठेषु लिखितानि सन्ति, येषु स्वातन्त्र्यादिवसस्य सुवर्णरूपेण समाविष्टानि सन्ति । स्वातन्त्र्यनायक्त स्वातन्त्र्यसेनानिनः, जीवनी, तेषां त्यागाः अस्मान् श्रद्धांजलिम् अर्पयन्ति। स्वातन्त्र्यमय प्रान्वलपर्वणि येषां समर्पणेन स्वतन्त्रतायाः मार्गः दर्शितः तेषां नमस्कारं कुर्मः। त्ययं स्वर्वृता स्वात्त्र्य नायकानां जीवनस्य महिनाम् सम्मानयामः, ये अस्मान् यधर्थस्यतन्त्रतायाः

साक्षात्कारं कुर्वन्ति।

<u>वंशिका शर्मा</u> <u>बी.ए.संस्कृत विशेष</u> <u>प्रथम वर्ष</u>

अनेकता में एकता

विविधतायां एकता संस्कृतम् यदा नानात्वे एकता भवति, यदा भाषायां भावात्मकता भवति तदा सा एव वास्तविकगणराज्यम्, यदा धर्मशास्त्रेषु सामंजस्यं भवति।

धनक्रीडा च न भवति तदा तत् एव वास्तविकगणराज्यम् । बाल्यकलः यदा मुक्तः भवति, यदा शत्रुः अपराजितः भवति तदा तत् एव वास्तविकं गणराज्यम्।

> <u>नाम- दीक्षा</u> <u>बी.ए. संस्कृत विशेष</u> <u>प्रथम वर्ष</u>



लोककथाः

लोककथा यदा सूर्यकिरणाः आकाशं आलिंगयन्ति, प्रकृतिः च स्वस्य सौन्दर्येन स्मितं करोति तदा लोककथानां स्मृतयः अस्मान् प्रेरयन्ति। एताः कथाः अस्मान् विविधतां प्रति ध्यानं दातुं प्रेरयन्ति, तत्सहकालं च अस्माकं मनः साहसेन, स्वतःस्फूर्ततया च पूरयन्ति।

स्वसमयस्य विचारधारा-संस्कृतेः, परम्पराणां च प्रतिबिम्बाः लोककथाः अस्मान् अस्माकं समाजः येषु मूल्येषु आधारितः इति अवगन्तुं <mark>साहा</mark>य्यं कुर्वन्ति ।

एताः कथा<mark>ः अस्मान् नैतिकशिक्षाम</mark>पि प्रयच्छन्ति।

तेषां माध्यमेन अस्मान् शुभाशुभयोः भेदः व्याख<mark>्यातः</mark>, सम्यक् कर्मणां पाठाः च प्रदत्ताः भव<mark>न्ति</mark> ।

लोककथाः अस्माकं संख्यायाः गहनबोधं जीवनस्य सत्यं च प्रतिबिम्बयन्ति । ते अस्मान् स्वजीवनपर्यन्तं धारयन्ति, दर्शयन्ति च यत् वयं कथं अस्माकं अनुभवेभ्यः शिक्षितुं वर्धयितुं च शक्नुमः।

एवं च लोककथाः अस्माकं समाजस्य महत्त्वपूर्णः भागः अस्ति यत् न केवलं मनोरञ्जनं प्रदाति अपितु शिक्षां, साहसं,...

साहित्येन सह अस्माकं जीवनीयाः प्रचारं कुर्वन्तु।



<u>वंशीका शर्मा</u> <u>बी. ए .संस्कृत विशेष</u> <u>प्रथम वर्ष</u>

निबन्ध: - एकता

एकत्वे बलं विद्यते न संशयः । एकतायां स्थित्वा यत् कार्यं सुलभतया कर्तुं शक्यते, तत् केवलं कर्तुं न शक्यते। यः कश्चित् देशः समाजः वा एकतायां जीवति, यस्य अन्तः एकता अस्ति, तस्य शत्रवः अपि तस्य हानिं कर्तुं न शक्नुवन्ति । कोऽपि बाह्यः शत्रुः तदा एव लाभं लभते यदा जनानां मध्ये एकता नास्ति । अस्माकं देशस्य प्राचीनः इतिहासः अपि तथैव अभवत्, यदा यदा अस्माकं देशस्य राजानः रियासतेषु एकतायाः अभावं दृष्टवन्तः तदा तदा विदेशीयशक्तयः तस्य लाभं गृहीत्वा भारतं आक्रम्य भारते स्वस्य वर्चस्वं स्थापितवन्तः

तथा च कुले यदा सर्वे जनाः एकत्र निवसन्ति तदा तस्य कुटुम्बस्य क्षतिं कोऽपि न कर्तुं शक्नोति, परन्तु यदि कुटुम्बजनाः परस्परं युद्धं कुर्वन्ति तर्हि बहिः जनाः तस्य अनुचितं लाभं गृह्णन्ति ।

एकस्य कृषकस्य तस्य चतुर्णां पुत्राणां च कथा अस्मिन् विषये उत्तमं उदाहरणम् अस्ति। कृषकस्य चत्वारः पुत्राः परस्परं युद्धं कुर्वन्ति स्म, ततः सः चतुर्णां पुत्राणां कृते आहूय काष्ठपुटं दत्त्वा भङ्गं कर्तुं प्रार्थितवान्। अतः कश्चन कृषकबालकः तत् काष्ठपुञ्ज भग्नुं न शक्तवान् । परन्तु यदा कृषकः एकैकं यष्टिं बहिः निष्कास्य बालकेभ्यः दत्तवान् तदा ते काष्ठं सहजतया भग्नवन्तः।

तदा कृषकः अवदत्, पश्य, काष्ठं बद्धम् आसीत्, तेषां हानिं कोऽपि कर्तुं न शक्नोति स्म, परन्तु काष्ठं एकान्तं जातम् तदा सर्वे तत् भग्नवन्तः। तथैव यदि यूयं जनाः एकत्र तिष्ठन्ति तर्हि भवदभ्यः कोऽपि किमपि कर्तं न शक्नोति. यदि भवन्तः एकत्र न तिष्ठन्ति तर्हि सर्वे भवतः हानिं करिष्यन्ति।

अत एव एकतायां बलं भवति।

<u>शिवानी मौर्य</u> <u>बी.ए.संस्कृत विशेष</u> <u>प्रथम वर्ष</u>



त्यौहार और उत्सव

प्रसिद्धं श्रवण्ति जनाः। गायनं नृत्यं च भवति, हर्षं समृद्धिं च यन्ति॥

ग्रामस्थाने सज्जं सुन्दरं, उत्सवात्मकं विभवम्। रमन्ते सर्वे सख्ये च, मैत्रीभावेन सज्जितम्॥

त्यौहारकाले नवरंगाणि, नवशौर्याणि च प्राप्नुवन्ति। आनन्दसञ्चारः समागमे, मनोरमो भवति सर्वदा॥

त्यौहार और उत्सव की लोक कथा, प्रेमकथायां वर्णिता। उत्साहं च प्रददाति यत्, नवस्पृहाणां प्रकाशयति॥

> <u>सोनम झा</u> <u>बी ए संस्कृत विशेष</u> <u>प्रथम वर्ष</u>


महात्मा गांधी :

कोऽस्ति अस्मिन् भूतले यो भारतस्वातंत्र्यसंस्थापकस्य महात्मा गांधी महोदयस्य नाम न जानाति? महात्मा गाँधीनः सम्पूर्णं नाम 'मोहनदास करमचंद गांधी' गाँधी' इत्यासीत्। अयं पोरबन्दरनगरे अक्टूबर मासस्य द्वितीयतारिकायां 1866 तमे वर्षे जन्मालभत। अस्य माता 'पुतलीबाई' एका धर्मपरायणा महिला आसीत् पिता चास्य राजकोटनगरस्य प्रख्यातोऽधिवक्तासीत्। अस्य पत्न्याः नाम 'कस्तूरबा आसीत् किन्तु सा 'बा' इत्यमिधानेन विख्याता जाता। सा अतीव स्नेहशीला पतिपरायणा चासीत्। राजनीत्यामपि सा गान्धिमहोदयेन सह कार्यम करोत्।

राजकोटात् मैट्रिकपरिक्षामुत्तीर्य वाक्कीलशिक्षार्थं गाँधीमहोदयः इंग्लैंड नामक देशमगच्छत्। किञ्चितकालानंतरम् विधिपरीक्षामुत्तीर्य सः स्वदेशं प्रत्यागच्छत्। मुम्बई नगर्दा वाक्कोलरूपेण काचितकालं कार्यमपि अकरोत्। अनन्तरं सः दक्षिणाफ्रिकादेशमगच्छत्। तत्र भारतीयानां दुर्दशां दृष्ट्वा अस्य मनः अतीवोदिन। जातम्। तेषामुद्धाराय सत्याग्रहमकरोत्। स्वदेशमागत्य अयं स्वाधीनताये दृठनिश्चयमकरोत। 1942 तमे वर्षे अनेन भारतं त्यजतु' इत्यांदोलन कृतमतः स; कारागारे निपातितः। अस्यैव प्रयत्नैः आन्दोलनैः, सत्याग्रहश्च 1947 तमे वर्षे अगस्तमासस्य पंचदशतारिकायामस्माकं देशः स्वतंत्रः जातः।

अयं महापुरुषः न केवल स्वतन्त्रतायाः योद्धाः आसीदपित सर्वोत्कृष्टऋ समाजसुधारकः अहिंसोपासकः श्रेष्ठविचारकः अपि आसीत्। अयम् स्वदेशीवस्तूनां प्रचाराय प्राणपणेन प्रायतत्। अनेनैव हिन्दूमुस्लिमयोरेक्यं सम्पादितम्। यद्यपि अयं महापुरुषः राष्ट्रपिता' इत्युच्यते तथापि लोके 'बापू' इति नाम्ना अतीव प्रसिद्ध आसीत्।

1948 तमे वर्षे जनवरी मासस्य त्रिशत्तमे दिनांके यदा 'विरलाभवने' प्रार्थनासभामगच्छत् तदा नाथूराम गोडसे नाम्ना नरेण अस्य हत्या कृता। अस्य निधनस्य समाचारं श्रुत्वा सकलं जगत् शोकाकुलं जातम्। एतादृशः महापुरुषः सदैव सर्वेषां वन्द्यः। श्री गाँधी महोदस्य चरणचिह्नानि जगद् बहुकालपर्यन्तमनुसरिष्यत

> <u>नंदिनी</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीया वर्ष</u>

हरित भारतः

हरितभारतं अस्माकं प्राथमिकता अस्ति, अस्माकं विशेषभावना <mark>प्रकृति</mark>संरक्षणे अस्ति।

वृक्षाः वनस्पतयः च अस्माकं मित्राणि, तेषां रक्षणं अस्माकं सर्वोत्तमम्। जल-वायु-पृथिवी-रक्षणम् अस्माकं आदर्शः, अस्माकं संकल्पः, अस्माकं धर्मः अस्ति। वृक्षारोपणेन प्रकृतेः संरक्षणं भविष्यति, हरितभारतस्य निर्माणं च भविष्यति। अस्माभिः सर्वैः हरितभारतस्य प्रति अस्माकं योगदानं वर्धयितव्यम्, अस्माकं सहभागिता वर्धनीया। जलस्य संरक्षणं कुरुत, जलं जीवनस्य स्रोतः अस्ति, अस्माभिः सर्वैः प्रदूषणं निवारयितव्यम्, स्वच्छता अस्माकं प्राथमिकता अस्ति। वन्यजीवानां रक्षणे योगदानं भवितव्यं, मानवजीवनं पूर्णं भवेत्, हरितभारतस्य स्वप्रः साकारः भवेत्। प्रकृत्या सह सङ्गतिं जीवामः, एषः एव अस्माकं सन्तुलितविकासस्य मार्गः। हरित भारत, स्वच्छ भारत, एषः अस्माकं सर्वेषां स्वप्नः, एषः अस्माकं सर्वेषां आदर्शः। वयाघ्रः, गजः, गोः, मण्डूकः च, प्रत्येकस्य प्राणिनः महत्त्वं वर्तते, हरितभूमिः आदरं धारयति। हरितभारतस्य प्राः प्रत्येकहृदये वर्तते, प्रकृतेः सहचरः, एषः एव अस्माकं सर्वेषां संकल्पः। वयं मनित्रा कन्तं मिलित्वा हरितभारतं प्रति गच्छामः, सर्वे मिलित्वा अग्रे गच्छामः। हरितभारत-यन्गक् प्राथमिकता अस्ति, अस्माकं विशेषभावना प्रकृतिसंरक्षणे अस्ति।

> <u>वंशीका शर्मा</u> <u>बी. ए .संस्कृत विशेष</u> <u>प्रथम वर्ष</u>

आज़ादी की नाईका: रानी लक्ष्मीबाई

रानी लक्ष्मी बाई पर संस्कृत निबंध: झांसीराणीलक्ष्मीवर्यायाः जन्म १८३५तमे संवत्सरे नवेम्बरमासस्य १९ तमे दिनाङ्के अभवत्। सा १८५८ तमे वर्षे जूनमासस्य १७ दिनाङ्के दिवङ्गता। लक्ष्मीबायी वारणास्याम् अजायत। सा 'झान्सी की राणी' इति नाम्ना ख्यातम् अगात। भारतस्य प्रथमे स्वातन्त्र्यसङ्ग्रामे तस्याः प्रमुखं योगदानम् आसीत्। सा आङ्लविरोधनीतेः प्रतीका आसीत्। लक्ष्मीबायी उत्तरभारतस्थितस्य झान्सीराज्यस्य राज्ञी आसीत्। सा आङ्लेयान् विरुद्ध्य भारतस्य स्वातन्त्र्यसङ्ग्रामम् आरब्धवती।

महाराज्ञी लक्ष्मीः इत्यस्याः वीरांगनायाः जन्म महाराष्ट्रे राज्ये कृष्णानद्यास्तटे एकस्मिन् ग्रामे पञ्चत्रिंशदधिके अष्टादशशततमे वर्षे (१८३५) समभूत्। शैशवे अस्याः नाम् 'मनुबाई' इति अभूत्। अस्याः जनकः मोरोपन्तः तदानीं पेशवा बाजीरावस्य सेवायामसीत्। अस्याः जननी 'भागीरथी बाई' साध्वी ईशभक्ता च नारी आसीत् । उभावपि तां प्रियां सुतां मनुदेवीं स्नेहेन अपालयताम् । यदा सा चतुर्वर्षीया आसीत् तदा तस्याः माता दिवङ्गता। अतः पुत्र्याः पालन- पोषणादिभारः सर्वोऽपि पितरि मोरोपन्ते एव पतितः। तदा बाजीरावः कानपुर नगरस्य समीपस्थे बिठूरनामके स्थाने न्यवसत्, मनुदेव्याः शिक्षणं तत्र अभवत्। तत्र सा अचिरं शास्त्रविद्यां च अलभत। सा तत्र नैपुण्यम् अवाप्नोत्। अश्वारोहणेऽपि मनुवाई अतीव कुशलिनी अभवत्। ईशवीये १८४२वर्षे झान्सीराजेन गङ्गाधररावेण सह मणिकर्णिकायाः विवाहोऽभवत् । विवाहोत्तरं ब्राह्मणकुलोत्मना निर्धनपरिवारस्य पुत्री मणिकर्णिका झांसीप्रदेशस्य राज्ञी अभवत् । अनन्तरं झांसीजनपदस्य नरेशः गंगाधरः मनुदेव्याः पाणिग्रहणम् अकरोत्। ततः परं मनुबाई,i 'रानी लक्ष्मीबाई' इति नाम्ना प्रसिद्धा अभवत्। उद्वाहाद् अनन्तरम् अपि सा अश्वारोहणं शस्त्राभ्यासञ्च नात्यजत्। एतस्मिन्नेव काले आंग्लजनाः भारते स्व प्रभुत्वस्थापनाय यत्नशीलाः अभवन्। कूटनीतिप्रयोगेण दिने दिने तेषां प्रभुत्वम् अवर्धत। तदैव दैवयोगात् गंगाधरस्य एकलः पुत्रः स्वर्ग गतः। पुत्रवियोगसंतप्तो गंगाधरः दामोदरनामकं शिशुमेकं दत्तकपुत्ररूपेण स्वीचकार। किञ्चित् कालानन्तरं गंगाधरोऽपि स्वयमेव् पञ्चत्वं गतः।

अथ पतिपुत्रवियोगेन नितरां संतप्ताऽपि राज्ञी सधैर्यं राज्यस्य शासनसूत्रम् अधारयत्। अस्याः शासनकाले प्रजाः सर्वथा सुखम् अभजन्, किन्तु एतत् वैदेशिकानुतं कते असहनीयम् जातम्। ते अस्याः राज्यम् उत्तराधिकारिहीनम् उद्घोष्य हस्तगतम् अकुर्वन्, राज्ञ्यै लक्ष्म्यै च स्वल्पां मासिकवृत्तिं प्राप्त्र आंग्लजनाः न केवलं राज्ञ्यां ;लक्ष्म्याम् अपि तु अन्येष्वपि जनेषु अत्याचारान् अकुर्वन्। अतः अप्राप्त्र क्रिय्ये च स्वल्पां मासिकवृत्तिं प्राप्त्र आंग्लजनाः न केवलं राज्ञ्यां ;लक्ष्म्याम् अपि तु अन्येष्वपि जनेषु अत्याचारान् अकुर्वन्। अतः

> <u>सोनम झा</u> <u>बी ए संस्कृत विशेष</u> <u>प्रथम वर्ष</u>

हरित भारतः पर्यावरण संरक्षण, प्रकृति के साथ सामंजस्य

वयं वायुजलमृदाभिः आवृत्ते वातावरणे निवसामः। एतदेव वातावरणं पर्यावरण कथ्यते। पर्यावरणेनैव वयं जीवनोपयोगिवस्तुनि प्राप्नुमः। जलं वायुः च जीवने महत्वपूर्णो स्तः। साम्प्रतं शुद्ध - पेय - जलस्य समस्या वर्तते। अधुना वायुरपि शुद्धं नास्ति। एवमेव प्रदूषित-पर्यावरणेन विविधाः रोगाः जायन्ते। पर्यावरणस्य रक्षायाः अति आवश्यकता वर्तते। प्रदूषणस्य अनेकानि कारणानि सन्ति। औद्यौगिकापशिष्ट - पदार्थ - उच्च - ध्वनि - यानधूम्रादयः प्रमुखानि कारणानि सन्ति। पर्यावरणरक्षायै वृक्षाः रोपणीयाः। वयं नदीषु तडागेषु च दूषितं जलं न पतेम्। तैल रहित वाहनानां प्रयोगः करणीयः। जनाः तरुणां रोपणम् अभिरक्षणं च कुर्युः।अस्मान् परितः यानि पञ्चमहाभूतानि सन्ति तेषां समवायः एव परिसरः अथवा पर्यावरणम् इति पदेन व्यवह्रीयते । इत्युक्ते मनुष्यो यत्र निवसति, यत् खादति, यत् वस्त्रं धारयति, यज्जलं पिबति यस्य पवनस्य सेवनं करोति,तत्सर्वं पर्यावरणम् इति शब्देनाभिधियते। अधुना पर्यावरणस्य समस्या न केवलं भारतस्य अपितु समस्तविश्वस्य समस्या वर्तते। यज्जलं यश्च वायुः अद्य उपलभ्यते, तत्सर्वं मलिनं दूषितं च दृश्यते अथवा भारतस्य राजधानी अस्ति। पर्यावरणम् प्रियतु। भारतस्य राज्येषु अन्यतमम् अस्ति । पर्यावरणम् भारतदेशस्य राजधानी विश्वस्य अतिविशालासु नगरीषु अन्यतमा इति गण्यते । पर्यावरणम् एषा भारतस्य तृतीया बृहती नगरी वर्तते । इत्यपि विश्रुता इयं नगरी पाचीनकाले हस्तिनापुरमिति ख्याता आसीत् । इन्द्रसभायामपि सभाजितानां भरतकुलोत्पन्नानां महीपालानां राजधानी अद्यतनीया एव । पर्यावरणम् मुगलवंशीयानां चक्रवार्तिनां तथा आङ्गलानामपि अधिकारिणां केन्द्रभूमिर्भूत्वा अधुनापि भारतीयगणराज्यस्य राजधनीपदमलङ्करोति ।



<u>कीर्ति</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीया वर्ष</u>

सा<mark>म</mark>ाजिक माध्यमानि

फेस्बुक् इति नाम्ना काचित् सामाजिकजालकर्मसेवा विद्यते। एतस्य विमोचनं २००४ तमस्य वर्षस्य फरवरीमासे अभवत्। एतस्य स्वामित्वं सञ्चालनं च फेस्बुक्, इति निगमितेन क्रियते।, फेस्बुक् इत्यस्मिन् एकार्बुदाधिकाः सदस्याः सन्ति। तेषां च अर्द्धाधिकाः फेस्बुक् इत्यस्य प्रयोगं जङ्गमोपकरणे कुर्वन्ति। जालस्थलस्य प्रयोगात् पूर्वे प्रयोक्त्रा पञ्जीकरणं करणीयं भवति। ततः पश्चात् ते स्वकीयं वैयक्तिकं वृत्तं निर्मातुं शक्नुवन्ति। अन्यान् च सदस्यान् मित्रत्वेन योजयितुं शक्नुवन्ति, परस्परं च सन्देशानां विनिमयं कर्त्तुं शक्नुवन्ति। तेषु च सन्देशेषु स्वचालिताः सूचनाः अपि भवन्ति । अपरञ्च, सदस्याः सामान्याभिरुचिकान् समूहान् अपि प्रवेशितुं शक्नुवन्ति, तेषां च व्यवस्थापनं कार्यस्थलं, विद्यालयं, महाविद्यालयं अन्यं गुणं वाऽऽधृत्य भवति। अपि च सदस्याः स्वमित्राणि कार्यस्थलाज्जनाः अथवा घनिष्ठमित्राणि इति वर्गेषु अपि व्यवस्थापयितुं शक्नुवन्ति। अद्य दिने फेस्बुक इति माध्यमेन व्यापारमपि कर्तुं शक्नुवन्ति ।

> <u>शीतल मुंडे</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीया वर्ष</u>

स्वामी विवेकानन्दः

सन्ति बहवी भारतस्य वरपुत्राः येषु अविस्मरणीयः स्वामी विवेकानन्दः। सः विश्वधर्मसम्मेलने भारतीय-संस्कृतेः उपादेयतां श्रेष्ठतां च प्रादर्शयत्। बङ्गप्रान्तस्य कोलकातानगरे त्रिषष्ट्यधिकशततमे(१८६३) वर्षे जनवरी मासस्य द्वादशे दिने एतस्य जन्म अभवत्। तस्य पिता श्री विश्वनाथदत्तमहोदयः। पूर्वं तस्य नाम नरेन्द्रनाथदत्तः इति आसीत्। एषः उत्साही, हास्यप्रियः, करुणापरः च आसीत्। नरेन्द्रः बाल्ये कपीन्, मयूरान्, कपोतान् च पालयति स्म। एषः पितुः हयान् अपि रक्षति स्म। अध्ययनपटुरयं नरेन्द्रः शास्त्रीयसङ्गीतस्य अभ्यासं करोति स्म। प्रतिदिनं व्यायामं करोति स्म। ध्यानसिद्धः अयं भ्रूमध्ये ज्योतिरेकं पश्यति स्म।

ईश्वर-जिज्ञासुः अयं सर्वान् पृच्छति स्म यत् किं भवान् ईश्वरं दृष्टवान्? इति। ईश्वरं ज्ञातुं पाश्चात्यदर्शनस्य भारतीयदर्शनस्य च गभीरम् अध्ययनं कुर्वन् अयं नरेन्द्रः विश्वविद्यालयस्य स्नातकपदवीम् अधिगतवान्। अस्मिन्नेव समये दैवयोगात् दक्षिणेश्वरस्थे कालीमन्दिरे परमहंसस्य रामकृष्णदेवस्य दर्शनं तेन प्राप्तम्। रामकृष्णमुद्दिश्य नरेन्द्रः पृष्टवान् 'किं भवान् ईश्वरं दृष्टवान् <mark>?'इति</mark>। 'आम्। त्वामिव ईश्वरमपि पश्यामि' इति श्रीरामकृष्णदेवः स्मयमानः अवदत्। एष एव महापुरुषः नरेन्द्रस्य अध्यात्म-गुरुः अभवत्।

सन्यासदीक्षानन्तरं नरेन्द्रस्य नाम विवेकानन्दः इति अभवत्। अयं च नरेन्द्रः भारतभ्रमणं योगसाधनां च कृत्वा त्रिनवत्यधिकाष्टादश<mark>त</mark>(१८९३)तमे वर्षे अमेरिकादेशस्य शिकागोनगरे विश्वधर्मसभायां भारतस्य गौरवं प्रतिष्ठापितवान् । तत्र सभास्थले विविध धर्मग्रन्थाः एकस्य उपरि एकः इति क्रमेण स्थापिताः आसन् । संयोगवशात् श्रीमद्भगवद्गीता सर्वेषां पुस्तकानाम् अधः आसीत् । एकः अमेरिकावासी उपहासपूर्वकम् अवदत् – 'स्वामिन्।

भवतां गीता सर्वेषां धर्मग्रन्थानाम् अधः वर्तते' इति । प्रत्युत्पन्नमतिः स्वामी विवेकानन्दः हसन्नेव प्रत्यवदत् – 'आम् । सत्यम्। आधारशिला तु अधः एव भवति। सा यदि बहिः स्वीक्रियेत तर्हि समग्रम् अधः पतिष्यति' इति। महत्वपूर्ण का पुत्रविदेशेषु वेदान्तधर्मस्य अद्यारं कृत्वा भारतं प्रत्यागतः सः देशोद्धाराय युवकान् प्रेरितवान्। जनसेवा, स्वास्थ्यरक्षा, स्त्रीशिक्षा, आधुनिकप्रौद्योगिकी प्रभृतिषु क्षेत्रेषु असाधारणं कार्यं कर्तुं 'रामकृष्णमिशन्' इति संस्थां संस्थाप्य जनेषु शक्तिजागरणं कृतवान्।

> <u>शारदा</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीया वर्ष</u>

भगत सिंह:

भगतसिंहः स्वतन्त्रभारताय स्वप्राणाहूतिं दत्त्वा अमरः अभवत्। कश्चन सायन्तनः कालः। त्रिवर्षियः कश्चन बालकः स्वपित्रा सह विहारं कुर्वन् आसीत्। ताभ्यां सह कश्चन वृद्धः अपि आसीत्। सम्भाषणं कुर्वन्तः ते ग्रामसीमां प्राप्तवन्तः। तत्र सस्यानां हरितवर्णेन परिसरः आह्लादकरः दृश्यते स्म। भाषणं कुर्वन्तः ते एकस्य सस्यक्षेत्रस्य घट्ट प्राप्तवन्तः। तत्र सस्यानां हरितवर्णेन परिसरः आह्लादकरः दृश्यते स्म। भाषणं कुर्वन्तः ते एकस्य सस्यक्षेत्रस्य घट्ट प्राप्तवन्तः। वालकस्य आगमनशब्दः न श्रूयते इति पिता परिवृत्य दृष्टवान्। बालकः क्षेत्रे उपविश्य किमपि खनति स्म। " किं करोति वत्स ? " इति पिता पृष्टवान्। " पश्य तात ! अस्मिन् क्षेत्रे अहं सर्वविधसस्यानि सफलानि करोमि। " इति बालकः उक्तवान्। तस्य बालस्य नयनद्वयं द्योतते स्म। क्षेत्रे अवश्यं फलं प्राप्नोमि इति विश्वासः तस्य वचनेषु ध्वन्यते स्म। तस्य स्वरेण तौ ज्येष्ठौ आश्चर्यान्वितौ अभवताम्। सः बालकः एव भगतसिंहः। अनन्तरकाले मातृभूमि स्वतन्त्रं कर्तुं वीरोचितं युद्धं कृतवान् अयं समरसिंहः। पञ्जाबप्रान्तेलाहोरजनपदे बङ्गा इति ग्रामः। सरदारकिषनसिंह इत्येतस्य वीरपुरुषस्य वंशजाः तत्र निवसन्ति स्म। तस्मिन् वंशे अनेके वीराः आङ्ग्लेभ्यः भारतस्य विमोचनं कारयितुं युद्धं कृतवन्तः। बालके भगतसिंहे सर्वे स्मिह्यन्ति स्म। अग्रे कदाचित् एषः बालकः प्रसिद्धो भविष्यतीति सर्वे परस्परं कथयन्ति स्म। तस्य मातुः विद्यावत्याः जीवनम् आरम्भतः अपि कष्टेरेव यातम्। क्रान्तिकारी तस्याः पतिः सर्वदा अज्ञाततया पर्यटन् गृहतः दूरे एव भवति स्म। भगतसिंहस्य कनिष्ठपितृव्यौ आस्ताम्। तयोः स्वरणसिंहम् आङ्ग्लेयाः द्वितीयपर्यार्यार्थं कारगारं प्रेषितवन्तः। कारागारजीवनं दुर्भरम् आसीत्। अतः स्वरणसिंहः रोगग्रस्तः अभवत्। कारागारतः विमोचनानन्तरमपि तस्य स्वास्थ्यं सम्यक नाऽभवत्। कतिपयदिनेषु सः

दिवङ्गत।



<u>शीतल मुंडे</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीया वर्ष</u>

स्वतंत्रता सेनानी- सरदार वल्लभभाई पटेल

सरदार वल्लभभाई पटेल भारतस्य एकतायाः सू<mark>त्रधार</mark>ः। लोहपुरुष इति समग्रे विश्वे प्रसिद्ध<mark>ः स</mark>ः। सरदार वल्लभभाई पटेल महोदस्य जन्म गुजरातराज्यस्य नडियाद-नगरे अभूत्। तस्य दृढस्वभावेन, निर्णयशक्त्या च अद्यापि सः जनमानसे चकास्ति।किंवदन्त्यनुसारं लोहपुरुषस्य पूर्वजाः पञ्जाबराज्यस्य गुजरनामकक्षत्रियवंशीयाः आसन्। सरदार वल्लभस्य जन्म नडियाद-नगरे स्थिते मातूलगृहे अभूत। सरदार वल्लभस्य जन्मतिथिविषये निश्चितता तु नास्ति। परन्तु शाला-तः १८७५ तमस्य वर्षस्य 'अक्तूबरु'-मासस्य एकत्रिंशत् (३१) दिनाङ्कस्य लोहपुरुषस्य जन्मदिनाङ्कत्वेन निर्दिष्टत्वात् वयं ३१/१० दिनाङ्कमेव लोहपुरुषजयन्तीरूपेण आचरामः। लोहपुरुषस्य पिता झवेरभाई कृष<mark>क: आ</mark>सीत्, अतः तस्य सर्वे पुत्राः कृषिं कुर्वन्ति स्म। बालवल्लभोऽपि पित्रा सह कृषिं करोति स्म। तत एव बालवल्लभस्य शिक्षणस्य प्रारम्भोऽभूत्।पिता बालवल्लभं स्वविप्लवसम्बद्धां कथां <mark>पौ</mark>नःपुन्येन श्रावयति स्म। पितुः कथायां विप्लवविफलतायाः कारणीभूतः भारतीयजनेषु व्याप्तः एकतायाः अभावः लोहपुरुषस्य चिन्तां वर्धयति स्म। तया चिन्तया भारतस्वतन्त्रतायै भारतैकताऽऽवश्यकीति तस्य मनसि दृढभावः उद्भुतः। गुहे माता लाडबाई बालवल्लभाय निर्भयता-साहस-पुरुषार्थादीनां परोक्षरीत्या ज्ञानं यच्छति स्म। लोहपुरुषः कथयति स्म <mark>यत्,</mark> "मम पितरौ मां कृषिक्षेत्रम् अनयेताम्। तत्र ताभ्यां पठनाय आदिष्टो भवामि स्माहम्" इति। धर्मशिक्षणमपि बालवल्लभेन परम्परया प्राप्तमासीत्। तस्य गृहजनाः धार्मिककर्मकाण्डादीनां पालनं दृढतया कुर्वन्ति स्म। पितरौ भगवतः स्वामिनारायणस्य भक्तौ आस्ताम्। प्रतिपूर्णिमायां तौ वडताल-ग्रामे स्थितं स्वामिनारायणमन्दिरं बालवल्लभं नयतः स्म। पितृभ्यां सह बालवल्लभः अपि एकादश्याः उपवासम् आचरति स्म।करमसद-ग्रामे स्थिते प्राथमिकविद्यालये सप्तमे वयसि बालवल्लभस्य शालाप्रवेशोऽभूत् । शालायाः शिक्षकः महान् अलसः आसीत् । तं प्रश्नं प्रष्टुं यदा कोऽपि गच्छति स्म, तदा सः शिक्षकः "માંય-માંય ભણો…(मांय-मांय भणो)" अर्थात् स्वयमेव पठन्तु इति वदन् विद्यार्थिनः प्रतिप्रेषयति स्म। शिक्षकस्य दुर्गुणः बालवल्लभस्य सद्गुणस्य जनकोऽभूत् । पठनानुरागिणि, दृढसङ्कल्पिनि च बालवल्लभे स्वाध्ययनस्य अभ्यासः जातः। स्वाध्ययनस्याभ्यास एव आजीवनं लोहपुरषस्य मार्गदर्शनम् अकरोत्। प्राथमिकशालायाः प्राचार्यस्य ईप्साऽऽसीत्, बालवल्लभः शिक्षको भवेदिति । परन्तु बालवल्लभस्य मनसि तु निश्चयः आसीत् यत्, "मया तु अधिकाधिकं धनार्जनं करणीयम्" इति। अतः स्वस्य आङ्ग्लपठनस्य ईप्सां सः पितरौ अकथयत्। बालवल्लभस्य ज्येष्ठभ्राता विठ्ठलभाई नडियाद-नगरे मातुलस्य गृहे स्थित्वा आङ्ग्लशालायां पठन् आसीत्।भारतस्य महान् देशभक्तः, स्थर्तन्वतासेनानी, अखण्डभारतस्य सूत्रधारः लोहपुरुषः अमरः अभवत्। लोहपुरुषस्य अन्तिमसंस्कारः मुम्बई-महानगरस्य सोनपुरे अभवत्। स्य अन्तिमयात्रायां लक्षशः जनाः सम्मिलाताः। नेहरू, राज गोपालाचारी, डॉ. राजेन्द्र प्रसाद इत्यादयः राष्ट्रियनेतारः अपि तत्र उपस्थिताः

आसन्।

<u>प्रियंका</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीय वर्ष</u>

लोकगीत - राष्ट्ररक्षणम्

रक्षणं-रक्षणं राष्ट्ररक्षणम्। रक्षणं-रक्षणं देशरक्षणम्॥ रक्षणम् ...ऽऽऽऽ राष्ट्ररक्षणम्-2 गणतन्त्रमस्माकमेतद् भारतं प्रचक्षते, देवतात्मास्वरूपं महद् रूपे दृश्यते। युक्त आर्यमर्यादया देशेषु य: पूज्यते, नौमि भारतभू धरां वसुन्धरा विराजते। (१) वन्दनीय: पूजनीयो जगत्यस्मिन् सर्वदा, अस्ति-अस्य भूमिर्वसुप्रदायिनी सदा। सभ्यताया: सूर्योदय: नासीत् संसारे ,यदा, विश्वगुरुगौरवेण यो ज्ञायते तदा॥ (२) यत्र हरिणा कृष्णेन गीताज्ञानामृतं दत्तम्, रामचन्द्रप्रभुणा लोकधर्म तत्र स्थापितम्। पूजायोग्या नियमा: सन्ति अस्या: संस्कृते., धारणीयो माननीयो धर्मं: तत्र वर्तते॥ (3) ज्ञानस्य प्रकाशो भवेत् तमो अपसर:, वर्धतां वैभवमस्य कीर्तिः सुकीतिश्च। भवगुरु स्वर्णविहंगः अयं भवेत् पुनः, एहि-एहि अस्य पुनस्संगठनं कुर्म:। (8) रक्षणम् ऽऽऽऽ राष्ट्ररक्षणम् रक्षणम् ऽऽऽऽ देशरक्षणम्

<u>मनीषा गौतम</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीय वर्ष</u>

कथाः "वीर विकस्त भारतः"

एकदा कृष्णस्य वीर्यवान् धनुर्धरः नाम्ना युवकः भारतं नगरं गतवान्। भारतः सर्वेषाम् प्रियः आसीत् अथवा सदैव अनुग्रहदाता आसी<mark>त्।</mark> एषः नगरः समृद्धिमान् अस्ति अतः तत्र लोकस्य विभिन्नाः जातयः विविधाः धर्माः च पालनीयाः अभवन्।

एकदा भारतः तस्या नगरस्य रक्षणाय धनुःपाणिः त्रीणि अन्यानि युवकानि सह युद्धं निर्ययौ। ते अत्यन्तं साहसी अभवन् अन्येषां लोकेषु प्रतिभाति च कीर्ति प्राप्ताः च। तेषाम् युद्धं धैर्येण च परिपूर्ण अभवत् अतः भारतस्य नगरं समृद्धिमान् अवलम्ब्य अवस्थितं आसीत्।

एकदा विद्यार्थिनः एकः राजमार्गे अन्यत्र गमनं कृत्वा अपश्यत् तत्र एकं वन<mark>ं। त</mark>त्र वने तं धनुःपाणिं धृत्वा सञ्चरन्तं अपश्यत्। तदा तेन युवकेन समीपं गत्वा प्रणम्य विनयेन सन्तुष्टं चकार।

तदा भारतः तस्य नामं पृच्छन् "किं ते युद्धं कुत्र किमर्थ?" इति। धनुः पाणिः तस्य प्रश्नान्तरम् उत्तरं ददौ, "भगवन्, हे प्रसन्नवर्धन, अहम् अनेनैव युद्धेन भारतस्य रक्षणाय गतवान्। भगवन्, भवत्सेवां कृत्वा अहम् इदं कार्य समाप्रोमि ।"

एवं सदा युवकः धर्मात्मा तस्य नगरस्य समृद्धिं संपादयति अतः सर्वेषां लोकानां हिताय समर्पितः भवति ।

<u>कविता</u> <u>बी.ए संस्कृत विशेष</u> <u>प्राथम वर्ष</u>



आज़ादी का आंदोलन

स्वातन्त्र्यदिवसः भारतस्य राष्ट्रियपर्वः, यः प्रतिवर्षं अगस्तमासस्य १५ दिनाङ्के आचर्यते । भारतस्य कृते अयं दिवसः ऐतिहासिकः दिवसः अस्ति, यतः अस्मिन् दिने भारतं आङ्ग्लशासनात्

स्वातन्त्र्यं प्राप्तवान् ।

भारतीयस्वतन्त्रतासेनानयः भारतस्य स्वतन्त्रतां प्राप्तुं बहु

संघर्षं कृतवन्तः आसन् । सः बहुवर्षपर्यन्तं अहिंसक आन्दोलनं चालितवान्, अनेकवारं कारागारं च गतः । परन्तु सः कदापि न त्यक्तवान् अन्ततः १९४७ तमस्य वर्षस्य अगस्तमासस्य १५ दिनाङ्के भारतस्य स्वातन्त्र्यं प्राप्तम् ।

भारतस्य सर्वे नागरिकाः स्वातन्त्र्यदिने अतीव प्रसन्नाः सन्ति । अस्मिन् दिने दे<mark>शे सर्व</mark>कारीय-असरकारी संस्थाभिः उत्सवस्य आयोजनं भवति । एतेषु उत्सवेषु राष्ट्रध्वजस्य उत्थापनं, राष्ट्रगीतं गायनं, स्वातन्त्र्यसेनानीभ्यः श्रद्धांजलिः च भवति ।

स्वातन्त्र्यदिवसः अस्माकं कृते स्मरणीयः दिवसः अस्ति।

अयं दिवसः अस्माकं देशस्य इतिहासस्य, स्वातन्त्र्यसेनानानां बलिदानस्य च स्मरणं करोति । अस्माकं देशस्य प्रति सदैव भक्ताः भवेयुः, देशस्य प्रगुतेः कृते च

कार्यं कर्तव्यम् इति अपि अस्मान् स्मारयति ।

स्वातन्त्र्यदिवसस्य अवसरे अस्माभिः सर्वैः प्रतिज्ञा कर्तव्या यत्

वयं स्वदेशं महान् शक्तिशाली च देशं करिष्यामः। वयं सर्वे देशस्य

एकतां अखण्डतां च निर्वाहयितुम् कार्यं करिष्यामः। वयं सर्वे

देशस्य जनानां हिताय कार्यं करिष्यामः।

<u>राखी यादव</u> <u>बी.ए.संस्कृत विशेष</u> <u>प्रथम वर्ष</u>



जय वृक्ष ! जय वृक्ष

श्रूयताम् सर्वे वृक्षपुराणम्, क्रियताम् तथा वृक्षारोपणम्। वृक्षस्यास्ति सुन्दरम् याति मूलं बहुदूरम्।।

मूलेपी अन्नम्, तस्य काष्ठं कठिनम्, काष्ठं कठिनं भवति इन्धनार्थम्। पर्णेषु भवति हरितद्रव्यम्, अतो हि अस्ति रे पर्ण हरितम्।।

पुष्पम् सुन्दरम्, अतीव मोहकम्, पुष्पम् तस्य भवति रे देवपूजार्थम्। फलम् रसमयं, तस्य फलं स्वादपूर्णम्, फलम् हि अस्ति रे खगस्य अन्नम्।।

जलवातप्रकाशैः निर्माति अन्नम्, तेन हि अन्नेन वर्धते नित्यम्। वृक्षस्य दृश्यताम् सर्वम् हि कार्यम्, जीवनं तस्यास्ति परोपकारार्थम्।।

वृक्षे हि कुर्वन्ति विहगाः नीडम्, केचित् तु कुर्वन्ति काष्ठे हि छिद्रम्। आतपे तिष्ठति वर्षानुवर्षम्, अन्येषां करोति छायाप्रदानम्।।

वृक्षो नैव अत्ति रे स्वकीयं फलम्, सर्वम् हि अंगम् तस्य लोकहितार्थम्। जनाः न स्मरन्ति तस्य उपकारम्, बहुधा कुर्वन्ति वृक्षच्छेदनम्।।

मास्तु रे मास्तु ईदृशं पापं, यथाशक्ति क्रियताम् वृक्षारोपणम्। नैव रे नैवास्तु वृक्षकर्तनम्', सर्वे हि कुर्वन्तु तद्संवर्धनम्।।





कल के संपनेः विज्ञान, कल्पना, नवाचार, प्रगति।

कुल के सपने भविष्य की सुंदर चित्रण होते हैं। ये सपने समाज में एक सकारात्मक परिवर्तन लाने की ऊर्जा और प्रेरणा प्रदान करते हैं। विज्ञान, कल्पना, नवाचार, और प्रगति इन सपनों के महत्वपूर्ण तत्व हैं।

विज्ञानं सपनानां वास्तविकीकरणे शक्तिं प्रददाति। अयं विज्ञानं नवीनान् उत्कृष्टान् उपकरणान् आविष्करोति, येषां साधनेषु सप्रानि साकारयितुं सहायकं भवति।

कल्पना सपनानां मूलं भवति। एषा कल्पना अदृष्टपूर्वां दिशं निरूपयति। कल्पनया नवीनानि अद्भुतानि चिन्ताः विकसिताः, यानि नवाचाराणि उत्पादयन्ति।

नवाचारः सपनानां वास्तविकतां प्राप्यते। एषः सपनानां प्रेरकः भवति, नवीनान् अनुभवान् क्रीडितुं सहायकान् बोधयति, येषां द्वार<mark>ा समा</mark>जः नवं मार्गं प्राप्नोति च समृद्धिं लभते च।

प्रगतिः सपनानां वास्तविकतायां परिणतिं प्रददाति। एषा समाजं एकं उत्कृष्टं समृद्धं च दिशं प्रददाति। यथा हि सप्राः प्रगत्या वास्तविकतायां परिणताः, तथा समाजः सर्वेषाम् लाभानाम् प्राप्तिं करोति।

एवं, विज्ञानं, कल्पना, नवाचारः, च प्रगतिः सप्नानां वास्तविकीकरणे महत्वपूर्णाः भूमिकाः निभाति। एताः तत्त्वाः अन्यतमं नवं उत्कृष्टं भविष्यं दिशन्ति च, यतः वास्तविकं, समृद्धं, सुखिनं च समाजं



<u>वंशीका शर्मा</u> <u>बी. ए . संस्कृत विशेष</u> <u>प्रथम वर्ष</u>

लोकगीत-वीरताया धरा

राष्ट्ररक्षाविधौ यास्ति काष्ठा परा वन्द्यते सा मया वीरताया धरा,

स्वाभिमानादृते नास्ति किञ्चित्प्रियं देशसेवाविधौ दीयेत जीवनम् गौरवायैव देशस्य यैरर्प्यते स्वं मनः, स्वा तनुः धनं सन्ततम्।

> वीरपुत्राप्रसू<mark>ः धीरता</mark> निर्भरा वन्द्यते सा मया वीरताया धरा

यत्रा राणाप्रतापस्य पादध्वनिः मातृभूः वक्षसि स्पन्दते सर्वदा यत्रा हममीरदेवस्य शस्त्राच्छटा दिक्षु विद्योतते सर्वदा मोददा

> शत्राविध्वंसयज्ञेषु बद्धादरा वन्द्यते सा मया शूरताया धरा,

यत्रा भक्तिस्वरूपा हि मीरा पपौ कृष्णप्रेमामृतं, ब्रह्मसायुज्यदम् पाययन्ती सुधा भक्तिसर्घैतिभिः पावयन्तीस्थिता या हि भूमण्डलम्

> श्रीहरेः प्रेमपीयूषपाने रता वन्द्यते सा मया भक्तिपूर्णधरा

र्सेस्कृतिर्भारतीया सदा पाल्यते संस्कृतं जीवनञ्चापि संधार्यते धर्मकर्मान्विता यत्समाजप्रथा विश्रुता विश्वमञ्चे यदीया कथा

<u>अनु पाँचाल</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीय वर्ष</u>

लोकगीत-प्रथमपतिगृहानुभवम्

हे सखि पतिगृहगमनं प्रथमसुखदमपि किंत्वतिक्लिष्टं री। परितो नूतन वातावरणे वासम् कार्यविशिष्टं री।। वदने सति अवरुद्धति कण्ठं दिवसे अवगुण्ठनमाकण्ठं। केवलमार्य त्यक्त्वा <mark>त</mark>त्र किंञ्चिदपि मया न दृष्टं री।। वंश पुरातन <mark>प्रथा</mark>नुसरणं नित्यं मर्यादितमाचरणं। परिजन सकल भिन्न निर्देश पालने प्रभवति कष्टं री।। भर्तुर्पितरौ भगिनी भ्राता खलु प्रत्येकः क्लेश विधाता। सहसा प्रियतममुखं विलोक्य तु सर्वं कष्ट विनिष्टं री।। अभवत् कठिनं दिवावसानम् बहु प्रतीक्षितं रजन्यागमनम्। लज्जया किञ्च कथं कथयानि विशिष्ट प्रणयपरिशिष्टं री।।

> <u>अविष्का</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीय वर्ष</u>

भारतदेशः

अस्माकं देशः भारतदेशः। एषः देशः विश्वस्य विशालः गणतन्त्रदेशः वर्तते। भारतदेशस्य उत्तरदिशि हिमालयः नाम उत्तुङ्गतमः पर्वतः अस्ति। दक्षिणदिशि श्रीलङ्कादेशः वर्तते। पश्चिमदिशि अफगाणिस्तानदेशः तथा पूर्वदिशि बर्मा, नेपालः चीनः च वर्तन्ते। गङ्गा, यमुना, ब्रह्मपुत्रा, कृष्णा, कावेरी, गोदावरी नर्मदा च भारतदेशस्य नद्यः। भारतदेशः धार्मिकः तथा देवभूमिः नाम्ना प्रसिद्धः। केदारनाथः, बद्रीनाथः, काशी, मथुरा, सुवर्णमन्दिरः, वैष्णोदेवी इत्यादयः धार्मिकस्थलाः प्रसिध्दाः। वेदाः, रामायणम्, महाभारतम्, पुराणानि इत्यादी अस्माकं प्राचीनग्रन्थाः सन्ति। अस्माकं देशे विविधाः भाषाः, विविधाः वेशाः विविधाः धर्माः च। तथापि अस्माकम् एका एव राष्ट्रीयता। वयं सर्वे भारतीयाः। भारतदेशस्य उत्कर्षः अस्माकं धर्मः। वन्दे भारतम्। वन्दे मातरम्



<u>प्रियंका</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीय वर्ष</u> विज्ञान

भौतिकानां पदार्थानां विशेषतः ज्ञानं विज्ञानम् इति कथ्यते। यः पदार्थानां विशेषाणां गुणानाम् अन्वेषणं करोति सः तेषां विशिष्टां शक्तिं ज्ञातुं योग्यः भवति । तं वैज्ञानिकः इति जनाः वदन्ति । आधुनिकेन विज्ञानेन संसारस्य स्वरूपमेव परिवर्तितम्। अद्य विद्युता रेलयन्त्रम् चाल्यते, पेट्रोलेन मोटर-यानं वायुयानं च। विद्युता प्रकाशः क्रियते, व्यजनानि वीज्यन्ते, नानायन्त्राणि च चाल्यन्ते । विज्ञानस्य कृपया अधुना मनुष्यः एकेन होराकालेन क्रोशानां सहस्राणां यात्रां कर्तुं अर्हति। आकाशवाण्या शब्दस्य दूरसंचारणं क्रियते। एतेन साधनेन अद्य वयं विश्वस्य समाचारान्, गीतानि , वाद्यानि , भाषणानि च श्रोतुं समर्थाः स्मः। विज्ञानस्यैव कृपया वयं चलचित्राणि चित्राणि द्रष्टुं समर्थाः, 'एक्सरे' इत्यस्य अयं चमत्कारः यत् वयं शरीरान्तरे अस्थि गतमपि दोषं ज्ञातुं समर्थाः।

अणुवीक्ष<mark>ण</mark>-यन्त्रेण वयं सूक्ष्मतमं वस्तुजातं द्रष्टुं शक्नमः । दूरवी<mark>क्षणय</mark>न्त्रेण वयं ग्रहनक्षत्राणि द्रष्टुमर्हाः। विज्ञानेन परमाणोरपि तत्त्वं परिज्ञातम्।

अद्य तु राकेटादि यन्त्राणि प्रेषयित्वा मनुजस्य चन्द्रलोकम् अपि गमनं सम्भवम् ।

इत्थं विज्ञानं लोकोपकारकं भवति ।।



<u>मनीषा गौतम</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीय वर्ष</u>

पर्यावरण संरक्षण

वयं वायुजलमृदाभिः आवृत्ते वातावरणे निवसामः। एतदेव वातावरणं पर्यावरण कथ्यते। पर्यावरणेनैव वयं जीवनोपयोगिवस्तुनि प्राप्नुमः। जलं वायुः च जीवने महत्वपूर्णो स्तः। साम्प्रतं शुद्ध - पेय - जलस्य समस्या वर्तते। अधुना वायुरपि शुद्धं नास्ति। एवमेव प्रदूषित-पर्यावरणेन विविधाः रोगाः जायन्ते। पर्यावरणस्य रक्षायाः अति आवश्यकता वर्तते।वयं वायुजलमृदाभिः आवृत्ते वातावरणे निवसामः। एतदेव वातावरणं पर्यावरण कथ्यते। पर्यावरणेनैव वयं जीवनोपयोगिवस्तुनि प्राप्नुमः। जलं वायुः च जीवने महत्वपूर्णो स्तः। साम्प्रतं शुद्ध - पेय - जलस्य समस्या वर्तते। अधुना वायुरपि शुद्धं नास्ति। एवमेव प्रदूषित-पर्यावरणेन विविधाः रोगाः जायन्ते। पर्यावरणस्य रक्षायाः अति आवश्यकता वर्तते। प्रदूषणस्य अनेकानि कारणानि सन्ति। औद्यौगिकापशिष्ट - पदार्थ - उच्च - ध्वनि - यानधूम्रादयः प्रमुखानि कारणानि सन्ति। पर्यावरणरक्षायै वृक्षाः रोपणीयाः। वयं नदीषु तडागेषु च दूषितं जलं न पतेम्। तैल रहित वाहनानां प्रयोगः करणीयः। जनाः तरुणां रोपणम् अभिरक्षणं च

कुर्युः।





भारतीय परम्परा

भारतस्य आलिंगनस्य हृदये, मृषा परम्पराः पुरातनाः, कालातीतप्रसादेन। गङ्गायाः प्रवाहात् हि<mark>मालय</mark>शिखरपर्यन्तं, प्राचीनप्रज्ञाप्रतिध्वनयः, प्रत्येकं परम्परा वदति।

संस्कारेषु भव्येषु, रीतिषु च गभीरेषु, निहितं भूमिसारं, यत्र कथाः प्रविशन्ति। प्रदोषस्य प्रथमप्रकाशात् आरभ्य गोधूलिस्य मृदुवर्णपर्यन्तं, प्रत्येकं परम्परा कुहूकुहू करोति, रहस्यं पुरातनं सत्यं च।

भरतनाट्यस्य नृत्यं, कथकस्य लयम्, प्रत्येकं पदे च डुलने च इतिहासस्य मार्गं वयं अनुसरामः। शास्त्रीयरागात् आरभ्य लोकधुनाः उज्ज्वलाः यावत्, संगीतं अस्मान् सर्वान् बध्नाति, स्वस्य आत्मानुभूति-उडुयनेन।

मेहन्दी-कलायां अलङ्कृतहस्तैः, हृदयसूत्रैः च बुनैः साडैः, प्रत्येकं परम्परा एकं टेपेस्ट्री-सूक्ष्मं बुनति, पीढयः बन्धयति, कालातीतरेखायां।

दीपा<mark>व</mark>लीकान्तिस्य उष्णतायाः आरभ्य, निम्नकुहूकुहूकृतानां प्रार्थनानां शान्तिपर्यन्तं, भारतस्य परम्पराः, रात्रौ तारा इव, अस्मान् अन्धकारस्य माध्यमेन मार्गदर्शनं कुर्वन्ति, दीप्तिमत् प्रकाशेन।

अतः वयं भारतस्य समृद्धपरम्पराः, पालयितुम्, आदरपूर्वकं गभीरेण, हृदये पोषयामः। तेषां हि आलिंगने वयं मार्गं प्राप्नुमः, प्रत्येकस्य गच्छन्तीव दिवसस्य विरासतां मार्गदर्शितः।



<u>वंशीका शर्मा</u> <u>बी. ए .संस्कृत विशेष</u> <u>प्रथम वर्ष</u>

सांस्कृतिक धरोहर

यदा सङ्गीतस्य सुरीलाः शब्दाः आत्मानं स्पृशन्ति तदा सांस्कृतिकविरासतां बहुमूल्यं गभीरता अवगम्यते । तस्मिन् धुने एकः रागः अस्ति यस्य उपेक्षितुं न शक्यते, सांस्कृतिकधरोहरस्य रहस्यं तत्र निगूढम् अस्ति।

काव्यस्य अद्भुतप्रतिमाः भावाः प्रतिबिम्बयन्ति, सांस्कृतिकविरासतां गन्धं च प्रसारयन्ति । कलाविस्मयम्, शिल्पस्य सौन्दर्यं च सांस्कृतिकविरास<mark>तां</mark> व्यञ्जनम् अस्ति ।

प्राचीनभारतीयसंस्कृतेः गभीरताम् स्पृशितुं आध्यात्मि<mark>क</mark>सांस्कृतिकपाठ्यक्रमाः अत्यन्तं महत्त्वपूर्णाः सन्ति । वेद-उपनिष<mark>द-पुरा</mark>ण-प्रेरितेन सांस्कृतिक-धरोहरस्य महत्त्वं सर्वदा व्याख्यात<mark>ं भव</mark>ति ।

समृद्धसंस्कृतेः शैली, चरित्रं, आभा च, सांस्कृतिकविरासतां अमूल्यविरासतां प्रकटयन्ति । विविधतायां संगठनस्य सांस्कृतिकविरासतां च एकतायाः महत्त्वस्य च सन्देशः प्रत्येकं पीढीं अवगन्तुं प्रेरयति।

सांस्कृतिकविरासतां माध्यमेन स्वराष्ट्रं ज्ञात्व<mark>ा,</mark> तस्य नागरिकानां भावनां च अवगच्छन्तु। समृद्धस्य इतिहासस्य परम्पराणां च अध्ययनं कुर्वन्तु, सांस्कृतिकविरासतां शक्तिं अनुभवन्तु।

प्रेम-समर्पणस्य अस्मिन् संगीते सांस्कृतिकविरासतां सम्मानयन्तु। अद्य जीवन्तु, श्वः कृते संरक्षितं कुर्वन्तु, सांस्कृतिकविरासतां अमरयन्तु।



<u>वंशीका शर्मा</u> <u>बी. ए .संस्कृत विशेष</u> <u>प्रथम वर्ष</u>

स्वतंत्रता सेनानी- बाल गंगाधर तिलक:

भारतस्य स्वातन्त्रसङ्ग्रामे प्रमुखः नेता आसीत्।स्वतन्त्रतायाः आन्दोलनस्य प्रसङ्गे सः अघोषयत् स्वराज्यम् अस्माकं जन्मसिद्धः अधिकारः, तस्य प्राप्तेः अनन्तरमेव मम विरामः इति।बालगङ्गाधरतिलकस्य जन्म क्रि.श.१८५६तमे वर्षे जुलै २३तमे दिने भारतस्य महाराष्ट्रराज्ये रत्नगिरिमण्डले मध्यमस्तरीये कुटुम्बे अभवत्। पिता गङ्गाधरपन्तः, माता पार्वतीबायी। सत्यभामा अस्य पत्नी। बाल्ये एव बुद्धिमतः तिलकस्य गणिते अतीव आसक्तिः आसीत्। बालः दशवर्षीयः यदा आसीत् तदा पितुः पुणेनगरं प्रति स्थानपरिवर्तनं जातम्। बालः वेर्नाक्युलर् आङ्ग्लविद्यालयं प्राविशत्। पुणेगमनानन्तरं स्वल्पावधौ एव माता दिवङ्गता। ततः षड्वर्षाणाम् अनन्तरं पिता अपि दिवङ्गतः। महाविद्यालयात् आधुनिकविद्यां प्राप्तेषु युवसु बालगङ्गाधरः अपि अन्यतमः अभवत्। पदवीं प्राप्य पुणे नगरे

स्वायत्तशालायां गणिताध्यापकत्वेन कार्यम् आरब्धवान्। कञ्चित्कालानन्तरं तम् उद्योगं त्यक्त्वा पत्रकारः अभवत्। तिलकमहोदयस्य अतिमहत् योगदानं नाम सार्वजनिकः गणेशोत्सवः। भाद्रपदमासस्य शुक्लपक्षस्य चतुर्दर्शीम् आरभ्य अनन्तचतुर्दर्शीपर्यन्तं द्वादशदिनानि अयं सार्वजनिकगणेशोत्सवः मिलित्वा आचर्यते। स्वायत्तं धार्मिकाचरणं सङ्घटनस्य व्याजेन सार्वजनिकोत्सवत्वेन परिवर्तितवान्। एतम् उत्सवम् अवलम्ब्य एव जननायकाः जनसम्पर्कम् अकुर्वन्। तिलकमहोदयेन आरब्धा इयम् उत्सवपरम्परा इदानीमपि विशेषतः महाराष्ट्रराज्ये अस्ति। तिलकमहोदयः परदेशीयवस्तूनि तिरस्कृत्य स्वदेशीयवस्तूनि उपयोक्तुं जनजागरणं कृतवान्।तिलकमहोदयः गान्धिमहात्मनः अहिंसात्मकं सत्याग्रहं दूषयति स्म। कदाचित् क्रान्तिकारीति परिगणितः कालान्तरेण प्रौढविचारशीलः इति प्रसिद्धः अभवत्। स्वातन्त्र्यान्दोलनं सामान्यजनानां समीपं नीतवान् अयं तिलकमहोदयः स्वातन्त्र्यसमरस्य जनकः इत्येव प्रथितः। भारतीयसंस्कृतेः इतिहासस्य धर्मस्य च विषये लेखनेन भारतीयानां देशभक्तिं जागरितवान्। तिलकमहोदयं राजकीयस्य आध्यात्मिकस्य च नायकः इति एतस्मिन् विषये महात्मा गान्धी अस्य उत्तराधिकारी इति च जनाः भावयन्ति स्म। यदा बालगङ्गाधरतिलकः क्रि.श१९२०तमे वर्षे दिवङ्गतः तदा सम्मिलितानां द्विलक्षजनानां मध्ये गान्धिमहात्मा उक्तवान् यत् 'अयं आधुनिकभारतस्य जनकः' इति । तिलकमहोदयः दृढहिन्दुत्वस्य प्रतिपादकस्य विनायक दामोदर सावर्वर्महोदयस्य आराध्यः देवः अभवत्।

> <u>अनु पाँचाल</u> <u>बी.ए.संस्कृत विशेष</u> <u>तृतीय वर्ष</u>

अविश्वसनीय भारत

अविश्वसनीय भारत, पृथिव्याः गौरव, समृद्धि का मूल स्रोत, निरन्तर सृष्टि। विविधतायाः महिमा, व्यक्तिगततायाः चर्चा, अयं भारतः रङ्गिवर्णैः वर्णितः। अद्भुतं परम्पराणां संगमं, नदीनां संयुक्तजलवत्, निरन्तरम् अनन्तम् च। साहित्यस्य फव्वारा, कलासम्पन्नः भण्डारः, ध्यानधर्मस्य संगमः, भारतीयचिन्तनम्। अविश्वसनीयः भारतः, शाश्वतशान्तिः, व्यक्तिस्य स्वतन्त्रतायाः प्रतीकः, समाजस्य उत्तमः चित्रः। महायोगिनां भूमिः, सन्तानाम् पारम्परिकं निवासस्थानं, भक्तिपूजा, ईश्वरस्य स्तुति-आदान-प्रदानम्। विज्ञानं प्रौद्योगिकी च मिलित्वा प्राचीनं आधुनिकं च, तस्य शक्तिः अनन्तम्। सौहार्दस्य गीत, एकता का सन्देश,भारतमाता की अमर कथा, अमूल्य धरोहर। अस्य महान् देशस्य अन्वेषणे प्रत्येकं व्यक्तिं स्वस्य समर्थनं, स्वस्य योगदानं दातव्यं भवति।

> <u>वंशीका शर्मा</u> <u>बी. ए .संस्कृत विशेष</u> <u>प्रथम वर्ष</u>

भारतीय संस्कृति

भारतीयसंस्कृतिः विशालभूमिः ऐतिहासिकः, विविधः, महान् धरोहरः च अस्ति । अत्रत्यानां जनानां चिन्तनशैली, जीवनशैली च तेषां विशिष्टतायाः मान्यतां ददाति । भारतीयसंस्कृतेः विस्तारः एतावत् अपारः यत् भारतस्य प्रत्येकस्मिन् कोणे भाषा, धर्मः, कला, संगीतं, वास्तुकला च इत्यादिषु भिन्नरूपेण प्रकट्यते ।

भारतीयसंस्कृतेः एकः मुख्यः गौरवः अस्य धार्मिक-आध्यात्मिक-धरोहरम् अस्ति । हिन्दुधर्मः, जैनधर्मः, बौद्धधर्मः, सिखधर्मः, अन्ये धर्माः अत्र आध्यात्मिकविचाराः, व्यवहाराः च भिन्नरूपेण व्यञ्जयन्ति । जनाः धार्मिकपुस्तकानां, मन्दिराणां, गुरुकुलानां, सन्ताना आध्यात्मिक-उत्थानस्य मार्गं चिन्वन्ति ।

भारतीयसंस्कृतौ कलानां सङ्गीतस्य च महत् महत्त्वम् अस्ति । अत्रत्याः लोककला, काव्यं, संगीतं, नृत्यं च सम्पूर्णे विश्वे प्रसिद्धम् अस्ति । भारतीयशास्त्रीयसङ्गीतं, लोकसङ्गीतं, शास्त्रीयं लोकनृत्यं च, कलाकृतयः, भव्यवास्तुकला च भारतीयसंस्कृतेः धाराम् अतीव समृद्धं करोति ।

भारतीयसंस्कृतौ परम्पराणां, रीतिरिवाजानां च महत्त्वपूर्णं स्थानम् अस्ति । अत्रत्याः जनाः महात्मागान्धिनः वचने स्वपरम्पराः "स्वात्मशक्तिः" इति पश्यन्ति । विविधतायाः एकतायाः च संगमः भारतीयसंस्कृतेः मूलमन्त्रः अस्ति ।

भारतीयसंस्कृतिः प्राचीनकालात् अद्यपर्यन्तं इतिहासेन, विविधतायाः, प्रगतेः च सह निरन्तरयात्रायां वर्तते । प्राचीनतत्त्वानि पुनः सजीवं कृत्वा समकालीनकाले स्वीकरोति इति संस्कृतिः । भारतीयसंस्कृतिः स्ववैभवं प्रदर्शयति, न केवलं भारते अपितु सम्पूर्णे विश्वे अपि मान्यतां प्राप्नोति ।



<u>वंशीका शर्मा</u> <u>बी. ए .संस्कृत विशेष</u> <u>प्रथम वर्ष</u>

DEPARTMENT REPORTS

Poster credit:-Hansika Banderwal BA (P) III YEAR

Department of Applied Psychology

The Department of Applied Psychology organised the following activities:

- The department organized a talk on 20th April 2023 by Dr. Shalini Mittal on "Acid Attack: Trauma and Coping".
- On 22th August 2023, students of the department participated in the programme "Meri Mati Mera Desh" and organized events like "Coin In The Bangle, Pin The Map".

The faculty of the department has been actively involved in teaching, research and publications:

- Ms. Vandana and Ms. Himanshi Nagar successfully completed "NEP 2020 Orientation and Sensitization Programme Under Malaviya Mission Teacher Training Programme of UGC organized by Centre for Professional Development in Higher Education, University of Delhi from 19th December to 29th December 2023.
- Prof. (Dr.) Vanita Sondhi is part of various Committees and has published 2 international papers. Dr. Shivantika Sharad published 5 research papers in International Journals. Dr. Sunil Verma published 6 research papers.
- Prof. (Dr.) Vanita Sondhi published:
 - Kapoor, B. & Sondhi, V. (2023). Exploring the Understanding of Globalization: A Qualitative Study of the Urban, Educated, Middle-Class, Young Indians. *Culture & Psychology*, 0(0) 1–20.
 - Hameed, S. & Sondhi, V. (2023). Experiences and difficulties for primary caretakers of children with celiac disease A qualitative study. *Indian Journal of Gastroenterology*;42(6):791-799.Doi: 10.1007/s12664-023-01413-0.
- Dr. Shivantika Sharad published:
 - Sharad, S. (2023). Editorial: "Racial, ethnic and other inequalities in healthcare and in pain reporting and management", *Frontiers in Pain Research Section Pain Research Methods*, 4, doi: 10.3389/fpain.2023.1275137 ISSN 2673-561X
 - Croy, I., Heller, C., Akello, G., Anjum, A., Atama, C. ... Sorokowska, A. (2023). COVID-19 and Social Distancing: A Cross-Cultural Study of Interpersonal Distance Preferences and Touch Behaviors Before and During the Pandemic. Cross-Cultural Research, 0(0). https://doi.org/10.1177/10693971231174935
 - Sorokowska, A., Kowal, M., Sharad, S., Saluja, S. et al. (2023). Love and affectionate touch toward romantic partners all over the world. *Scientific Reports*, 13, 5497 (2023). https://doi.org/10.1038/s41598-023-31502-1 ISSN 2045-2322
 - Sorokowski, P., Kowal, M, Sternberg, Sharad, S., R.J. et al. (2023). Modernization, collectivism, and gender equality predict love experiences in 45 countries. *Scientific Reports*, 13(1), DOI: 10.1038/s41598-022-26663-4
- Dr. Sunil K. Verma published:
 - Szkody, E., Verma, S.K., Spence, A., et al. Social support and help-seeking worldwide. *Curr Psychol* (2024). https://doi.org/10.1007/s12144-024-05764-5
 - Bhanot, D. & Verma, S.K. (2024). Experiences of Caste Stigmatization: Health and Well-being. Psychological Studies. DOI: 10.1007/s12646-023-00780-0
 - Verma, S.K. (2023). Eunuchs in India: Experiences of Stigmatization and Well-Being. *Psychol Study* https://doi.org/10.1007/s12646-023-00725-7
 - Jaiswal, A., Das, S., Arya, Y. K., Verma, S. K., & Singh, T. (2023). Behavioral Immune System, Psychological Immune System, and General Psychophysical

Health during COVID-19 Pandemic: A Qualitative Exploration. *Mind and Society*, 12(01), 41–51. https://doi.org/10.56011/mind-mri-121-20235

- Dr. Shivantika Sharad and Dr. Sunil K. Verma published:
 - Verma, S.K., Sharad, S., Singh, T. & Bharti, P. (2023). Living with alternatives: perceived Crises, meaninglessness and efforts for a meaningful life in Indian Hijras. *Culture and Psychology*, 29(4), 840–863 10.1177/1354067X231201385, eISSN: 14617056 | ISSN: 1354067X https://www.scopus.com/sourceid/13475
- Dr. Sunil K. Verma and Sujit R. Tripathi published:
 - Verma,S.K, Tripathi,S.(2003). "Elderly perception of Youth Behaviour, Subjective Experiences and Intergeneration al Solidarity: A Gender, Ecology and Class Analysis. *Indian Journal of Gerontology*, Vol.23 (2).

- Dr. S.K. Verma Teacher-in-Charge

Department Of Commerce

The Department of Commerce is presently the largest department in the college comprising 21 faculty members. The details of faculty and student participation in various activities during 2023-24 has been shared below:

Papers Presented in National/International Conferences/Seminars:

 Dr. Shafaq Zareen presented a paper in the ICSSR sponsored 10th Two-day National Seminar on "National Education Policy 2024: Towards Management Holistic Education" organized by Faculty of Management Studies (FMS) and Department of Management Studies (DMS), Gurukula Kangri University, Haridwar during 11th – 12th March 2024.

Field Trips/Visits/Sports Activities:

- Dr. Ankita, Ms. Deepika Kakkar, Ms. Meenu, Ms. Megha Rawat, Dr. Preeti Gupta, Ms. Sakshi Meena, Dr. Shafaq Zareen, Ms. Shilpa and Ms. Shivani Kalra attended the Viksit Bharat Ambassador - Nari Shakti Conclave with students of the department at the Multipurpose Hall, Delhi University Sports Stadium Complex, University of Delhi on 7th March 2024.
- Mrs. Sushma Aggarwal, Ms. Deepika Kakkar, Dr. Preeti Gupta and Ms. Shivani Kalra visited Pearl Academy with students on 23rd February 2024 as members of Skill Enhancement Committee, Vivekananda College.
- Ms. Deepika Kakkar accompanied students as Team Manager in the Inter College Volleyball Tournament organised by the Sports Council, University of Delhi at Keshav Mahavidyalaya, University of Delhi on 16th February 2024.

Participation in Conferences/Workshops/Faculty Development Programmes:

- Dr. Ankita, Ms. Megha Rawat, Dr. Preeti Gupta, Ms. Sakshi Meena, Ms. Shivani Kalra and Ms. Soumya Sharma completed the Two-Week (Online) Refresher Course in Commerce (under the Malaviya Mission Teacher Training Programme) organised by Teaching Learning Centre, Ramanujan College, University of Delhi during 26th March - 8th April 2024.
- Dr. Shafaq Zareen and Ms. Deepika Kakkar completed the Online Two-Week Interdisciplinary Refresher Course on "Advanced Research Methodology" organised by the Teaching Learning Centre, Ramanujan College, University of Delhi during 23rd March – 5th April 2024.
- Ms. Rachna Megh successfully completed "NEP 2020 Orientation & Sensitization Programme" under the Malaviya Mission Teacher Training Program of UGC organized by MMTTC, Jamia Millia University, New Delhi during 18th – 28th March 2024.
- Ms. Shivani Kalra attended a National Conference on the theme 'Financial Literacy: Demystifying Investment Options' organized by Gargi College, University of Delhi in association with the Committee for Financial Literacy, University of Delhi on 15th March 2024.
- Ms. Megha Rawat and Ms. Soumya Sharma participated in the Two-Day Annual International Commerce Conference on the theme "Viksit Bharat in Amrit Kaal" organised by Department of Commerce, Delhi School of Economics, University of Delhi in collaboration with Deen Dayal Upadhyaya College, University of Delhi during 14th - 15th March 2024.

- Ms. Shivani Kalra participated as the Judge of the 'The Final Showdown' Competition at the Business Conclave 2024 organized by Kamala Nehru College, University of Delhi on 14th March 2024.
- Ms. Shilpa completed the "NEP 2020 Orientation & Sensitization Programme" under the Malaviya Mission Teacher Training Program of UGC organized by Teaching Learning Centre, Sri Guru Tegh Bahadur Khalsa College, University of Delhi during 4th – 14th March 2024.
- Dr. Shafaq Zareen and Ms. Deepika Kakkar attended the One-day International Conference on "Enhancing Quality and Achieving Excellence in HEI's: Complementary and Converging Roles of NAAC Accreditation and ISO 21000:2018 Certification" held at Janki Devi Memorial College in hybrid mode on 28th February 2024.
- Dr. Shafaq Zareen completed the Online Four-Week Faculty Induction/Orientation Programme for "Faculty in Universities/Colleges/Institutes of Higher Education" organized by Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Ministry of Education, Malaviya Mission Teacher Training Programme during 21st February - 19th March 2024, and obtained Grade A+.
- Ms. Soumya Sharma participated as Resource Person in Student Development Programme (Add-On Course – Online – 30 hours) on "Personal Taxation Spectrum: From A to Z" organized by Department of Commerce & IQAC, Shyam Lal College, University of Delhi during 19th – 29th February 2024.
- Ms. Shivani Kalra attended the 11th International Conference on Business and Management 2024 on the theme 'Synergising Industry 5.0 and Responsible Growth-A Pathway to Global Innovations' organized by Shaheed Bhagat Singh College, University of Delhi on 9th February 2024.
- Ms. Rachna Megh attended a Short-Term Course on "NAAC Documentation A Key Insight" organized by IQAC Cluster India on 6th, 13th, 20th and 27th February 2024.
- Ms. Soumya Sharma completed the One-Week Online Faculty Development Programme on "Skill Enhancement Courses (Digital Marketing, Personal Financial Planning, and Innovation & Entrepreneurship)" organized by Department of Commerce, Sri Venkateswara College, University of Delhi in collaboration with Mahatma Hansraj Malaviya Mission Teacher Training Centre (MH-MMTTC), Hansraj College, University of Delhi during 1st – 7th February 2024.
- Dr. Ankita, Ms. Deepika Kakkar, Ms. Megha Rawat, Ms. Sakshi Meena, Ms. Shilpa and Ms. Shivani Kalra completed the Online 4-Week Faculty Induction/Orientation Programme for "Faculty in Universities/Colleges/Institutes of Higher Education" organized by Teaching Learning Centre, Ramanujan College, University of Delhi under the Ministry of Education sponsored Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) scheme from 22nd January – 20th February 2024, and obtained Grade A+.
- Dr. Shafaq Zareen and Ms. Deepika Kakkar successfully completed the Two-Week Online Training Programme on "NEP 2020 Orientation & Sensitization Programmeunder Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) organised by Mahatma Hansraj Malaviya Mission Teacher Training Centre (MH-MMTTC), Hansraj College University of Delhi" during 15th January – 28th January 2024.
- Ms. Megha Rawat participated in the 3rd International Convention on Sustainable Trade and Standards (ICSTS) jointly organized by the Quality Council of India and the UNFSS held in New Delhi during 2nd -3rd November 2023.

- Ms. Meenu completed the Online One-Week Faculty Development Programme on "Education 4.0" organised by Teaching Learning Centre, Ramanujan College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) during 31st July – 6th August 2023.
- Ms. Rachna Megh successfully completed the Online Two-Week Interdisciplinary Refresher Course on "Advanced Research Methodology" organised by the Teaching Learning Centre, Ramanujan College, University of Delhi & Ministry of Education, Pandit Madan Mohan Malaviya National Mission On Teachers and Teaching during 21st July – 4th August 2023, and obtained Grade A+.
- Ms. Rachna Megh attended the Online User Awareness Program to demonstrate accessibility of Springer Nature e-Books and Journals for DU researchers & faculties organized by Springer Nature in collaboration with Central Library, University of Delhi on 19th July 2023.
- Ms. Rachna Megh participated in the National Symposium on "Indian Narrative Traditions" organized by Vivekananda College in collaboration with Delhi Sanskrit Academy, NCT of Delhi on 6th July 2023.
- Ms. Meenu completed the Online One-Week Faculty Development Programme on "National Education Policy – 2020: Challenges & Opportunities" organised by Teaching Learning Centre, Ramanujan College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) during 25th June – 1st July 2023
- Ms. Meenu and Dr. Preeti Gupta completed the 4-week Faculty Induction/Orientation Programme for "Faculty in Universities/Colleges/Institutes of Higher Education" organised by Teaching Learning Centre, Ramanujan College, University of Delhi in collaboration with the Army Institute Of Education (AIE) Affiliated to Guru Gobind Singh Indraprastha University, Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) during 23rd May – 21st June 2023.
- Mrs. Sushma Aggarwal completed an online Two Months Certificate Course on "Fundamentals of GST" organized by Teaching Learning Centre, Ramanujan College, University Of Delhi under the aegis of Ministry Of Education, Pandit Madan Mohan Malaviya National Mission On Teachers and Teaching in collaboration with Taxo Academy and Indian Accounting Association - NCR Chapter during 10th March - 9th May 2023, and obtained Grade A.
- Ms. Soumya Sharma completed the One-Week Online National Certificate Program on "Business Data Analysis Using R Software" organized by Guru Angad Dev Teaching Learning Centre (under the PMMMNMTT of Ministry of Education) and Department of Commerce, SGTB Khalsa College, University of Delhi during 28th April – 4th May 2023.

- Dr. Ranjeeta Phukan Teacher-in-Charge







Department of Computer Science

The Department of Computer Science at Vivekananda College is committed to fostering innovation, academic excellence, and technological advancement. Throughout the year 2023, we have endeavoured to uphold these values through various academic and extracurricular activities:

- In August 2023, the department launched its dedicated in-house website, managed by a team consisting of Dr. Isha Gupta, Surbhi, Akanksha, Rashi, and Nandini and first year students.
- On 22nd August, 2023, the Computer Science department, in collaboration with the IT society, hosted a Digital Poster Making competition as part of the "Meri Maati Mera Desh". The initiative was taken by Dr. Renu Garg who served as the convenor, with Dr. Isha Gupta as the teacher coordinator.
- In celebration of World Student Day, a Reel Making Competition took place on 2nd November, 2023, guided by Dr. Isha Gupta.
- The department also organised a ChatGPT session held on 7th November, 2023, centered on the theme "For the Students by the Students". Dr. Isha Gupta assumed the role of the teacher coordinator for this event as well.
- On April 9th, 2023, Dr. Seema Nath Jain arranged an educational trip to Amar Ujala, with 30 students accompanied by Dr. Seema Nath Jain and Dr. Isha Gupta. During the visit, the students received a live demonstration of the newspaper printing process.

Teacher's Achievements

- Dr. Isha Gupta successfully finished an Online Induction Programme for Faculty held from 21st February to March 19th, 2024, hosted by TLC at Ramanujan College. Additionally, she participated in a three-day Faculty Development Programme focused on Digital Teaching Techniques. This FDP, conducted by ICT Academy, took place from 17th to 19th April, 2023, at DUCC.
- Dr. Seema Nath Jain attended six days ATAL FDP on Machine Learning Using Python Programming at Bharati Vidyapeeth's Institute of Computer Application and Management from 6th to 11th November 2023. She also attended seven days FDP on Python with Data Analytics organized by Ramanujan College, Delhi University in collaboration with Maharaja Agarsen Institute of Technology from 7th- 13th August, 2023.
- Mr. Pulkit Ohri presented paper titled "Intrusion Detection and Prevention System for Early Detection and Mitigation of DDoS Attacks in SDN Environment" in International Students' Conference IEEE SCEECS Feb,2024.
- Mr. Pulkit Ohri presented paper entitled "Blockchain based smart contract architecture for Inter domain SDN controller communication" during IEEE 11th International Conference on Reliability, Infocom Technologies and Optimization ICRITO on 14th and 15th March, 2024.
- Mr. Pulkit Ohri also presented paper titled "Security Analysis of Open Source SDN (ODL and ONOS) Controllers" in "2023 IEEE International Students' Conference on Electrical, Electronics and Computer Science", Bhopal, India, 2023.

Publications:

• Dr. Isha Gupta published an article "GTMicro—microservice identification approach based on deep NLP transformer model for greenfeld developments" in Scopus Indexed

Journal, "International Journal of Information Technology", Springer Publications in March, 2024.

- Dr. Isha Gupta published an article "An Enhanced Deep Learning-Based Model for Sentiment Analysis to Identify Sarcasm Appeared in the News", in SCI indexed journal, "Computing and Informatics" in January, 2024.
- Dr. Isha Gupta published a journal article "A two-staged NLP -based framework for assessing the sentiments on Indian supreme court judgments" in Scopus Indexed Journal, "International Journal of Information Technology", Springer Publications in April, 2023.

-Dr. Isha Gupta Teacher-in-Charge





Department of Economics

• A workshop on 'Economics in Data Science' was organised by the Economics Department of Vivekananda College on 30th June, 2023 . The objective was to make the students aware about Data Science and its growing scope. The workshop was conducted by Dr. Manhar, who is a PhD in Labour economics. The session was very informative and it apprised the students about data analytics and its growing scope. A total of 20 participants attended the workshop, The workshop ended with a question-answer session. The Teacher Convenor for the event was Ms. Vishakha Jain.



• A Reel-making competition on the topic "Farsh se Arsh Par: Journey of Indian Economics since Independence" was organized by the Department of Economics, Vivekananda College on 22nd August, 2023. In this competition, students showcased their creativity by making a reel of 1 minute showcasing the journey of Indian economy from the pain of colonialism to the fifth largest economy of the world. A total of 8 students participated in the event. The competition was open for all students. The competition was judged by three faculties from the Department of Economics-Mr.Gagan Pahwa, Mr. Amit Kumar and Ms. Vishakha Jain. The reels were judged on the basis of visual graphics, explanation by the students and the content. Questions were asked by the participants to understand their knowledge. Aditi Bhatt BA prog (1st yr) was the winner of the competition. The Teacher Convenor for the event was Ms. Vishakha Jain.



• On 20th October, 2023, the department organised "Alumnae Talk on Solving the CAT Puzzle" with the aim to provide students with meaningful insights on how to enhance their skills for the CAT entrance exam. The speakers for the event were Ms. Shruti Pathak & Ms. Chesta Tyagi. The College graduates delivered an engaging keynote address, emphasizing on consistency, strategies, and problem-solving techniques for the CAT exam. The session enlightened the students on why and how to pursue MBA and what all are the career prospects after it. The event drew an enthusiastic response from around 130 students. An interactive session allowed students to ask questions and delve into the subject. The event concluded with a networking session, fostering connections between students and alumnae. The Teacher Coordinator for the event was Dr. Vishakha Jain.





Teacher's Achievements:

- Dr. Vishakha Jain was granted a patent on 7 March 2024, for her invention entitled 'SYSTEM FOR MANAGING STORM WATER' for the term of 20 years from its filling date (5th January 2022) in accordance with the provisions of the Patents Act,1970.
- Ms. Neha presented a paper titled "An Analysis of Growth and Instability in Area, Production, and Productivity of Finger Millets in Odisha" at the 83rd Annual Conference of the Indian Society of Agricultural Economics (ISEA) held at the Odisha University of Agriculture and Technology (OUAT), Bhubaneswar during 18-20th December, 2023.
- Ms. Neha presented a paper titled "Caste and Cost of Credit in India: An Evidencebased on AIDIS 2018-19 Data Set", at the international conference on "Rethinking Economic Development in India: Sustainability, Livelihood and Efficiency, Organized by the Department of Economics, Nagaland University, in collaboration with Nagaland Economic Association (NEA), Nagaland during 12th-13th October 2023.
- Ms. Neha published a research paper: Neha. "The Rise of Gig Economy: Examining the Legal Challenges Ahead" International Journal of Social Studies and Multidisciplinary Review, ISSN: 2583-7249, Volume 1, Issue 2, Year: June 2023, Page No: 21-35.
- Ms. Neha received Best Paper Presented Award titled "Trends and Patterns of Access to Agricultural Credit Across Social Groups in India" at the 83^a Annual Conference of the Indian Society of Agricultural Economics held under the auspices of the College of Agriculture, Odisha University of Agriculture and Technology, Bhubaneshwar (Odisha) during December 18-20, 2023.

Student's Achievements:

• Aashi Tyagi and Jaya Negi Students from Semester VI Student of B.A (P) completed internship from NITI Aayog in Economics and Finance under the Mentorship of Mr. Sanjeet Singh(Senior Advisor, Niti Aayog) and on Tourism and Culture under Mentorship of Mr. Jayant Singh (Advisor, Niti Aayog).

-Dr. Vishakha Jain Teacher-in-Charge

Department of English

- The Department of English under the banner of "Azadi Ka Amrut Mahotsav" organised a Slogan Writing Competition to celebrate 76th Year of India's Independence on 3rd July 2023, Monday in Room No. 21 at 11:00 a.m. The competition was bilingual and open to all students of Vivekananda College. The registration was done on the spot at the competition venue. 19 students from different discipline of the college participated in the event. Students were given 30 minutes to write a slogan on the theme "India: Embracing World, Enriching Humanity" and adhering to the nationalist fervour inherent in the spirit of Independence. The event was bilingual, students were allowed to express their creativity in either English or Hindi. The winners of the competition were: Priyanshi Patel (B.A. (H) History), Yojna (B.A. (P)) and Shalini Verma (B.A. (H) English). All participants were given certificates of participation. The Teacher Co-ordinator for the event was Mr. Arunabha Bose and the Student coordinator was Devishi Sutradhar.
- The Department of English, Vivekananda College, University of Delhi, organised Documentary Screening of the academy award nominated documentary I Am Not Your Negro on 13th September 2023, Wednesday, at 12.15 p.m. in room number S4 of Vivekananda College. It is a 2016 German-American documentary film and social critique film essay directed by Raoul Peck based on James Baldwin's unfinished manuscript Remember This House. It is narrated by actor Samuel L. Jackson and explores the history of racism in the United States through Baldwin's recollections of civil rights leaders Medgar Evers, Malcolm X and Martin Luther King Jr., as well as his personal observations of American history. It was nominated for Best Documentary Feature at the 89th Academy Awards and won the BAFTA Award for Best Documentary. Since James Baldwin is part of the syllabus of B.A. (H). English, the documentary provided a poetic and thought provoking introduction to his work and ideas. It also provided important information regarding American literature, popular culture and socio-political events. Students of B.A. (H). English, as well as, a few students from other departments attended the screening. It was followed by a discussion and interactive session, moderated by Dr. Chaandreyi Mukherjee, on the relevant topics shown in the documentary and sharing of personal observations and recollections by the students. The Teacher Co-ordinator for the event was Dr. Chaandreyi Mukherjee.
- The Department of English, Vivekananda College, University of Delhi, organised "Poetry Tribute: India's Freedom and Patriotism" - a Self-Composed Poetry Competition under the campaign "Meri Mati Mera Desh". The event was conducted on 22ndAugust 2023, Tuesday, at 11:00 a.m. in Room No. 38 of Vivekananda College. The participants had to selfcompose a poem and recite their poems to the judges and the audience. The competition was open only for the students of B.A. Honours English and 13 participants registered for the same. The students enthusiastically participated in the competition as they got an opportunity to exhibit their talent and confidence. The competition also inspired a few of the young poets to come forward and recite their poems. The participants came up with different poems on the theme "patriotism" and recited them with great fondness and zeal for the country. Hosted by teacher coordinator Dr. Chaandreyi Mukherjee, the competition was anchored by Jaza Mahajan, student of B.A. Honours English, III Year. Mr. Arunabha Bose and Mr. Yumnum Rocky, Assistant Professors, Department of English, Vivekananda College, were the judges for the competition. Dr. Nalini Gandhi Kapoor, Teacher-in-Charge of the Department of English, addressed the students with her insight on the theme, suggestions and remarks for the participants. The following participants were announced as the three winners and received certificates for their respective positions: First Prize: Simardeep Kaur, B.A. Honours English, III Year
Second Prize: Divya Srivastava, B.A. Honours English, III Year Third Prize: Priya Jain, B.A. Honours English, III Year

• Based on the recommendation of the NAAC Peer Team in the first cycle, the Department of English began a series of interdisciplinary lecture. This year the lectures were held on 6 October 2023. Prof.(Dr.) Saroj Kumari from Department of Hindi delivered an engaging and elaborate lecture on "Hindi Sahitya mein Dalit Lekhan" which aimed at delineating the contours of Hindi literature as shaped by the dalit discourse from medieval to modern times. Ms. Priya Sharma from Department of Political Science delivered an exhaustively researched lecture on "Rubrics of Caste in India: Representation and Politics" which highlighted the various contexts and implications of caste in the Indian political and social scenario. The erudite speakers enlightened the students and enhanced their understanding. The teacher co-ordinator for the event was Dr. Anchala Paliwal.

5. Newly Appointed Faculty Members

Dr. Anchala Paliwal, Dr. Chaandreyi Mukherjee, Mr. Arunabha Bose, Mr. Amit Kumar, Mr. Ranbeer Kumar, Ms. Khushboo Soni, Ms. Shweta Kumari, Dr. Boniface Gaiguilung Kamei, Ms. Karishma Popli and Ms. Akanksha Tirkey

6. Faculty Participation

- Dr. Nalini Gandhi Kapoor has completed the 20-day Certificate Course ,(Dec 27,2023 to January 10,2024), on Shrimad Bhagavad Gita: Relevance organized by Teaching Learning Centre, Ramanujan College, University of Delhi, under the Ministry of Education's Pandit Madan Mohan Malviya National Mission on Teachers & Teaching and BHARATAM-Bhartiya Gyan Parampară: Adhyavan, Adhyapan Evam Anusandhan Kendra. Dr. Kapoor achieved an A grade in the course.
- Dr Nalini Gandhi Kapoor has participated and presented a paper entitled *Abhijanasakuntalam: Embracing continuity and change in the rich tapestry of Indian Culture* in a two Day interdisciplinary international seminar on the theme "Diverse Landscape of Indian Culture: Continuity with Change" (भारतीय संस्कृति के विविध परिदृश्य: परिवर्तन के साथ निरंतरता) on 8th and 9th February, 2024 held at ATMA RAM SANATAN DHARMA COLLEGE (University of Delhi in collaboration with Sahitya Kala Parishad (The Departments of History, Hindi and Political Science).
- Dr. Anchala Paliwal contributed as Resource Person in a 5-day workshop on Development of Various Guidelines under Nav Bharat Saksharta Karyakram organized by Cell for National Centre for Literacy, New Delhi from 31st July to 4th August 2023.
- Ms. Shweta Kumari participated in the two weeks online training programme on "NEP 2020 Orientation and Sanitization Programme under Malaviya Teacher Training Programme of University Grant Commissions (UGC) organized by Mahatma Hansraj Malaviya Mision Teacher Training Centre (MH-MMTTC), Hansraj College, University of Delhi from 1st January to 14th January, 2024.
- Dr. Boniface Gaiguilung Kamei participated in a 10-day online training programme on "NEP 2020 Orientation and Sanitization Programme under Malaviya Teacher Training Programme of University Grant Commissions (UGC) organized by Centre for Professional Development in Higher Education (UGC-MMTTC), University of Delhi from 2nd January to 11th January, 2024.

- Mr. Amit Kumar participated in one-day conference on Disability Engagements in English Studies at Delhi University: A Retrospect and Prospects organized by the Department of English, University of Delhi on March 13th, 2024.
- Mr. Amit Kumar participated in the National conference "Hindu Studies at University of Delhi: Understanding Hindu Dharma and Hinduness" organized by Centre for Hindu Studies, University of Delhi on April 2nd, 2024.
- Ms. Karishma Popli completed the NEP 2020 Orientation & Sensitization Programme under MalaviyaMission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) Organized by Centre for Professional Development in Higher Education (UGC-MMTTC), University of Delhi from 1st February 2024-9th February 2024.
- Ms. Karishma Popli completed the 4-week Faculty Induction/ Orientation Programme for "Faculty in Universities/Colleges/ Institutes of Higher Education" from 21st February to 19th March, 2024 organized by Teaching Learning Centre Ramanujan College, University of Delhi and obtained Grade A.

-Dr. Sophie PDe Teacher-in-Charge



Department of Environmental Studies

Dr. Subhash Chandra participated in U75: Net zero workshop on carbon carbon-neutral campus for Northern Region Universities/HEIs organized by the University of Delhi in collaboration with Green TERRE Foundation on 7th November 2023.

Dr. Subhash Chandra also participated in the One-Day National Symposium on "Indian Narrative Traditions" held on 6th July 2023, organized by Vivekananda Knowledge System and Indian Traditions (VIKSIT) Centre & NEP committee.

Dr. Subhash Chandra was appointed as one of the external examiners by the University of Delhi to conduct the practical examination of the subject "Human-wildlife conflict management" on 13th December and 19th December 2023.

Dr. Subhash Chandra has organized an activity of slogan writing on wooden planks for the college garden on 13th December 2023.

Dr. Subhash Chandra has organized a plantation drive on World Environment Day, 05 June 2023.



Dr. Subhash Chandra has organized an activity on poster making on World Environment Day, 05 June 2023.



Dr. Seema Sharma has been awarded a certificate for her contribution in 'Gender into Urban Climate Change Initiative (GUCCI) Project being Advisor (2016 to 2021) by All India Women's Conference (AIWC), 5th February 2024.

Dr. Seema Sharma was invited as a resource person (Panellist) to speak on 'Role of Artificial Intelligence in Higher Education: mapping future trends' at O. P. Jindal Global University, 15th September 2023, Sonipat, Haryana.

Being core committee member of IQAC (SSR-cycle 2) and AQAR (2022-2023), Dr. Seema Sharma has worked on Profile and Extended Profile of the college for the 2nd cycle of the NAAC visit.

Being Convenor of the Eco Club, Dr. Seema Sharma has conducted 5 major events/activity during the session.

- Light Delight (at the occasion of Diwali-2023 celebration, Eco Club introduced four engaging games based on environmental themes).
- Orientation Programme
- Group Discussion on Delhi as a Gas Chamber
- Global Higher Education& Career Fair 2024
- Intercollege PowerPoint presentation competition: theme –environmental audit and waste management

-Dr. Subhash Chandra Teacher-in-Charge





Department of Food Technology and Home Science

The department welcomed new members: Dr. Maanas Sharma and Dr. C. Muanpuia Tetea, Assistant Professors.

The department organized the following salient activities during the period June 2023 to March 2024 with the help of student volunteers:

- 'BEEJOM' Organic Farm Visit was organised by Dr Shweta Agarwal on 24th June, 2023.
- One-Day Student Seminar on "Cell- Structure and Functions" was organised by Dr. Arushi Jain under the convenorship of Prof.(Dr.) Sukhneet Suri on 25th September,2023.
- Workshop I: Basic Sciences for Home Scientists I was organised by Dr. Arushi Jain under the convenorship of Prof.(Dr.) Sukhneet Surion 12th October, 2023.
- One-Day Student Seminar on "Household Equipment and Consumer Awareness" was organised by Dr. Arushi Jain under the convenorship of Prof.(Dr.) Sukhneet Suri on 18th October, 2023.
- Workshop II: Basic Sciences for Home Scientists II was organised by Dr. Arushi Jain under the convenorship of Prof.(Dr.) Sukhneet Suri on 19th October, 2023.
- Workshop III: Basic Sciences for Everyday Life was organised by Dr. Arushi Jain under the convenorship of Prof.(Dr.) Sukhneet Suri on 26th October, 2023.
- Workshop IV: Science and Life was organised by Dr. Arushi Jain under the convenorship of Prof.(Dr.) Sukhneet Suri on 2nd November, 2023.
- Freshers Welcome Party was organised by Dr. Arushi Jain under the convenorship of Prof.(Dr.) Sukhneet Suri on 3rd November, 2023.
- Academia-Industry Interaction "Self-employment and Recruitment" was organised by Dr. Arushi Jain under the convenorship of Prof.(Dr.) Sukhneet Suri on 20th November, 2023.
- Workshop V: Basics of Science and Life was organised by Dr. Arushi Jain under the convenorship of Prof.(Dr.) Sukhneet Surion 23rd November, 2023.
- Millet Awareness Research Activity on "Health Benefits of Millets in Routine Diet: A Study on Assessing the Awareness and Consumption of Millets among Youths in Delhi NCR" (ICSSR Project) was organised by Dr. Arushi Jain under the convenorship of Prof.(Dr.) Sukhneet Suri on 30th November,2023.
- Poster Making Workshop and Poster Creation 'Mental Health Awareness' was organised by Ms. Richa under the convenorship of Prof.(Dr.) Sukhneet Suri on 30th November, 2023
- Bakery Sale Trial was organised by Ms. Gargi under the convenorship of Prof.(Dr.) Sukhneet Suri on 8th December, 2023.
- Creative Workshop- Learning Basics of Stitching and Embroidery was organised by Dr. Dr. Archana Jain under the convenorship of Prof.(Dr.) Sukhneet Suri on 23-24th January, 2024.
- Workshop on Food Preservation was organised by Dr. Sarika Tyagi under the convenorship of Prof.(Dr.) Sukhneet Suri on 19th January, 2024.
- Inter College Competition- Create a Delight Using Given Sample of Muffin was organised by Ms. Gargi Khatri under the convenorship of Prof.(Dr.) Sukhneet Suri on 9th February, 2024
- Visit to Amrit Udyan, Rashtrapati Bhawan was organised by Dr. Anupriya on 29th February,2024.
- Edible Routes-Amarkanan Farm was organised by Dr. Shweta on 3rd March,2024.

Students :

- BA Food Technology, Semester VI students (Ms. Bhavna and Ms. Simran) participated in the University Chef Edition, 4-6th March 2024.
- BA Food Technology, Semester VI three students were selected and they participated as volunteers for the World Food Exhibition from 3-5th Nov. 2023 at Pragati Maidan, New Delhi.

Publications :

• Singh, S., Suri, Sukhneet. and Singh, R. Determination of Viscosity of Browntop Millet Grain Paste and Whole Browntop Millet Flour Paste. Current Nutrition & Food Science 2023; DOI: <u>10.2174/0115734013266480231023082845</u>.

Seminars and Conferences Attended:

- Jain, A. completed and obtained Grade A+ in an online two weeks Interdisciplinary Refresher Course in "ADVANCED RESEARCH METHODOLOGY" organised by Teaching Learning Center, Ramanujan College, University of Delhi under the Ministry of Education, PanditMadan Mohan Malaviya National Mission On Teachers And Teaching from 21st July – 4th August, 2023.
- Jain, A. completed and obtained Grade A+ in an online four weeks faculty induction/ orientation programme organised by Teaching Learning Centre, Ramanujan College, University of Delhi under the Ministry of Education, PanditMadan Mohan Malaviya National Mission on Teachers And Teaching from 21st Feb – 19th March, 2024.

Invited Lectures / Resource Person / Paper Presentations:

- Suri, Sukhneet., invited as Resource Person in Workshop on Ayurveda and Nutrition, organised by Value Addition Courses Committee, University of Delhi in collaboration with Sri Aurobindo College, University of Delhi, 7th June 2023.
- Suri, Sukhneet., invited as a Resource Person in Faculty Development Program on the Principles of Culinary Science, Department of Home Science, Lady Irwin College, University of Delhi, 3-5th September 2023.
- Suri, Sukhneet. was Member of Organising Committee in one week National Faculty Development Program, jointly organised by University of Delhi (Skill Enhancement Course Committee); Department of Home Science, Lady Irwin College and Guru Angad Dev Teaching Learning Centre, University of Delhi under Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of Ministry of Education, 1-7th September 2023.
- Suri, Sukhneet., invited as a Resource Person in Faculty Development Program on the Ayurveda and Nutrition, organized by VAC Committee, DU and the Department of Home Science, Lady Irwin College, University of Delhi, 14th and 18th March 2024.

Laboratory Staff Members:

- Mr. Praveen Kataria successfully completed the BA Degree from University of Delhi.
- Mr. Suresh Kumar and Mr. Praveen Kataria successfully completed the Paramgat Course, Department of Official Language, Ministry of Home Affairs, Government of India.

-Prof.(Dr.) Sukhneet Suri Teacher-in-Charge



Visit to Edible Routes, Chattarpur, New Delhi

Department of French

Students's Achievements:

- Samridhi Bhatt of BA(P) Third year topped in CUET (PG) 2024 MA French conducted by National Testing Agency(NTA). The CUET(PG) introduced in the country in 2022, provides a single window opportunity to students seeking admission in any of the Central Universities or other participating organizations across the country.
- Sanjana Rawat of BA(P) First year won the First prize and Janvee Kashyap of BA(P) First year won the Third prize in French singing competition during "Confluence 2024" event held at the Department of Germanic and Romance Studies, University of Delhi in collaboration with French Institute in India to celebrate "International Francophonie Day".

Student's activities and participations:

- Students of the Department volunteered as French Teacher to students of Class 5 at MCD schools of Central, East and South Delhi zone as part of Josuman French Enrichment Program run by Education Department of Municipal Corporation of Delhi. This is a social initiative based project to enrich school children from economically weaker sections with new language and cultural skills:
 - Tvisha Singh, Neelakshi Tyagi, Priyanshi Chauhan, Priyanshi Yadav, Avantika Harit, Akanksha, Kajal Sen, Ananya, Avni Preet, Riya Singh of BA(P) IInd year.
 - Aashna Viresh, Khushbu, Harleen Kaur, Tanishka Gaur, Olivia Sarkar, Jyoti Kumari of BA(P) IIIrd year.
- The students of the Department participated in "Confluence 2024" held at Department of Germanic and Romance Studies, University of Delhi in collaboration with French Institute in India to celebrate "International Francophonie Day". An active participation in such events provides an exposure not only to French and francophone culture but also provides an opportunity to practice their French language skills at an inter-college forum.
 - Sanjana Rawat , Katrina Dhall, Janvi Jain of BA (P) Ist year participated in French singing competition.
 - Aashna Viresh, Anisha Sen and Olivia Sarkar of BA (P) IIIrd year participated in Poem writing competition.
 - Anisha Sen, Shivangi Chaudhary, Samridhi Bhatt and Ananya Sharma of IIIrd year participated in Short-film making competition.
 - Srishti Pandey, Srishti Negi and Mansi Soni of BA (P) IIIrd year participated in Quiz competition.
 - Anshi Saxena of BA(P) IIIrd year participated in Essay-writing and Short story writing competitions.
- Students held an Orientation and Freshers party to welcome the students of BA Programme French in November 2023.

Faculty's Participations:

• Ms. Kanika Kumar completed the following FDPs:

- 7-day Faculty Development Programme on "L'Art de l'Enseignement de la Traduction" organised by the Department of French , Faculty of Science and Humanities, SRMIST, Chennai from 25th January to 31st January 2024.
- 4-week Faculty Induction/ Orientation Programme for "Faculty in Universities/Colleges/ Institutes of Higher Education" from 21st February to 19th March 2024.

-Ms. Kanika Kumar Teacher-in-Charge



Department of Hindi

हिन्दी विभाग के लिए सन 2023-24 विभिन्न गतिविधियों और उपलब्धियों से भरा रहा। विभाग द्वारा 22 अगस्त,2023 में 'मेरी माटी मेरा देश' स्वरचित कविता पाठ का आयोजन किया गया। हर वर्ष की तरह इस वर्ष भी सितंबर 2023 में हिन्दी सप्ताह का आयोजन किया गया जिसमें महाविद्यालय की विभिन्न विषयों की छात्राओं ने बढ़-चढ़ कर भाग लिया। 6 दिसम्बर,2023 को हिन्दी विशेष तृतीय वर्ष की छात्राओं द्वारा दीपदान एकांकी का सफल मंचन किया गया । 22 फ़रवरी, 2024 को अन्तर्राष्ट्रीए मातृभाषा दिवस के उपलक्ष्य में अंतरमहाविद्यालय लघुकथा लेखन प्रतियोगिता तथा मातृभाषा हस्ताक्षर अभियान भी आयोजित किया गया।

प्रो. सरोज कुमारी की तीन पुस्तकें और तीन आलेख प्रकाशित हुए। साथ ही दस साहित्यिक गतिविधियों में इन्होंने सक्रिय योगदान दिया । इनके द्वारा दिल्ली विश्वविद्यालय के चार शोधार्थियों का शोध निर्देशन किया जा रहा है। गांधी हिंदुस्तानी साहित्य सभा नई दिल्ली द्वारा वर्ष 2024 में इन्हें विष्णु प्रभाकर राष्ट्रीय सम्मान से सम्मानित किया गया।

पुस्तक प्रकाशित

1.कामकाजी महिलाओं का संघर्ष भावना प्रकाशन 2023

2.स्त्री कवि कौमुदी हंस प्रकाशन 2023

3.कविता सिद्धांत विमर्श हंस प्रकाशन 2023

आलेख प्रकाशित

1.साज कलाई का राज जिंदगी का याकि हाशिए के समाज का सच्चा दस्तावेज पक्षधर जुलाई दिसंबर 2023

2.छायावादी आलोचना पाखी अक्टूबर 2023

3.घरेलू हिंसा का शिकार स्त्रियां प्रतिबद्ध अक्टूबर मार्च संयुक्तांक 2023 24

साहित्यिक गतिविधियां

1.संवाद साहित्यिक मंच व्याख्यान - माटी का बर्तन: पुरानी कहानी नया पाठ 1.8 .2023 संवाद साहित्यिक मंच

2. भोजप्री लोकगीत और परिचर्चा 23 मार्च 2024

3.पुस्तक विमोचन एवं परिचर्चा 17 फरवरी 2024 प्रगति मैदान विश्व पुस्तक मेला लेखक मंच बुद्ध होने के मायने

4.परिवर्तन साहित्यिक मंच किताबों की दुनिया 19 पुस्तक परिचर्चा एक थी नदी सई 17.3. 2024

5.प्स्तक परिचर्चा

दिसंबर की एक सर्द रात परिवर्तन साहित्यिक मंच 30.7. 23

6.प्स्तक परिचर्चा

स्त्री कवि कौमुदी परिवर्तन साहित्यिक मंच 17. 12. 2023 7.पुस्तक परिचर्चा राबिया का खत 5 .1. 2023 जामिया मिल्लिया इस्लामिया 8.पुस्तक परिचर्चा एवं विमोचन

कविता सिद्धांत विमर्श 14 अक्टूबर 2023 साहित्य अकादमी दिल्ली 9. पुस्तक परिचर्चा उपन्यास सांप जनवादी लेखक संघ समीक्षा संवाद तीन 10. 12. 2023 10. कविता कल आज और कल सन्निधि संगोष्ठी राजघाट दिल्ली 20.1. 2024

डॉक्टर योजना कालिया द्वारा दिल्ली विश्वविद्यालय के दो शोधार्थियों का शोध निर्देशन कार्य किया जा रहा है। साथ ही वे दिल्ली विश्वविद्यालय से पंजाबी भाषा में एमए कर रही हैं। वे पिछले 13 वर्षों से महाविद्यालय की कस्तूरी दीवार पत्रिका का संपादन और संचालन कर रही हैं।

डॉक्टर मुकेश बर्नवाल की समकालीन रंग प्रयोग और दिल्ली का रंगमंच पुस्तक प्रकाशित हुई है। उनके दो शोध आलेख भी प्रकाशित हुए हैं।

डॉक्टर शीतल क एक शोध पत्र और एक पुस्तक में अध्याय प्रकाशित हुआ। एक रिफ्रेशर कोर्स और एक ओरिएंटेशन प्रोग्राम तथा नई शिक्षा नीति 2020 में भाषा और साहित्य की प्रासंगिकता विषय पर साप्ताहिक संकाय संवर्धन कार्यक्रम में भाग लिया।

डॉक्टर मीना पांडेय द्वारा दो कार्यशाला आयोजित की गई। एक कार्यशाला में उन्होंने भाग लिया तथा एक शोध पत्र भी प्रस्तुत किया। साथ ही वे विशेषज्ञ एवं मुख्य अतिथि के तौर पर भी विभिन्न संकायों में आमंत्रित हुईं।

डॉक्टर बबीता ने एक रिफ्रेशर कोर्स और एक ओरिएंटेशन प्रोग्राम किया तथा नई शिक्षा नीति 2020 में भाषा और साहित्य की प्रासंगिकता विषय पर साप्ताहिक संकाय संवर्धन कार्यक्रम में भाग लिया।

डॉक्टर अमित कुमार ने नई शिक्षा नीति 2020 में ' भाषा और साहित्य की प्रासंगिकता' विषय पर साप्ताहिक संकाय संवर्धन कार्यक्रम में भाग लिया।

डॉक्टर ओमवीर सिंह, डॉक्टर प्रतिभा जैमिनी और डॉक्टर सरिता ने एक रिफ्रेशर कोर्स और एक ओरिएंटेशन प्रोग्राम में भाग लिया।

> -Dr. Yojna Kalia Teacher-in-Charge

Department of History

•The Department of History organized annual "Alka Rani Memorial Lecture" on 29th September, 2023. Eminent feminist historian, Prof.(Dr.) Charu Gupta of the Department of History, Delhi University, delivered the lecture. She spoke on "Writing the Gendered Histories of Modern India".

•A speech Competition on the theme "The Unsung Heroes of Indian History" was also organized under the campaign "Meri Mati Mera Desh" on 22th August, 2023.

•The Department also organised an enriching field trip to explore Delhi's historical treasures on 1st December 2023. Around 120 students and five teachers embarked on a journey to Firoz Shah Kotla, Qila Mubarak, Humayun's Tomb, and Lodhi Garden. Of late, the students of the Department hosted Freshers Welcome Party on 29th February, 2024.

Teacher's Achievements:

Three of our colleagues, Dr. Shahnaz Begum, Dr. Raman Kumar Singh and Mr. Tulsi Chauhan were appointed as permanent faculty in March 2024.

- Prof.(Dr.) Sandhya Sharma presented a paper "Gender in Medieval Braj Poetry: Representing Poetic Signifies as an Alternative Literary Tradition" in an International Conference "Cultures in Transformation: A Subcontinental Experience" (1st and 2nd March 2024) organised by the History Department of Ram Lal Anand College of Delhi University.
- Dr Shahnaz Begum attended One-Day Workshop for Educators on "Sahitya, Sanskriti Aur Cinema" and One-Day Workshop for Educators on "Srijnatmak Lekhan ke Ayam" Value Addition Course (VAC) for Undergraduate Programme, Organized by Value Addition Courses Committee and Sri Venkateswara College, University of Delhi, and Value Addition Courses Committee and Vivekananda College, University of Delhi on 22nd May 2023 and 4th October 2023 respectively.

The Department has been sending the students for attending the events organised .

-Prof.(Dr.) Sandhya Sharma Teacher-in-Charge









Department of Mathematics

- The "Teacher's Day" was celebrated by the students of Department of Mathematics on 5th September, 2023, as a colorful program to express their gratitude for the immense contribution put forth by their teachers towards their development.
- The Department of Mathematics of Vivekananda College, organized a memorable event to "Welcome the Freshers" from the first year on 6th October 2023. All the arrangements were made by the teacher co-ordinator, Dr Ritika Nagpal and student co-ordinators Kashish Chaudhary and Sejal Kesarwani. Shivi Vikal was declared as "The Miss Fresher 2023".
- MATHLETICO, the Mathematics Society, Department of Mathematics of Vivekananda college organized a seminar on Digital Marketing 101, on 27th October, 2023 in Sharda Hall, delivered by a distinguished expert, Mr. Aditya Shastri who provided a comprehensive introduction to the fundamentals of digital marketing. The programme was conducted under the guidance of Mrs. Anita Bakshi, the TIC of Mathematics Department. The Key Topics covered were Introduction to Digital Marketing, Strategies for Online Presence, Search Engine Optimization (SEO), Social Media Marketing, and Pay-Per-Click (PPC) Advertising. The seminar included an interactive Q&A session, allowing attendees to seek personalized advice and clarification on specific digital marketing challenges.
- MATHLETICO, the Mathematics Society, Department of Mathematics of Vivekananda college organized a Seminar on "Panorama of Mathematics" on 29th November, 2023 at 10:30 a.m. in Sharda Hall, which followed a Quiz competition. In this webinar, the keynote speaker was the founder principal of Keshav Mahavidyalaya, University of Delhi, Dr. K.P Chinda. The teacher coordinator was Dr Shivani Dubey. Dr. K.P Chinda's talk covered personal reflections, ground-breaking contributions, and educational philosophy of basic Mathematics teaching at college level. The departmental address by the TIC enhanced the overall experience, creating an atmosphere of intellectual vibrancy.
- "Pi Day Celebration" was organized by MATHLETICO, the Mathematics society of the Mathematics Department of Vivekananda College from 9 a.m. onwards on 14th March, 2024. The teacher coordinator was Dr Shivani Dubey. It kicked off with the Mathathon relay run (Solve & run) on the running track in the sports ground, which brought participants of all courses and Maths enthusiasts alike. After the Mathathon, there was a captivating session with the renowned Mathematician, Dr. Asha Gauri Shankar in Sharda Hall at 10.30 am. Her passion for the subject was contagious, and she managed to captivate the audience with her fascinating life experiences. It was not only educational but also inspiring as it opened up new perspectives of seeing the opportunities for students in India & abroad after graduation.

Teacher's Achievements:

- Dr. Sandhya Jain presented a poster entitled "Boundedness of Hausdorff and Dunkl-Hausdorff" in the Indian Women and Mathematics(IWM) annual national conference held at IISER Bhopal during July 13th-15th, 2023.
- Dr Sandhya Jain has published research paper:
 - S. Jain, A.P. Singh, M. Madan and P. Jain. (2024) Boundedness of Dunkl-Hausdorff operator for radially decreasing functions and monotone weights on Rn. Journal of Mathematical Sciences. https://doi.org/10.1007/s10958-024-06994-5
- Dr. Sandhya Jain attended a national conference on Operator Theory and Function Spaces held at Shiv Nadar Institution of Eminence, Delhi NCR during March 27-29, 2024.
- Dr. Ritika Nagpal has published a research paper:

- J. K. Singh, Ritika Nagpal, A model of dark matter-dark energy interaction with some cosmic consequences, Ind. J. Phys, (2023) DOI: <u>10.1007/s12648-023-03002-5</u>
- Mr. Arabind Kumar has published two research papers:
 - Arabind Kumar, Sanjay Yadav, "A New Image Encryption Scheme Using RSA Cryptosystem and Arnold Transformation" in Advances in Computational Intelligence, Algorithms for Intelligent System, 2023, pp. 187-198.
 - Arabind Kumar, Sanjay Yadav and Tarul Garg, "Phase-Image-Encryption-Based Elliptic Curve and Double-Random-Phase Encoding" in Engineering Proceedings MPDI, January 2024.
- Mr. Arabind Kumar presented a paper with title "A Secure Data Aggregation Framework in Wireless Sensor Network Using Elliptic Curve Cryptography" in International Conference on Advances in Pure and Applied Mathematics (ICAPAM-2024), Organized by Shyam Lal College, University of Delhi, on February 8-10, 2024.

-Mrs. Anita Bakshi Teacher-in-Charge









Department of Music

- The Music Department under the initiative "Meri Mati Mera Desh" organised a musical event on 22ndAugust 2023 with the presentation of patriotic songs by the students.
- The students performed Kulgeet and Vaidik hymns on the occasion of one day National Symposium on "Indian Narrative traditions" organised by the IKS committee on 6t^h July 2023.
- Following the past traditions over the years, the department organised Vasantotasav on 6th March 2024 with Saraswati Puja followed by invocation and musical compositions connected to the spring season by the students of Music department and Dhwani Society. Dr. Neeta Mathur explained the structure of Raag Basant, allied Ragas and their association with spring celebrations. Dr. Deepa Varshney, Dr. Kamini Taneja and Mrs Anita Bakhshi also shared their views on this occasion. Ms.Vanshika and Ms.Vandana were the student coordinators of this programme.
- A very vibrant and engaging interactive discussion on Swami Vivekanand ji 's famous quote ' The very essence of education is concentration of mind' was organised in the College on 31st October,2023 . The session commenced with invocation and recitation of Vaidik hymns by the students .This was followed by poetry recitations, talks , power point presentations by the students on the above theme.
- The program concluded with a Quiz round connected to Swamiji's life and thoughts on the Power of mind, education, moral and spiritual values. The event anchored by Ms. Sonali Sinha and coordinated by Ms. Saumya Singh received enthusiastic participation by a large number of students and teachers.

Teacher's Achievements:

- Prof.(Dr.)Neeta Mathur was invited as guest speaker in the symposium "Viksit Bharat me Mahila kalakaron ki bhumika" organised by the IGNCA,Delhi. Dr. Neeta presented her classical vocal recital in the concerts held in the India International Center (20th July 2023) and India Habitat Center (22nd November 2023).
- She was also nominated as a jury member for the Audition board of All India Radio, New Delhi.

-Prof (Dr.) Neeta Mathur Teacher-in-Charge











Department of Political Science

The Department of Political Science provides a wide platform to the students to participate in various curricular and co-curricular activities and events throughout the year. Following report provides an overview of activities and events conducted in the academic year 2023-2024 :

• A Plantation Drive was organized on 22nd August 2023. Students of the Department planted the saplings on the ground with the purpose to spread awareness about environmental preservation and bio diversity support.



• Parliament visit held on 14th September 2023 to celebrate the birth Anniversary of Dr. B.R. Ambedkar. Faculty members Dr. Muskaan Dr. Sunita and Mr. Jaspertap Singh along with 50 students visited the temple of Indian Democracy "The Parliament of India". Even the students got a chance to interact with Honarable Lok Sabha Speaker Sh. Om Birla.



• A trip to Bharat Mandapam was organized on 26t^h September 2023 in connection with the event G20 University of Delhi. Dr. Muskaan and Dr. Sunita along with students of the department participated in the event.



- The department under the aegis of *POLITIX* (Departmental Society) had organized an Intra College Speech Competition to celebrate Constitution Day on 29th November 2023 on the theme "The Preamble as a Guiding Light for Nation Building".
- Departmental Fresher's party held on 8th December 2023, featuring variety of performances and activities of the students.
- An Online Intra- College Slogan writing competition on the theme "My Vote My Right" was organized to celebrate National Voter's Day on 2nd February 2024. Students participated enthusiastically.
- In collaboration with DLSA Shahdara, Department of Political Science organized a *Nukkad Natak* and discussion on the theme of "Women Empowerment" on 6th March 2024. Ms. Vandana Suri, Chairperson Voice of Women Foundation, discussed on Gender Sensitization and Women Empowerment.



• Under the initiative of Government of India, a series of activities (pledge, slogan writing, audio visual screening, app download) were organized by Department of Political Science along with other departments between 1st-14th March 2024 on the theme "*Mera Pahela Vote Desh ke Liye*".



-Dr. Gargi Sengupta Teacher-in-Charge

Department of Sanskrit

- Students of the Department of Sanskrit of our college actively participated in various activities in last year.
- Sanskrit Students performed Sanskrit garba on 1st September 2023 on the occasion of Sanskrit Diwas and also performed Sanskrit giddha in NAAC visit on 22nd January 2024. Our Department organised one day trip to Amrit Udyan on 28th February 2024.
- Sanskrit Diwas Celebration was held in college premises on 1st September 2023. It was oragnized by the Sanskrit Department and was attended by Students of all courses.
- 3 students of B.A. honours Sanskrit visited the Bharat Mandapam on 26th September 2023 organized under the guidance of honorable Prime Minister of India Narendra Modi ji.It was held at the Pragati Maidan. The field visit was faciliated by Dr. Kamini Taneja, Dr. Vishaka Jain and Dr. Shehnaz.
- Dr. Dilip Kumar Jaiswal participated as a resource-person in National Symposium on Indian Narrative Tradition held on 6th July 2023 organised by Vivekananda Indian Knowledge System and Indian Traditions Center and NEP Committee, Vivekananda College.
- Dr. Dilip Kumar Jaiswal participated as a resource person in a FDP-cum Workshop on the theme "Sanskrit se Sanskriti Tak" organized by Amity Center for Sanskrit and Indic Studies, Amity University, held on 18th July 2023.
- Dr. Dilip Kumar Jaiswal authored a book titled "Brhatkatha shlok sangrah: A Treatise of Morals and Values" published in February, 2024. Publisher name is Indu Prakashan , New Delhi.
- Dr. Kamini Taneja participated in a FDP-Workshop on the theme "Ayurveda" organized by Aurobindo college, University of Delhi
- Dr. Kamini Taneja authored a book titled "Six Schools of Indian Philosophy" published in March 2024.
- Dr Kamini Taneja organized a workshop on Panchkosh in collaboration with Sikaha Sanskriti Utthan nyasa. The event was held on 12th April 2023.

Apart from this, the colleagues of Sanskrit department organized lecture-sessions, competitions on many different subjects.

-Dr. Kamini Taneja Teacher-in-charge

Vivekananda College Library

"अपने समय का सुदपयोग कीजिए दूसरों केलिखे हुए से खुद को बेहतर बनाने में, ताकि आपको वह सब आसानी से प्राप्त हो जिसके लिए औरों ने मेहनत की है।"

It is with great pleasure that we present the Annual Report of the library for the fiscal year 2023-2024. This report encapsulates the library's achievements, challenges, and initiatives undertaken to serve our community better.

In the past year Vivekananda College library has continued its mission to provide equitable access to information, foster a love for reading, and serve as a hub for community engagement. Despite the ongoing challenges posed by the COVID-19 pandemic, we have adapted and thrived, offering innovative programs and services to meet the evolving needs of our patrons.

Highlights:

NAAC Visit: On January 23, 2024, the NAAC peer team visited the library, where they were warmly welcomed by library staff. The team was given a comprehensive presentation by Dr. Rajni Jindal, Librarian, detailing the library's collection, services, and adoption of ICT tools. They also had a hands-on demonstration of RFID technology. Circulation is through **Biometrics.**





The team asked about resources for visually challenged patrons. They also inspected the second floor of the library, which featured a faculty publication display. The NAAC peer panel appreciated the library's ICT efforts, other best practices of the library and also in-house patron entry record software.

Book Exhibition:



Vivekananda College Library organized a three-day book exhibition on the occasion of Hindi Diwas to celebrate the richness of the Hindi language and promote Hindi. The event began with an inaugural ceremony, followed by a melodious rendition of Saraswati Vandana. The exhibition featured an extensive collection of Hindi books and other discipline books in Hindi medium.

The exhibition showcased literary works by renowned Hindi authors and highlighted the contributions of Hindi poets and writers to Indian literature. Many vendors displayed their books on Hindi Medium. The college library is committed to continue promoting the Hindi language and its literary heritage. The event served as a reminder that language is a bridge that connects us to our roots and unites us in our cultural diversity.

Overview



Library Collection: Our college library is fully computerized (Through LSease ILMS) and RFID enabled. It is also accessible on the smartphone for the millennial generation using its in-house developed website. The library has a collection of approximately **67482** printed books including 76 Braille books along with ten (**10**) print journals and audio-visual material. **755** books were added during this financial year.

Periodicals: It has restarted purchasing of newspapers and magazines which were discontinued due to covid restrictions. Fourteen (14) newspapers and Twenty three (23) general nature magazines and magazines for preparation of competitive examinations are being subscribed in the library. Millions of e-resources are accessible remotely to the faculty as well as students through Delhi University Library System (DULS), N-List and DELNET. Membership of NList and DELNET has been renewed.

Information Literacy: Physical library orientation for first year students was done through a PowerPoint on an interactive smart board. The same has been uploaded in video form on the youtube channel of the library. Some other videos have also been uploaded.

Library Usage: Approximately **23288** footfalls have been recorded in the patron recording software while **12420** circulation transactions including Inter library loan of Delnet through Library Management Software (LSEase).

Career Counseling Services: Recognizing the need for support during uncertain times, the library subscribes to various career counseling books to help patrons in preparation of competitive examinations. A separate corner has been dedicated to display these books.

Internship: The library initiated the internship to SOL (DU) students as it is mandatory for students of B.Lib.Sc. as part of their curriculum. The library facilitated the provision of internship to eight students. Honorary Internship is also given to library Science undergraduates

Shortage of staff in the library has halted some information services and ICT initiatives for the time being.

Technology and Innovation

- We enhanced our digital library services, including the introduction of a mobile app for convenient access to library resources. Interactive Smart Board for library orientation, Display of QR codes through Acrylic standees.
- QR codes have been generated to access library collections and its various services. These are available on the website, library bulletin boards as well QR code standees have been placed on the reading room tables to help patrons in accessing varied library services.
- Old question papers are being regularly digitized and made available on the library website for institutional repository
- Pdf of cover page and table of contents of books are continuously prepared and regularly updated on OPAC and also on the website.
- Library is world wide web compatible and may be accessed by putting its URL on an internet browser.
- Apart from maintaining other social media platforms (facebook, Instagram, Twitter and Youtube), Library also initiated the **Whats app Channel** for dissemination of information. QR code has been displayed at various places in the library.
- Plagiarism checking of Papers of faculty members.
- Feedback of final year students taken through online web form highlighted that approximately 81% patrons are satisfied with the library. The library staff will strive harder to increase the percentage of satisfaction of the patrons.

Staff Achievements

- The librarian '**Dr. Rajni Jindal'** attended Short term courses on Workshops on 'Automation and Digitisation', 'Training the Trainers', On availability & accessibility of e-Books & Digital Archives and aFaculty Development Program (FDP) on Digital Training Skills. She also published four papers in reputed journals and also created content for Study material of School of Open learning (University of Delhi). **Reviewed** papers for Desidoc Journal of Library & Information Technology (DJLIT) journal published by DRDO-DESIDOC.
- She also received the Outstanding Librarian National Award 2023 from Kamarajar Institute of Education and Research Theni, Tamil Nadu, India. Delivered invited lectures for in-service training program for School Librarians organised by SCERT 4th Dec. to 15th December 2023, Guide for MLIS Dissertation and also gave Internship to SOL (DU) BLIS students
- The Library staff keeps attending various capacity building workshops, refresher courses and also various webinars. They attended a six month राजभाषा हिन्दी पारंगत पाठ्यक्रम organized in the college by राजभाषा विभाग, गृह मंत्रालय, भारत सरकार.

Mrs. Veena Sharma (Professional Assistant) and Mrs. Rekha Kumari (Library Attendant, Contractual) secured highest marks in the examination of राजभाषा हिन्दी पारंगत पाठ्यक्रम.



• Our staff always tries to make the library an enriching experience by innovating and maintaining various information services, updating the library collection and access to millions of e-resources. We would like to commend our dedicated staff for their hard work and commitment to serving our patrons. Their passion and professionalism have been instrumental in the success of the college library.

Looking ahead, we remain committed to our mission of providing exceptional library services and fostering a lifelong love of learning. We will continue to innovate, collaborate, and adapt to meet the evolving needs of our academic community.

In closing, we extend our sincere gratitude to our patrons, volunteers, Academic community, Library Committee and our Offg. Principal for their continued support. Together, we have made our college library a vital resource and a beacon of knowledge and inspiration for our patrons.

पुस्तकों का जीवन में वही महत्व है जो महत्व सूर्य का पृथ्वी के लिए है

- Dr. Rajni Jindal Librarian

COMMITTEE REPORTS

Poster Credits: Simardeep Kaur BA (H) III Year

ACADEMIC DEVELOPMENT AND CAREER ORIENTATION COURSES COMMITTEE

In the academic year 2023-24, ADCC committee of Vivekananda College offered a Certificate Course in German Language, providing students with an opportunity to enhance their linguistic skills. This program spanned over duration of 7 months. A total of 15 students enrolled in the course, with examinations yet to be conducted. Upon suggestion from the Department of Hindi, the committee approved the Hindi Patrikarita and Translation Course on 23rd August 2023. These certificate programs reflect the college's commitment to offering diverse educational opportunities to its students, catering to their interests and skill development needs.

-Prof. (Dr.) Saroj Kumari (Convenor)

ALUMNI CELL

Throughout the academic year 2023-24, the Alumni Committee of Vivekananda College diligently compiled data from various departments.

- They created comprehensive records with academic progressions, placements, and the achievements of students who qualified in various state, national, and international exams, including exams like JAM, CLAT, GATE, civil services, and state government exams.
- Additionally, they recorded information about alumni who were invited to interact with the NAAC peer team, showcasing the ongoing engagement and success of Vivekananda College's alumni network.
- Organized an Online Alumni meet event held on 7th April 2024 aimed to foster connections and strengthen the bond among alumni of Vivekananda College. Despite the challenges, the event successfully brought together alumni from various graduating years and locations onto a virtual platform. The event started with a welcome note by Dr. Ritika Nagpal, in the presence of Honourable Principal and the alumnae. Dr. Hina Nandrajog, the Officiating Principal, Vivekananda College welcomed and addressed the audience about the importance of such alumnae meet. In her eloquent address, she mentioned how regardless of the professional distinctions and academic achievements, every alumni is equally valued and celebrated here at Vivekananda College. A welcome song was sung by the students of Indian classical music society Dhwani.

Event Highlights:

- **Keynote Address**: A keynote address by Prof. Vijaya Laxmi Singh, Honourable Treasurer, GB, Vivekananda College served as the centrepiece of the event. The keynote speaker shared personal anecdotes, reflections on their time at the institution, and words of wisdom for the alumni community. The address inspired attendees and reinforced the sense of pride in being part of the alumni network.
- Virtual Networking Sessions: The event featured virtual networking sessions where alumni had the opportunity to reconnect with former classmates, exchange career insights, and forge new professional relationships. Various breakout rooms were organized based on graduating years or professional interests, allowing for meaningful interactions.

• The Online Alumnae meet event was a resounding success, fostering connections, inspiring conversations, and reinforcing the bond among alumni. Despite the physical distance, the virtual platform effectively facilitated meaningful interactions and provided a memorable experience for all attendees. The alumni community continues to grow and evolve, events like these will play a crucial role in maintaining connections, fostering professional development, and preserving the spirit of camaraderie among alumni.

-Prof. (Dr.) Saroj Kumari (Convenor)



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AMBEDKAR AND SOCIAL JUSTICE COMMITTEE

The main objective of Ambedkar and Social Justice Committee is to create awareness among the students about their rights and duties mentioned in the Constitution of India. Ambedkar and Social Justice Committee has been successful in achieving this objective. The convener of this committee, Dr. Poonam Gupta and member, Prof. (Dr.) Saroj Kumari has conducted several activities from time to time on various social issues, such as paper presentation, lectures etc. and recently, an esteemed poet's conference on various social issues. Also, various events have been organised in which students and teachers from various departments of the college participated.

-Mrs. Poonam Gupta (Convenor)



ARCHIVES COMMITTEE

The Archive Committee was formed on 2nd February 2021 for the compilation of the history of Vivekananda College. It aimed to fulfil the purpose of compiling, preserving, and promoting the historical legacy of Vivekananda College since its inception in 1970. The committee played a pivotal role in promoting academic excellence and in connecting the past, present and the future of the college.

Documentation of the history could help disseminate the historical past in the academic community and create a sense of pride and connection among the students, alumnae, faculty members and the staff. Furthermore, the Archives would help in research activities and would serve as a resource for students and scholars.

In this regard the committee has been actively working in collecting facts and figures of the college. The facts were gathered under various headlines ranging from infrastructure, academic progression, eminent personalities visit to the college, alumnae, retired faculty members to various cultural and sports activities.

The committee has four members:

- Dr. Swati Choudhary Convenor
- Dr. Jyotika Elhance Member
- Dr. Anjana Kumari Member
- Dr. Amit Kumar Member

The Archive Committee completed its work in December 2023 and multiple hardcopies of the same in the form of a coffee table book was published in January 2024.

-Dr. Swati Ranjan Choudhary (Convenor)







CANTEEN COMMITTEE

The canteen committee made refreshments available on time in various programs of the college in the year 2023-24. The canteen committee convenor Meenakshi Aggarwal and her team members namely Chandrakanta Bansal, Poonam Gupta and Sheetal inspected the canteen from time to time. Also, necessary improvements were made in it.

-Ms. Meenakshi Aggarwal (Convenor)




COUNSELLING COMMITTEE

- Activity on Autism Awareness Month on 20th April 2023: Vivekananda College's Counselling Cell organized an event to raise autism awareness, engaging students in poster discussions and reflections.
- Emotional Kaleidoscope (Suicide Prevention Day) on 21^s September 2023: Counselling Cell facilitated emotional expression activities with Eartha Foundation, fostering dialogue and self-reflection for Suicide Prevention Day.
- Chatathon 3.0 on 11th October 2023: In collaboration with Rahat Foundation, this event was led to an insightful discussion on mental health, featuring expert guidance and interactive student engagement. Life is a Game: Play It! On 11th October 2023 22nd February 2024: Counselling Cell at Vivekananda College, with Sri Sathya Sai Seva Organisation, conducted a spiritual workshop focusing on life skills, personality development, and personal growth.
- Representative Stall at the NAAC Visit on 23rd January 2024: Students from the Counselling Cell showcased well-being activities at the NAAC visit, receiving positive feedback from the peer team for their innovative approach.



-Prof.(Dr.) Salma Seth (Convenor)



EQUAL OPPORTUNITY CELL

The Equal Opportunity Cell organized a talk on **Awareness of our rights and responsibilities as citizens of India**. Dr. Ajay Kumar was invited as Guest speaker from Ramanujan College, University of Delhi and approximately 100 students participated.



-Dr. Sophia Pde (Convenor)





EXAMINATION COMMITTEE

The college has set up an examination committee for the smooth functioning of conducting exams. It includes both teaching and non-teaching staff. The university conducts the examination in physical mode. The committee follows the guidelines issued by University of Delhi for conducting the examination.

> -Dr. Yojna Kalia (Convenor)

FEE CONCESSION COMMITTEE

Since June 2023, the Student Aid Fund has assisted 11 students with a total amount of Rs 1,46,250 under the government scheme.

-Dr. Pavan Gupta (Convenor)

GANDHI STUDY CIRCLE

Gandhi Study Circle of Vivekananda College, University of Delhi, under the convenor ship of Mrs. Anita Bakshi (Department of Mathematics) and with the support of the committee members, Dr. Deepa Varshney (Department of Music), Dr. Dilip Kumar Jaiswal (Department of Sanskrit) and Mr. Amit Kumar (Department of English) along with student coordinators of the committee organized the following set of events in the academic year 2023-24:

- Gandhi Jayanti Celebrations: On 10th October 2023 Gandhi Study Circle celebrated Gandhi Jayanti in a jam-packed Sharda Hall by reliving the memories of the Father of the nation through poems, bhajans, patriotic songs, expressing thoughts etc. The event started with singing the DU Anthem "Kulgeet", sung by Sanjana & Vandana, followed by poems by Sonam, Akanksha, Aditi & Shivani and self-composed poetry by Deeksha on Gandhiji's dream of "Swatch Bharat". Next followed Gandhiji's favourite bhajan "Vaishnav Jan' and mesmerising patriotic songs by Dimple, Ayona and Shivi.
- Martyr's Day Celebrations: Martyr's Day was celebrated on 30th January 2024 in Sharda Hall through a Reading Session. The event began with a poignant tribute: two minutes of silence. In that reverent stillness, we honoured the brave souls who sacrificed everything for a cause greater than themselves. It was a moment of reflection, unity, and profound reverence for our fallen heroes. The program aimed to honour the indomitable spirit and value of those who fought for justice and liberty. Prof.(Dr.) Neeta Mathur sang Gandhiji's favourite bhajans & songs. The melodies echoed through the air, carrying the essence of Gandhian values and the pursuit of truth and justice. Dr. Dilip Kumar & Mr Amit Kumar eloquently delved into the depths of Gandhiji's autobiography, shedding light on the enduring relevance of Gandhiji's teachings in today's world. Dr Dilip Kumar and Mr. Amit Kumar eloquently delved into the depths of Mahatma Gandhi's autobiography, offering profound insights and reflections on Martyrs' Day. Through their speeches, they shed light on the enduring relevance of Gandhi's teachings in today's world, inspiring listeners to emulate the principles of peace, justice, and compassion embodied by the Father of the Nation. Mrs. Anita Bakshi shared her profound insights on Martyrs' Day, drawing from the timeless wisdom and principles championed by Mahatma Gandhi. Her thoughtful

discourse encouraged listeners to embrace the spirit of sacrifice and selflessness embodied by the martyrs, inspiring a renewed commitment to the ideals of compassion and humanity.

-Mrs. Anita Bakshi (Convenor)



GARDEN COMMITTEE

Meri Maati Mera Desh: With the vibe of "Meri Maati Mera Desh" The Garden committee of the college organized a Vriksharopan in the College premises on 8th August 2023, at 10:00 am. Preservation on Mother Nature by planting more trees and having a lush green garden to absorb all worries and to have a variety of flora and fauna to make the campus life more interesting, every year the garden committee organizes this Plantation Drive. Around 50 planters were planted in various areas of the college. Teachers, Librarian, Administrative Staff, gardeners enthusiastically participated in the event. Mr. S.K. Babbar, Dy.Director, Ministry of Youth Affairs also joined the event.

- Pinwheel Flower (*Chandni*) 10
- Oriental Arbor Vite (Thuja) (Mor pankhi) 10
- Trumpetbushes (*Tikoma*) 10
- Estonia (Saptaparni) 15

Everyone present vowed for taking personal care to the saplings planted and it concluded with refreshments for all.

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2. Plantation with Students – Smiling Tree

Smiling tree foundation headed by Dr. Mukesh Kwatra an Environmentalist gifted our College in honour of Medals won by India in Asian Games 2023, 107 plants of various mixes and a Vertical Garden. The plantation of the same was done along with students volunteers from NSS in the college premises on 5th September 2023.



3. Garden Competition – Indraprastha Horticulture Society

Our College participated in Indraprastha Horticulture Society Flower Show and the same was inspected on 7th February 2024 and declared as Best Gardens on 10th February 2024.



Additionally one of our Gardeners, Mr. Dharampal individually competed in potted hanging garden and other potted categories competition and was facilitated as winner in with Gold Medal in three categories.



4. Participation in Delhi University Flower Show

Our College for the first time participated in Delhi University Flower Show in three categories namely

- a. Category A Class V College Gardens
- b. Category A Class XI Greenery and Cleanliness of a College
- c. Category A Class XVII Best Green Practices in College

The College gardens were inspected on 28th February 24 by Dr. P. L. Uniyal and Dr. Anuradha. They appreciated the garden furniture's created out of fallen trees. The team was also apprised of the facilities like rainwater harvesting, composting near canteen, shredder machines, Green house, nursery and also the sports area.





GRIEVANCE REDRESSAL COMMITTEE

The aim and objective of the committee is to provide the students an easy, prompt and accessible mechanism for disposal of their college related grievances.

Prof.(Dr.) Sondhi (Convenor), Dr Shivantika Sharad, Dr Sunil Verma, Dr Anju Nagpal, Dr. Ranjeeta Phukan, Ms. Kanika Sharma (Student).

-Dr. Ranjeeta Phukan (Convenor)

HEALTH AND WELLNESS COMMITTEE

The Health and wellness committee of Vivekananda College provides medical facilities, Resources and Support for the students to improve their wellbeing. It collaborates with other organizations to create a healthy and supportive environment.

Medical Room

The Medical Room is on the Ground Floor of the College which has Basic Medical Facilities like Ointment, Dettol, Cotton, Bandages.

It has a Sanitary Napkin vending Machine which provides Sanitary Napkin in exchange of ₹5 coin. It has one stretcher for the individual. Also, if someone is in a serious condition, she/he is consulted and taken to nearby hospitals such as Indira Gandhi ESI Hospital etc.

Events

 Health and Wellness committee of Vivekananda College has collaborated with APOLLO HOSPITAL for Health Check-up Camp on 21st March, 2024 from 10 a.m. onwards in the college Campus. Around 100-120 people were checked by the professional Doctors from the Apollo Hospital. 12 people including Doctors (dietician, physiotherapist, Gynaecologists) and Nurses came. Check-Ups including - Eye Check-up, BP, Sugar, Dental, ECG, HB were done by the Doctors. Health and Wellness committee of Vivekananda College has collaborated with MAX HOSPITAL for Health Check-up Camp on 16th October, 2023 from 10 a.m. onwards in the college Campus. Around 100-150 people were checked by the professional Doctors from the Max Hospital. 15 people including Doctors and Nurse came. Check-up including, Eye Check-up, Dental Check-up, ECG, Blood, Sugar, HB, etc were done by the Doctors.

> -Dr. Pavan Gupta (Convenor)



INTERNAL ASSESSMENT COMMITTEE

The college follows the guidelines issued by University of Delhi for conducting the Internal Assessment (IA), Practical, Viva-Voce, Projects, Oral, Apprenticeship, Internship and Field work.

-Dr. Yojna Kalia (Convenor)

INTERNAL COMPLAINTS' COMMITTEE (ICC)

Internal Complaints' Committee (ICC) of Vivekananda College was formed under the Sexual Harassment of Women at Workplace, Prevention, Prohibition and Redressal Act, 2013, (Hereinafter referred to as the Act). The Committee comprises of Mrs. Anju Nagpal (Presiding Officer), Mr. Arunabha Bose, Dr. Muskaan (Teacher Coordinators), Mrs. Usha Rani, Mrs. Vijaybala and Mr. Chanderpal Singh (Non-Teaching Representatives) and Dr. Anita Kant (External Member).

The Internal Complaints Committee invited nominations from all currently enrolled students of First and Second Year for the position of Office Bearers for the academic year 2024. Students were asked to file their Nomination through the Nomination Form available at the College Office till 1 March 2024. Ms. Khushi Yadav (B.A. (H) Hindi) and Ms. Priyanshi Chaudhary (B.A. (H) Political Science) were elected as student office bearers for the year 2024-25.

In compliance with the directive of the Honourable Orissa High Court's judgement, the ICC has installed and displayed boards outlining the penal consequences of sexual harassment at workplace in both English and Hindi prominently in the college premises. Women's Helpline Number and Emergency Response Support System Number have been prominently displayed as well.

-Dr. Anju Nagpal (Convenor)



INTERNAL QUALITY ASSURANCE CELL (IQAC)

- The college conducted the process of Cycle II of NAAC accreditation. The NAAC Peer Team visited the college on 21st and 22nd January 2024 and the college was accredited with 'A+' grade this time after getting 'A' grade in Cycle I.
- The committee had filled up and submitted the AQAR 2022-23.
- The following MoUs were signed this year:
 - An MoU with the University of Buraimi, Oman for academic partnership was renewed on 30th October 2023. It is valid for 5 years.
 - An MoU with the Institute of Industrial Development was signed on 31st September 2021 for a duration of two years as a step towards partial fulfilment of objectives of Vidya Vistar Scheme.
 - An MoU was signed with Bharat Soka Gakkai under SDG club on 23rd March 2023 and is valid for one year.
 - An MoU was signed with Delhi Elites Football Academy on 27th September 2023 and is valid for two years.

-Prof.(Dr.) Vanita Sondhi (Convenor)

MENTORING PROGRAM COMMITTEE

The Mentoring committee of the college aims to establish a trusting relationship between the mentor (Teacher) and mentee (Student). It helps the students to identify issues in their academic and emotional growth and to facilitate their overall development. The committee oversees that teacher mentors are assigned to each and every student. Lectures and workshops are conducted from time to time to train the teachers to be effective mentors. Regular interactions are also held with the students to encourage their participation and attendance in the mentoring sessions.

The following activity was organized by the Mentoring committee for the students:

On 22nd August 2023 Vivekananda College celebrated the event "Meri Mati Mera Desh" that coincided with the orientation day. It was a great opportunity for the mentoring committee to welcome the new batch of 2023-2024. The mentoring committee of the Vivekananda College organized an awareness campaign to make the students aware of the mentor mentee programme of the college. Engaging activity handouts were designed which the students could sit and fill up along with senior student coordinators. The theme of the committee was rightly named "heart to heart activity". The activity was prepared keeping in mind the vision of the committee i.e. to strengthen the bond between mentor and mentees and help students build a bond of trust with their mentors.

The convenor of this committee is Dr. Arpana Beniwal and the members are Dr. Shivantika Sharad and Dr. Shivani Dubey.

-Dr. Aparna Beniwal (Convenor)



NATIONAL SERVICE SCHEME

The National Service Scheme celebrates the virtues of selfless devotion towards the community and the virtue of giving. Vivekananda College has a vibrant N.S.S. organization that carries out activities throughout the year. The national service scheme of Vivekananda College organized various events with a sense of social and civic responsibility. There are several projects managed by our NSS volunteers.

- **Project Shakti-** Under Project Shakti, NSS Vivekananda provides awareness about Menstruation and Menstrual Hygiene to Teenagers from 12 years to 15 years or about to reach puberty in Slum areas and School like Indal Memorial public school and Herald public school. Students through Videos, Nukkad Natak, and Explanations provide Sanitary Napkins to them and also the women living in slum areas who still use cloth instead of Sanitary Napkins.
- **Project Unnati-** Under Project UNNATI, NSS volunteers go to the slum or park near Vivekananda College on alternative days and teach the children. Activities like dancing, sports, Poetry, and Speech learning are included.
- Project Sahyog- All the Donation Drives that enable us to help others such as Cloth donation Drives, Book Donation Drives, Stationery Donation Drives, and Hair Donations come under Project SAHYOG. NSS volunteers have been conducting these Drives near Jhilmil Slum Areas or Balaji Temple near Vivekananda College for 4 years.
- **Project Jeevan-** Under Project JEEVAN, NSS VIVEKANANDA conducts Blood Donation Drives and Health Check Camps collaborating with many organizations such as Lion Blood Bank, Max Hospital, GTB Hospital, etc.

Collaborations:

- NSS collaborated with Apollo Hospital on 21st March 2024 for a health check-up camp. There were several free health services offered by them like BP, Blood Sugar, HB, ECG, BMD, Dietician etc.
- NSS has collaborated with Ramindra Foundation for the distribution of sanitary napkins in Herald Public School on 28th February 2024.

- NSS has conducted a cleanliness drive at Lodhi Garden in collaboration with NSS Maitreyi, NSS Acharya Narendra Dev College, and NSS Ramanujan College on 1st March 2024.
- NSS Collaborated with Shining Birds Foundation for the Sports Competition of slum children on 24th November 2024.
- In collaboration with NSS Maitreyi College NSS conducted an event Divya Utsav on 4th-5th December 2023.
- Slam Poetry Competition in collaboration with NSS IITD on 7th March, 2024.

Events organized:

- Ek Bharat Sanskritik Sangam on 16th September 2023.
- Cleanliness drive under Ek Tarik, Ek Ghanta on 1st October 2023.
- Meri Maati Mera Desh on 9th October 2023.
- Self-defense training program on 26th October 2023.
- Rally on Unity Day on 30th October 2023.
- Maatribhasha Diwas on 21st February.
- Competition on Vigilance Day on 28th October 2023
- Udaan- The tales of Triumph, event was organized on 9th April 2024.

Achievements:

- NSS Volunteers won the 2nd Position in the Photography Competition at District Level Competition organized by NYKS.
- Best Performer Shield facilitated by District Election Commissioner on 25th January 2024.
- NSS Volunteers won positions in Intra-college Sports Competition on 29th February 2024.
- NSS Volunteers won the Painting Competition at District level.

-Dr. Shubhashri Bose (Nodal Officer)















ARISE - THE PLACEMENT CELL

Part A- Career Counselling Sessions

• Aditya Singh, a distinguished representative from CEPT, a prestigious research institute in Ahmedabad, led an enlightening speaker session on 13th September 2023 from 10 am-12 pm with the theme of "Mapping Career with Spatial Science." The intriguing field of Geographic Information System (GIS) and its applications was the focus of the session. Mr. Aditya clarified the role that GIS plays in different businesses. In addition, the speaker gave a thorough introduction to ESRI, a well-known participant in the GIS industry, emphasizing its resources and tools for prospective professionals. A background in spatial science can lead to fulfilling jobs in government, business, research institutes, and nonprofit organizations, as Mr. Aditya highlighted when describing the wide range of prospects accessible. He introduced attendees to various free courses offered by NASA, which can serve as valuable resources for individuals aspiring to pursue a career in spatial science.

• The event "Decoding Business Analytics," on 10th October 2023 organized by ARISE, intended to provide light on the numerous employment options available in the rapidly developing subject of business analytics. Ms. Aayushi Kalra was the main speaker at the event. Participants learned about a variety of job options in the field of business analytics. Ms. Aayushi Kalra, a Jaipuria Institute of Management Assistant Professor of Business Analytics, provided her wide range of knowledge at the event. Ms. Aayushi discussed a wide range of career options in business analytics at the session. Among the well-known positions that were highlighted are:

- Business Analyst Manager
- Data Business Analyst
- Data Analysis Scientist
- Information Security Analyst
- IT Business Analyst
- Quantitative Business Analyst
- The placement cell hosted a resume-building session "Crafting A Winning Resume" for college students on Wednesday, 28th February 2024. Our speaker for the session was Mr.

Ranbeer Kumar, an Assistant Professor at the University of Delhi's Vivekananda College. The event started at 11 a.m. in Sharda Hall. Mr. Ranbeer took the lead in the discussion and shared some profound and significant information regarding resumes in the corporate world. The key elements of an excellent resume, such as a clear and concise summary, relevant work experience, educational background, skills, and accomplishments, were told to the students. Students were guided through creating an engaging resume that showcases their accomplishments, experiences, and abilities to the best. The event was attended by many students, who expressed interest in improving their resume-writing skills.

Part B- Pre-Placement Offers (2023-24)

• **Bank of America** had a successful recruitment drive for Associate roles. The placement drive, which included three rounds of in-person interviews, targeted candidates for positions in Hyderabad, Mumbai, Gurugram, Gandhinagar (GIFT), and Gurugram at a salary of 3.5 LPA with benefits.

Placement Process

The placement process primarily consisted of three interview rounds, which served as the primary means of evaluating candidates' suitability for the positions available. 20 out of the 39 applicants who took part in the placement drive were chosen for roles with success. The placement drive was successful in part because of the efficient hiring procedure and the careful assessment that took place throughout the interview stages.

S. No	Name of the Student	College Roll Number	E-mail ID	Course
1	Anisha Sen	2021072	anisha.dsen17@gmail.com	BA (P) English and French
2	Muskan Goswami	2021272	muskanmg007@gmail.com	BCom (P)
3	Vridhi Mahajan	2021045	mahajanvridhi@gmail.com	BA (P) Economics and French
4	Medha Sharma	2021049	medhasharma64248@gmail.co m	BA (P) Economics and Mathematics

5	Anika Paul Singh	2021202	anikapaulsingh13@gmail.com	B. Com (P)
6	Aashna Gupta	2021194	guptaaashna15@gmail.com	B. Com (P)
7	Ayushi Verma	2021213	ayushiverma031103@gmail.co	B. Com (P)
			<u>m</u>	
8	Megha Bansal	2021451	Meghabansal713@gmail.com	B. Com (H)
9	Latika Singhal	2021446	singhallatika22@gmail.com	B. Com (H)
10	Tanvi Rani	2021497	tanvijojo148@gmail.com	B. Com (H)
11	Prachi Mittal	2021050	prachimittal2817@gmail.com	BA (P) Economics and Mathematics
12	Aashi Tyagi	2021047	Pvt.ashi@gmail.com	BA(P) Economics and Mathematics
13	Khushi Sharma	2021440	khushijangra2002@gmail.com	B. Com (H)
14	Varnika Goyal	2021360	varnikagoyal212003@gmail.co	B. Com
			<u>m</u>	
15	Stutii Srivastava	2021004	Stutiisrivastava@gmail.com	BA (P) Computer Application and Economics
16	Vani Tyagi	2021065	tyagivani0304@gmail.com	BA (P) Economics and Political Science
17	Sonika Jain	2021331	jainsonika010@gmail.com	B. Com (P)
18	Arpita	2021210	arpitasharma2804@gmail.com	B. Com
19	Janvi	2021424	janvigulati311@gmail.com	B. Com (H)
20	Chhaya Jha	210845610	chhaya22jha@gmail.com	BSc. (H) Home Sci.
		02		

- On 13th October 2023 at Vivekananda College, University of Delhi, organized a Placement Drive in cooperation with The Oberoi Group. The Interviewer explained the recruitment process the students would be going through. After the presentation, there was an interactive Q&A session where the students cleared their doubts regarding the process, the working etc. Two students have finally got the offer from the company.
 - Riya Mishra
 - Surbhi Chaturvedi

• **Incedo** held a placement drive for the trainee position, which offered a competitive CTC of 3.2 lakhs. Three phases make up the selection process: the pre-placement talk, the online assessment, and the interview round.

Placement Process

A Pre-placement discussion round kicked off the drive, with Incedo personnel giving an overview of the firm, its culture, and the role of a Trainee in the company. The purpose of this session was to acquaint candidates with the expectations and values of the company. One applicant out of the 19 that took part in the placement process was able to get hired by Incedo as a Trainee. The structured process, comprising the Pre-Placement Talk, Online Assessment, and Interview Round, ensured a comprehensive evaluation of candidates' capabilities.

One student is selected for the role of Trainee.

- Ishitaa Srivastava- B. Com (P)
- Accenture conducted a successful placement drive on 13th September 2023 for roles in Operations and Voice & Chat support positions. The placement drive comprised several rounds including an aptitude test, group discussion, and personal interviews—the drive aimed to recruit candidates for Pan India locations with a competitive salary package of CTC 3.4 LPA.

Placement Process:

- Aptitude Test Round: The placement drive commenced with an aptitude test to assess candidates' analytical, quantitative, and verbal skills.
- **Group Discussion Round:** Shortlisted candidates from the aptitude test proceeded to the group discussion round. Here, participants engaged in constructive discussions on various topics provided by the panel.
- **Personal Interviews (Offline Mode):** Candidates who successfully cleared the group discussion round were invited for personal interviews conducted offline. It provided an opportunity for the panel to assess candidates' alignment with the company's values and

culture. Out of 53 participants, 6 candidates emerged successfully in securing positions with Accenture. The rigorous selection process ensured that only the most suitable candidates were chosen for operations and voice & chat support roles.

Sakshi Karira	sakshikarira3@gmail.com	8810635379
Nidhi Manuja	nidhimanuja15@gmail.com	9289330174
Ayushi Verma	ayushiverma031103@gmail.com	9990054523
Vridhi Mahajan	<u>mahajanvridhi@gmail.com</u>	8527640470
Vrinda Mehta	vrindamehta257@gmail.com	9811883330
Rupali Grover	groverrupali96@gmail.com	9873276163

• Zomato Associate Accelerator Program (ZAAP) is designed to develop leadership potential and enhance skills in customer care and support. Participants undergo intensive training to address customer needs via various communication channels, including chats, calls, and emails. After a rigorous selection process on 3rd March 2024 in Corporate Office of the company, Gurgaon, 3 candidates out of 59 were selected for positions within the ZAAP program. The selected candidates demonstrated exceptional skills and qualities aligned with the program's objectives.

Ms. Anushya	B. Com (P)	Zomato	4 Lakhs
Ms. Vanshika Ahuja	B. Com (H)	Zomato	4 Lakhs
Ms. Himani Ahuja	B. Com (P)	Zomato	4 Lakhs

• TCS (Tata Consultancy Services) conducted an online placement drive aiming to recruit talented individuals for Back Office operations (Data Processing) roles within the company. The placement process consisted of an aptitude test followed by offline interviews.

Placement Process

The placement drive began with an aptitude test. This round aimed to shortlist candidates based on their performance. Candidates who successfully cleared the aptitude test were invited for offline interviews. Three students are offered the job offer, out of them; one student has accepted the job offer.

Ms. Anshita	B.com(H)	Tata Consultancy Services	3.5 Lakhs
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-Dr. Veena Jain (Convenor)

PUBLICATION COMMITTEE

The Publication Committee of Vivekananda College has the following faculty members.

Dr. Meena Pandey, Dr. Kamini Taneja, Ms. Kanika Kumar, Dr. Babita Jaiswal, Dr Boniface Gaiguilung Kamei and Ms. Karishma Popli as members and Dr. Nalini Gandhi Kapoor as the Convenor. The committee primarily works in providing an academic platform for the students to showcase their artistic and creative talents.

Every academic year, the committee has been publishing an online E-magazine titled ISHA. The Publication Committee for this academic year 2024 has chosen to align the magazine's theme with Prime Minister Narendra Modi's vision of "ViksitBharat@2047" for India's prosperity. The theme resonates with the sub-themes that reflect the nation's diverse facets, encompassing unity, freedom, environmental conservation, cultural richness, and futuristic innovation.

The aim of the editorial team of the magazine is to provide the best content to the readers in the best shape, making it possible for them to read and imagine. Students are encouraged to unleash their creativity and contribute original articles, anecdotes, memorable experiences, self-composed poems, short stories, posters, and cartoon strips for the college magazine, exploring the theme and venturing beyond its boundaries.

It also works in preparing and publishing the Annual Report for the college and at University level.

The names for the Student Editorial Board are as follows:

Students' Editorial Team (English Section)

- 1. Jaza Mahajan (BA(H) English 6th Sem)
- 2. Simardeep Kaur (BA(H) English 6th Sem)
- 3. Riya Saikia (BA(H) English 4th Sem)
- 4. Deepanwitha (BA(H) English 4th Sem)
- 5. Aashna Viresh (BA Prog. French and English 6th Sem)
- 6. Hansika Banderwal (BA Prog. French and English 6th Sem)
- 7. Sneha (BA Prog. English and Computer 2nd Sem)

Students Editorial Team (Sanskrit Department)

- 1. Annu Panchal (BA(H) Sanskrit 6th Sem)
- 2. Priyanka (BA(H) Sanskrit 6th Sem)

- 3. Vanshika Sharma (BA(H) Sanskrit 2nd Sem)
- 4. Sonam Jha (BA(H) Sanskrit 2nd Sem)

Students' Editorial Team (Hindi Section)

- 1. Priya Kashyap (BA(H) Hindi 4th Sem)
- 2. Moni Sharma (BA(H) Hindi 4th Sem)
- 3. Khushi (BA(H) Hindi 4th Sem)
- 4. Siya (BA(H) Hindi 4th Sem)
- 5. Bhavna (BA Prog. 2nd Sem)
- 6. Devika Bhardwaj (BA Prog. 2nd Sem)

Students Editorial Team (French Department)

- 1. Mehak Malik (BA Prog. 6th Sem)
- 2. Tvisha Singh (BA Prog. 4th Sem)
- 3. Srijal Shree (BA Prog. 4th Sem)
- 4. Samridhi Bhatt (BA Prog. 6th Sem)
- 5. Ananya Sharma (BA Prog. 6th Sem)

-Dr. Nalini G. Kapoor (Convenor)



UNNAT BHARAT ABHIYAN

Following events are organized by Unnat Bharat Abhiyan Committee of Vivekananda College during 2023-24:

• 'Naarisashaktikaranhetukaryashaala' 25th -26thJuly 2023

Venue: *Village – Shakarpur Khas* A two-day hands-on art skill workshop for women is organized from 25th-26th July 2023 in Shakarpur village. The objective of the workshop is to provide self-employment skills and opportunities. Training was given to the women/housewives to create various home decor items which can be sold during festival times in the local market. The idea is to enable them to produce and sell household products independently to become economically independent. On second day, awareness about menstrual hygiene is given additionally safe menstrual products like sanitary napkins are distributed to them to promote their physical and mental well-being. Nearby women participated in the workshop with enthusiasm and strength was around 150 women.





• Organised a "**Community Enrichment Program**" on 25th September, 2023 to help homemakers for Self-Employment where housewives/women were provided a training to produce seasonal items of decoration with least cost so that they could earn their livelihood along with their other family responsibilities.



Raised awareness for "Menstrual Hygiene and Distribution of MH Products" –on 26th September 2023 in Maujpur Village, Shahdara. Safe Menstrual Hygiene products were distributed among rural females and awareness about disposal of used MH products was provided.





• Conducted a workshop on Resin Art, on 29th September, 2023 in room no. G3 in the college premises from 10 am-12 pm. The speaker was Kavita Bisht. There were 30 participants (Including representatives from 7 different SHGs). The main objective was to educate the students about resin art and help SHG groups and women entrepreneurs to know more about resin art. In the workshop, students were also told about the types of marketing strategy they could use to sell their masterpiece. Also, how these small business gives exposure to women. SHG members explained how to create the brochure of their products. How can they use different apps like Canva to insert the picture of their products for effective display of their products.



- Ms. Rachna Megh (Convenor)








SKILL ENHANCEMENT COMMITTEE

The Skill Enhancement Committee of Vivekananda College seeks to develop practice skills among students to make them self-reliant and sufficient. The Teacher Convenor is Mrs. Sushma Aggarwal, Teacher Coordinator is Mr. Devender Kumar and Student coordinators Himani Ahuja and Ayushi Verma.

- Organized a **workshop on Investment Banking** in collaboration with Data Trained Institute on 8thApril, 2023. The main objective of the workshop was to help the students to pursue a career in Investment Banking.
- Organized a **Boot Camp on Investment Banking** in collaboration with Data Trained Institute on 20th April 2023. The objective of the Boot Camp was to impart the practical knowledge to students in Investment Banking on tools like Excel.
- Organized a **workshop on CHAT GPT** on 15th September 2023 in collaboration with Data Trained Institute. The workshop focused on Chat GPT as an AI generative tool, and its safety and security features.
- Conducted a three day orientation session on "Preparation of UPSC/SPCS" on 25th, 26th and 29thSeptember 2023 on collaboration with VEDANGA Institute. The orientation was a three-day and the aspirants were introduced to UPSC, History and Polity.
- Organized an orientation program in collaboration with Nanak Training Institute on "Skill Development and Women Empowerment Program- Hunar Hai Toh Hosla Hai" on 6th February 2024. The orientation focused on computer literacy, dress making art and on makeup industry to the students in order to impart the practical skills, hand on training and to enhance the employability of the students.
- Organised **one-day visit to Pearl Academy**, Rajouri Garden on 23rd February 2024. The workshop was on styling, branding, fashion photography and make-up to experience the world of creativity and participate in various hand-on workshops.

-Mrs. Sushma Aggarwal (Convenor)



SOCIAL OUTREACH AND COMMUNITY DEVELOPMENT COMMITTEE

- The Social Outreach and Community Development Committee (SOCDC), Vivekananda College has partnered with Slum Swaraj Foundation (SSF) and Delhi Legal State Authority (DLSA). The Convenor of this committee is Dr. Sandhya Jain, and the Faculty Co-Ordinator is Dr. Gargi Sengupta.
- This committee focuses on bringing awareness among the children, open avenues of
 opportunities along with self-development and reduce inter-generational academic poverty
 by conducting regular educational camps for the slum children in Jhilmil Colony. The
 committee is also spreading awareness about social and legal issues and developing
 appropriate social values as well as responsibilities in all sections of society. Activities of
 this session:
- On 30th September 2023 the volunteers **visited the Jhilmil Camp** and started the offline classes again (Monday to Saturday).
- On 6th November 2023 during the Diwali Delight festival, volunteers set up a "Game stall" to collect some funds for the camp.
- On 9th November 2023 VNC SSF volunteers celebrated "Diwali" with the children of Jhilmil colony. Some activities like painting of diyas, making some decoration items like Toran, Paper Lanterns and fringe, rangoli making, singing and dancing were conducted.
- A "Cloth Donation Drive" held between 22nd November 2nd December 2023 collected clothes were distributed in the Jhilmil camp.
- SOCDC, in association with DLSA, organized a seminar on "Cyber Law" for students and faculty members on 30thJanuary 2024. The speaker was Ms. Shisba Chawla who's on record advocate in the Supreme Court of India.
- On February 7th, 2024, SOCDC, in collaboration with Slum Swaraj Foundation, organized a **donation event** for camp children. Thanks to a generous contribution from a college teacher, stationery items and treats like chocolates and wafers were provided to the children, leaving everyone with smiles.

Dr. Sandhya Jain (Convenor)





Lat 28.671325*

Long 77.307099° 11/10/23 03:50 PM GMT +05:30





SPORTS COMMITTEE

The Sports committee, Vivekananda College (DU), has following members- Dr Ranjeeta Phukan – Convenor, Mr Gagan Pahwa – Member, Mr Arabind Kumar – Member and Dr. Deepika Kakkar – Member. The college sports committee organizes various sports activities to provide an opportunity to the student to showcase their talent in sports field. Sports committee also encourages students to participate in intra-college and inter- college sports events. The College provides facilities for Sports and Games activities for students both indoor and outdoor. The vision of the sports committee is to organize training, coaching and education in sports for students so that they can learn to keep themselves physically fit. The Committee aims at enhancing the interest of the participants in the field of sports. To achieve the above, we plan to organize various competitions in the following sports: Football, Cricket, Basketball, Volleyball, Table tennis, Chess, Badminton. College has one sports room cum gym for the welfare of sports students. The sprawling college campus at Vivek Vihar is spread over an area of10Acres which includes 3939 sq. metres of built-up area & 5.2 acres of open space for garden and sports facilities. The college has the facility of hockey Turf mini-Hockey ground. Intensive training is provided under expert guidance.

The college is providing the facility of Gym for students. Hockey, Yoga and Athletics coaches are also appointed by college for student support. Students are participating in different competitions organised by University and College. College Hockey and Kabaddi teams have recently played the competition in different college and secure winning position.

Students Participation in various University Sports events:

- Hockey team member Ekta participated in the Junior Women's Hockey State championship, she performed an outstanding game and won a silver medal in the state championship.
- College Hockey team participated in Janki Devi Memorial College Cup 2024 in this cup total of 6 teams participated in this tournament. VNC played a total of 5 matches 3-win 1 draw and 1 lose and secured 3rd place with 1500 cash price, Trophy, and certificate to each participant.
- Participated in Padma Shree Shyamal Invitational's Hockey Tournament 2024, and secured 3rd place in this tournament.

- College Hockey team participated in Delhi University Inter College 2024 and secured 2nd place in the tournament.
- The yoga team participated in SPM Inter-College Yoga Asana Competition for Girls qualified for the first round and placed in 5thposition.
- Athletics team members participated in an intra college competition organised by Nehru uva Kendra Sangathan, in which a total of 4 students held positions with certificates in 100m race and long jump.
- The annual inter-college sports meet was organised by ADGIPS (Dr. Akhilesh Das Gupta Institute of Professional Studies). A total of 7 teams participated. VNC played 4 matches out of which 2 matches won and 2 matches lost by VNC. Hence, VNC was runner up.

-Dr. Ranjeeta Phukan (Convenor)









Kabaddi compatition in Vivekananda College position 1 :- achievement gold medal and certificate player names 1, Tarana khan 2, sneha mahor 3, Kaushiki 4, isha Pradhan 5,muskan Singh 6,manashi Gochhayat 7, ruchi yadav

Student Union Advisory Committee

Student Union Advisory' is the student's society of Vivekananda College. Total number of cultural events/competitions in which students of the Committee participated during the year 2023-24. The Society had organized two events.

The Students' Union Advisory Committee organised DUSU as well as Vivekananda College students' elections in Vivekananda College on 22nd September, 2023. Teachers were given duties in polling booths, counting of the votes manually, maintaining discipline, supervising refreshment etc. 32% of the students came for polling. Refreshment and lunch was provided to all the teachers, non-teaching staff and student contestants. The core committee members were present for the entire day and supervised the election process.

To celebrate the talent and versatility of the first-year students, the Students' Union Advisory Committee organises the Intra College Talent Competition "Hunar" every year. The first quiz round was held on 17th October, 2023 at 11 a.m. in room numbers G2, G3 and G4. In which multiple-choice questions were given to the registered participants. 20 students who answered the greatest number of questions correctly were qualified for the second round on 23rd October 2023 at 10 a.m. in the Sharda Hall; for which they had to showcase their talent. 13 students were selected for the third and final round on 6th November at 10 a.m. in the Sharda Hall. The judges for the final situational round of Hunar 2023- 24 were Dr. Shafaq Zareen, Assistant Professor, (Department of Commerce) Vivekananda College, Dr. Kamini Taneja, Assistant Professor, (Department of Sanskrit) Vivekananda College, and Ms. Neelakshi Tyagi, winner of Hunar 2022-2023, student of B.A. (P). II Year. The participants were judges according to three rounds – introduction round, ramp walk and question/answer session. Many students also showcased their performances as fillers and greatly entertained the audience.

> -Ms. Seema Taneja (Convenor)





VIKSIT CENTRE AND NEP COMMITTEE

 Following faculty-members were the part of organizing committee-Convenor- Prof. (Dr.) Sukhneet Suri, Associate Professor, Department of Food Technology

Co-convenor - Dr. Dilip Kumar Jaiswal, Assistant Professor, Department of Sanskrit

• Members

Prof. (Dr.) Neeta Mathur, Associate Professor, Department of Music , Prof. (Dr.) Salma Seth, Associate Professor, Department of Applied Psychology, Prof. (Dr.) Vanita Sondhi, Associate Professor, Department of Applied Psychology, Dr. Ratish Chandra Jha, Assistant Professor, Department of Sanskrit, Dr. Kamini Taneja, Assistant Professor, Department of Sanskrit , Ms. Vishakha Jain, Assistant Professor, Department of Economics, Dr. Avaneesh Anand Singh, Assistant Professor, Department of Computer Science , Ms. Priya Sharma, Assistant Professor, Department of Political Science , Dr. Shahnaz Begam, Assistant Professor, Department of History , Mr. Amit Kumar, Assistant Professor, Department of English and Dr. Preeti, Assistant Professor, Department of Sanskrit

- Vivekananda Indian Knowledge System and Indian Tradition (VIKSIT) Centre and NEP Committee organized one-day National Symposium on 6th July 2023 at Sharda Hall.
 'Indian Narrative Tradition' was the theme of the symposium. This event was the occasion for the inauguration of Vivekananda Indian Knowledge System and Indian Tradition (VIKSIT) Centre in the college.
- The inaugural session started with the recitation of Vedic Mantra followed by Delhi University Kulgeet. Prof. (Dr.) Sukhneet Suri, the convenor of the symposium, threw light on the significance of Indian Knowledge system and its place in the National Education Policy.
- Officiating Principal Dr. Hina Nandrajog also underlined the need for and importance of establishing a center dedicated to dissemination of Indian Knowledge System.
- The renowned scholar, Pro. Vice-Chancellor and Padam Bhushan awardee Pro. Kapil Kapoor elaborated on the importance of Indian Knowledge system in his key-note speech.
- Through his lucid, eclectic presentation, Prof. Kapoor brought home the point "why India is considered as Knowledge civilization?". He also lamented upon the present-day

generation's ignorance and apathy towards county's rich and glorious legacy of knowledge. He also discussed how narratives have been an instrument of disseminating knowledge throughout in Indian history.

- Guest of honour, Dr. K.K. Sharma, Vice-president of Delhi Sanskrit Academy, presented his view on the importance of narratives in Indian culture through citing a little anecdote.
- Inauguration session was concluded with vote of thanks by Prof. (Dr.) Vanita Sondhi.
- The second session was in the form of workshop on Sanskrit Narratology. The session opened with the introducing remark of special guest Prof. Om Nath Bimali, the head of Sanskrit Department, Delhi University. First resource-person Dr. Pankaj Kumar Mishra, Associate Professor, St. Stephens College, discussed the origin and development of Sanskrit narratives. Second resource-person Dr. Dilip Kumar Jaiswal discussed the distinctive features of Sanskrit narratives. Event ended with vote of thanks by Prof.(Dr.) Salma Seth and certificate distribution. The whole event was anchored by Dr. Kamini Taneja.

-Prof.(Dr.) Sukhneet Suri (Convenor)









VIVEKANANDA COMMITTEE

An interactive discussion on Swami Vivekanand Ji's famous quote 'The very essence of education is concentration of mind' was organised on 31st October 2023 (Room no 65). The session commenced with invocation and recitation of Vaidik hymns by the students of music department. This was followed by an interactive discussion, poetry recitations and talks by the students. Prof. (Dr.) Neeta Mathur, convenor of committee spoke about Swamiji's views on music as a powerful medium to focus and concentrate the turbulent mind.

Ms. Preeti Chhachia, faculty from Mathematics Department presented a power point presentation on Swami Ji's life and teachings. Ms. Anita Bakhshi, member of Vivekananda committee also shared her views on Swamiji's life journey and relevance of his teachings in today's life.

The program concluded with a Quiz round connected to Swamiji's life and thoughts on the Power of mind, education, moral and spiritual values. The event anchored by Ms. Sonali Sinha and coordinated by Ms. Saumya Singh received enthusiastic participation by a large number of students and teachers.

-Prof. (Dr.) Neeta Mathur (Convenor)









WORKLOAD AND TIME-TABLE COMMITTEE

The Workload and Time-Table Committee ensures UGC and University of Delhi curriculum implementation. LOCF and UGCF, detailing NEP 2020, were managed based on past practices. The Committee comfortably implemented Semester I, III, and V structures post detailed work in 2021. Semester V remained under CBCS. Syllabi were shared with students for preference selection. This process repeated for Semester II, IV, and VI in January 2024. Additionally, the Committee managed workload calculations for Assistant Professors' interviews and verified Semester workloads, timetables, and room allocations. Room-wise timetables were prepared during the NAAC visit in January 2024.

-Prof. (Dr.) Sandhya Sharma (Convenor)

WEBSITE COMMITTEE

The Website Committee of Vivekananda College throughout this period worked diligently to enhance the functionality, accessibility, and user experience of the college website.

Committee Members: Dr. Rajni Jindal: Convenor, Dr. Isha Gupta: Member, Dr. Anchala: Member and Dr. Subhash: Member.

Achievements:

The committee throughout the year tried redesigning the college website to modernize its appearance, improve navigation and aesthetics. This involved updating the layout, incorporating responsive design elements, and mandatory elements issued by the Government of India from time to time. (eg. Viksit Bharat, Beti Bachao Beti Padhao logo, inclusion of tab 'Seminar and Conferences' and addition of new element 'Spotlight').

A lot of hard work was put into uploading varied files of AQAR and SSR. During preparation of NAAC peer team visits to the college, continuous replacement of modified files was also done on an urgent basis.

Efforts were made to streamline content management processes, ensuring that information on the website remains up-to-date, accurate and also maintenance of request mails for official record purposes for posterity.

The committee also worked as an **Advisory Committee** for the second edition of **TedXVivekananda College** organised on 19th March 2024. Seven eminent speakers 'Aanchal Sharma', 'Anurag Hoon', 'Aakash Tandon', 'Parag Gupta', 'Anusha Garg', 'Shubham Maheshwari', and 'Leena Joshi' shared their thoughts on the theme "Blue deeper than Indigo". The event was a grand success with seven sponsors and around 100 attendees.

Challenges and Future Plans:

While significant progress has been made in enhancing the college website, the committee acknowledges that ongoing efforts are required to address emerging challenges and adapt to evolving technological trends. Moving forward, the committee remains committed to:

• Regular audits to identify and address outdated or irrelevant content.

- Continuously improving website functionality and user experience.
- Implementing measures to enhance website security and data privacy.
- Exploring opportunities for further integration of digital tools and technologies.
- Collaborating with stakeholders to ensure the website effectively serves the needs of the college community.

To conclude, the Website Committee is proud of the achievements made during the financial year 2023-2024 and remains dedicated to advancing the digital presence of our esteemed college.



-Dr. Rajni Jindal (Convenor)





CULTURAL SOCIETIES/CLUBS

KALAKRITI: ART & CRAFT SOCIETY

The society organized following events under the guidance of Society convenor Dr. Shahnaz Begum during June 2023 till March 2024:

• Logo Making Competition: Kalakriti- The society conducted a Logo Making Competition, under the theme Indian Knowledge System: Viksit Bharat. The competition was conducted under the guidance of Dr. Shahnaz Begum. The competition was conducted to bring out the hidden creativity of the participants. The total number of 17 participants registered for the competition. The designs were judged on the basis of creativity, uniqueness and relatability to the theme. The following were the winners of the competition:

First Position: Ayushi Verma

Second Position: Simardeep Kaur

- Art Exhibition at Nehru Yuva Utsav: The society set up a stall under Nehru Yuva Utsav. The stall was set up under the guidance of Dr. Shahnaz Begum. Diksha Sharma and Bhoomika, the members of the Kalakriti society enthusiastically participated in setting up this stall. Handmade jewellery, Mandala art, hand painted pots, canvas paintings were all the creative pieces that were exhibited.
- Decoration For One Day National Symposium on Indian Narrative Techniques: The society participated in decoration and Rangoli making for the one-day national symposium on Indian narrative techniques. The event took place on 6th July 2023. The decorations were conducted under the guidance of Dr. Shahnaz Begum.
- Art Exhibition on Cultural Day'23 : On 22nd August 2023,the society presented an Art Exhibition under the campaign "Meri Mati, Mera Desh" in college premises. It was conducted under the guidance of the Society Convenor Dr. Shahnaz Begum. All the society members participated enthusiastically to make the set up successful. The exhibition was a combination of many different Artworks including: Lippan Art, Watercolour paintings, Handmade Jewellery, Portrait, Canvas Paintings, Abstract Arts, Mandala Artwork, Sketches, Landscapes, Doodle Art and many more.

Also, some craft material i.e. handmade Earrings, Bracelets and Necklaces were made and displayed by the society members Simardeep Kaur, Ayushi Verma, Jaza Mahajan, Diksha, Bhumika, Sonali, Tanishka, Priyanka, Deepali, Sanjana, Nikita, Nashra, Payal, Kayshee, Ruchika, Ridhi were volunteers on that occasion.

- AUDITION '23: Kalakriti: The society has organized Kalakriti auditions on 6th October 2023. It was conducted under the supervision of Dr. Shahnaz Begum, Convenor of Kalakriti society. The Kalakriti had provided a platform to the students to showcase their talent and tojoin the society. Every artist is specialized in certain art forms, same was seen in theauditions. Beautiful paintings, Mandalas, Madhubani, sketches, doodle, etc. Have been sent by the students. Art & Craft society conducted Kalakriti Audition held on 06th October, 2023. It was organized under the guidance of society convenor Dr. Shahnaz Begum. Theme of this competition was traditional Art.43 Students were participated in this competition.
- Art Exhibition at Ambedkar College: It was a G-20 fest program "G20 Cultural -Cum-Academic event" organized by Ambedkar college, University of Delhi in collaboration with Vivekananda College, University of Delhi in which societyof our college was invited to present their artworks in the exhibition. The teacher coordinator of this event was Dr. Shahnaz Begum. The Guest of Honour of this event was Prof. Ajay Kumar Singh, Dean, Faculty of Commerce and Business Studies, University of Delhi. A team of nine student volunteers from Kalakriti: The society volunteered and participated in the event, presenting handmade artworks and craftworks such as beautiful canvas paintings, drawings, hand crafted flags and the G-20 logo for the event under the guidance of our society teacher convenor Dr. Shahnaz Begum.
- Art Exhibition: On 6th November 2023, the society presented an Art Exhibition. It was conducted under the guidance of the Society Convenor Dr. Shahnaz Begum. All the society members participated enthusiastically to make the set up successful. The exhibition was a combination of many different Artworks including: Lippan Art, Watercolour paintings, Handmade Jewellery, Portrait, Canvas Paintings, Abstract Arts, Mandala Artwork, Sketches, Landscapes, Doodle Art and many more. Also, some craft material i.e. handmade

Earrings, Bracelets and Necklaces were made and displayed by the society members Ayushi Verma, Diksha, Bhumika, Sonali, Tanishka, Priyanka, Deepali, Sanjana, Nikita.

• Wall Hanging Competition: The society conducted Wall hanging competition held on 06/12/2023. It was organized under the guidance of society convenor Dr. Shahnaz Begum. Theme of this competition was traditional Art. It aimed to promote the importance of the traditions through arts. Traditional art is art that is part of a certain group of people, with skills and knowledge passed down through generations from a person to person. 23 Students were participated in this competition.

Prize Winners: First Prize: Ojal)B.A(P) 4th Semester), Second Prize – Neha Gupta (BA(H) Hindi, 4th Semester), Third Prize - Ayushi Sharma (BA(H) Hindi, 4th Semester)

- Decoration For NAAC Peer Team Visit: The society created Rangoli, Wall Painting and Warli art for the NAAC Peer Team Visit (23rd January 2024 24th January 2024). It was created under the guidance of the Society Convenor Dr. Shahnaz Begum. The rangoli was made by the Kalakriti members in front of Sharda Hall and near the Staff room. The Rangoli was made with the help of Different colour of marbles. The members used rangoli as a medium to depict the welcome of the NAAC PEER TEAM to the college with beautiful peacock designs. Wall painting and Warli art was made with different Colours of acrylic paint. The Warli Art symbolizes Unity. Warli painting is a tribal art mostly created by the tribal people from the North Sahyadri Range in Maharashtra, India.
- Decoration For TEDx EventThe society created handmade logo for "TEDx event" held on 19th March 2024. This handmade logo were created under the supervision of Dr. Shahnaz Begum. All the society members participated enthusiastically to make the set up successful.

Achievements of Society Members:

- 1st Position in PAINTING COMPETITION AT NEHRU YUVA UTSAV
 Simardeep Kaur the member of Kalakriti The Art and Craft Society secured 1st
 position in Painting competition. The theme for the Painting competition was "Viksit
 Bharat". The competition was held in Room G4, Vivekananda college.
- Lipika Dutta got first position in Rangoli competition in Ramanujan College on 1st February 2024.

- Lipika Dutta got second position in Rangoli making competition in VIPS Delhi on 9th December 2023.
- Lipika Dutta got second position in Rangoli making competition in Aurobindo College on 9th April 2024.

-Dr. Shahnaz Begum (Convenor)









EHSAAS - CREATIVE WRITING SOCIETY

Ehsaas is the creative writing club of Vivekananda College. The club aims to cultivate the creativity of the students by offering them opportunities to express their ideas in different voices and styles.

- The Creative Writing Club of Vivekananda College, Ehsaas held auditions to enlist members for the year 2023-24. A registration Form was circulated amongst student of First and Second Year across disciplines. Registered students were asked to audition on 10 October 2023, Tuesday in Room No. 20 at 1:30 PM. Ten students were deemed eligible for membership and were admitted into the club. Daniya Naaz and Priya Jain were the student coordinators. Arunabha Bose was the Teacher Coordinator for the event.
- The Creative Writing Club of Vivekananda College, Ehsaas organised a creative writing Competition "Remembering Mahatma" on 12 October 2023, Thursday at 12:15 PM in Room No. 21 to commemorate Gandhi Jayanti. The competition was open to all students at Vivekananda College across disciplines. Registration was done at the competition venue from 12:00 PM onwards. Students choose to compose their work either in English, Hindi or Sanskrit. All works were judged on the basis of originality, imaginative expression and linguistic expression. Students were given two topics on the spot and allotted 1 hour to complete and submit their work. While composing their creative works students were asked to adhere to the theme of Gandhian ideas and their relevance. 8 students participated in the competition. Rupalee Verma, Associate Professor in Department of History, Vivekananda College was the judge for the event. Priya Jain was the student coordinator for the event. Arunabha Bose was the Teacher Coordinator for the event. All participants and winners were given certificates in recognition of their work.

-Dr. Arunabha Bose (Convenor)





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The Creative Writing Society presents

CREATIVE WRITING COMPETITION

Topic: Remembering Mahatma

Date: 12 October 2023 Time: 12:15 PM Venue: Room 21

REGISTRATION ON THE SPOT

Teacher Coordinator Patron Mr. Arunabha Bose Dr. Hina Nandrajog For Queries Contact: Priya Jain (8920181069)

 New Delhi, Delhi, India

 Lock D, Vivek Vihar, New Delhi, Delhi, 110095, India

 Lock B, 665908°

Long 77.314659°

Google

10/10/23 01:50 PM GMT +05:30

ENNOIA - DEBATING SOCIETY

Ennoia is the debating society of Vivekananda College. The society gives intellectual space to the students' community to engage in dialogue and debate. In 2023-24, the society organized two events and the details are:

- Organized an Intra-College Debate Competition on "Gandhi's Ideology: Exploring the Legacy of a Visionary." The event took place on 5th October 2023 at Sharda Hall, Vivekananda College. A total of 28 students competed in the debate.
- Conducted a one-day workshop on the Art of Debating on 9th October 2023. The workshop was an inter-college workshop aimed at enhancing students' debating skills.

Dr. Chaandreyi Mukherjee (Convenor)



ENACTUS

Enactus is the college entrepreneurship development committee. Enactus Vivekananda College, under the guidance of Dr. Sandhya Jain, Convenor, and Dr. Shafaq Zareen, Faculty coordinator, believes in providing opportunities and platforms to students with an entrepreneurial mindset. These young entrepreneurs with their brilliant and musing ideas come together to make an impact on society. Enactus VNC offers an astonishing experience and opens doors to success. From the development of soft skills like communication, confidence, research to professional skills like marketing, strategist, and finance. The committee organized the following events in 2023-24:

- On 15th February 2024, marked its presence at the prestigious VICHAR 5.0, the annual fest organized by the Team Enactus of Khalsa College, University of Delhi. This event, shining a spotlight on the exceptional skills of college students nationwide, became a highlight of the year, showcasing remarkable talents through lively competitions. The handcrafted earrings sparkled with the unique touch of our local artisans, and scented candles, with their flickering warmth, carried the aromatic whispers of our community's soul.
- On February 7, 2024, the vibrant spirit of cultural celebration ignited as Team Enactus VNC participated in the annual event, Aaghaz, organized by team enactus of Shri Venkateshwar College. This time around, our stall took center stage with the captivating 'Kulhad Pong' game, injecting a dose of exhilarating fun and fostering friendly competition among participants. The joyful engagement created an electric atmosphere, resonating with the lively spirit of Aaghaz. The carefully curated products at our stall, echoing the essence of creativity within our local community, were a testament to the boundless potential dwelling within our community—a vision championed by Project Tarakki.
- The team Enactus of Vivekananda Institute of Professional Studies, Indraprastha University organized their annual cultural fest event, Envision, on November 21st and November 22nd, 2023. As part of our eminent Project Tarakki, the Enactus VNC team set up their stall at this prestigious event. Our stall, a vibrant hub for small-scale businesses, unveiled a mesmerizing collection for two Days. Our stall, a haven for artistic expression, once again beckoned visitors with an enchanting display of handcrafted wonders. Adding an extra layer of excitement, the 'Kulhad Pong' and 'Trash Can Toss' game stalls persisted on both the days.

- On November 6, 2023, Team Enactus VNC illuminated the spirit of Diwali, by setting up a stall under Project Tarakki at the Event Light Delight'23 organized by the student union of Vivekananda College to celebrate the magic of Diwali while making a difference in our community. As the Diwali spirit enveloped the event, our stall continued to support small-scale businesses by showcasing an exquisite array of products handcrafted by them which made Visitors to our stall captivated by the sheer artistry on display including the elegant silver metal bangles that shimmered in the gentle glow of the Diwali lights, the diaries, adorned with intricate designs, the delightful Strawberry bag charms, and flower keychains which were the handwoven crochets were not just products and the coasters that added the touch of sophistication to our offerings were reflecting the creative spirit that thrives in our local community.
- On November 4, 2023, Team Enactus VNC, embarked on a transformative journey by orchestrating a **sanitary pad donation drive** under the Project Kiran. This collaborative effort featured Saday Sadev, a prominent PAN-India-based non-governmental organization (NGO) with a mission to destigmatize health-related issues. Our partnership with Saday Sadev yielded a kit brimming with four eco-conscious cloth sanitary napkins and an enlightening menstrupedia comic. These vital provisions were generously bestowed upon young girls aged 10-14 in Chhalera Village, facilitated by The Voice of the Slum. Impressively, we distributed 200+ sustainable cloth pads.
- On October 13, 2023, the team, a radiant force of inspiration, set up captivating Gaming Stalls at Vivekananda College, adding a harmonious energy to an event organized by the Convocare Mental Health Society, a society devoted to mental well-being. To make this event memorable, the Enactus team introduced three engaging game stalls: 'Cup Pong,' 'Hop And Pop,' And 'Shot Put,' with the latter emphasizing the essence of their newly launched Project, Ecoutour.
- On July 3, 2023, organized a **Pride Parade** to promote awareness and acceptance of the LGBTQ+ community. The event was intended to create positive change in society by breaking down barriers and highlighting the importance of love and equality.

-Dr. Sandya Jain (Convenor)









IT-INFORMATICA

Informatica is the IT society of Vivekananda College. It is a platform for the students to enhance their digital skills.

Organized a digital poster making competition on "Meri Maati Mera Desh" on 22nd August 2023.

-Dr. Renu Garg (Convenor)



DHWANI - THE INDIAN MUSIC SOCIETY

The Indian Music Society is the music society Vivekananda College. The society explores indigenous music and provides young women with opportunity to showcase their talents. In 2023-24, the society participated in three events:

- On the occasion of One –day National Symposium on 'Indian Narrative Tradition' which was held on 6th July 2023, students of Indian Music Society Manasi Raj, Pallavi Singh, Vanshika and Vandana Kaushal - presented unity song 'Samgachdwam samgvaddhwam'. This song was successfully performed under guidance of convener Dr. Deepa Varsheney.
- On the occasion of the event 'Meri Maati Mera Desh' organized on August 22, 2023, students of Indian Music Society: Manasi Raj, Pallavi Singh, Vanshika and Vandana Kaushal and Divya Srivastava performed Independence-day song and patriotic song. Indian Music Society- Dhwani and Music Department were the organizers of this event. This performance of successfully executed under guidance of Dr. Deepa Varshney, convener, Indian Music Society and Prof.(Dr.) Neeta Mathur, Music Department.
- On the occasion of NAAC Peer Team Visit, students of Indian Music Society- Divya Srivastava, Vanshika, Vandana Kaushal, Sakshi Sharma, Muskan, Devishi, Deepanvitha and Shalini presented Unity Song 'Samgachdwam samgvaddhwam' and Bangla Song 'Ekla Chalo Re' on 24th January 2024.

-Dr. Deepa Varshney (Convenor)







THIRKAN- FOLK DANCE SOCIETY

The students of the society participated in Folk dance competition.

- Folk dance competition was conducted from 19th October -22nd October 2023 at IIT Kanpur.
- Folk dance competition was conducted on 2nd February 2024 at BR Ambedkar College, University of Delhi.
- Folk dance competition was conducted on 9th February 2024 at Satyam college of Education.
- Folk dance competition was conducted on 22nd February 2024 at Ganga Institute of Technology and Management, Jhajjar.
- Folk dance competition was conducted on 28th February 2024 at Daulat Ram college, University of Delhi.
- Folk dance competition was conducted on 1st March 2024 at maharaja Agrasen college, University of Delhi.

-Dr. Sheetal Kanojia (Convenor)







FINANCIAO – THE FINANCE AND INVESTMENT CELL

Financiao is the finance and investment cell of Vivekananda College. The cell organized two academic talks in 2023-24.

- Organized a talk on the topic "Entrepreneurship and How to Start a Business" on 25th September 2023 at Vivekananda College. The resource person was Mr. Dhruv Soni, and the talk emphasized on startup entrepreneurship.
- Organized an online talk on the topic "Approaching Masters Abroad and Field of MBA" on 27th September 2023. The resource person was Ms. Meher Batra. The session covered topics of Master Studies, Personal experiences, Content creation and Brand building and social media.

-Mr. Devendra Kumar (Convenor)





DR. HINA NANDRAJOG (Officiating Principal) DEVENDER KUMAR (Tearcher Coordinator) Student coordinator Mahi Bhidhuri Shruti Bansal

E-CELL - ENTREPRENEURSHIP CELL

The entrepreneurship cell of the college conducted an Inter-College Business idea competition named as "**SAAHAS** Let's think business" on 19th October 2023 at 10 am in the small auditorium of the college. 15 teams from different colleges participated in the event. The event provided a platform for students to present their entrepreneurial concepts and receive constructive feedback. The competition's success reflected the potential and enthusiasm of the emerging entrepreneurial generation.

Judges for the above competition were:

- Mr. Chandan Varshney, Entrepreneur, Only Hydroponics.
- Mr. Devesh Birwal, Assistant Professor, Department of Economics, Delhi School of Economics, University of Delhi.
- Dr. Subhash Chandra, Assistant Professor, Department of Environment Science, Vivekananda College, University of Delhi.

Business idea was assessed based on these 3-criteria presentation quality, feasibility, and innovation.



-Mrs. Radhika Srinivasan (Convenor)







KASTURI DEEWAR PATRIKA

Kasturi Deewar Patrika provides the platform to students for creative writing through this wall magazine. Under the guidance of convener Dr. Yojna Kalia students work as editors, directors, and decorators. Also take advantage of different experiences. Workshops, competitions, and statements from time to time.

- This year, in August 2023, for the first time in Kasturi Deewar magazine 'Meri Maati Mera Desh' themed compositions were installed.
- On the occasion of Teacher's Day, 5th September, 2023students honoured their teachers through written compositions.
- The January issue was based on painting and poetry. The decor of the magazine was special.

-Dr. Yojana Kalia (Convenor)




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BOOKMARKED - THE BOOK CLUB

Bookmarked is the book club of Vivekananda College. The club provides an intellectual atmosphere to discuss books, movies, quizzes and many more. In 2023-24, the club organized four events and the details are:

- Orientation program was held on 19th September 2023 for the students who have volunteered to join the club.
- Organized an event on the theme "Books Adapted into Film/Series" on 10th October 2023. The event focused on the aspects of adaptation.
- Conducted a session titled *Halloween Session* on 27th October 2023. In the session, a discussion on the classic novel *Frankenstein or The Modern Prometheus* was conducted in the context of Halloween and the genre horror.
- Organized an event titled Love Across Eras on 16th February 2024. In the event, the participants were asked to write love letters to their favourite literary characters.



-Dr. Chaandreyi Mukherjee (Convenor)





CONVOCARE - MENTAL HEALTH SOCIETY

Convocare is a health society that focuses on promoting mental health awareness. The health society organized seven health related events in 2023-24. The details of the events are:

- Organized "Youth for Mental Health," a mental health awareness drive. The health drive was organized at Vivekananda College on the 12th and 13th of April 2023. The drive focused on youth suicide and prevention strategies.
- Conducted two group discussions in collaboration with NIMHANS, a mental health centre based in Bengaluru. The discussions were on "Preventing Suicides and Promoting Mental Wellbeing in College Campuses" and "Creating/strengthening Youth-Friendly Health Services. The discussions were held on 24th and 25th April at Sharda Hall, Vivekananda College.
- Collaborated and organized a workshop with Outlive on "Youth Suicide Prevention" on 10th May 2023. The workshop focused on dispelling myths, identifying risk factors, and coping strategies to overcome depression and existential crisis.
- Organized "Lumos" in collaboration with Outlive to support World Suicide Prevention Month on 14thSeptember, 2023 at Vivekananda College. The objective of the event was to destigmatize people about the myth related to suicide.
- Organized Meraki on 13th October 2023 at Vivekananda College. The aim of the event was to celebrate Mental Health Day and raise awareness about it. The event was featured in the official website of WFMH Global Campaign 2023.
- Open a pop-up stall at Diwali Mela, Vivekananda College on 6th November 2023. The stall handed out candles and fireworks to spread warmth and positive spirits to the college students.
- Organized "The Wall of Change" in collaboration with Integrated Leaders Forum Against Trafficking on 16thNovember, 2023. The posters for change with messages of inspiration, positivity and support were put up on the college walls.
- Conducted one-day Eating Disorder Workshop in collaboration with FREED at Vivekananda College on 20th February 2024. The workshop focused on the connection between nutrition and mental well-being.

- Carried out Counselling, a field visit to CNBC Hospital on 9th March 2024. The field visit was a part of a workshop organized by the Clownselors Foundation and it aimed to alleviate the stress experiences by the patients through humour and warmth.
- On 19th March 2024, the society set up a stall at the TEDx event starting at 11 am. Our interactive exhibit featured a captivating game called 'Do Your Ping', encouraging participants to engage in dares aimed at fostering self-love, gratitude, and self-esteem, alongside other affirmative self-qualities. Notably, the hair braiding station emerged as the standout attraction, drawing considerable interest. Additionally, we experienced brisk sales of our captivating stickers, while the mini vision board crafting activity proved to be an engaging endeavour, with some attendees opting to purchase individual images.

-Dr. Aparna Beniwal (Convenor)



DEVBHOOMI VNC - REPRESENTING CULTURE OF UTTARAKHAND

- On 22ndAugust, 2023 Vivekananda College organized the "Meri Mati Mera Desh" cultural event. Devbhoomi VNC presented a cultural performance and received a good number of registrations.
- On 6th October 2023 Satyawati College (Evening) hosted the "G20 Cultural-Cum-Academic Activities" event, featuring the Devbhoomi VNC team. Devbhoomi VNC's performance was acclaimed as one of the best, earning a momento and praise from all.
- On 6th November 2023 Vivekananda College organized "Light Delight" for Diwali, with the Devbhoomi VNC team participating. Devbhoomi VNC showcased dancing and singing performances.
- On 9thNovember, 2023 Devbhoomi Family hosted "Samlaun," where the Devbhoomi VNC team competed in a dance competition, presenting cultural dances of Uttarakhand.
- During the NAAC visit on 23rd January 2024 Vivekananda College featured a stall and dance performance by the Devbhoomi VNC team, showcasing the culture of Himachal and Uttarakhand.
- On 28th February 2024 Daulat Ram College organized "Phulari," where the Devbhoomi VNC team participated. Devbhoomi VNC secured 2nd position in the dance competition.



-Dr.Pratibha Kumari Gemini (Convenor)



NRITYAM – INDIAN CLASSICAL DANCE SOCIETY

- On 22nd August 2023 the team members of Nrityam gave a performance on the Cultural Day organized by the college. The members motivated freshers to become part of society. In total, 33 registrations were received.
- On 10th October 2023 the BR Ambedkar College organized a G20-Cultural-Cum-Academic Event (Group Dance) in which the team gave a classical group dance performance on theme- "Samudra Manthan". This was in collaboration with Vivekananda College.
- On 13th October 2023 the team participated in **THOMSO'23 at IIT Roorkee** on the theme "Samudra Manthan". Saloni, Greeshma, and Pooja also participated in solo competition.
- On 13th October 2023 Gauri, Manasvi, and Sahaana participated in "Meraki- Mental Health Day" organized by Convocare. The trio also gave a semi-classical performance on 'Sajdaa' and 'Tere Naina'.
- On 24th November 2023 Nrityam organized a semi-classical dance workshop for all the students at college. Students attended the workshop in a good number & learnt a beautiful semi-classical choreography on the song "Dagabaaz Re".
- On 23rd January 2024 members of Nrityam put up a stall at NAAC peer visit & represented the society. A group dance was held. In addition, Saloni gave a solo performance.
- On 13th February 2024 members of Nrityam performed in the inter college Panja Tournament at Shankar Lal Concert Hall in north campus. The event was organized by the Youth Tournament Committee.

-Dr. Sheetal Kanojia (Convenor)





ECO CLUB

The Eco Club is the environmental club of Vivekananda College that seeks to create zero-waste environment in the college. The club organized the following events in 2023-24:

•Organized Inter-College PowerPoint presentation on the theme "Environment Audit and Waste Management" on 4t^h April 2024. The competition was part of the college annual fest, Pallavi.

•Organized Global Higher Education and Career Fair on 5th March 2024. The event was attended by 15 higher education institutions.

•Conducted a four-day orientation programme in the college from 19th-22nd October. The programme was oriented to sensitize the students about the various environmental issues and to discourse on possible solutions.

•Conducted an intra-college group discussion on the topic, "Delhi as a Gas Chamber" on 9th October 2023. The discussion was oriented around the issue of air pollution in Delhi.

•Set up game stalls in the college on the occasion of Diwali celebration on 6th October 2023. The games were based on environmental themes such as 'Dare You to Find Me,' 'Dare Wheel,' 'Pictionary Challenge,' and 'Topsy-Turvy Challenge."

-Dr. Seema Sharma (Convenor)











GIRL UP NAZAKAT

Girl Up Nazakat has been an active advocate for gender equality, education, and women empowerment, especially in the financial and business domains such that they are independent financially. On this session under the convenorship of Prof. (Dr.) Vanita Sondhi, 7 activities done by **Girl Up Nazakat**-

- 8th October 2023 Student Coordinators of Girl Up Nazakat, under the guidance of Prof. (Dr.) Vanita Sondhi were invited to the Girl Up India Leadership Summit, 2023.
 - We had the privilege of interacting with numerous fellow Girl Up Clubs and discuss about our visions, missions, and prospect of collaborations on overlapping issues.
 - About 850+ youth members attended the summit. The attendees were addressed by Aditi Arora: Director- Girl Up India, Dia Mirza: Actor and UN General Secretary Advocate for SDGs, Rajashri Deshpande: Actor and Social Worker, Harnaz Sandhu: Miss Universe 2021 etc. It was incredible to witness women from different spheres of their life, come together to join hands and fight for important gender justice and women empowerment issues.
- **28th September 2023** Girl Up Nazakat, under the guidance of Prof. (Dr.) Vanita Sondhi, organized the inaugural field visit as part of **Project Prashansa:** Celebrating the She-Economy. During this visit, our team had the privilege of meeting an extraordinary pair: an 80-year-old grandmother and her granddaughter, Yukti. Together, they spearheaded a crochet business right from their home with the help of other grandmothers of the community. Remarkably, they've garnered an impressive following of over 60k followers.
- On the 13th October, 2023 Girl Up Nazakat under the guidance of Prof. (Dr.) Vanita Sondhi, Convenor, set up its 'First Ever Stall' in our own college under Nazakat's beloved Project PRASHANSA: Celebrating She Economy, at 'MERAKI', a flagship event organized by Convocare of Vivekananda college, Delhi University on account of World Mental Health Month.
- On 24th November 2023 Girl Up Nazakat, under the guidance of Prof. (Dr.) Vanita Sondhi, organized the inaugural field visit to Aamdani, an initiative by Saday with the purpose of promoting their initiative via our own social networking. During this visit, our team had the privilege of meeting some women and a skilful trainer who was volunteering to teach

the women how to handicraft so that they can earn a livelihood for themselves. **Project Aamadani** was found and started by an anonymous person who thought of employing underprivileged women who'd be able to create materials required for crochet and beads business by minimal training. Remarkably, they've garnered an impressive following of over 800+ followers on Instagram and various other platforms. Soon, they'll be launching their online stores where there will be an easier availability of the products made by them.

- On 12th October 2023 Girl Up Nazakat organized a field visit to Sarmaya. Sarmaya, a small business enterprise, specializes in handmade products, including crochets, bracelets, and bookmarks, with a mission to empower women and generate sustainable income. During the visit, the team had the privilege of meeting with Sarmaya's founder, who shared insights into their operations and impact.
- On the 23rd and 24th February, Girl Up Nazakat, under the guidance of Prof. (Dr.) Vanita Sondhi organized a stall in the campus of Vivekananda College for NAAC visit. This served as a platform to showcase our achievements, initiatives, and impact within the community since the past 6 months.
- On 20th November 2023 Girl Up Nazakat, under the guidance of Prof. (Dr.) Vanita Sondhi, orchestrated a school visit to MCD School in collaboration with Pratisandhi. With a singular mission: spreading awareness about the critical nuances of good touch and bad touch among male students from grade 2 to 7. Over 250 students were enveloped in an interactive and enlightening session, where they were each equipped with meticulously crafted colouring books demonstrating the intricacies of appropriate and inappropriate physical interactions. The session deeply impacted students, educators, and staff, empowering young minds with tools to navigate complex social dynamics around boundaries. Through creative expression and dialogue, students became informed and confident in asserting their personal boundaries.

-Prof. (Dr.) Vanita Sondhi (Convenor)







SUSTAINABLE DEVELOPMENT GOALS CLUB (SDG)

Vivekananda College in collaboration with Bharat Soka Gakkai (BSG) has set up the Sustainable Development Goal (SDG) Club. The purpose of this club is to promote a culture of sustainability, strengthen the moment for sustainability and establishing respect for the dignity of all life in society by spreading awareness among the younger generation. Following activities were organized:

- The inaugural meeting of SDG club held on 21stApril, 2023. Honourable Principal Dr. Hina Nandrajog welcomed Chief Guest IAS Pranjal Patil, DM of Shahdara and Shri K Prassana. Students were given an overview about the need of Sustainable development.
- On 18th September 2023 volunteers of SDG club organized the "Planting Saplings" event at 11:00 am, aimed at environmental preservation. Dr. Gargi Sengupta and Dr. Sandhya Jain coordinated the event. Participants, including students, teachers, and volunteers, gathered with enthusiasm to plant saplings, guided by the coordinators, fostering a sense of unity and purpose.
- The Plastic Collection drive was organized on 11th October 2023 to collect plastic wastes for spreading awareness on sustainable development. The motive is to recycle the plastic wastes for repair ecosystem and retain biodiversity.
- The Sustainable Development Goals Club (SDG) organized a Poster Making event at Vivekananda College, University of Delhi, on 22nd November 2023. The event focused on gender equality and drew participation from 29 students. The SDG Poster Making Event successfully raised awareness about gender equality, encouraging creative expressions and meaningful Development Goals and the pursuit of a more equitable society.

-Dr. Sandhya Jain (Convenor)





TEDX

On the 19th of March 2024, TEDxVivekanandaCollege held its main event, drawing in 100 attendees from various colleges and universities. The theme for this second edition was "Blue Deeper Than Indigo." Throughout the day, from 10:00 am to 3:00 pm, seven TED talks were delivered in alignment with this theme.

The event was orchestrated under the guidance of esteemed teacher coordinators: Dr. Anchala Paliwal, Dr. Subhash Chandra, Dr. Isha Gupta, and Dr. Rajni Jindal. It commenced with a solemn lamp lighting ceremony, graced by esteemed speakers and faculty members, followed by the traditional Kulgeet of the University of Delhi.

Ms. Garvita Sharma, a renowned Kathak dancer, enchanted the audience with her classical performance. The first TED talk, themed "Courage Out Loud," was presented by Ms. Anchal Sharma, the founder of Canheal and Meals of Happiness, emphasizing the importance of resilience in challenging times. Subsequent talks delved into diverse topics such as music, social impact, education, creativity, startup navigation, and climate advocacy.

Mr. Anurag Hoon, CEO of Manzil Mystics, explored the theme "Counting a Beat Through Music," highlighting the transformative power of rhythm and melody in our lives. Mr. Akash Tandon, founder of Pehchaan - The Street School, inspired the youth with the theme "Impact Thinking," encouraging them to make a positive difference in their communities. Mr. Parag Gupta, a CA educator, dismantled the illusion of success with his talk "Breaking the Iceberg Illusion of Success," urging listeners to redefine their notions of achievement.

Ms. Anusha Garg shed light on "Through the Lens: Embracing Creativity to Find Our Lost Voices," advocating for the exploration of creativity as a means of self-expression and empowerment. Mr. Shubham Maheshwari, founder of Being Chief, provided insights on "Navigating Through the Unruly Startup Landscape," offering practical advice for aspiring entrepreneurs. Finally, Ms. Leena Joshi, a social entrepreneur and climate advocate, discussed "Turning the Leaf of Faith," urging individuals to take bold action in addressing environmental challenges.

Interludes between talks featured captivating performances by Mr. Harprabh Singh (Tabla Player), Mr. Dheeraj Kumar (Magician), and a dance performance by Vivacious Society. During the lunch break, attendees were treated to refreshments, ensuring a seamless flow of engagement.

The event also featured exciting stalls by various partners, including Freego (Beverage Partner), Offbeat by Rush (Crochet Small Business), Cherrysh (Clothing and Jewelry Business), The Urban Store (Stationery Business), Color Blending (Handmade Crafts Store), Convocare (Mental Health Society), and Magic Alefiya (Stationery Business).

As the day concluded, attendees departed with hearts filled with inspiration and minds enriched with new ideas, ready to propagate the TEDx spirit within their communities. Special thanks were extended to sponsors Jolen New York 1947, STLLR Media, STITCH LANE, and Freego for their invaluable support, ensuring the success and impact of TEDxVivekanandaCollege's second edition in 2024.

-Dr. Rajni Jindal (Convenor)







THE NURTURING TALENT- OPEN MIC SOCIETY

The Nurturing Talent, Open Mic Society, of the Vivekananda College put up a stall on 6th November 2023 in the Light Delight event in which member students organised some games with the volunteers. Along with that, the members of the society also participated in the Hunar event on 6thNovember, 2023, organized in the Sharda Hall.

- Dr. Dilip Jaiswal (Convenor)





VIVACIOUS - WESTERN DANCE SOCIETY

VIVACIOUS, the Western Dance Society of Vivekananda College, is an expression of the collective creative energy of the students of the college. Team VIVACIOUS – Western Dance Society of Vivekananda College performed in the following events and competitions:

- On 22nd August 2023, a Freshers was organized in which Vivacious performed and welcomed the enthusiastic newcomers.
- On 5th September 2023, VIVACIOUS organized western dance workshop at College.
- On 10th October 2023, a G20-Cultural-cum-Academic event was organized in BR. Ambedkar College in which Vivacious performed some dance styles native to Korea and India.
- On 22nd October 2023, Vivacious performed at NIT Kurukshetra in a Group Dance Competition.
- On 29th October 2023, Vivacious participated in the Preliminary rounds of IIT Kharagpur group dance competition and got selected for Final Competition.
- . On 6th November 2023, Vivacious performed at HUNAR in Vivekananda college.
- On 2nd December 2023, Vivacious performed at Fore School of Management in the Group Dance Competition named "STEP UP".
- On 17th March 2024, Vivacious Performed at the Bennett University, Greater Noida in the event UPHORIA, a group Dance competition "GROOVE WARS".
- On 19th March, Vivacious performed at a TEDx event organized in Vivekananda college.
- On 9th April 2024, Vivacious performed in Prabha organized by the ENACTUS society at Vivekananda College.

Its annual event, ORPHIC, was envisioned by its members to go beyond the ordinary as the word entails. It is to explore the subliminal and mystical aura of our existences and express the same through dance. ORPHIC, 2024 a mesmerizing Dance competition organized by Vivacious on 4th April 2024. Several Dance societies participated and won: Enliven-Gargi College (1st), Electra-Motilal Nehru College (2nd), Zenith-DRC College, DNA-Ramanujan College, Ahaarya- Shaheed Rajguru College, Rudra-BRAC College and Misba – SGGCC College

-Ms. Shweta Kumari (Convenor)







CLICK 'O' MANIA – PHOTOGRAPHY SOCIETY

Click 'O' Mania is the Photography Society of Vivekananda College. The society had organized, collaborated and covered thirteen activities and events during the year 2023-24. The following are the details:

- Collaborated with Shaheed Sukhdev College of Business Studies for an E-Summit 2024 on 15th March 2024. The partnership aimed to foster creativity and collaboration among the students.
- Participated and covered an E-Summit organized by Sri Ram College, University of Delhi, on 12th March 2024. The event aimed at encouraging entrepreneurship and innovation among students.
- Carried out a photo-walk activity at Chandni Chowk on 2nd March 2024. The activity explored the city's ancient bastion in its various hues.
- Participated in the Iris Competition organized by PGDAV College, University of Delhi, on 23rd February 2024. The event focused on on-the-spot photography.
- Carried out a photo-walk activity at Yamuna Ghat on 5th February 2024. The activity aimed at capturing the sacred waters of Yamuna along with the protected heritage of monuments in and around the banks.
- Covered a play titled Deepdan- A One Act Playperformed by the Department of Hindi, Vivekananda College, on 6th December 2023. The society fully covered the one-hour long play.
- Covered the event Hunar organized by Vivekananda College on 6th November 2023.
- On 26th October 2023 Click 'O' Mania proudly collaborated with Tim Tim, the Family Restaurant for a two-day event, capturing the essence of the beloved family-style restaurant in Pitam Pura, Delhi. Showcased the restaurant's charm, vibrant ambiance, and culinary delights through skilled photography and videography.
- Covered the SAHAS event organized by the E-cell of Vivekananda College on 19th October 2023 featuring entrepreneurship discussions, quizzes, and idea exchanges.
- Played a pivotal role as the Media Partner for "Meraki," the Mental Health Fest organized by Convocare, the mental health initiative of Vivekananda College, Delhi University, on

13th October 2023. Their involvement was instrumental in contributing to the event's success in promoting mental well-being and raising awareness on campus.

- Crucial role in the DUSU Elections at Vivekananda College on 22nd September 2023 in capturing the enthusiastic participation of students in exercising their democratic rights, showcasing the enthusiastic participation of students in exercising their democratic rights.
- Captured the Vivekananda College's Orientation Programme on 22nd August 2023 themed "Meri Maati Mera Desh,". Documented the event's ignited patriotism and camaraderie among the incoming students.
- Covered Prime Minister Narendra Modi's enthusiastic valedictory speech at the Delhi University's centenary celebration on 30th June 2023 attended by faculty members and students at Vivekananda College, University of Delhi.

-Mr. Amit Kumar (Convenor)







CONSOC VNC - CONSULTING SOCIETY

CONSOC VNC, is the Consulting Society of Vivekananda College, University of Delhi. Since its inception in 2023, society has managed to have the perfect blend of academic & practical knowledge to widen the horizons of its members in the corporate area to stand out of the crowd when it's time to face the real world. CONSOC aims to develop strategies to boost business in the market, providing consulting services in marketing, management, and other domains that meet their standards, and ensuring client satisfaction while working on building skills and knowledge of our self.

- Plausible Trading: In January 2023, we established a society with 10-12 members and swiftly secured a successful project with Plausible Trading, focused on improving financial literacy. This two-month endeavor garnered high client satisfaction and appreciation, despite our status as college students.
- **Speaker Session with Rajat Arora**: On 27th February 2023, we had a collaboration with a renowned commerce mentor Rajat Arora, a highly qualified YouTube content creator with around 3 million subscribers. The event received an overwhelming participation of 230+ participants leaving the hall packed and crowded. We received recognition for our college and the positive feedback of the attendees making the event a grand success.
- We expanded our horizons by collaborating with other colleges, including Shaheed Bhagat Singh College and BR Ambedkar College, Youth India foundation of Ramanujan college, Consilium of Motilal Nehru College etc.
- Heyo Phone (June 2023-August 2023): A notable venture involving Heyo Phone, a startup in the digital agency and courier space, where we provided brand engagement and database services, earning letters of recommendation from the founder.
- Hosted "The Consulting Nexus" on September 2023: A virtual competition that drew over 650 participants, featuring expert judge panels from prestigious colleges like SRCC, Hindu, Hansraj, and Ramjas. Having participants from esteemed institutes like IIMs from across the country, DTU and many other prestigious universities. The society also held speaker sessions with Ms. Nupur Jain on 14th September 2023 and with Mr. Vidit Garg on 15th September 2023.

- Through our Instagram and LinkedIn platforms, we continuously educate our audience about startups, mergers, and entrepreneurship.
- Speaker Sessions with Metvy and Houseitt featuring their alumni founders, inspiring students at Delhi University who want to have their own startups but are hesitant to start one. This session really helped them as both the founder speakers of the companies have started their small businesses since their college days. Along with an amazing competition that is filled with fun and analytical thinking which helped them to excel in the art of guesstimates allowing them to successfully crack the interviews.
- Zephara AI (November 2023): In collaboration, we dived into criminal law, creating a competitive analysis report that unveiled global landscapes, competitors, trends, and focus areas for Zephara AI. Our survey-based research explored diverse perspectives providing crucial insights. We presented a clear positioning strategy proposal. Actionable recommendations were laid out, fueling Zephara AI's journey to simplify legal services. The project concluded with high client satisfaction, reinforcing CONSOC's commitment to excellence.
- **Diwali Mela**: Participated in the Diwali mela of our college in early November 2023, presenting an array of exquisite items such as earrings and candles at our stall. Alongside our products, we curated engaging games that captivated the entire crowd, fostering a memorable experience for all. Our team was fully present, providing an opportunity for meaningful dialogue on societal issues, enriching both the event and our collective understanding.
- Pallavi 2024 (4th April 2024): CONSOC made its debut at the annual Pallavi Festival of our college with the introduction of "Corporate Error 404," an engaging and intellectually stimulating game. This innovative game simulated a corporate setting, with participants assuming roles as employees navigating through various challenges. Participants tackled a series of management-related challenges, including a crossword puzzle, designed to assess their grasp of managerial concepts. The culmination of the event saw three standout teams crowned as finalists, honoured with hampers, prize money, and certificates in recognition of their stellar performance.

-Dr. Ranjeeta Phukan (Convenor)















Rangoli made by the students of Kalakriti Society



Wall Painting done by the students of Kalakriti.



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Wall hanging competition conducted by Kalakriti Society



Wall hanging competition conducted by kalakriti society





TedX Event decoration done by kalakriti

Wall painting done by Kalakriti students



Rangoli made by Kalakriti students for Pallavi'24



Logo making competition conducted by Kalakriti Society


Wall hanging competition conducted by kalakriti society



Art Exhibition conducted by Kalakriti Society





Logo making competition conducted by kalakriti society on the theme "VIKSIT BHARAT"





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Auditions conducted by Kalakriti Society







Event Decoration done by Kalakriti Society



Kalakriti society in collaboration with Ambedkar College for G20 cultural cum academic Event





Riya Singh Hindi (H) I year



Sonali Gautam B. A(P) IIIrd year



Aadrikka Sareen (B.A) P



Swati B.A Hindi (H) 2022437 Hnd year









नये वर्ष की हादिक शुभकामनाओं सहित ' कम्नूनी' आप सभी का मवागत करते हुर युन आपके समक्ष उपस्थित है। पिछले 13 वर्ष से कम्नूरी सन्वरत हर वर्ष आपका क्वागत उसी तरह करती सी है। बहुत हर्ष होता है, आपकी प्रतिमा से क्यकर युसे। माप को शायद उत्तेदाजा नही होता होगा, जब आप सेरी दीवाट के आपने से निकलती हैं न से आप सबके चेहरे बहुत और से देखती हूँ। हरवभर कल्पना करती हूँ कि तुम सब के भीतर हुपे हुर भाव तुम मुसे आप्रित कर रही हूँ। सच में. विवेकानज, सहाविद्यालय की हर छाना में बहुत प्रतिमा है। किसी के तुलिका से रंग भने चित्र निकलते हैं, तो किसी की कलम की नोक से विभिन्ज साहित्य कप जन्म तते हैं। में जातती हूँ कि अभी जाप परिप्लब नहीं है। मभी आप कलम नतते हैं। में जानती हूँ कि अभी जाप परिप्लब नहीं है। मभी आप कलम नतते हैं। मिं जानती हूँ कि अभी जाप परिप्लब नहीं है। अभी आप कलम नताना सीख बरी है। लेकिन आपने रचना हेतु पहला करम मेरी केंगली पकडकर ऊगने की हिम्मत की है, में उससे से सालिह्या में पहर लेखिकाओं के रुप में साहित्य जगत में नाम केमाया है। 2011-12 सल की हाला सुमन भारी ने तहा उपन्यास कमत्री की दीवार पर ही सबसे पहले लिखा था। आज वी प्रतिष्ठित अहमत्री की दीवार पर ही सबसे पहले लिखा था। आज वी प्रतिष्ठित अहम्बापिका सोर लेखिका के रुप में भानी-जातर साहित्य जगत में अगारका है, रेस कितनी ही छालार है जिनकी रचनाएं साहित्य-जगत में आसर है नियत की दाला करा में जानी पहले लिखा था। आज वी प्रतिष्ठित अहम्वापिका सोर लेखिका के रुप में भानी-जातर जलग उत्ता से प्रसिद्ध है । हमारी यह कालार आगे ने तकर त्रा है। यह तो केवल रक्त अगारका है, रेस कितनी ही छालार सी पाती साहत्य-जगत से आसर है ने हता ही ही छालार सी नातार सी साहत्य-जगत से

नवीन अंग में आपनी चित्रकला का नमूना हुष्ट्य है। हिन्दी विभाग नी सैनानिवृत्त आध्यापिका डॉ॰ विनोद नीपडा नी अनुभव जन्य रचना भी प्रस्तुत है। डॉ. भीतल तथा डॉ. योजना की कविता भी इस मंक में है। ध्वत्राओं की कवितार तथा जावे नामदेव, अंडाल कवयित्री और भी इस मंक में हिरणाई देगी।

रस उम्मीद के भाषा कि हन विभाग की हर द्वाता मुझ से जुड़ेगी और मुझे साहित्य और संस्कृति से जोड़कर विविध विधाओं में अपनी रचनात्मकता से मुझे सजास्त्री।

की आपकी कास्तूरी

डॉ॰ योजना कालिया हिन्ही विभाग (विभागाध्यका) रेसोसिस्ट प्रोणेसर

मुझे उडने दो मुझे आज़ादी दी मुझे मत जनडो जात-पात की बेडियों में मूरी मत बाँधो ऊँच- नीच के वधन में में भी तो जीव हूँ। मेरे अन्हर भी आसमान को इने की ख्वाइश है मर अन्हर मा आस मान पा घुन पा ख्वाइब ह मुझे भी 9ुलंदियों पर चुदने दो मेरी नीव को बयों कमज़ोर कर रहे हो, मुझे पंख द कर कमरे में क्यों बढ़ कर रहे हो ? मुझे खेलूं में अपने पंख कैसे खेलूंदियों वे आऊं में क्या में घर छोड़कर आऊ फिर यद मर्ग का मी दूँ काभी बुद्ध नहीं वन पाँछ गी धर दोड़ कर जोऊंगी तो चरित्रहीन करलाकंगी इन चार दिवारियों में मेरे पर फड़फड़ा के ही वह जाएँगे ना चाहते हुर भी इन धर्म मुकुओं न्हे. मुझे चारों और से घेर लिया है भानों किसी जेजीर ने जकड़ लिया है जिससे में आज़ाद होना - चाहती हूँ। - तेराना खान त्तीय वर्ष हिंदी विशेष

कुपित भयल असाढ़ मेद्य ललकार सुनवलेस पपीठा पड़ल बुहार पार सावन बरसवलेस इंद्र धनुष ले चढ़ल अटा पर भयल पलायित भान ! प्रकृति वधू णिर बनल सुटानी ओढ़लेस धरा चुनरिया धानी नाच उठल बन मोर मस्त हो तेज भयल ढादुर क बानी सीढ़ाभिनी डाह से चमकल जुजनू कइलेस मान ।

रेनाक बनारसी













सीत नामदेव जी भारत के प्रसिद्ध संत है। र्शत नामदेव जी का जन्म महाराष्ट्र के मतारा जिले में कृषणा नह) के जिनोरे नरसौवामणी नामक आँव में स्थ शिपी जिसे हतेया भी करते हैं , के परिवार में हुआ था ।

हैनको। साम। जौवन मधुर झक्ति - भाव से ओतप्रोत भा । वह संपत्रण अदित की उगभिव्यक्ति स्व धार्मिक व्यवस्था में जाति वधन से मुखित के लिए जाने जाते हैं । नामदेव ने कई अभ्रंग। लिखे, जिन्में मठावान को समर्पण की अभिव्यक्ति हैं ।

सैत नामदेव का संपूर्ण जीवन मानव कल्गाण के लिस समापित रहा । मूर्ति पूजा , कर्मकांड, जातपात के विषय में उनके स्पष्ट विचारों के कारण हिंही के विनामों ने उन्हें कवीर जी का आध्यासिक अवस्त माना हैं । संत नामदेव जी ने पंजानी में पध रचना भी की । भनत नामदेव जी की वाणी में संसलता हैं । वह हहम को वांधे स्वती हैं। अनके प्रभु मनित भरे भावों स्व माज भी हैं । का प्रभाव पंजाब के लोगों पर माज भी हैं ।

संत नामदेव



जन्म - ३६ अक्टूबर, 1270 मृत्यु - 1350 ई. माता का नाम - मोनई पिता का नाम - दामा सेठ शाधा - मराठी, हिन्ही साहित्यिक कार्य - उाभंग भनित काव्य भवत नामदेव जी के महाप्रमाण से तोन सी साल वाह भा त्री मुरू अरजनदेव जी ने उनकी वावी का संजलन भी मंध्र साहित में किया । त्री रोस संघालत हैं। वास्तव में मुरू नजलेक , 18 नंगों में संवालत हैं। वास्तव में मुरू साहित में नामदेव जी की वावी अमूल का वह जिस्तर वहता दुआ सरना है, जिसमें सम्पूर्ण मानवता को पवित्रता प्रहान करने का सीमर्थ्य है।

सौत नामहेत ने हिंदी भाषा में ततारीलन 125 जाभेगों को रचना की है और उन्होंने मराठी के नाथ ही साथ हिंही रचनाएं लिखा मुख्यानी नामक पुस्तक में उनकी रचनारं संग्रहित है।

< नामहेत wit के क्रांध हिंदी अभेग ÷

हीर नांव हीता हरि नांव हीता । हरि नांव लेत मिटे सब पीता ।। हरि नांव आति हरि नांव पाती । हरि नांव संवल्न जीवन में कॉति ।। हरि नांव सवल सुपन की राम्धे । हरि नांव कार्ट ज्यम की पासी ॥ मेली स्पर्म –

दितीय तर्ष सितीय तर्ष नहंदी विशेष





सेनेररी नेपकीन

आज पिर पीठू की पिटाई होनी थी क्योंकि माज पिर से उसकी संपेद स्कर्ट गंदी हो गई थी। आरु हिन चाची पीठू को मारती रहती थी, कभी वर्तुन सपाई से न धूलने पर तो कभी कपड़े मैले करने पर, माँ की मृन्यु से पहले कितनी खुशाहाल जिंदगी भी। पीठू की; माँ ने शहर में रखकर इतने लाड़ - प्यार मिं पाला था कि मध्यम वर्गीम परिवार में कोई कमी महसूस ही से पाला था कि मध्यम वर्गीम परिवार में कोई कमी महसूस ही

न होने ही थी। रतेर, माँ की मृत्यु ने धार के हालात बढ़ल दिस, पीठू और भाई को जादी गाँव ले आई थी, दिन भर बीलने वाली पारू अब कुछ खामोश्-सी रहने लगी थी; महज 13 वर्ष की उम पार्ट अब कुछ खामोश्-सी रहने लगी थी; महज 13 वर्ष की उम में ही उस पर जिस्मेदारी जो आ गई थी। जभी कुछ महीने में ही उस पर जिस्मेदारी जो आ गई थी। जभी कुछ महीने पहले ही भाई को जन्म देते वक्त माँ की मृत्यु मस्तिष्क रक्त स्त्राव (Brain Hemmosnage) के कारण हुई थी; धर में पीटू के अलावा (Brain Hemmosnage) के कारण हुई थी; धर में पीटू के अलावा बुरी दाही, पाची और भाई थे। पापा और पाचा शहर में नीकरी करते थे तो शानिवार को ही घर आया करते थे।

पहले रक्त कोडने और लैने माँ आया करती थीं मगट सब कभी पीर अकेली तो कभी प्रजा के साथ जाती थी। जाज शतिवार था पापा के आने की खशी में पीर उतावली थीं मगर पेट दर्द के वारण कुछ जिड़चिड़ी भी थी। दिन से ही उसका मन पराई में नहीं लग वहा था। स्कूल से लौटते वक्त जेसे ही प्रजा ने बताया नहीं लग वहा था। स्कूल से लौटते वक्त जेसे ही प्रजा ने बताया कि उम्हानी स्कर्ट में दाया लगा है, पीर्टू चीक सी गई औट मार के डर से घर आने में अनवन करने लगी तथा पार्क में जाकट के डर से घर आने में अनवन करने लगी तथा पार्क में जाकट के डर से घर आने में अनवन करने लगी तथा पार्क में जाकट के डई, माँ के वहते हमेशा पीर्टू के बैंग में सैनेटरी नैयकीन पहता था मगर गांव आने के पाढ़ उसे हन दिनों पुराने कपड़े ही इस्तेमाल करने पड़ते थे।

शाम को पीटू घर आई और पाची को आवाज देती हुई बोली-पाची मुसे पैंड पाहिरु, आज पिर मेरी संप्राद क्वर्ट मंदी हो गई।

भाची (तमतमाते हुरू): अब तेरे उपर कितना खर्चा और

पीर्टू: पाची, ये आपको खर्चा लग रहा है ? पाची: और नहीं तो क्या, रोज- रोज़ कहाँ से लाऊँ में तेरे लिस सेनेतरी पेंड़ ।

पीरू गुस्से में सपने कमरे में चली जाती है मौर जोर से दरवाजा पटककर लगाना चाहती है मगर कुछ सोचकर कर्क जाती है।

पीरू मपड़े बदलमार स्मर्ट पानी में डालने ही वाली होती हैं मि तभी पांपा दरवाजा खोलते हुए बोलते हैं -

पापा : कब से आवाज दे नहा हूँ पीठू, तुम्हारा ध्यान किधर है ? [नसी बीच पापा की नजर पीहू की स्कर्ट पर पडती है और उन्हें पूरी स्थिति समसते देर नहीं लगती [] पीठू : नहीं पापा, मेंने तो नहीं सुना 1

पापाः बेरा तुम्हानी तबीयत तो ठीक है।

परिः हाँ पापाः, और में जाची को इसके बारे में बोली तो वो उल्टा मुझे ही डाँटने लग्गी ।

पीठू गुस्से में अपने कमने में चला जाता ह आर जार दरवाजा पटककर लगाना चाहती है मगर कुछ सोचकर कक भाती है। पीरू मपड़े बदलमार स्कर्ट पानी में डालने ही वाली होती है जि तभी पांपा दरवाजा खोलते हुए बोलते हें-पापा : कब से आवाज़ दे गहा हूँ पीहू , तुम्हारा ध्यान किधर है ? [इसी बीच पापा की जजर पीहू की स्कुह पर पड़ती है और उन्हें पूरी स्थिति समझते देर नहीं लगती 17 पीहू: नहीं पापा, मेंने तो नहीं सुना । पापाः बेरा नुम्हानी तबीयत तो ठीक है। पीटू: हॉ पापा; और में जानी को इसके बारे में बोली तो वो उल्टा मुझे ही डॉटने लगी । पापा: बेटा - पाची गाँव से हे न, इसलिस उन्हें ये साब मन्दा नहीं लगता / पिंहू पापा को बैचारगी भरी निगाह से देखने लगती EI, पापा: मेरू कुछ और भी कहना है क्या ? पीटू: पापा आप जलत न समसो तो रुक वात पूँछ ! पापाः हाँ बेरा , बोलो न , पीटु: पापा आज हमारा देवा हर जगह प्रगति कर नहा है, मगर आज भा दन चीजों को लेकर हमारी सौच वहीं की वहीं है। पापाः वेटा भ भव वातों को कोड़ो और नीचे जाकर खीना खा ली, में उम्हारे लिस पेंड ला देता हूँ। [रेसा कहकर पापा मैनेटरी नेपकीन लेने चले जाते है]] ये कहानी लिखने के बाद मेंने बसे भाई को भोजने का सीना , व्हारसम्प पर कॉम - पेस्ट तक किशा परंतु असमाल रही; मेरे मन में आज भी समाज की वो सच्चाई सामने आती है, जहाँ सैनेटरी नेपकीन को काली पन्नी में डालकर दिया जाता है। बस महानी मा उद्देश्य आज के परे- लिख लोगों को तो भागकन, मरना ही है साध्य ही मेने यह दर्गाने की कोशिश भी की है कि मां के अभाव में बचे की जिंदगी केसी होती है। प्रमति पाण्डेरा हिंदी चित्रीय









प्यार व करूणा की भावना

दयालुता रुक निस्वार्थ कार्य हैं। जब कोई बिना कुछ उम्मीद किर दूसरों की मदद करते हैं रुवं उनके भावों की समझते हैं तब आप ज्यालू होते हैं। तब आप शांतिपूर्वक व खुशहाल जीवन जीते हैं। दयालुता वाकई रुक जाद हैं, जब आप दूसरे के प्रति दयालू होते हैं, तो वे अपनी समस्याओं को जाद हैं, जब आप दूसरे के प्रति दयालू होते हैं, तो वे अपनी समस्याओं को भूल जाते हैं और उनका बुरा दिन भी अच्छे दिन में परिवर्तित हा जाता है।

रेक बार एक दुकानदार ने अपने दरवाज़े पर साइन बोर्ड लगाया, जिस पर लिखा था 'पिल्ले बिक्रि के लिए 'इस प्रकाम के संदेश हमेशा कोटे बच्चों की आकर्षित करने के लिए लगाए जाते थे। यह आश्चर्य नहीं था कि इस संदेश की देख कर रुक दीटा लड़का दुकानदार के पास पहुंचा कि इस संदेश की देख कर रुक दीटा लड़का दुकानदार के पास पहुंचा और पूँछा- आप यह पिल्ले कितने में बेच रहे हैं ?' दुकानदार ने उत्तर और पूँछा- आप यह पिल्ले कितने में बेच रहे हैं ?' दुकानदार ने उत्तर कीर पूँछा के 20 तक" दीटे बच्चे ने अपनी जेव में हाथ जला दिया- ' इ 30 से 2 50 तक" दीटे बच्चे ने अपनी जेव में हाथ जला देख सकता हूँ ?"

दुकानदार ने मुस्कुराते हुए कहा- कोटे वच्चे को पिल्ले दिखाओं ! दुकान के मालियार में उसने पाँच प्यारे पिल्ले देखे उनमें पीढ़ा रुक दुकान के मालियार में उसने पाँच प्यारे पिल्लाया " सुस्त, लंगज़ता इसा पिल्ला लंगड़ा रहा था। द्वीटा लड़का चिल्लाया " सुस्त, लंगज़ता इसा पिल्ला " ओर पूछा उसको क्या हुआ ? दुकानदार ने उत्तर दियां पशु-पिल्ला " ओर पूछा उसको क्या हुआ ? दुकानदार ने उत्तर दियां पशु-चिकित्सक ने जाँच की और थह कहा कि इस पिल्ले का इल्हा नहीं निकित्सक ने जाँच की और थह कहा कि इस पिल्ले का इल्हा नहीं ही गया और बीला वहीं पिल्ला रें, जो मुसे चाहिर । ही गया और बीला वहीं पिल्ला रें, जो मुसे चाहिर ।

पुकानपार ने कहा तुम इसे नहीं खरीह भवते यहि तुम मच में उसे खरीदना चारते हो तो में उसे अभी दे हूँ। दोटे लरके ने मालिक की खरीदना चारते हो तो में उसे अभी दे हूँ। दोटे लरके ने मालिक की मौखो में छूमा और उँभाली बा उन्माना करते हुए कहा । यह शिल्ला हन मौखो में छूमा और उँभाली बा उन्माना करते हुए कहा । यह शिल्ला हन चौफ़ के लायक हैं। में अन्य शिल्ला जितनी इसकी पूर्ग कीमत चुकाळगा।

वास्तव में मेरे पास अभी ह कहें, में हर माह 50 ऐसे ट्रोग तव तक में उसवा भुगतान न कर ट्रें। दुकातदार फिर वोला. क्या तुम सन्में उसे खरीदने के लिए उत्सुक हो, वह अन्य पिल्लों भी तह खेल-इंद, देरेड नरा संकेगा। वह लड़का नीने सुका अपनी वेंट ऊपर की जो दिखा ते हैनन कर देने वाला था। बुरी तरह मुघा डमा अपेग पेंट ब्रेस धतु में समर्थित था। वापिस मालिन की मोर देखा और वोला – में समर्थित था। वापिस मालिन की मोर देखा और वोला – में समर्थित था। वापिस मालिन की मोर देखा और वोला – में समर्थित था। वापिस मालिन की मोर देखा और वोला – बी आवश्यकता होगी जो इसकी भावनामों को नमर्से।

[मरुणा वतं दयालु व्यवसर हमेशा लोगों में सर्वभेष्ठ वनोते हैं।] 28 सानिया भंगूरी के राग प्रागाम







जिन्दगी में बदलाव आवश्यक हैं। में तान्या यावी जो सदैव भांत, खुश और सबसे अलग रहती ! में हमेशा सबसे प्यार से बात करने वाली तथा मेरा व्यवहार वहुत ही शांत और किसी से कुछ भी नहीं बोलना । अपनी कह्या में तथा जीवन की रोर में शीत रहना तथा किसी व्यक्ति से अपनी कुछ वात नहीं करना । मुझसे कोई भी प्रिष्ता रुम बोलती क्यों नहीं हो , मेरा उत्तर यहीं होता था कि मुझे अच्छा नहीं लगता । श्कुल समाप्त होने के वाह मेरा दाखिला रहुल्ली विश्वविद्यालय के विवेगानन महाविद्यालय में हुआ। । जिसके ही वर्ष मेरे क्कूल जेसे ही की विवेगानन महाविद्यालय में हुआ। । जिसके ही वर्ष मेरे क्कूल जेसे ही बीत व सहज स्वभाव था। वहीं जूबू में तृतीय वर्ष में आपी तो में अखिल भारतीय विद्यार्थ परिषढ़ से जुड़ी। मेरे जीवन की डोर ने दूसरा रुख लिया. और आत्म विश्ववास उज़ावर हुआ। मेरे परिवार और दोस्तों ने मुझे चुनाव में खेडे होने के लिए मजबूर किया। परन्तु उस समय मुझे डर था कि में किस तरह इतने बच्चों से बात करूँ भी तथा अपनी बात की सामा करूंगी। में चुनाव में खड़ी हुई तथा मैंने अपनी आताज को बुलन्द कर सभी के सामने अपनी धांत को रखना सीखा। मेरा जीवन इस चुनाव के कारण पूरी तरह बढ्ल गया। में सूबके सामने प्रस्ताव रखती गई और 22 सितंबर 2023 को विजय होी षित हुई । ये जीत सिर्फ नाम की या नुनाव की नहीं थी बल्कि इस जीत ने मेरा आत्मविश्वास को और बुलन्द बनाया। आज अब युसे यह कहता है कि तुम वही तान्या हो जो कुछ नहीं वोलती थी वो अध्यस केसे बन गई । पान्तु मेरे जिस यह गर्व की बात है कि मेरे परिवार और तेस्तों ने साथ दिया से उनको धन्यवाढ करती हूँ । पुनाव (राजनीति) रुक रेसा विषय है जो व्यक्ति के व्यक्तित्व को उभारता है 1 जिसने मेरे व्यक्तित्व में लोगों भी किस तरह से धात करनी है, उभारा। सभी का यही कहना होता था कि ये कैसे करेगी रुया बोलेगी, जीतेगी था नहीं परन्तु सब कुछ बढ़ला और मुझे जीवन की भी जीत मिल गई जिसमें मैंने अपनी अस्मित। को उजागर किया तथा जीवन की जेर में रेज of 71 abig atom / के तान्या मावी हिन्दी विशेष ततीय वर्ष

6 6 6 6 गीत नव जन्में पहिरोगें को चहकने दी 0 गाने हो. भात यह रखी वि ति वी गान् आज़ाही का गीत 0 वी आइं अपनी सपालता के जीत मारु अपने हुनर के भीत, मारु अपने स्थापित्व के मीत 97 0 at उन्हें कह हो कि की न अलाप 0 केवल और केवल विरह के जीत धोरने के जीत 0 असमूल ब्रेम के जीत उनके पंखों को उडान भर लेने दो 6 तार्नि वह निर्णायक वन भने मार्गदर्शन अन समें समाज की सोर अपनी और उठने वाली ऊँगली का हे सके मुँहतोड़ जवाब !! 6 6 0 6 🔊 डॉ: योजना कालिया हिन्दी विभाग 0 6 0











প্তুলুস तो अल्रुक भो अपनी कोटी सी इनिया में ही खुश रहते हैं, भा किसी को रूलाने की भामना करते हैं। वस हो वचत की नेटी और म्वेट का शमन जाहते हैं तो बुज्यु रे हम भूल जाते हैं और उसकी जाहानियों का हम मज़ाक उज़तेहैं। आज कल के वच्चे मां- वाप को साथ रखना तो हर साथ केकर के पल वात करने से भी कतरोत है। वी अज़ुर्भ हें साहब थोड़ी सी खुसी ही तो नाहते है। धर में निकाल हेते हैं और फिर अपने ही माँ-नाप को दो- दो नेही का मोहताज़ बना हते हैं. जिन्होंने खुद भूखे सी कर हमारा पेर भरा था, बी आज उन बुज़ुर्भी को ही आँखे दिखोत हैं। उनकी कमज़ोरी और नुष्पी का लोग आयहा उठा जाते हैं, उन्हीं की जायहाह की हड़प कर उन पर ही रॉब जमति हैं। धार भो निकालकर उनको दर - दर की ठोकरें पड़वाते हैं बेचारे बुज़ुर्ग लोग उनकी खुबी के लिस अलग भी हो जाते हैं; और अकेले जीवन चिताते हैं। अहाँ नाती पोते का सहारा मिलना नाहिर, वहाँ बुज़्मी को लाठी पकड़ोते हैं। वों समय अब दूर नहीं रहा जनाब जब आए लोग भी स्क हिन खुद को, बुजुर्गों के कटहारे में ही खड़ा पारंगे और लिर अपनी भूल पे हरू में ज्याहा पहला रंगे। ्रिंग नेहा तृतीय वर्ष हिंदी विशेष



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