



**विवेकानन्द कॉलेज**  
**VIVEKANANDA COLLEGE**

**(दिल्ली विश्वविद्यालय)**  
**(UNIVERSITY OF DELHI)**

**विवेक विहार, दिल्ली-110095**  
**VIVEK VIHAR, DELHI-110095**

**GRADE 'A' ACCREDITED By NAAC**

**VIVEKANANDA COLLEGE**

**UNIVERSITY OF DELHI**

**SUPPORTING DOCUMENTS FOR 7.3.1**

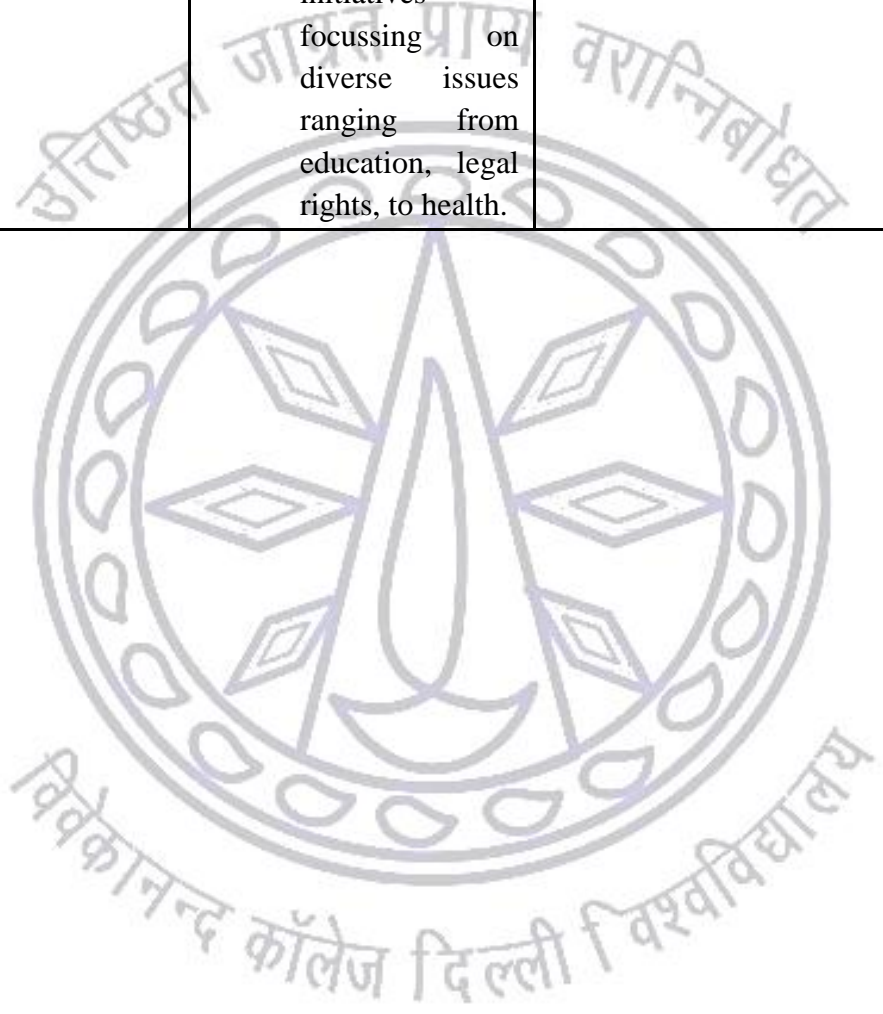
<b>S. No.</b>	<b>Name of the Activity/Support</b>	<b>Proof of the Activity/Support</b>	<b>Page No.</b>
<b>1</b>	<b>Women's empowerment</b>	<ul style="list-style-type: none"> <li>Events for Women's empowerment (women are nurtured to realise their full potential and develop leadership skills)</li> </ul>	<ul style="list-style-type: none"> <li>Academic Seminar on "Constitutional Law" <b>6</b></li> <li>Career Opportunities in Economics <b>8</b></li> <li>Be your own kakshmi <b>10</b></li> <li>How to do well in GD with one mock GD <b>11</b></li> <li>Self-Defense Programme in collaboration with Delhi Police under Shakti Abhiyan <b>13</b></li> <li>Webinar on Managing stress during tough time <b>14</b></li> </ul>

			<ul style="list-style-type: none"> <li>• Project_Shakti’ <u>16</u></li> </ul>
			<ul style="list-style-type: none"> <li>• “Swantarta” on the occasion of Netaji Subhash Chandra Bose Jayanti <u>19</u></li> </ul>
			<ul style="list-style-type: none"> <li>• NSS, Vivekananda College organized “Swantarta” on the occasion of Netaji Subhash Chandra Bose Jayanti <u>21</u></li> </ul>
			<ul style="list-style-type: none"> <li>• Mission Suraksha <u>21</u></li> </ul>
			<ul style="list-style-type: none"> <li>• Vaartalaap 2, Saheed Diwas and World No Tobacco Day <u>22</u></li> </ul>
			<ul style="list-style-type: none"> <li>• Yoga Mahaotsav <u>23</u></li> </ul>
			<ul style="list-style-type: none"> <li>• International Day against Drug Abuse and illicit trafficking <u>24</u></li> </ul>
			<ul style="list-style-type: none"> <li>• Women Development Cell celebrated International Women’s Day <u>25</u></li> </ul>
			<ul style="list-style-type: none"> <li>• Lecture on “Sexual Harassment at Workplace” <u>26</u></li> </ul>
			<ul style="list-style-type: none"> <li>• An interactive live session on “Women_Empowerment” <u>27</u></li> </ul>
			<ul style="list-style-type: none"> <li>• Webinar on ‘Shaping the Future Women_Leaders’ <u>28</u></li> </ul>
			<ul style="list-style-type: none"> <li>• Avenues For Women in Academia: A Step Towards De-stressing the Academic Distress <u>29</u></li> </ul>

			<ul style="list-style-type: none"> <li>• Women Entrepreneurs: Breaking the Gender Stereotype <a href="#">30</a></li> <li>• A virtual talk on Mahatma_Gandhi and Women Empowerment <a href="#">31</a></li> <li>• Her Healthcare: Demystifying Women's Health and Hygiene <a href="#">32</a></li> <li>• International Education Day <a href="#">34</a></li> <li>• Stop Violence Against Women: A pledge session <a href="#">36</a></li> </ul>	
		<ul style="list-style-type: none"> <li>• Distinctive Courses provide choices</li> </ul>	<ul style="list-style-type: none"> <li>• List of Courses offered by the institution <a href="#">37</a></li> </ul>	
		<ul style="list-style-type: none"> <li>• The sprawling campus spread (including acres of open space for garden and sports facilities) provides spaces for intellectual stimulation very central to women students who are able to go out of the confined spaces of their home and develop their potential</li> </ul>	<ul style="list-style-type: none"> <li>• Infrastructure and Facilities <a href="#">37</a></li> </ul>	

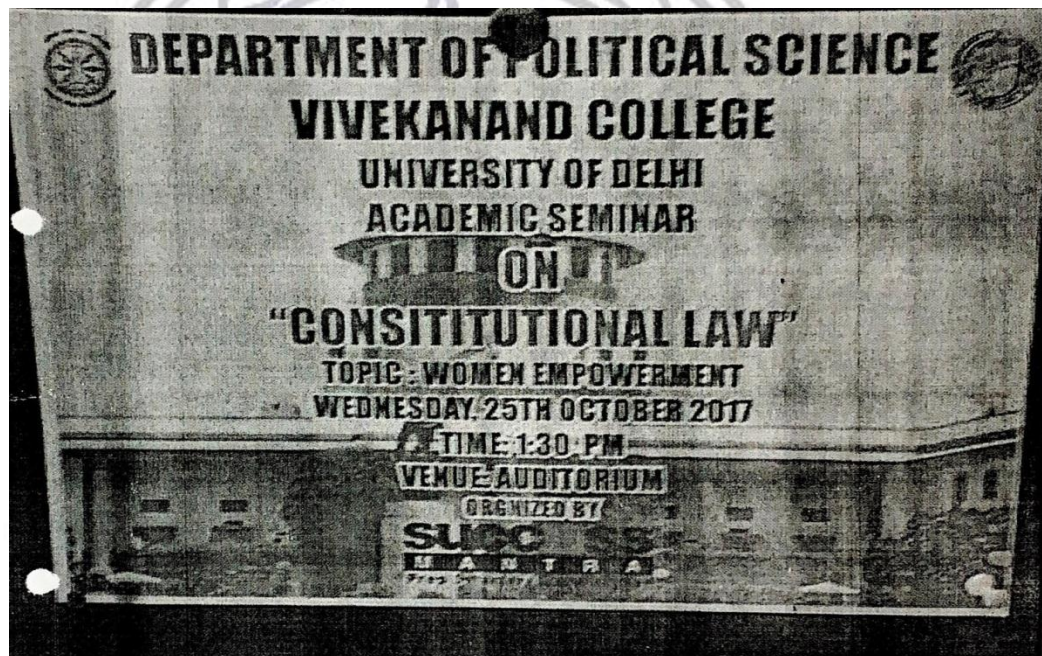
2	<b>Student Enrichment pedagogy</b>	<ul style="list-style-type: none"> <li>• Encourages students to question gender-biased attitudes, change behaviors impeding academic performance (e.g., lack of confidence and fear of speaking up in class)</li> </ul>	<ul style="list-style-type: none"> <li>• Experiential and Participative Learning</li> <li>• Project based learning and Internships</li> <li>• Extension activities</li> <li>• Students Enrichment activities</li> <li>• Magazine publications</li> <li>• Mentoring Committee</li> <li>• Enhancing learning experiences using ICT tools</li> <li>• Online library resources</li> <li>• Skill Enhancement Committee</li> <li>• Teaching pedagogies</li> <li>• Remedial classes for slow learners</li> </ul>	<u>37</u>
3	<b>Inclusiveness and Safety Measures</b>	<ul style="list-style-type: none"> <li>• Counseling</li> <li>• Financial assistance</li> <li>• Ensures that all acts of sexual harassment are punished.</li> </ul>	<ul style="list-style-type: none"> <li>• Capacity Building/Skill Enhancement Initiatives</li> <li>• Guidance for Competitive Examinations</li> <li>• Scholarships/Freeships</li> <li>• Student grievance redressal</li> </ul>	<u>38</u>  <u>38</u>  <u>38</u>  <u>39</u>
4	<b>Develop gender sensitivity and develop civic responsibility</b>	<ul style="list-style-type: none"> <li>• The college has an expansive community outreach program that includes committees such as Social</li> </ul>	<ul style="list-style-type: none"> <li>• Outreach programs to promote inclusiveness</li> </ul>	<u>39</u>

		<p>Outreach Committee, NSS, and COVID -19 taskforce that encourage women students to spearhead initiatives focussing on diverse issues ranging from education, legal rights, to health.</p>	
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## 1. Women's Empowerment

- Academic Seminar on "Constitutional Law"





विवेकानन्द महाविद्यालय  
VIVEKANANDA COLLEGE  
(दिल्ली विश्वविद्यालय)  
(University of Delhi)  
विवेक विहार, दिल्ली - 110095  
VIVEK VIHAR, DELHI - 110 095  
E-mail: vivac2008@gmail.com  
Ph: 011-22150100, Telefax: 22164626  
दूरभाष: 011-22150100, टेलिफैक्स: 22164626

Ref. No. VC/2017/ 1367

Date: 15.11.17

**TO WHOMSOEVER IT MAY CONCERN**  
**Letter of Appreciation**

Ms. Vimal Sinha (Advocate), delivered a Lecture on "Awareness about Laws relating to Workplace Sexual Harassment". The lecture was informative and interesting and benefitted the students. We wish to express our appreciation to Ms. Vimal Sinha.

We look forward for such interaction in the future also.

Recd.  
Dandhya Jain

Dandhya Jain  
20/08/18  
Convener of WDC

(Dr. Hina Nandrajog)  
Offg. Principal

o/c  
20/11/17

**RECEIPT**

Received a sum of Rs. 2000/- (Rupees Two Thousand only) from the Principal, Vivekananda College, Vivek Vihar, Delhi-110095 for deliver a lecture on "Awareness about laws relating to workshop<sup>place</sup> sexual harassment" organized by "Women Development Centre (WDC)" of the College held on 09.11.2017 in Vivekananda College.

Signature: Vimal Sinha  
Name: Ms Vimal Sinha  
(M): 9213778773  
Date: 09/11/2017

Dandhya Jain  
(Signature of TIC/Convener)

Dandhya Jain  
20/08/18  
Convener of WDC

- **Career\_Opportunities in Economics:** Department of Economics had organized a webinar on “Career Opportunities in Economics” on 29<sup>th</sup> December, 2020 from 2:30 p.m. to 3:30 p.m. via virtual mode through Google meet. The link of the event was: <https://meet.google.com/ijf-qijz-yme>. The speaker of the event was Dr. Apoorva Gupta. She is currently working as an Assistant Professor, at Department of Economics, Ramjas College, University of Delhi.

**DEPARTMENT OF ECONOMICS,  
VIVEKANANDA COLLEGE (DU)**

Presents a session on  
**"Career Options in Economics"**

Date: 29/12/2020  
Day: Tuesday  
Time: 2:30pm-3:30pm

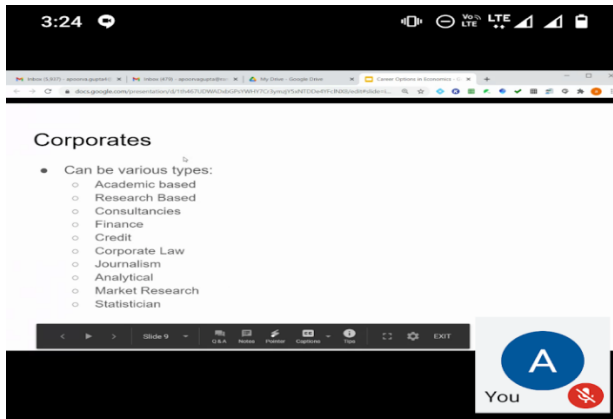
**\*Guest Speaker \*:-  
\*Dr. Apoorva Gupta\*  
Assistant Professor, Department of  
Economics, Ramjas College, DU**

**\*Join us on GoToMeeting\*  
<https://meet.google.com/ijf-qijz-yme>**

12:58 pm







(47)

**Manya Pahwa** 9 mins

Ma'am, to get into research, is a PhD degree required?

**Sadhna Sharma** 5 mins

Mam will it be a bit difficult for non eco students to crack entrance exam for masters in economics as compared to those of eco hons

**ramsha ahmed** 5 mins

Ma'am, can you explain the prospects of higher studies and career in economics in foreign countries?

**satya Tiwari** 1 min

What is blog

**Manya Pahwa** Now

Ma'am, on which platform do you write the blogs?

Send a message to everyone here



- Be your own kakashmi:** Be.artsy, India's premier social enterprise conducted a women-centric financial wellness webinar in association with VNC, "Be Your Own Lakshmi" for the students of Vivekananda College. Be Your Own Lakshmi (BYOL), shared insights with the women participants about the basics of financial concepts and how to manage their personal finances. The session helped to demystify concepts like inflation, compounding, investments, and savings. BYOL isn't merely about financial literacy for women, it's first about financial independence!

**Be.artsy**  
 AWARENESS  
 EXPERTS

SOCIAL OUTREACH AND COMMUNITY  
 DEVELOPMENT COMMITTEE  
 VIVEKANANDA COLLEGE  
 UNIVERSITY OF DELHI  
 PRESENTS

**BE YOUR OWN LAKSHMI**  
 AN ALL WOMEN FINANCIAL LITERACY  
 SESSION FOR TEACHERS AND STUDENTS  
 IN COLLABORATION WITH  
**BE.ARTSY**

**VIA ZOOM  
 CALL  
 20 NOVEMBER  
 02:00 PM**

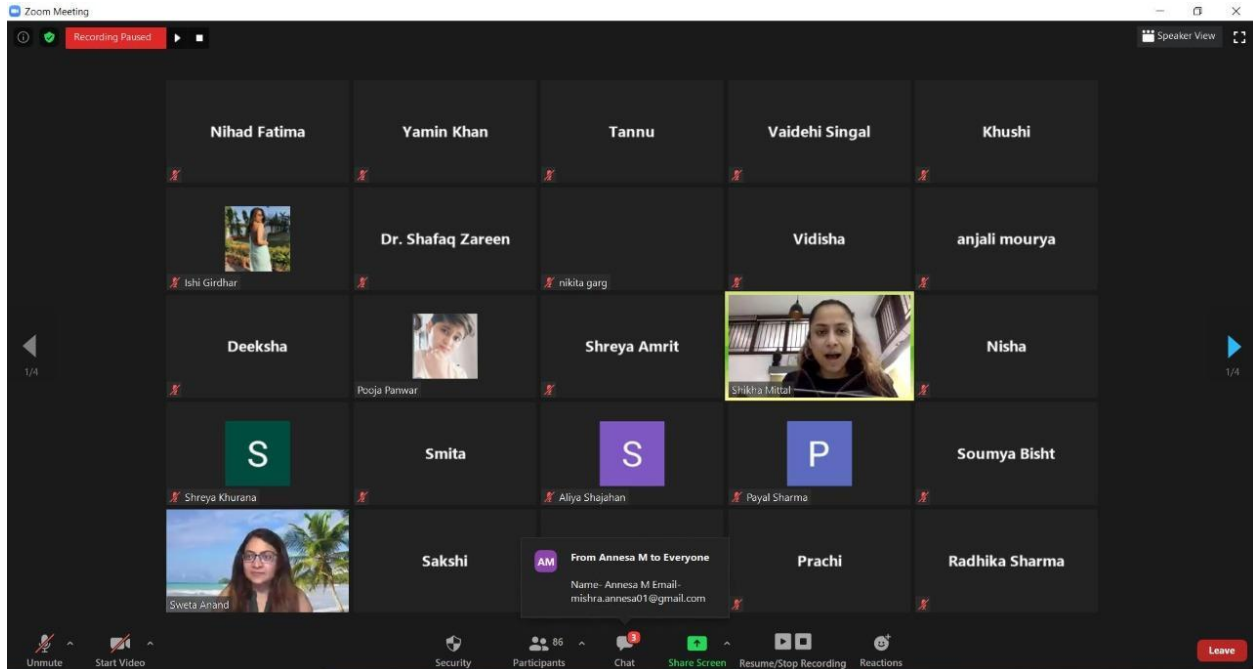
**SHIKHA  
 MITTAL**  
 FOUNDER AND  
 DIRECTOR OF BEARTSY  
 (OFFICIAL FINANCIAL  
 AWARENESS  
 PARTNERS :NSE)

DR. HINA NANDRAJOG  
 OFFICIATING PRINCIPAL

DR. VANITA SONDHI  
 CONVENOR, SOCDC

**FOR MORE DETAILS, CONTACT : RASHMI (SC)- 9953655890  
 SADIYA (BEARTSY) - 8779696203**

विवेकानन्द कॉलेज दिल्ली विश्वविद्यालय



- **How to do well in GD with one mock GD:** A webinar was conducted for final year students on “Group Discussion” on 3<sup>rd</sup> March, 2021 to emphasise how to perform well in group discussions. The webinar was well drafted by Mr. Amit Poddar, Senior Regional Head, TIME with emphasis on how to share ideas and how to emphasize your viewpoints in a group discussion. The speaker conducted live group discussion with a group of students so that students can learn how they can put their perspectives in front of others. The session was very informative as it enhances the leadership skills, communication skills, social skills and behaviour, teamwork, listening ability, confidence, problem-solving skills among students. The webinar was attended by 38 students.

meet.google.com/ouz-efhb-mm

REC

How to do well in GD with one m...

People (29)

Mute all Add people Host controls

IN CALL

- Devender Kumar (You)
- Amisha 192
- Amit Poddar T.I.M.E. Delhi
- Apoorva Sharma
- Apoorva, 198
- Pill Vikram

Gaurvi Jain 692 (outside Vivekananda College) joined

Amit Poddar T.I.M.E. Delhi

How to do well in GD with one mo...

Raise hand Turn on captions Present now

Type here to search

14:35 03-03-2021

meet.google.com/ouz-efhb-mm

REC

Amit Poddar T.I.M.E. Delhi is presenting

Seema Sharma and 28 more

3:03 PM

Types of Group Discussion

```

graph TD
    A[Topic-based] --> B[Knowledge-based]
    A --> C[Abstract]
    B --> D[Evergreen]
    B --> E[Current]
  
```

TIME

Amit Poddar T.I.M.E. Delhi

Deepanshi Radha Joshi

Sonakshi Garg sakshi alan Nikita Bhandari

swati goyal Parinika Jain Taru Thakur

ishika jain Pariksha Siddharth Jain

How to do well in GD with one m...

Raise hand Turn on captions Amit Poddar T.I.M.E. Delhi is presenting

ge-ii (2021-03-03).csv ge-ii (2021-03-03)...html

Show all

Type here to search

15:03 03-03-2021

- Self-Defense Programme in collaboration with Delhi Police under Shakti Abhiyan

T.I.I

**VIVEKANANDA COLLEGE, VIVEK VIHAR, DELHI – 110095**

Date : - 04.10.2018

**NOTICE**

NSS is organizing a Self-Defence Programme in collaboration with Delhi Police under **Shakti Abhiyan**. Experienced women personnel will train the students. Interested students (other than NSS volunteers) can register for this programme.

Date - 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> October 2018  
 Venue - Sports Ground  
 Time - 9:00 am – 10:00 am  
 Reporting Time - 8:30 am  
 8<sup>th</sup> October is the last date for registration.

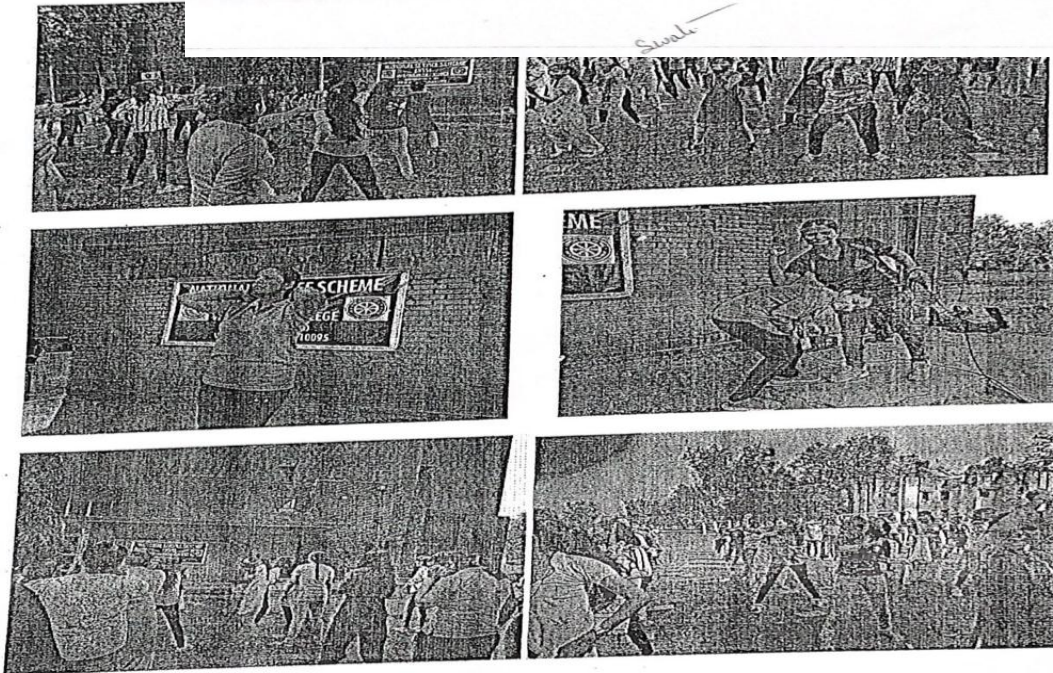
For the registration contact:

Dr. Shahnaz Begum - 9899730241  
 Dr. Meena Pandey - 9213967597  
 Mr. Uday Singh Meena - 8510897004

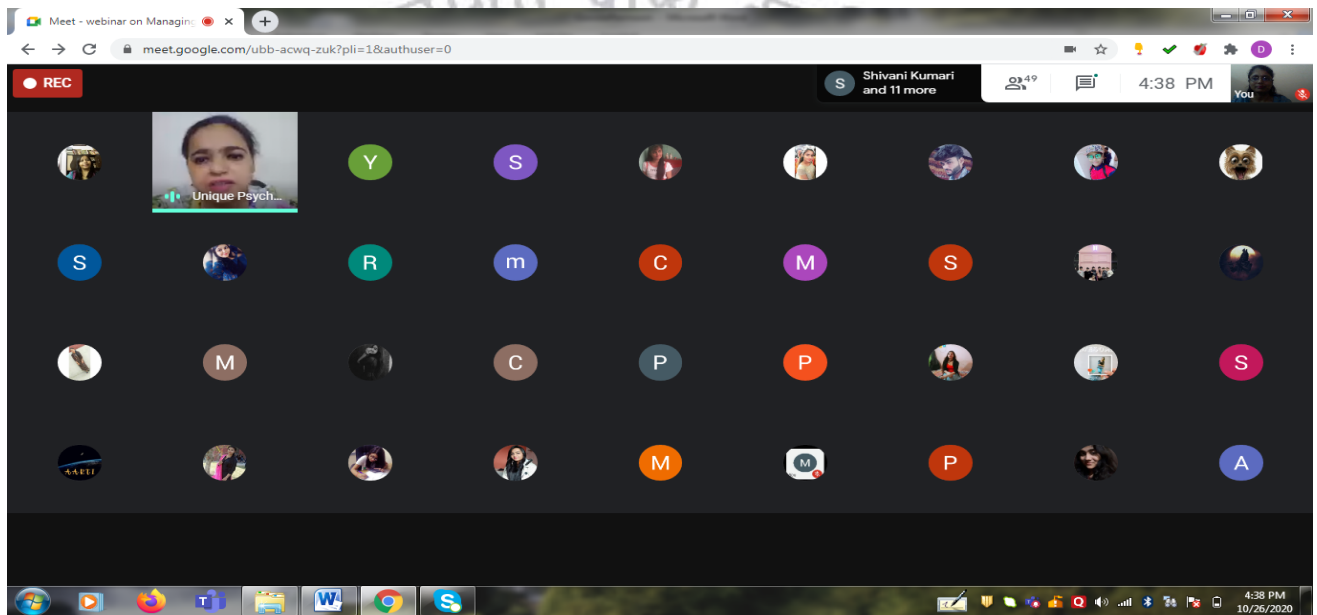
*Sandhya Jain*  
 Dr. Sandhya Jain  
 NSS Assistance Committee

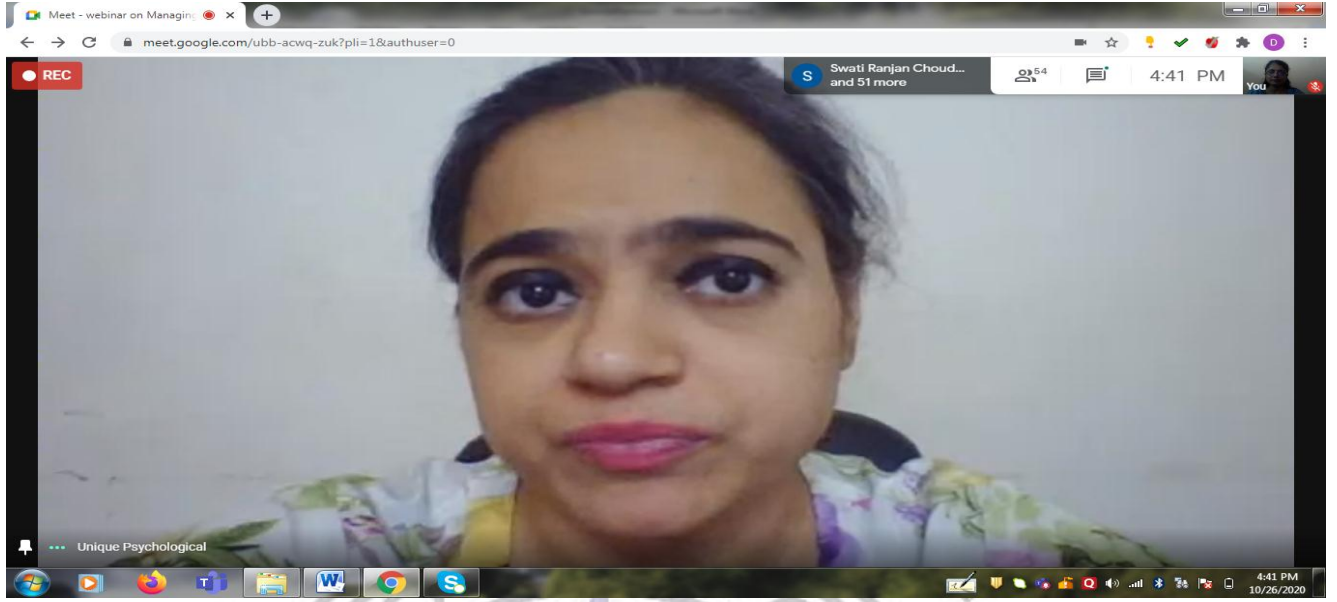
*Hina Nandrajog*  
 Dr. Hina Nandrajog  
 Offg. Principal

Under Shakti  
Police from 9<sup>th</sup>



- **Webinar on Managing stress during tough times-dealing with online classes:** NSS UNIT Vivekananda College University of Delhi organised a webinar on Managing stress during tough times-dealing with online classes. The webinar took place on 26th October 2020 at 4.30 PM on Google meets platform. Gagandeep Kaur, Director of unique psychological services was the speaker of the webinar. 63 participants were present in the webinar.





- **Project\_Shakti': (13<sup>th</sup> October, 2020 to 27<sup>th</sup> October, 2020:** On this occasion of International Girl Child Day, Shahdara District Legal Services Authority (DLSA) in association with SODC (Vivekananda College) organized three day awareness-cum activity program titled 'Project Shakti'.

S no.	Type of competition	Topic	Coordinators	Date
1	Slam Poetry	Fight for your rights	Dr. S. Verma (VNC) and Ms. Vidhi Gupta Anand (DLSA)	13 <sup>th</sup> October, 2020
2	Debate	Gender stereotypes	Dr. S. Verma and (VNC) Ms. Vidhi Gupta Anand (DLSA)	14 <sup>th</sup> October, 2020
3	Pledge Face painting	Voice of equality	Mr. Abhishek Bhaskar (VNC)and Ms. Vidhi Gupta Anand(DLSA)	27 <sup>th</sup> October 2020, (Results of face painting awaited)



# प्रोजेक्ट शक्ति नामक तीन दिवसीय जागरूकता अभियान

नई दिल्ली (वीर अर्जुन) ।  
:बालिका का अंतर्राष्ट्रीय दिवस संयुक्त राष्ट्र द्वारा घोषित एक अंतर्राष्ट्रीय पर्यवेक्षण दिवस है और हर साल दुनिया भर में मनाया जाता है। इस दिन का उद्देश्य लड़कियों के लिए अधिक अवसर पैदा करना और लड़कियों द्वारा सामना की गई लैंगिक असमानता के बारे में जागरूकता फैलाना है। यह असमानता, विशेष रूप से भारत में, शिक्षा तक पहुंच, पोषण, कानूनी अधिकार, चिकित्सा देखभाल और भेदभाव से सुरक्षा, महिलाओं के खिलाफ हिंसा और जबरन बाल विवाह जैसे क्षेत्रों में शामिल है। उपरोक्त के मद्देनजर, विवेकानंद महिला कॉलेज, विवेक विहार, दिल्ली के सहयोग से, अंतर्राष्ट्रीय बालिका दिवस डीएलएसए. शाहदरा के साथ , प्रोजेक्ट शक्ति नामक तीन दिवसीय जागरूकता-सह-गतिविधि कार्यक्रम का आयोजन किया गया जिसमें ऑनलाइन प्रतियोगिताओं की एक श्रृंखला दिल्ली के विवेकानंद महिला कॉलेज के छात्रों के लिए आयोजित किया गया, जिसमें फेस पेंटिंग प्रतियोगिता, कविता लेखन और वाद-विवाद प्रतियोगिता शामिल हैं। इस परियोजना का सबसे विशेष पहलू यह था कि प्रतियोगिताओं के अलावा



**न्यायाधीश विधि गुप्ता आनन्द ।**

छात्रों द्वारा प्रत्येक रूप में दहेज की बुराई का बहिष्कार करने के लिए दहेज विरोधी प्रतिज्ञा ली गई थी। सचिव, डीएलएसए शाहदरा न्यायधीशविधि आनन्द ने प्रतिभागियों को शपथ दिलाई और दहेज निषेध से संबंधित कानून लॉ विषय पर कानूनी जागरूकता कार्यक्रम भी चलाया। कॉलेज प्रशासन ने छात्रों के साथ एक निरंतर संबंध बनाने का निर्णय लिया है, जिसके तहत वे कॉलेज के साथ एक गूगल फॉर्म पर पंजीकरण कर सकते हैं। और प्रतिज्ञा ले सकते हैं। यह पहल संबंधित कॉलेज के संबंध में विशेष रूप से महत्वपूर्ण थी क्योंकि एक गर्ल्स कॉलेज है और छात्र अपने अधिकारों के बारे में जानने के लिए उत्सुक थे।

The screenshot shows a Zoom meeting titled "Pledge against Dowry" with 73 participants. The main meeting area displays several participants: Vidhi Gupta Anand (video on), Vanita Sondhi, Kritika Grewal, Chitranshi Xamy, Rashmi Bhamania, Ishti Gupta, and Sajal (who has left the meeting). A control bar at the bottom includes icons for mute, video, chat, captions, and screen sharing.

**Meeting Title:** Pledge against Dowry

**Participants List:**

- Vnc Hum (You)
- aakriti bhardwaj
- Aastha Gangwar
- Aastha Tyagi
- AAYUSHI YADAV
- Aditi Jain
- Anmol Arora

**Meeting Controls:** Pledge ... ^, Mute, Video, Chat, Turn on captions, Present now, and a menu icon.



- NSS, Vivekananda College organized “Swantarta” on the occasion of Netaji Subhash Chandra Bose Jayanti

National Service Scheme  
Vivekananda College (DU)

*Presents*

# “स्वतंत्रता”

(On the occasion of Netaji Subhash Chandra Bose Jayanti)

- PPT Presentation by our NSS Volunteers.
- Short video screening
- Poetry recitation

Date : 23/01/2021  
Time : 1:45 pm  
Platform : Google meet

Freedom is not given, it is taken  
Subhash Chandra Bose

Meeting code : cfc-cest-mhp

**Debate Competition**

*Motion - Science for peaceful purposes and progress of mankind*

1. Last date of registration 8th January 2021.
2. It can be in Hindi or in English.
3. Participants can speak either for the motion or against the motion.
4. Merit certificate for the winners and participation certificates for all.

Date - 10 January 2021  
Time - 4:30 pm  
Venue - Google meet

Registration link - <https://forms.gle/sV9iPYKYi4Qiz3ud7>

PROGRAMME OFFICER: DR. SURESH JAIN      OFFICATING PRINCIPAL: DR. ANU NAGRAJOG

National Service Scheme  
Vivekananda College, Mysore City

Presents  
ON THE OCCASION OF NATIONAL YOUTH DAY  
**अभियान (Day 6)**  
"WEBINAR"

Theme - *Shaping a young India: the eternal ideals of Swami Vivekananda*

**Mr. Sharad Vivek Sagar**

The founder and CEO of Dexterity Global  
Internationally Awarded Social Entrepreneur  
Enlisted in 2016 Forbes 30 under 30

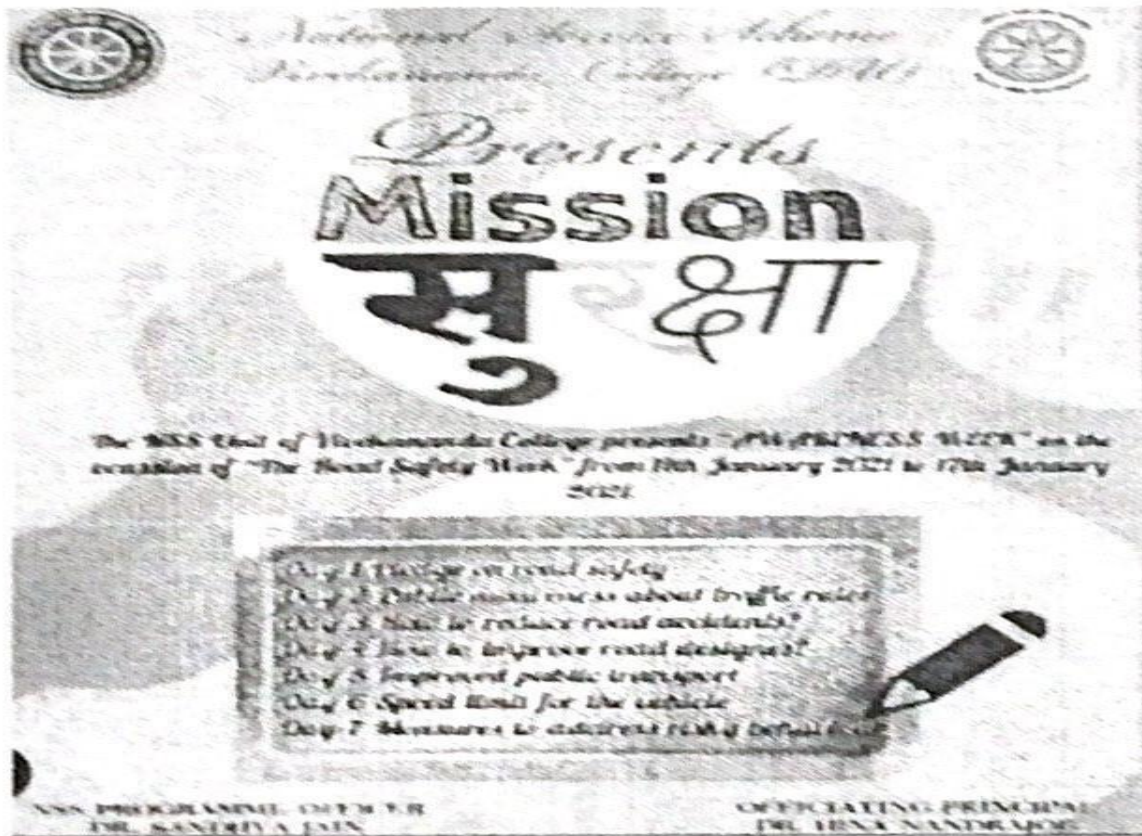
DATE: 12/01/2021  
TIME: 2:00 PM  
PLATFORM: GOOGLE MEET

Registration link - <https://forms.gle/day7Gpovm5DmP7Bw9>

\* Certificates will be provided to all \*

125th anniversary of Subhash Chandra Bose: An event-Swatantra was organized which comprises of three events- Presentation making, Short video screening on his life and Poetry recitation. Remembering India's great patriot and iconic hero of our freedom struggle, Netaji Subhash Chandra Bose on his 125th Birth Anniversary. NSS unit of Vivekananda college, Viji University organised **स्वतंत्रता** on 23rd January 2021. It comprises up of three events which included PPT Presentation on Subhash Chandra Bose and his life. A Short Video screening on his life and Poetry Recitation was also there. The event took place on Google Meet platform at 1.15 PM.

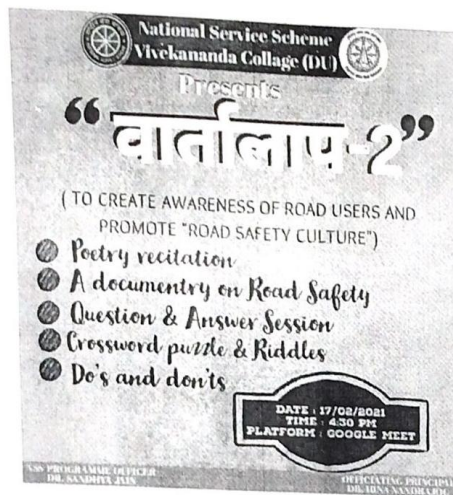
- Mission Suraksha



विवेकानन्द कॉलेज दिल्ली विश्वविद्यालय

- **Vaartalaap 2, Saheed Diwas and World No Tobacco Day**

also discussed. Volunteers actively participated in this round and responded quickly. Crossword puzzles and riddles were also there. It was a tricky and hit round in which initially students took time to respond but later on they were able to respond quickly. It was a fun round. Awareness regarding do's and don'ts of road safety was also discussed among volunteers. In this everyone discussed about what all things we need to take care off and what things need to be avoided. 64 participants were attended this event

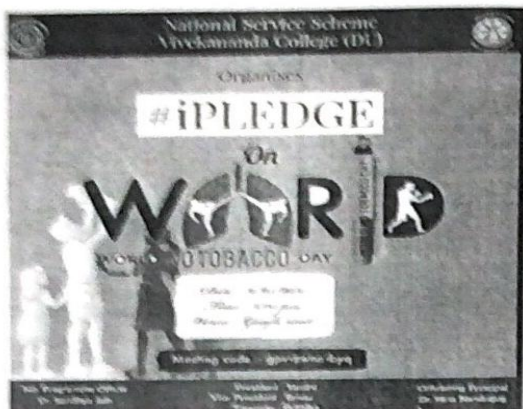


14. **Shaheed Diwas:** On the occasion of Martyrs day NSS Unit Vivekananda College University of Delhi organised TRIAZEM-2, a short film screening on 23rd march 2020 on Google meets platform. Film screening brings people together for discussion. The film that was screened was INQUILAB. The movie that was screened gave us an important message on martyr's. As the word Inquilab suggests long live the revolution. We all know that the word Inquilab Zindabad was the slogan used during the times of freedom. Poem recitation was also a sub event that was conducted, as poetry is the best way to express our feelings. Some volunteers presented their poetry regarding martyrs. After the movie was screened and the volunteers recited the poem a quick question answer round was conducted and a healthy discussion on martyr's took place where volunteers put forward their opinions and point of views. Total number of attendees were 39.

15. **World No Tobacco Day:** NSS unit of Vivekananda College University of Delhi organized pledge on the occasion of World No Tobacco Day. 31st May is observed as World No Tobacco Day. The day is observed to spread awareness about the harmful effects of tobacco on health. The campaign also tries to reduce the prevalence of diseases and deaths due to the consumption of tobacco. Spread love and not smoke. Volunteers of the unit took pledge to

- **Yoga\_Mahaotsav**

say no smoke or use any tobacco and also will try to encourage people to quit smoking and stop using the tobacco products. 39 volunteers took the pledge to say no to this.



16. **Yoga Mahotsav:** In collaboration with NSS unit of Keshav Mahavidyalaya, NSS unit of our college organized Yoga Mahotsav from 7<sup>th</sup> June 2021 to 21<sup>st</sup> June 2021. Each day volunteers performed the different yoga asanas and discussed how to overcome diseases through yoga. Different webinars were organized like “Yoga beyond Asanas”, Yoga and Martial Arts and a two-day workshop on “Yoga for Holistic well-being” was also organized. Yoga happens beyond the mat. Anything you do by paying due attention to how you feel is doing yoga. Your body exists in the past and your mind exists in the future. In Yoga, they come together in the present. Under the guidance of Dr. Sandhya Jain, NSS Programme Officer of Vivekananda College, National Service Scheme (NSS) of Vivekananda College collaborated with Keshav Mahavidyalaya and organised **Yoga Mahotsav from 7th June 2021 to 21st June 2021**. NSS volunteers participated in this Mahotsav and prepared presentation slides. The volunteers demonstrated the presentation on Google meet platform and several volunteers discussed the content given in ppt. The topics that were included in the PPT ranged from discussing particular diseases, signs and symptoms, risk factors and causes, food habits for the disease, warm up exercises, yoga asanas. Each day volunteers also performed the respective yoga asanas according to the disease discussed on that particular day and motivated others to do so.

7th June 2021	Hypertension (Day 1)
8th June 2021	Depression (Day 2)
9th June 2021	Asthma (Day 3)
10th June 2021	Sinusitis (Day 4)
11th June 2021	Diabetes (Day 5)
12th June 2021	Migraine (Day 6)
13th June 2021	Arthritis (Day 7)
14th June 2021	Thyroid (Day 8)
15th June 2021	Stomach disorder (Day 9)
16th June 2021	Back Pain (Day 10)
17th June 2021	Liver problems (Day 11)

- **International Day against Drug Abuse and illicit trafficking**

- On 28th June'21 Vaartalap (a general talk session) was organised. In the session, there were puzzles, riddles, questions and answers, myths busting sessions. The volunteers participated in this talk session and talked about the various reasons one falls into the pit and how they would help someone to come out from this vicious cycle. There were 80 participants in this event.
- On 30th June'21 Tark (Group discussion) was organised. The theme of the group discussion was don't fall into the trap of death. In this group discussion every volunteer participated and put forward their perspectives and viewpoints about drug abuse. Also how can they be aware of the people? There were 43 participants in this event.
- On 2nd July'21 Storytelling competition was organised. The theme of the competition was drugs are the enemies of ambition and hope. The participants had to mail their own entries and the participants were also selected for the next round. B-certificate were also given to the participants.
- On 9th July'21 a webinar was organised. The theme of the webinar Drugs- the destroyer of one's conscience. The guest speaker of the webinar was Mr. Suneel Vatsyayan (founder of nada India foundation, Karamveer Chakra awardee, Rotary Vocational service award). The webinar took place on Google meet platform at 4 PM. He discussed various means through which one could be involved in such abuse, how to overcome this etc. 111 participants attended this webinar.

On 20th-21st June 2021 a two-day workshop was conducted on "Yoga for Holistic well-being". The guest speaker of the webinar was Neeki Singh, International Yoga Coach, Director of ANS Trust. Warm up exercises, stretching exercises, daily practice yoga asanas were performed by the volunteers under the guidance of Ms. Neeki Singh. She also encouraged the students to perform some breathing exercises and Pranayama techniques. She discussed the importance and benefits of techniques

**17. International Day Against Drug Abuse And Illicit Trafficking:** NSS unit with NSS unit of Delhi Technological University presents "Ummed"- a series of events on the occasion of International day against drug abuse and illicit trafficking.

- On 26th June'21: Drug usage being glorified is one of the major reasons people fall into the vicious cycle of drug use. So to make the students aware of the same cause a movie was screened for the students on Google meet platform at 4:30 PM. The movie shows that inner strength and one's determination plays an important role above any addiction. There were 68 participants in this event.



- **Women Development Cell celebrated International Women's Day** on 8<sup>th</sup> March, 2021. The Women's Development Cell of Vivekananda College, University of Delhi, organised its first event after the selection of new members and formation of a new committee. After a unanimous decision in the meeting held on 24 February 2021, the Committee decided to organise a special event on the wonderful occasion of International Women's Day on 8 March 2021.

Two students each, from the Departments of Commerce, English, History and Political Science, were selected to prepare and present power point presentations on great women thinkers of the world. The event began on Monday, 8 March 2021, at 2.30 p.m. on Google Meet with the link <http://meet.google.com/rgn-ebzg-fpa>. The event was attended by around 80 students and was a success in terms of sharing of knowledge and information regarding influential women thinkers from all over the world.

**Women Development Cell**  
Vivekananda College, University Of Delhi

CELEBRATES  
**"International Women's Day"**  
(8th March, 2021, Time: 2:30pm)

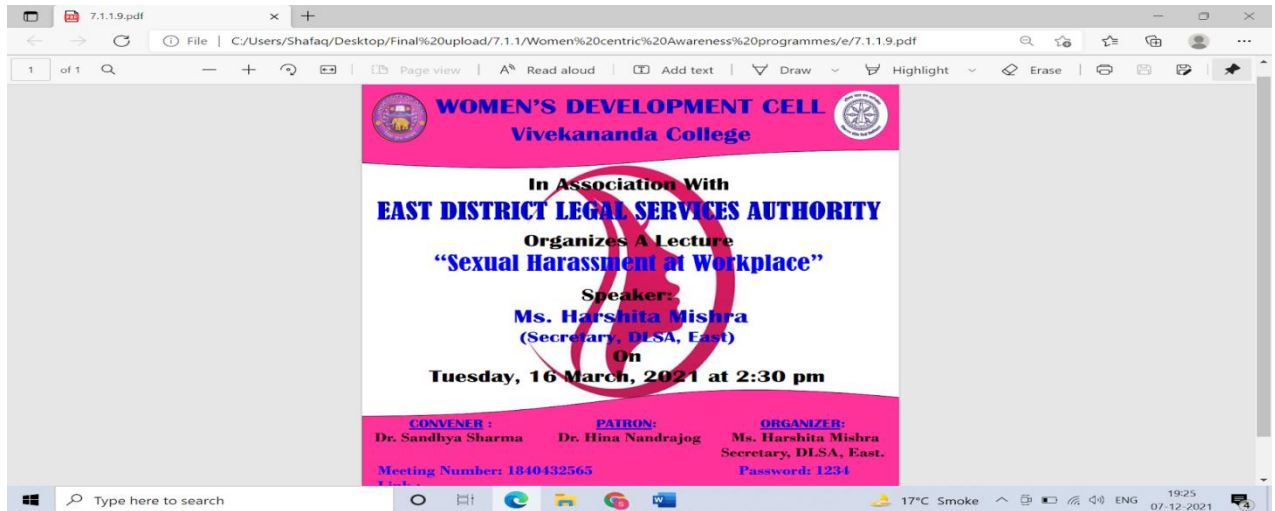
PPT Presentations by The Students  
*Theme*  
**WOMEN THINKERS OF THE WORLD**

CONVENED:  
Dr. Sandhya Sharma

OFFICIATING PRINCIPAL:  
Dr. Hina Nandrajce

Link: <http://meet.google.com/rgn-ebzg-fpa>

The Women's Development Cell, Vivekananda College, University of Delhi in association with East District Legal Services Authority organized a lecture on **“Sexual Harassment at Workplace”** by Ms. Harshita Mishra, Secretary, DLSA, East on 16 March 2021 at 2:30 p.m. The event was held in the online mode on Cisco Webex app (<https://delhijudicialservices.webex.com/delhijudicialservices/j.php?MTID=m299086a9ae34d176ccd3d7d950b23092>)



The Women's Development Cell of Vivekananda College, University of Delhi, in collaboration with UPES, Dehradun, organized an interactive live session on "Women\_Empowerment" on 15th April 2021 at 12:00 hrs on zoom platform (<https://zoom.us/j/92136366279>). The live session was graced by the eminent speaker Dr. Juhi Garg. The session received participation of around 90 enthusiastic participants including a good mix of college students and faculty members of various colleges. This live interactive session was particularly beneficial as majority of the audience was youngsters who can actually change the social structure as they are the future employers, employees, parents and legislature.



- **Webinar on ‘Shaping the Future Women Leaders’** as part of series on women Empowerment: The IQAC team of Vivekananda College in collaboration with the IAS hub organised a Webinar on April 30, 2021 at 5 pm on the theme ‘Shaping the Future Women Leaders’. The speakers were: Mr. M.K. Yadav (Ex- IB & Vigilance Officer, GOI who has mentored more than 400 IAS officers) and Ms. Ritika Jindal (youngest IAS Officer of the 2019 batch, from SRCC, DU topper, cleared IAS @ 22 years).

INTERNAL QUALITY ASSURANCE CELL  
OF  
**VIVEKANANDA COLLEGE**  
(NAAC "A" GRADE)  
UNIVERSITY OF DELHI  
in collaboration with  
**theIAShub**

Is Organising a Webinar on  
**30<sup>th</sup> April at 5 pm**

**SHAPING THE FUTURE WOMEN LEADERS**

Role of an IAS officer	Examination Pattern & Changing trend in UPSC CSE	How to clear IAS in 1 <sup>st</sup> Attempt
 <b>MK YADAV</b> (Ex-IB & Vigilance Officer, GoI) Has Mentored more than 400+ IAS Officer	 <b>RITIKA JINDAL</b> Youngest IAS Officer, 2019 From SRCC, DU Topper Cleared IAS @ 22 years	

**Organizers**

Vivekananda College <b>Dr. Hina Nandrajog (Officiating Principal)</b> <b>Dr. Vanita Sondhi (Convener, IQAC)</b>	theIAShub <b>Mr. MK YADAV, CMD</b>
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Also give Free Online Scholarship Test for IAS GS FOUNDATION COURSE



- **Avenues For Women in Academia: A Step Towards De-stressing the Academic Distress**

A webinar entitled *Avenues For Women in Academia: A Step Towards De-stressing the Academic Distress* was organised as a part of the “Women Empowerment Webinar Series” by the IQAC committee of Vivekananda College, University of Delhi on Friday, 21 May (2:30 PM), virtually on Google meet (via following meeting link <https://meet.google.com/kiv-qqed-gjc>). We invited Ms. Shraddha Namjoshi as the guest speaker for the webinar. Ms. Namjoshi is an Assistant Professor in the Department of Psychology, Faculty of Liberal Arts MIT WPU, Pune.

The poster is for a webinar titled "Avenues For Women in Academia: A Step Towards De-stressing the Academic Distress". It is presented by the Internal Quality Assurance Cell of Vivekananda College, University of Delhi, which is NAAC 'A' Grade. The speaker is Ms. Shraddha Namjoshi, an Assistant Professor in the Department of Psychology, School of Liberal Arts, MIT-WPU, Pune. She is also certified in REBT & Mental Health First Aid and is a Consultant Counsellor and Trainer. The webinar is scheduled for May 21, 2021, on Friday, at 2:30 p.m. The Patron is Dr. Hina Nandrajog (Officiating Principal), the Convener is Dr. Vanita Sondhi, and the Co-Convener is Dr. Salma Seth. The Coordinator is Ms. Sheena Lama. The poster includes the Google Meet link <https://meet.google.com/kiv-qqed-gjc> and the Facebook link <https://www.facebook.com/vivekananda.librarydu>. It also mentions that the first 100 participants can join with Google Meet. The poster features logos of the IQAC and the University of Delhi, and a photograph of Ms. Shraddha Namjoshi.

**Women Entrepreneurs: Breaking the Gender Stereotype:** The webinar was held on May 28, 2021 (Friday) at 2.30 pm. The invited speaker was Mrs. Rita Sengupta- a freelance consultant. She was the former director of NIESBUD (National Institute of Entrepreneurship and Small Business Development, Ministry of Skill Development and Entrepreneurship, Government of India).



**INTERNAL QUALITY ASSURANCE CELL  
OF  
VIVEKANANDA COLLEGE  
(UNIVERSITY OF DELHI)  
NAAC 'A' GRADE**

**PRESENTS**

**'A Webinar Series On Women  
Empowerment'**

**WOMEN ENTREPRENEURS:  
BREAKING THE GENDER  
STEREOTYPES**

**Speaker:**  
Mrs. Rita Sengupta  
A Freelance Consultant,  
Former Director of  
NIESBUD  
(National Institute of  
Entrepreneurship and  
Small Business  
Development)



**MAY 28, 2021  
2:30 PM**

**PATRON:**  
DR. HINA NANDRAJOG  
(OFFICIATING PRINCIPAL)

**CONVENOR:**  
DR. VANITA SONDHI

**COORDINATOR:**  
DR. SALMA SETH

*First 100 participants can join with Google link:*  
<https://meet.google.com/gns-pcvu-pxe>  
*Facebook link: <https://www.facebook.com/vivekananda.librarydu>*

- Gandhi Study Circle of Vivekananda College—a college committee to promote Gandhian values among students, held a virtual talk on **Mahatma Gandhi and Women Empowerment** on 16<sup>th</sup> April, 2021. The event was one of the first programmes chalked out by the committee for the academic year January 2021 to December 2021. The guest speaker for the event was Dr. Alok Bajpai, a renowned scholar and researcher on Gandhi, and former Nehru Memorial fellow.



# GANDHI STUDY CIRCLE

## Vivekananda College



University of Delhi

Accredited By NAAC With "A" Grade

INVITES YOU TO A TALK

महात्मा गांधी और महिला सशक्तीकरण



DATE: APRIL 16, 2021

**-DR. ALOK BAJPAI**

TIME: 3PM

MEET LINK: <https://meet.google.com/iin-fvhj-eci>

Convenor  
Anita Bakshi

Officiating Principal  
Dr. Hina Nandrajog

- **Her Healthcare: Demystifying Women's Health and Hygiene.**

The Internal Quality Assurance Cell of Vivekananda College, University of Delhi organised a webinar on "Her Healthcare: Demystifying Women's Health and Hygiene" as part of a series on Women Empowerment on 11 May 2021 from 2:30 to 3:30. The meeting link for the event was <https://meet.google.com/fxt-djwi-idx>. The event was simultaneously made live on Facebook. The discussion was led by Dr Puja Sharma, a renowned obstetrician, gynaecologist and laparoscopy specialist in Delhi. A post-graduate of the prestigious King George's Medical University and gold-medalist in surgery. Approximately 51 people attended the event which includes teachers, students as well as 15 people were from the slums of Jhilmil colony.



**Internal Quality Assurance Cell**  
of  
**VIVEKANANDA COLLEGE**  
NAAC "A" GRADE  
University of Delhi  
**presents**

**'Webinar series on Women Empowerment'**

**HER HEALTHCARE: DEMYSTIFYING  
WOMEN'S HEALTH AND HYGIENE**

**Speaker:**  
**Dr Puja Sharma**  
MD (Obs & Gynae),  
Senior Consultant ,  
Obs & Gynaecology,  
Daksh Clinic,  
Hauz Khas



**11th May  
2 PM**

**Convenor:**  
**Dr. Vanita Sondhi**  
**Coordinator:**  
**Ms. Vandana Rathore**

**Officiating Principal:**  
**Dr. Hina Nandrajog**

First 100 participants can join with google meet:  
<https://meet.google.com/fxt-djwi-idx>  
Facebook link: <https://www.facebook.com/vivekananda.librarydu>



Meeting interface showing a presentation slide titled "COMMON PROBLEMS" with a list of topics and a video of a woman hugging a child. The meeting controls and participant list are visible.

**COMMON PROBLEMS**

- ▶ Menstrual
- ▶ Vaginal infections/STD/UTI
- ▶ Dermatological/ skin
- ▶ Breast issues
- ▶ Weight related
- ▶ Contraception/unwanted pregnancy
- ▶ Pregnancy
- ▶ Psychological
- ▶ Other medical issues
- ▶ Work life balance

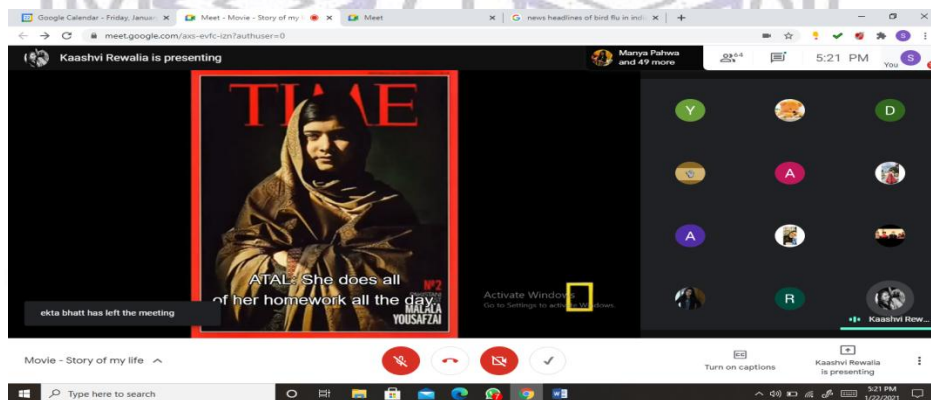
Meeting details: Puja Sharma is presenting

Participants: Puja Sharma, Vandana Rathore, Mayurakshi jha, Ranjeet Kumar, Yugnita Kesh 433, Priyanshi Bhatna..., Vanita Sondhi, Vandana Rathore, salma seth

Meeting controls: Raise hand, Turn on captions, Puja Sharma is presenting



- **International Education Day** : On the occasion of International Education Day NSS Unit Vivekananda College University of Delhi organised a short film screening event TRIAZEM. "HE NAMED ME MALALA" was the movie that was screened to the volunteers. He Named Me Malala is a 2015 American documentary film directed by Davis Guggenheim. The film presents the young Pakistani female activist and Nobel Peace Prize laureate Malala Yousafzai, who has spoken out for the rights of girls, especially the right to education, since she was very young. The event was organised on 22nd January 2021. The event took place on Google meets platform at 4.30 PM. 72 participants were there





National Service Scheme  
Vivekananda College (DU)



*Presents*

**"TRIĀZĒM"** (A short film screening)

On the occasion of International Day Of Education

**Film - He Named Me Malala**

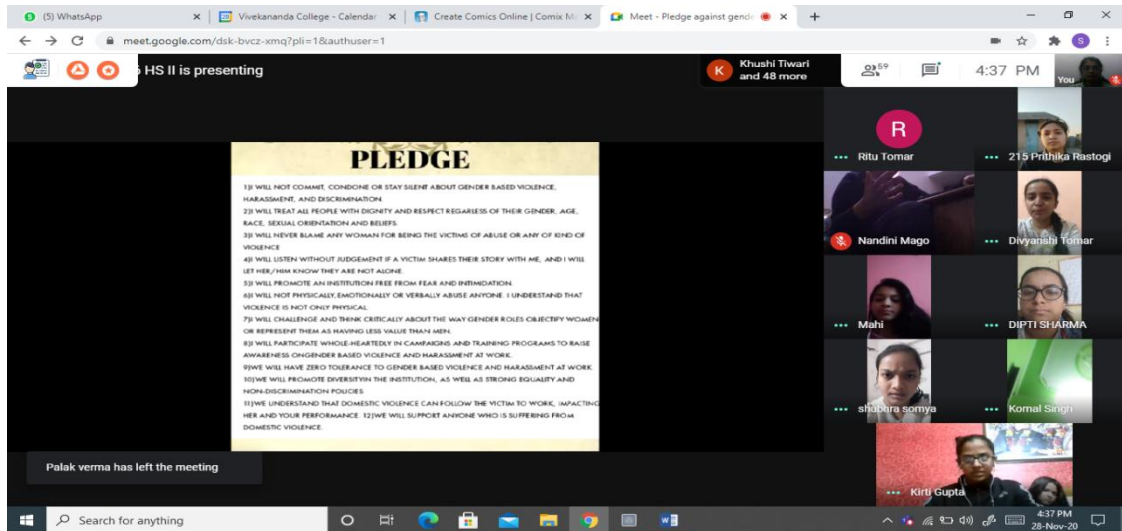
Date - 22/01/2021  
Time - 4:30 pm  
Platform - Google Meet

NSS PROGRAMME OFFICER  
DR. SANDHYA IMN

OFFICIATING PRINCIPAL  
DR. HENA NANDRAJOG

विवेकानन्द कॉलेज दिल्ली विश्वविद्यालय

**Stop Violence Against Women:** On 28th November 2020 a pledge session was organised by NSS Unit Vivekananda College University of Delhi regarding elimination of gender based violence. Volunteers took pledge and it was organised on Google meets platform at 4 PM. The pledge was taken to end up the violence against women and unpacking the impact of policies on gender based violence. 61 volunteers and 1 teacher took part in this.



- **Distinctive Courses provide choices**

List of Courses offered by the institution

<https://vivekanandacollege.edu.in/courses/>

- **Infrastructure and Facilities**

<https://vivekanandacollege.edu.in/infrastructure-and-facilities/>

## 2. Student Enrichment pedagogy

- Experiential and Participative Learning
- Project based learning and Internships
- Extension activities
- Students Enrichment activities
- Magazine publications
- Mentoring Committee
- Enhancing learning experiences using ICT tools
- Online library resources
- Skill Enhancement Committee
- Teaching pedagogies
- Remedial classes for slow learners

[https://assessmentonline.naac.gov.in/storage/app/hei/SSR/105471/2.3.1\\_1675996827\\_9665.pdf](https://assessmentonline.naac.gov.in/storage/app/hei/SSR/105471/2.3.1_1675996827_9665.pdf)

**Also Refer to Criterion 2.3.1**

### 3. Inclusiveness and Safety Measures

- Capacity Building/Skill Enhancement Initiatives (Also Refer Criterion 5.1.2)

<http://vivekanandacollege.edu.in/wp-content/uploads/2023/02/Criterion-5.1.2.pdf>

- Guidance for Competitive Examinations (Also Refer Criterion 5.1.3)

<http://vivekanandacollege.edu.in/wp-content/uploads/2023/02/Criterion-5.1.3.pdf>

- Scholarships/Freeships (Also Refer Criterion 5.1.1)

2017-18

<http://vivekanandacollege.edu.in/wp-content/uploads/2023/01/Criterion-5.1.1-2017-18.pdf>

2018-19

<http://vivekanandacollege.edu.in/wp-content/uploads/2023/01/Criterion-5.1.1-2018-19.pdf>

2019-20

<http://vivekanandacollege.edu.in/wp-content/uploads/2023/01/Criterion-5.1.1-2019-20.pdf>

2020-21

<http://vivekanandacollege.edu.in/wp-content/uploads/2023/01/Criterion-5.1.1-2020-21.pdf>

2021-22

<http://vivekanandacollege.edu.in/wp-content/uploads/2023/01/Criterion-5.1.1-2021-22.pdf>

- Student grievance redressal

<https://vivekanandacollege.edu.in/grievance-committee/>

**4. Develop gender sensitivity and develop civic responsibility**

- Outreach programs to promote inclusiveness

Link to activities of Social Outreach and Community Development Committee (SOCDC) (2018 to 2021)

<https://vivekanandacollege.edu.in/wp-content/uploads/2021/12/Project-HUM.pdf>

Link to activities of Social Outreach and Community Development Committee (SOCDC) (2021 to 2022) (Refer to Pages 104-118)

[https://vivekanandacollege.edu.in/wp-content/uploads/2022/12/21-22-final-proofs-new-till-aug\\_compressed.pdf](https://vivekanandacollege.edu.in/wp-content/uploads/2022/12/21-22-final-proofs-new-till-aug_compressed.pdf)

Also Refer Criterion 3.4.3