


<b>Title</b>	Associate Professor	<b>First Name</b>	Anita	<b>Last Name</b>	Kant	<b>Photograph</b>
<b>Designation</b>	Associate Professor					
<b>Address (Campus)</b>	Vivekananda College (University of Delhi), Vivek Vihar, Delhi- 110095					
<b>(Residence)</b>	4B/4 Raj Narian Marg, Civil Lines, Delhi-110054					
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<b>Educational Qualifications</b>	M.A., M.Phil, Ph.D in Psychology					
<b>Degree</b>	<b>Institution</b>				<b>Year</b>	
B. A.	Garhwal University				1975-77	
M.A.	University of Madras				1978-80	
M.Phil	University of Delhi				1981-1983	
Ph.D	University of Delhi				1990	
<b>Career Profile</b>						
<b>Designation</b>					<b>Duration</b>	
Associate Professor					15 years	
<b>Administrative Assignments</b>						
<ul style="list-style-type: none"> <li>Established the Dept. of Applied Psychology in the year 1989, with a batch of 13 students. Was involved in the purchase of books for the college library and setting up the department- especially labs, furniture, psychological tests/ apparatuses.</li> <li>Teacher Representative of the Governing Body of the College.</li> <li>Nominated as head of the Complaints (Women) Redressal Committee of the Indian Bank.</li> <li>Secretary of the 'Psychology Research Forum', Department of Psychology, University of Delhi.</li> <li>Trained as a Pre-marital Counselor by the Delhi Commission for Women.</li> <li>Actively contributed to the various committees of the college like Sports, Cultural Canteen and Grievance.</li> <li>Served as the convener of the College Students Union Advisory Committee from the year 2013-15.</li> <li>Appointed as the internal/external examiner, for conducting practical exams at the under graduate/postgraduate level in various colleges of the University of Delhi as well as IGNOU.</li> <li>Served as a member of the Doctoral Committee at IGNOU. Recently was also a part of the proposed Course Structure (as per UGC-CBCS) of B.A(Hons) Psychology, B.A with Psychology, core Courses and Elective: Generic of the IGNOU.</li> </ul>						

- Member of Committee of Courses, Dept. of Psychology
- Served as an officiating principal of the college for a short term

### **Subjects Taught**

- Over the years the Undergraduate course has changed periodically, hence have been teaching a wide variety of papers such as Psychology of Individual Differences, Consumer Psychology and advertising, Communication Skills, Media Psychology, Life Span Development, to name a few.
- Taught at Lady Shri Ram College, Jesus and Mary College and Daulat Ram College.
- Taught at Rajguru College of Applied Sciences for Women- to students of B.Sc (Computer Sciences).
- Lady Reading Nursing School
- Undergraduate students of IGNOU

### **Areas of Interests:**

In the area of HRM/ Organizational Psychology.

### **Research Guidance:**

- Ph.D.- Yogita Aggarwal- awaiting viva
- Undergraduate students- 3 students under supervision with a colleague.
- Ph.D. Research Scholars-“spirituality in the Workplace”-co-guide.
- Advisor to the Ph.D. thesis “Cognitive and Emotional Facets of Ambivalence in Interpersonal Relationships”, under the supervision of Dr. Sunil Kumar Verma.

### **Publications profile:**

- A revision of book chapter “International Human Resource Management Practice” published in the book “Human Resource Development-Issues, Case studies and Experiential exercises.
- Book chapter “Factor Analytic Study of Auditory Vigilance Task in Relation to Intelligence and Personality of Industrial workers” in the book “Research in Psycho-social issues.”
- “A Study of Auditory Vigilance Task Performance among Industrial Workers” in the book “Perspectives in Psycho-educational Researches.
- e-chapter for Institute of Life Long Learning (ILLL) on “Life Crisis- Coping and evolving” South Campus

### **Conference organization/Presentations (in the last three years):**

International Seminar on “Indian Mind and Societal Concern: An Interdisciplinary Dialogue”. Dept. of Psychology (Ramanujun College) University of Delhi.

### **Research Projects (Major Grants/Research Collaboration)**

Innovation Project- Exploring Psychosocial Stressors, Coping Responses and Mental Toughness in Delhi University Sport Students with Dr. Vanita Sondhi, Dr. Bimla Pawar & Dr. Meera Sood.

### **Awards and Distinctions:**

- The distinction of having completed more than 25 years in the college.
- Awarded best all round undergraduate student in B.A. (1977)
- Awarded 2<sup>nd</sup> rank in M.A. Psychology, University of Madras. (1980)

### **Association with Professional Bodies:**

- Life Member of (IPA)-LM/450 of The Indian Psychological Association from the year 1991.
- Secretary of the Psychology Research Forum (Regd.) established in the year 1986 in the Department of Psychology, University of Delhi, Delhi-110007
- Life Member of the Delhi Psychiatric Society (Regd.)

**Other Activities**

- Appointed as a Psychologist by the India Oil Corporation for the recruitment and selection of their Graduate Engineers.
- Have organized Fashion Shows in the college, have been part of the Miss Vivek Contest and actively helped in the college festival “Pallavi” and Annual Day.
- Have won prizes in flower shows organized by the University of Delhi.