

CHIEF EDITORIAL:

In 2019, the Publication Committee made the unanimous decision to publish an e magazine. The decision was maintained keeping in mind the wastage of paper and other resources, which are integrally associated with print publication. The first "Isha" e-magazine was uploaded on the college website, hand crafted, designed, conceptualized and consolidated by a completely in-house team of Faculty and students of Vivekananda College.

The decision to continue the magazine in the e- format became more inevitable than imperative in 2020. On one hand was the glorious occasion of the Golden Jubilee of the college, requiring appropriate and adequate representation of the phenomenal and outstanding events which have been organised. On the other hand was the hitherto unseen and fatal pandemic, subverting normalcy in all spheres. What came across as a huge relief and assurance for the Publication Committee was the sheer hope and positivity shown by the students through their numerous submissions. Pushing the frontiers of profound fear, irreversible loss, death and destruction, the students of Vivekananda College overwhelmed us with their creativity, insight and sensitivity. Even the faculty evoked their support through their own submissions. The Publication Committee feels extremely grateful and honoured to be at the receiving end and preserve these inspired expressions.

The Committee would like to thank, Dr. Hina Nandrajog, Principal, Vivekananda College, and Mr. Munish Kaushik, Chairperson, Governing Body, the Administration Department, the Faculty and the Students for their invaluable support and insight.

Keeping in mind the lessons of self dependency, so instrincisally associated with this unprecedented time, this year, too, the Publication Committee has collected, edited, designed and collated submitted data in the form of an e-magazine. "Isha" has become a metaphor for celebrating and commemorating the Golden Jubilee of the college and also a reminder of not surrendering to the tormenting pressures of the current time. We hope "Isha" continues to flourish with the creative outpourings of the students and exist as a safe and free space to enable interplay and expression of ideas and emotions.

Warm Regards Publication Committee Vivekananda College University of Delhi

CHAIRPERSON'S MESSAGE



"Education is the most powerful weapon which you can use to change the world."

Nelson Mandela

It is truly a matter of pride and honour to address everybody as the Chairperson of Vivekananda College. It is heartening to acknowledge the relentless pursuit of the college towards excellence by recognizing knowledge as a liberating force. Vivekananda College has carved a name for itself in the academic scenario and enabled numerous students to achieve higher education. It not only is the most powerful tool to bring desirable change in our society, but also leads to the creation of thinking and compassionate individuals. It has been the continuous effort of the college to overcome the negative barriers of prejudice and ignorance. Our college is committed to contribute towards making a harmonious and just society.

The college magazine, *Isha*, is significant as it respects differences and promotes creative extracurricular space for the students. It brings forward a harmonious collaboration of diverse creative interests. The college magazine is the best platform for students to showcase the creative talent in the form of opinions, concerns, questions, doubts and their vision. It also provides them the freedom to create their own imaginative worlds of fantasy and wonder.

I would like to express my heartiest congratulations to the Principal and the Publication Committee for providing this space to students. I also congratulate and put on record my appreciation for the efforts of the students in all fields.

Best wishes

Munish Kaushik Chairperson Governing Body Vivekananda College

PRINCIPAL'S MESSAGE



"You can't use up creativity. The more you use, the more you have."

Maya Angelou

Isha has always been a symbol for creative outpourings. Creativity is innate to each individual and through *Isha*, an official platform has been provided to the students for their inspired expressions. Every year, *Isha* has provided the necessary impetus to young and motivated creators to write, sketch, paint and opine. 2020 has created a tremendous upheaval in our lives, by shattering familiarity and ushering in myriad forms of newness. The multifaceted changes brought in by Covid-19 in our personal and professional lives, altering our physical, emotional and daily lifestyles, have been absolutely unprecedented. On the one hand is the frightening and almost stupefying reality of death, destruction and unceasing struggle against an invisible fatal enemy. On the other hand is the sheer optimism and will to survive. It is for the latter that the Publication Committee unanimously decided to continue the process of releasing *Isha* as an e-magazine. Despite the intensity of grief and horror, the pandemic has also engendered a hitherto unseen flourish of creativity. This year, too,there has been an overwhelming response by the students regarding submission of articles, poems, short stories in multiple languages and branching into diverse genres. There have also been delightful sketches and paintings. We have also included the photographs and the paintings of the winners of the respective competitions.

Isha hopes for a world where there is a scope for dialogues of love, kindness, understanding and respect. Restrictive ideology which promotes hatred, injustice and prejudice, leads to distorted opinions and harmful acts. In the midst of such chaos and socio-political oppression the ability and right to articulate what one feels becomes paramount. We hope that *Isha* has enabled the students to find their voices and assert their ideas. This unbridled creative space may help budding minds to find their foothold and gauge the conflicting realities surrounding them. Covid-19 has already pushed the frontiers of classroom teaching to hitherto unimagined limits. On the occasion of the golden jubilee of the college, we hope our endeavour has helped the students to achieve liberating abilities.

I congratulate the entire editorial team of the magazine and appreciate their dedication. I am confident that this issue of *Isha* shall inspire students in years to come.

Dr. Hina Nandrajog Officiating Principal Vivekananda College

PUBLICATION COMMITTEE FACULTY BOARD



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ENGLISH SECTION

Modern Cinderella

Every fairytale begins With a damsel in distress. Wiping, sweeping, cleaning the floors, Doing all the household chores Till she's out of her breath. As if this wasn't enough, She's taunted, secluded and blamed For mistakes. Which aren't only hers but also theirs. Though she's called Cinderella, She's every woman- she's you and me. She is every woman who suffers In silence and for mercy, pleads. This is a modern fairytale, With neither spells nor fairies. Glass slippers! They are just fantasy. Here, we trod the earth barefoot On the road to our identity. Sorry my dear, Prince Charming won't arrive. You are a queen and even without a king you'll thrive. What you and me, every girl out there And every modern Cinderella needs to realise, The clock will strike 12 again, But we won't run or flee this time. We'll look them in the eyes and fight For ourselves like true knights. Fight for our identity, respect and rights. Fight till we no more have to be afraid of the night. Maybe we won't find the charming Prince. Maybe happily ever after is a lie. It'll still be worth it when you'll realize You're more than beauty. You're not a damsel in distress, But a warrior in disguise.

> Nandini Sirohi II Year, B.A. (H). English

Love

Love has a face like you, and eyes too, and its lips, they move in the same way as yours; and it breathes with the same ease and same intensities as you do, same air, maybe, that you do. So when I look into your eyes, I don't see any labyrinth, I don't see any forest, or anything; It's just your eyes that I see, and yet it feels something that I wonder what;

How my eyes become my heart and heart becomes my eyes! Is it love that your eyes breathe? Or the life of some region I never yet saw, and that I was always craving to see. And yet your eyes, How they make me to look away from them; For whatever mystery they hold, For whatever truth they veil, How my heart quivers to know all; And yet, how I wanted them all to be untouched. even from my glances and even from yours.

> Zeenat II Year, B.A. (H). English

We all are colored tubelights Strangled up in binaries Agents of metropolitan heights And subjects of capital hierarchies.

> Vaishnavi III Year, B.A. (H). English

Domestic Abuse

The bruises on her neck They said, added to her art While he hit the bones What went broken was the heart "It's okay, right?" She convinced, "He loves me after all' And didn't you hear? 'Everything's fair in love and war.' Love knew no excuses, Hers had no bounds. Even with the blood dripping from her nose, She did say, "Red depicts love, love that is pure." But his love was blue. Just like the color he painted on her body, Which was not hers for sure. She understood it quite early, Love sure, does feel like pain. Her voice was silenced

By the kisses and bruises he gave With the promises he made Purely out of his love, Love that was Red and blue, Tears and scars.

> Nandini Sirohi II Year, B.A. (H). English

Real Beauty

A girl with a big heart Found in this world nothing apart. Enjoying every sight in her own Magic and wonder were part of everything she had known. Beauty wasn't only her name Her words and work echoed the same. To save her father she settled with a stranger Society labeled whom a 'beast full of anger'. She met a man thrown all alone For the appearance which he got on. People called him a beast But he was known for being himself at least. His grand palace and enormous wealth All seem to be faded. Drowned by society's judgment He became a victim of self-hatred. He spoke up, "My looks are scary, I am not good enough, Everyone has always hated me, To live like this is tough." Beauty isn't something superficial she told A helping hand, positive outlook And all the love that a heart can hold Is what makes a person truly beautiful. Beauty is a part of every creation Love in the eyes is needed for it to be disclosed. But don't watch others and be in suspicion As comparison is what blurs it the most. Beauty fell in love for His safe and hearty presence. Her true devotion took off the beast's curse And now a handsome man was his appearance. Transforming a beast into a man Knowing all his darkness and pain. Loving him with the depth of her heart She defined a true woman's art.

> Mansi Bisht II Year, B.A. (H). English

Love

Love is not made for those of our type, For it must be solicited by those who stereotype, A boy loving a girl is sacrosanct, but a boy loving a boy is too much of a hype. I desire to dote you with all my heart, But the society's edicts are so tart, That I shudder for they might take you apart. They can never fathom my flutter when you embrace, For them our union is a disgrace, And somewhere under this hegemony, our love stifles for space. In their vista I'm too sensitive to be called a male, For emotions score too low on their so called masculinity scale, At my diffidence they rejoice and regale. Just because I feel different, They perceive me as completely abhorrent, As if the sexual inclination of a person is the most important. How do I tell them, that I had lost myself amidst this throng, But in your arms I feel strong, Beyond the judgement of right and wrong there I belong. They say two negatives can never be positive, Under this ideal regimentation our love is held captive, And if it could ever free itself, is an idea completely abstractive. But even then I burn with the penchant to meet, For I know that in me your insecurities also, find a retreat, The pieces of our broken hearts joined together look complete. We can only hope that one day they will understand, And without any fear or repression, we would freely walk hand in hand, Or else this perpetual love can only find its destination in some utopian land.

Muskan Raj II Year, B.A. (H). English

Dreams

Of Country's old yet rigid walls, Or moving still and stagnant air, You close your eyes from and Through grey layers of consciousness, You fall successively till the last one Where grey sink into a blur of black.

And with flashing of silhouettes, And emerging of a new stage in light Where do you find yourself? In the same story which was left open-ended? Or in a new page of a dream... Wherein, you embark on to a series of unhindered journeys, Crossing every erased crease of borderless maps, From one corner to the other. With every flip of moments and shades, You visit a thousand new airy lands

Without any visa or fees.

Would you be able to translate these dreams, And their alien language, That run across naked ends, Unstopped from any censor, or comma, or full stop, And rest in the space between the dots of ellipses!

Or, would you be able to translate the dream, Of its multiple stories, Some with fright, Some with flight, And some of fall! A fall so real that crosses the boundaries of dream and reality. A fall in which you can feel and touch the bottom As it comes to an abrupt end.

> And, would you be able to translate the dreams, Of its unabashed absurdity,And your fleeting identity in its canvasOf an explorer, of a weirdo, of a chaos!?You, who moves in its lanes as if a free entity. Free from all the fences of nationality.Free from all the veils and cloak of religion.

So, would you be able to translate the reality of dream? Or you too would dismiss it Like those stories you never wrote on papers, Like those moments of epiphany Which come after a deep fall in dream Where you found your eyes open, saying, "Oh! It was just a dream..."

> Zeenat II Year, B.A. (H). English

Colours

The rainbow is full of seven colours. It's true It has provided opportunity for you. The first colour of rainbow is violet It's true It has created creativity in you. The second colour of rainbow is Indigo It's true It has developed wisdom for you. The third colour of rainbow is blue, It's true It has provided tranquility to you. The fourth colour of rainbow is green It's true It has made the world eco friendly for you. The fifth colour of rainbow is yellow, It's true It has build confidence in you. The sixth colour of rainbow is orange, It's true It has provided freedom to you. The seventh colour of rainbow is red, It's true It has represented love for you.

> Tejaswani III Year, B.A. (H). English

Cinderella

A lone ranger out there, I was a damsel distressed, My mother wasn't around, Anymore, nothing I possessed.

> My step family treated, Me like I was a foe, Yet I loved them, That's all I know.

When the prince announced, For a ball, for a wife, Well, boy, did I think, It's gonna change my life?

Stepmother gave me chores, Laughed like a clown, While Gus Jaq, and the birds, Decorated my ball gown. My gown was torn down, I was held back and stopped, Until when the fairy showed, And on the chariot I hopped.

The fairy told me everything, Came with a price, The power of my spells, Until midnight will they suffice.

There, I looked at the prince, Looking at me in great awe, Enchanted, we danced the night, I didn't see a flaw.

The clock almost hit midnight, When I realised I had to retreat, It was when I ran down the stairs, One of the sandals came off my feet.

The prince sent the duke, In search of the lady who, Fits the sandal that came off, As if a dream came true.

The prince found me, And now he can't find, Our daughter when it's, The curtain she's hiding behind.

> Manasvi Thakur II Year, B.A. (H). English

My Things

First thing is God Who gives us a lot of power Second thing is love Which makes us believe Third thing is truth Which develops our confidence Fourth thing is dream Which creates ambition in us Fifth thing is smile Which brings lots of happiness Sixth thing is identity Which represents our behaviour Seventh thing is beauty Which reflects our image Eighth thing is struggle Which requires a lot of hardship Ninth thing is friends Who give full support Tenth thing is family That shows our lives Last thing is education Which shows the right path Last but not least thing is teachers Who provide knowledge with experiences

> Tejaswani III Year, B.A. (H). English

Time can be tough, so is the life Make it unique or make it rife Try and fly as high as sky, You're worth it, must know why!

Eye to sky and foot to ground, It's something uncommon around, In a chase to woo and prove and show Seize the moment, then let it flow!

In a world full of blissful illusions Be your own kind, stick to original Can take it as a serious resolution Life's a fact, never make it fictional!

> Sakshi Aggarwal II Year, B.A. (H). English

Loneliness

Loneliness is desolation. It is like a beam of light In the dark night. It is like an unburnt candle, Among hundred burnt. It is like the moon among Uncounted stars in the sky.

It is like evaporation of water from milk. It is like a tree in the desert. It stings like a scorpion, in the heart.

It desolates the light and the crowd. It tastes of the leaves of papaya. It makes you meet yourself.

> Shraddha Yadav III Year, B.A. (H). English

Tears Are My Best Friends

They come to me in bulk, When my life sulks. They extract the pain Giving me a sense of calmness. They take my frustration away, Giving me a sense of inner peace.

Like a true bestie, they come on their own Whenever I need them. They help me sort When my mind is stuck And rational things are in a dump. They are better than any human Because they don't judge me They don't insult me They don't humiliate me Tears are really my best friends... But. But sometimes Turning into foes They snatch away the brightness from beneath my eyes Leaving a trail of dark circles (every girl's enemy) Still, They are better than those mortals Whose words pierce my heart Like an irreparable wound Causing pain for the entire life..... Tears are my best friends...

Archisha Bansal I Year, B.A. (H). English

Words

Words, They will move Through the passage of your veins, Crossing the threshold of realisation With their entry into your inner being. Words. They will travel Like the pilgrims so divine in their vision, To the remote places in your soul. Places, wherein buried the smell of their essence. Words. They will read you And the indecipherable scripts Engraved on the tomb of your emotions. Words, With their delicate touches Will rekindle lives. Life in the corpse of the emotions Lying dead in the grave Beneath the layers of your skin, Shrouded by the loneliness of silence In the abyss of your hearts, And like a lost ghost Haunts the passage of your throat. Words, They will rejuvenate you,

With a sudden jerk of epiphany, A new life... As you would drink, Swallow And inhale their meanings.

> Zeenat II Year, B.A. (H). English

The Pea's Beseech

Alright, so I'm a pea. I'm tiny, and I'm green. I am what I seem. Who knew I'd be used Like a weapon of mattress destruction? Besides, that Queen didn't read the instructions.

If she had, she would have read, Cook these peas until hot and delicious. Look, the label did not say, Good for bruising a delicate Princess! All I can say is that girl must be made out of cotton candy To be bruised-up by something like me!

I'm not some syndicate bad guy. I'm just a little pea! I'm a victim, too! True, I may not be black and blue, And when I got squashed I didn't go Boo-hoo-hoo. None-the-less, I am a victim!

And I must confess: What you never heard before Is when they found me under those twenty mattresses— Electromagnetically feelings occur, Responsive to going ons, Pineal glands awaken the senses.

And almost every women has heard it timesfold "you're so sensitive" Perhaps our ribs vibrate the harmony of life, Our heart beats the pulse of the sun, We are naturally inclined to emotions, Systematically processing the energy of existence: The claim of being the feminine sensitive.

And if you don't believe me, go jump in a lake!— I was lying there, smashed— Flat as a pancake!

> Yamini Jain II Year B.A. (H). English

How paradoxically Events are happening It appears like something But then it visibly hides Don't you think some uncertain things Make our life more certain? Because we never know Whether we are living in confused realities Or are confusing realities inside our brains?

> So life is there And therefore it has to be lived If knowledge is there So passion for it has to exist If nostalgia knocks A smile will recapture those clicks And if the sky is there Then flights will exist So let's fly a bit Let's fly a bit.

> > Vaishnavi III Year, B.A. (H). English

The Space in Between

Between the shores of certainty and uncertainty, A stream of desire thrives within me. Desire, for not only touching the invisible end of alchemy But somewhere, the desire to remain, unnamed... In the unknown grove of shadows.

And,

Amidst the space between "To be and not to be" I oscillate back and forth like a pendulum, Between the realm of illusion and reality And... Between the whiff of joy and fear.

A part of me, Moving in the timeless circle of a make-believe world, Slipping through the fingers of reality like soft drifting sand, Fading to the dead ends of blurred oblivion The way a kite with a broken string disappears into the sky.

> A part of me, Craves for the merging of distances

Lies between the words uttered and those, kept unsaid; Launches itself to dive into the pauses That float between your words; To chase some wishful moments In the vivid silences, That linger between your Yes and No.

> And a part of me, Reads between the labyrinth of lines. In saudade for a lost rhythm of mine, To fill up the void brimming inside me. With penetrating shadows of meaning That fall between the lines.

Aren't we, somewhere in between... Jumbled, in the liminal space of time And... Seeking a silver lining to survive?

Zeenat II Year, B.A. (H). English

Quite

Quietly, he pulled me towards his side, Quietly, he touched me inappropriately, Quietly, I trembled within myself, Quietly, I cried, Quietly, I was possessed by a rage, Quietly, I decided to speak, But when the quiet girl decided to rebel, The world said- it happens, Keep Quiet.

> Sukanya III Year, B.A. (H). English

Reality

I would say its' the darkest brightness, We all see the sun everyday But we are somewhat dark inside, Harsh inside, hard inside, dull and really trapped inside. I would say it's the saddest happy, We all smile and laugh everyday But do we really feel? Past is a history, future is a mystery, Today is a gift.... We call it 'Present'.

> I would call it the funniest tragedy, We expect a lot from others

Value and praise others, Selflessly we lose ourselves.

True! Darkest brightness... And we all are somewhat dark inside, Harsh inside, hard inside, dull and Really trapped inside.

> Anjali Girish II Year, B.A. (H). English

Rapunzel

Once again Rapunzel is embowered, But this time it's not the witch's fear, Rather it is the suspecting society that castigates her, And makes her susceptible to perils difficult to bear. Once again Rapunzel and her prince are separated, But this time it's not the cruel witch's indignation, Rather the religious demarcations, That fill them with trepidation. Rapunzel's love trounced every difficulty, Also her Prince's loss of sight, But this time the people are blinded by rigidity and hatred, Busy fighting to prove their edicts right. Every time a Rapunzel wants to escape, She has to travail, The path to freedom and love is never easy, But her audacity will never let her fail. As a price for emancipation, She had to sacrifice her braid, For her dreams and love even our modern Rapunzel, Is ready to abandon and is not afraid. Every hurdle of prejudice and discrimination, One day she will overcome, She will transgress all the vaults, And the witch in the psyche of the people will be forced to succumb. That day she will meet her Prince, It will be a triumph of their connection, And then their love will finally, Reach its destination.

Muskan Raj II Year, B.A. (H). English

In the Same Bog

Over the Khasi and under the heaven, There I see the Demon Flower.

Flaunting it's beauty in the finest red and brown and purple and green. Spreading its colours into the air, Around the hill- it stands proud; Waiting for the ant. The ant is no fool to miss this visual bribe of colours and spectrums. It drops on the pitcher's lips That pours sweet, sweet nectar onto it, Until the ant slips. Slips into the trap of a waxy land. Drowning and sinking, there's no escape. Down at the bottom- the pitcher takes every bit out, Mixing it with its madness and blood, Its passion and black love- how beautiful... What a failure the soil is, I wonder, That it couldn't help the pitcher grow. In its own acidic bog with pathetic techniques, It turned the pitcher into a demonic flower. What a shame! Grown up as the pitcher is now, It does not feel the good or the guilt. It ensnares everyone around - unknowingly. It looks for another fly to kill for the thrill of madness. The soil has done its deed. Over the Khasi and under the heaven, There I see a reflection of myself.

Shohini Ghosh I Year, B.A.(H.) Applied Psychology

The Blind Court

Humanity died way before that daughter was born the father was sad knowing a girl was feeding off his wife's womb, and not the son, the heir of his half-baked sperms. But nobody could be sure if the boy rejoicing in the same belly would've become a rapist, as he was to be raised in the same house, where women are buried deep down under the power, the men of the house hold. The same way, you raped that stranger

you now call your wife on that dark wedding night, against her will just because you had a title to do so; 'the husband' The same way, her father forced her into this marriage, against her will just because he had a title to do so; 'the father' The same way, her elder brother had seduced her when she was just 13, against her will just because he had a title to do so; 'the elder brother' The same way, society is now accusing your daughter, the victim for the rape, her clothes, her gender, her actions deserved just because it has a title to do so; 'The Society' 'The Blind Court'

> Mansi I year, B.A.(H.) Applied Psychology

PETALS OF STRENGTH

What flowers teach me I never was taught What I see in them was something which I caught More than people I feel to connect I need more flowers in my head. Those mere fragrant petals of color Is much more than fondness and beauty. Those lovelorn roses, all bright and red Feel fiery and the strength they hold To be pretty to the eyes Can make someone's day better. To make one smile and get a tear in the eye To make a heart fond for someone with the care you carry by The day may come when one needs none The grasp of letting go, is what thorns hold. Sunshine, Oh look for the brighter side Sunflowers create the perfect dawn. Wait and see what the day holds for you You are more than what meets the eye. But every story needs someone

Who has stood against all odds The one who is never shattered in sighs Unfolding its flair, the wish to reach new skies Of sticking mud which makes it succumb The lotus never stops to be the one What it always longed for. What flowers taught me I was taught by none. Carrying a bunch of handpicked ones Providing me essence by being my own chums.

> Simran Ganjoo III year,B.A. (H.) Applied Psychology

ELYSIUM : WHEN ?

Do you seek what your Mind echoes for ? It's difficult, it may con you again and again With Cold sweats, These fidgets just now & then. Been through despair? Sighs of bleakness ? And heaviness of it may be A burden now & then. When everything seems vapour A stigma clinges. This suppressed head of emotions wont come out ? Wait and slowly utter it. Indulge in self-care, And you will heal. Chase that composure, And this gloom will vanish soon. As we all are crippled in so

> Simran Ganjoo III year,B.A. (H.) Applied Psychology

Fear of Traditional Intrusion

I ended up reading *The Intrusion* by Shashi Deshpande that morning. As usually I woke up and moved to the kitchen for a glass of water. An unusual smell of delicious food wafted towards me. Ignoring the reason for this whole preparation I was ready for my college. "Wow!" a voice interrupted, that was my mother. "You are ready, that's great! But leave your bag aside". I was not surprised, this usually happens with me, when there is whole lot of work

at home. But this time there was a light on her face. She was laughing hideously. Some guests are arriving to meet me, I got to know from my younger brother. His expressions terrified me. This preparation had shaken up the story of *The Intrusion*subconsciously within me.

I was forced to wear my new yellow suit, there wasn't any choice. Every knock on my door was like somebody choking my throat. Then they came. It was like an invasion, terrifying in its subtle violence. Their fast moving steps were pressing my breath. Suffocation was all around. Lights were gloomy. Candles were dark. Reflections of my inner self. Water imagery of Sashi Deshpande in *The Intrusion* was similarly eroding away my smile. And each passing minute was just like the wave gaining momentum to hit my space, 'A Room Of My Own'.

My unease was comprehended by my mother, as the by-product of my over reading of feminist literature, which was pseudo and of no meaning to her. Finally she collected my broken self and placed me as a showpiece.

They came. Their eyes were shooting arrows of queries. And inspecting my body as a piece of flesh, which should be presentable. Their ironic smiles and gestures were burning my soul, imprisoning it. They left my house smiling in the same ironic manner. All the chaos was silent. As the silence after flood. Silence of the death, death of feelings, feelings to be loved, not to be judged. There was a relief yet a fear lurking in my heart.

My parents were also worried, but for their answer, not for my will. My fear accelerated with their "*YES*". "What about my studies?" I asserted, gathering all my courage. "They are very generous they will make you study from their home," defended my father. My mother added "They are so adjusting as well, they agreed in just 4 lacs". "But for what?" remained unanswered. Things were going good enough as my parents wished. Days were rushing fast as if a dream or a nightmare.

Delightful 'Wedding Bells' rung and shrilled like clarion. And all the ceremonies ended this afternoon. As the night is approaching my heart is succumbing into a fear of intrusion. Shashi Deshpande's *The Intrusion* is intruding and raping my smile ruthlessly. Each word of that story and some instances that I learned from others' experience plunder myself from me. Invasion of feelings and my romantic ideals multiplies every second. "Arranged marriage works longer" echoes in my ears, in my granny's voice. As if she is consoling me...

"Do all marriages are this strange?" I'm questioning myself again and again. Even the surrounding is not familiar to pull me out of the gloom and fear. "Will he be aware about marital rapes? Will he be gentle and kind?" His thoughts are already intruding my happy soul and plundering myself from me, over and over again. Each approaching hour consists of fear. Fear of intrusion and unknown relations, strange people, mannerisms, and a passionate wave which will wash away my privacy, intimacy and a sense of belonging to my very own self, is tearing me apart.

Simran Verma II Year, B.A. (H). English

LA PARTIE FRANÇAISE

Uneexpérience inoubliable de ma vie

Dans cet article je parlerai d'une expérience positive et inoubliable qui a transformé ma vie :

Je suis polyglotte. Je parleanglais,hindi, espagnol et un petit peu le français aussi. En 2019, j'ai eu l'opportunité de participer dans une pièce de théâtre comme actrice pour l'Ambassade de l'Argentine en collaboration avec l'école où j'avais appris l'espagnol. J'étais volontaire dans le club du théâtre là-bas. Après la représentation,je me suis sentie très très heureuse et beaucoup plus confiante. À ce moment-là j'ai décidé que je vais continuer à faire du théâtre dans le futur aussi. J'avais joué du piano aussi dans la pièce. Pour conclure je voudrais ajouter qu'une personne devrait faire tout ce qui lui rend heureuse dans la vie sans y penser trop et sans se douter.

Rashika Gupta
 B.A(P) 3^e année

Trouverl'intrus!

Un musicien, un chanteur, un croissant, unechanson Unecathédrale, un journal, un monument, un musée Un acteur, un cinéma, un film, un festival Un avion, une rue, une avenue, un boulevard Un écrivain, écrire, un livre, un gâteau Unecapitale, un pays, unefrontière, unevoiture.

Réponses:

(1)Un croissant
 (2) Un journal
 (3) Un festival
 (4) Un avion
 (5) Un gâteau
 (6) Unevoiture

- Rashi Chaudhary B.A(P) 3^e année

Les sentiments étranges

C'est étrange...

Comment les amis deviennent-ils des étrangers ?

C'est étrange...

Ceux qui se souciaient de nous

Comment nous oublient-ils et ne veulent plus nous regarder ?

C'est étrange...

Comment changent-ils leurs émotions sans des regrets ?

Ah c'est difficile de les voir prendre soin de quelqu'un d'autre.

Mais quelle malheureuse suis-je d'attester de tels sentiments affligeants !

-MansiTiwari B.A(P) 2^e année

Trouver les noms des légumes dans laboîte : HARICOT, OIGNON, LAITUE, CAROTTE, CHOU, POIVRON

В	С	A	R	0	Т	Т	Е	L
Р	0	I	V	R	0	N	С	L
М	М	Ι	В	S	Т	Т	Н	А
Р	0	Т	G	N	0	N	0	Ι
0	I	U	С	Ν	Y	Z	U	Т
Н	А	R	Ι	С	0	Т	Ι	U
М	G	А	Ι	0	U	N	Т	E

Mehak Ahuja B.A(P) 2^e année

Espérer

Je n'ai jamais su comment vivre Avec les douleurs de la réalité Je n'ai jamais su m'arrêter Jamais pensé aux résultats qui se produiraient J'ai fait comme le cœur avait dit. C'est vrai que le passém'agace encore Mais vous me dites de se laisser aller

Je me questionne Sommes-nous si faibles Sommes-nous si débiles Que nous perdons si vite de l'espoir Et le monde semble comme un ennemi

Mais ce n'est pas le monde Qui nous a donné le courage de revivre. Les ennuis vont et viennent nous obligeant de laisser aller et de continuer toujours

Vivre malgré les moments si terribles Parce que l'espoir vous donnera de la vision Et le courage de voir À travers la brume du temps La joie nous attend, j'en suis sûre

-Ayushi Bansal

Être avec toi mon amour

Être avec toi...

Quelle belle pensée !!

Cette pensée m'excite sans cesse

Et me donne l'envie de m'embellir, de m'améliorer

Pour que tu sois content

Et si tu es content

Cela fait tourner mon monde

Tu es ce beau jouet

Qui éveille en moiun enfant

L'enfant qui t'aime, qui adore jouer avec toi

Et t'aimer à jamais.....

Tu ne comprendras jamais comme c'est difficile d'être sans toi !

-Swadha



कोरे कागज़ पर गिरी स्याही अब भय से छितराई ह्यी है... कलम की नोंक टूट चुकी है.. शब्दों की पंक्तियों सहम गयी है.. पुस्तकों में दीमकों ने, अपना घर बना लिया है... योजनाओं का विवरण उन पुराने पृष्ठों में मुद्रित है, जिसका स्वाद तिलचट्टे ले रहे है... जेबकतरे डिग्रियाँ खरीद और बेच रहे हैं ... अवसाद में आम लोग जी रहे हैं ... कुर्सियों के नीचे दबे कुचले जा रहे हैं ... धैर्यवान बनो, अच्छे दिन जल्द ही आने वाले हैं .. निचले पायदान से केवल थोड़ा सा खिसकने वाले हैं... बेरोजगारी का क्या रूख है??? हम तो उस आटे की छान हैं... जो बह्त ही आसानी से फेंक दिए जाते हैं... अपना हस्ताक्षर करना सीख गये हैं... साक्षरता की सूची में भी सम्मिलित हैं... नारेबाज़ी में भूमिका भी निभाते है.. आयकर विभाग में भी हमारे हित की बात होती है... गांवों में भी डिजिटल लहरें दौड़ी है... पत्रकार भी हमारी आवाज़ों और समस्याओं को सही स्थान तक पह्ँचा ही देते है... सारी नीतियों और कानूनों का निर्माण भी जनता के हित में ही होता है... परंत् फिर भी नौकरियों में लंबी कतारें है... यह तो हमारे लिए स्वर्ण अवसर है कि हम इतने पारदर्शी व्यवस्था में अपना जीवन जी रहे है... केवल मुख पर मौन होने का लेबल ही तो लगाना है.. लोकतांत्रिक देश के नागरिक है.. हाँ मे हाँ मिलाना उम्दा रूप से आता है... खाली जेब कुछ क्षण में ही भर जाती है... भीड़ में चीखें कहाँ सुनाई देती है ... ??? अपराधियों के नकाब उतरने के बाद भी,

शान शौक़त उसकी रक्षा करती है... आम जनता तो गिलास के तल में बैठी रेत की भांति है.. जिसे पानी ने छिपा रखा है... कभी कभी जब यह पानी तेज़ आक्रोश की ज्वालाप्रकाश से वाष्पित होता है.. तब यह रेत हवा से मिलकर आंधी का स्वरूप धारण कर लेती है... आंखो और मुंह में पड़े इसके किरकिरेपन से वो, बौखला जाता है....

> - गीता गुप्ता हिंदी विशेष (तृतीय वर्ष)

"मड़ैया की लौकी"

पक्के घर के पिछवाड़े, कोनियाई हुई मड़ैया पर, छितराई लौकियों सी..... माँ के आँगन में, होती हैं बेटियां..... दिन भर चिल्ल- पों करती रहती हैं..... गुस्साने पर माँ डांट डपट कर चुप करा देती हैं.... माँ कहती हैं! ज्यादा ही- ही नहीं करनी चाहिए लडकियों को...... पनियाई आँखों से मां को देखती हैं..... कुछ देर चुप होकर बहनों से खुसुर- फुसुर करती सचमूच मड़ैया पर उग आयी लौकी ही होती है.... कभी कभार सब्जी न होने पर, मड़ैया से तोड़ लाती हैं माँ..... अरे! माँ ही तो कहती हैं... लौकी , बेटियाँ होती हैं... कददू होते हैं बेटे.... अनपढ़ माँ, मुझे उस दिन ब्रम्हांड के सभी रहस्यों की ज्ञाता लगी.... जब छठी कक्षा में. मास्टर जी बता रहे थे.... "लौकी खाई जाती है" "कद्दू खाया जाता है"

"लड़की खाती है" "लड़का खाता है" इस तरह मास्टर जी ने समझाया था स्त्रीलिंग और पुर्लिंग का भेद.... जो माँ ने बिना पढ़े ही सीखा था.....

- सौम्ऱ्या

हिंदी विशेष (तृतीय वर्ष)

"सृजन"

संगीत का हर एक स्वर जब टूट रहा होगा, सारे फूल पत्ते जब गिर कर चूमने लगेंगे भूमि को; जब पर्वत पिघल कर सिमट जाएंगे नदियों के आलिंगन में; पेइ जब खोखले होकर शून्यता से आकाश को निहारेंगे; हर एक खग जब अपना घोंसला उजाइ रहा होगा; हर एक नर जब नरभक्षी हो चुका होगा; रोशनदान से धूप की जगह जब स्याह रस से घर दहक रहा होगा; उस वक़्त के लिए मैंने सारा प्रेम दबा रखा है अपने अंतर में .. जब मैं काबू खोकर नष्ट कर रही होऊंगी खुद के अस्तित्व को, फिर मेरे अंतर से वह सारा प्रेम बह कर नवीनता से सींचेगा धरती की गोद को..

> क्यूंकि, सारी सृष्टि जब झुक रही होगी शून्यता की ओर, उस वक़्त प्रेम का बचा रहना बहुत ज़रूरी होगा फिर से नई सृष्टि की स्थापना हेतु।।

> > - शिवानी वर्मा हिंदी विशेष (तृतीय वर्ष)

"सूखा पत्ता"

सूखा पत्ता नहीं चाहता दोबारा टहनी से जुड़ना अपनी कोमलता को निखारना छोटे-छोटेपहरों में बढ़ना हरा बनना हवाओं से सहलना पक्षियों से बात करना धूप में तपना पेड़ों का होना और दोबारा सुख कर मुरझाना सूखा पता कुछ नहीं चाहता वह बस चाहता है प्रकृति में विलिन होना अपना अंत करना खाद के रूप में किसी और को पोषित करना किसी अंधेरे घर मेंखुद जलकर रोशनी करना|

> छाया गौतम इतिहास विशेष, तृतीय वर्ष

"बुरे लड़के" लड़के बुरे होते हैं शायद इसलिए क्योंकि बनाया जाता है उन्हें उन्मादी-मूर्ख -शरारती करते हैं उनकी व्याख्या भावहीन-अवसरवादी फिर सिखाया जाता है कठोर बनना नन्हे कंधों को मजबूत करने के लिए डाल दिया जाता है परिवार का भार सम्मानजनक बनाने के लिए श्रेष्ठ पुरुषो की कहानियां सुनाई जाती है फिर कद-काठी का पैमाना तय कर उन्हें पुरुषार्थ सिखाया जाता है बनाने के बाद अच्छे लड़के इश्क मोहब्बत से

दूर रखने के लिए उन्हें बुरा बताया जाता है|

> छाया गौतम इतिहास विशेष, तृतीय वर्ष

"कैसे मैं जाऊं भूल"

कैसे मैं जाऊँभूल अपनीप्रगति का स्कूल इसी स्कूल में हुआ जात वास्तविक शिक्षा का मूल छठी कक्षा में लिया दाख़िला वहीं से मिला आगे बढ़ने का हौसला उन्हीं दिनों मन में जागी इच्छा करूँगी मैं कुछ कार्य अच्छा

> कुमारी निर्देश हिंदी विशेष, प्रथम वर्ष

"पूर्णिमा की काली रात" आज किर वह पूर्णिमा की काल रात याद आई है, मुझे घनघोर गम के सागर में डूबा गई है, शादी का मंज़र था डोली सजी थी, सब हँस रहे थे मैं रो रही थी, जाने क्या गलती थी मेरी जो हो गई मुझसे उसके नापाक इरादे समझने में देर गुनाह तो उसका था फिर दर्द में मुझे क्यों जकड़है डर लगता हैकहीं छूट ना जाए उनका साथ जिन्होंने मेरा हाथ पकड़ा है पर मैंहारी नहीं, गिरी नहीं खड़ी हूँ, पर क्या मैंअपने हक के लिए लड़ी हूँ यह सवाल है मेरा हर उस लड़की से जो हर पल उस पल को भूलने की कोशिश करती है जो ना तो कभी भूल पाई है न भूल पाएगी

सलोनी कुमारी गणित विशेष,द्वितीय वर्ष "कविता को रास्ता बना लिया" कविता को रास्ता बना लिया आंसुओं को सहारा बना लिया ज़िंदगी को किनारा बना लिया किस्मत को समुंदर बना लिया किस्मत को समुंदर बना लिया किस्मत को समुंदर बना लिया किस्मत को सहारा बना लिया आंसुओं को सहारा बना लिया पाया हुआ अस्तित्व खो दिया कविता को अपना रास्ता बना लिया अपने पहचान को खो दिया कविता को अपना रास्ता बना लिया ज़िंदगी को सहारा बना लिया

> शिल्पी हिंदी विशेष, प्रथम वर्ष

"नई शुरुआत"

कैसे करूँ मैं शुरुआत अनेक आती दिक्कतें मुश्किलों ने आजमाया तो बहुत लेकिन हमने आत्मविश्वास कब गंवाया हम जानते हैं यह आग का दरिया है और डूब के जाना है तो क्यों ना सीख ली जाए तैरना तभी तो है संभव मंज़िल को पाना

> शिल्पी हिंदी विशेष, प्रथम वर्ष

"महामारी कोरोना"

जब तक होना है, तब तक रोना है फ़िर बाद में मौज मस्ती तो होना है
यही तो महामारी कोरोना है डरना नहीं, पर संभल कर चलना है साबुन से हाथ 20 सेकेंड रगड़ना है फालतू का सैर सपाटा बंद करना है यही तो महामारी कोरोना है

स्वच्छता का ध्यान थोड़ा ज्यादा रखना है इम्यूनिटी के लिए काढ़ा जरूर पीना है 2 गज की दूरी हो चली ज़रूरी है हाई! हेल्लो! त्याग कर राम-राम पर लौटना है फ़िर बाद में मौज- मस्ती तो होना है यही तो महामारी कोरोना है

प्रधानमंत्री ने दिए थे कुछ टास्क हाथ में सेनेटाइजर और मुँह पर ज़रूरी हैं मास्क हो बुख़ार खांसी तो गरम पानी पीना है फ़िर बाद में मौज मस्ती तो होना है यही तो महामारी कोरोना है

भारत का बूढ़ा भी तो अभी यंग है डरने की बात नहीं, सरकार अपने संग है डॉक्टर भी तो इलाज़ में मग्न हैं उत्साहभी बाक़ी अभी उमंग है फ़िर बाद में मौज मस्ती तो होना है यही तो महामारी कोरोना है

> श्रेया शर्मा हिंदी विशेष,द्वितीय वर्ष

"सावन मनभावन"

बारिश की पहली बूंद , मेघों की भारी गर्जन गीली मिट्टी की वो खुशबू , और लहराते हरे उपवन वो सतरंगी इन्द्रधनुष, और भवरों की गुनगुन देखों आगया है सावन मनभावन।

सावन की ये घटाएं, बरखा बनके जो छाए प्यासी सूखी धरती को, बना चली हरी- भरी और सुंदर सबकी प्यास बुझाये ये , जीवों को नव जीवन देकर तन की गर्मी को हर कर, मस्ती की छाप छोड़ कर सूखे बाग बगीचो को, शीतलता सी देजाए हरी मेहन्दी लगी हाथों में, झूला बागान में डल जाए भले हाथ गंदे थे दिल तो थे पावन, वह ऊँचे विचारों का सादा-सा जीवन, फिर ढूंढ लाओ जाकर वह मनभावन सावन देखों आगया है सावन मनभावन।

> श्रेया शर्मा हिंदी विशेष,द्वितीय वर्ष

"सवेरे का चांद" सवेरे का चांद बासी रोटी है.. जो फीकी चमक के साथ भी खूबसूरत है..,

> खूबसूरत है उस भूख के कारण जो किसी पेट को मरोड़ कर भर देती है पीड़ा से..

उसे ज़रूरी और खूबसूरत बनाती है भूख और रोटी के बीच एक निश्चित दूरी..

ये वही रोटी है. जो प्रश्न बनकर शहर , संसद, सड़क और नारों में घूमती है गोल- गोल चारो ओर ,और सिकती है , लेकिन भूख और भूखों से रखती है एक निश्चित दूरी. दूरी इतनी की कि गणित के सारे सूत्र लाचार हैं. दूरी= चाल× समय और भौतिक विज्ञान के सारे नियम मिलकर भी नहीं बता पाते, उसकी चाल,उसकी दूरी, और भूखे तक पहुंचने का समय, सवेरे का चांद वही, दूर पड़ी कोई बासी रोटी है

> - निशा गहलौत हिंदी विशेष,तृतीय वर्ष

"सोशल मीडिया सकारात्मक और नकारात्मक पहलू"

आज के दौर में सोशल मीडिया शब्द से कोई भी समुदाय अछूता नहीं है। सोशल मीडिया एक ऎसा सशक्त माध्यम है जिसका आसानी से प्रयोग करते हुए दुनिया भर के लोग सूचनाओ और अपने स्वतंत्र है की अभिव्यक्ति करते हैं साथ ही साथ अपने अनुभवों व भावों को दूसरे व्यक्तियों से साझा करते हैं। यह मनुष्य के अभिन्न अंग की भांति है इसकी शाखाएं सम्पूर्ण विश्व में विख्यात है। सोशल मीडिया को परिभाषित करते हुए कहा जा सकता है कि"यह वेब समूह पर आधारित परस्पर संवाद का एक नवीनतम एवं गतिशील मंच है।इस मंच के द्वारा लोग परस्पर संवाद करते है और सूचनाओ का आदान-प्रदान करते हैं।"(डॉ॰ स्जाता शर्मा- पत्रकारिता और न्यू मीडिया पृष्ठ सं॰-२०९)

सोशल मीडिया के विभन्न रूपों फेसबुक, यूट्यूब, ट्विटर, व्हाट्सएप , ब्लॉगिंग, इंस्ट्राग्राम इत्यादि जैसी त्वरित क्रिया प्रतिक्रिया देने वाली सोशल साइड्स को दुनिया के विभिन्न देशों के लोग अपनी सुविधा के अनुसार उपयोग करते है परंतु इसका सकारात्मक और नकारात्मक रूप भी है।

भारत में सोशल मीडिया के बढ़ते उपयोग :- भारत में सोशल मीडिया की उपयोगिता और लोकप्रियता त्वरित गति से बढ़ी है।प्रत्येक आयु वर्ग के लोग अब सोशल मीडिया से जुड़ गए है। यदि" इंटरनेट एंड मोबाइल एसोसियशन ऑफ इंडिया द्वारा जारी आंकड़ों को देखे तो भारत के शहरी इलाकों में प्रत्येक चार में से तीन व्यक्ति सोशल मीडिया का किसी न किसी रूप में प्रयोग करता है। इसी रिपोर्ट में 35 प्रमुख शहरों के आंकड़ों के आधार पर यह कहा गया है कि 77% उपयोगकर्ता सोशल मीडिया का इसतेमाल मोबाइल से करते है।

इसी प्रकार यदि हम वी॰ आर ॰ सोशल मीडिया हूटसयूट ने जो आंकड़े डिजिटल 2017"ग्लोबल ओवरव्यू" के नाम से प्रकाशित किए है उस पर दृष्टि डाले तो ज्ञात होता है कि सोशल मीडिया की दुनिया में ग्रोथ रेट 30 फीसदी है तो भारत की ग्रोथ रेट करीब 44 फ़ीसदी है। यह बात ध्यान देने योग्य है कि सोशल मीडिया का इस्तेमाल सबसे अधिक युवा वर्ग द्वारा किया जा रहा है। 1) सामाजिक सरोकारों पर विचार विमर्श :- सोशल मीडिया देश विदेश के प्रत्येक व्यक्ति को स्वतंत्र एवं समान रूप से समाज के किसी भी मुद्दों पर अपनी बात रखने का अवसर प्रदान करता है। समाज में चल रहे ज्वलंत विषयों एवं सरोकारों जैसे- बेरोगारी की समस्या, शिक्षा व्यवस्था में सुधार, यौन उत्पीडन, पानी की समस्या, पर्यावरण की समस्या इत्यादि पर खुलकर विचार विमर्श करने का मंच प्रदान करता है और समाज में रचनात्मक परिवर्तन लाने के लिए लोग प्रयास में जुट जाते हैं।

सोशल मीडिया के दवाब के कारण ही दिल्ली के निर्भया कांड, मुजफफरनगर के दंगे की घटना, समाज सेवी अन्ना हजारे का आंदोलन (लोकपाल बिल), आरुषि हत्याकांड और नीरा राडिया कांड को मुख्यधारा की मीडिया का विषय बनाया गया और इस पर व्यापक जनसमूह ने विचार विमर्श किया।

2) विभिन्न भाषाओं में कुंजीपटल :- सोशल मीडिया के द्वारा हम विभिन्न भाषाओं में अपने संदेशों को टाइप करके देश विदेश के कोने कोने तक पहुंचा सकते है। जैसे- कोई व्यक्ति अपने संदेशों और विचारों को पंजाबी, हिंदी, इंग्लिश, उर्दू, आदि किसी भी भाषा और लिपि में बहुत ही कम समय में आसानी और तेज़ी से उस दूसरे व्यक्ति तक पहुंचा सकते है परंतु उस भाषा की समझ दूसरे व्यक्ति को भी अवश्य होनी चाहिए। इस प्रकार सोशल मीडिया में विभिन्न कुंजीपटल (keyboard) अपनी महत्त्वपूर्ण भूमिका निभाता है और विभिन्न भाषाओं में अपने विचार व्यक्त करने का सुअवसर देता है।

3) वर्चुअल (अवास्तविक) कक्षा कक्ष से जुड़ाव):-सोशल मीडिया का इस्तेमाल करते हुए कोई व्यक्ति, विद्यार्थी प्रशिक्षण स्थल तक जाने के लिए पर्याप्त समय और धन की बचत कर सकता है। वह यूट्यूब के जरिए अपने विषय वस्तु, पाठ्यक्रम और पाठ्यचर्या से सम्बन्धित कक्षाओं से अवास्तविक रूप से जुड़ सकते है। और अपने ज्ञान में वृद्धि कर सकते है। और साथ ही साथ तुरंत उसी समय अपना सुझाव लिख कर भी भेज सकते है। जैसे बहुत से चैनल है जो ऑनलाइन प्रशिक्षण देते हैं- करंट अफेर्स फंडामेंटल,एनएकेडमी एप्प,सीटेट की पाठशाला आदि।

4) मनोरंजन का साधन - सोशल मीडिया मनोरंज का बहुत ही अच्छा साधन है। इसका प्रयोग करते हुए व्यक्ति कहीं पर भी, किसी भी समय अपने तनाव को दूर कर सकता है। विभिन्न प्रकार के सिनेमा, संगीत, नृत्य, कॉमेडी शो को देख और सुन सकते है।

5) आलोचनात्मक सजगता में वृद्धि :- सोशल मीडिया का सकारात्मक प्रभाव यह भी है कि इसके द्वारा व्यक्तियों की चेतना में आलोचनात्मक सजगता उत्पन्न होती हैं। वह किसी भी समय किसी भी व्यक्ति द्वारा भेजे गए सन्देश, वीडियो आदि पर सही या ग़लत की प्रतिक्रिया दे सकता है। जैसे- अभी हाल ही में धारा 370 पर लोगो ने अपनी प्रतिक्रिया दी

* आप धारा 370 को कैसे न्यायोचित ठहराते हैं?

* इसके पक्ष और विपक्ष में अपनी राय प्रस्तृत कीजिए।

इस प्रकार किसी भी विषय पर हम आलोचनात्मक रूप से टिपपणीकर्ताओं से जुड़ सकते है। 6) नारी की स्थिति में बदलाव- सोशल मीडिया के द्वारा महिलाओं की चेतना में बहुत ही सकारात्मक बदलाव आए हैं। स्त्रियों ने घर की चारदीवारी की परिधि को तोड़ कर सोशल मीडिया (फेसबुक, ट्विटर, इंस्ट्राग्राम आदि) पर अपने विरोधो को प्रकट किया है। जैसे-हेस्टैक (#) मीटू 2017 में भारत में शुरू हुआ यह यौन हिंसा व उत्पीड़न के खिलाफ चलाई गई मुहीम है जिसे भारत में सर्वप्रथम"तन्नू श्री दत्ता"(अभिनेत्री) द्वारा" नाना पाटेकर"(अभिनेता) के खिलाफ विरोधी स्वर उठाया गया। इस प्रकार महिलाएं अपने कर्तव्यों और अधिकारो के प्रति सचेत भी हुई है।

7) व्यावसायिक क्षेत्रों में सहायक- सोशल मीडिया व्यावसाय के क्षेत्र में एक नवीनतम तकनीक है जो ब्रांड मेकिंग, ब्रांड बाज़ार, उपभोक्ता जागरूकता और बाज़ार की रणनीति को तय करता है। घर पर बैठे ही हम अपना निजी व्यवसाय प्रारंभ कर लेते है। जैसे - अपने बुटिक के लिए फेसबुक, इंस्ट्राग्राम पर पेज बनाकर उसका प्रचार प्रसार कर सकते है और घर बैठे ही धन अर्जित कर सकते है।" एक रिपोर्ट के अनुसार भारतीय ऑनलाइन बाजार का विकास 51% की वार्षिक वृद्धि दर के हिसाब से हो रहा है और इसका वर्तमान कुल राजस्व लगभग 30 बिलियन डॉलर है।"इस ऑनलाइन व्यापार में छोटे व्यापारी और कंपनिया भी सक्रिय है। बिना अधिक व्यवस्था और निवेश के ऑनलाइन बाजार में हिस्सेदारी सम्भव है। (सोशल मीडिया: संभावनाएं और चुनौतियां पेज सं-100 डॉ. संगीता रानी)

8) आपातकाल में सोशल मीडिया- सोशल मीडिया पूर्ण रूप से संकटकालीन की विकट परिस्थितियों में अपनी अहम भूमिका निभाता है।यह स्थिति दो कारणों से बनती है -मानव निर्मित अर्थात सांप्रदायिक दंगे, युद्ध, आतंकवादी आदि और दूसरा प्राकृति निर्मित यानि जिस पर मनुष्य का कोई नियंत्रण नहीं होता जैसे अकाल, तूफान, सूनामी, भूकंप, बाढ़ आदि।इन दोनों स्थितियों में सोशल मीडिया संजीवनी बूटी का कार्य करता है आपदा प्रभावित लोगों और क्षेत्रों में जन संपर्क स्थापित करते हुए शासन व्यवस्था का ध्यान अपनी ओर आकर्षित करवाता है और राहत कार्य की मुहिम भी उपलब्ध कराई जाती है।

नकारात्मक पहलू - सोशल मीडिया के जितने सकारात्मक प्रभाव है उससे भी अधिक नकारात्मक प्रभाव है जो व्यक्ति के जीवन को पूर्णतः प्रभावित करता है।

1) अहंकेंद्रित जीवन शैली- सोशल मीडिया का सबसे बड़ा नकारात्मक प्रभाव यह है कि मनुष्य मात्र मै (स्वयम्) तक सीमित होकर रह गया है। वह इस प्रकार की जीवन शैली व्यतीत करना प्रारंभ कर देता है जहा केवल उसकी आभासी दुनिया निवास करती है। यही नहीं बल्कि वह आभासी दोस्त को ही अपना असली दोस्त समझ बैठता है। जबकि वो सैकडों किलोमीटर दूर रहता है। सपनिली दुनिया में खो जाते है और कई कई दिनो तक घर से बाहर ही नहीं निकलते। फेसबुक, ट्विटर, व्हाट्सएप पर लगे रहते है। अास पड़ोस में लोगों से मिलना जुलना भी बन्द कर देते है।

2) पुस्तकों से दूरी- आज के लोग सोशल मीडिया के अफीम में इतने मदहोश हो गए है कि किताबो के पन्नों को भी पलटने का प्रयास भी नहीं करते। पुस्तकों के पन्नों को भी मोबाइल फोन में कैद कर लेते है और सोशल मीडिया पर पढ़ने का प्रयास करते है परंतु इंटरनेट, फेसबुक, इंस्ट्राग्राम आदि पर कहीं गयी सारी बातें सत्य के धरातल पर खरी नहीं उतर पाती। अकसर युवा पीढ़ी इस कार्य में लिप्त है जो हर सुविधा सोशल मीडिया से प्राप्त करने की चेष्टा करते हैं।इस प्रकार धीरे धीरे वह महत्त्वपूर्ण जानकारियों से भी अनभिज्ञ हो जाते हैं और पुस्तकालयों की पुस्तकों में दीमक, तिलचट्टे इत्यादि कीड़े मकोड़े उसके स्वाद को चखते हैं। 3) स्वास्थ्य पर बुरा प्रभाव- सोशल मीडिया के अत्यधिक प्रयोग से व्यक्तियों में विभिन्न प्रकार की बीमारियां घर कर रही है।आंखो की दृष्टि पर इसका कुप्रभाव पड़ रहा है लोगों के रेटिना और कार्निया अधिक कमजोर हो जाती है जिससे समय से पूर्व ही चश्में का सहारा लेना पड़ता है। लगातार एक ही स्थान पर बैठे रहने से मोटापा,उच्च रक्तचाप, मधुमेह, हृदय रोग इत्यादि भी हों जाते है। खानपान को छोड़कर आज के लोग सर्वप्रथम फेसबुक, व्हाट्सएप, ट्विटर आदि सोशल साइट्स पर स्टेट्स, प्रोफाइल अपडेट्स, वीडियो शेयर करना नहीं भूलते।

4) भाषायी अस्मिता खतरे में- सोशल मीडिया के द्वारा हम फेसबुक,व्हाट्सएप, ट्विटर आदि पर कम से कम समय में अधिक से अधिक पाना चाहते हैं। और कम समय में लगातार छोटे से छोटे वाक्यों में संदेशों को कहने और पहुंचाने का प्रयास करते हैं और इसी के साथ बातचीत के दौरान भाषा के ग़लत प्रयोग द्वारा भ्रम की स्थिति उत्पन्न हो जाती है। सोशल मीडिया ने भाषा को वास्तविक रूप व उसकी अस्मिता पर प्रहार किया है। अशुद्ध वाक्यों का प्रचलन बढ़ा है और शुद्ध वाक्य (संदेशों) लुप्त होते जा रहे है। जैसे Gm (good morning) ,Gng (good night), cong (congratulations), you (u), आदि शब्दों को हम वाक्यों में प्रयोग करते हैं और विराम, अल्पविराम,प्रश्नवाचक आदि चिन्हों का बिल्कुल भी प्रयोग नहीं करते इससे अर्थ का अनर्थ भी हों जाता है।

5) समाजिक समायोजन की समस्या- सोशल मीडिया का प्रयोग सभी वर्ग के लोग इतनी अधिक मात्रा में करते हैं कि वह अपना समय अपने प्रियजनों, मित्रों एवं परिवार के सदस्यों को नहीं देते बल्कि उन्होंने अपना स्वयं का दायरा निर्धारित कर लिया है जहां केवल वे और उनका सोशल मीडिया है।इसी के साथ साथ नैतिक, सांस्कृतिक, व्यावहारिक मूल्यों का भी हा्स हो रहा है और संबंधों में दरार की सीमाएं बढ़ रही है।इस प्रकार वह धीरे-धीरे समाज से कटते जा रहे हैं। ऐसे व्यक्तियों को समाज से सामंजस्य स्थापित करने में बहुत ही कठिन संघर्ष करना पड़ता है। इसमें युवा वर्ग अत्यधिक सम्मिलित हैं।

6) चिंतन शक्ति में अवरोध- सोशल मीडिया के बढ़ते उपयोग के साथ साथ उसका बहुत ही गम्भीर नकारात्मक प्रभाव यह भी है कि मनुष्य की बौद्धिक, तार्कित, चिन्तन शक्ति में बाधा उत्पन्न हुई हैं। लोग सोशल साइट्स पर इतने आश्रित हो गए है कि स्वयं के भविष्य एवं सृजनात्मक शक्ति से खिलवाड़ करते हैं। किसी भी समस्या का समाधान खोजने की होड़ में वह सोशल मीडिया पर दिन रात लगे रहते हैं और इस प्रकार उनके मस्तिष्क की कोशिकाएं पूर्णतः प्रभावित होती है।उनका मानसिक विकास भी ठीक गति से नहीं हो पाता।
7) अफवाहों और अपराधों में द्रुतगति से वृद्धि- सोशल मीडिया के द्वारा बहुत से असमाजिक लोग झूठी अफवाहें फैला देते हैं वो किसी भी झूठी तस्वीरों, वीडियो या संदेशों में हेर-फेर करके अपलोड कर देते है और इसी के मध्य निर्दाष व्यक्ति की हत्या करने से भी नहीं डरते। धर्म के नाम पर भी दंगे व अफवाहें भड़काने का प्रयत्न करते हैं। सियासती मकइजाल इसका आस्वादन बहुत ही चटकारों के साथ लेते हैं। उदाहरण- हाल ही में देश में

गौरक्षा के नाम पर तो कभी धर्म के नाम पर माॅव लिंचिंग के मामले सुर्खियों में आए जिसके चलते बेकसूर लोगों की मृत्यु हो गयी।

निष्कर्ष- निसंदेह सोशल मीडिया समाज के लोगों के जीवन में वरदान भी है और अभिशाप भी जितना इसने सामाजिक जागरूकता में योगदान दिया है,संचार व सूचनाओं को देश विदेश के कोने कोने तक कम समय में पहुंचाया है। लोगों को एक साथ जोड़ा है उतना ही एक दूसरे से दूर भी किया है। सामाजिक संबंधों में दूरियां आयी है क्योंकि अंत:क्रिया सीमित हो जाती है।इस प्रकार इसके सकारात्मक और नकारात्मक दोनों ही पहलू दिखते हैं परंतु यह इस बात पर निर्भर करता है कि हम इसका उपयोग कैसे और किस संदर्भ में कर रहे हैं।हमें अपने विवेक से सोशल मीडिया का प्रयोग करना चाहिए। किसी भी संदेश, वीडियो, संवाद, चित्र भेजने या किसी भी चैनल पर जाने से पूर्व इस सूत्र को मस्तिष्क में संजो कर रखा जा सकता है।

" देखो/ सुनो - ठहरों- समझो (चिंतन)- निर्णय या प्रतिक्रिया दो "

इस प्रकार हम सोशल मीडिया का प्रयोग करते हुए समाज एवं स्वयं के लिए जागरूक हो सकते हैं।

संदर्भ-

1) पत्रकारिता और न्यू मीडिया- डाॅ॰ स्जाता शर्मा पृष्ठ सं ॰ 209

2) स्त्रोत- इंटरनेट एंड मोबाइल एसोसिएशन और इंडिया (जून 2012)

3) वी॰ आर॰ सोशल हृटसयूट के आंकड़े- 2017 ग्लोबल ओवरव्यू

4) सोशल मीडिया- संभावनाएं और चुनौतियां (डॉ. संगीता रानी) पृष्ठ संख्या 100

- गीता गुप्ता हिन्दी विशेष, तृतीय वर्ष

"वर्चस्व तोड़ने की इच्छा या वर्चस्व पाने की चाह"

यहां सबसे प्रमुख बिंदु है कि "वर्चस्व किसे कहते हैं?"

शाब्दिक रूप में यदि देखें तो वर्चस्व का अर्थ है "आधिपत्य"।

अर्थात्, समाज में आर्थिक, वैचारिक, रूप से जिसका दबदबा हो उसका वर्चस्व स्वीकारा जाता है। यहां एक बात स्पष्ट होती है कि, "समाज" वर्चस्व को मापने का साधक होता है और साधन भी।

दूसरा बिंदू है कि - "क्या स्त्री का समाज में वर्चस्व है?"

तो इसका स्पष्ट उत्तर है - नहीं। क्यूंकि जिस वर्ग की इच्छा और चाह को लेकर कुछ लोग एक कमरे में बैठकर विमर्श करें उसका वर्चस्व तो नहीं हो सकता । क्यूंकि, वर्चस्व स्थापित करने और किसी के सदियों से स्वीकार्य वर्चस्व को तोड़ने में सदियां लगेंगी।

पाश्चात्य संस्कृति को हम विकसित तथा उन्नत मानते हैं किन्तु वहां भी महिलाओं की स्थिति पर विचार - सत्रहवीं शताब्दी के आखिरी दशक से देखने को मिलता है। पश्चिम की

बात करें तो महिलाओं के पक्ष में प्रथम स्वर सन 1792 में "मैरी वाल स्टोनक्राफ्ट" की पुस्तक "ए विंडिकेशन ऑफ वुमन" में उठता हुआ दिखाई देता है। इस पुस्तक में बेहद बुनियादी मांग रखी गई है -" सर्वप्रथम महिलाओं के साथ मनुष्य की तरह व्यवहार होना चाहिए"

वह लिखती हैं - " The first object of loudable ambition is to obtain a character of human being, regardless of the distinction of sex, and the secondary views should be brought to this simple touchstone" [Arora-18]

उनके पश्चात सन 1869 में "जौन स्टुअर्ट मिल", 1963 में "बेट्टी फ्रेडंस" के फेमिनिज्म की परिभाषा ,1970 के बाद "केट मिलेट" की सेक्सुअल पॉलिटिक्स, "मैरी एलमन "की थिंकिंग अबाउट वूमेन जैसे कई अन्य नाम व कार्य महिला सशक्तिकरण की दिशा में सफल होते दिखे।

भारतीय सम्बन्ध में बात की जाए तो वैदिक काल की स्थापना के साथ मातृ सत्ता का समापन हुआ तथा यहीं से स्त्री की स्थिति में पतन आरंभ होने लगा। इस काल में धार्मिक ग्रंथो की रचना हुई जिनमें स्त्री का स्थान या तो देवी के तुल्य रखा गया या निम्नतर। स्त्री को मनुष्य ना मानकर देवी बनाकर पूजा जाने लगा और इस ढोंग को स्त्री के उत्कर्ष के नाम के अंतर्गत संरक्षित किया जाने लगा। स्त्री के देवी रूप की कोटि उपासना का वर्णन किया गया किन्तु इस देवी का वर्चस्व होना समाज को अस्वीकार्य रहा। माता लक्ष्मी की छवि भगवान विष्णु के पैर दबाते हुए प्रस्तुत की गई जिसके माध्यम से एक आदर्श स्त्री के पर- सेवा धर्म को उकेरा गया।

भारतवर्ष में स्त्री उत्थान का विचार और आन्दोलन ही अठारहवीं शताब्दी से प्रारंभ होता है। सन् 1810 में अमरीकी तथा ब्रिटिश मिशनरियों के हस्तक्षेप से देश में पहला महिला विद्यालय अस्तित्व में आया, जिसके पश्चात ब्रहम तथा हिन्दू समाज ने स्त्री शिक्षा को महत्व देना आरंभ किया। सन् 1815 से लगातार संघर्ष के बाद सन् 1817 में राजा राम मोहन राय सती प्रथा पर रोक लगवाने में सफल हुए। इसके बावजूद स्वतंत्रता के क़रीब चार दशक पश्चात सन् 1987 में राजस्थान के एक गांव में रूप कंवर नामक स्त्री अपने पति की चिता पर सती करवाई जाती है तत्पश्चात, उसका मंदिर बनवा उसे देवी की संज्ञा प्रदान कर समाज की दूसरी स्त्रियों को भी इस अमानवीय प्रथा के लिए प्रेरित किया जाता है। सन् 1850 में "ईश्वर चंद विद्यासागर " के प्रयासों के बाद "विधवा पुनर्विवाह" को मंजूरी दी गई। "पर्दा प्रथा" का विरोध होते होते उन्नीसवीं शताब्दी का आरंभ हो जाता है।

यहां हम देखते हैं कि स्त्री विमर्श शुरू होने में ही एक शताब्दी बीत जाती है । राजनीति, शिक्षा हर जगह स्त्रियों के लिए आरक्षण की सुविधा देना भी कष्टकर प्रतीत होता दिखा और इसे लागू होते होते कई वर्ष बीत गए।

गार्ड लेनार ने पितृसत्ता की परिभाषा को स्पष्ट करते हुए लिखा है- " पितृसत्ता परिवार में महिलाओं और बच्चों पर पुरुषों के वर्चस्व की अभिव्यक्ति और संस्थागत - करण तथा सामान्य रूप से स्त्रियों पर सामाजिक रूप से पुरुषों का वर्चस्व विस्तार है। महिलाएं ऐसी सत्ता तक पहुंचने से वंचित रहती हैं।- [निवेदिता मेनिन, नारीवादी राजनीति - संघर्ष एवं मुद्दे]

सन् 1905 में "रोकेया शेखावत" कृत "सुल्ताना ड्रीम" नामक कहानी को "युटोपिया" की श्रेणी में रखा गया। "युटोपिया" ; यानी - कल्पना जगत। इसमें एक ऐसी दुनिया की कहानी गढ़ी गई है जहां स्त्रियां ही सर्वे सर्वा हैं, जटिल से बारीक कार्य वे बिना पुरुषों की मदद के स्वयं ही करती हैं। यहां पुरुष घर में रहते हैं तथा घर के कार्य करते हैं।

विचार करने पे मिलता है कि, इस कहानी में ऐसा क्या है कि इसे "कल्पना जगत" का नाम दिया गया? एक कहानी जिसमें मातृ सत्ता का आधिपत्य है , वह समाज को स्वीकार्य नहीं है। हालांकि, यथार्थ जगत में भी हम एक सत्ता " पितृसत्ता" के अन्तर्गत ही कार्य कर रहे हैं तथा इसके वर्चस्व को स्वीकार भी चुके हैं।

जहां एक स्त्री की आत्मबल की कहानी को लोग स्वीकार नहीं कर पाते वहां उसका वर्चस्व कैसे स्थापित हो सकता है? तो यहां यदि वह लड़ती है अपने अस्तित्व के लिए तो क्या आपत्ति होनी चाहिए? समाज को परिवार से अलग स्त्री का अस्तित्व आपत्तिजनक प्रतीत होता है। आदर्श स्त्री की दुनिया में परिवार का होना आवश्यक माना जाता है। उससे अलग स्त्री को "बदचलन" तक का तमगा दे दिया जा सकता है।

पुरातन काल से ही स्त्री को एक वस्तु , एक भोग्या से अधिक मान नहीं मिला है। स्त्री के नख शिख़ का वर्णन कर पुरुष वर्ग अपनी खुशी तलाशता रहा है।

समाज में व्याप्त इस वर्चस्व की लड़ाई के लिए ज़िम्मेदार समाज ही है। सदियों से दबी कुंठा जब बाहर निकाल रही है, स्त्री जब अपने अधिकारों के प्रति सजग हो रही है, समाज में समकक्ष हो रही है तब समाज का दूसरा हिस्सा इस वर्चस्व स्थापत्य की संज्ञा देने लगा है।

ग्रामीण क्षेत्रों में स्त्रियां अब भी रसाई घर में कैद हैं। कुछ एक स्त्रियां स्वरोजगार जैसे सिलाई कढ़ाई , ब्युटी पार्लर , कुछ स्वास्थ क्षेत्र जैसे आशा , ए. एन. एम, कुछ शिक्षा क्षेत्र जैसे आंगनवाड़ी के रूप में समाज मै अग्रसर हो रही हैं। किन्तु स्त्रीयों का बाहर निकल कर कार्य करना मात्र धनोपार्जन का माध्यम है। स्त्रियों को उनके बैंक आदि की जानकारी नहीं होती , यह सारा कार्यभार पुरुषों पर होता है। यहां तक कि कई बार उनके द्वारा निकाली और जमा की जा रही राशि की जानकारी पर नजर रखने के लिए संयुक्त खाता खुलवाया जाता है।

शहरी क्षेत्र या शिक्षित कामकाजी स्त्रियां समाज में दोहरी भूमिका निभा रही है। फिर भी उन्हें पर्याप्त सम्मान नहीं मिलता। विवेक विचार अर्थ, पद, शिक्षा , सभी तरह से पुरुष के समान संपन्न होने पर भी उनकी उपेक्षा की जाती है।

स्त्री कभी साथी वर्ग को अपमानित कर उसे कमतर दिखा अपना आधिपत्य नहीं चाहती। वह सिर्फ पुरुष और स्त्री के मध्य की गहरी खाई को पाटना चाहती है। स्त्री तथा पुरुष में अभी काफी भेदभाव है, वह इस लड़ाई से उस रेखा को समान करना चाहती है। वह वर्चस्व स्थापित करना नहीं चाहती वह अपने आस पास के समाज से साथ की इच्छा रखती है, समकक्षता चाहती है। किंतु, सदियों से हुए भेदभाव ने उसे महत्वाकांक्षी बना दिया है।स्त्री, वह हर सम्मान, स्थान तथा पद प्राप्त करना चाहती है जो उसे सदियों से नहीं दिया गया। उस प्रति दिन घर में, समाज में अपनी पहचान की लड़ाई लड़नी पड़ती है। हर क्षेत्र में अपना लोहा मनवाने के बावजूद भी वह अभी तक साबित ही नहीं कर पाई है कि समाज में वह समकक्ष है । ऐसे में वर्चस्व तोड़ने का सवाल ही नहीं है। वह वर्चस्व को पाना चाहती है, तोड़ना नहीं। सदियों से जो जड़े समाज में पैठ कर चुकी हैं, उनको निकलने में अभी लंबी अवधि लगेगी, बहुत लंबे विमर्श लगेंगे। स्त्री विमर्श बोध के रूप में पुरा काल से विद्यमान रहा है किन्तु, चेतना स्वर के रूप में विगत सौ - दो सौ वर्षों से ही मुखर है। इस अवधि में आंदोलन के रूप में अभी स्त्री चेतना का बीजारोपण हुए है, हम आज विमर्श के रूप में इसे सींच रहे हैं, धीरे धीरे ये पौधे दरख़्त का रूप ले आवश्यकतानुसार हवा व आंधी दोनों का योगदान देंगी। इतिहास साक्षी रहा है कि जब स्त्री के आस्तित्व पर आंच आई है तो रामायण तथा महाभारत हुआ है।

शिवानी वर्मा



कोरोना प्रकोपः तस्य समाधानं च

वयं जानीमहे यत् साम्प्रतम् अशेष जगति 'कोरोना-प्रकोपः' प्रवर्तते । अस्माकं धैर्यस्य अयं परीक्षा कालः। कोरोना-विषाणुं पराभवितुम् अस्माभिः बहवः उपायाः करणीयाः । यथा अस्माकम् यशस्विना प्रधानमन्त्रिणा श्रीनरेन्द्रमोदीमहोदयेन पूर्ण-सञ्चाररोधं कृतमस्ति। अतः सर्वेऽपि जनः स्व स्वगृहेषु तिष्ठेयु: । यत् कार्यं स्पेन-इटली-अमेरिका सदृशाः कर्तुम् साहसं न प्रदर्शितवन्तः , तद्धि माननीय प्रधानमन्त्री नरेन्द्रमोदी अस्मदीय जीवनार्थं कृतवान् । आर्थिकविकासं पश्चवर्तिनं कृत्वा जीवन-विकासं पुरस्तात् स्थापितवान् ।

धैर्यस्य अनुशासनस्य चानुपालनस्य कालोऽयं। यावत्पर्यन्तम् देशे lockdown इति पूर्ण सञ्चाररोधस्य स्थितिः प्रवर्तते, अस्माभिः निज संकल्पः पालनीयः।

कोरोना अर्थात्

को = कोऽपि

रो= रोड-उपरि (मार्गोपरि)

ना= नैव निर्गच्छेत्

लाकडाउन इति एकान्तवासस्य निर्देशस्यानन्तरमपि सङ्क्रमितानां सङ्ख्या एवम् वर्धमाना अस्ति। अतएव अस्माभिः सर्वाः नियमाः पालनीयाः।

जाग्रत भारतीया।

गृहवासः एव वरम्

किम् इच्छन्ति भवन्तः?

वस्त्रबन्धनं मुखे? सम्पूर्णशरीरे वा?

कनु चौधरी(एम.ए.उत्तरार्ध)

साधूनां जीवनम्

गङ्गातीरे एकः साधुः आसीत्। सः बहु उपकारं करोति स्म। यः अपकारं करोति तस्यापि उपकारं करोति स्म। एकस्मिन् दिने सः गङ्गानद्यां स्नानं कर्तुं नदीं गतवान्। नदीप्रवाहे एकः वृश्चिकः आगतः। साधुः वृश्चिकं दृष्टवान्। तं हस्तेन गृहीतवान्। तीरे स्थापयितुं प्रयत्नं कृतवान्। किन्तु सः साधोः हस्तम् अदशत्। साधुः तं त्यक्तवान्। वृश्चिकः जले अपतत्। पुनः साधुः वृश्चिकं गृहीत्वा तीरे स्थापयितुं प्रयत्नं कृतवान्। पुनः वृश्चिकः हस्तम् अदशत् अनेकवारं साधुः वृश्चिकं गृहीतवान्। वृश्चिक- अपि अदशत् ।

नदीतीरे एकः पुरुषः आसीत्।

सः उक्तवान्

साधुमहाराज! अयं वृश्चिकः दुष्टः। सः पुनः पुनः दंशति। भवान् किमर्थं तं हस्ते वृथा स्थापयति। वृश्चिकं त्यजतु।

साधुः उक्तवान्

वृश्चिकः क्षुद्रः जन्तुः। दंशनं तस्य स्वभावः। सः स्वस्य स्वभावं न त्यजति। अहं तु मनुष्यः। अहं मम परोपकास्वभावं कथं त्यजामि।यः अपकारिणाम् अपि उपकारं करोति सः एव साधुः भवति।

डॉ. कामिनी तनेजा(संस्कृत विभाग)

बुद्धिमान् बलवान् भवेत् |

एक: सिंहराज: वने निवसति स्म | मृगयायाम् तस्य अभिरुचि नष्टा जाता | अत: स: सर्वान् पशून् आहूतवान् उक्तवान् च "अद्य आरभ्य युष्मासु दिनेदिने एक: पशु: आत्मना मम भोजनरूपेण आगन्तव्यः" | तदा आरभ्य मृगेन्द्रस्य आज्ञां सर्वे पशव: पालयन्ति स्म | एकदा शशकस्य दिन: आसीत् | तस्मात् शशक: खिन्न: जात: | सिंहस्य गुहां गच्छन् समये तेन एक: कूप: दृष्ट: | एका योजना तस्य मनसि उत्पन्ना | सिंह: तद्दिने "कियान् विलम्ब: भवति" इति क्रुद्ध: आसीत् | शशक: सिंहस्य समीपे मन्दं गतवान् उक्तवान् च "क्षम्यताम् | मार्गे एकेन अन्येन सिंहेन अपि मां दृष्टम् | यदा स: मृगयार्थं मयि धावितवान् तदा अहं बहुना प्रयत्नेन अस्मात् सिंहात् पलायनं कृतवान् | भवत: भोजनार्थं यावच्छक्यया त्वरया आगतवान् अधुना |" सिंह: एतत् श्रुत्वा तुष्ट: जात: किन्तु अन्य: सिह: अपि तस्मिन् वने वसति इति ज्ञात्वा स: क्रुद्ध: जात: |

सः क्रोधेन उक्तवान् "भो शशक! त्वया तस्य सिंहस्य वासस्थलं ज्ञातं वा?" शशकः उक्तवान् "आम् सिंहराज! अहं तस्य वासस्थलं भवन्तं प्रदर्शयामि" शशकः पूर्वे दृष्टस्य कूपस्य समीपे सिंहम् आनीतवान् | शशकः उक्तवान् "भोः अस्मिन् कूपे एव स सिंहः निवसति" इति | कूपे पश्यन् सिंहराजः आत्मनः प्रतिबिम्बम् अपश्यत् | तं प्रतिबिम्बं अन्य सिंहः एव इति मत्वा यदा तं मारयितुं कूप्यां धावितवान् तदा स्वयमेव दिवन्गतवान् |

डॉ. कामिनी तनेजा(संस्कृत विभाग)

श्रीमद्भगवद् गीता मम् प्रियपुस्तकम्

श्रीमद् भगवद्गीता मम् प्रियपुस्तकम् अस्ति। अस्याः नामपि हृदयं रमति, बुद्धिं स्थिरयति च। एतत् पुस्तकम् अष्टादशाध्यायेषु निबद्धा अस्ति। अस्य रचयिता महर्षि वेदव्यास अस्ति। युद्धभूमौ श्रीकृष्णेन यःउपदेशः प्रदत्तः , सैव श्रीमद्भगवद्गीता नाम्ना ज्ञायते। एषः ग्रन्थः परिभ्रष्टानां कर्त्तव्यपथि सन्मार्गप्रदर्शकम् अस्ति। गूढ़तमं विषयमपि सरलतमायां भाषायां उपस्थापितम्। गीतायां वर्णितः कर्मयोग-सिद्धान्तः अस्माकं जीवने अत्यन्त महत्त्वपूर्णः अस्ति। स्वार्थभावनां विहाय केवलं कर्म एव करणीयम्।

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।

मा कर्मफल हेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि॥

कर्मणां परित्यागेन पुरुषार्थसिद्धिः न भवेत्। अतः अस्माभिः सर्वथा कर्म करणीयः, यथा श्रीकृष्णेन समीचीनं कथितम् –

न हि कश्चित्क्षणमपि जातु तिष्ठत्यकर्मकृत्।

कार्यते ह्यवशः कर्म सर्व-प्रकृतिजैर्गुणैः॥

गीतायां वर्णितं उपदेशाः मनुष्याणां जीवने उन्नतिं कुर्वन्ति, अतएव गीता जीवनसंदेशदात्री, नैराश्यहारिणी,सुखदा च अस्ति।

नेहा शर्मा (बी.ए.तृतीय वर्ष)

योगस्य महत्त्वम्

योगः भारतस्य आधारः अस्ति। योगं बिना वयं स्वस्थः सानन्दः च भवितुम् न शक्नुमः। सर्वप्रथमं महर्षि-पतञ्जलिना योगसूत्राणि रचितानि। अस्मिन् ग्रन्थे अष्टाङ्ग-योगस्य वर्णनमस्ति। सम्प्रति महानगरे प्रदूषणस्य समस्या वर्तते। ध्वनिः, वायुःएवम् जलप्रदूषणं महानगस्य जीवनस्य विकटसमस्या अस्ति। वयं सर्वे तनावग्रस्ताः भवामः। अतएव वयं नूनं योगः करणीयः, केवलम् योगेन वयं स्वस्थः भविष्यामः। गीतायां अपि कथ्यते- 'योगः कर्मसु कौशलम्'

अधुना अखिलं विश्वमपि जून-मासस्य एकविंशतिःतिथिं योगदिवसः इति मन्यते। सम्स्तदेशाः सम्प्रति योगस्य महत्त्वं स्वीकुर्वन्ति।

जयतु योगः जयतु भारतः एवं जयतु विश्वम्।

तेजस्विनी(बी.ए.प्रथमवर्ष)

लघु-कथा

दश-वर्षाणि पूर्वं सुजितः निर्धनः आसीत्। सुजितः धनम् अर्जयितुं बहु परिश्रमम् अकरोत्। त्रीणि वर्षाणि अनन्तरम् सः लक्षाधिपतिः जातः, तथापि सुजितः संतुष्टः न आसीत्। सः इतोऽपि अधिकं परिश्रमम् अकरोत्। तस्य भार्या अपि सहयोगं कृतवती। अधुना सः कोट्याधिपतिः अस्ति, तथापि सः संतुष्टः नास्ति।

सुजितः अर्बुदाधिपतिः भवितुम् इच्छति। किं कुर्मः सः संतुष्ट एव न भवति।

असंतोषपरा मूढ़ा संतोषं यान्ति पण्डिताः।

अन्तो नास्ति पिपासायाः संतोषं परमं सुखम्

कंचन(बी.ए.प्रथमवर्ष)

स्वातन्त्र्य-अभीप्सा

प्राणः आगच्छति गच्छति च, एषः अस्य प्रकृतिः चन्द्रमसः अस्तंगते कुमुदाः विकसन्ति एषा प्रकृत्याः प्रकृतिः बीजस्य प्रभेदेन एका कलिका विकसति, एकं पुष्पं वातावरणे स्वगन्धानि विकरति।एतत् तस्य स्वभावः अस्ति। यथा प्रकृति जीवन्ती भासते सा शोभना अपि भासते। एवमेव एकः शिशुः मातुः अङ्के प्रथमबारं स्व अक्षिभ्याम् जगत् अपलकं पश्यति। शनैः शनैः नैतिक-नियमानां मर्यादानां परिवारेण समाजेन च तस्य मनोवृत्तेः निर्माणं आरभ्यते। येन सः बालः यदा प्रताडनापरिणामेन हँसति सैव बालः समाज-संस्कारपरिणामेन रोदनं करोति। आजीवनं सः संस्कृति-प्रकृत्योः मध्ये संघर्षं करोति एवं स्वजीवने विकारग्रस्तः भवति। तस्य स्वप्रकृत्याः समायोजने सति यानि अनन्तानि संभावनानि आसन् तानि समाप्तं भवन्ति। एवम् च एकं किरणं यत् प्रकाशस्य असीमसंभावनया संयुक्ते सति रात्रौ परिवर्तितः।

जीवस्य स्वतन्त्रतां मा मुञ्च।

तनु शिशौदिया(एम.ए.उत्तरार्ध)

हे हृदय!

हे ह्वदय कथं न स्पन्दते?

दिवसं आयाति निर्याति च

परं तव छायाऽपि न दृश्यते

शब्दस्य घोरे पारावारे

बुद्धिजनितानि विचार-तरङगानि सन्तु

हृदयजनिताः भावधाराः कुत्रापि न विलोक्यन्ते

हृदयतन्तुबद्धसम्बन्धाः पुराकथाः जाताः

सम्बन्धाःअद्यत्वे तु स्वार्थतन्तुना प्रथिता:।

डॉ. दिलीप कुमार जायसवाल(संस्कृत विभाग)



ghi cq>s i<+uh gS

Lkeqnz dh ygjksa ls Mjuk ugha leqnz dh ygjksa esa Mwcuk ugha vxj dqN djuk gS dqN cuuk gS vkxs c<+uk gS rks i<+uk gS rqEgsa A rks eSusa ,d ckr vius eu esa Bkuh gS-----gkWj vkxs c<+uk gS eq>s-----gkj dqN djuk gS eq>s gkj i<+uk gS eq>s-----gkaj i<+uk gS eq>sA

vfu'hk fyUnh fo'hs"h (ThzFhc o"hJ)

xq:

xqeukeh ds v/sajs esa Fkk] igpku cuk fn;k nqfu;k ds xe ls eq>s vutku cuk fn;k mudh ,slh d`ik gqbZ xq: us eq>s ,d vPNk balku cuk fn;k lgh D;k gS\ xyr D;k gS\ ;s lcd i<krs gS vkiA >qB D;k gS\ lp D;k gS\ ;s ckr lebkrs gS vkiA Tkc lw>rk ugha dqN Hkh] jkgksa dks ljy cukrs vkiA

js'hek fgUnh fo'hs"h (ThzFhe o⁻hJ)

VkVgh ijh

Okks iwQYk lh uktqd cPph ?kj ds vkWaxu dh dyh Fkh Ekkrk&firk dh vkWa[k dk rkjk [kqf'k;ksa ls Hkjh Fkh mldh eklqe eqLdku ls] ns[kus okys dk fnu cu tkrk oks ikpWa lky dh uUgh ijh Fkh ml ij ;g dSlk vR;kpkj gqvk\ bZ'oj dks Hkh tc gqvk iNrkok]

;s fdl fxn dks balku cuk;k\ nckspk mldk 'kjhj Fkk] ij ejk mldk cpiu Fkk ! oks ikWp lky dh uUgha ijh Fkh t+[eh ftldh :g Fkh--ftl eklge dks ns[k eu esa] Lusg dh xaxk cgrh FkhA D;k xyrh Fkh ml cPph dh\ ftlus >syh ;s gSokfu;r Fkh ml uUgh ijh ij tqYe gqvk] D;k xyrh mldh jgh gksxh\ NksVs diM+s ds dkj.k gqvk jsi] mu fo}kuksa ls iqNrh eSa\ ikWp lky dh cPph dks] lkM+h dSls igukm eSa\ Hkkjr dks csaVh nsus esa] Hkxoku Hkh ?kcjk,xk ! ,d fnu ,slk vk,xk---,d fnu ,slk vk,xk---

Js;h 'hchz fyUnh fo⁻hs"h (f¹rh; o⁻h)z

cyky

va/sjh lM+dksa 1ks yM+[kM+k D;qj tkrh gks /M+dus c<+ tkrh gS] bruk D;qj Mj tkrh gks vkSj crkvks D;k gS oks eyky tks rqe vD[j fny esa Nqikrh gks----dksbZ ns[k ys tks] fcu iydsa >idk,j rks flgj lh D;qj tkrh gks gkFk rks igys ls cj/s Fks] dne D;qj ihNs gVkrh gks vkSj crkvks] D;k gS oks eyky tks rqe vD[j fny esa Nqikrh gks---viuh ckr j[kus es Hkh fgpfdpkrh gks viuh ckrsa ysdj Hkhrj &Hkhrj ?kqV tkrh gks vkSj crkvks] D;k gS oks eyky tks rqe vD[j fny esa Nqikrh gks----?kj ckgj dk lkjk fo"k ?kw¡V & ?kw¡V ih tkrh gks ij vius cuk, ve`r dk vD[j twBu gh pj[k ikrh gks---- fc[kjh thatjksa esa tdM+h D;wj tkrh gks bl tdM+u & vdM+u] rksaM+ & ejksaM+ ds ckn Hkh rqe eqLdqjkrhgks\ vkSj crkvksa] D;k gS oks eyky tksa rqe vDlj fny esa Nqikrh gks

> f⁻hohuh ochz fyUnh fo⁻hs"h (r`rh; o⁻⁻hZ)

jkr dh phS(kV

;s nwjn'khZ fuxkgas---ryk'krh gS rqEgs ,dkxzfpr gksdj] mu frfeje; ifjos'k eas rqEgkjs lkfRod gn; ds d:.kke; iSx++++++++ke dh vkl eas gj jkst+ dh rjg jkr dh pkS[kV ij cslczh ls Vd&VDdh yxk,a izhfr dh rjaxksa esa Mqcfd;k yxkrk ;s fpRr--rqEgkjh >yfd;ksa dks [kkstrk gSA rkss lqulku fu'kk esa gok dh nsrh gSa iwoZdky dh oks ehBh Nfo;ka vkfgLrs vkfgLrsa---izfrfcafcr gksdj /wedsrq cu tkrh gS tc tkxzr gksrk gS ;s psru fpRr] rks ;FkkFkZ eq>ls Vdjkrk gS vkSj bu fuxkgks esa iqu% vdsysiu dk fp=k mHkj vkrk gS---

xhrk xqIrk fyanh fo'ks"kr`rh;k o"kJ

iVus

[kwu dh NhaVks ls lus gq,A v[kckj ds os iUus---ij fiQj Hkh] ugh yM[kM+k, jktuhfr vkSj flusek txr ds os lkjs iUus--- tks lqf[k;ksa ls ysdj pSuyks ij yksxks dks ncksp jgs vius iatks rys--xj xk;c gS rks] dsoy ogh ,d vdsyk cqfu;knh iUuk tks] cqurk gS bl lalkj dks BaMs cLrs es dSn gS oks--tc ?;ku tkrk Hkh gS ml vksj rks] niQu dj fn;k tkrk gS mlds ihNs dk jkt+---vkSj jg tkrs gS dsoy [kwu dh NhaVks ls lus gq, v[kckj ds os iUus

xhrh xqIrh fyUnh fo'hs"hr`rh;h o"hF

cpiu

oks cpiu vPNk Fkk ;s tokuh gkj xbZ Ldwy ds fnu vPNs Fks ;s dkWyst ekj x;k Okks ekSt eLrh Ldwy dh Fkh tgkW igyh ls uk NksM+k nloha rd dk lkFk oks Ldwy ugh ifjokj Fkk tgkW lc ,d nwljs ds fy, ejrs Fks fcNM+us dk uk xe dksbZ vkSj [kq'kh ds iy lkFk ft;k djrs Fks fVfiQu dksbZ ykrk Fkk vkSj [kk dksbZ tkrk Fkk ij Hkw[kk dksbZ uk tkrk Fkk fiQj ;wW fudys fnu vkSj jkrsa fiQj 'kq:vkr gqbZ dkWyst dh u, nksLr u;k ifjokj fiQj cuus tk jgk Fkk vius fny dks fuQj ls cgyk jgh gwW oks ekSt & eLrh 'kk;n ;gkW ij Hkh gks ;gkW uk dksbZ 1;kj uk dks ifjokj eryc ls eryc j[krk gS

;gkW gj balku] nqfu;k ekuks erych lh gS Bldk ,glkl dkWyst es vkdj irk pyk FiQj lkspk blls vPNk rks Ldwy Fkk tgk; lc ,d lkFk feydj lc dke fd;k djrs Fks oks cpiu gh vPNk Fkk dk'k oks fnu nksckjk vk tk,

> bf'hdh vxzohy fyUnh fo'hs"h (ffrh; o"h3)

dkWyst dk igyk fnu

esjk uke js'kek gSA eS foosdkuan dkWyst dh fgUnh fo'ks"k dh Nk=k gw_i] eS vkidks vius dkWyst dk igyk fnu crkuk pkgrh gw_iA esjk tc ,Mfe'ku gwvk rks eS cgqr gh mRlkfgr Fkh dh vc u;k dkWyst] u;k ifjos'k] u;k vuqHko lc dqN u;k gksxkA tc eS dkWyst igq_iph rks fcYdqy gh vyx lk yxk ijarq /hjs /hjs txi dh dkWyst ,d ,slh txg gS tgk_i ge ,d nwljs dks vkil es tku ldrs gSA eS viuh d{kk es igq_iph rks lcls igys rks fdlh ls ckr ughdh ij /hjs /hjs ,d lkFkh feyh ftldk uke [kq'kcw gSA vkSj og esjh dkiQh vPNh nksLr cuh ,d gh fnu esA /hjs /kjs lHkh v?;kidx.k gekjh d{kk es vk, vkSj ges vk'kh"kopu fn, vkSj gekjk Lokxr fd;k x;kA gekjs dkWyst es gekjs lHkh lhfu;lZ Hkh cgqr vPNs vkSj esy tksy okys gSaA lHkh u, cPpks dh t;jr yMus ij enn djrs gSA ,d lcls vPNh ckr eq>s yxh dh lHkh lhfu;lZ vius tafu;lZ ds lkFk vPNs ls rky esy cSBk ik, gSA bl dkWyst es vkdj eq>s yxk dh eSa vius iqjkus v?;kidks ls gh fey jgh gw_iA esjs lHkh v?;kid cgqr gh vPNs gSA ;gk_i dh fcfYMaXl rFkk dSaVhu lHkh cgqr gh vPNs gSA eS rks vius vkidks cgqr gh [kq'kfdLer le>rh gw_i fd eq>s bl dkWyst es ,Mfe'ku feykA dkWyst es izFke o"kZ ds fo/kfFkZ;ks ds fy, tyiku dh Hkh O;oLFkk iznku dh xbZ FkhA ;gk_i ij izFke o"kZ ds fo/kfFkZ;ksa ds fy, vksafj,aVs'ku izksxzke Hkh djk;k x;kA tgk_i ij dkWyst ds lHkh v?;kid & v?;kfidk, cPpks ls voxr gq,A eq>s rks esjk dkWyst dk igyk fnu ges'kk ;knjgsxkA

> js'hek fyUnh fo'hs"h (IhzFhe o"hZ)

iwohFaaaaaapy

oks iwokZapy dh BaMh c;jksa dk vglkl pwM+k&ngh vkSj fyV-Vh pks[ks dk Lokn nw/ ?kh vkSj NkN dk HkaMkj oks iwokZapy dh BaMh c;kjksa dk vglkl-----[ksr [kfygkuksa dk eqLdqjkrk psgjk iksa[kjksa esa eNfy;ksa dh gypy cw<+h vkWaa[kksa esa fVefVekrh ped oks iwokZapy dh BaMh c;kjksa dk vglkl----- [kijSyksa vkSj e/qcuh js[kkvksa ls cuk oks ?kj ihyh feV~Vh ls fyik iksrh dh x;h os nhokjsa vkWaxu esa ygjkrk rqylh dk ikS/k lkFk&lkFk jgus dk oks 1;kj oks iwokZapy dh BaMh c;kjksa dk vglkl----

> xhrk xqIrk fganh fo'ks"k(r`rh; o"kJ)

HhyhSuh phin

dHkh mx vkrh gS mlesa pwYgs dh jksVh FkksM+h nkx vkSj jk[k okyh++++---Rks dHkh Fkkyh dh jksVh esa mx vkrk gS pkjn dHkh mHkj vkrs gSSa dYiuk esssaa csy] cM+s & cM+s x<~<s BaMh pkinuh] pkin dh t+eh ij vkSj yxk fn;k tkrk gS vkjxu esa ysVdj gh--dHkh mls crk fn;k tkrk gS ekek --vkSj fiQj esjs vanj ,d bart+kj mlds cksyus dk dHkh rkd mldh vksj mls lkFkh le> eki tkuk dqN ixMaMh;k; fiQj įwNuk pkjn esjs lkFk pyrk D;wj gS\ rks dHkh jet+ku ds eghus esa efLt+nksa dh vkokt+ksa ds chp pkjn esa <wj<uk Nqih gqbZ bZn dks rks dHkh pkjn ds psgjs esa izse dk psgjk ryk'kuk----rks dHkh mlds psgjs esa pkjn ryk'kuak--vkSj var esa Hkh---psgjs ij iM+h >qfjZ;ksa vkSj fldqM+rh gFksfy;ksa ij iM+rh pkjnuh esa dqN uUgsa cPpksa dks fiQj ls i<+kuak pkjn----tks VwVrk ughsaa rkmez] fdlh cPps dk ^f[kykSuk pkjn*

> fu'kk xgykSr fgUnh fo'ks"k (r`rh; o⁻⁻kJ)

;s lcht

dSlk gS ;s lekt\ tks yM+dh dks vius lkeus dqN ugha le>rk D;w; ml cspkjh ij bYt+ke yxk;s tkrs gS $\$ tcfd mldk dksbZ dlwj ugha gksrk gS oks Hkksyh&Hkkyh viuh gh nqfu;k esa eLr jgrh gSA D;wj\mldk vigj.k gksus ij mlh dks nks"kh le>rk gS ;s lekt brus Hk;kog xans bYt+ke yxk;s tkrs gS mlh dh xyrh crk;h tkrh gS ij D;wj \ fliQZ blfy, fd og cgqr vPNh gS ;k blfy, fd og 1;kj dh ewrZ gS ;k blfy, fd mldk fny lkiQ gS mldh rjiQ ls gj fdlh dh xyrh ekiQ gS D;w;\mls nck;k tkrk gS oks gh xyr gS D;w; crk;k tkrk gS\ mls Hkh thus dk gd+ gS nqfu;k dks viuh vkj[kksa ls ns[kus dk gd+ gS er jksdks]mls dqN djus nks er mls ?kqV&?kqV dj ejus nks vius ?kjksa ls 'kq:vkr djks lekt lq/j tk,xk ;s jkr dk va/sjk mtkys esa cny tk,sxkA

> ljhst fyUnh fo⁻hs"h, r`rh; o⁻hJ ge chil dh Vgfu;hi

ge ck_il dh Vgfu;k_i Hkwfe ds fdlh vuko';d [k.M ij /jk dks iQksM+ mx vkrh gw_iA /jrh vkSj vEcj ls <sj lkjs ;ql¼ksa ds t+fj, ftUnk j[krh gw_i Lo;a dks --t++ehu ds fdlh dksus esa flj >qdk, [kM+h jgrh gw_i dHkh fdlh eos'kh dk pkjk cu tkrh gSa gekjh ifRr;k_i---rks dHkh eos'kh dks pjkus dk ekè;e cu tkrh gS gekjh ydfM+;k_i---dHkh 'kxqu esa dke ykbZ tkrh gw_i rks dHkh vi'kxqu esa vyx dj nh tkrh gw_i---ml vuko';d Hkw[k.M ls tks vko';d gS fliQZ gekjs fy, nks yksxksa ds feyu esa Hkh ge vyx gks tkrh gSa vius ifjokj ls---fookgksRlo ds nkSjku e.Mi cukus ds fy, lcls vko';d gks tkrh gSa ge] lcls vuko';d pht+ ck_il dh Vgfu;kj---fdlh dh e`R;q ds nq%[kn volj ij dkV yh tkrh gw; vkSj vk tkrh gw; dke mlds lax tkus ds fy, mldh vFkhZ esa ----,sls gh vko';d dk;Z ds fy, xjnu ejksM+ yh tkrh gS gekjh vkSj crk nh tkrh gw; bl nqfu;k dh lcls vuko';d pht+ ge ck_il dh Vgfu;kj---dHkh&dHkh lkfcr gks tkrh gw; Lo;a ds fy, Hkh vi'kxquh---tc dHkh iq"iksa ls eafMr gks tkrh gw; rc u"V dj ysrh gw;] vius gh oa'k dks] vkSj vius vfLrRo dks cpk, j[kus dh gksM+ esa ftank j[k tkrh gw;] fliQZ vius lw[ks gq, BwBksa ls cuh ck;l dh dksBh ge ck;l dh Vgfu;kj----

fy Unh fo hs "h (r` rh; o "hz)

IK-SE:k

dSlh ghs

dSlk gks ;nh Nhu fy, ti, lkjs 'kCn rqels---vkSj rqEgkjh m;xfy;ksa esa i+Mh dye ls rqe fy[k u ijvks dqN---ftgok gks rqEgkjh vkSj ns nh tk, NwV rqEgs cksyus dh Ysfdu rge cksy uk ikvksdqN Hkh---'kk;n rc rge le> ikvks] gekjs uk cksy ikus dk nZn---vkSj rqEgs cqjk uk yxs gekjk dHkh dHkh cksyuk---dSlk gks ;nh gtkjks Hkkoukvksa ds ckny meM+ jgs gks rqEgkjs Hkhrj] vkSj Hk; dh gok, j pDdj yxkrh jgs] rqEgkjs pkjksa rjiQ cknyks dks mM+k ys tkus ds fy,--vkSj cjlus ds fy, O;kdqy ckny] cjlk uk ik, ,d cwjn Hkh---'kk;n rc rqe le> ikvks gesa fd Hkkoukvksa dks vk;[kks ls dSlk cjlkrh gS] vkSj rc rqEgs gekjk jksuk uk yxs gekjh det+ksjh--dSlk gks ;nh rqEgs ns nh tk, dqlhZ cSBus ds fy, vkSj [khap nh tk, cSBus ls igys----'kk;n rc rge le> ikvks] vius LFkku ls Fxj dj dSls laHkyrh gS ge---vksj rc rqEgs vPNk yxs gekjk mBuk---

dSlk gks ;fn rqEgsa ns fn, tk, lkjs vf/dkj vksj rqe vey uk dj ikvks,d ij Hkh----'kk;n rc rqe le> ikvks] fd fcuk vh/dkjksa ds vf/dkj Hkko ls dSls jgrh gSa ge--vkSj rc uk v[kjs gekjk rqe ij vf/dkj trkuk---A 'kk;n rc rqe ekiQ dj 1kkvk gekjh lkjh xyfr;k; vkSj rqEgsa vPNh yxsa gekjh lkjh uknkfu;k;----vkSj rqe ryk'k 1kkvks mlesa [kq'kh----

للاح2;k fyUnh fo⁻hs"h (n`nh; o⁻⁻hJ)

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Fks dh cukuh gS blh HkhM+ es viuh igpkuA gj fdlh ds fny es Fkk jSfxax dk MjA D;k irk dc dkSu lk fey tk, lhfu;j fd/j\ ysfdu tc lhfu;j feys rks 1rk pyk vc jSfxax ugh gksrhA vkSj mUgksus vius dkWyst es dh xbZ eLrh crkbZ ysfdu dkWyst es FkksM+h my>us Hkh Fkh D;ksfd fo"k; oks pquk Fkk ftlds ckjs es lkspk Hkh ugh FkkA vkf[kjdkj lc le> es vk x;k fd dksbZ fo"k; vPNk ;k cqjk ugh gksrkA v?;kid us cPpks dks le>k;k vUr esa ge dSafVu es x, tks tk, Hkh D;ks uk] vk[khj dSafVu gh dkWyst es egRoiw.kZ gksrh gS lHkh ds fy,A fiQj geus FkksM+k iQksVks [khaph tksfd igys fnu ds fy, cgqr t:jh Fkh vk[khj LVsVl tks yxkuk FkkA dkWyst ds igys fnu dkA vkf[kjdkj esjk dkWyst dk fnu [kVVh&ehBh beyh dh rjg Fkk ysfdu ;g ;knxkj fnu FkkA ftls Hkwyk ugh tk ldrkA

fj'hw fyUnh fo'hs"h (izFhc o"hZ)

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CkfLr;ksa ds yksxksa esa Hkh dqN dj fn[kkus dk gksrk gS tTck ij viQlksl :i;ksa ds vHkko ls ,d iy ds fy, Fke tkrs gS muds dne ysfdu mudh pkgr vkSj gkSalyk fujarj vkxs c<+rk gh jgrk gSA eSaus ns[kk gSa oks le; tc ckfj'k vkrh gS yksxkas ds eu esa ,d jkgr fd mEehn txkrh gS lHkh yksx ekSle dk vkuan mBkrs gS rHkh cfLr;ksa fd Nrs Vidrh gS ,d ek; vius ?kj dh oLrqvks dks cpkus ds fy, b/j&m/j yidrh gS

fiQj ,d fnu ,slk vkrk gS tc bUgs Hkh eafty fey tkrh gS ek; dh vk;[ks ue gks tkrh gS vkSj firk ds 'kCn xqe gks tkrs gS budh xfy;ksa es j'k lk Nk tkrk gS] tc liQyrk dne pge ysrh gS bu yksxksa ds u nksLr Fks u 1;kj Fkk u ;kj Fkk u vglkl Fkk vc cM+s&cM+s yksxks ls feyuk vkSj budk gh jktikB gS ^^bUgs Hkh feyrh gS liQyrk] vxj bjknk dj yks iDdk---rksM+ ds oks lHkh ca/u] c<+ tkrs gS ;s vfHkuanu---ek; fd ue gqbZ vk;[ks vkSj firk ds xqe \ gq, 'kCn--vc ykSaV vkrs gS cudj ekaFks dk panu

iwth xwIrh fyUnh fo⁻hs"h (izFhe o⁻hJ)

A LAST LETTER

A tear ran down her cheek As she read the words he wrote His dad sat at the table With the lump in his throat The letter was stained With blood mixed with sand It was a letter, From their son in a for of land The letter said, mom the pain I cannot understand From the shrapnel that ripped Through this young man I peel the pain so badly It makes me scream and cry I know I will not see you I know that I will die So I just wanted to say Before god calls me home Don't worry about me anymore No, I am not alone.

kavita

III year, B.Com(P)



APPLIED PSYCHOLOGY

- The Department conducted Mental Health Awareness Campaign titled, "Psyclarity" on 1st October, 2019 with the aim of celebrating the World Mental Health Day. The students organized a number of creative events related to the theme of mental health like slogan writing, photography, face-painting, poster-making and dramatics.
- 2. A Suicide Prevention Awareness program: "Yellow Day" was conducted on 18th September, 2019.
- A workshop on Careers in Psychology: India and Abroad was conducted by Child and Clinical Psychologist, Ms Gagandeep Kaur of Unique Psychological Services on 6th March, 2020.
- 4. A webinar entitled "Socio-Psychological Effects of COVID-19" was held on 5th May 2020. The resource persons were Dr.AngelloBrandelli Costa and Dr.Sammyh Khan.

COMPUTER SCIENCE

- The Department of Computer Science successfully conducted a webinar entitled "COVID19: IMPACT ON DIGITAL INDIA" on 6th May 2020 on Zoom application. The webinar was convened by Dr. RenuGarg with coordination of Mrs. Isha Gupta and the student volunteers --- Parinika Jain, Bharti Sharma and Yashika Mehta.
- 2. The esteemed panel for this discussion consisted of: Dr. ManoranjanPon Ram, Dr. Neelima Gupta, Dr. Nitin Malik, Brigadier Jagdish Singh and Manisha Arora.
- 3. The webinar discussed how this crisis has directly and indirectly helped the Indian government's vision of 'Digital India'. But we need to think and try to resolve the challenges in order to create a truly digitally empowered society.

COMMERCE

- An Industrial visit to National Small Industries Corporation (NSIC) Okhla was organized by the Department of Commerce on 12 th February 2020 for the students of B.Com (Hons.) 2 nd year and BA (Hons.) 1 st year, studying Entrepreneurship as part of their curriculum. Total 34 students were accompanied by Dr. Pavan Gupta and Dr. ShafaqZareen.
- 2. An educational trip "Delhi Darshan" was organized by College Authority on 19th Feb 2020 for the Commerce students of Vivekananda College, University Of Delhi. The trip gave an opportunity to them to explore and learn in an informal environment. 204 students and 06 teachers from Commerce Department were bubbling with excitement

as they commenced their journey to visit some of the most important tourist sites of Delhi.

- 3. Department of Commerce & IQAC Committee of Vivekananda College, University of Delhi had organized a Lecture on Financial Literacy for the students of Final Year of all courses in Room no G3 on 17 Sept, 2019. The Speaker for the lecture was Mr. RavindraSingh(Lead district Manager), Mr. Ragin Prasad(AGM,RBI), Mr. R.C. Gupta(FLC, Bank of Baroda) & Mr. Ram Naresh Yadav(Chief Manager, Bank of Baroda).
- The Department organized an Excursion / Educational Trip of 5 days. A total of 32 students and 03 faculty members went to see Jodhpur (Blue City) and Jaisalmer (Golden city) with Mr. Dhirender as a guide.
- A one-day excursion to Surajgarh Farms, Gurugram, Haryana was organised on 3rd March, 2020.

ECONOMICS

- The Department of Economics organized inter-collegeself-composed poem & slogan writing competitons on current Economics issues as part of Golden Jubilee celebration year on Friday 28th February, 2020 at 10.30 a.m. in Sharda hall and Open stage of the college.
- 2. The students' participation came from different colleges and three internal judges were present on the same day {Dr.GyanPraksh (hindi), Mrs. VishakhaGoyal (Economics) and Mr. Amit Kumar (English)} with Mr. Lalit, Mr. Amit Kumar and Ms. Vandana (Department members). The Competitions was conducted by students with the help of faculty and very well explained the rules and regulations of the event. The total number of participants in self-composed poem competition were 08 (All from Hindi medium) and in Slogan writingwere 07 (Five from Hindi medium and Two from English Medium)which were selected on the basis of registration. There was individual participation also.
- 3. A webinar entitled "Covid-19 and Economy: Impact, Challenges and Way Forward" was held on 22nd April 2020. The keynote speaker was Prof. ShahabEnam Khan.

ENGLISH

- To commemorate Independence Day, the Department organised a cultural event on 14th August 2019 on the open stage. Students performed patriotic ballads and also staged a play evoking nationalist fervour
- 2. The Department organised a one- day workshop "Creating Unique Content: Narratives, News and Views" on 27th August 2019. The workshop co-ordinator was Ms. Shruti, an alumni of the college and a postgraduate student at Ambedkar University. The workshop aimed to introduce the students to the newly emerging, relevant and exciting field of creative journalism.
- 3. The Department of English organised the Third Annual Parents Teachers Meeting on 21st September 2019, Saturday at 2:30 PM in Sharada Hall.
- 4. The Department organised a two day National Student's Seminar "Heart of Queerness" on 4th and 5th November 2019 as part of the college's ongoing Golden Jubilee Celebration. Dr.AkhilKatyal (Asst. Prof.Ambedkar University) gave the Keynote address. Dr.DebolinaDey (Asst. Prof.Ramjas College), Mr. Rahul Sen (Asst. Prof.Ashoka University), Mr. Abhishek Bhaskar (Asst. Prof. Vivekananda College) and Mr. MaisnamArnapal (Asst. Prof.Gargi College) chaired different sessions. Vqueeram Aditya Sahai, Researcher at Centre for Law and Policy Research, Bengaluru presided over the Plenary Session. Chaandreyi Mukherjee and AnchalaPaliwal were the teacher co-ordinators
- A Film Screening session showcasing *All Cats are Pink in the Dark* and *Pink Boy* was held on 4th November followed by a discussion and interactive session chaired by Mr. Rahul Sen (Asst. Prof.Ashoka University)
- 6. A Poetry Slam Competition was organised on 5th November in the Sharada Hall as part of the National Seminar.
- 7. The Department has a book reading club and holds regular reading sessions which help students to engage in critical thinking. Such sessions are conducted under the guidance of the teacher co-ordinator Sheena Lama. This semester two sessions were held on 13th September 2019, 15th October 2019 and 18th February 2020 respectively to discuss Virginia Woolf's *An Unwritten Novel* (1921), Saki's (H.H Munroe) *The Storyteller* (1914) and RokeyaSakhawat Hossain's *Sultana Dream*.

8. The English Department organised a Webinar on "Fear and Change during a Pandemic: A Discussion on the Healing Powers of Literature and Cinema" on 30th April 2020 which was attended by 160 participants who were all issued e-certificates. The eminent speakers during the session were: Dr. (Fr.) Alex Mathew, Principal of Don Bosco College at Chirang in Assam; Dr. Fabian W. Marbaniang, Assistant Professor at Department of English and Communication, Martin Luther Christian University, Shillong; Mr. Sachin Nirmala Narayanan, Assistant Professor of English at Dyal Singh College, University of Delhi and Mr. Nathaniel Majaw, Assistant Professor in Department of Mass Media at St. Antony's College, Shillong

ENVIRONMENTAL SCIENCE.

1. Environmental field trip to Yamuna biodiversity park 5th November 2019 to gain an insight on in-situ conservation of Flora and Fauna.

FOOD TECHNOLOGY

- One-day National Seminar on "Food and Culture of North-East: Solutions to Sustainable Development" on 22nd August 2019 at Vivekananda College in collaboration with Petronet India Pvt. Ltd.
- The Department of Food Technology, Vivekananda College organized an inter-college poster making competition on the theme "Sustainable Development Goals-India's Journey" on 22nd August 2019.
- The Department of Food Technology, Vivekananda College organized a poster making activity to celebrate World Food Day on the theme "Bluing the Green" on 16th October 2019.
- 4. Ms. Gurmeet Kaur. BA Prog. 2nd Year student of Department of Food Technology, Vivekananda College bagged the *Earthspire* Rolling Trophy (first prize) for a recipe competition held at Lady Irwin College to celebrate National Nutrition Week on the theme "Feeding Smart from the Start" on 6th September 2019.
- Ms. Shreya and Ms. Rukhsar of BA Prog. 3rd Year student of Department of Food Technology, Vivekananda College bagged second position for recipe competition to mark the celebration of *PoshanMaah* of an event called "Food Fiesta" held at Shyama Prasad Mukherjee College on 18th September 2019.
- 6. Ms. Gurmeet Kaur and Ms. Nandini Tiwari of BA Prog. 2nd Year student of Department of Food Technology, Vivekananda College bagged the first prize for a

recipe competition at a Nutrition Awareness Activity 2020 sponsored by PFNDAI, Mother Dairy, Marico, Hexagon Nutrition etc. held at Lady Irwin College on 28th February 2020. A total of five entries in team by Gurmeet and Nandini, Sony and Himanshi, Sapna and Anita, Rukhsar and Vijeta and Nisha and Khushboo belonging to BA Prog. 2nd and 3rd year of our college participated in the recipe contest and a total of two team entries of Radhika and Sapna and Reshma and Sulekha participated in the poster making competition.

FRENCH

- The students of the department participated in Francophonie festival celebrated annually at Department of Germanic and Romance Studies, University of Delhi. Ms. SrishtiSah, Ms. JyotiKarki and Upma Chandra of B.A(P) First year participated in poster making competition on the theme " La Tunisie- le pays d'honneur".
- 2. In order to acquaint students better with the French culture, few activities were carried out as part of class activity. A French cuisine preparation activity was held in which students prepared French desserts. Yashika Khanna, Farha and Tanisha Sharma of B.A(P) First year partook in this activity. A French poem recitation activityin which Yashika Khanna , Mehak , Upma Chandra of B.A (P) First year and ManviSaxena of BA(P) Third year participated actively. A singing activity was carried out in which MythiliVenugopal of BA(P) First year and Himanshi Gupta of BA(P) Third year participated.

HINDI

- 1. A research Paper Presentation Competition was held on 6thAugust, 2019.
- 2. A cultural program "GazalSandhya" was organized on 13thAugust, 2019.
- 3. An inter-college Poetry Recitation and Research Paper Presentation competitions were held on 17th and 18th September, 2019.
- 4. The Department held its Parents Teachers Meeting (PTM) on 28th September,2019.
- An educational trip to Udaipur was organized for the students of the Department from 12th to 15th October, 2019.
- The Department organized a Two-day National Seminar on the topic "KamkajiMahila: SahityameinbantaItihaas" on 17th and 18th January, 2020.
- 7. The Department also organized two webinars namely:"Katha-Patkatha" and "Ritikaal:EkNavinDrishti". The former was held on 9th May,2020.

Prof.AsgarWazahat (Professor, HindiDepartment,JamiaMiliaIslamia), Prof.AshokChakradhar (Ex-Professor, HindiDept.,JamiaMiliaIslamia)and Dr.PrabhatRanjan(Assistant Professor,HindiDepartment,Zakir Hussain College) were the eminent speakers during the webinar. The latter was organized on 18thMay, 2020. Dr.MukeshGarg(Ex Associate Professor,Hindi Dept., University of Delhi) was invited as a speaker.

HISTORY

- 1. The Department of History organized Inter- College Debate Competition on 14.08.2019 at 12:30 PM in Room No. S-4 of the College. The Competition was part of Independence Day celebrations. ChhayaGautam, the Class representative of History (Hons.) Semester VI, Mansi, Ruchy and Neha of the same class were the student coordinators. A poster carrying the statement 'The House believes that India's Independence has liberated us from the Colonial Past'; the rules and relevant information was circulated within the College. The prizes, first, second and third were Rs. 1000/-, Rs.750/- and Rs.500 respectively. The best interjector prize was Rs.250/-. Notice was also sent to different colleges on 07.08.2019 through the Principal's Office. The teachers and the students circulated the message through social media and emails. The Department received 31 entries (for and against the motion) though 24 teams managed to participate. Abhishek Bhaskar from the Department of English and Sunita from the Department of Political Science were the judges. The Debate started at the given time and ended around 5:30 PM. The first prize bagged by the team from Hindu College (Rituraj& Prashant Shokeen), second by Shivaji College (Chandan&Jaspreet) and the third by Swami Shraddhanand College (DhruvSah&Bhawani Prasad Kabra). Himanshu Yadav of Shivaji College got the Best Interjector prize. Certificate for participation was given to all participants.
- Refreshment coupons worth Rs.20/- were given to all participants, student coordinators and volunteers and the teachers. NSS students of the College extended their full support in organizing the event. The event was a great success in terms of participation and organization.
- 3. As per the directives of Internal Quality and Assessment Committee (IQAC) of the College, the Department of History held Parent- Teacher Meeting on 31.08.2019 in Sharda Hall at 10:00 AM. Raman Kumar Singh attended the meeting on behalf of IQAC. Most of the teachers from the Department were present.31 parents came to attend the meeting. HinaNandrajog, the Officiating Principal, on request from the
Teacher- in- charge, addressed the parents and the students. She apprised them of the rules and regulations and the issue of minimum attendance of the students for eligibility to take exams in particular was highlighted. They were told to check college website regularly to stay in touch with the college affairs. She also asked them to come forward with complaints or suggestions for effective working of the College. The teacher-in-charge requested the parents to discuss freely about their wards and seek clarification from the teachers. She told them that they could contact the college and teachers through phone or meeting in person after seeking appointment.

4. The Department also organized Alka Rani Memorial Lecture on 25.09.2019. Dr Ajay Verma, Associate Professor in Centre for Philosophy, School of Social Sciences, JawaharLal Nehru University was invited to deliver the lecture. He spoke on 'History of Hermeneutics and Hermeneutics of History: Eastern and Western Perspectives'. The lecture was meaningful for both the teachers and the students.

MATHEMATICS

- An intra college collage making competition was organized to mark the Independence Day Celebrations on 13 August, 2019 on the topic related to Independence Day.
- 2. The students celebrated "Teachers' Day" on 5th Sept, 2019 to show their gratitude towards the faculty.
- 3. A Parent-Teacher meet was organized on October 19, 2019 to make aware the parents about the rules and regulations of attendance and internal assessment.
- A one-day seminar was conducted on 29th Jan 2020 on the topic "The Universe and Mathematical Cosmology" by Dr.Shibesh Kumar Jas Pacif, Vellore Institute of Technology, Tamil Nadu.
- One day workshop was organized on "Artificial intelligence and Machine Learning (AI & ML) on 6th Feb 2020 by Mr. Rahul Pathak, CetpaInfotech Pvt Ltd, Noida.
- A webinar entitled " An insight into Online Teaching-Learning and The Journey of Zero" was organised on 18th May 2020. The resource persons were Prof.ShobhaBagai and Dr Anju Gupta.

MUSIC

 Independence Day celebration on 14th August – the students performed Vandana and Patriotic songs.

- 2. The students sang Invocation Song on the occasion of One Day National Seminar titled "Food and Culture of North-East" on 22nd August.
- 3. The department organized 'MalhaarUtsav' with a scintillating classical vocal recital by Shri Hassan, a well-known classical Musician 3rd September. Farid on 31st July – Mehndi competition was organized in the department. Ms. Ramsha Khan of B.A. Programme Ist Yr. First Prize. got
- 4. Vasantotsav was celebrated by Music students on 11th February. Sh. Rahul Prakash performed a classical vocal recital with a rendition of Bandishes of Raag 'Basant' and allied Ragas. His recital was appreciated and enjoyed by everyone.
- 5. The music department organised Swarsamvad an interactive live session titled "Sitar : A versatile musical instrument" on 14th May 2020. The live session was graced by the eminent speaker – PanditPrateekChaudhari - a world renowned sit maestro. He is working as Professor of Music in the Faculty of Music and Fine Arts, University of Delhi. Dr Neeta Mathur a senior associate professor of Music dept of Vivekananda college served as the moderator of the session. She led the session with intriguing questions from Pt Chaudhari.
- 6. The Music Department of Vivekananda College, University of Delhi organized an online webinar to celebrate its Golden Jubilee Year 2020 on 30 th May, 2020 at 4 pm. The webinar was convened by Dr.DeepaVarshney (Teacher In-charge) and co convened by Dr. Neeta Mathur of the Music Department Vivekananda College through Google Meet, which was open for everyone to attend. The patron for the event was the principal of Vivekananda College, Dr.HinaNandrajog. The guest speaker for the evening was Dr.VineetGoswami, an Assistant Professor at the Department of Music, University of Delhi. Dr DeepaVarshney gave a brief yet insightful introduction to the topic and handed it over to the esteemed guest.

POLITICAL SCIENCE

 On the eve of Independence Day, the Department organized Inter College Debate and Poster Making Competition on 14th August 2019. The topic of the debate was "Abrogation of Article -370" and the theme of Poster- Making Competition was "The Idea of Freedom".

- To establish a tripartite dialogue among teachers, students and parents/ their guardian for better understanding of the needs and expectations of all three fraternities the department organized Parents -Teacher Meet on 28th Sept.2019.
- On the occasion of National Voting Day, a lecture was organized on "Constitutional Democracy in India" by Prof. Ujjwal Kumar Singh, Department of Political Science, University of Delhi on 24th January 2020.
- 4. The Department conducted career counselling of the Students of Political Science Department, on 7th February 2020 supported by "FORUM FOR DEMOCRACY" run by Anjali Chahal. The students were given orientation and guidance on various competitive examinations (MA, NET, JRF, UPSC).
- An excursion was organized for the students of the Dept. -- "Dill Darshan" on 18th Feb.2020. The idea was proposed by the IQAC and was organized by the Department.
- 6. To commemorate International Women Day the Dept. organized one day event "APARAJITA "on 5th March 2020. The Highlights of the Event:
- Poster-Making Competition based on the theme "Women's Freedom and Problems" on 4th March 2020.
- 8. A Film Screening Session showcasing "Budh: The Awakening"
- 9. A Talk on "Images of Women in Hindi Cinema "by Deepak Dua (Film Critic)
- 10. A webinar was organised on 15th May 2020 on the topic "The Pandemic and the Great Indian Labour Migration". The resource persons were Shri Prasanna, Dr. Rama Shankar Singh and Dr. Abdul Rahman.

SANSKRIT

- The Sanskrit department with the collaboration of IQACorganized inter- college panel discussion on perception in Indian philosophy on 6th September 2019. This panel discussion was chaired by Dr.MeeraDwivedi, Associate professor Dept. of Sanskrit, University of Delhi. The panelists who were invited are :Dr.Sathyamurti, Professor, School of Indic- studies JNU, Dr. Pankaj K Mishra, Associate Professor St. Stephen's College, University of Delhi, Dr.Aravamudun, Associate Professor, Shri LalbahadurShastriRashtriya Sanskrit Vidyapeetha, Delhi and Dr.Sateesha K.S., Assistant Professor, Shri LalbahadurShastriRashtriya Sanskrit Vidyapeetha, Delhi.
- Sanskrit Department organized P.T.M. on 07/09/2019 in the Sharda Auditorium of the college which was attended by 8 parents, students, teachers of department and three exstudents.Dr.Dhanpati Devi Kashyap, teacher-in-charge, commenced the meeting. She

discussed about the importance of Sanskrit subject and the various employment opportunities that students have after studying Sanskrit subject. Principal Dr.HinaNandarajog also addressed the gathering and apprised the students and the parents of the rules and regulations highlighting on the issue of minimum attendance of the students for eligibility to take exams. They were told to check college website regularly to stay in touch with the college affairs. She also asked them to come forward with complaints or suggestions for effective working of the College.

- Few parents shared their views and suggestions. Ex-students of the college also shared their experiences. All faculty-members under the stewardship of teacher-in-charge Dr.Dhanpati Devi Kashyap also addressed the meeting.
- 4. The Sanskrit department with the help of Sanskrit Bharti also organized Sanskrit SambhashanShivir (Sanskrit spoken classes) from 3rd February 2020 to 18th February 2020 in the college. The purpose of this shivir was to promote Sanskrit language and develop spoken Sanskrit skills amongst the students. This shivir was conducted by Mr. Sushil and Ms. VriddhiBagde. Around 120 students got register themselves and around 50 students used to attend the shivir daily. Mr. KaushalKishor was invited as chief guest on the closing ceremony of the shivir.
- 5. A webinar on the topic "Stress management in Bhagavadgita during Covid-19" was held on 13th May 2020.

COMMITTEE REPORTS

ACADEMIC DEVELOPMENT AND CAREER COURSES COMMITTEE

1. The Committee held many meetings to decide for the post of coordinator for Hindi Patrakarita Course run by Department of Hindi. It was in general any ad on course to be introduced by any department in the college. The Committee decided that post of the coordinator will be rotational for 18 months, beginning from the senior most faculty member of the Department.

2. The application for introducing Discipline course in Hindi Department was discussed. After many meetings with the teacher-in-charge,, Dr Renu Sahni, the convenor of B.A. Program Committee, Ms Purnima Vir and with the extended workload Committee, it was decided that this course could not be introduced at least for now as there are limited number of students in other Program courses. As three more new program courses were approved by UGC, the problem of combinations would be complex. Therefore, the Committee recommended that the above said course could not be introduced.

3. The Committee also recommended introduction of German Language Certificate course. In a separate meeting, the remuneration for coordinator, accounts and administrative persons and the teachers were recommended. It also recommended rules for withdrawals by the students after taking admission. It also recommended that the balance amount after meeting all the expenses would be utilized to buy books for the library.

4. The application for introduction of Sanskrit ad on course was also taken up for discussion. As the proposed fees was merely Rs. 500 for the entire course of Six months, the Committee believed that the expenses of the course (Remunerations for coordinator, accounts and administrative persons and the teachers etc.) could not be met.

ACADEMIC PROGRESSION AND RESULT ANALYSIS.

Academic Progression and Result Analysis committee compared the results of our college with the results of East Delhi colleges. Result analysis has been done for the following courses offered by our college:

S.No	Courses offered by VNC	Details of colleges having the mention course
1	B.A (P)	SLC(D), SLC(E), BAC, MAC, VNC
2	B.Com (P)	SLC(D), SLC(E), BAC, VNC
3	B.Com (H)	SLC(D), SLC(E), BAC, MAC, VNC

4	English (H)	SLC(D), MAC, VNC
5	Hindi(H)	SLC(D), SLC(E), MAC, VNC
6	History (H)	SLC(D), BAC, VNC
7	Maths (H)	SRCAS, VNC
8	Pol. Science (H)	SLC(D), SLC(E), MAC, VNC
9	App. Psychology(H)	BAC, VNC

*Bhim Rao Ambedaker College – BAC Maharaja Agrasen College – MAC Shaheed Rajguru College of Appplied Sciences – SRCAS Shyamlal College(Day)- SLC(D) Shyamlal College(Evening)- SLC(E) Vivekananda College – VNC

Subject	Rank	College	CGPA
	1	BAC	8.439
B.A (P)	2	SLC(E)	8.379
	3	MAC	8.303
	1	VNC	8.606
B.Com (P)	2	SLC(D)	8.576
	3	BAC	8.182
	1	BAC	9.122
B.Com (H)	2	VNC	9.027
	3	VNC	9.014
	1	VNC	7.878
English (H)	2	VNC	7.338
	3	VNC	7.243
	1	SLC(E)	7.878
Hindi(H)	2	VNC	7.865
	3	SLC(D)	7.77
	1	BRAC	7.608
History (H)	2	VNC	7.527
	3	SLC(D)	7.486
	1	SRCASW	9.622
Maths (H)	2	VNC	9.608
	3	SRCASW	9.5
	1	SLC(E)	7.973
Pol. Science (H)	2	MAC	7.811
	3	VNC	7.703
1	1	VNC	8.811
App.	2	VNC	8.662
Psychology(H)	3	VNC	8.554

ADMISSIONS COMMITTEE

The Admissions Committee is the duly constituted committee of the Staff Council. Apart from the core committee members, all the Teachers in-Charges also are part of the Extended Committee.

Objectives:

The objective of the Admission Committee is:

- To ensure strict adherence to the University of Delhi directives regarding Admissions
- To ensure that transparency is maintained.
- To ensure smooth functioning of the admission process.
- To facilitate guidance and counselling procedures pertaining to admissions in the College with all stakeholders—University, college, teachers, students and parents.
- To resolve queries of students interested in taking admission to different programs of the college.
- To oversee all arrangement and ensure that the college has all the infrastructure and manpower in place.

Guidelines/Suggestions:

- Admission process has to be diligently followed as per the norms laid down by the University.
- Members of Admissions committee will be involved in conducting Open House Sessions wherever and whenever required
- Duties will be allotted to teaching-staffalong with non-teaching staff to ensure smooth admission process.
- Each department will intimate in advance about their presence in college to guide the students.
- N.S.S. and college volunteers will be appointed and given specific roles and duties to guide students and parents during the admission process. No student/students will be allowed to set up Help Deskfor any other reason.
- Throughout the entire admission process, the Committee against Sexual Harassment, the Grievance RedressalCommittee and the Enabling Committee will also work as per their roles.

- Enabling Committee and the Liaison Officerwill verify the Caste Certificate submitted by the students.
- Members will actively participate in all the meetings / review meetings to deliberate about strengthening the Admissions.
- Notices to be displayed at all prominent places reiterating that ADMISSION IS STRICTLY ON MERIT BASIS. NO PAYMENT IS TO BE MADE TO ANY STAFF MEMBER OR MIDDLE MEN.
- All cut-off lists to be displayed at prominent places.
- Within the Admissions Committee, there is a sub-committee that looks into the B.A. Prog admissions.
- Due to the complicated nature of subject combinations, the Committee works in close coordination with the Timetable committee and the Workload committee.
- The Admissions Committee will motivate the economically and socially marginalized students to seek college education. The Committee will also counsel the students on the availability of financial aid, scholarships, and fee concessions.
- If the no. of UR candidatesadmitted are more than the sanctioned strength...there'd be a proportionate increase in seats in reserved category.
- The teaching and non-teaching staff will be responsible for checking the forms and testimonials, documents and eligibility cut-offs before approving forms for fee payment
- The Admission Committee will ensure that adequate awareness is disseminated about the anti-ragging committee to ensure that no student faces any emotional or physical harassment.
- The Admission Committee will hold regular meetings with the Principal and TICs to assess the number of vacant seats remaining per course/discipline/category and give the cut-offs for subsequent lists.
- This information will also be forwarded to the University before and after each cut-off list.
- The Committee will also issue press releases for wider circulation on the basis of University releases and the cut-offs determined.
- The Admissions committee will NOT work in isolation. It must be fully supported by Enabling Committee, Cultural Committee, Sports Committee, and Grievance RedressalCommittee (Anti-ragging; Prevention of Sexual Harassment), Timetable Committee and Prospectus Committee.
- Admission Calendar to be followed as per University directives.

ALUMNI

The Alumni committee in its pursuit to connect, coordinate with all the pass out students from the Vivekananda college organized different activities viz. alumni meet, interaction meet, etc. The committee also tries to maintain consolidated and updated data of pass out students from the college.

The Committee organised its first 'Alumni Speaker Series' on 4th October 2019 at Sharda hall.Around 150-200 students attended this lecture and at the end an interaction session was held where students asked their questions about carrier opportunities. In this series we invited Ms. Nistha Kapoor. She is a learning revolutionary at kshamtalaya foundation. She is an alumnus of Vivekananda College wherein 2016she received her bachelor degree in political science. She was a fellow at the gender lab and worked with 500 adolescent girls in Delhi NCR. She has also worked as an intern with Niti Aayog And Ministry Of External Affairs in India and she represents India in Taiwan's youth camp. Ms. Nistha discussed about stereotype mentality of society and boosted our student's confidence.

In the second session, Ms. Shweta Rashmi ,an ex-student of BA Programme was invited on 20th February 2020. She is currently working with News 18. She spoke about her career in journalism as an entertainment news anchor. Approximately 100 students attended this session.

On 20thOctober 2019, an alumni meet was organized. Approximately 100 pass out students attended the alumni meet. Various culture performances were also staged like Sarasvati vandana,western dance,western music, etc. and some interesting experiences were shared by alumni included Dr. Renu Sahani andDr. Meena Pandey ,Department of Hindi. The whole event concluded with vote of thanks and lunch.

The alumni committee sends its one member to Parents –Teachers Meet (PTM) of every department to understand how things can be well organised and to have greater connectivity of parents and students with the college in future.

AMBEDKAR & SOCIAL JUSTICE

As part of Golden Jubilee Celebrations, the Committee organized a Dastangoi performance *Parayi* by Nadeem Shah Suhrawardi on 18.10.2019. The performance was

attended by large number of students, teachers and non-teaching staff. The performance effectively communicated the protest of a Dalit girl against social discrimination.

The committee organized a webinar on the topic "Idea of Care and Civil Society in Ambedkarian Discourse" on 8th May 2020.

CANTEEN AND REFRESHMENT

The Canteen committee of Vivekananda College has actively participated in many events held in the college from time to time. The International Peace Conference held from 13th Feb 2020 to 15th Feb 2020 was a grand event in which Canteen committee was actively involved from distribution of refreshment coupons to arrangement of lunch and high teat different times. The members of the committee worked in absolute coordination to make sure the event was successful and one of the most talked about events in history of our college.

CENTRAL PURCHASE & STOCK VERIFICATION

The purchases of items for the college were being made through GeM following GFR – 2017. Purchases upto Rs. 25,000 were made directly from the market. The following Table highlights some of the purchases made during 2019-2020.

S.	Bill Date	Firm Name	Item	Qty.	Purpose
No.					
1.	27.02.2019	GBL Office Furniture	Office Chair	12	Food Tech. Dept.
2.	01.03.2019	Chandigarh Technologyes	Lawn Mover	1	Garden
3.	01.03.2019	Army Enterprises	Bush Cutter	2	Garden
4.	09.03.2019	Ashirwad	Hedge Cutter	1	Garden
5.	13.03.2019	Bhardwaj Enterprises	Big Dustbin	20	College Premises
6.	03.07.2019	Raman Network Pvt. Ltd.	Desk top	6	Library
			Computer		
7.	24.09.2019	Amandeep & Brothers	Office Chairs	31	Computer Lab.
					(R. No. 31)
8.	24.09.2019	Vohra Furniture Work	Computer	31	Computer Lab.
			Tables		(R. No. 31)
9.	27.09.2019	Digital Media Project	Projector	1	Computer Lab.
					(R. No. 31)
10.	30.09.2019	Bansal Industries	Sofa Chairs	10	Staff Room
11.	30.09.2019	R. K. Electricals	Air	2	Computer Lab.
			Conditioners		(R. No. 31)

Purchase of Non-consumable Items:

12.	30.09.2019	Sparc Infotech Pvt. Ltd.	UPS 10KVA	1	Computer Lab. (R. No. 31)
13.	21.10.2019	Vijay Garden Tools	Lawn Mover (Big Grass Cutter)	1	Sports Dept.
14.	24.02.2020	S. R. Enterprises	Wooden Almirah	1	Library
15.	18.03.2020	Trijal Sales Corporation	Podium	2	Big Auditorium
		Repair & Ma	aintenance		
S. No.	Bill Date	Firm Name	Item	Qty.	Purpose
1.	14.05.2019 & 17.05.2019	Air Coon Systems	AC repair of College	48	College Building
2.	19.08.2019	Air Coon Systems	AC repair of Vivekananda Auditorium in College	59	Vivekananda Auditorium
3.	18.03.2019 & 19.03.2019	Jain Shiv Traders	42 ah Battery (with buy back scheme)	4	Server Room UPS

Repair and maintenance work of ACs in the College, Website hosting and maintenance, and AMC of CCTVs was recommended, also, for the next academic session on June 2, 2020. Since these services are not available on GeM and the cost of each would be ranging from Rs. 25,000 to Rs. 2.50 lakhs, local purchase committees which were constituted earlier, their services were extended (according to GFR 2017, Rule No. 155).

In the light of the International Conference on 'Perspectives on Peace and Sustainable Development in a World of Conflict' organised by the College from February 13-15, 2020, services such as printing work, light and sound system, tents, painting and white-washing, etc. were facilitated by constituting a local purchase committee because of such services not being available on GeM.

Finally, stock verification work was in progress, too, of both consumable and nonconsumable items purchased by the College.

DISCIPLINE COMMITTEE

Major Activities and Achievements

1. The members of the Discipline Committee diligently associated themselves with various events in college during the year such as DUSU elections, International Peace

Conference etc. and various events were held in a peaceful and organised manner. An Inter College Debate competition on the subject "Is punishment necessary to maintain discipline" was organised on 24.01.2020 in which 13 teams from various colleges of Delhi University participated.

2. Seminars organised: Topic: "Fostering discipline for achieving career goals"

A talk was delivered by Chairman and CEO, Vision 360, Management Consultants, on 26.09.2019 followed by an interactive session. The event was a great success and the initiative was appreciated by the students and faculty members participated in the lecture.

ENABLING & EOC

The Enabling Committee comprises of the following members:

- Sophia Pde (Convenor)
- Mukesh Burnwal
- Dr. Dhanpati Kashyap
- Dr. Saroj Kumari
- Rocky Yumnam

This Committee has been constituted for facilitating admission process for students of the reserved category. Our prime function is to check with OBC certificates, including SC and ST, to ensure fair and appropriate selection of candidates from the reserved category. We are therefore attached to the Admissions Committee of the College, and were assigned daily duties during the time of Admission (July-August 2019).

ETHICAL CLEARANCE

The Ethical clearance committee of the college conducted a number of meetings for the constitution of the Ethical Committee according to the ICMR guidelines. Apart from the core committee of the college, the committee would eventually comprise of

advisory board of external members as per the ICMR guidelines. The committee also granted ethical clearance to two research project proposals of faculty members that were submitted for UGC Stride Component 2 Project Grant and ICMR respectively.

FEE CONCESSION, STUDENT AID & SCHOLARSHIP

Annual Fees: The committee invited applications for the same in September 2019, from the students, who were unable to pay their annual fees. In all, a total of 11 students applied for the financial help and after checking all their documents their annual fee was paid by the College.

Fee concession: The students were given fee concession on the basis of forms filled for this purpose in the month of February 2020. The College received 345 forms and all those who applied were given full fee concession.

Student Aid: The students were given Student-aids after a close scrutiny of all the forms duly filled and having necessary information/ details regarding Occupation, Income Earning Members, dependents and other parameters.

In all, the committee received 345 applications. All the students were divided into 4 categories – A, B, C and D on the basis of parameters determined by the Committee and funds were allocated for distribution. No amount was given to category D students (12 nos.) as their income level was higher than the eligibility criteria. Therefore, in all 333 students (345 - 12) received the aid.

A detailed account of all the Funds distributed can be provided by the Accounts Department of the College for the year 2019-2020.

Scholarships:For the year 2019-20, no amount could be distributed for this purpose on account of ongoing pandemic situation in the Country.

GANDHI STUDY CIRCLE

Gandhi Study Circle of Vivekananda College organised a One Day National Seminar on "GandhiAnd Ambedkar: Contemporary Perspective" on 31st January, 2020 at 10.00 am in Sharda Hall. The Inaugural Session started with the lightening of lamp by the chief guest and Principal Dr. Hina Nandrajog and convenor Dr. Dhanpati Devi Kashyap. Keynote address was delivered by Prof. Gopeshwar Singh (Department of Hindi, University of Delhi). Dr. Suraj Badtya was the Chief Speaker for this session

First Session started at 11.45AM. The theme of this session was "Gandhi and Ambedkar-Political and Economic Thought". The Session was addressed by the distinguished guests Dr.Ratan Lal, Dr. Satyendar Vajpayee and Shri Arun Kumar. The session was Followed by lunch at 1.15 PM.

Second Session started at 2.00 PM and continued till 3.30 PM. Theme for this session was "Gandhi and Ambedkar: Social and Literary Perspective". The main Representatives during the session were Prof. Kumud Sharma, Dr. Anshu Srivastava and Dr. Balraj Sihmar.

GARDEN & ENVIRONMENT COMMITTEE

- For the regular gardening activities and maintenance of green cover, purchasing of garden related tools such as khurpi and fawra has been done.
- To provide nutrient to flora of college garden, purchase of urea has been done.
- Repairing of rickshaw has been completed to facilitate movement of garden related material from one part to other.
- For the proper water supply in the garden, repairing work of underground water pipe has been completed.
- Purchasing of flower plants has been done for the beautification of the college campus.
- Name plates for the selected trees of college garden have been made for better understanding and make everyone familiar.
- For the proper numbering of trees in the college campus, purchasing of paint /samosm has been done.
- Purchasing of iron flower pot stand for the beautification of college campus is under process
- Purchasing of herbal plants for better understanding about their medicinal value, is under process
- Several meetings have been conducted with eco club students to allocate them work

related to green audit of the college campus

GRIEVANCE REDRESSAL COMMITTEE

Aims and Objectives of the Committee:

To develop a responsive and accountable attitude among all the stakeholders in order to maintain a harmonious and congenial work and academic environment in the college. To efficiently redress grievances of students related to academic matters such as attendance, assessment and student support services.

Work Carried Out:

Number of meetings held during the reporting period: 13 (May 2019: 02, August 2019: 1, September 2019: 01, December 2019: 2, Jan 2020: 2, Feb 2020: 5 meetings)

Grievances resolved: All received

The committee worked in accordance with the guidelines mentioned above. Student related grievances received during the reporting period were discussed during the meetings of the committee. One Grievance (non-student) was taken up as an additional duty by the committee upon request by authorities. Decisions taken by the members were communicated to the head of the institution. No grievances received w.e.f April 2020.

HEALTH & WELNESS COMMITTEE

Taking forward the Government of India's initiative of "Poshan Maha Abhiyan", Health & Wellness Committee of Vivekananda College organized a 3-day Anemia Camp for all batches of college students in the month of September, 2019 from 25th to 27th. A team of well-experienced doctors and support staff from GTB Hospital, Nand Nagri, Delhi was present all the three days from 10 am to 4 pm along with the committee members in the foyer of the Big Auditorium. More than 1300 students were tested for anemia on all three days. To ensure smooth-functioning of the camp and better coordination, all the college batches had been assigned specific dates for testing. On 25th September, all first year students were screened for anemia. On 26th September, all second year students were tested for the same, and on 27th September, all third year students as well as teaching and non-teaching staff were asked to come for the testing.

Students were not only tested for anemia but also given expert medical advice and suggested ways to keep anemia at bay. Some students who were found anemic upon testing were prescribed medicines containing iron and folic acid (IFA) and asked to follow a healthy and nutrient-rich diet.

Anemia is a condition in which a person has an insufficient number of red blood cells or quantity of haemoglobin, which reduces the capacity of their blood to carry oxygen. Normal haemoglobin for women is 12 gram per decilitre (g/dL) and men 13 g/dL.

Ever since the global pandemic surfaced in the form of novel-Coronavirus and colleges and universities were shut to prevent spread and promote safety of students and teachers alike, Health & Wellness Committee made available counseling to every student in such stressful times. Students are counseled on a regular basis to keep a healthy routine and follow Covid-19 guidelines.

INTERNAL COMPLAINTS COMMITTEE

- No case of sexual harassment was filed in the period July 2019-Nov. 2019. Hence, no meeting was held.
- 2. No activity was done regarding awareness about sexual harassment amongst the students.

INTERNAL QUALITY ASSURANCE CELL COMMITTEE

 Workshop on New Pension Scheme was held on February 20, 2020. The session was addressed by Mr. Kapadia and Mr Rahul Goyal of NSDL. College Faculty and Non-Teaching staff attended the two hour workshop at the end of which participation certificates were given to the participants. Members of the Accounts department and Non-Teaching personnel from JDMC, Hindu College, Hansraj College and PGDAV College also attended the workshop. The workshop was about the voluntary adoption of the NPS Scheme, which replaced the GPF and OPS (Old Pension Scheme). The NPS has become mandatory for new recruits of the Central Government since January 2004. Salient Features of NPS are that it includes all citizens from the age of 18 years to 65 years. It is a unique and a portable Permanent Retirement Account Number (PRAN) is issued to every account holder. There is option of Pension and an Investment Account and provision of Partial Withdrawal. The scheme also has a Flexible Exit Option and tax benefits under 80CCE and 80 CCCD(1B) are offered.

2. A webinar on "Bird Watching in India: Balcony to Bush" was organized by IQAC of Vivekananda College on May 17, 2020, from 3:00 P.M to 4:00 P.M. The webinar commenced with a welcome note by Dr. Hina Nandrajog, the Officiating Principal of Vivekananda College. The speaker for the event was Dr. Asani Bhaduri, Assistant Professor at the Cluster Innovation Centre, Delhi University. Dr. Bhaduri is a wildlife enthusiast and a birder and is actively concerned with the issues of environment.

NSS ASSISTANCE

- 1. The NSS Group of Vivekananda College organized various activities during the months from July to Dec 2019.
- To spread awareness among students and teachers about Water Conservation, NSS Volunteers organized a power point presentation on 26th July 2019 on this theme.
- 3. Under the Swachhta Pakhwara programme, a campaign to clean the college premises was organized from 2nd August to 14th August, in which the whole college premise was divided into some parts and each part was cleaned by the volunteers. On 13th Aug 2019, NSS volunteers took out a rally in the college and the Jhilmil Colony for cleanliness campaign. On 14th Aug 2019, Swachhta Shapath (Oath) was taken and principal of the college addressed NSS Volunteers regarding swachhta and discussed future plans of sustaining cleanliness in the college premises.
- 4. Our some volunteers participated in launching the Fit India Movement at Indira Gandhi Stadium Complex on National Sport Day, 29th August, 2019.
- 5. In the collaboration with Delhi Public library, a speech competition was organized successfullyon the topic "Cleanliness is the ultimate key for advancement of society and nation" on 13th September 2019. Main goal of this competition was to spread awareness among students about Cleanliness and its importance in our life.

- 6. A seven day campaign was organized from 17th Sep 23th Sep, 2019 to make aware about Electors Verification, in which the volunteers did their job efficiently not only by showing poster/pamphlets but also by power point presentation. The main motive was to make "everyone exercises their rights to vote."
- 7. On the occasion of NSS day, 24th Sep 2019, a rally had been taken out in Jhilmil Colony near to college under the "Swachhata Hi Seva" campaign. The main aim of the rally was to spread awareness about cleanliness and plastic waste.
- 8. In order to generate awareness onnot to use 'Single Use Plastic', on 3rd Oct 2019, NSS unit organized a slogan writing activity in which not only NSS volunteers but other students also participated and then these slogans were displayed on a wall of the college to motivate other students. Besides it, under IEC campaign on 'Plastic Waste Management' volunteers collected plastic waste from college campus and nearby area of college and motivated students and other people for not using plastic bags, bottles, thermocole plates, spoons, plastic glasses etc.
- 9. We had taken out a rally on 4th Oct 2019 in Jhilmil Colony near to college to spread awareness about Plastic waste. There Volunteers did door to door campaign and tried to convince them not to use 'Single Use Plastic'.
- 10. In celebration of 150th Birth anniversary of Mahatma Gandhi, a blood donation camp was organized by us in collaboration with Lions Blood Bank in Vivekananda College premises. Students and teachers from different departments came to donate blood for good cause.
- 11. 'Rashtriya Ekta Diwas (National Unity Day)' was observed on 31 October and 1st November, as an annual commemoration of Sardar Patel. Few activities were conducted in accordance with 'National Unity Day'. On 31st October 2019, the day was kick-started by National Unity Day Pledge being taken by all NSS Volunteers in an open ground in the college premises. NSS pledged to preserve the unity, integrity and the security of nation and to make sure to make own contributions to ensure internal security of the country. Afterwards, Unity Run by NSS volunteers was conducted. On 1st November 2019, lectures by students were conducted on 'National Unity and then students in the audience exchanged views on the same. After that, an enriching discussion was conducted on 'Thoughts of Sardar Vallabhai Patel-the Iron Man of India'.
- 12. In order to celebrate International white cane day for the blind, Indian Association for the Blind sent some flags to college which were sold by our Volunteers to create

awareness about the potential and problems of the visually challenged people and money were sent to IAB trust.

- 13. Corona Virus is a communicable disease and has resulted in pandemic all over the world. Hon'ble Prime Minister has urged that the citizens of India to stay inside the house and self-isolate themselves. In his address on 19 March 2020, he has also urged upon all youth organizers including NSS to propagate awareness and precautions for COVID-19.
- 14. The NSS Volunteers of Vivekananda College has been creating awareness of COVID-19 from Second week of March 2020 till 15 May 2020 through various means like putting status and post regarding COVID-19 time to time on NSS volunteers' own individual social media platform so that awareness can be created at a larger level. NSS volunteers have made their own personal videos and animated videos urging people to follow the lockdown, to stay inside the house, to spread reliable and authentic knowledge and to make sure people don't panic. They made posters, rap songs, poems etc. to spread awareness. The main motto is to 'Stay at home, stay safe and stay healthy'. They have been trying to listen to people who are near them if necessary and to give support. NSS Volunteers had also created awareness of the days where our Prime Minister had given task to us to bring unity among all of the citizens of India like Janta Curfew and Diya lighting. Few students had also distributed food to the people who needed them at this time of crisis where all the people are affected because of COVID-19.
- 15. Volunteers had also urged people to follow the request of PM MODI JI to switch off every electronic point and to spread light with diya, flash light of phone, by burning candles at 9 pm for 9 minutes on 5 April 2020.
- 16. Arogya Setu App was downloaded by all the NSS Volunteers and the messages were spread about the same through different social media and their near one like relatives, parents, neighbours etc. The importance of the app was also told and the reason behind this initiative by the Central Government. Diksha app was also downloaded and all NSS volunteers registered at iGOT website where they started with training program and other modules like health education for Home Quarantine, COVID myths and facts, discharge of COVID 19 patient, Module Making and cleaning of Homemade Masks etc. NSS volunteers completed the course of 'Basic of COVID-19' on Diksha app and got the certificate for the same.

- 17. NSS volunteers made videos for 'How to make Homemade Masks' so as to create awareness and make it easy for people to make masks at home. NSS volunteers along with the Research and Innovation Club of College were involved in a survey.
- 18. From 2 June, NSS volunteers are spreading awareness about 'Unlock-1' with the help of pictures and videos through their social media handles on daily basis and information is being sent to NSS centre daily about 'Total Number of NSS Volunteers launched awareness campaign' and 'Total Number of People made aware by NSS Volunteers'. Around 30 NSS Volunteers have been spreading awareness.
- 19. Overall, NSS volunteers have been spreading awareness about COVID-19 and it's precautions through social media, posters, videos etc. on a daily basis.

PLACEMENT & CAREER GUIDANCE

- 1. The Placement committee organised an Interactive Seminar on 'Navigating towards IAS' by Ruchika Bharadwaj on 28th September at Sharda Hall between 2.30 3.30. The speaker discussed the several rounds of examinations/ interviews that an IAS aspirant faces, focusing briefly on how to prepare for each such segment and also addressed a number of related queries of the students.
- 2. The committee also organized a lecture by TIMES on 16th January for preparing students for group discussion and interviews towards seeking jobs. The experts shared with students several useful points and tips, using which they could easily enhance their performance.
- 3. The Placement committee has also received internship requests from some companies. As per their feasibility, these mails have been forwarded to the CR group of II and III year students. We have made this group for forwarding information related to internship and placement. The students selected for the internships are required to keep the committee members updated about their internship.
- 4. The committee has also been working towards placements of III year students by contacting companies such as GENPACT, ISA Global.
- 5. The Placement and Career Guidance committee invited the Genpact company for on campus recruitment of third year students on 12th February, '20. 54 students appeared for the same. They were of different streams such as Commerce Hons. and Prog, B A Prog. Political Science Hons. and Sanskrit Hons. The recruitment drive consisted of three levels first, audio testing, which was done by some students independently and the rest were tested in college. These then appeared for group discussion. 45 students successfully cleared this level. The next level was that of interview. A total of 24 students cleared this level and were offered joining. Students were also encouraged to participate in the off campus placement and internship fairs such as the ones conducted

by Delhi Technological University, ARSD college. Three students attended the Annual Job and Internship Fair at ARSD.

PUBLICATION COMMITTEE

- 1. Publication committee prepared layout of a pamphlet highlighting the college infrastructure, facilties, achievements, courses to commemorate the Golden Jubilee year of our college. The pamphlet also highlights the college activities that took place in the entire Golden Jubilee year.
- Like previous years, Publication Committee is collaborating with student volunteers for ISHA-2019. Right from content collection, selection, editing and designing the students are part of the entire process. This initiative exposes student volunteers to the administrative and production management of the college magazine.
- 3. Publication Committee –Student volunteer collaboration also helps in identifying content management skills of various students which would be assets for the college in future endeavours and would also be an added skill on their CVs.

SOCIAL OUTREACH & COMMUNITY DEVELOPMENT

The Social Outreach Committee has two main Groups of students working in it. One is associated with Delhi Legal State Authority (DLSA) and the other with an NGO called Slum Swaraj Foundation (SSF).

ACTIVITIES	DATE
Walk Around The Slum Area	30/08/2019
Health Camp-Cum-Legal Awareness Programme	13/09/2019
Rally On 'Beat The Plastic'	20/09/2019
Aadhar Card Installation	27/09/2019
Door-To-Door Campaign	08/11/2019
Awareness On Coronavirus	06/02/2020

A summary of activities conducted in collaboration with DLSA is as below:

A summary of activities conducted in collaboration with Slum Swaraj Foundation (summary)

VNC team with Slum Swaraj Foundation is as below:

This team is responsible for primarily conducting regular educational camps for the slum children in JhilMil Colony. The camp commenced on 20th of August 2019 with 100+ registered members of college and 50+ slum children. The classes are running continuously (Except Saturday Sunday and College Exam Break) from August 21st 2019 to March 2020.

Details of the Educational Camps:

Location of Camp: Jhilmil Colony

Dates and timings of Camp: Started on 20th of August till March 2020 (closed during Saturday, Sundays, Preparatory leave and holidays) One hour everyday (except Saturday and Sunday) between 3.30 to 4.30

Objective of the Camp: The main objective of Team VNC and Slum Swaraj Foundation is to bring awareness among the children, open avenues of opportunities along with self-development and reduce inter-generational academic poverty.

Membership of College Students enrolled for taking the classes at the camp: Total: 107 College Students

- 20 College students on Monday,
- 29 students on Tuesday,
- 20 Students on Wednesday,
- 16 students on Thursday, and
- 22 students on Friday

Membership of Slum Children Enrolled for the educational classes: Now over 50 children study at the camp regularly.

Social Media

https://www.facebook.com/SlumSwarajngo/posts/1644585275672521 http://slumswarajfoundation.com/

https://viewpico.com/media/B2MtFbSjuJw/

The work was appreciated by the well known newspaper Dainik Jagran and it was highlighted in their article of 6th October, 2019.

SPORTS

Sports contribute to the empowerment of women and the young people, individuals and communities as well as health, education, and social inclusion objectives. Sports activities must constantly rediscover their true ideal, which is to build character that is marked by tolerance and generosity towards others.

The college sports players have participated and won laurels in the following games and sports:

Hockey

The hockey team participated in quite a number of inter-college tournaments:

- 1. Was placed 2nd in 1st Janki Devi Cup Diamond Jubilee tournament
- Was placed 4th in inter-college hockey tournament organized by Delhi University Sports Council
- 3. The hockey team participated in the following open tournaments:
- Rajiv Gandhi Memorial Hockey tournament
 - Delhi State Senior Women Hockey championship
 - Bharti Cup, organized by Bharti College, Delhi University
 - S.G.T.B Khalsa Cup Hockey tournament, organized by S.G.T.B Khalsa College, Delhi University
 - Khelo India Delhi Hockey Weekend Series, organized by Delhi State Hockey Association, Delhi
 - 9th Padma Shree Shyamlal Institutional Hockey Tournament, organized by Shyamlal College, Delhi University

The players who represented the above tournaments were – Prerna Tyagi, Versha, Reena, Minakshi Tyagi, Vashali Tyagi, Kanchan, Sudha, Prachi, Sujata, Tannu, Kiranjot, Payal Chauhan, Shweta Bhati, Meenu, Divya Rawat, and Bhavna

7 players - Prerna Tyagi, Vashali, Sudha, Shweta Bhati, Versha, Sujata, and Bhavana were selected for the Delhi State Senior Women Hockey Camps, held at National Stadium 3 players – Prerna, Sudha, and Shweta Bhati - were selected to represent Delhi State Senior Women's Hockey competition, held at Kerala

Meenu and Kiranjot played zonal competition, and secured 3rd place in Delhi State Junior Women Hockey tournament, held at National Stadium, Delhi

Net Ball

The college Net Ball team was placed 4th in the intercollege Net Ball tournament, organized by Delhi University Sports Council, in Multipurpose Hall, Delhi University. The players were – Bharti, Disha, Aditi, Sapna, Malvi, Sejal, Namami, Khushboo, Shagun, and Nancy

Bharti was selected to represent Delhi University in All India Inter-University Competition, held at Annamalai University, Tamil Nadu

Disha Yadav and Aditi Vashishtha were selected to represent Uttar Pradesh state to participate in 37th Senior National Net Ball Championship, held at Punjab Anandpur Sahib

Disha Yadav and Bharti Sharma also represented UP state in 13th Central Zone National Net Ball Championship, held at Bhillai, Chhattisgarh

Archery

The college Archery team was placed 2ndin the compound team event inter-college tournament, held at Hansraj College, Delhi University. The players were Riya Dagar, Pooja, and Ishta

The college Archery team participated in Delhi State Archery Championship, Delhi

Tejaswani Rawat won Gold medal in Recurve event, Pooja Yadav won Silver medal in compound event, Riya Dagar won Gold medal in compound event, sub-junior, and junior category

Ishta won Silver medal and Bronze medal in Delhi State mix category in compound event

Riya Dagar and Pooja won Silver medal in Delhi State Senior Archery competition, in compound event

Tejaswani represented Delhi state in Junior National held in Bhopal. She was selected to give trials for Khelo India Youth Games, 2019, held at Sonipat

Tejaswani won Gold medal in Delhi state, in Recurve Round Archery Championship

Since the onset of the Covid-19 pandemic has spread almost all countries of the world, social and physical distancing measures, lockdown of educational institutions and overall social life, which have to curtail the spread of disease have also disrupted many regular aspects of life, including sports and physical activity, hence we were not able to organize Sports Day for the year 2019 - 2020.

STUDENT UNION & CULTURAL ADVISORY COMMITTEE

An essay writing competition on the topic "Integrity-A way of of life" was organized by "Ehsaas", the Creative Writing Society of Vivekananda College in collaboration with LIC India on 1st November 2019.

The following is an account of the activities of the different societies from January 2020. The Students' Union and the Cultural Committee (Aritra) worked in tandem and in complete harmony of spirit to create an atmosphere of vibrant culture in the College. Aritra Central Coordinator: Prachi Goel BA (P) 3rd Year

Teacher Convenor: Mrs Ranjana Mitra

Teachers (Overall coordination): Dr Renu Sahni, Mrs Vinay Trehan, Dr Veena Jain

AAROHI (Music Society)

Student Coordinators: Rajnandini B.Com (H) 2nd Yr; Nikita Sharma B.A. (P) 2nd Yr

Teacher Convenors: Dr Neeta Mathur, Dr Gargi Sengupta

An Intra-College Music competition was organised on the 14th of January 2020. The following students won prizes:

Simran Kaur B.A. (P) 1st Yr: 1st Prize

Navroop Kaur B.Com (H) 1st Yr: 2nd Prize

Nisha Gehlot Hindi (H) 3rd Yr: 3rd Prize

Though Inter-College competitions had to be cancelled due to the Lockdown, students uploaded their music videos on YouTube in an exchange of talents among themselves and students of other colleges.

ALLURING DAZZLERS (Fashion Society)

Student Coordinator: Bhumika Mahato English (H) 2nd Yr

Teacher Convenor: Mrs Muskan

A workshop was organised on 12th February 2020, by the senior students of the Society, along with their teacher convenor, for new entrants to the Society. Th Mrs Kavita() was engaged to train the students for competitions. The team participated in the following Inter-College events:

22nd February - BULMIM 4th March – Deshbandhu College 5th March – SPM College

ASPIRING INTELLECTS (Debate Society)

Student Coordinator : Ishti

Teacher Coordinator: Dr Veena Jain

The students of the Society participated in the following activities:

Intra-College :

24th January – Speech Competition

28th January -Bilingual Declamation contest on 'Patriarchy'

Inter-College:

24th February – Mata Sundri College

2nd March- Law Centre (Faculty of Law)

BUNIYAAD (Street Theatre Society)

Student Coordinator : Priyanshi Vikram BA(P) 3rd Yr

Teacher Convenor : Mr Abhishek Bhaskar

Trainer: Mr Amit Tiwari (Scripted and directed play *Bablu the Painter* for the students)

Full Performances

11th February – National School of Drama

12th February – Rukmani Devi Institute of Advanced Studies

14th February – NOIDA Rang Mahotsav

15th February – Bennett University

22nd February – ADAKARI

22nd February – BLUMIM

24th February – Bharati Mahila College (Hindi Fest)

28th February – Krishna Engineering College

- 28th February GIBS
- 29th February National Institute of Fashion Technology
- 1st March MANTHAN
- 2nd March Motilal Nehru College (E)
- 3rd March SBS NSS
- 4th March AID
- 5th March MADARI
- 6th March Udaan & Swami Shradhanand College

PRELIMS

- 18th February Motilal Nehru College (E)
- 20th February PGDAV College (E)
- 2nd March SSC
- 5th March St. Stephen's College

CLICK O MANIA (Photography Society)

Student Coordinator: Tanuja Tomar History (H) 3rd Year

Consultant Teacher: Mr Amit Kumar (Eng Dept)

Intra-College

20th February – Online contest

Covered all major functions held in the College

Inter-College

6th January – Maharaja Surajmal Group of Institutions

During the Lockdown period, the Society ran an online Photography Contest on the experience of living under lockdown. The following prizes were announced:

Harshita Choudhary–B Com (P) 2nd Year: 1st Prize

Eashita Pandey – BA (P) 1st Year: 2nd Prize

Mansi Panwar- BA (P) 1st Year: 3rd Prize

EHSAAS (Creative Writing Society)

The matter of coordinator remained undecided and finally it was agreed that English and Hindi would be made into two segments, each having its own student coordinator. The Hindi segment was looked after by Nisha Gehlaut Hindi (H) 3rd Year.

Teacher Convenor: Dr Vivek Chaudhary

During the Lockdown, the Society ran a poetry competition on poems composed in isolation. All were original entries not published earlier. Prizes were announced for the following:

Nisha Gehlaut- Hindi (H) 3rd Year: 1st Prize

Geeta – Hindi (H) 3rd Year: 2nd Prize

Khushboo – BA (P) 2nd Year: 3rd Prize

Sakshi Chib – English (H) 2nd Year

KALAKRITI (Art & Crafts Society)

Student Coordinator: Reshma BA (P) 3rd Year

Consultant Teacher: Dr Shahnaz Begum (History Dept)

Students of the Society have contributed to all functions of the College through their decorations.

1st January: Decoration for Inauguration of New Hockey Field

13-15 February: Decorations during the three day International Peace Conference.

4thMarch :Exhibition at SPM College.

The newly formed 'Sketching & Drawing' segment of the Society ran an online competition on 'Lockdown'. Prizes were announced to the following:

Zeenat English (H) 2nd Year – 1st Prize

Riya Chauhan History (H) 2nd Year- 2nd Prize

Annanya Kakkar Pol Sc (H) 2nd Year & Sunidhi B Com (H) 2nd Year -3rd Prize

NRITYAM (Classical Dance Society)

Student Coordinator: Megha Sharma App Psychology 3rd Year

Teacher Convenor: Dr Ritu Saluja

1st January: Dance performance during Inauguration of New Hockey Field

21st January: Intra-Class Solo Dance Competition

Megha Sharma uploaded her dance performances on YouTube during the lockdown period.

THIRKAAN (Folk Dance Society)

Student Coordinator :Chanchal Hindi(H) 3rd Year

Teacher Convenor: Dr Dhanpati Kashyap

Auditions were held on 20th January to induct new students in to the Society

Participation outside College:

20th February: Old age Home

22nd February: BVB Mehta Vidyalaya

24th February: Mata Sundari College

27th February: Venkateshwara College

28th February: PGDAV College

1st March: JIIT

4th March: SPM College

5th March: Udaan

6th March: Swami Shraddhanand College

VIVACIOUS (Western Dance Society)

Student Coordinator: Shivi B Com (H) 3rd Year

Teacher Convenor: Mrs Timsi Bhatiya

Events held in the College:

18th February: Workshop

17th February to 29th February: Morning workout sessions

Outside participation:

18th January: LSR

27th January: Gargi College

28th January: Zakir Hussain College

30th January to 3rd February: LNMIIT Fest

7th February: Satyam Institute

8th February: Shiv Nader University

11th February: Lady Irwin College

13th February: Venkateshwara College

22nd February: ISBF

27th February: JIIMS

28th February: ITS

4th March: Mary Institute

Note: Some of the Societies could not hold their activities due to the lockdown following the COVID-19 threat. The annual festival 'Pallavi'' could not take place due to the same reason.

The Students' Union organised a one and a half month course on Taekwondo. It was conducted by Mr Ashu Gupta of Bhartiyam.

In February 250 students were taken to the Suraj Kund Mela. The trip was partly funded by the Union.

From the 5th to the 9th March a trip was organised to Kullu Manali, Manikaran. Most students experienced their first snowfall on the trip.

VIVEKANANDA COMMITTEE

Vivekananda Committee (Academic Year 2019-20) under the convenorship of Dr. NaliniGandhi Kapoor and members Dr. Sunil Verma, Dr. Kamini Taneja, Dr. Dilip Jiaswal and Dr.Seema Sharma conducted different competitions for the students. The committee in itselfbelieves in the ideology of Swami Vivekananda :"Arise! Awake! And stop not till the goal isreached!"

Following are the activities organized by Vivekananda Committee for the period (**July 2019 -December2019**)

1.Extempore competition held on 13 Aug 2019 Theme- Thoughts and ideas of Swami Vivekananda

Inter-college Declamation contest organized on 6 Sept 2019
Topic- Views on Swami Vivekananda's Chicago Address

3.Swami Vivekananda's birth anniversary was celeberated on 9th Jan2020 .On this day Vivekananda committee invited Pravrajika Divyanandapranaji from Sharda mission to deliver a talk on the theme Swami Vivekananda's message to the Youth of India . Poster making competition was also organized on the theme Unity in Diversity. Following were the results of the competition:

- First position Tejaswini Sanskrit Hons First Yr.
- Second position Anshika Thakran History Hons First Yr.
- Third position Sankhipta Barik Bcom Prog.Second Yr.
- Consolation Prize Khushboo Garg BA Prog. First Year

4. Student Webinar was organized by Vivekananda Committee on 1st May 2020 at 3:00 pm - 4:00 pm

Title- Narendranath to Swami Vivekananda: key messages of transformation.

Speaker- Dr. Nityanananda Agasti Asst.Prof. Dept. of Chemistry,Deen Dayal Upadhyaya College ,University of Delhi.

WOMENT DEVELOPMENT CELL

Lecture on Women Legal Rights

The Women Development Cell Organized a lecture/talk as on 6th February 2019 at 11:15 AM in the Sharda Hall. The lecture was on "Women Legal Rights" for which the committee invited a Supreme Court lawyer named Ms Pyoli Swatija who is a woman right activitist and advocate in the Supreme Court of India. The lecture gave the students a brief introduction to what all rights women have. The topics covered were in relation to Marriage Act, Special Marriage Act, sexual harassment at workplace, etc.

Cultural Performances on International Women Day

A cultural program was organized by the WDC committee on the occasion of International women's day as on 8th March, 2019 at 11 AM in the Sharda Hall of the college. The program was filled with the performances prepared & presented by the students such as Indian classical and folk dances. The students depicted parts from Indian mythological drama Ramayan, folk dance of communities, Indian classical dance and more of such performances based on stories from classic Indian literature were performed.

The students not only learned from the performances but also appreciated the craft by fellow students. The event was attended by faculty members of various departments.

WDC was supposed to hold an annual event celebrating International women's day on 2nd March 2020. The venue was decided to be the small auditorium at 11.30 A.M. The approval for the same was also obtained from the college. However, due to some unavoidable reasons the students were not able to prepare for the program. Hence, the college was informed and the program got postponed to be held after the mid-term break but since the college was closed after mid-term break amid coronavirus outbreak, the program was postponed for a further date.

WORKLOAD & TIME TABLE COMMITTEE

- The Committee has calculated the workload of the past two semesters and has made timetables of the academic year 2019-20, accordingly. The norms regarding GE and DSE subject options were also laid down and suggested teacher student ratio to make/retain SEC sections accordingly. The Committee has also helped in assessing the workload for OBC II tranche and EWS workload as required by UGC and DU.
- It is noted that three courses have been approved by the University to be opened in our college, viz. Home Science Honours, Environmental Science Honours and Physical Education but their financial implications were not clear. The committee recommends that the process for opening the other two courses may also be initiated as is done for Home Science. The FT Department has been requested to share with the Committee the Three Year Workload of Home Sc. Hons. Course.
- The committee once again recommended that due to increase in student strength due to EWS expansion another subject in B. A. Prog. may be opened. This could be Physical Education. This would also avoid increases in subjects like History and Political Science which would be difficult to handle.
- Time table slots have already been sent to TICs online along-with the proforma for making time tables with the note that all classes will be held online due to the impending COVID 19 pandemic situation.

• After going through workloads submitted by departments, the Work Load and Time Table Committee unanimously recommended that the vacancies should be filled for the coming semester.

WEBSITE COMMITTEE

Website Committee looked into recommendations regarding making the website more dynamic with provision of live streaming of college events.

1. Provision for uploading of college event videos were also considered to give new dynamic look to the college website.

Achievements:

- New look, much lighter and user-friendly website is up and working.
- All the webpages, academic content and college photos are updated.

International Conference

On

Prespectives on Peace and Sustainable Development in a World of Conflict



A 3-Day International Conference on 'Perspectives on Peace and SustainableDevelopment in a World of Conflict' was organized by Vivekananda College between the 13-15 February 2020 as part of their Golden Jubilee celebrations. The sponsors of the peace conference were ICSSR and ONGC.The aim of this interdisciplinary conference was to provide a forum to interrogate the notion of conflict from multipleperspectives of not only peace and disarmament studies but also those encompassing the fault lines persistentin society ranging from gender, class, race, caste, ethnicity, religion, geo-political locations and sexualities. The Advisory panel consisted of Prof.GirishwarMisra(Eminient Psychologist, Former V.C, Mahatma Gandhi AntarrashtriyaHindi Vishwavidyalaya, Wardha), Prof. N. R. Farooqi (Eminent historian, Former V.C, University of Allahabad,Allahabad) and Prof. Anjali Roy Gera(Dept, of Humanities &Social Sciences, IIT(Kharagpur).

Patron of the conference was the Offg. Principal,Dr.HinaNandrajog. The convenor of the conference was Dr. Vanita Sondhi and the organizing Committee members included Dr. Anita Kant, Dr. Salma Seth, Dr.Shivantika Sharad, Dr. Sunil K. Verma, Dr. Sandhya Sharma, Dr.Saif R. Farooqi, Ms. AnchalaPaliwal, Mr. Abhishek Bhaskar and Dr. Gargi Sengupta.

Inaugural Session

Nobel Peace Laureate Mr.Kailash Satyarthi kindly consented to be the Chief Guest and deliverthe keynote address in the inaugural session on the 13th February.The documentary film 'The Price of Free' based on his life was screened.Mr. Kailash Satyarthi highlighted child labour as a human rights issueand the immense potential of the youth on truly transforming the world. It was a great interactive session and was much appreciated.

Day 1

The inaugural session was followed by lectures of eminent personalities in the field including that of Prof. Priyankar Upadhyaya(UNESCO Chair for Peace at Banaras HinduUniversity; Global Fellow, Peace Research InstituteOslo; served as the ICCR Chair of Indian Studies atDublin City University), Dr. Mala Dutt(Additional Secretary and Financial Advisor,Ministry of Defence, Govt. of India) and Mr. Brian AycockAcademic Project Coordinator of The InternationalAcademic Forum (Japan).

Day 2

The second day of the conference also included lectures by some very illustrious and distinguished scholars from diverse fields. Amongst the distinguished professorswere Prof. Mahesh Rangarajan(Head of Dept. of History; Professor of History andEnvironmental Studies, Ashoka University), Prof. N. R. Farooqi(Eminent Historian; Former VC, University ofAllahabad, Allahabad), Prof. Anjali Roy Gera(Professor of Language, Literature and CultureStudies; Dept. of Humanities and Social Sciences,IIT, Kharagpur), and Prof. Nandi Bhatia(Professor, English department and currentlyAssociate Dean - Research in The Faculty of Arts andHumanities, University of Western Ontario).Another equally illustrious speaker wasMr. Anil Padmanabhan who is the Managing Editor, (Mint).Other eminent speakers were

Dr.Avdesh Sharma.(Well-Being Psychiatrist)and Dr. Sujatha Sharma(Consultant Clinical Psychologist). The day ended with 'Shaam-e-Sukoon' a melodious Sufievening enjoyed especially by the students.

Day 3

A very interactive and appreciated panel discussions took place on the last day of the conference i.e. 15th February. The highly acclaimed panelists included Prof. AshisNandy(Internationally acclaimed Psychologist andSociologist; Honorary Fellow, CSDS; National FellowICSSR-2002-04), Prof. GirishwarMisra and Prof. Y. S. Alone(Professor in Visual Studies, School of Arts andAesthetics, JNU, New Delhi; nominated as ICCRChair; Visiting Professor in Shenzhen University, China). A Workshop on 'Inner peace and confict' was facilitated by Ms. Manju Jain who has been trained in the areas of Psychodrama and ExpressiveArts.

Scientifics sessions

The response to our call for papers was overwhelming. A total of 85 papers were finally accepted and the delegates presented their research papers on 17 themes of the seminarduring the five scientific sessions. The paper presenters represented different fields including History, Political Science, Sanskrit, English, Hindi, Psychology, Geography, Economics and Education.

Valedictory Session

The conference ended with the valedictory session where the Offg. PrincipalDr HinaNandrajog presented the certificates to all the paper presenters. At the end, the vote of thanks was proposed by Dr.Anita Kant, senior member of the organizing committee of the conference and staff council secretary of the college.

Vivekananda College Library



Library fact sheet:

- Established: 1970
- No of books: 64946; Cds: 346
- Journals: 16
- Magazine: 22
- Newspaper: 10
- Seating capacity: 180
- Braille books: 186
- Hellen keller section for visually challenged students
- Member of DELNET, Inflibnet, UGC infonet services.
- Separate library website, Smart I-Card for students.
- 'URKUND' software for plagiarism.

Serial No	Titleof the Webinar	Department/Committee	Date
1	COVID-19 and Economy: Impact, Challenges and Way Forward	Economics	22/04/2020
2	Fear and Change during a Pandemic: Discussion on the Healing Powers of Literature and Cinema	English	30/04/2020
3	Narendranath to Swami Vivekananda: Key Messages of Transformation	Vivekananda Committee	1/05/2020
4	Menstrual Hygiene and Cervical Cancer Awareness	Social Outreach and Community Development Committee	4/05/2020
5	Socio- Psychological Effects of COVID-19	Applied Psychology	5/05/2020
6	: COVID-19: Impact on Digital India	Computer Science	6/05/2020
7	Idea of Care and Civil Society in Ambedkerian Discourse	Ambedkar and Social Justice Committee	8/05/2020
8	Katha Pataktha	Hindi	09/05/2020
9	Stress Management in the Bhagvad Gita during COVID-19	Sanskrit	13/05/2020
10	Samvad - Sitar: A Versatile Instrument. (Interactive live discussion)	Music	14/05/2020
11	The Pandemic and the Great Indian Labour Migration	Political Science	15/05/2020
12	Bird Watching in India: Balcony to Bush	IQAC	17/05/2020
13	An Insight into Online Teaching- Learning and the Journey of Zero.	Mathematics	18/05/2020
14	Ritikaal: Ek naveen drishti	Hindi	18/05/2020
15	Occpational New Possibilities in Indian Music	Music	30/05/2020

List of Webinars Organized During Lockdown:

Glimpses of Events Organized During Lockdown:





Award Winning Creations:











