



# Vivekananda College

(University of Delhi)

ACCREDITED BY NAAC WITH 'A+' GRADE

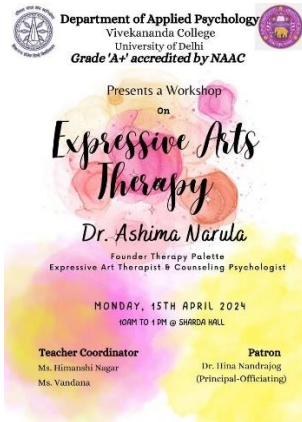
## Supporting documents for Criterion 3

### 3.1.3 - Number of Seminars/conferences/workshops conducted by the institution during the year

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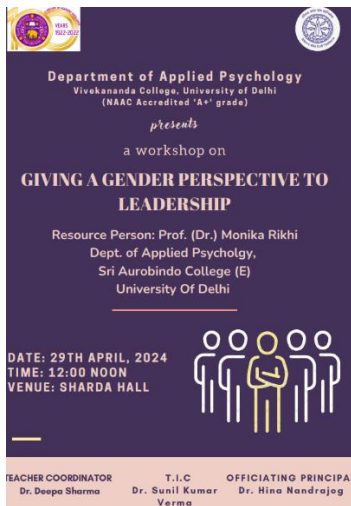
## 1. Expressive Arts therapy

On April 15th, 2024, Vivekananda College hosted a workshop on expressive art therapy. Dr. Ashima Narula, an expressive art therapist and counseling psychologist, was the guest speaker. With her expertise in art therapy, she explained its theoretical and practical aspects. The session included icebreakers and activities like drawing a representation of one's happiest self. Dr. Ashima also shared career insights in expressive arts therapy, concluding with a vote of thanks.



## 2 Giving a gender perspective to Leadership

On April 29th, 2024, Vivekananda College, University of Delhi, hosted a workshop on leadership with a focus on gender. **Professor (Dr.) Monika Rikhi**, an expert in Organizational Behaviour, delivered an insightful talk exploring leadership traits and the concept of *authentic leadership*, emphasizing genuineness, transparency, and trust-building. She highlighted the challenges and contributions of women in leadership, sharing inspiring stories of Indian icons like Rani Lakshmi Bai, Savitribai Phule, and Kiran Bedi. The workshop underscored the importance of inclusive leadership and celebrated the resilience of women who have shaped leadership in diverse fields.



### 3 Chat GPT Session

The Computer Science Department of Vivekananda College organized a CHAT GPT SESSION on 7th Nov, 2023 at 1.15 in Computer lab2. The event was organized under the theme of "For the Student, By the students," and students were required to register through a Google form to secure their seats. 41 students participated in the session. Ms. Rashi, 3rd year student of B.A(P) delivered the lecture. A short film called 'I am here' of 2 minutes was also screened on this day.



### 4. Workshop on 'Economics in Data Science'

On 30th June 2023, A workshop was conducted by the Economics Department of Vivekananda College whose objective was to make the students aware about Data Science and its growing scope. The workshop was conducted by Dr. Manhar, who is a PhD in Labour economics. The session was very informative and it envisaged the students about data analytics and its growing scope.

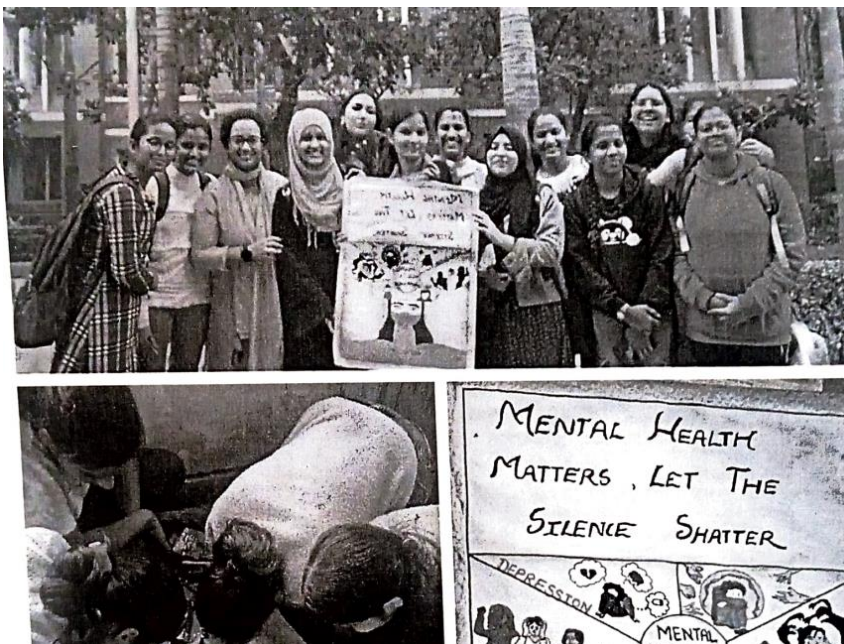
## 5 Decoding Business Analytics

On 10th October 2023, in collaboration with Jaipuria Institute of Management, a speaker session titled “Decoding Business Analytics” was conducted at 11:00 a.m. to 12:30 p.m. in Sharda Hall. The session featured Ms. Aayushi Kalra, an industry expert and Assistant Professor in Business Analytics at Jaipuria Institute of Management. Ms. Kalra provided valuable insights into the principles and applications of business analytics, making the session highly engaging and informative for all attendees.



## 6 Poster Making Workshop on Mental Health

A **Poster Making Workshop** on Mental Health was conducted by Ms. Richa Dhir for first-year B.Sc. Home Science students on 30 November 2023 as part of their *Communication Concepts and Theories* curriculum. The workshop covered essential elements of poster creation, including visuals, slogans, colors, and layout. Students designed posters on mental health awareness, incorporating creative visuals and the message: "Mental Health Matters, Let the Silence Shatter," to encourage openness and acceptance of mental health concerns.



## 7 Household equipment and consumer awareness

On 18th October 2023, Dr. Priyanka Malik conducted a seminar for B.Sc. (Hons) Home Science students on **household equipment and consumer awareness**. Covering topics like appliance functionality, purchasing considerations, and consumer rights, she emphasized energy efficiency and maintenance. Multimedia presentations showcased the evolution of household devices. Interactive discussions allowed students to share experiences and ask questions, making the seminar engaging and practical. The event concluded with a vote of thanks by a student volunteer.



**Vivekananda College**  
(University of Delhi)  
Accredited by NAAC with 'A' GRADE  
*Department of Food Technology  
and Home Science*  
Presents  
**One Day Student Seminar**

| Time                    | Faculty            | Topic                                      |
|-------------------------|--------------------|--|
| 02:00 P.M. - 04:00 P.M. | Dr. Priyanka Malik | Household Equipment and Consumer Awareness |

Date - 18 October, 2023  
Venue - Room No. 10 -  
Ground Floor,  
Vivekananda College, New Delhi- 110095

Prof. (Dr.) Sukhneet Suri [Convener and TIC] Dr. Hina Nandrajog  
Dr. Arushi Jain [Teacher Coordinator] Offg. Principal

**NO FEES, NO REGISTRATION REQUIRED**  
For any queries, contact student coordinators:  
Prerna: 7678643145 Isha: 8447704332 Sakshi: 8448904237

## 8. Digital Marketing 101

On 27th October 2023, Mathletico, the Mathematics Department of Vivekananda College, University of Delhi, organized a seminar titled “Digital Marketing 101.” The keynote speaker, Mr. Aditya Shastri, provided an insightful introduction to the fundamentals of digital marketing. Guided by Mrs. Anita Bakshi, the TIC, the seminar covered topics such as SEO, social media marketing, PPC advertising, and online strategies. It concluded with a Q&A session, a vote of thanks, and a photo session to commemorate the event.

**MATHLETICO**  
Mathematical Society of  
**VIVEKANANDA COLLEGE**  
University of Delhi  
(NAAC accredited grade 'A')

**Digital Marketing 101**

Seminar in association with IDE

Session Details  
Speaker: **Aditya Shastri**

27th October, 2023  
11:00 AM  
Sharda Hall

E-certificates will be provided.

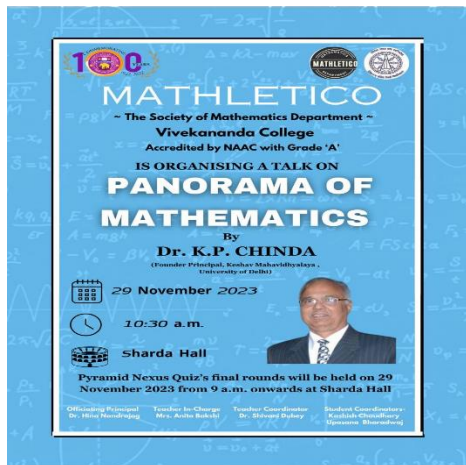
Teacher-in-Charge: Mrs. Anita Bakshi  
Officiating Principal: Dr. Hina Nandrajog





## 9 Panorama of Mathematics

On 29th November 2023, Mathletico, the Mathematics Department of Vivekananda College, University of Delhi, organized a seminar titled “Panorama of Mathematics” at 10:30 a.m. in Sharda Hall, followed by a quiz competition. The keynote speaker, Dr. K.P. Chinda, founder principal of Keshav Mahavidyalaya, University of Delhi, shared insights on mathematics education and personal reflections. Guided by Dr. Shivani Dubey, the seminar concluded with a vote of thanks by the TIC.



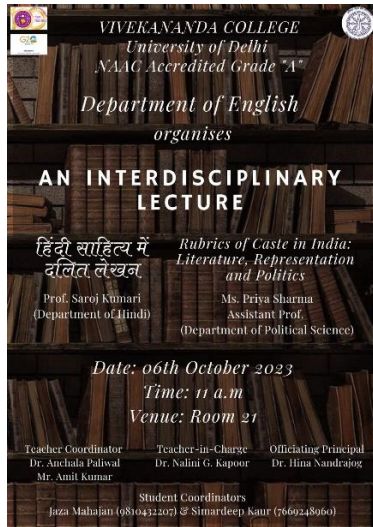
## 10 Women Empowerment

In collaboration with DLSA Shahdara, Department of Political Science organized a *Nukkad Natak* (Acid Attack) and discussion on the theme of “Women Empowerment” on 06<sup>th</sup> March 2024 to celebrate International Women’s Day 2024. Ms. Vandana Suri, Chairperson Voice of Women Foundation, discussed on Gender Sensitization and Women Empowerment. Both the Nukkad Natak and the Talk emphasized the need to realized the importance of education for women. In fact through education women can overcome many challenges of the society and a real sense of empowerment would be achieved.



## 11 Rubrics of Caste in India

The Department of English organized an Interdisciplinary Lecture on “Rubrics of Caste in India: Literature, Representation, and Politics” on 6th October 2023 at 11:00 a.m. in Room 21. The lecture featured Prof. Saroj Kumari from the Department of Hindi and Ms. Priya Sharma, Assistant Professor in the Department of Political Science. The event was coordinated by Dr. Anchala Paliwal and Mr. Amit Kumar, with Dr. Nalini G. Kapoor (Teacher-in-Charge). The session was organized by student coordinators Jaza Mahajan and Simardeep Kaur.



## 12 Hindi workshop

**मूल्य संवर्धन पाठ्यक्रम समिति**  
दिल्ली विश्वविद्यालय के संयुक्त तत्वाधान से  
**विवेकानंद महाविद्यालय**  
(नेक से 'ए' ग्रेड प्राप्त संस्थान)  
आप सभी को 'सृजनात्मक लेखन के आयाम' विषय की कार्यशाला के उद्घाटन सत्र में आमंत्रित करता हूँ।

**श्री कपिल खन्ना**  
मुख्य अतिथि अध्यक्ष  
विश्व हिंदू परिषद दिल्ली प्रांत

**श्री विष्णु प्रकाश त्रिपाठी**  
विशिष्ट अतिथि  
कार्यकारी संपादक दैनिक जागरण युप

**प्रोफेसर निरजन कुमार**  
अध्यक्ष मूल्य संवर्धन पाठ्यक्रम समिति डीन प्लानिंग दिल्ली विश्वविद्यालय

**डॉ. हिना नंदराजोग** कार्यकारी प्राचार्या  
विवेकानंद महाविद्यालय दिल्ली विश्वविद्यालय।

4 अक्टूबर, 2023 प्रातः 9:30 बजे 9 शारदा हॉल

### 13 Hindi workshop

**विवेकानंद महाविद्यालय**  
(दिल्ली विश्वविद्यालय)  
NAAC Accredited 'A+' Grade  
हिंदी विभाग मकरंद साहित्य सभा  
द्वारा आयोजित संगोष्ठी

**रचनाकार से संवाद**

वक्ता :  
सुश्री अलका सिन्हा

18 अप्रैल  
2024  
बृहस्पतिवार

12:15 बजे  
अपराह्न

शारदा  
हाल

प्राचार्या  
डॉ हिना  
नंदराजोग

विभागाध्यक्षा  
डॉ. योजना  
कालिया

संयोजिका  
डॉ प्रतिभा जैमिर्न  
डॉ सरिता

### 14 Hindi workshop

**विवेकानंद महाविद्यालय**  
(दिल्ली विश्वविद्यालय (नेक से ए+ ग्रेड प्राप्त))  
हिन्दी-विभाग एवं दिल्ली हिंदी साहित्य सम्मेलन  
के संयुक्त तत्वावधान में आयोजित  
एक दिवसीय कार्यशाला  
विषय - "भाषायी अशुद्धि : समस्या और समाधान"  
हिन्दी भाषा के सन्दर्भ में

दिनांक: 19.04.2024  
प्रातः 10 बजे से  
कक्ष संख्या G-3

**प्रो. रवि शर्मा**  
प्रसिद्ध साहित्यकार एवं भाषाविद  
कार्यकारी प्राचार्या  
प्रो. हिना नंदराजोग

**डॉ. सुधा शर्मा**  
प्रसिद्ध मूल साहित्यकार एवं भाषाविद  
संयोजिका  
डॉ. मीना पाण्डेय

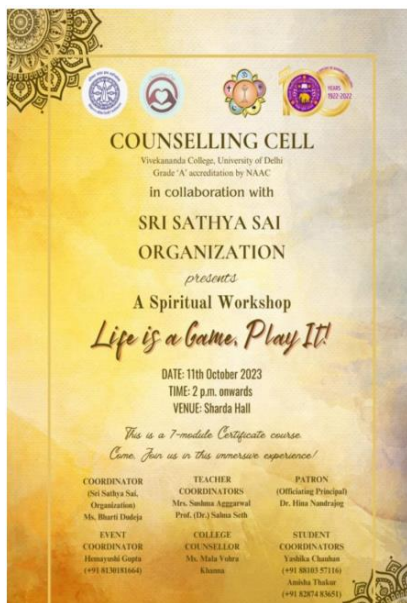
वर्षाभ्यास  
डॉ. योजना कालिया

संजीवन लिंक  
[https://docs.google.com/forms/d/e/1FAIpQL5f3pgQ366mb55Uku5JC6XZM1PF4U8ezEleUq\\_ADKtoRXv9A/viewform](https://docs.google.com/forms/d/e/1FAIpQL5f3pgQ366mb55Uku5JC6XZM1PF4U8ezEleUq_ADKtoRXv9A/viewform)



## 15 Life is a Game: Play it

The Counseling Cell of Vivekananda College, in collaboration with the Sri Sathya Sai Seva Organization (SSSSO), organized a spiritual workshop titled "Life is a Game: Play it" to help students recognize the importance of nurturing their inner selves (11th October 2023- 22nd February 2024). The workshop, held at Sharda Hall, featured eight modules, each focusing on different aspects of personal growth, with speakers from diverse backgrounds, including Ms. Bharti Dudeja, Dr. Preeti Mehra, and Mr. K. Sridhar. The final module, "Power of One," conducted on April 10th, 2024, emphasized recognizing one's potential to bring positive change. The event encouraged students to develop holistically and become the best versions of themselves.



## 16 Women and Emotions

Women and Emotions (21st February, 2023). Convocare initiated the Women's Day Celebration by organizing a seminar on Women and Emotions emphasizing the significance of emotional expression and channelising of emotions. The seminar featured Dr. Deepika Dahima, an experienced psychologist and educator. She emphasized the significance of authentic emotional expression for women, aiming to help them lead purposeful, balanced lives. Her 10+ years of counseling, life skills training, and education support her expertise in this field.



## 17 Preventing Suicides and Promoting Mental Wellbeing in College Campuses

On April 24th and 25th, 2023, group discussions were held with NIMHANS, Bengaluru, on "Preventing Suicides and Promoting Mental Wellbeing in College Campuses" and "Creating Youth-Friendly Health Services." In partnership with Y20 for the G20 Presidency, the event focused on empowering youth in mental health awareness and access to health services. Key ideas included emotional intelligence programs, psych camps, mentorship, and localized helplines. Despite challenges, these initiatives led to improved mental health support and awareness.



## 18 Youth Suicide Prevention (10th May, 2023)

The workshop was conducted in collaboration with Outlive, a suicide prevention initiative by Sangath, this workshop targeted students in New Delhi, Pune, and Mumbai to address mental health stigma and encourage help-seeking. The workshop focused on dispelling myths, identifying risk factors, and providing coping strategies for distress and crisis situations. It highlighted the importance of seeking support and discussed the creation of localized helplines for increased accessibility. Participants reported increased knowledge about suicide prevention strategies, mental health awareness, and a willingness to engage in conversations about mental health.



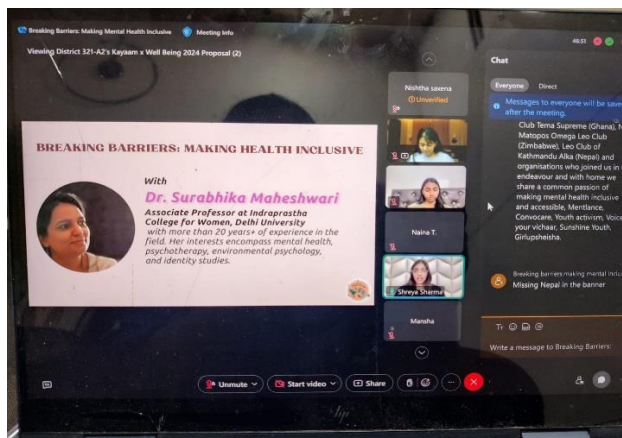
## 19 Eating Disorder Workshop (20th February, 2024)

The event aimed to raise awareness about eating disorders and to create an ecosystem of support and acceptance to promote holistic health. A workshop was organized in collaboration with FREED, a non-profit organization dedicated to fostering conversations around eating disorders (EDs) in India. Guided by the expertise of Ms. Sanjana, our esteemed speaker, participants delved into insightful discussions uncovering the intricate connection between nutrition and mental well-being. Through introspective exercises, attendees (85+) navigated their personal relationships with food and body image, while also gaining valuable insights into avenues for seeking assistance.



## 20 Breaking Barriers: Mental Health Inclusivity (7 May 2024)

Convocare recently collaborated with the Leos district 321A2 to attend a webinar led by Dr. Surbhika Maheshwari, Associate Professor at Indraprastha University for Women, Delhi University. The webinar, titled "Breaking Barriers: Mental Health Inclusivity," featured thought-provoking questions from Dr. Maheshwari that sparked deep reflection and discussion among participants. It was fascinating to hear diverse perspectives from other students on the topic of mental health inclusivity. The session was highly educational and provided valuable insights, making it an enriching experience for all involved.





## 21 Chatathon 3.0

The Counseling Cell of Vivekananda College organized Chatathon 3.0 on mental health and well-being with Rahat Foundation on 1st October, 2023. The event provided a platform for students to discuss mental health concerns and learn coping strategies. Dr. Sujata D. Sharma and Prof. Aparna



Khanna from Rahat Foundation led the session, addressing topics like stress, anxiety, and depression. Over 100 students participated, fostering a supportive environment and encouraging openness around mental health.

## 22 UPSC preparation

An Orientation Session organized by the Skill Enhancement Committee in collaboration with Vedanga Institute was held on 25th September, 26th September, and 29th September 2023 at Vivek Vihar, New Delhi. The three-day session, conducted in Sharda Hall from 2 PM to 3:30 PM, focused on UPSC preparation. The sessions included an Introduction to UPSC, Demo of History, and Demo of Polity. The event was guided by Ms. Sushma Aggarwal (Teacher Convenor) and Mr. Devender Kumar (Teacher Coordinator), with Ayushi Verma and Himani Ahuja as student coordinators.

**VIVEKANANDA COLLEGE**  
**UNIVERSITY OF DELHI**  
**NAAC ACCREDITED GRADE A**

**Skill enhancement Committee of Vivekananda College in collaboration with Vedanga Institute presents orientation program for UPSC/SPCS**

**25th September-Timing-2PM,**  
General Introduction of Exam,  
Why Civil Services.

**26th September- Timing-2PM,**  
Demo Class of History.

**27th September-Timing-2PM,**  
Demo Class of Polity.

**VEDANGA**  
Institute For Civil Services

**OFFICIATING PRINCIPAL**  
**Dr. HINA NANDRAJOG**

**IAS MUKUND KUMAR**  
**AIR 54**

**TEACHER CONVENER - MS.SUSHMA AGARWAL**  
**TEACHER CO-ORDINATOR- MR. DEVENDER KUMAR**

**8447386765, 9718054084**





## 25 Chat GPT and AI Generative Tools

On 15th September 2023, a workshop on "Chat GPT and AI Generative Tools" was held at Sharda Hall, starting from 2 P.M. onwards. The session was conducted by Dr. Deepika Sharma under the guidance of Ms. Sushma Aggarwal, with Himani Ahuja and Ayushi Verma as student coordinators. The workshop focused on understanding ChatGPT, an AI generative tool developed by OpenAI, and its various applications. Participants learned about its accuracy, safety, and security. Dr. Sharma emphasized the importance of utilizing AI tools effectively rather than wasting time. A total of 58 students and 7 teachers attended the session.



## 26 Mosaic Art Workshop

Mosaic Art Workshop organized by Kalakriti, the art and craft society of Vivekananda College, University of Delhi. Here are the details: Date: 18th April 2024, Thursday, Time: 12:15 PM

**KALAKRITI**  
The art and craft society  
Of  
**Vivekananda college**  
UNIVERSITY OF DELHI  
NAAC accredited 'A+' grade  
*Presents*  
**MOSAIC ART  
WORKSHOP**

Date - 18.4.24, Thursday  
Time - 12:15 pm  
Venue - room no T4

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handel  
@kalakriti\_art

**Officiating principal**  
PROF.(DR) HINA NANDRAJOG

**Society convenor**  
DR. SHAHNAZ BEGUM