



Vivekananda College

(University of Delhi)

ACCREDITED BY NAAC WITH 'A+' GRADE

Supporting Documents for: Criterion 3

3.3.1 - Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the year

Sno	Proof name	Page
NSS Outreach		
1.	Mahila Rojgar	2
2.	Blood Donation Camp	2-3
3.	Health Checkup Camp	3
4.	Rally on Unity Day	3-4
5.	Donation Drive	5
6.	Breast Cancer Awareness Drive	6
7.	Divya Utsav	6
8.	1 st Cloth Donation Drive	7
9.	Cloth and Blanket Donation Drive	8
10.	2 nd Cloth Donation Drive	8
11.	Road Safety Week	9
12.	Dental Care Checkup	9
13.	Pad Distribution Drive	9-10
14.	Cleanliness Drive	11
15.	Running Competition to promote Fitness	11-12
Social Outreach and Community Development Committee (SOCDC)		
16.	Camp visit	13-14
17.	1 st Donation Drive	14-15
18.	2 nd Donation Drive	15
Girl Up		
19.	Meraki, 2023 (Project PRASHANSA)	16
20.	Field visit to Aamdani	16-17
21.	MCD School Visit to create awareness about good and bad touch	17-18
French department		
22.	Teaching French to students of MCD (Josuman French Enrichment Program)	18-19

NSS

1. The NSS Vivekananda organized an event titled “**Mahila Rojgar**” on 26th August 2023, from 12 p.m. to 2 p.m. at the Jhilmil slum area. In collaboration with Even Cargo, the initiative aimed to provide door-to-door services for women, offering them job opportunities. The event focused on empowering women in the community by helping them access employment opportunities. The NSS team worked to ensure that women in the area were informed about these opportunities, encouraging their participation in the workforce.

Date: - 26 August, 2023

Venue: - Jhilmil Slum Area

Duration: - 12p.M- 2p.M

No Of Volunteers: -14



2. On 4th October 2023, NSS Vivekananda College organized a **Blood Donation Camp** in collaboration with Lion Blood Diamond, Delhi. The event aimed to encourage students and faculty to contribute to a noble cause by donating blood. It received an overwhelming response, with many volunteers coming forward to help save lives.

Name of the Event: Blood Donation Camp

Date: 4th October 2023

Venue: Vivekananda College

Duration: 10 a.m. - 4 p.m.

No. of Volunteers: 12



3. On 16th October 2023, NSS Vivekananda College organized a **Health Checkup Camp** in collaboration with Lion Club Delhi, Alaknanda, and Max Hospital. The camp aimed to provide free health checkups and raise awareness about the importance of regular health screenings. Students, faculty, and local residents participated, receiving consultations on various health issues and general wellness.

Name of the Event: Health Checkup Camp

Date: 16th October 2023

Venue: Vivekananda College

Duration: 10 a.m. – 2 p.m.

No of Volunteers: -22

NATIONAL SERVICE SCHEME
VIVEKANANDA COLLEGE
ACCREDITED BY NAAC WITH GRADE 'A'

"TAKE CARE OF YOUR BODY"

Free health check up for all the First years Students ,
College staff and Blood Donors.

MAX
Healthcare

1. BP / Blood Sugar
2. RBS/ Random Blood Sugar
3. BMD / Bone Mineral Density
4. Total Cholesterol Test
5. Consultation with General Physician
6. Dental Check-up by Clove
7. Eye check-up

DATE : 16th October ,2023
TIME - 10 am Onwards
VENUE - Sports Room

Scan to know more!

NSS PROGRAMME OFFICER
DR. SUBHASHREE BOSE

STUDENT COORDINATOR
MEHAK KALIA - 7257700680
SADHNA KUMARI- 6207787620

OFFICIATING PRINCIPAL
DR. IRINA NANDRAJOG



4. On 30th October 2023, NSS Vivekananda College organized a **Rally on Unity Day** to promote the importance of unity among citizens. The rally, held along the boundary walls of the college, aimed to spread awareness and encourage people to embrace diversity, harmony, and collective strength. Volunteers actively participated in the event, engaging

with the local community to emphasize the significance of unity in building a strong and inclusive society.

Name of the Event: Rally on Unity Day

Date: 30th October 2023

Venue: Vivekananda College

Duration: 11 a.m. – 12 p.m.

Number of Volunteers: 13



5. From 6th to 9th November 2023, NSS Vivekananda College, in collaboration with the North East Cell, organized a **donation drive** to support victims of the Sikkim and Manipur floods. The drive encouraged students and staff to contribute essential supplies such as clothes, food, medicines, and other necessities. Volunteers coordinated the collection and packaging of items, ensuring timely delivery to the affected regions. The initiative aimed to provide relief to the flood-affected people and showcase solidarity with the communities in distress.

Name of the Event: - Donation Drive with North East Cell for Sikkim and Manipur Floods

Date: - 6th – 9th November 2023

Venue: - Vivekananda College

Duration: - 3 Days



6. On 7th November 2023, NSS Vivekananda College organized a **Breast Cancer Awareness Drive** in collaboration with Max Hospital. The event aimed to raise awareness about breast cancer prevention, early detection, and treatment options. Volunteers engaged with students and faculty, distributing informational pamphlets and conducting interactive sessions to educate participants about the importance of regular screenings and self-examination. The initiative provided valuable resources and guidance, encouraging individuals to take proactive steps in maintaining their health.

Name of the Event: Breast Cancer Awareness Drive (Max Hospital)

Date: 7th November 2023

Venue: Vivekananda College

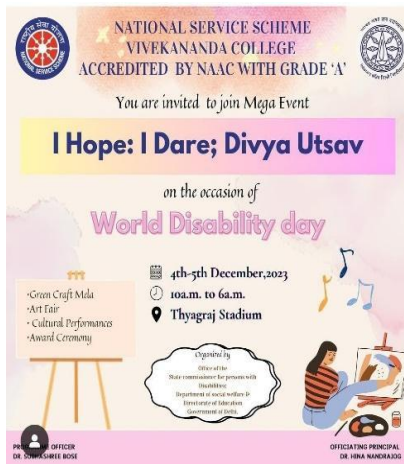
Duration: 11 a.m. - 12 p.m.

Number of Volunteers: 20



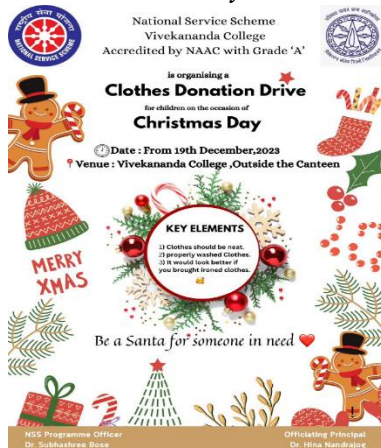
7. NSS VNC, in collaboration with NSS Maitreyi College, hosted an innovative event in partnership with the Office of the State Commissioner for Persons with **Disabilities**. The event focused on raising awareness about the challenges faced by individuals with disabilities and promoting inclusivity. NSS Volunteers volunteered in Divya Utsav and helped the disabled people who put up their stalls.

Name of the Event:- Divya Utsav
Date :- 4th And 5th December, 2023
Venue :- Tyagraj Stadium
Duration:- 2 Days (8a.M – 7p.M)
No Of Volunteers: - 58



8. NSS VNC organized a **Cloth Donation Drive** at Vivekananda College on 19th December, 2023. The event aimed at collecting clothes for the underprivileged sections of society. Students and faculty actively participated by donating gently used clothes.

Name of The event:- Cloth Donation Drive In College
Date:- 19th December, 2023
Venue :- Vivekananda College
Duration: One Day



9. On 30th December 2023, NSS Volunteers organized a **Cloth and Blanket Donation Drive** near Vivekananda College. The event took place from 11 a.m. to 12 p.m. with 5 dedicated volunteers participating in the initiative. The volunteers distributed clothes and blankets to the homeless and needy individuals in the area, aiming to provide them with warmth and support during the winter months. The drive reflected the spirit of giving back to the community and promoting social welfare.

Name of the Event:- Cloth And Blanket Donation

Date:- 30 December 2023

Venue:- Near Vivekananda College

Duration:- 11a.M- 12p.M

No of Volunteers:- 5



10. NSS Volunteers organized a **Cloth Donation Drive** on 2nd February 2024 at the Jhilmil Slum Area. Volunteers distributed clothes to the underprivileged, ensuring that the donations reached those in need. The initiative aimed to provide comfort and support to the community while fostering a sense of responsibility and compassion among students.

Cloth Donation Drive

Date: 2nd February 2024

Venue: Jhilmil Slum Area

Duration: 1 p.m. – 2 p.m.

No of Volunteers: -7



11. From 11th to 17th January 2024, NSS Volunteers organized **Road Safety Week** at Vivek Vihar Red Light. Thirteen volunteers actively participated, dedicating two hours each day to spreading awareness about traffic rules and road safety measures. The initiative aimed to educate commuters about the importance of following traffic laws, wearing helmets, and adhering to speed limits to ensure safety for all. Volunteers engaged with the public through interactive sessions and distributed informative material, making the week-long campaign impactful and enlightening.

Name of the Event:- Road Safety Week

Date :- 11th – 17th January 2024

Venue:- Vivek Vihar, Red Light

Duration:- 2 Hour Each Day

No of Volunteers:- 13



12. NSS Vivekananda College, in collaboration with Mr. and Ms. Whistle Smile, organized a two-day event, Smile Hunt, on 22nd and 23rd February 2024. The event provided free **dental checkups** for students, faculty, and staff, promoting oral hygiene awareness and offering professional guidance for **dental care**. This initiative aimed to encourage a healthier lifestyle and ensure the well-being of the college community.

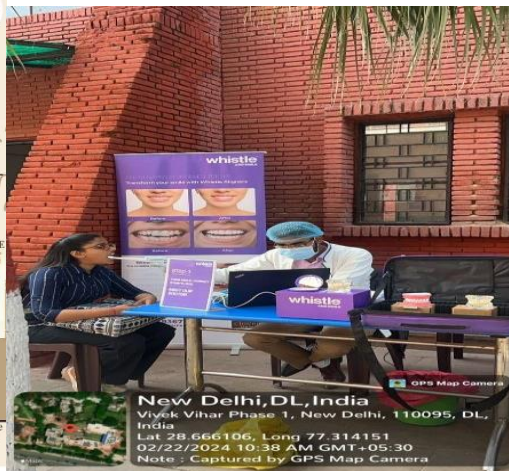
Name of event: Smile Hunt

Date: 22nd and 23rd February 2024

Venue: Vivekananda College

Duration: 10 a.m. – 4 p.m. (2 days)

No. of Volunteers: 54



13. NSS Vivekananda College organized a **Pad Distribution Drive** on 28th February 2024, in collaboration with the Ramindra Foundation. Free sanitary pads were distributed at two schools—National Herald Public School and Indal Memorial Public School. A total of 1,000 pads were provided, and the event included an awareness session to educate students about menstruation, breaking taboos, and promoting menstrual hygiene.

Event: Pad Distribution

Date: 28th February 2024

Venue: National Herald Public School and Indal Memorial Public School

Duration: 10 a.m. – 2 p.m.

No of volunteers: - 50



14. The NSS unit of Ramanujan College, University of Delhi, in collaboration with the NSS units of IIT Delhi, Maitreyi College, Vivekananda College, and Acharya Narendra Dev College, organized a joint **Cleanliness Drive at Lodhi Garden**. This event aimed to inspire participants to give back to nature and contribute to environmental sustainability. Volunteers actively cleaned the garden, promoted eco-consciousness among visitors, and demonstrated the collective responsibility of preserving public spaces.

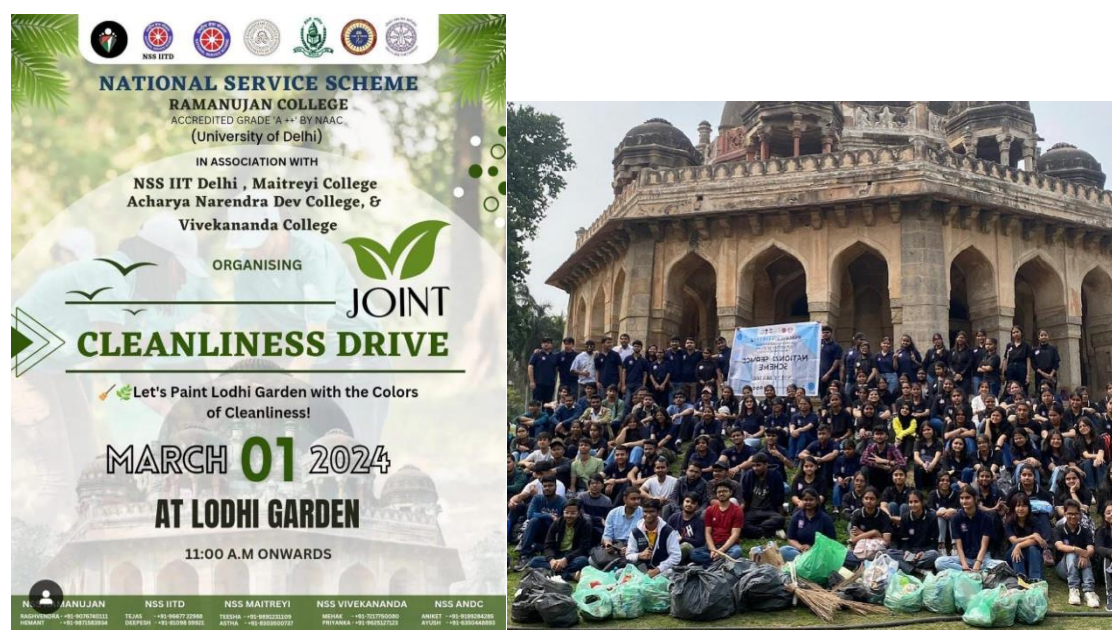
Event: Cleanliness Drive

Date: 1st March 2024

Venue: Lodhi Garden

Time: 10 a.m. – 2 p.m.

No of volunteers: - 40



15. The NSS unit of Vivekananda College, in collaboration with Nehru Yuva Kendra, organized a Running Competition to celebrate International Women’s Day. The event aimed to **promote fitness**, empowerment, and the importance of sports among women. NSS volunteers actively managed the event, ensuring its smooth execution and enthusiastic participation.

Event: Running Competition on the Occasion of International Women’s Day

Date: 8th March 2024

Venue: Vivekananda College, DU

Duration: 10 a.m. – 12 p.m.

Number of Volunteers and Participants: 26



अंतर्राष्ट्रीय महिला दिवस के उपलक्ष्य में नारी शक्ति फीटनेस दौड़ में भाग लेकर (टी-शर्ट, कैप, काफी मग, कलाई रिस्ट बैंड) प्राप्त करें

दिनांक: 08 मार्च, 2024

समय: प्रातः 10:00 बजे

स्थान: विवेकानन्द कालेज, विवेक विहार, दिल्ली

अंतर्राष्ट्रीय महिला दिवस के उपलक्ष्य में नेहरू युवा केंद्र संगठन, युवा कार्यक्रम एवं खेल मंत्रालय, भारत सरकार महिलाओं के उत्थान, सशक्तिकरण एवं स्वास्थ्य के प्रति जागरूकता के लिए देशभर के सभी जिलों में नारी शक्ति फिटनेस दौड़ का आयोजन करने जा रहा है। जिसके अंतर्गत नेहरू युवा केंद्र जिला शाहदरा, दिल्ली द्वारा विवेकानंद कॉलेज के सहयोग से कालेज के प्रांगण में महिला/छात्रों की फिटनेस दौड़ का आयोजन किया जा रहा है। फिटनेस दौड़ में प्रथम, द्वितीय व तृतीय स्थान प्राप्त विजेताओं को उपरोक्त पुरस्कार प्रदान किए जाएंगे।

अतः सभी युवाओं से अनुरोध है कि कृपया फिटनेस दौड़ में प्रतिभागिता कर शिर्ष स्थान प्राप्त कर पुरस्कार प्राप्त कर गौरवान्वित करें।

SOCDC

16. Social Outreach and Community Development Committee (SOCDC) along with a NGO Slum Swaraj Foundation visited the **camp** in Jhilmil Colony, East Delhi to aware the children about classes that we are going to restart teaching them in the coming week in the nearby park. There were 4 members from the national team of SSF who visited the camp – Mr. Rahul, Mr. Hemendra, Mr. Rajnesh and Mr. Akash. 60 SOCDC members were divided into 4 groups, each group containing 15 members who were sent to different locations in the colony each group followed by each national team member. While visiting the camp, we told the children's parents that we would teach their children in the nearby park daily of nursery to 12th class students 6 days a week at 3-4 pm and also encouraged parents to send their children as we will also celebrate all the festivals with them. After that, we registered the children's name, their classes and their parent's contact number. Parents were very encouraging, children were very excited. The most convenient park was also selected and by calling cleaning workers at the work, thorough cleaning was done. The payment was made to cleaners by the national team. Parents were happy to know that their children will now be able to study and will get guidance. Overall the camp visit was successful and the members did very well interaction.

Camp Visit

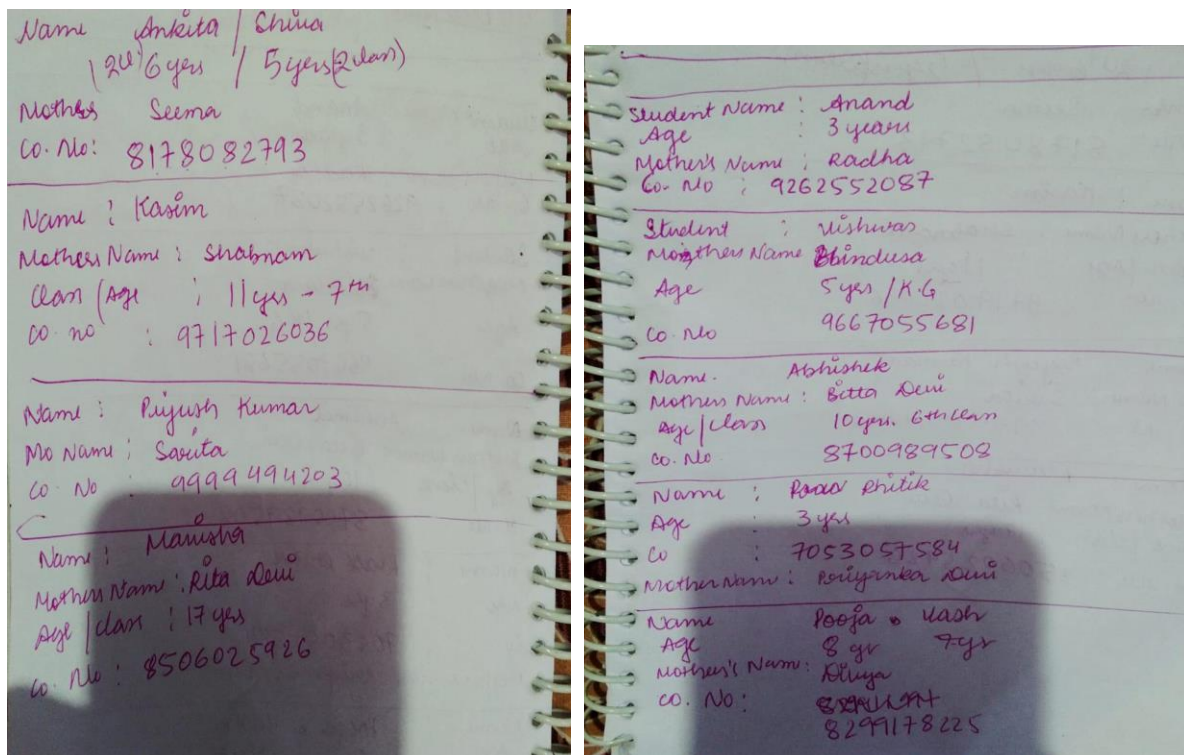
Date – 30th September 2023

Volunteers – Aashiya Mahajan, Aanchal Jain and 60 others (VNC students)

Teacher co-ordinator – Dr. Sandhya Jain, Dr. Gargi Sengupta



List of kids of Jhilmil Colony, interested to comp at VNC Camp



17. SOCDC along with Slum Swaraj Foundation organised **cloth donation drive** for the slum children and their parents. The procedure for donations started from 22nd Nov 2023 and lasted till 30th Nov 2023 inside the campus of Vivekananda College. Many students of our college participated in this drive enthusiastically and donated many clothes and other things as well. Finally, on 2nd Dec 2023, all the donated items were collected from the college and distributed among the children at the camp. The children also took part very excitedly in this donation drive. Overall, the drive was very successful and the volunteers executed it very smoothly and efficiently.

Event: Cloth Donation

Date: 2nd Dec 2023

Volunteers: Aanchal Jain, Aashiya Mahajan, Nikita Anand, Ayushi Patel, Ankreta, Simar, Somi, Manisha, Shahroon, Aliya, Anju, Mohini, Anju, Sneha,

Teacher Coordinators: Dr. Sandhya Jain and Dr. Gargi Sengupta



18. Slum Swaraj Foundation along with SOCDC organized a small **donation** event on 7th Feb 2024 for the children at camp. It was made possible by the contribution given by one of our teachers in the college. The children are provided with stationary items along with a few eatables like chocolates and wafers. Thus, the event ended on a good note with many happy faces

Event: Donation Drive

Date: 7th February 2024

List of Volunteers: 17

Organised by: SOCDC

Teacher Coordinators: Dr. Sandhya Jain and Dr. Gargi Sengupta



Girl Up

19. On October 13, 2023, **Girl Up Nazakat**, under the guidance of Dr. Vanita Sondhi, Convenor, proudly set up its 'First Ever Stall' at Vivekananda College during MERAKI, a flagship event organized by Convocare in observance of World Mental Health Month. The stall was part of **Project PRASHANSA**: Celebrating She Economy, showcasing ethically sourced products from women-owned small businesses. Featured items included beautifully crocheted glass bottle covers and bags, bookmarks, earrings, and diaries by Sarmaya, bracelets with self-care quotes by The Graphite, and cookies with affirmations by Frosted Crumbs. Engaging activities such as "Who's Back? - friendship test" and "Spin the Wheel - for self-reflection prompts" attracted enthusiastic participation, with winners receiving thoughtful gifts like scrunchies. The event was a tremendous success, made possible by the combined efforts of the Officiating Principal, Team Nazakat, Team Convocare, teachers, staff, and students, further promoting mental well-being and empowerment through creativity and collaboration.

Event: Meraki, 2023 (Project PRASHANSA)

Date: 13th October 2023

Organised by: Girl Up



20. On 24th November, 2023, **Girl Up Nazakat**, under the guidance of Dr. Vanita Sondhi, organized the inaugural field visit to **Aamdani**, an initiative by Saday with the purpose of **promoting their initiative** via our own social networking. During this visit, our team had the privilege of meeting some women and a skillful trainer who was volunteering to teach the women how to handicraft so that they can earn a livelihood for themselves. Project Aamadani was found and started by an anonymous person who thought of employing underprivileged women who'd be able to create materials required for crochet and beads business by minimal training. Remarkably,

they've garnered an impressive following of over 800+ followers on Instagram and various other platforms. Soon, they'll be launching their online stores where there will be an easier availability of the products made by them.

Event: Field visit to Aamdani

Date: 24th November 2023

Organised by: Girl Up



21. On 20th November, 2023, Girl Up Nazakat, under the guidance of Dr. Vanita Sondhi, orchestrated a school visit to MCD School in collaboration with Pratisandhi. With a singular mission: spreading awareness about the critical nuances of **good touch and bad touch among** male students from grade 2 to 7. Over 250 students were enveloped in an interactive and enlightening session, where they were each equipped with meticulously crafted colouring books demonstrating the intricacies of appropriate and inappropriate physical interactions. These colouring books, complemented by sketch pens and colouring boxes, served as channel for expression and comprehension, fostering a safe space for exploration and learning. The session deeply impacted students, educators, and staff, empowering young minds with tools to navigate complex social dynamics around boundaries. Through creative expression and dialogue, students became informed and confident in asserting their personal boundaries. By leveraging creativity, compassion, and collaboration, Girl Up Nazakat and Pratisandhi remain steadfast in their commitment to nurturing informed and resilient communities where every individual's dignity and well-being are safeguarded.

Event: MCD School Visit to create awareness about good and bad touch

Date: 24th November 2023


Organised by: Girl Up



French Department

22. Students of the Department volunteered as French Teacher to students of Class 5 at MCD schools of Central, East and South Delhi zone as part of **Josuman French Enrichment Program** run by Education Department of Municipal Corporation of Delhi (30th March 2024) This is a social initiative based project to enrich school children from economically weaker sections with new language and cultural skills:


- Tvisha Singh, Neelakshi Tyagi, Priyanshi Chauhan, Priyanshi Yadav, Avantika Harit, Akanksha, Kajal Sen, Ananya, Avni Preet, Riya Singh of BA(P) IIInd year.
- Aashna Viresh, Khushbu, Harleen Kaur, Tanishka Gaur, Olivia Sarkar, Jyoti Kumari, Palak Joshi, Palak Malhotra, Tiya Gehlot, Tanishka Gaur, Tulsi Gupta of BA(P) IIIrd year.
- *Event: Teaching French to students of MCD (Josuman French Enrichment Program)*
- *Date: 30th March 2024*
- *Organised by: French department*



नगर निगम प्राथमिक आदर्श बालिका विद्यालय

पुरानी सीमापुरी-1, हिंदी, दिल्ली-110095

व्य. वार्ड नं. E-26/27



Teaching Certificate

क्रमांक दिनांक 30/03/24

This is to certify that Mr. / Ms. Aashna Viresh successfully taught Josuman French Enrichment program for the academic session of 2023-2024 as approved and supported by MCD Education Director Shri Vikas Tripathi.

He / She taught French to our Grade V students for total of 36 hours during whole academic year under official French pedagogical mentorship and coordination of Dr. Deepika Mehta.

As Josuman French Teacher, He /She was active in extracurricular activities where students were prepared for school assembly to sing French poems and to participate in school's patriotic day celebrations. As a part of Josuman curriculum, from lesson plan till student's final evaluation, overall teaching performance was satisfactory.

I, as a School Principal, feel glad to observe positive enrichment in my students through Josuman program and our students enjoyed learning French language with Ms./Mr. Aashna Viresh

Her / His conduct was found professional and cordial with our school staff and students.

With best wishes for success in life ahead.

Principal Name, Reeta Sharma

Signature Reeta Sharma

नि. वा. सी. आ. बालिका विद्यालय
 पुरानी सीमापुरी दिल्ली-110095

